



**HANDBOOK**  
**2014-2015**



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## Introduction

Welcome to another National Volleyball League and Cup season and a special welcome to those 19 new teams that are joining the NVL this season. No matter what ever your results are I hope that you all enjoy this season's volleyball.

Last season saw the European Volleyball Federation (CEV) impose on us that all NVL Clubs follow the correct procedures for International Transfer of players. This effectively means that annually any player competing in the NVL whose Federation of Origin is not England would need to follow this procedure and pay the appropriate fee. We were successful in negotiating a phased implementation of this with it only applying to Super 8 teams last season. However this season Division 1 Clubs must also now follow this new procedure. I apologise that this is adding to the cost of playing volleyball, but currently we must comply with this requirement.

I would like to say a big thank you to my team of Commissioners that are behind every competition, because without them my task would be almost impossible. These are the ones that should be your first point of contact for the day-to-day organisation of your competition. It would make their job a little easier if everyone read this season's Regulations and then followed them. If you don't understand what the Regulation says or the reasoning behind it then please ask for confirmation as this can save a lot of time and effort later.

I would also like to thank Jonathan, Will and Laurence at Volleyball England for all the work (and all those extra hours) that they do to ensure we have the best competitions possible.

If anybody has any ideas on how we can improve any competition or if you are interested in volunteering and would like to help run one of the many competitions that we organise then please contact either Jonathan Moore at the National Office or myself.

Finally, good luck for the season and enjoy your volleyball as I hope and trust that over the coming months you will all find new friends and meet old adversaries in trying to win.

Safe travelling

Paul Bohannon  
Competitions Commission President

## Competitions Commission

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## Funding for clubs

### Volley 123 Accreditation



Volley 123 is Volleyball England's national club accreditation programme. Volley 123 is designed to recognise and reward junior volleyball clubs that stand apart from the rest in terms of good practice. Once a club is awarded Volley 1, they will also receive Sport England Clubmark status.

Volley 123 accredited clubs are more likely to be successful in funding bids as they can prove that they meet Sport England's Minimum Operating Standards. Some grant schemes are only open to accredited clubs.

Please visit the Volley 123 section of the website to find out more about accreditation and how your club can join the programme.

### Small Grants Programme



The Sport England Small Grants programme is perhaps the most pertinent grants scheme for community volleyball clubs. You can apply for grants between £300 and £10,000 to help develop sporting opportunities in your community.

Projects should be new or additional activity to what you already do and they should increase participation in sport or provide opportunities for people to excel. Where possible projects should show how the activity can be extended and carried on once the Sport England funding is spent. You should be able to deliver the project within 12 months and be able to provide a monitoring report when the project is finished.

Projects must meet the needs of the local community so it's important to explain how your project fits in with local strategy and demonstrate how there are already people waiting to take part in your project. You'll also need to make sure that you are offering value for money, so if you're applying for £10,000 but only expecting to attract 10 new participants then your application is unlikely to be funded!

It's really easy to apply online and there is plenty of support from Sport England available to download. Volleyball clubs have received over £120,000 worth of funding from the Small Grants programme over the last 24 months, so why not make your application now?!

For more information visit [www.sportengland.org/funding](http://www.sportengland.org/funding)

## **Sportivate**

Sportivate is a funding initiative launched by Sport England as part of their Legacy Programme, Places People Play. Funded by Lottery money, the programme will invest £32 million into grass roots sport.

Sportivate is designed to fund 6 -8 week blocks of coaching for 14 -25 year olds in a recognised Sport England sport, e.g. volleyball. Clubs can apply for funding to support these sessions, including coaching costs and equipment purchases. Applicants are expected to demonstrate an exit route (e.g. local club) for participants after the sessions are finished.

The programme will be delivered through the network of 49 County Sports Partnerships working with a range of local partners. For more information on how to apply for funding visit your local County Sports Partnership website.

## **Other Grants Opportunities**

There are hundreds of other grants opportunities available to amateur sports clubs, both nationally and locally. Please contact your local County Sports Partnership or Ian Poynton, Membership & Funding Officer at [i.poynton@volleyballengland.org](mailto:i.poynton@volleyballengland.org) if you would like support, help and advice on funding.



# ***Team Details***

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**M2N**

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<b>Guildford International (GUI)</b>			
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<b>Kernow (KVC)</b>			
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<b>New Forest (NEF)</b>			
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<b>South Hants (SOH)</b>			
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### M3SW

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<b>Wiltshire Mavericks (WIL)</b>			
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### W3C

<b>Cambridge (CAM)</b>			
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<b>Oxford Ladies (OXL)</b>			
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<b>Peterborough Harriers Ladies (PEH)</b>			
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### W3C

<b>RAF Hawks (RAF)</b>			
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<b>University of East London (UEL)</b>			
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### W3N

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<b>City of Salford 2 (CS2)</b>			
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<b>DARKSTAR Derbyshire (DSD)</b>			
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### W3S

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<b>Farnborough Devils (FDE)</b>			
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### W3S

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<b>Army (AVA)</b>			
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<b>Farnborough Vipers (FVI)</b>			
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<b>Men's Team Warrington Wolves (TWW)</b>			



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<b>University of York Volleyball Club Mens 1st (UYVC) (UY1)</b>			
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# MC

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## WC

<b>Army (AVA)</b>			
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<b>Peter Symonds Women (PSM)</b>			
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<b>Selby College 1st Team (SCO)</b>			
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<b>University of York Volleyball Club Womens 2nds (UYVC) (UY2)</b>			
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<b>York Women (YOW)</b>			
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yorkvolleyball@btinternet.com		play@yorkvolleyball.org.uk	



# ***Venues***

**Abbeywood School**

Abbeywood Community School, New Road, Stoke Gifford, Bristol, BS34 8SF, 01173 075660

**Directions:**

<http://goo.gl/XaorrQ>

**ACG Egham**

London Road (A30), Surrey, Egham, England, TW20 0HS, 01784 430800

**Directions:**

By road - At Junction 13 on the M25, exit onto the A30 signed London (W), and Staines. At the roundabout keep to the right and follow signs to Bagshot and Egham on the A30. This exit road runs south parallel to the M25 for several hundred yards, so keep to the left hand lane. The road then loops around an office building before it rejoins the A30 under the motorway bridge. At the roundabout take the A30 dual carriageway signed Basingstoke, Camberley, and Royal Holloway University of London. Continue straight over the next roundabout, and up Egham Hill, signed A30 Basingstoke and Camberley. After 3/4 mile Royal Holloway University can be seen on the left. Proceed across the traffic lights for just over 1/2 mile to the entrance of ACS Egham International School on the left. The woodlands of Windsor Great Park can be seen on the right. The School is approximately 3 miles from Junction 13 on the M25.

By train -Take South West trains from Waterloo Station to either the Egham or Virginia Water stations. The journey takes about 35 minutes and trains depart frequently. Taxis are available from both stations for the 2 mile journey to the School.

**Alan Higgs Centre**

Alan Higgs Centre, Allard Way, Coventry, Warwickshire, CV3 1HW, 02476 308244

**Directions:**

From M1 North: Leave M1 at Junction 21, then at roundabout take the 3rd exit onto the M69 (signposted M69 Coventry, Birmingham). Continue onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M1 South: Leave the M1 at Junction 17, branching left onto the M45 (signposted Coventry South). At roundabout take the 2nd exit onto Coventry Road - A45 (signposted Coventry). At roundabout take the 2nd exit onto London Road - A45 (signposted Coventry). At Tollbar End roundabout take the 3rd exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M6: Leave the M6 at Junction 2 (signposted Leicester M69, Coventry A46). Take right hand lane (signposted Coventry), then at roundabout take the 3rd exit onto the A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto the A46 (signposted All Traffic). At roundabout take the 3rd exit, then merge onto Coventry Eastern Bypass - A46. At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

M40 South (London): Leave the M40 at junction 15, then at roundabout take the 4th exit onto Warwick Bypass - A46 (signposted Coventry).

M40 North (Birmingham): Leave the M40 at junction 15, then at roundabout take the 1st exit onto Warwick Bypass - A46 (signposted Coventry).

Both: Continue forward onto Warwick Bypass (signposted Coventry, M69). Continue forward onto the A444. At roundabout take the 2nd exit onto London Road - A4082 (signposted Motorway M69, Leicester A46). At roundabout take the 3rd exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

**Aldershot Garrison Sports Centre**

Rawlinson Road, Aldershot, Hampshire, GU11 2LQ, 01252 347724

**Directions:**

Head South East on A331

Go through 1st roundabout

Take the A3011 exit towards Farnborough/ B3411/Ash Vale

At the roundabout, take the 4th exit onto Lynchford Rd/A3011

Go through 1st roundabout

At the roundabout, take the 1st exit onto Queen's Avenue

Go through the 1st exit

Turn left onto Princes Avenue

Turn left onto Rawlinson Road

Destination will be on the right.

**All Saints School**

All Saints School, 95 Norfolk Park Road, Sheffield, South Yorkshire, S2 2RJ, 01142 726700

**Directions:**

From junction 33 M1, follows signs for A630 Sheffield City Centre. At the roundabout follow signs for A61 Chesterfield. Go past Sheffield Rail station on your left, and after a further half mile you will see a Macdonald's. Here, turn immediately left onto Granville Road and take first right (Norfolk Park Road). The sports centre entrance is approximately 100 yards on your right.

Multimap link: <http://goo.gl/m9ZRt4>

**Applemore Health & Leisure**

Applemore Health & Leisure, Clay Pits Lane, Dibden, Southampton, Hampshire, SO45 5TN, 02380 423352

**Directions:**

Leave the M27 at Junction 2, then at roundabout take the 3rd exit onto the A326 signposted Fawley, Totton.

At roundabout take the 2nd exit onto the A326 signposted Fawley.

At roundabout take the 2nd exit onto the A326 signposted Totton (south), Fawley.

At roundabout take the 2nd exit onto the A326.

At roundabout take the 2nd exit onto the A326 signposted Fawley.

At Dibden roundabout take the 2nd exit onto the A326 signposted Fawley.

At Applemore roundabout take the 1st exit onto Sizer Way signposted Hythe, Dibden.

At the next two roundabout take the 2nd exits onto Clay Pits Lane.

Arrive at Applemore Health & Leisure.

**ARC Leisure Matlock**

Bakewell Road, Matlock, Derbyshire, DE4 3AZ, 01629 581322

**Directions:****Armitage Centre**

The Armitage Site, Moseley Road, Fallowfield, M14 6HE, 01613 069988

**Directions:**

From North/North East

From M62 follow Stockport/Manchester Airport signs onto M60, Leave M60 at J11 onto A57 City Centre. Turn Left onto Kirkmanshukme Ln A6010 Longsight/Rusholme continue straight on the A6010. Turn Right at Longsight Market onto Dickenson Rd. At the end of Rd turn left onto Wilmslow Rd. At cross roads turn Left onto Mosselet Rd. Sports Centre is on your left at the next set of lights.

From North West (Liverpool)

Leave M6 at J20 for M56, continue to the end, this becomes Princess Parkway A5103. After 3 miles turn right at Whally Range High School into Wilbreham rd A6010 Sheffield. After 1 mile at Fallowfield cross roads Wilbreham rd becomes Mosselst Rd. Sports Centre is on your left at the next set of lights.

From South

From M6 North to M56 Manchester. Continue to end. Follow directions from North West above.



**Ashburton Recreation Centre**

Balland Lane, Ashburton, Devon, TQ13 7EW

**Directions:**

Continue on M5 south past Exeter, and bear right at junction 31 onto the A38 (Plymouth). Stay on this road for approximately 20mins, and exit at the Ashburton junction (B3352). At the T-junction turn right towards Ashburton, heading over the dual carriageway. Follow the road round to the left, and then take the first road on your right, Balland Lane. The Recreation Centre is also signposted here. Continue along Balland Lane, following the Recreation Centre signs, and in about half a mile the venue will be on your left. There is free parking available outside the venue.

**Ashcombe Volleyball Centre**

Ashcombe Volleyball Centre, The Ashcombe School, Ashcombe Road, Dorking, Surrey, RH4 1LY, 01306 886312

**Directions:**

From M25 take exit No 9 follow A24 South to Dorking (approx. 4 Miles). At 1st set of traffic lights (Dorking Station) turn right into Ashcombe Road. Take 3rd entrance on left into School and park in Car Park on right. Sports Centre is situated behind the School. Dorking railway station and Dorking Deepdene railway station are situated on the A24 adjacent to the School.

From South Or North: Take A24 to Dorking, turn into Ashcombe Road at the only set of traffic lights on A24 opposite Dorking station. Directions as above.

**Ashmoor Recreation Centre**

Ashmoor Recreation Centre, Balland Lane, Ashburton, TQ13 7EW, 01364 654303

**Directions:**

Continue on M5 south past Exeter, which changes into the A38 Plymouth road. Stay on the A38 heading south for approximately 20mins, until you reach the exit signposted Ashburton B3352. Exit here. You will immediately reach a t-junction. Turn right towards Ashburton, going over the dual carriageway. Follow the road round to left, then take the first road on your right, Balland Lane. The Recreation Centre is also signposted. Continue along Balland Lane, following the Recreation Centre signs and in less than a mile, you will reach your destination.

**Aston University**

Sport Aston, Doug Ellis Woodcock Sports Centre, Aston Triangle, Birmingham, B4 7ET,

**Directions:**

<http://ubvc.co.uk/club/directions/woodcock.html>

**Travelling by car**

From whichever direction you are approaching Birmingham, Aston University is best reached from the M6 motorway (not the new M6 Toll, which bypasses the city).

Exit the M6 at Junction 6, and follow signs for the A38(M) to the city centre. Ignore signs to 'Aston'.

Stay on the A38(M), Aston Expressway, for approximately two miles until you reach the third exit. This is just after you pass the overhead 'End of Motorway' signs. Aston University is signposted from here. You will see the Aston University Main Building on your left.

Take the LEFT filter lane here, and at the Lancaster Circus roundabout (next to the Fire Station) take the first exit left into James Watt Queensway

Take the first left turn into Aston Street, which immediately after you come off the roundabout.

Follow Aston Street right to the very end, and turn left again; the Woodcock Sports Centre is on your left.

Free parking is available in the car park to the right of the Sports Centre as you face it from 6pm on weekdays and at weekends.

Please note: some visitors to Aston have reported that their satellite navigation systems have directed them off the motorway too early, onto ring roads and less obvious routes. We recommend drivers use maps initially and try to adhere to the directions above. Aston University's postcode is B4 7ET.

**Travelling by Train**

Birmingham New Street Station is the nearest main-line station to Aston University, a short, flat 15 minutes walk away through the main shopping areas of the city. The station has direct lines to most parts of the UK and many local services.

Some regional and national services arrive at Birmingham Snow Hill and Moor Street stations, which are a short ten minute walk from campus.

**Travelling by Bus**

Because of our central Birmingham location many bus routes pass close to the Aston University campus.

To plan your journey by bus, visit the Travel West Midlands website.

**Bacons S.C.**

Bacons S.C., Timberpond Road, Rotherhithe, London, SE16 6AT, 02074 504974

**Directions:**

From the North: Cross Tower Bridge turn left at the 1st set of traffic light. Follow this road to the Rotherhithe Tunnel roundabout Take the first exit (before the Tunnel exit). After crossing the Bridge, turn right into Lagado Mews. Brunel City Technology School at end. The Sports Hall Car park is at the rear of the complex.

From the South: Take the A3 to Borough (Tube Station) turn right towards Rotherhithe along Long Lane - Abbey Street. At the end turn right into Jamaica St. This leads to the Tunnel roundabout then as above.

**Battersea Youth Centre**

Hope Street, SW11 2DA, 02088 718529

**Directions:**

Clapham Junction Mainline train station (20 min walk) - exit Clapham Junction Station at the Grant Road exit. Turn left out of the exit and follow Grant Road until it reaches the junction of Plough Road/Grant Road. Turn right at this junction and cross the road. The next left turn in the road is Holgate Avenue. Turn down this road and it will lead to the junction of Hope Street/Holgate Avenue. Turn left onto Hope Street and the sports hall is on the right hand side of the road. There are football pitches beside the hall to easily identify where the site is and the building itself looks like a small aircraft hanger.

**Baysgarth School**

Barrow Road, Barton-upon-Humber, North Lincolnshire, DN18 6AE

**Directions:**

Depending on the direction of travel, leave at the first junction after the Humber Bridge for Barton, or at the last junction before the Humber Bridge from the South. Be aware of £1.50 bridge toll each way. Enter Barton on Ferriby Road, and go straight over the mini-roundabout and drive to the large roundabout at the bottom of the hill. Turn right here, and pass the police station on your left, and the fire station on your right, continue through the Market Place onto Barrow Road and drive up a slight incline, until you see Baysgarth School clearly marked on your left hand side

<http://www.baysgarthschool.co.uk/pages/contact>

**Becket Keys School**

Sawyers Hall College of Science and Technology, Sawyers Hall Lane, Brentwood, Essex, CM15 9DA, 01277 220808

**Directions:**

From North, South & West: From Junction 28 of M25 take the A1023 for 2 miles to Brentwood. Go to the far end of the High Street until you reach a double mini roundabout. Go straight over for about 200m. Turn left into Sawyers Hall Lane. The Sports Centre is about 400m down on the left.

From East: Leave the A12 at the A1023 signposted Brentwood. Take the A1023 for approx 2 miles until you see Nuffield Hospital on your left. Take the next right Sawyers Hall Lane. The Sports Centre is about 400m down on the left.

**Bethnal Green S.C.**

Bethnal Green S.C., Gosset Street, Bethnal Green, London, E2 6NW, 0207 9207937

**Directions:****FROM SOUTH :**

M25 East, take junc2, A2 West, head towards A102(M) Blackwall tunnel. Once through the tunnel take 1st slip A13 towards central London/City. About 1 mile turn right into New Rd. At junction with A11 go straight across (Vallance rd), go under bridge and across mini round. At lights go straight into Squirries St, at the top of the rd, mini round turn left into Gosset st. The College is on the left.

N.B. Grounds are also used as a flower market car park.

**FROM NORTH :**

M11 to the end => A106 then A102(M) towards Blackwall tunnel. Go past slip rd signposted Old Ford, leave at next slip rd A11 Bow, turn right heading towards City. Stay on A11 till you reach the Royal London Hospital. At the lights just past the hospital turn right into Vallance Rd. Then as from South.

**FROM EAST :**

M11 => A11 until you reach the Royal London Hospital. Then as from North.

**FROM WEST :**

A40 (M) towards London, over Marylebone Flyover onto A501, go past Madame Tussauds, Regents Pk, go under underpass, past Euston/Kings cross stn, stay on A501(Pentonville rd), keep going straight (Angel tube stn on left) onto City rd. At large round(Old st tube stn) turn left into one way system, move into middle lane & go straight through lights, follow round to right & again stay in middle lane, go through lights into Hackney rd, after approx 0.5 mile turn right into Warner Place, at top of rd turn right into Gosset st. College is on the left.

N.B. Grounds are also used as a flower market car park.

**Boswells School**

Boswells School, Burnham Road, Springfield, Chelmsford, Essex, CM1 6LY, 01245 264451

**Directions:**

From A12 take the A130, signposted Sudbury and Springfield. At roundabout 2nd exit for Springfield. Next roundabout 3rd exit for Sudbury. Mini-roundabout left for North Springfield. Right at next roundabout signposted Broomfield. Left at mini-roundabout into Sidmouth Road. 1st right into Dartmouth Road. At left turn into Bodmin Road, school gates are directly ahead. Follow driveway to the right and the sports hall is directly ahead.

**Brentford Fountain Leisure Centre**

658, Chiswick High Road, Brentford, Middlesex, TW8 0HJ, 08454 566675

**Directions:****Brislington Enterprise College**

Hungerford Road, Brislington, Avon, BS4 5EY, 01173 772055

**Directions:**

By train:

If arriving by train please ensure that you disembark at Bristol Temple Meads. Temple Meads is on the A4/Bath Road and frequent bus services operate to Brislington.

By car:

Approach Bristol on the M4. At Junction 19 take the M32 to Bristol City Centre. At the end of the M32 follow signs for the A4/Bath Road, which takes you past Temple Meads and on to Brislington. Continue along the A4 towards Bath until you come to a junction with McDonalds on the left and Park & Ride on the right: turn right into Stockwood Lane. Turn right again into Hungerford Road and the entrance to bec is on the left.

**Bristol Metropolitan Academy**

Snowdon Road, Fishponds, Bristol, BS16 2HD, 01173 772071

**Directions:**

<http://goo.gl/pzTYBh>

**Bydales School**

Bydales School, Marke By The Sea, TS11 6AR,

**Directions:**

A19, Exit A174 Turn Off (Teesport, Redcar)

Continue for 7 miles (A174)

At the roundabout take the 3rd exit

Continue for 2 miles

At the roundabout take the 3rd exit

Continue for 1/2 mile

At the roundabout take the 2nd exit

Continue for 1 mile

At the roundabout take the 1st exit (Marske/Redcar)

At the roundabout take the 3rd exit (Marske)

Follow the road into the village centre

In the village centre take the 1st exit on the roundabout towards to coast

The school is on the coast road

**Cardiff Metropolitan University**

Llandaff Campus, Western Avenue, Cardiff, South Glamorgan, CF5 2YB, 02920 416070

**Directions:**

Leave the M4 at Junction 29 onto the A48. Take the third exit signposted Newport Rd/City Centre. At the roundabout take the third exit which leads immediately onto a mini roundabout. Take the second exit signposted to NIAC. Go along this road for approx. 1 mile. Pass the speed camera. Cardiff Met entrance will be on your left. The barrier should be open but if not, please press the button and they will let you in. Follow the road around until you see a road off to your left. Turn left and the sportshall and car parking will be on your left.

**Carter Community Sports College**

Carter Community Sports College, Blandford Close, Hamworthy, Poole, Dorset, BH15 4BQ,

**Directions:**

From East:

Use M27, A31 and then A348, passing through Ferndown, Longham and on toward Poole. After Longham, go over three roundabouts (Bear Cross, Poole Lane and Mountbatten – which has a set of lights on it). At the fourth roundabout, turn right on to the A3049 – Canford Way. Stay on the A3049 following the signs for Upton & Hamworthy. At a roundabout signposted Poole Centre to the left (A350), continue straight on (A35 toward Dorchester). About ½ mile along the A35, take the turning off signposted to Upton Country Park (warning – there is very little distance between the signpost and the turn-off!). At the bottom of the slip road, turn left. At the double roundabout, turn left in to Blandford Road – signposted to Hamworthy & Rockley Park. Continue down this road for about 2 miles. Go over the lights where Rockley Park is signposted to the right. At the next set of lights, turn left in to Blandford Close, which leads to the school entrance.

From North/West:

Approach Poole on the A35 or A350. At the intersection of these two roads, turn off for Upton/Hamworthy (if you're coming down the A350, go straight on. If you're coming along the A35 from Dorchester, turn off and turn right). At the double roundabout junction go straight over (left/right) in to Blandford Road. Continue down this road for about 2 miles. Go over the lights where Rockley Park is signposted to the right. At the next set of lights, turn left in to Blandford Close, which leads to the school entrance.

**Centre AT7**

Bell Green Road, , Coventry, CV6 7GP, 02476 308244

**Directions:**

Centre AT7: Bell Green Road, Coventry, CV6 7GP. Telephone : 024 7666 5530

**BY CAR:**

From City Centre Ring Road (anti-clockwise):

Exit the Ring Road at Junction 2, signposted Coventry & Warwickshire Hospital; Bell Green B4109.

Filter right at the bottom of the slip road following signs to Coventry & Warwickshire Hospital. Follow the road to the left towards the Hospital.

Proceed through the one way system past the Hospital and along Stoney Stanton Road.

Stay on the Stoney Stanton Road for 1 and half miles, through eight sets of traffic lights.

At the mini round about (with McDonalds adjacent) proceed straight over to the major roundabout.

Take the third exit off the roundabout signposted Sports Centre.

The entrance to Centre AT7 is immediately on the left.

From the M6:

Exit at Junction 3 of the M6 and take the 4th exit if travelling from the North or the 2nd if travelling from the South from the roundabout signposted Coventry; Holbrooks A444.

Proceed along the dual carriageway for half a mile and take the 2nd exit of f the roundabout signposted City Centre A444.

Proceed along the dual carriage way (Phoenix Way) for half a mile and take the 1st exit at the roundabout signposted City Centre A444; Foleshill Edgwick Industrial Estate.

Proceed along the dual carriageway for half a mile and take the 2nd exit signposted City Centre A444; Bell Green (this roundabout features a metal spiral sculpture).

Proceed along the dual carriageway for half a mile and take the 2nd exit and Centre AT7 is immediately on your left.

**BY BUS:**

From City Centre:

West Midlands Travel 21 and 31c provide a regular service between the City Centre and Courthouse Green. If using the 21 alight on the Bell Green Road at the first stop after the roundabout opposite the Post Office. The 31 stops at Sainsbury's, a short walk form Centre AT7.

The Park and Ride scheme also operates a service between Centre AT7 and the City Centre.

**Charterhouse Sports Club**

Charterhouse Sports Club, Duke's Drive, Godalming, Surrey, GU7 2RS, 01483 239600

**Directions:**

<http://www.charterhouseclub.com/contact-us/>

**Cheshire County Officers Sports Club**

Cheshire County Officers Sports Club, Plas Newton Lane, Chester, Cheshire, CH2 1PR, 01244 318167

**Directions:**

From M6 take M56 West towards Chester and Birkenhead, then M53 South towards Chester. Take the first exit (A56) turning right towards Chester, then after about 400 Metres turn right at roundabout onto A41 (signposted Chester Zoo and Birkenhead). Take second left into Plas Newton Lane and turn immediately right into Sports Club.

**Christ School**

Queens Road, Richmond Upon Thames, London, TW10 6HW, 02089 406982

**Directions:**

**City Academy**

Russell Town Avenue, Bristol, BS5 9JH,

**Directions:**

From the M4

At junction 19, exit onto M32 toward Bristol

At junction 3, exit onto A4320 toward Bath/A4

At the roundabout, take the 1st exit onto Easton Way/A4320

At the roundabout, take the 1st exit onto Lawrence Hill/A420

Turn left into Russell Town Ave

The Academy is on the right hand side

**City of Westminster College**

25 Paddington Green, London, W2 1NB, 02077 238826

**Directions:**

Public Transport Links

Underground: Edgware Road (District, Circle and Hammersmith & City Lines)

Please note: The Edgware Road (Bakerloo line) station will be closed from 26th May until December 2013. Please use alternative methods of travel in this period. Marylebone & Paddington are both on the Bakerloo line and are 10 minute walks from the venue. Alternatively change from the Bakerloo line at Baker Street or Paddington for the Circle and Hammersmith & City lines to arrive at Edgware Road (Circle, District and Hammersmith & City line) station.

Bus: 6, 16, 18, 98, 332, 414

Rail: Paddington and Marylebone Rail Stations

**Coombe Dean School**

Coombe Dean School, Charnhill Way, Elburton, Plymouth, Devon, PL9 8ES, 01752 403113

**Directions:**

Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment take the right hand lane signposted 'Plymouth Kingsbridge'. This will lead you onto a minor junction - turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs for 'Kingsbridge'. Stay on the A379 for approx. 2 miles, through 3 roundabouts. At the next roundabout turn right into Springfield Road. At the first set of traffic lights (not pelican crossing) turn left into Reservoir Road, proceed 400m and turn right into Charnhill Way. The school is at the end of Charnhill Way. Journey time from Marsh Mills roundabout to Coombe Dean school takes approx. 10-15 mins.

**Crestwood College**

Shakespeare Road, Boyatt Wood, Eastleigh, Hampshire, SO50 4FZ, 02380 645503

**Directions:**

From M3 Southbound - Exit at junction 12. At the roundabout take the 2nd exit onto the A335. At the next roundabout take the 3rd exit onto Woodside Avenue. Follow the road along until you drive under a foot bridge. Immediately after the bridge turn left into Shakespeare Road and the school is on the left hand side.

Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

From M3 Northbound - Exit at junction 13 and then turn right onto A335 (Leigh Road). At Holiday Inn traffic light junction turn left into Woodside Avenue. Follow this down to the roundabout. Take 2nd exit and just past B&Q turn right into Shakespeare Road and the School will be on your right.

Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

**Darlington Education Village**

Darlington Education Village, Salters Lane South, Darlington, Durham, DL1 2AN, 01325 254000

**Directions:**

1. Leave A1(M) at Junction 57, signposted Darlington & Teesside A66(M)
2. At roundabout take 1st exit, following signs for Darlington (A66)
3. At the next roundabout take 3rd exit, signposted Teesside/Yarm (A66)
4. Go straight over the next 3 roundabouts
5. At the 4th roundabout take the 1st exit, signposted Darlington
6. At the next roundabout take 1st exit, signposted Town Centre
7. At the mini roundabout take the 2nd exit onto Salters Lane South
8. Follow the road round over several speed bumps and the school will be on the right hand side.

**Dartford Technology College**

Dartford Technology College, Heath Lane, Dartford, Kent, DA1 2LY, 01322 224309

**Directions:**

From M25, Exit at J1B towards Dartford A225. Take exit on to A296 / Princes Road towards Dartford. Stay on Princes Road continue over 1 roundabout. At lights turn right on to Lowfield Street A225. Turn left at Heath Street. At roundabout 2nd exit on to Heath Lane. Turn right in approximately 100 yards.

**Derby College**

Johnson Building, Derby College, Locomotive Way, Pride Park, Derbyshire, DE24 8PU,

**Directions:****Derbyshire Volleyball Centre**

Derby Moor Community Sports College, Moorway Lane, Derby, Derbyshire, DE23 2FS, 01332 772706

**Directions:**

Exit M1 at Junction 25 follow signs to Derby A 52 drive for 6 miles. At the Pentagon roundabout stay in the middle lane follow signs to Uttoxeter, A 52, inner ring A516, Derby Royal Hospital. At Ring Road junction turn left onto Ring Road A 5111 stay in right hand lane for half mile. At junction turn right onto a 5250 towards a Littleover after half a mile turn left onto Old Hall Road drive about half mile turn right onto Moorway Lane. Derby Moore is on your right about 150m

**DMU, The John Sandford Sport Centre**

Western Boulevard, Leicester, Leicestershire, LE2 7BU, 01162 506400

**Directions:**

<http://goo.gl/sB9c6K>



**Doug Ellis Sports Centre**

City North Sports Centre, Birmingham City University, 150 Wellhead Lane, Perry Barr, Birmingham, West Midlands, B42 2SY, 01213 318 870

**Directions:**

Driving directions From M5 Junctions 1

1. Take exit 1 toward WEST BROMWICH / B'HAM (NW)0.25 mi
  2. Turn slight right0.16 mi
  3. Turn slight left at Birmingham Rd (A41)0.74 mi
  4. Turn slight left at Island Rd (A4040)1.2 mi
  5. At the roundabout, take the 2nd exit onto Church Lane (A4040)0.53 mi
  6. At the roundabout, take the 2nd exit onto Church Lane (A4040)0.91 mi
  7. At Birchfield Rd, take the 1st exit onto Birchfield Rd0.18 mi
  8. slight right to merge onto Harrier Way0.16 mi
  9. Turn slight left at Harrier Way - Continue on A4530.08 mi
  10. Turn right at Wellhead Lane0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 7

- 1 From M6, Junction 7
  2. Take exit 7 toward BIRMINGHAM (N)0.31 mi
  3. slight left to merge onto Birmingham Rd (A34)0.45 mi
  4. Keep left at the fork, and merge onto Birmingham Rd (A34)2.32 mi
  5. Keep left at the fork0.14 mi
  6. Turn slight left at Harrier Way - Continue on A4530.08 mi
  7. Turn right at Wellhead Lane0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 6

1. From M6, Junctions 6
2. Take exit 6 toward BIRMINGHAM (CEN.)A38 / BIRMINGHAM (NE)0.15 mi
3. Keep right at the fork, follow signs for BIRMINGHAM (NE)A380.34 mi
4. At the roundabout, take the 4th exit onto Lichfield Rd (A5127)0.3 mi
5. Keep right at the fork, and merge onto Lichfield Rd (A5127)0.15 mi
6. Keep right at the fork0.36 mi
7. Turn left at Aston Hall Rd (B4137)0.24 mi
8. Continue0.01 mi
9. Turn right at Witton Lane (B4137)0.09 mi
10. Turn slight right at Witton Lane (B4137)0.41 mi
11. At the roundabout, take the 2nd exit onto Aston Lane (A4040)0.49 mi
12. Turn right at Wellhead Lane0.17 mi
13. Turn slight left at Wellhead Lane0.14 mi
- 14 Next to National Express Bus Garage Right is 150, Wellhead Lane, Perry Barr, Birmingham, B42 2SY

**Durham University Sport**

Queens Campus, Stockton University Boulevard, Thornaby, Stockton-on-Tees, , TS17 6BH, 01913 342178

**Directions:****By Bus**

Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.

**By Rail**

East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.

The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.

Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Auckland that stops at Thornaby and Durham.

**By Road**

Queen's Campus, Stockton is linked by the A66 to the A1(M) and the A19.

From A19 North to Queen's Campus, Stockton

1. Join the A66, signposted Stockton/Darlington
2. Take the first slip road from A66, signposted Teesside Retail Park/Tees Barrage
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.
4. Turn left at the roundabout.

From A19 South

Join the slip road for the A66 signpost Stockton/Darlington.

Keep on the slip road and follow the signs for the Barrage as described above.

**Ernest Bevin College**

Ernest Bevin College, Beechcroft Road, Tooting, London, SW17 7DF, 02086 728582

**Directions:**

From North: M4 Junction 2. A205 South circular for about 6.5 miles. On entering Wandsworth continue forward onto West Hill (A3). At Wandsworth Town turn right, then left onto Armoury Way (1 way system). Stay in the right hand lane, follow the one way system into Fairfield Street. Then at end turn left (signposted South Circular, Central London) onto East Hill. Turn right, then right again (following 1 way system). Branch left onto Trinity Road A214. Continue forward for approx 2.7 miles entering Tooting. Turn right into Broderick Road and left at the end into Beechcroft Road. College is 300m on right.

From South: M3, A316, A205 South Circular then as above.

Nearest tube station: Tooting Bec (1km)

Nearest Main Rail: Wandsworth Common (700 metres)

**Exeter Riverside**

Exeter Riverside, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221771

**Directions:**

From the M5: turn off at Junction 30 (Exeter services). At the roundabout take the 3rd exit onto the A379, then take the 2nd exit onto Rydon Lane. At the end of Rydon Lane at the Countess Wear roundabout take the 3rd exit onto the A3015 (Topsham Road). Topsham Road then leads straight into Holloway Street. At the end of Holloway Street at the roundabout bear left into Western Way and continue to bear left onto the Exe bridges roundabout (over the river), bear left again into Alphington Road (A377) and the Riverside Leisure Centre is just past the retail units on the right. NB: On confirmation of matches, clear maps will be sent to you for ease of direction.

**Fairfield High School**

Fairfield High School, Fairfield Avenue, Droylsden, Manchester, Greater Manchester, M43 6ED, 01613 701488

**Directions:**

Exit M60 at J23. Take A635/A662 towards Manchester/Droylsden. Go past the retail park on the left hand side. At the lights go straight on (A635 Manchester Old Road). Go straight on at the next 2 sets of lights (car show room on the left). Just after pelican crossing (by the chemist and before petrol station), turn right into Fairfield Avenue. The school is at the top of the avenue.

**Fit City Eccles**

Fit City Eccles, Barton Lane, Eccles, Salford, Greater Manchester, M30 0FN, 0161 7877107

**Directions:**

From M60 take M602 toward Salford/Manchester. At junction 2, take the A576 exit to Trafford Park/Eccles. At the roundabout, take the 3rd exit onto Gilda Brook Rd/A576 heading to Trafford Park/Eccles/Weaste/A57. Slight left to stay on Gilda Brook Road/A576. Straight through at Ladywell Roundabout/A57. Enter right hand lane & take right filter lane. At traffic lights turn right into Bentcliffe Way/A57.

Continue to follow A57. Go through 2 mini-roundabouts. At traffic lights turn right onto Barton Ln/B5230. Destination will be on the left.

**Founders Hall (University of Bath)**

Founders Hall, University of Bath, Claverton Down, Bath, Somerset, BA2 7AY, 01225 386656

**Directions:**

The University campus is situated on Claverton Down, to the east of Bath. The A4 and A36 roads run through the city; the M4 motorway is approximately 10 miles distant.

If approaching from the M4, leave the motorway at junction 18 and follow the A46 south 8 miles to the Bath exit from the new dual carriageway.

Turning right here brings you on to the A4 westbound to Bath. After 1.5 miles turn left at the traffic lights (signposted 'City Centre A36'); after 700 yards turn left at the roundabout towards Warminster. In approximately 300 yards turn right into North Road (signposted 'Claverton Down'). The Quarry Road entrance to the campus is on the left towards the top of the hill (approximately 1 mile); the Norwood Avenue entrance is half a mile further on in Claverton Down Road.

If approaching from the city centre, the A4 or the A36 eastbound follow signs to 'Warminster', 'Claverton Down', 'American Museum' and 'Park & Ride (University)'.

If approaching from the A36 (northbound) follow signs to 'Claverton Down'

**Friends Life**

Pixham End, Pixham End Lane, Dorking, Surrey, RH4 1QA,

**Directions:**

When entering the site from Pixham Lane please proceed over 3 speed humps and as you approach the barrier to the main staff car park press the silver intercom button and say that you are visiting for the volleyball match and they will let you through. We have 24hr security and so leaving later after the game is of course no problem.

The bar and sports club changing and shower facilities are marked as 'Sports Complex' on the map and can be found in the 'white' building you will see on your right-hand side as you walk back from the car park towards the entrance on Pixham Lane.

**Graham Sports Centre**

Maiden Castle, Stockton Road, DH1 3SE, 01913 342178

**Directions:****Gryphon Sports Centre**

University of Leeds, Western Campus, Woodsley Road, Leeds, West Yorkshire, LS2 9LZ, 01133 435095

**Directions:**

From the M62 Eastbound: Leave M62 at Junction 27 and continue onto the M621. Exit M621 at junction 2. At the roundabout, take the first exit onto the A643. Follow for approx 1 mile until a large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From the M62 Westbound: Leave M62 at Junction 29. At the roundabout, take the 3rd exit onto the M1(N). After Junction 43 on the M1, merge onto the M621. Exit M621 at junction 2. At the roundabout, take the third exit onto the A643 and follow until the large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From the M1 Northbound: After Junction 43 on the M1, merge onto the M621. Exit M621 at junction 2. At the roundabout, take the third exit onto the A643. Follow for approx 1 mile until a large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From A58(M) Eastbound: Follow onto the Inner Ring Road A58(M) (signposted Skipton (A660), Wetherby (A58), Harrogate (A61) and York (A64)). After joining the A58(M), take the next slip road onto West Street (signposted Civic Precinct & Hospital (L.G.I)) At the end of the slip road, turn left onto Park Lane. Take the first right onto Hanover Way, follow the road round to the right onto Woodhouse Square and follow road bearing left onto Clarendon Road. Continue following Clarendon road for approx 0.8 miles take a left onto Woodsley Road (just before the University of Leeds Business Centre Charles Thackrah Building). The Gryphon Sports Hall is further down Woodsley road on the right hand side.

From the A1(M) Southbound: Exit A1(M) for the A58 and follow into Leeds. As you enter the city centre, take a right onto the Woodhouse Lane (signposted for Skipton A660) Headingly and Universities). From here, see directions for 'A660 Woodhouse Lane'.

From the A64 Westbound: Follow the A64 towards Leeds and join the Inner Ring Road A58(M) West. Exit the Inner Ring Road (signposted for Skipton A660, Universities, Hospital (L.G.I)). At the end of the slip road, turn right onto Woodhouse Lane. From here, see directions for 'A660 Woodhouse Lane'.

From A660 Woodhouse Lane: Follow road past the main University of Leeds white buildings on the left. Once you pass the Eldon Pub on your right, take a left at the next set of traffic lights onto Clarendon road. Follow Clarendon road, going straight across the next set of traffic lights. After the traffic lights, take the next right (just passed the University of Leeds Business Centre) onto Woodsley Road. The Gryphon Sports Hall is further down Woodsley road on the right hand side.

**Guildford Spectrum**

Guildford Spectrum, Parkway, Guildford, Surrey, GU1 1UP, 01483 443350

**Directions:**

From the West (Portsmouth) - Exit the A3 at the A332 and A323 junction and take the 2nd exit at the roundabout into Ladymead. Continue straight over 2 sets of traffic lights into Parkway. Guildford Spectrum is situated 500 yards on the left.

From the East (London) - Exit the M25 onto the A3 westbound. Leave the A3 at A322 Guildford junction. Turn left at the traffic lights at the bottom of the slip road and then take another left at the next set of traffic lights into Parkway. Guildford Spectrum is situated 500 yards on the left.

**Haverstock School**

Haverstock School, 24 Haverstock Hill, Chalk Farm, London, NW3 2BQ, 02072 670975

**Directions:**

Tube: Chalk Farm on the Edgware branch of the Northern Line, zone 2.

From M1:

At junction 2, exit toward C. London (The City)/Holloway/N Circular/A406 East/A1, merging onto Great North Way (Barnet Bypass) A1. Continue for about a mile then join the North Circular Rd (A406) for 0.3 miles before turning left at Tillingbourne Gardens at the end turn left onto Regent's Park Rd (A598) passing back over the North Circular to join Finchley Road. \* Continue on the A598 for 1.3 miles and then continue left onto North End Rd (A502) until you reach Hampstead tube station. Turn left onto Hampstead High St (still A502) for 1.4 miles. The school is on the left opposite Chalk Farm tube station.

From M4

At end of M4 continue onto A4 over Hogarth roundabout. After 0.3 miles turn left into Warwick Rd (A3220). Go through roundabout after 1.5 miles. At next roundabout, take the 2nd exit onto the A40 ramp to W End onto the the Westway (A40). Continue on A40 2.3 miles. Continue onto Marylebone Rd (A501) for about a mile then turn left Albany Street (A4201). After 0.8 miles turn right at Gloucester Gate Bridge and left again at Oval Road. Then turn right at Jamestown Road and left at Camden High Street (A502). Keep left at the fork and follow the A502. The school is on the right just after Chalk Farm tube station.

From East

From the bottom of the M11 take the North Circular West (A406) exit toward A12/A13/A503/A10/A1. Continue on A406 until turning left onto Finchley Rd (A598). The go from \* in the M1 instructions.

There is limited car parking at the school. It is strongly advised that you use public transport (Chalk Farm tube station is 30 seconds walk away). If you come by car please drive up to the gates at the north of the school and press the buzzer to gain access.

**Headington Girls School Sports Hall**

Headington Girls School, Headington Road, Headington, OX3 0BL,

**Directions:**

Follow Oxford Ring Road up to Green Road Roundabout. Take the London Road exit towards the city centre. Follow the London Road onto Headington Road for 1.2 miles. Turn right just before the bus stops (there is a blue sign saying 'Entrance Only' and another white one with 'Headington Girls School' written). Once parked, follow the path behind the sports hall to find the entrance.

**Hull Trinity House Academy**

95-133, George Street, Kingston upon Hull, Hull, HUB 13B, 01482 326421

**Directions:**

**Impulse Leisure Southwick**

Old Barn Way, Southwick, West Sussex, BN42 4NT, 01273 238111

**Directions:**

Directions coming from the North off the A23. Turn left onto A27. At the roundabout, take the 1st exit onto the A27 ramp to Worthing. Merge onto A27. Take the A293 exit toward A270/â€A270. At the roundabout, take the 1st exit onto A293. Turn right onto Old Shoreham Rd/â€A270. Turn left onto Hadrian Ave. At the roundabout, take the 1st exit onto Manor Hall Rd. Turn right onto Old Barn Way. Itâ€™s on the right next to the football club

**Inspire Leisure Centre**

Felpham Way, Bognor Regis, West Sussex, PO22 8ED

**Directions:****Itchen College Sports Centre**

Itchen College, Middle Road, Bitterne, Southampton, Hampshire, SO19 7NS, 02380 448787

**Directions:**

From M3, head eastbound along the M27, Leave M27 at Junction 8, taking the A3024 towards Southampton and Bitterne. At the roundabout take 3rd exit A3024 Bursledon Road. Go along approximately 5 miles, at the top of the hill opposite the Chinese Takeaway, take left turn into Ruby Road, continue into Middle Road. The College is on the right, if you reach the Earl of Locksley Pub you have gone too far.

**Joseph Rowntree School**

Haxby Road, New Earswick, York, North Yorkshire, YO32 4BZ, 01904 552100

**Directions:**

Take the A19 until you reach the York Northern bypass. Take 1st exit at roundabout (A1237). At the 3rd roundabout take the 3rd exit (signposted New Earswick). Joseph Rowntree School is on the left in less than 1/4 mile.

**Jubilee Sports Centre**

University of Nottingham Innovation Park, Triumph Road, Nottingham, NG7 2TU, 01158 468288

**Directions:**

- From North, Leave M1 at Jct 26, At roundabout take 1st exit A610 to Nottingham and go through 2 rdts, After 2.5 miles turn right onto Western Boulevard/ A6514, After 1.3 miles turn left at Rdt onto Wollaton Rd/ A609, After 0.2 miles turn right onto Triu

**Keele University Sports Centre**

Keele University Sports Centre, Keele University, Keele, Newcastle Under Lyme, Staffordshire, ST5 5BG, 01782 583368

**Directions:**

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

If travelling up M1 join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

**Kendrick School**

Kendrick School, London Road, Reading, Berkshire, RG1 5BN, 01189 015859

**Directions:**

From East:

From M4 take Junction 10 and go towards Reading on the A329(M). Follow the signs to Reading, turning from the A329(M) onto the A4. Keep following the A4 (London Road) and keep in the middle lane when the road turns into a 3-lane one-way road. The right hand lane turns off as you are passing the hospital on the left and then a Murco garage on the right. Keep in the middle lane until after the right hand lane has turned off into Sidmouth Street. Turn right into East Street (one way road) straight after the Turks Head pub, the school entrance is about half way down on the right hand side.

From West:

From M4 take Junction 11 and go towards Reading on the A33. Follow the signs to Reading over several roundabouts, until the road changes to the A329. When you get to the ring road junction, turn right onto the ring road (A329), following signs for the Oracle. Then take the first exit, taking you down to the Oracle roundabout. Take the third exit (the 2nd exit is both for the Oracle car park and the A329, do not take either) and follow the road round to the right at traffic lights at the end. Take the first left into South Street, then turn right into Sidmouth Street, at the top turn right onto London Road (A4). East Street is the right turn immediately after the Turks Head pub, the Kendrick School entrance is about half way down on the right hand side. Please note East Street is a one-way road.

Note: It's MUCH easier from junction 10 if people don't mind doing one more junction on the M4 when coming from the West.

**King's School**

Regis Road, Tettenhall, Wolverhampton, West Midlands, WV6 8XG,

**Directions:**

King's School Sport hall:

From Wolverhampton ring road, take the "A41" direction Telford. Follow the road and on the top of the hill, turn on the second left "Upper green" and then immediately right onto "Regis Road". The school is on the left hand side at the far end of the road.

**Kingston College Arena**

Kingston Hall Road, Kingston-upon-Thames, Surrey, KT1 2AQ, 02082 682768

**Directions:**

Walking from Bus or Railway station

Leaving from either exit of Kingston Railway Station, make your way over to the Rotunda Leisure Centre (silver building, diagonally across the road from you). Keeping the Rotunda on your left, walk along this road (Clarence Street). You will pass Oceana and the telephone sculptures, also on your left. Continue until you come to a large road junction with pedestrian crossings. Continue straight across (the bus station will be visible on your left). Walk along this road (Wheatfield Way) past the Kingston Museum, and continue to follow the main road. Cross at the pedestrian lights over Fairfield South and follow the road until you reach the College Roundabout. The College is clearly visible from here.

**By Bus**

London Buses services 57, 65, 71, 85, 111, 131, 213, 281, 406, 726 and others stop at Cromwell Road Bus Station in Kingston. From Kingston bus station it is a 5 min walk.

**By Train**

Kingston is 25 minutes from London Waterloo station (Travel card zone 6). Take South West Trains services from London Waterloo, Clapham Junction or Wimbledon calling at Kingston. There are 6 trains per hour from London Waterloo to Kingston, of which 4 run via Wimbledon and 2 run via Richmond and Putney. There are also 2 trains that run to Shepperton travelling through Kingston. From Kingston station it is a 5 min walk.

**By Car**

To find the centre by car from all directions follow signs to The Rose car park. Nandos chicken restaurant is on the corner of the road that leads to the car park. The Arena is located 50m past the vehicle entrance to the car park. From 6.30 pm you can park your car for £1.00.

**Lambeth Academy**

Elms Road, Clapham, London, SW4 9ET, 02078 194700

**Directions:**

Coming from M25 West of London:

Take the M4 (Junction 15) exit toward London (W&C)/Slough/Heathrow Airport, this will change to become the A4. Continue on A4.

Continue to follow the A4 until you get to Earls Court Road. Turn right onto Earls Court Road (A3220)

Follow A3220 for about 1 mile and then turn left onto Cremorne Rd (A3220) Continue onto Cheyne Walk (A3212) and follow for approx. 1 Mile. Turn right onto Chelsea Bridge Rd (A3216) and follow for 1 mile then turn left onto Silverthorne Rd (B224). Continue to follow this road for about a mile and keep right to continue on to Old Town (B303)

Keep following the B303 until it changes to The Pavement then turn right onto Clapham Common South Side (A24) Follow this until you reach Elms Road on the left. Turn left onto Elms Rd and Lambeth Academy will be on the left.



**Lancing Leisure Centre**

Manor Road, Lancing, West Sussex, BN15 0PH, 01903 524624

**Directions:**

From the north follow signs to Horsham a24 then worthing a24

From Portsmouth direction follow a27 all the way along to worthing

At the roundabout

From the north a24 turn left on to Warren road a27/a24

From a27 go straight over this roundabout

Thereat next roundabout continue straight 2nd exit upper Brighton Road a27

Go through 3 sets of traffic lights

At next roundabout take first exit

Turning for the leisure centre is on your right follow the drive all the way down until you come to the car park

**Lavington School**

Lavington School, The Spring, Market Lavington, Devizes, Wiltshire, SN10 4EB, 01380 812352

**Directions:**

Leave the M4, J17 towards Chippenham (A350). From Chippenham take the A4 towards Derry Hill/Devizes. At Derry Hill take the A342 into Devizes and take the A360 towards Petterne. Continue on this road for around 6 miles until the crossroads. Turn left at the crossroads and the school is 1 mile on the left.

**LeAF Academy**

Oakmead Technology College, Duck Lane, Bournemouth, BH11 9JJ, 01202 774600

**Directions:**

Coming on the A350, take the A3049 and then the A348, go past a Shopping / business park on your right, at the next small roundabout go right into Poole Lane. Follow the road until you come to Duck Lane on your left.

From the East go via Ferndown towards Poole. At the Bear Cross roundabout go straight over on the A348. Past the playing fields on your left to a roundabout. Take the first left into Poole Lane as above.

**Lifestyle Fitness Centre**

The Canterbury Campus, Knight Avenue, Canterbury, Kent, CT2 8QA, 01227 766352

**Directions:****Limehurst High School**

Bridge Street, Loughborough, Leicestershire, LE11 1NH, 01509 263444

**Directions:**

From the M1, exit the motorway at junction 23 and take the A512 west to Loughborough. Continue straight through the traffic lights and go straight ahead over 2 roundabouts, heading towards the Town Center. After passing Chestnut Street on the right go immediately left down Broad street. At the end turn right onto the A6 and go immediately left down Bridge Street. Limehurst School is on the left after Limehurst Avenue. The Sports Center is the grey and blue building through the gates round to the left of the main school.

**Lings Forum Leisure Centre**

Lings Forum Leisure Centre, Weston Favell Centre, Wellingborough Road, Northampton, Northamptonshire, NN3 8JR, 01604 402833

**Directions:**

Exit M1 at Junction 15 and follow signs for Northampton town centre (A508). Continue straight ahead on the A508 for approx. 6 miles and take the 5th exit signposted Weston Favell (A43). Take the 2nd exit off the A43 and at the traffic lights turn right.

Go straight over the next set of traffic lights (McDonalds will be on your left) and you will come to a roundabout. Turn left at the roundabout onto Billing Brook Road (Focus DIY shop will be on your right). Take the second turn on your right (first turning is for the DIY shop) into the Lings Forum Leisure Centre car park where you can park for free.

**Llanishen L.C.**

Llanishen L.C., Ty Glas Road, Llanishen, Cardiff, Glamorgan, CF14 5EB, 029 20762411

**Directions:**

M4 to Cardiff, take A48(M) Cardiff exit, take 4th exit which should bring you to a roundabout signposted M4 City Centre, University Hospital of Wales, take 3rd exit and follow signs for A469 keeping to the right hand lane, go through 3 sets of traffic lights until you come to another roundabout, take 3rd exit (Safeways on the right), follow this road, Ty Glas Avenue, around and the entrance to the Leisure Centre is on the left.

**Loddon Valley L.C.**

Loddon Valley L.C., Rushey Way, Lower Earley, Reading, Berkshire, RG6 4GD, 0118 9312066

**Directions:**

M4 Junction 11, take B3270 East, parallel to the Motorway. Follow road past Foster Wheeler on left, go right (2nd exit) at first mini-roundabout. Almost immediately go left at next mini-roundabout into Earley Way West. At next roundabout go left into Beeston Way, and at next turn right (2nd exit) into Rushey Way. Go over the next roundabout and the entrance to the centre is on the left 200m further on.

**Loughborough College**

Loughborough College, Radmoor Road, Loughborough, Leicestershire, LE11 3BT, 01509 215831

**Directions:**

Leave the M1 motorway at junction 23 and follow the A512 towards Loughborough. Go straight on through two sets of traffic lights and the first roundabout. Continue on the A512 through another set of traffic lights. At the roundabout with Epinal way, turn right (the university swimming pool will be on your right). Continue along Epinal way for about 500m, the college is on your left.

**Loughborough University Netball Centre**

Epinal Way, Loughborough, Leicestershire, LE11 3TU, 01509 226250

**Directions:**

Using the postcode LE11 3TT will take you through the main entrance and after that please follow these directions:

Exit the M1 motorway at junction 23

At the roundabout take the A512 signposted Loughborough

After 1.2 miles, at the roundabout take the first exit onto Ashby Road

Then after 1 mile, at the roundabout take the third exit onto Epinal Way (A6004)

After 160 yards turn right into Loughborough University's main entrance.

1 Just after the barrier to the main entrance there is a mini roundabout, take the first exit onto Towers way

2 Follow the road as it bends to the right, then bends to the left. On your right you will see a car park

3 Follow the road as it bends to the left and the Netball Badminton Centre will be on your right

**Madeley High School**

Madeley High School, Newcastle Road, Madeley, Newcastle Under Lyme, Staffordshire, CW3 9JJ, 01782 297200

**Directions:**

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

If travelling up M1, join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6.

Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

**Marymount School**

George Road, Kingston upon Thames, Surrey, KT2 7PE, 02089 490571

**Directions:**

By Car (from London)

A3 to Kingston By-Pass (Robin Hood Roundabout) A308 to Kingston for approximately one mile. Turn left on to George Road at the Kingston Lodge Hotel. Marymount is the third school on the right hand side.

By Car (from South or West)

A3 towards London becomes the Kingston By-Pass. Look out for the Coombe Lane exit, turn left onto Coombe Lane towards Kingston. After approximately half a mile, turn right into Warren Road (White gates and security barrier) Second road on left is George road, Marymount is first school on the left.

By Train (from London)

Waterloo Main Line Station to Wimbledon, Raynes Park or Kingston (approximately 20 minutes), taxi or Bus #57 to Marymount (taxi takes approximately 10 minutes). Closest main line train stations are Norbiton (approximately 15 minute walk to Marymount), or New Malden (approximately 20 minute walk to Marymount).

### **Middlesbrough College**

Dock Street, Middlesbrough, Middlehaven, Cleveland, TS2 1AD, 01642 333333

#### **Directions:**

##### **Directions if Travelling by Road**

There are a number of road-routes into the area where the College is located, from the A66, from Middlesbrough Town Centre, from the Riverside Industrial Estate, or even via the Transporter Bridge.

The following route is perhaps the most straightforward ..... and gives some wonderful views of the emerging College!

1. Leave the A66 at the junction signposted for the Riverside Football Stadium. Proceed in direction of Riverside Stadium.
2. At first ROUNDABOUT take FIRST EXIT and go straight ahead on SHEPHERDSON WAY (Riverside Stadium on your right).
3. At next ROUNDABOUT ignore the attractions of the Riverside Stadium and take FIRST EXIT left.
4. At next ROUNDABOUT take SECOND EXIT onto WINDWARD WAY.
5. At T-JUNCTION turn RIGHT into DOCK STREET.
6. If parking has been reserved for you in the College's Town Entrance Car Park, this is located on your RIGHT as you proceed down DOCK STREET.
7. Go straight down DOCK STREET. The College is on your right and you will pass Kandi in Sky, the distinctive sculpture.
8. If parking has been reserved for you in the College's Main (Commercial Street) Car Park, TURN LEFT into COMMERCIAL STREET. The car park is located on your RIGHT.

##### **Car Parking**

The College has parking facilities available to permit holders. Preference is given in the allocation of these spaces to learners, members of staff, and people with disabilities.

There is extensive metered parking available in local streets, at a cost of £2.20 per day, £1.60 for four hours and £1 for two hours (Monday - Saturday 8am - 6pm), as well as public car parks a short distance from the College.

##### **Directions if Travelling by Rail**

1. Middlesbrough Railway Station is located less than a mile from the College site. Take a taxi to Dock Street or walk...
2. From the Railway Station, descend the steps to Albert Road.
3. At the foot of the steps turn LEFT and proceed to the traffic lights.
4. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
5. Follow BRIDGE STREET EAST and then DOCK STREET.
6. The College is directly in front of you.

##### **Directions if Travelling by Bus**

1. Middlesbrough Bus Station is located just over a mile from the College site.
2. There is a bus - the 'Middlehaven Mover' Service 686 – available from the bus station that will take you to a stop near to the College – this service is free.
3. Alternatively, take a taxi to Dock Street or walk ...
4. Follow NEWPORT ROAD and CORPORATION ROAD until you reach the intersection with ALBERT ROAD (the Town Hall is on the corner).
5. TURN LEFT into ALBERT ROAD and follow it, crossing at the traffic lights, until you pass under the Railway Bridge.
6. Proceed to the traffic lights.
7. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
8. Follow BRIDGE STREET EAST and then DOCK STREET.

The College is directly in front of you.

**Moulton College**

Gate 3, West Street, Moulton, Northamptonshire, NN3 7RR, 01604 491131

**Directions:****Driving Directions**

By Road: The College is situated in the village of Moulton, which is 5 miles from the centre of Northampton. Moulton can be reached either by the A43 Northampton to Kettering Road or from the A508 Northampton to Market Harborough Road. In either case, avoid signs for Moulton Park as this is an Industrial Estate.

From the South via the M1 & A43:

Exit the M1 at Junction 15 and join the A508 North. After 2 miles the A508 becomes the A45. At the third intersection leave the A45 by the slip road and join the A43 (signposted Kettering). Travel for 3 miles, straight across 2 roundabouts and at the third turn left onto Overstone Road (signposted Moulton). Continue until you see the Co-op and bear slightly left until you reach a mini-roundabout in front of the Post Office. Turn right down Stocks Hill, which leads into Cross Street, which leads into West Street. Take the first turning right into Pitsford Road and then first right again into the College.

From the North via the A508: Leave the A508 when signposted Pitsford and pass through the village following signs to Moulton. On leaving Pitsford follow Moulton Road, which becomes Pitsford Road, for 1.5 miles when the entrance to the Holcot Centre will be seen on your left. For the Main Site, continue for 700 metres and turn left into the College.

**Moulton Leisure Centre**

Moulton Leisure Centre, Pound Lane, Moulton, Northampton, Northamptonshire, NN3 7SD, 01604 670506

**Directions:**

Exit M1 at Junction 15 and follow signs for Northampton town centre (A508). Continue straight ahead on the A508 for approx. 6 miles and take the 5th exit signposted Weston Favell (A43). Continue on the A43 over the first roundabout. At the second roundabout take the first exit signposted (Boothville/Moulton). Follow this road until you reach a mini roundabout. There will be a pub opposite you as you approach the roundabout called the Lumbertubs. Turn right at this roundabout onto Moulton Way.

Take the 3rd right turn off Moulton Way onto Northampton Lane. Continue straight ahead on this road, going straight over the first mini roundabout. Turn left at the second mini roundabout onto Cross Street (the village post office will be opposite you as you approach the roundabout). Follow this road round the bend onto West Street and turn left into Pound Lane immediately after the car garage you will see on your right. The turning is opposite the Telegraph Pub. Turn right into the sports centre car park where free parking is available.

**Mountbatten Leisure Centre**

Mountbatten Leisure Centre, Alexandra Park, Twyford Avenue, Portsmouth, Hampshire, PO2 9QA, 02392 626500

**Directions:**

Come into Portsmouth on M275 and leave at first exit. The Mountbatten Centre is signposted - at the roundabout take the first left and proceed for about 1 mile. The centre is directly in front of you. Take the first exit at the mini-roundabout for parking.

**New Forest Volleyball Centre**

, Brockenhurst College, Lyndhurst Road, Brockenhurst, , SO42 7ZE, 01590 625536

**Directions:**

**Newburn Activity Centre**

Grange Road, Newburn, Newcastle-u-tyne, Tyne and Wear, NE15 8ND, 01912 640 014

**Directions:**

Follow A1 North, keeping left when road splits at Washington, Tyne & Wear.

Take left slip road, A694 Newcastle, Blaydon, Consett

At roundabout, take 2nd exit onto A695/ Derwenthaugh Road

Take slip road left for A695/Scotswood Road

Keep left onto A6085/Scotswood Road

Pass through 3 roundabouts, remaining on A6085

Turn left at traffic lights in Newburn Village, then right at bend in road.

Follow Grange Road to Activity Centre

**Newmarket Sports & Leisure Centre**

Newmarket Sports & Leisure Centre, Exning Road, Newmarket, Cambridgeshire, CB8 0EA, 01638 782500

**Directions:**

Leave A14 at the junction with the A142 (Newmarket). Head into Newmarket and at the 2nd roundabout (Tesco's) turn right. Follow this road past the fire station and builders merchant (sharp left hand bend) until you reach the T junction with the B1103. Turn left and follow this road into Newmarket. The sports centre entrance is on the right on the main road approx 300 yards after the mini roundabout by the Cherry Tree Pub.

**North Cambridge Academy**

Manor Community College, Arbury Road, Cambridge, CB4 2JF, 01223 273983

**Directions:**

From all directions, the M11 and A14 is the best approach. Exit the M11 at junction 14, take the A14 East toward Newmarket and Harwich. Exit the A14 at the junction with the B1049, signed Histon and Cambridge. Turn towards Cambridge. Take first left on Kings Hedges Road. Take first right onto Arbury Rd. After about 1/2 mile turn left into Manor Community College.

Follow the small road from the back of the car park to reach the Sports Hall.

**North Solihull Sports Centre**

North Solihull Sports Centre, Conway Road, Chelmsley Wood, Solihull, West Midlands, B37 5LA,

**Directions:**

(Direction From M6) Head west on M6.

At junction 4, take the A446/M42 S exit to M5/Birmingham S.

Keep left at the fork; follow signs for A446/Lichfield.

At the roundabout, take the 1st exit onto Stonebridge Rd/A446, Slight left onto A446.

At the roundabout, take the 4th exit onto Chester Rd/A452.

At the roundabout, take the 1st exit onto Moorend Ave.

At the roundabout, take the 3rd exit onto Chelmsley Rd.

At the roundabout, take the 2nd exit onto Conway Rd.

North Solihull Sports Centre Conway Road Fordbridge, West Midlands B37 5LA.

**Nuffield Health Club**

Nuffield Health Club, University Road, Leicester, Leicestershire, LE1 7RJ, 0116 2999444

**Directions:**

From M1 Junction 21 take exit for Leicester. At next roundabout take 2nd exit onto A5460 (Leicester). After 2 1/4 miles you will come to a junction where you will turn right into Upperton Road (sign posted Leicester City and Hospital). Continue along this road over the canal. As you pass the hospital on your left, you will come to the next major junction facing Leicester Tigers Rugby Ground. Turn left at this junction then move into the right hand lane. As the road splits, take the right hand fork at the lights. At the next junction and lights, get into the lane signposted A50 Wigston. Keeping in this lane (stay in the left hand side) continue through the next set of lights. At the next traffic signals turn left into University Road. Nuffield Health Club is the first turning on the right.

**Ormiston Venture Academy**

Oriel Avenue, Gorleston, Norfolk, NR31 7JJ, 01493 662966

**Directions:**

From WEST and SOUTH:

Follow A11 all the way to Norwich, follow the A47 towards Gt. Yarmouth (along Acle Straight). At the first roundabout take the 3rd exit over the Breydon Bridge onto A12. At the 2nd roundabout take the 2nd exit signposted A12, at the 3rd roundabout take 2nd exit again onto A12, after 500m branch left onto A143 (signposted Diss), at the bottom of the slip road turn right and follow A143 for approx 2km, then turn left onto Long Lane (Lloyds Pharmacy directly opposite). Take the 3rd right into St. Anne's Crescent, then the 1st right onto Christ Church Road and finally turn left at the end of the road onto Oriel Avenue. The school is 400m along the road on the right.

From South via A12 - follow A12 to lowestoft/great yarmouth, continue to follow road until arrival in Gorleston. Look for the James Paget Hospital. At the traffic lights directly after the hospital turn left onto Brasenose Avenue. Continue along this road until the 6th turning on the left Giron Road- drive the full length of this road to see the Academy directly in front of you on Oriel Avenue.

From North via A47 - follow A47 to Great Yarmouth. Take 3rd exit at roundabout onto A12 toward lowestoft. Go straight over 2 roundabouts on A12. After second roundabout look for first ramp exit on the left signposted A143/A146 Diss. Turn Right onto Beccles Road. Take 1st Left onto Shrublands Way. Continue up through traffic lights at the cross roads onto Magdalen Way. Continue past the health centre on the right and some shops on the left. Look for a right turn into Hertford Way. Follow the road to the bottom and turn left onto Oriel Avenue, Continue along Oriel Avenue before seeing and arriving at the Academy.

**Osterley Sports & Athletics Centre**

120 Wood Lane, Isleworth, Middlesex, TW7 5FG,

**Directions:****Oxford University Sports Complex**

Oxford University Sports Complex, Jackdaw Lane, Iffley Road, Oxford, , Oxfordshire, OX4 1EQ, 01865 240476

**Directions:**

From M40: Exit M40 Junction 8 onto A40 towards Oxford. Continue on the A40 until the Headington Roundabout. At this roundabout take the first exit onto the A4142. Proceed over 3 sets of traffic lights and pass the BMW Cowley car plant on your left. At the Littlemoor roundabout take the 3rd exit onto the A4158, signposted Rose Hill and Iffley. Continue on the A4158 into Oxford for approx 2 miles. Look for the Grey Friars Church on the left and Jackdaw Lane is the immediate turning on your left. Continue along Jackdaw Lane until turning right into the Oxford University Sports Complex.

From A34: Exit the A34 at South Hinksey for Oxford. At the roundabout head onto the A4074 signposted Cowley. At the Kennington roundabout take the 2nd exit (still on A4074). Continue on the A4074 until the Heyford Hill roundabout and take the first exit onto the A4142. At the Littlemoor roundabout take the 3rd exit onto the A4158, signposted Rose Hill and Iffley. Continue on the A4158 into Oxford for approx 2 miles. Look for the Grey Friars Church on the left and Jackdaw Lane is the immediate turning on your left. Continue along Jackdaw Lane until turning right into the Oxford University Sports Complex.



**Parks Leisure Centre**

Howden Road, North Shields, Newcastle upon- Tyne, NE29 6TL, 01916 432700

**Directions:**

Get on M1 from A610

Continue on M1. Take A1(M) to A168 in North Yorkshire. Take the A168 exit from A1(M)

Take A19 to Howdon Rd/A187 in North Shields

Merge onto A168

Continue onto A19

Slight right to stay on A19

Go through 1 roundabout

Continue straight to stay on A19

At the roundabout, take the 1st exit onto A187

At the roundabout, take the 3rd exit onto Howdon Rd/A187

Go through 3 roundabouts

Destination will be on the left

**Parkwood Leisure - North Solihull Sports Centre**

Conway Road, Chelmsley Wood, Solihull, West Midlands, B37 5LA, 01217 703822

**Directions:**

From M1 - M6:

1. Head north-west on M6
2. Keep left at the fork, follow signs for THE NORTH WEST / BIRMINGHAM / M42 S / THE SOUTH WEST M5, and merge onto M60.81 mi
3. Take the ramp onto M42 toward COLESHILLA446 / THE SOUTHWEST M5 / B'HAM (S) / SOLIHULL / N.E.C. & AIRPORT0.25 mi
4. Keep left at the fork, follow signs for LICHFIELD, and merge onto A4460.22 mi
5. At the roundabout, take the 3rd exit onto Stonebridge Rd (A446)0.41 mi
6. At the roundabout, take the 1st exit onto Coleshill Heath Rd0.75 mi
7. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.94 mi
8. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
9. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
10. Turn slight left at Chelmsley Rd0.15 mi
11. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
12. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
13. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M5 - M42

1. Head north-east on M42
2. Take exit 6 toward BIRMINGHAM (E) / N.E.C. AIRPORT / COVENTRY (S & W)0.25 mi
3. Keep right at the fork, follow signs for COVENTRY (S&W), and merge onto A450.13 mi
4. At the roundabout, take the 4th exit0.35 mi
5. to merge onto Coventry Rd (A45)0.46 mi
6. Take the ramp0.32 mi
7. At the roundabout, take the 1st exit onto Chester Rd (A452)0.9 mi
8. Take the ramp onto Chester Rd (A452)0.72 mi
9. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.92 mi
10. At the roundabout, take the 2nd exit onto Chester Rd (A452)0.9 mi
11. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
12. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
13. Turn slight left at Chelmsley Rd0.15 mi
14. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
15. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
16. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M54 - M6

1. Head south-east on M6
2. Keep right at the fork, follow signs for LONDONM1 / M40 / BIRMINGHAM (N,E & CEN.) / N.E.C. / AIRPORT, and merge onto M611.66 mi
3. Keep right at the fork, follow signs for LONDONM1 / COVENTRY / N.E.C., and merge onto M62.12 mi
4. Take exit 4 toward COVENTRY S / W / N.E.C. / B'HAM AIRPORT0.75 mi
5. Keep right at the fork, follow signs for B'HAM AIRPORT / COVENTRY / A4460.09 mi
6. At the roundabout, take the 1st exit onto Stonebridge Rd (A446)0.21 mi
7. At the roundabout, take the 1st exit onto Coleshill Heath Rd0.75 mi
8. At the roundabout, take the 3rd exit onto Chester Rd (A452)0.94 mi
9. At the roundabout, take the 1st exit onto Moorend Ave0.3 mi
10. At the roundabout, take the 3rd exit onto Chelmsley Rd0.11 mi
11. Turn slight left at Chelmsley Rd0.15 mi
12. At the roundabout, take the 2nd exit onto Chelmsley Rd0.18 mi
13. At the roundabout, take the 2nd exit onto Conway Rd0.06 mi
14. Turn left0.04 mi is Parkwood Leisure Sports Centre

From M1 - M42

1. Head south on M1
2. Take exit 23A toward THE SOUTH WESTM42 / TAMWORTH / BIRMINGHAM14.57 mi

3. Continue on M4212.85 mi
4. Take exit 9 toward THE NORTH WEST / M6 TOLL / COLESHILL0.4 mi
5. At the roundabout, take the 2nd exit onto Lichfield Rd (A446)0.7 mi
6. At Hams Hall Roundabout, take the 2nd exit onto Lichfield Rd (A446)1.93 mi
7. At Gilson Rd, take the 2nd exit onto Stonebridge Rd (A446)0.55 mi
8. At the roundabout, take the 3rd exit onto Birmingham Rd (B4114)0.37 mi
9. At the roundabout, take the 1st exit onto Birmingham Rd (B4114)0.83 mi
10. At the roundabout, take the 2nd exit onto Birmingham Rd (B4114)0.21 mi
11. At the roundabout, take the 2nd exit onto Cooks Lane0.21 mi
12. At the roundabout, take the 1st exit onto Cooks Lane0.1 mi
13. Turn left at Hadfield Way0.12 mi
14. Turn slight left at Hadfield Way0.05 mi
15. Turn slight left at Fencote Ave0.03 mi
16. Turn slight right at Fencote Ave0.06 mi
17. Turn right at Stapleton Dr0.07 mi
18. Turn right at Conway Rd0.12 mi
19. Turn left0.04 mi is Parkwood Leisure Sports Centre

### **Perse School**

Perse School, Hills Road, Cambridge, Cambridgeshire, CB2 2QF, 01223 568300

#### **Directions:**

From the M11 take junction 11. Head towards Cambridge City Centre on the A1309. Straight through 1st set traffic lights, Shell garage on your left, through two pedestrian crossings. At next set of main lights turn right onto Long Road (A1134), signposted for the Hospital. Follow this road to the next set of main traffic lights. At the lights turn left onto Hills Road (A1307). Approx 500yds on left is the access to Perse School for Boys.

### **Phoenix S.C.**

Phoenix S.C., Manor Road, Dawley, Telford, Shropshire, TF4 3DZ, 01952 660173

#### **Directions:**

When travelling from either North or South on M6 leave at Junction 10A onto M54. Leave the M54 at Junction 4. Take the second exit off roundabout onto a dual carriageway signposted Telford Town Centre and Ironbridge. Straight over the next roundabout. At the second roundabout take the first exit onto the A442 continue on this dual carriageway until it runs into a single carriageway A4169. At the next roundabout (Castlefields) take the fourth exit onto Castlefields Way B4373. Take the third road on the left - Southall Road, second turning on the right on Old Vicarage Road and first left into Manor Road - Phoenix S.C. is on the left hand side.

### **Phoenix Sports & Leisure Centre**

Duce Drive, Dawley, Telford, TF4 3JS

#### **Directions:**

When travelling from either North or South on M6 leave at Junction 10A onto M54. Leave the M54 at Junction 4. Take the second exit off roundabout onto a dual carriageway signposted Telford Town Centre and Ironbridge. Straight over the next roundabout. At the second roundabout take the first exit onto the A442 continue on this dual carriageway until it runs into a single carriageway A4169. At the next roundabout (Castlefields) take the fourth exit onto Castlefields Way B4373. Travel for approximately 1 mile to the traffic lights. At the traffic lights turn right the school is on the right hand side at the top of the hill.

**Priory School & Tennis Centre**

Priory School & Tennis Centre, FAWCETT ROAD, Southsea, Portsmouth, Hampshire, PO4 0DL, 02392 819115

**Directions:**

Approaching Portsmouth along the A27 from the East. You will see Farlington Marshes on your left.

Look out for signs directing you to Portsmouth & Southsea and signs for PFC / Fratton park. On taking the slip road keep in the left hand lane. At the end of the slip road is a roundabout controlled by several sets of lights. You should turn left and shortly after doing so you will pass over a bridge onto Portsea Island. Follow this road (Eastern Road), with the sea to your left all the way to its end.

Towards the end of the Eastern Road you will pass a public house on your left The Good Companion and to your right is a long hedged wall which is the boundary of Milton Cemetery at the traffic lights here follow road round to the right keeping the cemetery on your right.. The Eastern Road ends at a next set of traffic lights, in front of you you will see The Big Yellow Storage building at these set of lights go straight across this will lead you past Fratton park and through a small set of mini roundabouts you will pass a Mac Donalds and KFC on your right, when you get to the final roundabout with the Etap Hotel and Subway on your left. Take a right on to Goldsmith Avenue you will pass Fratton Train Station on your right at the first roundabout after the station take the first left into Fawcett Road you will see the School on the corner, take the first right into Rugby Road, this is an old cobbled street and the school car park is on your right. Please note street parking is either 2hrs or 3hrs.

**Purbrook Park School**

Purbrook Park School, Park Avenue, Waterlooville, Hampshire, PO7 5DS, 02392 370351

**Directions:**

Southbound on A3(M):

Exit at junction 3 (Waterlooville/B2150), take 1st exit onto Hulbert Road (B2150).

After 0.5 miles, at the roundabout take the 4th exit onto Purbrook Way.

At the next roundabout take the 2nd exit onto Purbrook Way.

At the next roundabout take the 1st exit onto Purbrook Way.

After 0.5 miles, at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

Northbound on A3(M):

Exit at junction 4 (Purbrook/Leigh Park), take 1st exit onto Purbrook Way.

After 0.5 miles at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

**Queens Campus**

Stockton, University Boulevard, Thornaby, TS17 6BN, 01913 340145

**Directions:****By Bus**

Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.

**By Rail**

East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.

The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.

Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Auckland that stops at Thornaby and Durham.

**By Road**

Queen's Campus, Stockton is linked by the A66 to the A1(M) and the A19.

From A19 North to Queen's Campus, Stockton

1. Join the A66, signposted Stockton/Darlington
2. Take the first slip road from A66, signposted Teesside Retail Park/Tees Barrage
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.
4. Turn left at the roundabout.

From A19 South

Join the slip road for the A66 signpost Stockton/Darlington.

Keep on the slip road and follow the signs for the Barrage as described above.

**Queens School**

Aldenham Road, Bushey, Hertfordshire, WD23 2TY, 01923 224465

**Directions:**

Leave M1 at junction 5 towards A41 Watford (South) / Harrow.

At roundabout take 3rd exit onto Hartspring Lane (B462) Continue straight on Aldenham Road (B462).

Pass Costco and Metropolitan Police Club on left.

Queens School is on the left next to Police Club.

Website: [www.queens.herts.sch.uk](http://www.queens.herts.sch.uk)

**RAF Cranwell**

RAF Cranwell, Sleaford, Lincolnshire, NG34 8HB, 01400 261201 Ext 7232

**Directions:**

From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17 for approximately 12 miles. Turn left onto B1429.

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right then immediate left onto the B1429. Then as below.

RAF Cranwell is signposted from the A17 to the left onto the B1429. You will require passes from the Main Guardroom. Continue past College Hall to the Guardroom, on your left just past the Main Gate. The Sheikh Hamed Gym is back along the straight. Turn right before the LH bend (signposted Whittle Hall). The Car Park and Gym are 150m on the right.

**RAF Digby**

RAF Digby, Lincolnshire, LN4 3LH, 01526 327200 Ext 7451

**Directions:**

From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17. Then as below.

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right onto the A17 towards Sleaford. Then as below.

Continue towards Sleaford to the Holdingham Roundabout (with BK and McDs). Turn left onto the A15 for Lincoln. After approx 4 miles turn right onto the B1191 signposted Scopwick/Digby. RAF Digby is 2.5 miles down the B1191. Report to the Main Guardroom where you will be met by a RAF Volleyball rep and shown to the gym.

**Rawlett Community Sports College**

Rawlett Community Sports College, Comberford Road, Tamworth, B79 9AA

**Directions:**

Exit M42 at junction 10

Take A5 east towards Brownhills

Take 3rd exit for Ventura Park Retail

Third exit at next roundabout

Second exit at next roundabout

First exit at next roundabout 0 A51 Lichfield Rd

Second exit at next roundabout Coten Lane

At next T junction turn left - School on right (150yds)

**Redhill School Sports Hall**

Junction Road, Stourbridge, West Midlands, DY8 1JX, 01159 261481

**Directions:**

Redhill School Sports Hall:

From the M5, exit motorway on junction 3. Follow A456 in the direction of Kidderminster. Then turn right on the A491 in the direction of Stourbridge. At the traffic light at the Tesco Petrol Station, turn right onto the Glass House Hill/B4186. Down the hill, turn Left onto Red hill. At the top of the hill, turn right onto Junction Road. The car park and the sports hall are on the right hand side of the road.

**Ripley Leisure Centre**

Ripley Leisure Centre, Derby Road, Ripley, Derbyshire, DE5 3HR, 01773 514727

**Directions:**

From North: Leave M1 at Junction 28 and follow A38 south to Ripley.

From South West: Follow A38 north to Ripley

At Junction with A610 head for the town centre on B6441. At town centre turn right on to Derby Road. The Leisure Centre is approx 400m on right.

From South: Leave M1 at Junction 26 and follow A610 west to Ripley. Just prior to Ripley turn left onto Steamhill Lane, which becomes Peasehill Road. At triangular junction turn right on to Derby Road. The leisure centre is approx 400m on left.

**Riverside Recreation Centre**

Riverside Recreation Centre, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221771

**Directions:**

From the M5: At junction 31, merge left onto A30 (towards Bodmin/Okehampton). The road will swing round to the right and you will take the first exit off for the A377 (Exeter, Alphington, Crediton). At the roundabout, take the third exit (Exeter, Alphington, Crediton). Carry on straight up this road for approximately 1 mile, passing over the first junction (there will be a big Sainsburys on your right), the next junction (retail park on your right), the next junction (Aldi on the right), under a railway bridge, and the leisure centre is about 200yards beyond this on your left. There are traffic lights at the entrance, so turn in left towards the retail park/leisure centre and the turn left again behind the leisure centre, where there is parking available.

**Robin Park Arena**

Robin Park Arena, Loire Drive, Newton, Wigan, Lancashire, WN5 0UH, 01942 828550

**Directions:**

From the M6 and M61 follow signs for the JJB football stadium, the sports centre is opposite the stadium.

**Sacred Heart School**

Mersey Raod, Redcar, TS10 1PJ

**Directions:****Selby College**

Abotts Road, Selby, North Yorkshire, YO8 8AT,

**Directions:**

Directions to Selby College from the M1

From the M1 get onto the M60

Follow M62 to North Yorkshire. Take exit 34 from M62

Take A19 and A63 to Abbots Rd in Selby

At the roundabout take the second exit onto A19

At the roundabout take the third exit onto A63

At the roundabout take the first exit onto Bawtry Rd/A1041

At the roundabout take the third exit onto Abbots Rd.

College entrance on the left hand side

Directions to Selby College from the A1

From A1 to Darlington take the exit towards Darlington from A1

Head South on A1

At the roundabout take the 1st exit onto Leys Rd

Continue onto Leys Ln

Turn right onto Stubbs lane

Turn right towards Cobcroft Ln

Take first left onto Cobcroft

Continue onto Whitefield Ln

Follow A19 and A63 to Bawtry Rd/A1041

Follow Bawtry Rd/A1041 to Abbots Rd Selby

**Sir David Wallace Sports Hall**

New Sports Hall, Loughborough University, Loughborough, Leicestershire, LE11 3TU, 01509 263171

**Directions:**

From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The New Sports Hall faces onto the car park near to the Victory hall.

**Six Villages Sports Centre**

Westergates Community School, Lime Avenue, Westergate, Chichester, PO20 3UE, 01243 546830

**Directions:**

Follow A27 (5 roundabouts, Chichester by pass) towards to Arundel, Brighton.

At the Tangmear (6th roundabout on A27, take 2nd exit) stay on A27 towards to Arundel, Brighton.

On the 7th roundabout (Fontwell Horse Race on the left and Shell garage at the front) exit the roundabout onto Fontwell Ave/A29 (3rd exit, A29 Westergate, Bognor Regis).

Follow A29 to your destination in Westergate (1.3mi/3min) continue to follow A29 until roundabout

At the roundabout take 2nd exit to the right, keep follow A 29 for 200 yards.

Turn left onto Lime Avenue (garage on the left)

Destination will be on the left.

Westergate Community School, Lime Avenue, Westergate, Chichester, West Sussex, PO20 3UE.

Go through the gate to the end and go around the building on the right.

Sport hall located at the back of the building with own car park.

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If you are coming from east (Brighton etc), keep follow A27 towards Chichester  
By-pass Arundel, follow A27 until roundabout with A29 Westergate, Bognor Regis.

**South Downs College**

College Road, Waterlooville, Hants, PO7 8AA, 02392 797979

**Directions:****Southglade Sports Centre**

Southglade Sports Centre, Southglade Road, Bestwood, Nottingham, Nottinghamshire, NG5 5GU, 01159 151595

**Directions:**

From M1 J26 take A610 towards Nottingham. At roundabout take 2nd exit (sign posted A6002 to Bulwell & A611 Hucknall) continue on this road for about a mile, go straight on at roundabout, at second roundabout take the second exit. Follow the road through the set set of traffic lights until you come to a T junction (Morrisons in front of you). Turn left at the lights towards Hucknall. Through set of lights and pelican lights. Turn right at mini-roundabout, over bridge and turn left at 3rd set of lights into Top Valley Way. Go to roundabout and turn right onto Ridgeway follow the road and take the first turning on the right into Parkview Drive. Go to the end and turn right into Southglade Road, Leisure Centre is on the right.



**Spelthorne Leisure Centre**

Knowle Green, Staines, TW18 1AJ,

**Directions:**

Leave the M25 at Junction 13. At the roundabout take the 3rd exit on the A30 towards Staines/London.

After approx. 1 mile keep left to get onto the Crooked Billet roundabout (note that the main A30 continues straight through the roundabout).

Once onto the roundabout take the 4th exit signposted A308 Staines.

At the 2nd traffic lights (approx 500 yards) turn left which is signposted to the rail station.

Continue past the station and then over a bridge where the road crosses the railway line, and at the roundabout just after the bridge turn right, signposted 'Spelthorne Leisure Centre'.

The Leisure Centre is at the end of the road on the right hand side.

**Spire Academy**

Bredlands Lane, Canterbury, Kent, CT2 0HD, 01227 710392

**Directions:****Sports Central**

Northumbria University, Northumberland Road, Newcastle, NE1 8ST, 01912 274700

**Directions:**

Take the A1(M) Northbound. Stay in the left hand lanes and follow the A1.

After 4.8 miles exit onto the A184 sign posted the city centre. Follow this road for 1.4 miles and take the slip road sign posted for the Gateshead Quays.

At the roundabout take the 3rd exit onto the A184 continue on this road through two sets of traffic lights and turn left at the 3rd set onto the A167 and cross over the Tyne bridge. Take the second turn off after exiting the Tyne bridge onto the A193. At this roundabout take the third exit for the A193.

Stay in the left hand lane and after 100 yards the traffic light will filter left behind Northumbria University Business school. At the end of this road is the most suitable car park.

It is then a 5 minute walk to sport central. You will need to walk over the bridge by the car park. Then follow the pathway straight ahead of you past the 3 statues and under the building arch. Sport central will then be on the right after the arch.

Directions can also be found from the following website:  
<http://www.nusportcentral.co.uk/about-us/how-to-find-us>

**Sports Dock**

University Way, London, E16 2RD

**Directions:**

**Sports Training Village (University of Bath)**

Sports Training Village, University of Bath, Claverton Down, Bath, BA2 7AY, 01225 386339

**Directions:**

The University campus is situated on Claverton Down, to the east of Bath. The A4 and A36 roads run through the city; the M4 motorway is approximately 10 miles distant.

If approaching from the M4, leave the motorway at junction 18 and follow the A46 south 8 miles to the Bath exit from the new dual carriageway.

Turning right here brings you on to the A4 westbound to Bath. After 1.5 miles turn left at the traffic lights (signposted 'City Centre A36'); after 700 yards turn left at the roundabout towards Warminster. In approximately 300 yards turn right into North Road (signposted 'Claverton Down'). The Quarry Road entrance to the campus is on the left towards the top of the hill (approximately 1 mile); the Norwood Avenue entrance is half a mile further on in Claverton Down Road.

If approaching from the city centre, the A4 or the A36 eastbound follow signs to 'Warminster', 'Claverton Down', 'American Museum' and 'Park & Ride (University)'.

If approaching from the A36 (northbound) follow signs to 'Claverton Down'

**St Benedicts School**

St. Benedicts School, Eaton Rise, Ealing, London, W5 2ES, 07902 890157

**Directions:**

From North: M1 Junction 1 - North Circular (A406 west). Follow road for about 5 miles to Hanger Lane gyratory system (large roundabout). Stay on A406 towards Ealing / Kew Road. Road narrows to two lanes. Turn Right into Hillcrest Road at 1st set of lights. Take the third right into Montpelier Road, continue to roundabout. Left into Eaton Rise, 1st right into Marchwood Crescent. Gates to school 50m on right.

From South: From the end of the M3, continue on A316 for approx 7 miles. Cross the River Thames on Twickenham Bridge. After about 1/2 mile turn left on A307 (Kew Road) continue for 2 miles over Kew Bridge. Join A406 East and continue under flyover towards Hanger Lane. This is also the last exit from M4 eastbound. After 1 1/2 miles on A406 turn left into Hillcrest Road, then as above.

**St Edmund Arrowsmith Catholic High School**

Rookery Avenue, Ashton - In - Makerfield, Wigan, Lancashire, WN4 9PF

**Directions:**

From M6 North

At M6 junction 23, exit toward St Helens/Liverpool/Southport/A5809.

Merge onto A580 Rd/E Lancashire Rd/A49 (signs for Ashton)

Slight right onto E Lancashire Rd/A49

Slight left onto Lodge Ln/A49 (signs for Ashton)

Continue to follow A49

Turn left onto Vicarage Rd

Take the 1st left onto Rookery Ave

From M62 / M6 South

Follow signs for Manchester/Bradford/M62 and merge onto M62

Continue onto M60

At junction 12, exit onto M62 toward B'ham/Chester/M6

At junction 10, exit toward M6 (S)/Birmingham/Chester/M56

Keep right at the fork and merge onto M6

At junction 23, exit toward St Helens/Liverpool/Southport/A580

Merge onto A580 Rd/E Lancashire Rd/A49 (signs for Ashton)

Slight right onto E Lancashire Rd/A49

Slight left onto Lodge Ln/A49 (signs for Ashton)

Continue to follow A49

Turn left onto Vicarage Rd

Take the 1st left onto Rookery Ave

**St Pauls Catholic College**

St Pauls Catholic College, Jane Murray Way, Burgess Hill, , West Sussex, RH15 8GA, 01444 873898

**Directions:**

Directions to St Pauls:

From A23 Southbound - take exit from A23 toward Burgess Hill/Hickstead/Twineham A2300. At roundabout at end of slip road turn left. Go straight over first roundabout (2nd exit) at the next roundabout take immediate left which the entrance to St Pauls Catholic School.

From A23 northbound - take exit from A23 toward Burgess Hill/Hickstead/Twineham A2300. At roundabout at end of slip road turn right over the A23. At next roundabout go straight over. Go straight over the next roundabout (2nd exit) at the next roundabout take immediate left which the entrance to St Pauls Catholic School.

**St. Albans High School for Girls**

Townsend Avenue, St. Albans, Hertfordshire, AL1 3SJ

**Directions:****St. Clement Danes**

St. Clement Danes, Chenies Road, Rickmansworth, Hertfordshire, WD3 6EW, 01923 284169

**Directions:**

From junction 18 of the M25 take the A404 towards Chorleywood. Pass over two sets of traffic lights. The school is on the left, approximately 1 mile from the M25.

**St. Gregory's the Great School**

St. Gregory's the Great School, Cricket Road, Oxford, Oxfordshire, OX4 3DR, 01865 749933

**Directions:**

From M40:

Exit M40 Junction 8 onto A40 towards Oxford. Continue on the A40 until the Headington Roundabout. At this roundabout take the first exit onto the 4142. Take the A4142, proceed until the BMW Cowley car plant on your left. Right after the BMW, take the exit signposted Cowley. At the roundabout take the fourth exit onto the B480, signposted Cowley. Continue on the B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

From A34:

Exit the A34 at South Hinksey for Oxford and follow the sign for the Ring Road (A423) direction Cowley. Go through three roundabouts always following Ring Road (first A423 then A4142) signposted Cowley. Take the Cowley Exit. Exit the roundabout at the first exit onto B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

**Stowupland Sports Centre**

Stowupland High School Community Sports Centre, Church Road, Stowupland, Suffolk, IP14 4BQ, 01449 672531

**Directions:**

Leave A14 on to A1120 on Stowmarket bypass. Follow signs to Stowupland and Oxford. Approx. 1 mile, look for Crown public house, entrance to school directly after. Sports Hall at far end of school road.

**Sugden Sports Centre**

Sugden Sports Centre, 114 Grosvenor Street, , Manchester, Greater Manchester, M1 7HL, 01613 064026

**Directions:**

FROM NORTH/NORTH EAST: From M62 follow Stockport/Airport signs onto M60. Leave M60 at J11 onto A57 signposted City Centre, continue along this road (it becomes a flyover). Keep to nearside lane for 200 yards and leave at next exit, signed A34 congleton. Fork right on slip road, into Sackville Street. Take first left into Charles Street, turn left at traffic lights, then right at next lights, into Grosvenor Street.

FROM NORTH WEST (LIVERPOOL): Leave M6 at J20 for M56, continue to end, this becomes Princess Parkway A5103. After 3 miles turn right at Whalley Range High School into Wilbraham Road A6010, signposted Sheffield. After one mile, turn right into Wilmslow Road (A6010) which becomes Oxford Road (B5117). After 2 miles turn rights into Sidney Street, turn right into York Street.

FROM SOUTH: From M6 North to M56, continue to end, this becomes the Princess Parkway A5103. Follow directions from West/North West above.

**Sunderland College**

Bede Campus, Durham Road, Sunderland, SR3 4AH

**Directions:**

**Sunderland University**

City Space, Chester Road, Sunderland, SR1 3SD, 01915 153696

**Directions:**

Follow A1 North

At exit 62, take slip road left for A690 toward Durham/Sunderland/Consett

At roundabout, take 3rd exit onto A690

Pass through 3 roundabouts, remaining on A690

University and sports hall on left.

Parking nearby.

## **Surrey Sports Park**

University of Surrey, Richard Meyjes Road, , Guildford, Surrey, GU2 7AD, 01483 689111

### **Directions:**

#### **DIRECTIONS**

Link: <http://www.surreysportspark.co.uk/Contact/howtofindus/>

#### **By Car**

Guildford is 30 miles south-west of London, on the A3 London-Portsmouth road. If approaching from London or the M25 (Junction 10), remain on the bypass (A3) until you reach the exit signed to the Cathedral and University. At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If approaching on the A322 or A323 from Bagshot or Aldershot, at the A3 roundabout take the exit signed to Portsmouth, and then turn off the A3 at the first exit (signed to the Cathedral and University). At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If entering Guildford from Horsham (A281) or Godalming (A3100), leave the central gyratory system at the exit signed for Farnham (A31). After approximately 200 yards, at the mini-roundabout, take the first turning right into Guildford Park Road, and continue along Madrid Road and The Chase for a mile. At the next roundabout, take the first exit and follow the signs to the Royal Surrey County Hospital for approximately a mile. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

#### **By Train**

Guildford is on the main line between London Waterloo and Portsmouth. Half-hourly train services run from Guildford to Waterloo, with journey times of 40 minutes. For further information, call National Rail Enquiries on 08457 484950.

#### **From the railway station**

**Walking:** Leave station by footbridge and rear exit. Turn right from the station along Guildford Park Road and continue along Madrid Road and The Chase for a mile. Follow the path past the Guildford Cathedral to the main University of Surrey campus entrance. At the entrance turn left through the woodland area and follow the path through two underpass tunnels until you reach Tesco's. Follow the main road around left (Egerton Road) until the mini-roundabout at the entrance of the Royal Surrey County Hospital. The entrance to Surrey Sports Park should be visible on the left-hand side via Richard Meyjes Road. (20-25 mins)

**Bus:** ARRIVA buses (leave station by footbridge and rear exit, cross main road to bus stop) operates a regular service to Surrey Sports Park via its 36 and 37 bus services, which currently provide a 20 minute frequent link during the main part of the day on Mondays to Saturdays, and every half-hour during the evenings and Sundays.

Egerton Road and the Royal Surrey County Hospital are also both a few minutes walk to Surrey Sports Park, which you can access from services 3, 4, 5, 26, 27, 36 and 37 run approximately every ten minutes during the day. The earliest service is at approximately 6am and the last bus is just before midnight. On Sundays there is a reduced service. For further information, call Traveline on 0870 608 2608.

**Sutton Bonington Sports Centre**

College Road, Sutton Bonington, Leicestershire, LE12 5RD, 01159 516444

**Directions:**

Leave M1 at Jct 24, At Roundabout take exit to Kegworth A6, After 0.5 miles turn left onto Side Ley and continue onto Station Road, After 0.8 miles turn right to stay on Station Road, at Xroads turn right onto College Road, Sports Centre on left after 0.5 miles.

**Telford College of Arts and Technology**

Haybridge Road, Wellington, Telford, Shropshire, TF1 2NP, 01952 642200

**Directions:**

From the M6 continue on M54, follow signs for Wales/Telford/Wolverhampton/Shrewsbury/A5

At junction 6, take the A5223 exit to A442/Telford(West)/Whitchurch

At the roundabout, take the 3rd exit onto Whitchurch Dr/A5223 (Past Tesco's)

Go straight over the Retail Park roundabout onto Whitchurch Dr/A5223

At the roundabout go straight over, taking the 2nd exit onto Whitchurch Dr/A5223

At the roundabout turn left onto Haybridge Rd, over the bridge, take the 1st left into Telford College of Arts and Technology (TCAT - College Campus)  
The sportshall is at the end of the car park next to 'The Dome'

**Tendring Technology College**

Tendring Technology College, Rochford Way, Frinton-on-sea, Essex, CO13 0AZ, 01255 672116

**Directions:**

From A12 South: Head toward Colchester and then follow signs for Clacton. \*Take A120 to Clacton and A133 for Frinton and Walton. Continue straight on towards Frinton level crossing and turn left into Elm Tree Avenue. Turn 2nd right into Rochford Way. College opposite shopping centre.

From A12 North: A12 turn off for Colchester. At roundabout take Clacton turn-off on A120, continue directions as above from \*.

**The Queen Elizabeth Diamond Jubilee Leisure Centre**

50 Duns Lane, Leicester, LE3 5LX, 01162 506400

**Directions:**

**The Woodcock Sports Centre**

Woodcock Sports Centre, Woodcock Street, Aston University, Birmingham, B4 7ET

**Directions:**

Campus Map - <http://www.ubvc.co.uk/downloads/aston-campus.pdf>

City Centre Map - <http://www.ubvc.co.uk/downloads/city-centre-2009.pdf>

Directions - <http://www.ubvc.co.uk/club/directions/woodcock.html>

**Travelling by car**

From whichever direction you are approaching Birmingham, Aston University is best reached from the M6 motorway (not the new M6 Toll, which bypasses the city).

Exit the M6 at Junction 6, and follow signs for the A38(M) to the city centre. Ignore signs to 'Aston'.

Stay on the A38(M), Aston Expressway, for approximately two miles until you reach the third exit. This is just after you pass the overhead 'End of Motorway' signs. Aston University is signposted from here. You will see the Aston University Main Building on your left.

Take the LEFT filter lane here, and at the Lancaster Circus roundabout (next to the Fire Station) take the first exit left into James Watt Queensway

Take the first left turn into Aston Street, which immediately after you come off the roundabout.

Follow Aston Street right to the very end, and turn left again; the Woodcock Sports Centre is on your left.

Free parking is available in the car park to the right of the Sports Centre as you face it from 6pm on weekdays and at weekends.

Please note: some visitors to Aston have reported that their satellite navigation systems have directed them off the motorway too early, onto ring roads and less obvious routes. We recommend drivers use maps initially and try to adhere to the directions above. Aston University's postcode is B4 7ET.

**Travelling by Train**

Birmingham New Street Station is the nearest main-line station to Aston University, a short, flat 15 minutes walk away through the main shopping areas of the city. The station has direct lines to most parts of the UK and many local services.

Some regional and national services arrive at Birmingham Snow Hill and Moor Street stations, which are a short ten minute walk from campus.

**Travelling by Bus**

Because of our central Birmingham location many bus routes pass close to the Aston University campus.

To plan your journey by bus, visit the Travel West Midlands website - <http://nxbus.co.uk/west-midlands/>

**Thomas More Catholic School**

Russell Hill Road, , Purley, Surrey, CR2 8XP

**Directions:**

By train;

Thomas More is approximately a ten minute walk from Purley Station. There are regular services to and from east Croydon and Clapham Junction, taking no more than twenty minutes.

By road;

Russell Hill Road is off the one-way system at Purley roundabout. It can be accessed via the A23.



**Tor Bridge Sports Centre****Directions:****Trinity Arts & Leisure**

Bedford High School, The Bedford Sixth Form, Bromham Road, Bedford, MK40 2BS,  
01234 291777

**Directions:**

Trinity Arts and Leisure is right in the centre of Bedford, very near the Bus and Train stations.

From the M1 north leave at junction 14. Take the A422, following signs for Bedford. The school is directly on the road into Bedford. Keep going straight as you enter the town, and the school is to your left at the second traffic lights junction.

From the M1 south leave at junction 13, then follow the A421 to Bedford. Follow signs for Bedford town centre via the exit at the A6 junction. Go straight on this road for about a mile and a half and then take a left at the junction after the main entrance to Bedford Hospital. Take a right at the next T junction and then take a left directly after the bridge onto Prebend St and cross the river. At the end of that road take the second left at the roundabout. Follow this road around, it will pass Bedford train station and then take a right at the next mini-roundabout. The school is on the left at the second traffic lights junction.

From the A1, north or south, take the A421 to Bedford at the Black Cat roundabout. Follow the signs into Bedford town centre via the exit at the A6 junction. Then follow the directions as above from the A421/A6 junction.

Email: [enquiries@trinityleisure.co.uk](mailto:enquiries@trinityleisure.co.uk)

[http://www.bedfordsixthform.ac.uk/trinity\\_arts\\_leisure/how\\_to\\_find\\_us.aspx](http://www.bedfordsixthform.ac.uk/trinity_arts_leisure/how_to_find_us.aspx)

**Truro Leisure Centre**

College Road, Truro, TR1 3GA, 01872 261628

**Directions:****UEA Norwich Sports Park**

UEA Norwich Sports Park, University of East Anglia, Norwich, Norfolk, NR4 7TJ, 01603 592398

**Directions:**

The Sportspark is located on the University Drive as you enter the campus off Earham Road. Sportspark has its own car park (free of charge to Sportspark users).

From London take the M11/A11; just outside Norwich take the A47 (Southern Bypass) in the direction of Swaffham. The University is signposted off at the next exit.

If you are driving from the North or the Midlands, you can use the A47 via King's Lynn, or the new A14 as far as Newmarket and then take the A11 to Norwich.

UEA is situated on the outskirts of Norwich, around two and a half miles West of the City Centre, just off the Earham Road (B1108) which is one of the main roads out of the City.

**University of Bristol**

University of Bristol, Centre for Sport, Exercise and Health, Tyndall Avenue, Bristol, Avon, BS8 1TJ, 01179 288810

**Directions:**

Follow the M32 until the end. Turn right, at the roundabout take the second exit (to BRI). Follow this round for about a mile. You pass an NCP car park on the left, 100 yards down the road you turn right into Woodland Road. On the top of the hill turn right into Tyndall Avenue. The second building on the left is the Sports Centre.

**University of Chester**

Parkgate Road, Chester, CH1 4BJ, 01244 511000

**Directions:****BY CAR**

Sat Nav - CH1 4AR

Chester is linked directly to the national motorway system via the M53. University of Chester campus hall is situated along Parkgate Road (A540), which is a continuation of Northgate Street leading out from the city centre. Access to the main car park is by the Exton Park entrance.

**BY RAIL**

Chester is well served by the railway network and has frequent, fast rail links to major cities in the UK. Journey times are: Manchester 1hr 10mins to 1hr 30mins. Liverpool is approximately 45mins away and there are four trains an hour between Liverpool and Chester.

Parkgate Road Campus is 20 minutes' walk from Chester Railway Station, and a taxi will cost approximately £5. A bus service runs at regular intervals between the Railway Station and Chester City Centre. The Parkgate Road Campus is only ten minutes' walk from the city centre.

**University of East London (Sports Dock)**

Docklands Campus, University Way, London, E16 2RD, 02082 236888

**Directions:**

From Cyprus Station on the DLR.

Walk towards the University and turn left walking along University Way alongside the Royal Albert Dock. When you reach the barrier on the Road turn left under the DLR, and there is an entrance just to your left, or you can walk round to the front entrance.

From Gallions Reach station on the DLR - slightly shorting walking distance. Walk halfway round the Roundabout clockwise entering University Way, and SportsDock is the building in front of you.

By Road, the SportsDock is off the Gallions Roundabout on the A406 NorthCircular at its far eastern end just before the Woolwich Ferry. SportsDock is Signposted off the Roadabout, along with University of East London. As you leave the Roundabout there is a barrier leading to the University, and a right turn immediately before that leads to the Sports Centre Car Park.

**University of York Sports Centre**

Sports Centre, University of York, Heslington, York, YO10 5DD, 01904 433855

**Directions:**

From the A64, take the A19 exit and take the 1st exit towards York. After 1/2 mile turn R at traffic lights into Heslington Lane (signpost Fulford Golf Club). Continue straight on at mini roundabout and in about 1/4 mile turn L into the university. The Sports Centre is just to the left. Parking adjacent to the Sports Centre.

**University Park Sports Centre**

University of Nottingham, University Park, Nottingham, NG7 2RD, 01159 515516

**Directions:**

Leave M1 at Jct 25, At roundabout take 4th Exit A52 Nottingham continue through 2 Rdts, After 4 miles take 3rd exit (Rdt) onto Woodside Road/ A6464, After 0.5 miles turn left at Rdt into University Park/Beeston Lane, After 0.3 miles take 5th left, Sport

**USW Sport Park**

University of Glamorgan, Trefforest Industrial Estate, Pontypridd, Mid Glamorgan, CF37 5UP, 0800 716925

**Directions:**

By Road (From M4)

Exit the M4 at J32 and travel north on the A470 for about 4 miles. Exit the A470 at the junction marked A4054 and take the first exit into the Trefforest Industrial Estate (A4054). You will see signs for Glamorgan Sport Park on your left, just before the ATS building.

**USW Sports Centre Newport**

UCWN Caerleon Campus, Lodge Road, Caerleon, Newport, Glamorgan, NP18 3NT, 01633 432432

**Directions:**

M4 Westbound, Junction 25 follow the signs for Caerleon (you will cross the M4 and appear to go back in the other direction). Follow signs for Caerleon B4596, left at roundabout, this is Caerleon Road. Stay on this road into Caerleon itself, you will bear left over stone bridge over the river. Follow the one way system into the village. The next turning is left at chip shop just before the village green, this is Lodge Road (Drovers Arms Pub on right). Follow this road over the railway bridge and the College is signposted. Turn right into College (St. Cadoc's hospital is on the left). Turn 1st left after the booth, follow road around to the right up a slight incline, car park and gym ahead.

**UWIC, Cyncoed Campus**

UWIC, Cyncoed Campus, Cyncoed Road, Cardiff, CF23 6XD,

**Directions:**

From the M4 (East, towards South Wales)

Exit the M4 at Junction 29 (sign posted A48)

Take the A48 at the exit sign posted Cardiff East/Cardiff Bay/Docks

Turn right (3rd exit) at the roundabout 'Circle Way W'

At the next roundabout take the 2nd exit sign posted NIAC (National Indoor Athletics Centre in UWIC)

Follow the road up the hill and NIAC entrance is on the left

Follow the campus road round and down the hill, go past the tennis centre and take a left towards the 'SPORTSHALL'

**Victory Hall**

Victory Hall, Loughborough University, Loughborough, Leicestershire, LE11 3TU, 01509 263171

**Directions:**

From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The Victory Hall is straight in front of you. There are changing facilities in the Sports Hall which also faces onto the car park near to the Victory hall.

**Vision West Nottinghamshire College**

Derby Road, Mansfield, Notts, NG18 5BH, 01623 413354

**Directions:**

From M1 J27, take A608 towards Mansfield. After 1 mile, turn left on to A608 towards Mansfield. After 4 miles, turn right on to Caudwell Road. Turn left in to Sports Hall car park.

From M1 J28, take A38 towards Mansfield. After 4 miles, turn right onto A617. After 2 miles, turn left on to A60. After 100m, turn left on to Caudwell Road. Turn right in to Sports Hall car park.

**Voyager Academy**

Mountsteven Avenue, Walton, Peterborough, PE4 6HX, 01733 383888

**Directions:**

Directions: (from the North or the South on A1)

A1/Old Great N Rd

Take A47 exit towards Peterborough (North)/Leicester

At the roundabout take the 1st exit onto A47

Go over 1 roundabout to continue on A47

At junction 17, exit toward City Centre/Marholm/Crematorium

At the roundabout, take the 2nd exit

At the roundabout, take the 1st exit onto Lincoln Rd/A15

At the roundabout, take the 3rd exit onto Mountsteven Ave

Destination will be on the left - PE4 6HX

**Watershed Youth Centre**

Upperton Road, Bede Island, Leicester, Leicestershire, LE2 7AU, 01162 232347

**Directions:**

<https://maps.google.co.uk/maps?aq=f&q=DE23+2FS&ie=UTF-8&hl=en>

**Welbeck College**

Forest Road, Woodhouse, Loughborough, Leics, LE12 8WD, 01509 891700

**Directions:****Western Leisure Centre**

Caerau Lane, Ely, Cardiff, CF5 5HJ, 02920 675060

**Directions:**

Take M4 west to Cardiff, take Jct 29 exit marked A48(M) Cardiff (E&S.) Follow dual carriageway past University Hospital on right and Tesco extra on left. Continue on A48 for a few miles and at roundabout, take second exit (right) onto A48/Cowbridge Road West. Follow this road past ALDI and fire station on left. Go past Amroth Road and turn left on Caerau Lane (This is at a traffic light.) Western Leisure Centre entrance is on your left.

**Whitby High School**

Whitby High School, Sycamore Drive, Whitby, Ellesmere Port, Cheshire, CH66 2NU, 01513 558445

**Directions:**

Leave M53 at junction 10. Follow the A5117 to Ellesmere Port and Queensferry. Cross 2 roundabouts and at the 3rd turn right onto Chester Road. Take the 2nd left into Sycamore Drive and the entrance to the school is on the right.

**Whitby Leisure Centre**

West Cliff, Whitby, North Yorkshire, YO21 3HT, 01947 604640

**Directions:**

From the South

A1M – take junction 44, exit towards A64/York Merge onto the A64 and continue to follow the A64 for about 30 miles.

Take the A169 exit towards Whitby/Pickering/Malton/ (follow the A169 for about 25 miles)

At the roundabout take the third exit A171/Whitby. Take a slight left onto the B1460 (West Cliff). At the roundabout take the 1st left. At the next roundabout take the 3rd exit. Follow signs for leisure centre.

**Whitechapel S.C.**

Whitechapel S.C., Durward St, Whitechapel, London, E1 5BA,

**Directions:**

By Public Transport:

Take tube to Whitechapel (District, Hammersmith & City). Come out station, turn right, then right through an alley, across bridge, and Sports Centre is on your left.

From West through West End

From M3, M4 or A4 through West End to Piccadilly, right down Haymarket (A301) to Victoria Embankment, left onto A3211 to City. At Tower Hill left on A1210 heading for A11. After 3/4 mile on A11 (Whitechapel Road) turn left before the market into Vallance Road and then right in Durward St. Sports Centre on left.

Avoiding West End:

From M4, M3 or M40 head towards A40M Westway. After the Marylebone flyover this becomes A501, follow to Kings Cross, turning right onto A201 Kings Cross Road / Farringdon Road to Blackfriars. Turn left into A3211 (Queen Victoria Street) and follow A3211 to Tower Hill. Then as above.

From North:

Leave M1/A1 via the A1, following this road across the North Circular (A406), and continue south for 5 miles to Highbury and Islington. Turn left onto A104 for 1 1/2 miles, and continue east on A1207 to Hackney, then turn right onto A107 (Mare Street) south for 2 miles. Turn right at the end of road into Whitechapel Road (A11), pass Whitechapel Tube and London Hospital, then right into Vallance Road. Then as above.

From East:

Follow A11 to Whitechapel, passing London Hospital then right into Vallance Road. Then as above.

Local Radio for news of Demonstrations, Road Works etc. (LBC 1152, or News Radio 97.3)

**Woodchurch High School Sports Centre**

Carr Bridge Road, Woodchurch, Wirral, CH49 7NG, 01516 778844

**Directions:**

From the M53.

Turn off at Junction 3 onto the A552 (Woodchurch Road) heading towards Arrow Park and Heswall. Go past ASDA on your right then take the next right turn (you'll need to pay attention to make sure you get into the right hand lane in time) into Ackers Road. After about 50m turn right at the roundabout into Home Farm Road and continue down to the T-junction where you should turn left into New Hey Road. Follow the road round for about 500m then turn right at the mini roundabout into Carr Bridge Road. Keep going past the school and Woodchurch High School Sports Centre is on the right.

**Woodlands Community School**

Woodlands Community School, Minstead Avenue, Harefield, Southampton, Hampshire, SO18 5FW, 02380 463303

**Directions:**

From M3, head east bound on M27 until junction 7. At roundabout take 4th exit on A334. At roundabout take 4th exit into Moorhill Road (also know as A27). Continue on this road and take the 4th exit on the left, sign posted Harefield into Cheriton Avenue. Drive along this and turn right into Minstead Avenue just past the Hare and Hounds Pub. Woodlands Community College is located just over the rise of the hill on the left hand side.

**York College**

York College, Sim Balk Lane, York, North Yorkshire, YO23 2BB, 01904 770200

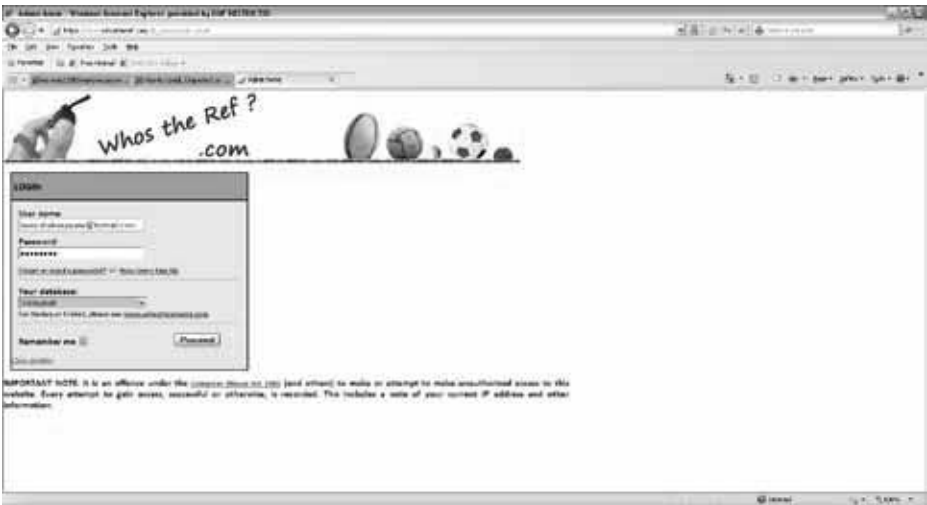
**Directions:**

From A46 Eastbound, take the exit towards York West, A1036. At the traffic lights after 200 yards turn right into Sim Balk Lane. Take first left into the car park.

# ***Fixtures & Appointments***

## How to access and use Who's The Ref

Navigate to [www.whostheref.com](http://www.whostheref.com) and select Login from the Top Right Hand Side. Your user name is your e-mail address, select Volleyball from the database list and select the Forgot or need a password option. When you have a password select the Proceed button.



On the opening screen select the Here on the screen to bring up this screen



On the Contacts tab you search for any contact in WTR (Referees/Team Fixtures Secretaries/Administrators)

In Fixtures you can restrict by date, Team, Competition





In this example I have looked for a particular week end for a particular team which shows a match with a warm up of 12:00 at Kendricks School with no currently confirmed Referees

Note any time you see a Magnifying Glass you can click it for details; hovering over the notes will give you the Match No. (except on iPad)



In this example picking the team only shows 2 of the matches in a triangle so select by date and competition to get all 3



Teams are shown in Red to indicate they have more than one match on the day.

Clubs shows both Clubs and Venues



So Guildford in the Club Name shows me the Club (2 Teams no address) and the Venue (no Teams but an address)



Guildford in the address shows me the 2 venues in Guildford

[illegible]

Web Browser - Windows Internet Explorer produced by HP 10100 101

http://www.volleyball-england.co.uk

Home About Contact Features News Competitions Links Team Logout

**VOLLEYBALL ENGLAND**

**GET INTO VOLLEYBALL**

Home About Contact Features News Competitions Links Team Logout

**Teams - View**

Name	Address	Telephone	Email	Website	Club
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101
Barnet & Uxbridge	10100 101	10100 101	10100 101	10100 101	10100 101

Number of rows displayed: 10

The screenshot shows a web browser window with the address bar displaying 'http://www.volleyball-england.co.uk/'. The page title is 'Volleyball England'. The main content area has a header with the 'VOLLEYBALL ENGLAND' logo and the text 'GET INTO VOLLEYBALL'. Below the header, there is a search bar with the text 'Search' and a button 'Go'. The search results are displayed in a table with the following columns: Rank, Club, Address, Location, Level, Gender, Volleyball Sport, Club, and Volleyball Location. The table lists three results, all for 'Volleyball England'.

Rank	Club	Address	Location	Level	Gender	Volleyball Sport	Club	Volleyball Location
1	Volleyball England	100, The Quadrant, London, W1A 0AB	London	1	Men	Volleyball	Volleyball England	100, The Quadrant, London, W1A 0AB
2	Volleyball England	100, The Quadrant, London, W1A 0AB	London	1	Women	Volleyball	Volleyball England	100, The Quadrant, London, W1A 0AB
3	Volleyball England	100, The Quadrant, London, W1A 0AB	London	1	Children	Volleyball	Volleyball England	100, The Quadrant, London, W1A 0AB

Number of rows displayed: 3

You can search in contacts for all Officials in Hampshire

Web-based Volleyball Explorer powered by NVL 2014-15

Home | Contacts | Appointments | Events | Competitions | Clubs | Teams | Logout

Contacts - View

Search: [Name] [Filter] [Go] [Reset]

Name	Active	Club	Member ID	Registration	Status	Role	DOB	Level	Team
John Smith	Y		123456	Inducted	Active	Referee	1975-01-01	1	
Jane Doe	Y		234567	Inducted	Active	Referee	1978-02-15	1	
Michael Brown	Y		345678	Inducted	Active	Referee	1979-03-10	1	
Emily White	Y		456789	Inducted	Active	Referee	1980-04-20	1	
David Green	Y		567890	Inducted	Active	Referee	1981-05-25	1	
Sarah Black	Y		678901	Inducted	Active	Referee	1982-06-30	1	
James Grey	Y		789012	Inducted	Active	Referee	1983-07-15	1	
Anna Gold	Y		890123	Inducted	Active	Referee	1984-08-20	1	
Robert Silver	Y		901234	Inducted	Active	Referee	1985-09-25	1	

Number of rows displayed: 9

Web-based Volleyball Explorer powered by NVL 2014-15

Home | Contacts | Appointments | Events | Competitions | Clubs | Teams | Logout

Contacts - View

Search: [Name] [Filter] [Go] [Reset]

Name	Active	Club	Member ID	Registration	Status	Role	DOB	Level	Team
John Smith	Y		123456	Inducted	Active	Referee	1975-01-01	1	
Jane Doe	Y		234567	Inducted	Active	Referee	1978-02-15	1	
Michael Brown	Y		345678	Inducted	Active	Referee	1979-03-10	1	
Emily White	Y		456789	Inducted	Active	Referee	1980-04-20	1	
David Green	Y		567890	Inducted	Active	Referee	1981-05-25	1	
Sarah Black	Y		678901	Inducted	Active	Referee	1982-06-30	1	
James Grey	Y		789012	Inducted	Active	Referee	1983-07-15	1	
Anna Gold	Y		890123	Inducted	Active	Referee	1984-08-20	1	
Robert Silver	Y		901234	Inducted	Active	Referee	1985-09-25	1	
Thomas Copper	Y		012345	Inducted	Active	Referee	1986-10-30	1	
Laura Bronze	Y		123457	Inducted	Active	Referee	1987-11-15	1	
Christopher Iron	Y		234568	Inducted	Active	Referee	1988-12-20	1	
Michelle Tin	Y		345679	Inducted	Active	Referee	1989-01-25	1	
Benjamin Lead	Y		456780	Inducted	Active	Referee	1990-02-28	1	

Number of rows displayed: 15

Points to note:

If you find that any of the match information is incorrect please e-mail me on [martin.shakespeare@ntlworld.com](mailto:martin.shakespeare@ntlworld.com) with your corrections

You will get e-mail notifications of any changes to match details (date/time/venue) – you still need to let the away team know

If you are the first named team in match 2 of a triangle WTR thinks you are the home team – please forward the e-mail to the hosting team of any changes you receive

If you arrange your own referees for a fixture please also let me know so I can update WTR to save me (or the other appointers) trying to find you Referees; Referee Commission will try and find Refs for unappointed fixtures up to 2 weeks beforehand – after that it is your responsibility. Ensure that if you are going to use unregistered Referees that you follow the NVL Regulations to do so and in any event please let me know who you will use so I can record it in WTR.

Play as much as you like – you can't break it!

If you need to change your details find yourself in contacts and when you click the magnifying glass you will get an edit icon (pencil on paper). Make changes and press green tick to save.

Any questions please e-mail me as above

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.20/09/2014	5	M1	Danes Watford	Birmingham	St Clement Danes School	17:30	18:00
Sat.20/09/2014	6	M1	London Lynx 2	London Knights LS KVC	SportsDock, UEL	13:00	13:30
Sat.20/09/2014	2	M2N	Nottingham Rockets 1	Team Birmingham Volleyball Club		11:30	12:00
Sat.20/09/2014	3	M2N	Team Loughborough - Lions	Northumbria / Middlesbrough Academy		17:30	18:00
Sat.20/09/2014	4	M2N	Newcastle Strife 2	Leicester VC	Leicestershire University SC	11:30	12:00
Sat.20/09/2014	3	M2S	Dartford Volleyball Club (Mens)	City of Bristol	Dartford Technology College	12:00	12:30
Sat.20/09/2014	4	M2S	Solent 2	Exeter Storm	Itchen College	11:15	11:45
Sat.20/09/2014	28	M2S	Team Southampton	Wessex M3	Crestwood College	17:30	18:00
Sat.20/09/2014	3	M58	City of Sheffield	London Lynx 1	All Saints, Sheffield	13:45	14:15
Sat.20/09/2014	2	M2N	Newcastle (Stiffs) Ladies	Birmingham	Keele University SC	14:30	15:00
Sat.20/09/2014	59	W2N	Nottingham Rockets	Black Country Redhill Tigers		15:00	15:30
Sat.20/09/2014	2	W58	City of Salford VC	Swiss Cottage	Fit City Eccles	14:00	14:30
Sat.20/09/2014	1	W58	Polonia SideOut London	Malory Eagles (London)	St Benedicts School	14:30	15:00
Sun.21/09/2014	5	M2S	Wessex M3	Solent 2	LeAF Academy	11:30	12:00
Sun.21/09/2014	85	M2S	Richmond VB	Hordean Volleyball Club	Kingsdon Arena	13:30	13:30
Sun.21/09/2014	2	M3C	Peterborough Harriers Men	St Albans Harriers	RAF Cranwell	12:30	13:00
Sun.21/09/2014	2	M3C	RAF Harriers	Peterborough Harriers Men	RAF Cranwell	14:30	15:00
Sun.21/09/2014	2	M3C	RAF Harriers	St Albans Harriers	RAF Cranwell	10:30	11:00
Sun.21/09/2014	12	W2N	Birmingham	Black Country Redhill Tigers	The Woodcock Sports Centre	12:30	13:00
Sun.21/09/2014	3	W2N	North Hridings Eagles	Loughborough Students	Whitby Leisure Centre	11:00	11:30
Sun.21/09/2014	3	W2S	New Forest Ladies	Reading Aces 1	New Forest Volleyball Centre	11:00	11:30
Sun.21/09/2014	1	W3S	Ashcombe Dorking 2	Cardiff Celts Ladies	Woodlands Community School	12:30	13:00
Sun.21/09/2014	1	W3S	Solent Ladies	Ashcombe Dorking 2	Woodlands Community School	14:30	15:00
Sun.21/09/2014	1	W3S	Solent Ladies	Cardiff Celts Ladies	Woodlands Community School	10:30	11:00
Sun.21/09/2014	2	W3S	Richmond VB 2	Sussex Dolphins	Kingsdon Arena	13:00	13:30
Sat.27/09/2014	8	M1	Wessex BU M2	Danes Watford	LeAF Academy	15:30	16:00
Sat.27/09/2014	5	M2N	Manchester Marvels	Sunderland City Predators	Sunderland Sports Centre (UotM)	14:30	15:00
Sat.27/09/2014	6	M2N	Team Birmingham Volleyball Club	Team Loughborough - Lions	Dolg Ellis Sports Centre	12:00	12:30
Sat.27/09/2014	7	M2N	Northumbria / Middlesbrough Academy	Leicester VC	Middlesbrough College	12:00	12:30
Sat.27/09/2014	6	M2S	Cardiff Celts	Wessex M3	USW Sports Park	14:00	14:30
Sat.27/09/2014	7	M3SE	Dartford Volleyball Club (Mens)	Hordean Volleyball Club	Dartford Technology College	12:00	12:30
Sat.27/09/2014	1	M3SE	Essex Juniors	London Aces	Boswells School	15:00	15:30
Sat.27/09/2014	1	M3SE	Essex Juniors	Richmond VB 2	Boswells School	11:00	11:30
Sat.27/09/2014	1	M3SE	Richmond VB 2	London Aces	Boswells School	13:00	13:30
Sat.27/09/2014	4	M58	Wessex BU M1	London Docklands	LeAF Academy	11:30	12:00
Sat.27/09/2014	5	M58	Malory Eagles (London)	Solent 1	Ernest Bevin College	14:45	15:15
Sat.27/09/2014	4	W1	City of Sheffield	Portsmouth	All Saints, Sheffield	13:45	14:15
Sat.27/09/2014	5	W2N	Black Country Redhill Tigers	Coventry & Warwick Riga	Redhill School Sports Hall	11:30	12:00
Sat.27/09/2014	88	W2N	Black Country Redhill Tigers	Team Durham	Redhill School Sports Hall	14:30	15:00
Sat.27/09/2014	4	W2N	Manchester Marvels	North Ridings Eagles	Armage Sports Centre (UotM)	11:30	12:00
Sat.27/09/2014	4	W58	Malory Eagles (London)	Team South Wales	Ernest Bevin College	12:30	13:00
Sat.27/09/2014	3	W58	Wessex W1	Surrey Orcas	LeAF Academy	13:30	14:00
Sun.28/09/2014	88	M2S	Richmond VB	Solent 2	Kingsdon Arena	13:00	13:30
Sun.28/09/2014	1	M3C	Cambridge VC and Anglia Ruskin University	Milton Keynes	North Cambridge Academy	10:00	10:30
Sun.28/09/2014	1	M3C	Cambridge VC and Anglia Ruskin University	Nottingham Rockets 2	North Cambridge Academy	14:00	14:30
Sun.28/09/2014	1	M3C	Nottingham Rockets 2	Milton Keynes	North Cambridge Academy	12:00	12:30
Sun.28/09/2014	3	M3SE	Newmarket VC	Newmarket Academy	Newmarket Leisure Centre	11:00	11:30
Sun.28/09/2014	5	W1	Tameside V.C.	Portsmouth	Fairfield High School	11:00	11:30



Date	Match	Division	Home	Away	Venue	Warmup	Match Start
Sun.28/09/2014	6	W1	Herts VC	Team Birmingham Volleyball Club	Queens School, Bushey	11:00	11:30
Sun.28/09/2014	6	W2N	North Ridings Eagles	Manchester Marvels	Whitby Leisure Centre	11:00	11:30
Sun.28/09/2014	6	W2S	Reading Aces 1	Bath Mavericks	Kendrick School	12:00	12:30
Sun.28/09/2014	28	W2S	Dulwich Tuskers	New Forest Ladies	Ernest Bevin College	13:00	13:30
Sun.28/09/2014	88	W2S	Richmond VB	South Haris	Kingston Arena	13:00	13:30
Sun.28/09/2014	5	W58	Swiss Cottage	Team South Wales	SportsDock, UEL	12:30	13:00
Sat.04/10/2014	2	M1	London Knights LS KVC	Danes Watford	City of Westminster College	17:30	18:00
Sat.04/10/2014	11	M1	Newcastle Staffs	Leeds VC	Keele University SC	17:30	18:00
Sat.04/10/2014	12	M1	London Lynx 2	Essex Blaze	SportsDock, UEL	13:00	13:30
Sat.04/10/2014	9	M2N	Nottingham Rockets 1	Manchester Marvels	Jubilee SC	15:00	15:30
Sat.04/10/2014	10	M2N	Leicester VC	Team Birmingham Volleyball Club	Watshed Youth Centre	12:30	13:00
Sat.04/10/2014	11	M2N	Newcastle Staffs 2	Northumbria / Middlesex Academy	Keele University SC	11:30	12:00
Sat.04/10/2014	12	M2N	Sunderland City Predators	Essex Estotians	City Space, University of Sunderland	12:00	12:30
Sat.04/10/2014	8	M2S	Hordean Volleyball Club	Exeter Storm	Highbury College	11:30	12:00
Sat.04/10/2014	10	M2S	Team Southampton	Derford Volleyball Club (Mens)	Crestwood College	17:30	18:00
Sat.04/10/2014	8	M3SE	EBC Greenhouse (London)	Richmond VB 2	Trending Technology College	13:00	13:30
Sat.04/10/2014	8	M3SE	Trending Academy	EBC Greenhouse (London)	Trending Technology College	15:00	15:30
Sat.04/10/2014	8	M3SE	Trending Academy	Richmond VB 2	Brentford Fountain Leisure Centre	11:00	11:30
Sat.04/10/2014	6	M58	CBL Polonia London	Wessex BU M1	Fairfield High School	15:00	15:30
Sat.04/10/2014	1	W1	Tameside V.C.	Herts VC	Fairfield High School	14:30	15:00
Sat.04/10/2014	1	W1	Tameside V.C.	Herts VC	Fairfield High School	14:30	15:00
Sat.04/10/2014	11	W1	City of Sheffield	Ashcombe Dorking	All Saints, Sheffield	15:45	16:15
Sat.04/10/2014	9	W2N	Birmingham	Team Durham	The Woodcock Sports Centre	12:30	13:00
Sat.04/10/2014	10	W2N	Newcastle (Staffs) Ladies	Leeds VC	Keele University SC	14:30	15:00
Sat.04/10/2014	7	W2N	Nottingham Rockets	Manchester Marvels	Jubilee SC	11:30	12:00
Sat.04/10/2014	6	W58	Polonia SideOut London	Wessex W1	St Benedicts School	14:30	15:00
Sun.05/10/2014	49	M1	Leeds VC	Coventry & Warwick Rlga	Gryphon Sports Centre	15:15	15:45
Sun.05/10/2014	9	M2S	Richmond VB	Cardiff Cetus	Kingston Arena	13:00	13:30
Sun.05/10/2014	9	W1	Bristol Ladies 1	Team Birmingham Volleyball Club	Abbeywood School	11:00	11:30
Sun.05/10/2014	10	W1	Team Loughborough	Portsmouth	Loughborough College	13:15	13:45
Sun.05/10/2014	16	W1	Tameside V.C.	Ashcombe Dorking	Fairfield High School	11:00	11:30
Sun.05/10/2014	48	W2N	Leeds VC	Coventry & Warwick Rlga	Gryphon Sports Centre	13:15	13:45
Sun.05/10/2014	13	W2N	North Ridings Eagles	Team Durham	Whitby Leisure Centre	11:00	11:30
Sun.05/10/2014	8	W2S	Plymouth	Bath Mavericks	Goombe Dean School	11:00	11:30
Sun.05/10/2014	10	W2S	Devon Storm	Bath Mavericks	Goombe Dean School	15:00	15:30
Sun.05/10/2014	11	W2S	Devon Storm	Bath Mavericks	Goombe Dean School	13:00	13:30
Sun.05/10/2014	7	W2S	Richmond VB	New Forest Ladies	Kingston Arena	13:00	13:30
Sun.05/10/2014	25	W2S	Dulwich Tuskers	Worthing VC	Ernest Bevin College	13:00	13:30
Sun.05/10/2014	1	W3C	Norfolk Ladies	Northampton	Ormsion Venture Academy	11:00	11:30
Sun.05/10/2014	1	W3C	Norfolk Ladies	Peterborough Harriers Ladies	Ormsion Venture Academy	15:00	15:30
Sun.05/10/2014	1	W3C	Northampton	Peterborough Harriers Ladies	Ormsion Venture Academy	13:00	13:30
Sun.05/10/2014	1	W3N	City of Salford 2	DARKSTAR Derbyshire	Fit City Eccles	15:30	16:00
Sun.05/10/2014	1	W3N	City of Salford 2	Sunderland City Predators	Fit City Eccles	11:30	12:00
Sun.05/10/2014	1	W3N	DARKSTAR Derbyshire	Sunderland City Predators	Fit City Eccles	11:30	12:00
Sun.05/10/2014	2	W3N	Manchester Marvels 2	Ashfield Vipers	Woodchurch High School SC	13:00	13:30
Sun.05/10/2014	2	W3N	Wirral Wasps	Ashfield Vipers	Woodchurch High School SC	11:00	11:30
Sun.05/10/2014	3	W3N	Wirral Wasps	Manchester Marvels 2	Woodchurch High School SC	15:00	15:30
Sun.05/10/2014	2	W3S	Richmond VB 2	Team Southampton	LeAF Academy	13:00	13:30
Sun.05/10/2014	3	W3S	Wessex W2	Richmond VB 2	LeAF Academy	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun.05/10/2014	3	W3S	Wessex W2	Team Southampton	LeAF Academy	15:00	15:30
Sun.05/10/2014	4	W3S	Cardiff Celts Ladies	City of Bristol Ladies	Cardiff Metropolitan University	11:00	11:30
Sun.05/10/2014	4	W3S	Cardiff Celts Ladies	Sussex Dolphins	Cardiff Metropolitan University	15:00	15:30
Sun.05/10/2014	4	W3S	City of Bristol Ladies	Sussex Dolphins	Cardiff Metropolitan University	13:00	13:30
Sun.05/10/2014	5	W3S	Ascombe Dorking 2	Farnborough Devils	Woodlands Community School	12:30	13:00
Sun.05/10/2014	5	W3S	Solent Ladies	Ascombe Dorking 2	Woodlands Community School	10:30	11:00
Sun.05/10/2014	5	W3S	Solent Ladies	Farnborough Devils	Woodlands Community School	14:30	15:00
Thu.09/10/2014	87	W2N	Manchester Marvells	Newcastle (Staffs) Ladies	Armitage Sports Centre (UoIM)	19:00	19:30
Sat.11/10/2014	82	M2S	Bristol Mens 1	Cardiff Celts	Abbeywood School	11:00	11:30
Sat.11/10/2014	37	W3S	City of Salford VC	Team South Wales	Rt City Eccles	14:00	14:30
Sat.11/10/2014	24	W3S	Polonia SideOut London	Surrey Orcas	Rt City Eccles	14:30	15:00
Sun.12/10/2014	1	M2S	City of Bristol	Horndean Volleyball Club	Brislington Enterprise College	11:00	11:30
Sun.12/10/2014	1	M58	CBL Polonia London	Malory Eagles (London)	Brentford Fountain Leisure Centre	15:00	15:30
Sun.12/10/2014	2	M58	Solent 1	Wessex BU M1	Itchen College	14:00	14:30
Sun.12/10/2014	2	W2S	Reading Aces 1	Richmond VB	Kendrick School	12:00	12:30
Sun.12/10/2014	69	W2S	Dulwich Tuskers	South Haris	Ernest Bevin College	13:00	13:30
Sun.12/10/2014	52	W58	Team Northumbria	Team South Wales	Sport Central	13:00	13:30
Sat.18/10/2014	14	M1	Wessex BU M2	Coventry & Warwick Riga	LeAF Academy	11:30	12:00
Sat.18/10/2014	15	M1	London Knights LS KVC	Leeds VC	City of Westminster College	13:00	13:30
Sat.18/10/2014	14	M2N	Manchester Marvells	Team Loughborough - Lions	Armitage Sports Centre (UoIM)	14:00	14:30
Sat.18/10/2014	15	M2N	Loughborough Students	Leicester VC	Lboro University Netball/Badminton Centre	11:30	12:00
Sat.18/10/2014	17	M2N	Essex Estonians	Nottingham Rockets 1	Boswells School	16:00	16:30
Sat.18/10/2014	13	M2S	Dartford Volleyball Club (Mens)	Bristol Mens 1	Dartford Technology College	12:00	12:30
Sat.18/10/2014	14	M2S	Exeter Storm	Richmond VB	Ashtmoor Recreation Centre	12:00	12:30
Sat.18/10/2014	16	M2S	Team Southampton	Horndean Volleyball Club	Grestwood College	17:30	18:00
Sat.18/10/2014	3	M3N	Hull Volley Thunder	Blith Valley	St Edmund Arrowsmith Catholic High School	13:30	14:00
Sat.18/10/2014	3	M3N	Wigan Seahawks	Blith Valley	St Edmund Arrowsmith Catholic High School	11:30	12:00
Sat.18/10/2014	3	M3N	Wigan Seahawks	Hull Volley Thunder	St Edmund Arrowsmith Catholic High School	15:30	16:00
Sat.18/10/2014	4	M3SE	Essex Juniors	Team Northumbria	Boswells School	11:00	11:30
Sat.18/10/2014	10	M58	Wessex BU M1	Team Northumbria	LeAF Academy	15:30	16:00
Sat.18/10/2014	11	M58	London Lynx 1	CBL Polonia London	SportsDock UEL	13:30	14:00
Sat.18/10/2014	16	M58	London Docklands	Malory Eagles (London)	Haverstock School	14:45	15:15
Sat.18/10/2014	1	M58	Black Country Redhill Tigers	Norrit Redfins Eagles	Redhill School Sports Hall	14:30	15:00
Sat.18/10/2014	15	W2N	Black Country Redhill Tigers	Leeds VC	Redhill School Sports Hall	11:30	12:00
Sat.18/10/2014	16	W2N	Loughborough Students	Birmingham	Lboro University Netball/Badminton Centre	13:30	14:00
Sat.18/10/2014	14	W2N	Manchester Marvells	Coventry & Warwick Riga	Armitage Sports Centre (UoIM)	17:00	17:30
Sat.18/10/2014	12	W2S	Essex Trinity	Richmond VB	Boswells School	13:30	14:00
Sat.18/10/2014	13	W2S	Worthing VC	South Haris	Worthing Volleyball club	13:00	13:30
Sat.18/10/2014	12	W58	Swiss Cottage	Polonia SideOut London	SportsDock UEL	11:00	11:30
Sat.18/10/2014	11	W58	Wessex W1	Team Northumbria	LeAF Academy	13:30	14:00
Sun.19/10/2014	16	M1	Birmingham	Tandring VC	The Woodcock Sports Centre	14:30	15:00
Sun.19/10/2014	17	M1	London Lynx 2	Leeds VC	SportsDock UEL	14:00	14:30
Sun.19/10/2014	16	M2N	Team Birmingham Volleyball Club	Northumbria / Middlesbrough Academy	Doug Ellis Sports Centre	12:00	12:30
Sun.19/10/2014	18	M2N	Loughborough Students	Essex Estonians	Lboro University Netball/Badminton Centre	11:00	11:30
Sun.19/10/2014	80	M2S	Solent 2	Team Southampton	Itchen College	11:15	11:45
Sun.19/10/2014	5	M3C	Peterborough Harriers Men	Nottingham Rockets 2	Voyager Academy	11:30	12:00

Date	Match	Division	Home	Away	Venue	Warmup	Match Start
Sun,19/10/2014	1	M3N	Haughton Darlington	Team Durham	Amritage Sports Centre (UofM)	13:00	13:30
Sun,19/10/2014	1	M3N	Manchester Marvels 2	Haughton Darlington	Amritage Sports Centre (UofM)	15:00	15:30
Sun,19/10/2014	1	M3N	Manchester Marvels 2	Team Durham	Amritage Sports Centre (UofM)	11:00	11:30
Sun,19/10/2014	2	M3N	DAKSTAR Derbyshire	City of Sheffield 2	Derby Moor School	14:30	15:00
Sun,19/10/2014	2	M3N	DARKSTAR Derbyshire	York VC	Derby Moor School	10:30	11:00
Sun,19/10/2014	2	M3N	York VC	City of Sheffield 2	Derby Moor School	12:30	13:00
Sun,19/10/2014	5	M3SE	London Aces	Tending Academy	Battersea Youth Centre	10:00	10:30
Sun,19/10/2014	5	M3SE	London Aces	University of East London	Battersea Youth Centre	14:00	14:30
Sun,19/10/2014	5	M3SE	Tending Academy	University of East London	Battersea Youth Centre	12:00	12:30
Sun,19/10/2014	6	M3SE	Newmarket VC	Norwich Spikers	Kingston Arena	13:00	13:30
Sun,19/10/2014	6	M3SE	Richmond VB 2	Newmarket VC	Kingston Arena	15:00	15:30
Sun,19/10/2014	6	M3SE	Richmond VB 2	Norwich Spikers	Kingston Arena	11:00	11:30
Sun,19/10/2014	1	M3SW	Kenrow	New Forest	Truro Sports Hall	15:00	15:30
Sun,19/10/2014	1	M3SW	Kenrow	Team Southampton 2	Truro Sports Hall	11:00	11:30
Sun,19/10/2014	1	M3SW	Team Southampton 2	New Forest	Truro Sports Hall	13:00	13:30
Sun,19/10/2014	2	M3SW	South Hants	Cardiff Celts 2	Purbrook Park School	11:00	11:30
Sun,19/10/2014	2	M3SW	South Hants	Wiltshire Mavericks	Purbrook Park School	15:00	15:30
Sun,19/10/2014	2	M3SW	Wiltshire Mavericks	Cardiff Celts 2	Purbrook Park School	13:00	13:30
Sun,19/10/2014	3	M3SW	Guilford International	Arun VC	Friends Life	14:15	14:45
Sun,19/10/2014	12	M3S8	Soleil 1	Team Northumbria	Ichton College	14:00	14:30
Sun,19/10/2014	12	W1	Portsmouth	Oxford Students	Priory School	11:00	11:30
Sun,19/10/2014	13	W1	Herts VC	Tending VC Ladies	Queens School, Bushey	11:00	11:30
Sun,19/10/2014	15	W1	Team Loughborough	Bristol Ladies 1	Welbeck College	11:30	12:00
Sun,19/10/2014	17	W2N	Loughborough Students	Manchester Marvels	Lboro University Netball/Badminton Centre	13:00	13:30
Sun,19/10/2014	18	W2N	Team Durham	Nottingham Rockets	Durham University	11:00	11:30
Sun,19/10/2014	15	W2S	Dulwich Tuckers	Reading Aces 1	Ernest Bevin College	13:00	13:30
Sun,19/10/2014	17	W2S	Richmond VB	Worthing VC	Kingston Arena	13:00	13:30
Sun,19/10/2014	13	W3S8	Team South Wales	Team Northumbria	JSW Sports Park	11:00	11:30
Sat,25/10/2014	18	M1	Tending VC	Wessex BU M2	Tending Technology College	14:30	15:00
Sat,25/10/2014	19	M1	Newcastle Staffs	London Knights LS KVC	Keele University SC	17:30	18:00
Sat,25/10/2014	20	M1	Coventry & Warwick Riga	Essex Blaze	Alan Higgs Centre	16:00	16:30
Sat,25/10/2014	21	M1	London Lynx 2	Danes Watford	SportsDock, UEL	17:00	17:30
Sat,25/10/2014	19	M2N	Leicester VC	Manchester Marvels	Watershed Youth Centre	12:30	13:00
Sat,25/10/2014	20	M2N	Northumbria / Middlesbrough Academy	Loughborough Students	Middlesbrough College	12:00	12:30
Sat,25/10/2014	21	M2N	Newcastle Staffs 2	Team Birmingham Volleyball Club	Keele University SC	11:30	12:00
Sat,25/10/2014	22	M2N	Team Loughborough - Lions	Essex Esportians	Lincolnhurst Academy	17:30	18:00
Sat,25/10/2014	19	M2S	Hordenam Volleyball Club	Cardiff Celts	Highbury College	11:30	12:00
Sat,25/10/2014	13	M3S8	CBU Polonia London	City of Sheffield	Brentford Fountain Leisure Centre	15:00	15:30
Sat,25/10/2014	14	M3S8	Wessex BU M1	Malory Eagles (London)	LeAF Academy	16:30	17:00
Sat,25/10/2014	17	W1	Team Loughborough	Ashcombe Dorking	Welbeck College	12:00	12:30
Sat,25/10/2014	19	W1	Bristol Ladies 1	Tameside V.C.	Abbeywood School	13:00	13:30
Sat,25/10/2014	42	W1	Tending VC Ladies	Oxford Students	Tending Technology College	12:30	13:00
Sat,25/10/2014	20	W2N	Coventry & Warwick Riga	Team Durham	Alan Higgs Centre	14:00	14:30
Sat,25/10/2014	19	W2N	Newcastle (Staffs) Ladies	Black Country Redhill Tigers	Keele University SC	14:30	15:00
Sat,25/10/2014	21	W2N	Nottingham Rockets	North Ridings Eagles	Jubilee SC	11:30	12:00
Sat,25/10/2014	18	W2S	Essex Trinity	Worthing VC	Boswells School	13:30	14:00
Sat,25/10/2014	14	W3S8	Polonia SideOut London	City of Salford VC	St Benedicts School	14:30	15:00
Sat,25/10/2014	15	W3S8	Wessex W1	Malory Eagles (London)	LeAF Academy	14:30	15:00
Sun,26/10/2014	22	M1	Essex Blaze	Wessex BU M2	Boswells School	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,26/10/2014	17	M2S	Bristol Mens 1	Exeter Storm	Abbeywood School	11:00	11:30
Sun,26/10/2014	18	M2S	Bristol Mens 1	Team Southampton	Abbeywood School	13:00	13:30
Sun,26/10/2014	20	M2S	Richmond VB	City of Bristol	Kingston Arena	13:00	13:30
Sun,26/10/2014	21	M2S	Wessex M3	Dartford Volleyball Club (Mens)	LeAF Academy	15:00	15:30
Sun,26/10/2014	15	M58	London Lynx 1	City of Sheffield	Whitechapel S.C	11:00	11:30
Sun,26/10/2014	20	W1	Team Loughborough	Herts VC	Welbeck College	11:30	12:00
Sun,26/10/2014	22	W1	Oxford Students	Tameside V.C.	St. Gregory, The Great School	11:00	11:30
Sun,26/10/2014	22	W1	Team Birmingham Volleyball Club	Ascombe Dorking	Doug Ellis Sports Centre	12:00	12:30
Sun,26/10/2014	22	W2N	Birmingham	Manchester Marvels	The Woodcock Sports Centre	11:30	12:00
Sun,26/10/2014	21	W2S	Reading Aces 1	Devon Storm	Kendrick School	12:00	12:30
Sun,26/10/2014	21	W2S	South Harts	Dulwich Tuskers	Pudbrook Park School	11:00	11:30
Sun,26/10/2014	65	W2S	New Forest Ladies	Bath Mavericks	New Forest Volleyball Centre	11:00	11:30
Sun,26/10/2014	2	W3C	RAF Hawks	Cambridge VC and Anglia Ruskin University	RAF Cranwell	14:30	15:00
Sun,26/10/2014	2	W3C	RAF Hawks	University of East London	RAF Cranwell	10:30	11:00
Sun,26/10/2014	2	W3C	University of East London	Cambridge VC and Anglia Ruskin University	RAF Cranwell	12:30	13:00
Sun,26/10/2014	3	W3C	Oxford Ladies	Dartford Ladies	Ferry Leisure Centre	12:00	12:30
Sun,26/10/2014	3	W3C	Oxford Ladies	Telford Ladies	Ferry Leisure Centre	16:00	16:30
Sun,26/10/2014	3	W3C	Telford Ladies	Dartford Ladies	Ferry Leisure Centre	14:00	14:30
Sun,26/10/2014	4	W3N	Ashfield Vipers	DARKSTAR Derbyshire	Vision West	15:00	15:30
Sun,26/10/2014	4	W3N	Ashfield Vipers	Haughton Darlington	Vision West	11:00	11:30
Sun,26/10/2014	4	W3N	Haughton Darlington	DARKSTAR Derbyshire	Vision West	13:00	13:30
Sun,26/10/2014	6	W3S	Farnborough Devils	Solent Ladies	Surrey Sports Park	15:00	15:30
Sun,26/10/2014	6	W3S	Farnborough Devils	Team Southampton	Surrey Sports Park	11:00	11:30
Sun,26/10/2014	6	W3S	Farnborough Devils	Team Southampton	Surrey Sports Park	13:00	13:30
Sun,26/10/2014	30	W3S	Cardiff Celts Ladies	Bristol Ladies 2	Brislington Enterprise College	13:00	13:30
Sun,26/10/2014	30	W3S	City of Bristol Ladies	Bristol Ladies 2	Brislington Enterprise College	15:00	15:30
Sun,26/10/2014	30	W3S	City of Bristol Ladies	Cardiff Celts Ladies	Brislington Enterprise College	11:00	11:30
Sun,26/10/2014	17	W3S	Surrey Orcas	Malory Eagles (London)	ACG Egham	11:15	11:45
Sun,26/10/2014	16	W3S	Swiss Cottage	City of Salford VC	SportsDock, UEL	14:45	15:15
Sat,01/11/2014	1	M1	Wessex BU M2	Newcastle Staffs	LeAF Academy	15:00	15:30
Sat,01/11/2014	10	M1	Coventry & Warwick Riga	Birmingham	Alan Higgs Centre	16:00	16:30
Sat,01/11/2014	43	M1	Tending VC	London Knights LS KVC	Tending Technology College	12:30	13:00
Sat,01/11/2014	8	M2N	Northumbria / Middlesbrough Academy	Nottingham Rockets 1	Middlesbrough College	12:00	12:30
Sat,01/11/2014	73	M2N	Essex Esplaners	Manchester Marvels	Boswells School	16:00	16:30
Sat,01/11/2014	27	M2S	Cardiff Celts	City of Bristol	USW Sports Park	14:00	14:30
Sat,01/11/2014	9	M3SE	London Aces	Norwich Spikers	Lambeth Academy	13:00	13:30
Sat,01/11/2014	7	M58	London Docklands	City of Sheffield	Haverstock School	14:45	15:15
Sat,01/11/2014	8	M58	Team Northumbria	Malory Eagles (London)	Sport Central	16:00	16:30
Sat,01/11/2014	8	W2N	Coventry & Warwick Riga	Loughborough Students	Alan Higgs Centre	14:30	14:30
Sat,01/11/2014	89	W2N	Manchester Marvels	Team Durham	Armitage Sports Centre (UoM)	14:00	14:30
Sat,01/11/2014	8	W3S	Team Northumbria	Malory Eagles (London)	Sport Central	13:00	13:30
Sun,02/11/2014	51	M1	Leeds VC	London Lynx 2	Gryphon Sports Centre	13:15	13:45
Sun,02/11/2014	13	M2N	Sunderland City Predators	Newcastle Staffs 2	City Space, University of Sunderland	12:30	12:30
Sun,02/11/2014	87	M2S	Solent 2	Dartford Volleyball Club (Mens)	Itchen College	11:15	11:45
Sun,02/11/2014	4	M3C	Oxford Students	Cambridge VC and Anglia Ruskin University	St Albans HS	13:30	14:00
Sun,02/11/2014	4	M3C	St Albans Harriers	Cambridge VC and Anglia Ruskin University	St Albans HS	15:30	16:00
Sun,02/11/2014	4	M3C	St Albans Harriers	Oxford Students	St Albans HS	11:30	12:00
Sun,02/11/2014	6	M3C	RAF Harriers	Milton Keynes	RAF Cranwell	10:30	11:00
Sun,02/11/2014	4	M3N	Manchester Marvels 2	Blyth Valley	Joseph Rowntree School	13:00	13:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun.02/11/2014	4	M3N	York VC	Elvly Valley	Joseph Rowntree School	11:00	11:30
Sun.02/11/2014	4	M3N	York VC	Manchester Marvels 2	Joseph Rowntree School	15:00	15:30
Sun.02/11/2014	5	M3N	City of Sheffield 2	Houghton Darlington	All Saints, Sheffield	12:15	12:45
Sun.02/11/2014	5	M3N	City of Sheffield 2	Wigan Seahawks	All Saints, Sheffield	16:15	16:45
Sun.02/11/2014	5	M3N	Wigan Seahawks	Houghton Darlington	All Saints, Sheffield	14:15	14:45
Sun.02/11/2014	6	M3N	Hull Volley Thunder	Durham University	Durham University	13:00	13:30
Sun.02/11/2014	6	M3N	Team Durham	DARKSTAR Derbyshire	Durham University	11:00	11:30
Sun.02/11/2014	6	M3N	Team Durham	Hull Volley Thunder	Durham University	15:00	15:30
Sun.02/11/2014	7	M3SE	Newmarket VC	Essex Juniors	Newmarket Leisure Centre	15:00	15:30
Sun.02/11/2014	7	M3SE	Newmarket VC	University of East London	Newmarket Leisure Centre	11:00	11:30
Sun.02/11/2014	7	M3SE	University of East London	Essex Juniors	Newmarket Leisure Centre	13:00	13:30
Sun.02/11/2014	4	M3SW	Arun-VC	Kerrow	USW Sports Park	13:00	13:30
Sun.02/11/2014	4	M3SW	Cardiff Celts 2	Arun-VC	USW Sports Park	15:00	15:30
Sun.02/11/2014	4	M3SW	Cardiff Celts 2	Kerrow	USW Sports Park	11:00	11:30
Sun.02/11/2014	5	M3SW	Guiford International	Team Southampton 2	Lavington School	13:00	13:30
Sun.02/11/2014	5	M3SW	Wiltshire Mavericks	Guiford International	Lavington School	11:00	11:30
Sun.02/11/2014	5	M3SW	Wiltshire Mavericks	Team Southampton 2	Lavington School	15:00	15:30
Sun.02/11/2014	6	M3SW	South Hants	New Forest	Purbrook Park School	11:00	11:30
Sun.02/11/2014	43	M3S8	Team Northumbria	CBL Polonia London	Sport Central	13:00	13:30
Sun.02/11/2014	2	W1	Portsmouth	Ashcombe Dorking	Priory School	11:00	11:30
Sun.02/11/2014	79	W1	Team Loughborough	Team Birmingham Volleyball Club	Welbeck College	11:30	12:00
Sun.02/11/2014	49	W2N	Leeds VC	Black Country Redhill Tigers	Gryphon Sports Centre	15:15	15:45
Sun.02/11/2014	43	W5S8	Team Northumbria	Polonia SideOut London	Sport Central	11:00	11:30
Tue.04/11/2014	4	M1	Essex Blaze	Tending VC	Boswells School	19:30	20:00
Sat.08/11/2014	88	M2S	Team Southampton	Cardiff Celts	Crestwood College	17:30	18:00
Sat.08/11/2014	8	W1	Tameside V.C.	Team Loughborough	Fairfield High School	14:30	15:00
Sat.08/11/2014	25	W1	Bristol Ladies 1	Ashcombe Dorking	Abbeewood School	11:30	11:30
Sat.08/11/2014	64	W2S	South Hants	Worthing VC	Purbrook Park School	11:00	11:30
Sun.09/11/2014	32	M58	Soleil 1	London Lynx 1	Itchen College	14:00	14:30
Sun.09/11/2014	9	W2S	South Hants	Reading Aces 1	Purbrook Park School	11:00	11:30
Sat.15/11/2014	24	M1	Leeds VC	London Knights LS KVC	Gryphon Sports Centre	14:15	14:45
Sat.15/11/2014	25	M1	Danes Watford	Conventry & Warwick Rigas	St Clement Danes School	17:30	18:00
Sat.15/11/2014	26	M1	Newcastle Staffs	London Lynx 2	Keale University SC	17:30	18:00
Sat.15/11/2014	24	M2N	Manchester Marvels	Northumbria / Middlesbrough Academy	Armitage Sports Centre (UoM)	11:00	11:30
Sat.15/11/2014	25	M2N	Loughborough Students	Team Birmingham Volleyball Club	Sir David Wallace sports hall	11:30	12:00
Sat.15/11/2014	26	M2N	Essex Esolians	Leicester VC	Boswells School	15:00	15:30
Sat.15/11/2014	27	M2N	Sunderland City Predators	Team Loughborough - Lions	City Space, University of Sunderland	12:00	12:30
Sat.15/11/2014	28	M2N	Nottingham Rockets 1	Newcastle Stars 2	Jubilee SC	11:30	12:00
Sat.15/11/2014	22	M2S	Bristol Wrens 1	Hornbeean Volleyball Club	Abbeewood School	11:00	11:30
Sat.15/11/2014	23	M2S	Dartford Volleyball Club (Mens)	Richmond VB	Dartford Technology College	12:00	12:30
Sat.15/11/2014	24	M2S	Exeter Storm	Cardiff Celts	Ashmoor Recreation Centre	14:00	14:30
Sat.15/11/2014	25	M2S	Soleil 2	City of Bristol	Itchen College	11:15	11:45
Sat.15/11/2014	17	M58	Soleil 1	CBL Polonia London	Itchen College	14:00	14:30
Sat.15/11/2014	18	M58	Malory Eagles (London)	London Docklands	Ernest Bevin College	14:45	15:15
Sat.15/11/2014	19	M58	City of Sheffield	Team Northumbria	All Saints, Sheffield	13:45	14:15
Sat.15/11/2014	22	M58	London Lynx 1	Wessex BU M1	SportsDock, UEL	14:45	15:15
Sat.15/11/2014	23	W1	Portsmouth	City of Sheffield	Priory School	14:00	14:30
Sat.15/11/2014	24	W2N	Leeds VC	Manchester Marvels	Gryphon Sports Centre	12:15	12:45
Sat.15/11/2014	25	W2N	Loughborough Students	Black Country Redhill Tigers	Sir David Wallace sports hall	13:30	14:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.15/11/2014	26	W2N	Newcastle (Staffs) Ladies	Nottingham Rockets	Keele University SC	14.30	15.00
Sat.15/11/2014	22	W2S	Devon Storm	Dulwich Tuskers	Ashmor Recreation Centre	11.00	11.30
Sat.15/11/2014	23	W2S	Essex Trinity	Bath Mavericks	Boswells School	12.00	12.30
Sat.15/11/2014	20	W58	City of Salford VC	Team Northumbria	Fit City Eccles	14.00	14.30
Sat.15/11/2014	19	W58	Malory Eagles (London)	Surrey Orcas	Ernest Bevin College	12.30	13.00
Sat.15/11/2014	48	W58	Polonia SideOut London	Team South Wales	St. Benedict School	14.30	15.00
Sun.16/11/2014	27	M1	London Lynx 2	Wessex BU W2	SportsDock UEL	13.00	13.30
Sun.16/11/2014	28	M1	Birmingham	London Knights LS KVC	The Woodcock Sports Centre	14.30	15.00
Sun.16/11/2014	29	M1	Leeds VC	Newcastle Staffs	Glypton Sports Centre	13.15	13.45
Sun.16/11/2014	30	W2N	Team Loughborough - Lions	Loughborough Students	Lincolns Academy	17.30	18.00
Sun.16/11/2014	20	M3SE	Richmond VB 2	Essex Juniors	Kingston Arena	11.00	11.30
Sun.16/11/2014	20	M3SE	University of East London	Essex Juniors	Kingston Arena	13.00	13.30
Sun.16/11/2014	20	M3SE	University of East London	Richmond VB 2	Kingston Arena	15.00	15.30
Sun.16/11/2014	20	M3SE	Malory Eagles (London)	City of Sheffield	Ernest Bevin College	12.30	13.00
Sun.16/11/2014	21	M58	London Docklands	Team Northumbria	Haverstock School	14.15	14.45
Sun.16/11/2014	24	W1	Team Birmingham Volleyball Club	Oxford Students	Doug Ellis Sports Centre	12.00	12.30
Sun.16/11/2014	26	W1	Ascombe Dorking	City of Sheffield	Ascombe Volleyball Centre	12.00	12.30
Sun.16/11/2014	28	W1	Heris VC	Queens School, Bushy	11.00	11.30	11.30
Sun.16/11/2014	27	W2N	Leeds VC	North Ridings Eagles	Durham Sports Centre	15.15	15.45
Sun.16/11/2014	28	W2N	Team Durham	Birmingham	Durham University	13.00	13.30
Sun.16/11/2014	29	W2N	Team Durham	Loughborough Students	Durham University	11.00	11.30
Sun.16/11/2014	16	W2S	South Hants	Essex Trinity	Purbrook Park School	11.00	11.30
Sun.16/11/2014	28	W2S	Richmond VB	Plymouth	Kingston Arena	13.00	13.30
Sun.16/11/2014	4	W3C	Norfolk Ladies	Dartford Ladies	SportsDock, UEL	13.00	13.30
Sun.16/11/2014	4	W3C	University of East London	Dartford Ladies	SportsDock, UEL	15.00	15.30
Sun.16/11/2014	5	W3C	University of East London	Norfolk Ladies	SportsDock, UEL	11.00	11.30
Sun.16/11/2014	5	W3C	Cambridge VC and Anglia Ruskin University	Northampton	North Cambridge Academy	15.00	15.30
Sun.16/11/2014	5	W3C	Cambridge VC and Anglia Ruskin University	Oxford Ladies	North Cambridge Academy	11.00	11.30
Sun.16/11/2014	5	W3C	Oxford Ladies	Northampton	North Cambridge Academy	13.00	13.30
Sun.16/11/2014	6	W3C	Peterborough Harriers Ladies	RAF Hawks	Voyager Academy	14.00	14.30
Sun.16/11/2014	6	W3C	Peterborough Harriers Ladies	Telford Ladies	Voyager Academy	10.00	10.30
Sun.16/11/2014	6	W3C	Telford Ladies	RAF Hawks	Voyager Academy	12.00	12.30
Sun.16/11/2014	5	W3N	Houghton Darlington	City of Salford 2	Darlington Education Village	15.00	15.30
Sun.16/11/2014	5	W3N	Houghton Darlington	Wirral Wasps	Darlington Education Village	11.00	11.30
Sun.16/11/2014	5	W3N	Wirral Wasps	City of Salford 2	Darlington Education Village	13.00	13.30
Sun.16/11/2014	6	W3N	DARSTAR Derbyshire	Manchester Marvels 2	Derby Moore School	10.30	11.00
Sun.16/11/2014	6	W3N	DARSTAR Derbyshire	York	Derby Moore School	14.30	15.00
Sun.16/11/2014	6	W3N	Manchester Marvels 2	York	Derby Moore School	12.30	13.00
Sun.16/11/2014	7	W3N	Ashted Vipers	Chester Amazons	Vision West	15.00	15.30
Sun.16/11/2014	7	W3N	Ashted Vipers	Sunderland City Predators	Vision West	11.00	11.30
Sun.16/11/2014	9	W3S	Chester Amazons	Sunderland City Predators	Crestwood College	13.00	13.30
Sun.16/11/2014	9	W3S	City of Bristol Ladies	Wessex W2	Crestwood College	14.00	14.30
Sun.16/11/2014	9	W3S	Team Southampton	City of Bristol Ladies	Crestwood College	12.00	12.30
Sun.16/11/2014	9	W3S	Team Southampton	Wessex W2	Crestwood College	16.00	16.30
Sun.16/11/2014	22	W58	Team Southampton	Team Northumbria	ACG Eggham	11.15	11.45
Sun.16/11/2014	23	W58	Swiss Cottage	Wessex W1	SportsDock, UEL	15.15	15.45
Sat.22/11/2014	30	M1	London Knights LS KVC	Wessex BU W2	City of Westminster College	13.00	13.30
Sat.22/11/2014	31	M1	Newcastle Staffs	Birmingham	Keele University SC	17.30	18.00
Sat.22/11/2014	32	M1	Leeds VC	Essex Blaze	Glypton Sports Centre	14.15	14.45

Date	Match	Division	Home	Away	Venue	Warmup	Match Start
Sat,22/11/2014	33	M1	Tending VC	Danes Watford	Tending Technology College	12:30	13:00
Sat,22/11/2014	34	M1	Coventry & Warwick Riga	London Lynx 2	Alan Higgs Centre	16:00	16:30
Sat,22/11/2014	32	M2N	Newcastle Strats 2	Loughborough Students	Keele University SC	14:30	15:00
Sat,22/11/2014	33	M2N	Northumbria / Middlesbrough Academy	Essex Estonians	Middlesbrough College	12:00	12:30
Sat,22/11/2014	34	M2N	Leicester VC	Sunderland City Predators	Watershed Youth Centre	12:30	13:00
Sat,22/11/2014	35	M2N	Team Loughborough - Lions	Nottingham Rockets 1	Nottingham City Centre	17:30	18:00
Sat,22/11/2014	28	M2S	Hordean Volleyball Club	Darford Volleyball Club (Mens)	Highbury College	11:30	12:00
Sat,22/11/2014	69	M2S	Team Southampton	Exeter Storm	Crestwood College	17:30	18:00
Sat,22/11/2014	7	M3SW	Guildford International	Kernow	Friends Life	11:15	11:45
Sat,22/11/2014	7	M3SW	Guildford International	South Hants	Friends Life	15:15	15:45
Sat,22/11/2014	24	M3S	Wessex BU M1	South Hants	Friends Life	13:15	13:45
Sat,22/11/2014	26	M3S	London Lynx 1	City of Sheffield	LeAF Academy	16:00	16:30
Sat,22/11/2014	28	W1	Ascombe Dorking	Malory Eagles (London)	SportDock UEL	13:00	13:30
Sat,22/11/2014	30	W1	City of Sheffield	Herts VC	Ascombe Volleyball Centre	12:00	12:30
Sat,22/11/2014	31	W1	Tending VC Ladies	Team Loughborough	All Saints, Sheffield	13:45	14:15
Sat,22/11/2014	35	W1	Oxford Students	Tramside V.C.	Tending Technology College	14:30	15:00
Sat,22/11/2014	30	W2N	Black Country Redhill Tigers	Bristol Ladies 1	Redhill School Sports Hall	11:00	11:30
Sat,22/11/2014	33	W2N	Coventry & Warwick Riga	Nottingham Rockets	Redhill School Sports Hall	11:30	12:00
Sat,22/11/2014	32	W2N	Leeds VC	Nottingham City Centre	Alan Higgs Centre	14:00	14:30
Sat,22/11/2014	27	WS8	Swiss Cottage	Team Durham	Gryphon Sports Centre	12:15	12:45
Sat,22/11/2014	25	WS8	Wessex W1	Malory Eagles (London)	SportDock, UEL	15:15	15:45
Sat,22/11/2014	25	WS8	Wessex W1	City of Salford VC	LeAF Academy	14:00	14:30
Sun,23/11/2014	36	M1	Leeds VC	Birmingham	Gryphon Sports Centre	13:15	13:45
Sun,23/11/2014	31	M2N	Team Birmingham Volleyball Club	Manchester Marvels	Doug Ellis Sports Centre	14:30	15:00
Sun,23/11/2014	36	M2N	Leicester VC	Team Loughborough - Lions	Watershed Youth Centre	12:30	13:00
Sun,23/11/2014	31	M2S	Bristol Mens 1	City of Bristol	LeAF Academy	13:00	13:30
Sun,23/11/2014	32	M2S	Wessex W3	City of Bristol	LeAF Academy	11:00	11:30
Sun,23/11/2014	33	M2S	Wessex W3	Bristol Mens 1	LeAF Academy	15:00	15:30
Sun,23/11/2014	7	M3C	RAF Harriers	Cambridge VC and Anglia Ruskin University	RAF Cranwell	10:30	11:00
Sun,23/11/2014	8	M3C	Milton Keynes	Peterborough Harriers Men	Ferry Sports Centre	13:30	14:00
Sun,23/11/2014	8	M3C	Oxford Students	Millon Keynes	Ferry Sports Centre	15:30	16:00
Sun,23/11/2014	8	M3C	Oxford Students	Peterborough Harriers Men	Ferry Sports Centre	11:30	12:00
Sun,23/11/2014	9	M3C	St. Albans Harriers	Nottingham Rockets 2	St. Albans HS	11:30	12:00
Sun,23/11/2014	7	M3N	Houghton Darlington	DARKSTAR Derbyshire	Amillage Sports Centre (UofM)	13:00	13:30
Sun,23/11/2014	7	M3N	Manchester Marvels 2	DARKSTAR Derbyshire	Amillage Sports Centre (UofM)	15:00	15:30
Sun,23/11/2014	7	M3N	Manchester Marvels 2	Haughton Darlington	Amillage Sports Centre (UofM)	11:00	11:30
Sun,23/11/2014	9	M3N	Manchester Marvels 2	Wigan Seahawks	Amillage Sports Centre (UofM)	13:00	13:30
Sun,23/11/2014	9	M3N	City of Sheffield 2	Wigan Seahawks	Joseph Rowntree School	15:00	15:30
Sun,23/11/2014	9	M3N	York VC	City of Sheffield 2	Joseph Rowntree School	11:00	11:30
Sun,23/11/2014	10	M3SE	London Aces	Wigan Seahawks	Batensea Youth Centre	10:00	10:30
Sun,23/11/2014	10	M3SE	London Aces	Norwich Spikers	Batensea Youth Centre	14:00	14:30
Sun,23/11/2014	10	M3SE	University of East London	University of East London	Batensea Youth Centre	12:00	12:30
Sun,23/11/2014	8	M3SW	Arun-VC	New Forest	Six Villages Sports Centre	16:15	16:45
Sun,23/11/2014	8	M3SW	Arun-VC	Wiltshire Mavericks	Six Villages Sports Centre	12:15	12:45
Sun,23/11/2014	8	M3SW	New Forest	Wiltshire Mavericks	Six Villages Sports Centre	14:15	14:45
Sun,23/11/2014	23	M58	CBL Polonia London	London Docklands	Brentford Fountain Leisure Centre	15:00	15:30
Sun,23/11/2014	25	M58	Soleil 1	City of Sheffield	Ilchett College	14:00	14:30
Sun,23/11/2014	32	W1	Team Birmingham Volleyball Club	Poosmouth	Doug Ellis Sports Centre	12:00	12:30
Sun,23/11/2014	33	W1	Oxford Students	Team Loughborough	St. Gregory The Great School	11:00	11:30
Sun,23/11/2014	34	W1	Herts VC	Team Loughborough	Queens School, Bushey	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun.23/11/2014	36	W2N	Coventry & Warwick Riga	Birmingham	Alan Higgs Centre	14:00	14:30
Sun.23/11/2014	35	W2N	Leeds VC	Loughborough Students	Gyphon Sports Centre	15:15	15:45
Sun.23/11/2014	34	W2N	Norrt Ridings Eagles	Newcastle (Staffs) Ladies	Whitby Leisure Centre	11:00	11:30
Sun.23/11/2014	14	W2S	Bath Mavericks	Plymouth	Lavington School	15:00	15:30
Sun.23/11/2014	31	W2S	Bath Mavericks	Worthing VC	Lavington School	11:00	11:30
Sun.23/11/2014	44	W2S	Plymouth	Worthing VC	Lavington School	13:00	13:30
Sun.23/11/2014	29	W2S	South Hants	Purbrook Park School	Kendrick School	11:00	11:30
Sun.23/11/2014	30	W2S	Reading Aces 1	Essex Trinity	Kendrick School	12:00	12:30
Sun.23/11/2014	28	W3S	Cardiff Celts Ladies	Farnborough Devils	Cardiff Metropolitan University	11:00	11:30
Sun.23/11/2014	28	W3S	Cardiff Celts Ladies	Wessex W2	Cardiff Metropolitan University	15:00	15:30
Sun.23/11/2014	39	W3S	Farnborough Devils	Wessex W2	Cardiff Metropolitan University	13:00	13:30
Sun.23/11/2014	28	W3S	City of Bristol Ladies	Ascombe Dorking 2	Brislington Enterprise College	11:00	11:30
Sun.23/11/2014	26	WS8	Surrey Orcas	City of Salford VC	ACQ Egham	11:15	11:45
Sun.30/11/2014	29	M2S	Richmond VB	Team Southampton	Kingston Arena	13:00	13:30
Sun.30/11/2014	16	M3SE	EEC Greenhouse (London)	University of East London	Ernest Bevin College	11:30	11:30
Sun.30/11/2014	27	W1	Tending VC Ladies	Poismouth	Tending Technology College	12:30	13:00
Sun.30/11/2014	19	W2S	Bath Mavericks	New Forest Ladies	Lavington School	11:00	11:30
Sun.30/11/2014	85	W2S	Bath Mavericks	Richmond VB	Lavington School	14:00	14:30
Sun.30/11/2014	35	W3S	Richmond VB 2	Bristol Ladies 2	Abbeywood School	11:00	11:30
Sat.06/12/2014	38	M1	Wessex BU W2	Birmingham	LeAF Academy	13:30	14:00
Sat.06/12/2014	39	M1	Essex Blaze	London Knights LS KVC	Boswells School	11:00	11:30
Sat.06/12/2014	40	M1	Danes Watford	Leeds VC	St Clement Danes School	17:30	18:00
Sat.06/12/2014	41	M1	Tending VC	Newcastle Staffs	Tending Technology College	18:00	18:30
Sat.06/12/2014	39	M2N	Nottingham Rockets 1	Leicester VC	University Park Sports Centre	11:30	12:00
Sat.06/12/2014	38	M2N	Essex Estonians	Team Birmingham Volleyball Club	Boswells School	16:00	16:30
Sat.06/12/2014	40	M2N	Team Loughborough - Lions	Newcastle Staffs 2	Limehurst Academy	17:30	18:00
Sat.06/12/2014	34	M2S	City of Bristol	Cardiff Celts	Brislington Enterprise College	17:00	17:30
Sat.06/12/2014	37	M2S	Team Southampton	Exeter Storm	Dartford Technology College	12:00	12:30
Sat.06/12/2014	13	M3SE	University of East London	Solent 2	Crestwood College	17:30	18:00
Sat.06/12/2014	27	M58	Malory Eagles (London)	Richmond VB 2	SportsDock UEL	11:30	12:00
Sat.06/12/2014	28	M58	City of Sheffield	London Docklands	Ernest Bevin College	14:45	15:15
Sat.06/12/2014	36	W1	Tarnside V.C.	City of Sheffield	All Saints, Sheffield	13:45	14:15
Sat.06/12/2014	37	W1	Bristol Ladies 1	Tending VC Ladies	Fairfield High School	14:30	15:00
Sat.06/12/2014	38	W2N	Leeds VC	Newcastle (Staffs) Ladies	Abbeywood School	11:00	11:30
Sat.06/12/2014	39	W2N	Nottingham Rockets	Birmingham	Gyphon Sports Centre	12:15	12:45
Sat.06/12/2014	33	W2S	Essex Trinity	Dulwich Tuskers	University Park Sports Centre	15:00	15:30
Sat.06/12/2014	34	W2S	Worthing VC	Reading Aces 1	Boswells School	13:30	14:00
Sat.06/12/2014	35	W2S	Worthing VC	Devon Storm	Worthing Volleyball club	15:00	15:30
Sat.06/12/2014	10	W58	City of Salford VC	Surrey Orcas	Worthing Volleyball club	13:00	13:30
Sat.06/12/2014	28	W58	Malory Eagles (London)	Poismouth	Fit City Eccles	14:00	14:30
Sat.06/12/2014	29	W58	Wessex W1	Team South Wales	Ernest Bevin College	12:30	13:00
Sun.07/12/2014	3	M1	Tending VC	London Lynx 2	LeAF Academy	15:30	16:00
Sun.07/12/2014	42	M1	Wessex BU W2	Leeds VC	LeAF Academy	11:30	12:00
Sun.07/12/2014	44	M1	Essex Blaze	Newcastle Staffs	Boswells School	11:00	11:30
Sun.07/12/2014	41	M2N	Essex Estonians	Loughborough Students	Boswells School	13:30	14:00
Sun.07/12/2014	15	M2S	Solent 2	Cardiff Celts	Ilchen College	11:15	11:45
Sun.07/12/2014	36	M2S	Richmond VB	Bristol Mens 1	Kingston Arena	13:00	13:30



Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun.07/12/2014	38	M2S	Wessex M3	Horndean Volleyball Club	LeAF Academy	13:30	14:00
Sun.07/12/2014	8	M3N	Blith Valley	Hull Volley Thunder	Parks Leisure Centre	11:00	11:30
Sun.07/12/2014	8	M3N	Blith Valley	Team Durham	Parks Leisure Centre	15:00	15:30
Sun.07/12/2014	8	M3N	Team Durham	Hull Volley Thunder	Parks Leisure Centre	13:00	13:30
Sun.07/12/2014	30	M58	Team Northumbria	London Docklands	Sport Central	13:00	13:30
Sun.07/12/2014	38	W1	Portsmouth	Herts VC	Priory School	11:00	11:30
Sun.07/12/2014	39	W1	Tending VC Ladies	Team Birmingham Volleyball Club	Tending Technology College	12:30	13:00
Sun.07/12/2014	40	W1	Oxford Students	City of Sheffield	Oxford University Sports Complex	14:10	14:40
Sun.07/12/2014	41	W1	Oxford Students	Ascombe Dorking	St. Gregory The Great School	11:00	11:30
Sun.07/12/2014	42	W2N	North Ridings Eagles	Leeds VC	Whitby Leisure Centre	11:00	11:30
Sun.07/12/2014	40	W2N	Team Durham	Newcastle (Staffs) Ladies	Durham University	11:00	11:30
Sun.07/12/2014	41	W2N	Team Durham	Black County Redhill Tigers	Durham University	13:00	13:30
Sun.07/12/2014	36	W2S	Devon Storm	Richmond VB	Riverside Leisure Centre	12:00	12:30
Sun.07/12/2014	37	W2S	South Hants	Bath Mavericks	Purbrook Park School	11:00	11:30
Sun.07/12/2014	38	W2S	Dulwich Tuskers	Plymouth	Ernest Bevin College	13:00	13:30
Sun.07/12/2014	7	W3C	Oxford Ladies	Norfolk Ladies	Ferry Leisure Centre	12:00	12:30
Sun.07/12/2014	7	W3C	Oxford Ladies	RAF Hawks	Ferry Leisure Centre	16:00	16:30
Sun.07/12/2014	7	W3C	RAF Hawks	Norfolk Ladies	Ferry Leisure Centre	14:00	14:30
Sun.07/12/2014	8	W3C	Northampton	Telford Ladies	Moulton Leisure Centre	16:00	16:30
Sun.07/12/2014	8	W3C	University of East London	University of East London	Moulton Leisure Centre	12:00	12:30
Sun.07/12/2014	8	W3C	University of East London	Telford Ladies	Moulton Leisure Centre	14:00	14:30
Sun.07/12/2014	9	W3C	Cambridge VC and Anglia Ruskin University	Derford Ladies	North Cambridge Academy	11:00	11:30
Sun.07/12/2014	9	W3C	Cambridge VC and Anglia Ruskin University	Derford Ladies	North Cambridge Academy	15:00	15:30
Sun.07/12/2014	9	W3C	Derford Ladies	Peterborough Harriers Ladies	North Cambridge Academy	13:00	13:30
Sun.07/12/2014	8	W3N	City of Salford 2	Chester Amazons	Armitage Sports Centre (UoM)	12:00	12:30
Sun.07/12/2014	8	W3N	Manchester Marvels 2	Chester Amazons	Armitage Sports Centre (UoM)	10:00	10:30
Sun.07/12/2014	8	W3N	Manchester Marvels 2	City of Salford 2	Armitage Sports Centre (UoM)	14:00	14:30
Sun.07/12/2014	10	W3N	Sunderland City Predators	Houghton Darlington	City Space, University of Sunderland	15:00	15:30
Sun.07/12/2014	10	W3N	Sunderland City Predators	Wirral Wasps	City Space, University of Sunderland	11:00	11:30
Sun.07/12/2014	10	W3N	Wirral Wasps	Houghton Darlington	City Space, University of Sunderland	13:00	13:30
Sun.07/12/2014	10	W3S	Ascombe Dorking 2	Cardiff Celts Ladies	Ascombe Volleyball Centre	11:00	11:30
Sun.07/12/2014	10	W3S	Ascombe Dorking 2	Richmond VB 2	Ascombe Volleyball Centre	15:00	15:30
Sun.07/12/2014	10	W3S	Richmond VB 2	Cardiff Celts Ladies	Ascombe Volleyball Centre	13:00	13:30
Sun.07/12/2014	11	W3S	Bristol Ladies 2	Farnborough Devils	Abbeywood School	11:00	11:30
Sun.07/12/2014	11	W3S	Bristol Ladies 2	Wessex W2	Abbeywood School	15:00	15:30
Sun.07/12/2014	11	W3S	Farnborough Devils	Wessex W2	Abbeywood School	13:00	13:30
Sun.07/12/2014	12	W3S	City of Bristol Ladies	Solent Ladies	Brislington Enterprise College	11:00	11:30
Sun.07/12/2014	30	W58	Team Northumbria	Surrey Orcas	Sport Central	11:00	11:30
Sat.13/12/2014	23	M1	Coventry & Warwick Riga	Tending VC	Alan Higgs Centre	16:00	16:30
Sat.13/12/2014	85	M2N	Manchester Marvels	Essex Estonians	Armitage Sports Centre (UoM)	14:00	14:30
Sat.13/12/2014	2	M2S	Exeter Storm	Derford Volleyball Club (Mens)	Riverside Recreation Centre	12:00	12:30
Sat.13/12/2014	39	M2S	Cardiff Celts 2	Team Southampton	USW Sports Park	14:00	14:30
Sat.13/12/2014	9	M3SW	Cardiff Celts 2	Team Southampton 2	USW Sports Park	11:00	11:30
Sat.13/12/2014	31	M58	Malory Eagles (London)	Team Northumbria	Ernest Bevin College	14:45	15:15
Sat.13/12/2014	35	M58	London Docklands	Wessex BU M1	Haverstock School	14:45	15:15
Sat.13/12/2014	18	W1	City of Sheffield	Herts VC	All Saints, Sheffield	15:45	16:15
Sat.13/12/2014	37	W2N	Manchester Marvels	Loughborough Students	Armitage Sports Centre (UoM)	17:00	17:30
Sat.13/12/2014	31	W58	Malory Eagles (London)	Team Northumbria	Ernest Bevin College	12:30	13:00
Sat.13/12/2014	32	W58	Team South Wales	Swiss Cottage	USW Sports Park	11:00	11:30
Sun.14/12/2014	37	M1	Coventry & Warwick Riga	London Knights LS KVC	Alan Higgs Centre	16:00	16:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun, 14/11/2014	57	M1	Birmingham	Newcastle Staffs	The Woodcock Sports Centre	14:30	15:00
Sun, 14/11/2014	90	M1	Leeds VC	Tending VC	Gryphon Sports Centre	12:15	12:45
Sun, 14/11/2014	30	M2S	Richmond VB	Wessex M3	Kingston Arena	13:30	13:30
Sun, 14/11/2014	34	M5B	CBL Polonia London	Team Northumbria	Brentford Fountain Leisure Centre	15:00	15:30
Sun, 14/11/2014	7	W1	Bristol Ladies 1	Portsmouth	Abbeywood School	11:00	11:30
Sun, 14/11/2014	14	W1	Team Birmingham Volleyball Club	City of Sheffield	Doug Ellis Sports Centre	12:00	12:30
Sun, 14/11/2014	23	W2N	Coventry & Warwick Rigas	Newcastle (Staffs) Ladies	Alan Higgs Centre	14:00	14:30
Sun, 14/11/2014	36	W3S	Bristol Ladies 2	Soleist Ladies	Abbeywood School	13:00	13:30
Sun, 14/11/2014	37	W3S	Richmond VB 2	Wessex W2	Kingston Arena	13:00	13:30
Sun, 14/11/2014	34	W5B	Polonia SideOut London	Team Northumbria	St Benedicts School	14:30	15:00
Sun, 14/11/2014	35	W5B	Surrey Orcas	Wessex W1	ACG Egham	11:15	11:45
Sat, 03/01/2015	45	M1	Essex Blaze	Birmingham	Boswells School	11:00	11:30
Sat, 03/01/2015	42	M2N	Sunderland City Predators	Team Birmingham Volleyball Club	City Space, University of Sunderland	12:00	12:30
Sat, 03/01/2015	44	M2S	Team Loughborough - Lions	Leicester VC	Umbroton Academy	17:30	18:00
Sat, 03/01/2015	38	W5S	Essex Trinity	Devon Storm	Boswells School	13:30	14:00
Sat, 03/01/2015	40	W5S	Worthing VC	Dartford Tussers	Worthing Volleyball club	13:00	13:30
Sun, 04/01/2015	45	W1	Oxford Students	Tending VC Ladies	St. Gregory The Great School	12:00	12:30
Sun, 04/01/2015	44	W2N	Birmingham	Coventry & Warwick Rigas	The Woodcock Sports Centre	11:30	12:00
Sun, 04/01/2015	45	W2N	North Hiddings Eagles	Black Country Redhill Tigers	Whitby Leisure Centre	11:30	11:30
Sun, 04/01/2015	41	W2S	New Forest Ladies	South Hants	New Forest Volleyball Centre	11:00	11:30
Sun, 11/01/2015	61	M2N	Essex Estonians	Newcastle Staffs 2	Boswells School	14:00	14:30
Sun, 11/01/2015	12	M2S	City of Bristol	Wessex M3	Brislington Enterprise College	11:00	11:30
Sun, 11/01/2015	42	W2S	Richmond VB	Reading Aces 1	Kingston Arena	13:00	13:30
Sun, 11/01/2015	60	W2S	Plymouth	New Forest Ladies	Coombe Dean School	12:00	12:30
Sun, 11/01/2015	31	W3S	Team Southampton	Richmond VB 2	Crestwood College	12:00	12:30
Sat, 17/01/2015	13	M1	Coventry & Warwick Rigas	Leeds VC	Alan Higgs Centre	16:00	16:30
Sat, 17/01/2015	47	M1	Wessex BU M2	Essex Blaze	LeAF Academy	11:30	12:00
Sat, 17/01/2015	48	M1	London Knights LS KVC	London Lynx 2	City of Westminster College	13:00	13:30
Sat, 17/01/2015	45	M2N	Loughborough Students	Sunderland City Predators	Lboro University Netball/Badminton Centre	11:30	12:00
Sat, 17/01/2015	47	M2N	Northumbria / Middlesbrough Academy	Team Loughborough - Lions	Middlesbrough College	12:00	12:30
Sat, 17/01/2015	48	M2N	Leicester VC	Newcastle Staffs 2	Watershed Youth Centre	12:30	13:00
Sat, 17/01/2015	43	M2S	Cardiff Cells	Bristol Mens 1	USW Sports Park	14:00	14:30
Sat, 17/01/2015	44	M2S	City of Bristol	Dartford Volleyball Club (Mens)	Brislington Enterprise College	17:00	17:30
Sat, 17/01/2015	45	M2S	Exeter Storm	Team Southampton	Asimoor Recreation Centre	14:00	14:30
Sat, 17/01/2015	46	M2S	Hordean Volleyball Club	Richmond VB	Highbury College	11:30	12:00
Sat, 17/01/2015	47	M2S	Soleist 2	Wessex M3	Itchen College	11:15	11:45
Sat, 17/01/2015	33	M5B	City of Sheffield	Malory Eagles (London)	All Saints, Sheffield	13:45	14:15
Sat, 17/01/2015	36	M5B	Wessex BU M1	CBL Polonia London	LeAF Academy	15:30	16:00
Sat, 17/01/2015	56	M5B	London Lynx 1	Soleist 1	SportsDock, UEL	14:00	14:30
Sat, 17/01/2015	46	W1	City of Sheffield	Team Birmingham Volleyball Club	All Saints, Sheffield	15:45	16:15
Sat, 17/01/2015	47	W1	Farneside V.C	Oxford Students	Fairfield High School	18:00	18:30
Sat, 17/01/2015	48	W1	Tending VC Ladies	Ascombe Docking	Tending Technology College	12:30	13:00
Sat, 17/01/2015	47	W2N	Black Country Redhill Tigers	Nottingham Rockets	Redhill School Sports Hall	11:30	12:00
Sat, 17/01/2015	11	W2N	Coventry & Warwick Rigas	Leeds VC	Alan Higgs Centre	14:00	14:30
Sat, 17/01/2015	46	W2N	Loughborough Students	North Hiddings Eagles	Lboro University Netball/Badminton Centre	13:30	14:00
Sat, 17/01/2015	43	W2S	Devon Storm	Worthing VC	Asimoor Recreation Centre	11:00	11:30
Sat, 17/01/2015	7	W5B	Team South Wales	City of Salford VC	USW Sports Park	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat,17/01/2015	36	WS8	Wessex W1	Polonia SideOut London	LeAF Academy	13:30	14:00
Sun,18/01/2015	50	M1	Birmingham	Danes Watford	The Woodcock Sports Centre	14:30	15:00
Sun,18/01/2015	49	M2N	Nottingham Rockets 1	Sunderland City Predators	Jubilee SC	11:30	12:00
Sun,18/01/2015	69	M2N	Team Birmingham Volleyball Club	Newcastle Staffs 2	Doug Ellis Sports Centre	14:30	15:00
Sun,18/01/2015	18	M3SE	EBG Greenhouse (London)	London Aces	Kingston Arena	13:00	13:30
Sun,18/01/2015	18	M3SE	Richmond VB 2	EBG Greenhouse (London)	Kingston Arena	15:00	15:30
Sun,18/01/2015	18	M3SE	Richmond VB 2	London Aces	Kingston Arena	11:00	11:30
Sun,18/01/2015	38	M58	London Lynx 1	Team Loughborough	SportsDock, UEL	15:15	15:45
Sun,18/01/2015	49	W1	Portsmouth	Team Loughborough	Priory School	11:00	11:30
Sun,18/01/2015	51	W1	City of Sheffield	Oxford Students	All Saints, Sheffield	13:15	13:45
Sun,18/01/2015	50	W2N	Birmingham	Newcastle (Staffs) Ladies	The Woodcock Sports Centre	11:30	12:00
Sun,18/01/2015	72	W2N	Team Durham	Manchester Marvels	Durham University	11:00	11:30
Sun,18/01/2015	45	W2S	New Forest Ladies	Essex Trinity	New Forest Volleyball Centre	13:30	14:00
Sun,18/01/2015	46	W2S	Richmond VB	Dulwich Tuskies	Kingston Arena	13:00	13:30
Sun,18/01/2015	47	W2S	Reading Aces 1	Plymouth	Kendrick School	14:00	14:30
Sun,18/01/2015	48	W2S	Bath Mavericks	South Hants	Laingdon School	11:00	11:30
Sun,18/01/2015	61	W2S	Bath Mavericks	Devon Storm	Laingdon School	14:00	14:30
Sun,18/01/2015	10	W3C	Derford Ladies	Northampton	Derford Technology College	16:00	16:30
Sun,18/01/2015	10	W3C	Derford Ladies	RAF Hawks	Derford Technology College	12:00	12:30
Sun,18/01/2015	10	W3C	Northampton	RAF Hawks	Derford Technology College	14:00	14:30
Sun,18/01/2015	9	W3C	DARKSTAR Derbyshire	Ashfield Vipers	Derby Moore School	14:30	15:00
Sun,18/01/2015	9	W3N	DARKSTAR Derbyshire	York	Derby Moore School	10:30	11:00
Sun,18/01/2015	9	W3N	York	Ashfield Vipers	Derby Moore School	12:30	13:00
Sun,18/01/2015	13	W3S	Cardiff Celts Ladies	Bristol Ladies 2	Cardiff Metropolitan University	15:00	15:30
Sun,18/01/2015	13	W3S	Cardiff Celts Ladies	Team Southampton	Cardiff Metropolitan University	11:00	11:30
Sun,18/01/2015	13	W3S	Team Southampton	Bristol Ladies 2	Cardiff Metropolitan University	13:00	13:30
Sun,18/01/2015	14	W3S	Farnborough Devils	City of Bristol Ladies	Surrey Sports Park	11:00	11:30
Sun,18/01/2015	14	W3S	Farnborough Devils	Richmond VB 2	Surrey Sports Park	15:00	15:30
Sun,18/01/2015	14	W3S	Richmond VB 2	City of Bristol Ladies	Surrey Sports Park	13:30	13:30
Sun,18/01/2015	15	W3S	Ashcombe Dorking 2	Sussex Dolphins	Ashcombe Volleyball Centre	15:00	15:30
Sun,18/01/2015	15	W3S	Ashcombe Dorking 2	Sussex W2	Ashcombe Volleyball Centre	11:30	11:30
Sun,18/01/2015	15	W3S	Wessex W2	Sussex Dolphins	Ashcombe Volleyball Centre	13:00	13:30
Sun,18/01/2015	38	WS8	Swiss Cottage	Surrey Orcas	SportsDock, UEL	13:00	13:30
Sat,24/01/2015	52	M1	Danes Watford	Wessex BU M2	St Clement Danes School	17:30	18:00
Sat,24/01/2015	53	M1	London Lynx 2	Birmingham	SportsDock, UEL	14:00	14:30
Sat,24/01/2015	54	M1	London Knights LS KVC	Coventry & Warwick Riga	City of Westminster College	13:00	13:30
Sat,24/01/2015	55	M1	Trending VC	Leeds VC	Trending Technology College	14:30	15:00
Sat,24/01/2015	56	M1	Newcastle Staffs	Essex Blaze	Keele University SC	17:30	18:00
Sat,24/01/2015	50	M2N	Loughborough Students	Nottingham Rockets 1	Sir David Wallace sports hall	17:30	18:00
Sat,24/01/2015	51	M2N	Team Loughborough - Lions	Team Birmingham Volleyball Club	Limhurst Academy	11:30	12:00
Sat,24/01/2015	52	M2N	Leicester VC	Northumbria / Middlesbrough Academy	Watershed Youth Centre	12:30	13:00
Sat,24/01/2015	53	M2N	Newcastle Staffs 2	Essex Estonians	Keele University SC	11:30	12:00
Sat,24/01/2015	49	M2S	City of Bristol	Team Southampton	Brislington Enterprise College	17:00	17:30
Sat,24/01/2015	50	M2S	Exeter Storm	Bristol Mens 1	Riverside Recreation Centre	12:00	12:30
Sat,24/01/2015	51	M2S	Spiet 2	Richmond VB	Itchen College	11:15	11:45
Sat,24/01/2015	11	M3SE	EBG Greenhouse (London)	London Aces	Ernest bevin College	15:00	15:30
Sat,24/01/2015	11	M3SE	EBG Greenhouse (London)	Newmarket VC	Ernest bevin College	11:00	11:30
Sat,24/01/2015	11	M3SE	London Aces	Newmarket VC	Ernest bevin College	13:00	13:30
Sat,24/01/2015	12	M3SE	Essex Juniors	Trending Academy	Ormonston Venture Academy	13:00	13:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.24/01/2015	12	M3SE	Notwich Spikers	Essex Juniors	Omiston Venture Academy	11:00	11:30
Sat.24/01/2015	12	M3SE	Notwich Spikers	Tending Academy	Omiston Venture Academy	15:00	15:30
Sat.24/01/2015	39	M58	CBL Polonia London	London Lynx 1	Brentford Fountain Leisure Centre	15:00	15:30
Sat.24/01/2015	40	M58	Solent 1	Malory Eagles (London)	Itchen College	14:00	14:30
Sat.24/01/2015	41	M58	Team Northumbria	Wessex BU M1	Sport Central	16:00	16:30
Sat.24/01/2015	52	W1	Ashcombe Dorking	Tameside V.C.	Ascombe Volleyball Centre	15:00	15:30
Sat.24/01/2015	54	W1	Tending VC Ladies	City of Sheffield	Tending Technology College	12:30	13:00
Sat.24/01/2015	51	W2N	Loughborough Students	Nottingham Rockets	Sir David Wallace sports hall	13:30	14:00
Sat.24/01/2015	52	W2N	Newcastle (Staffs) Ladies	Team Durham	Keels University SC	14:30	15:00
Sat.24/01/2015	49	W2S	Worthing VC	New Forest Ladies	Worthing Volleyball club	15:00	15:30
Sat.24/01/2015	50	W2S	Worthing VC	Essex Trinity	Worthing Volleyball club	13:00	13:30
Sat.24/01/2015	39	W58	Polonia SideOut London	Swiss Cottage	St Benedicts School	14:30	15:00
Sat.24/01/2015	41	W58	Team Northumbria	Wessex W1	Sport Central	13:00	13:30
Sat.24/01/2015	40	W58	Team South Wales	Malory Eagles (London)	USW Sports Park	11:00	11:30
Sun.25/01/2015	58	M1	Essex Blaze	Leeds VC	Boswells School	11:00	11:30
Sun.25/01/2015	89	M1	Newcastle Staffs	Wessex BU M2	Keels University SC	14:30	15:00
Sun.25/01/2015	54	M2N	Northumbria / Middlesbrough Academy	Standerford City Predators	Middlesbrough College	12:00	12:30
Sun.25/01/2015	52	M2S	Wessex M3	Cardiff Cels	LEAF Academy	14:30	15:00
Sun.25/01/2015	11	M3C	Nottingham Rockets 2	Oxford Students	Jubilee SC	11:30	12:00
Sun.25/01/2015	11	M3C	Nottingham Rockets 2	RAF Harriers	Jubilee SC	15:30	16:00
Sun.25/01/2015	11	M3C	RAF Harriers	Oxford Students	Jubilee SC	13:30	14:00
Sun.25/01/2015	10	M3C	Milton Keynes	St. Albans Harriers	Woughton LC	15:30	16:00
Sun.25/01/2015	12	M3C	Peterborough VC and Anglia Ruskin University	Peterborough Harriers Men	North Cambridge Academy	13:00	13:30
Sun.25/01/2015	10	M3N	Hull Volley Thunder	Manchester Marvels 2	Hull Trinity House Academy	16:00	16:30
Sun.25/01/2015	10	M3N	Hull Volley Thunder	Wigan Seahawks	Hull Trinity House Academy	12:00	12:30
Sun.25/01/2015	10	M3N	Manchester Marvels 2	Wigan Seahawks	Hull Trinity House Academy	14:00	14:30
Sun.25/01/2015	11	M3N	Houghton Darlington	Team Durham	Darlington Education Village	15:00	15:30
Sun.25/01/2015	11	M3N	Houghton Darlington	York VC	Darlington Education Village	11:00	11:30
Sun.25/01/2015	11	M3N	Team Durham	York VC	Darlington Education Village	13:00	13:30
Sun.25/01/2015	12	M3N	City of Sheffield 2	Blith Valley	Derby Moor School	12:30	13:00
Sun.25/01/2015	12	M3N	DARKSTAR Derbyshire	Blith Valley	Derby Moor School	10:30	11:00
Sun.25/01/2015	10	M3SW	Cardiff Cels 2	City of Sheffield 2	Derby Moor School	14:30	15:00
Sun.25/01/2015	10	M3SW	New Forest	Guildford International	New Forest Volleyball Centre	13:00	13:30
Sun.25/01/2015	10	M3SW	New Forest	Cardiff Cels 2	New Forest Volleyball Centre	11:00	11:30
Sun.25/01/2015	10	M3SW	South Hants	Guildford International	New Forest Volleyball Centre	15:00	15:30
Sun.25/01/2015	11	M3SW	South Hants	Arun-VC	Grestwood College	14:15	14:45
Sun.25/01/2015	11	M3SW	Team Southampton 2	Arun-VC	Grestwood College	12:15	12:45
Sun.25/01/2015	11	M3SW	Team Southampton 2	South Hants	Grestwood College	16:15	16:45
Sun.25/01/2015	12	M3SW	Kerrow	Wiltshire Mavericks	Truro Sports Hall	11:00	11:30
Sun.25/01/2015	42	M58	London Docklands	London Lynx 1	Haverstock School	14:15	14:45
Sun.25/01/2015	55	W1	Potomouth	Tameside V.C.	Priory School	11:00	11:30
Sun.25/01/2015	56	W1	Tending VC Ladies	Bristol Ladies 1	Tending Technology College	12:30	13:00
Sun.25/01/2015	57	W1	Oxford Students	Team Birmingham Volleyball Club	St. Gregory The Great School	11:00	11:30
Sun.25/01/2015	58	W1	Ashcombe Dorking	Team Loughborough	Ascombe Volleyball Centre	12:00	12:30
Sun.25/01/2015	53	W2N	Birmingham	Leeds VC	The Woodcock Sports Centre	11:30	12:00
Sun.25/01/2015	54	W2N	Newcastle (Staffs) Ladies	Covenry & Warwick Flga	Keels University SC	11:30	12:00
Sun.25/01/2015	51	W2S	Richmond VB	Devon Storm	Kingston Arena	13:00	13:30
Sun.25/01/2015	52	W2S	Plymouth	Dulwich Tuskers	Coombe Dean School	12:00	12:30
Sun.25/01/2015	53	W2S	Bath Mavericks	Reading Aces 1	Laington School	11:00	11:30
Sun.25/01/2015	54	W2S	Essex Trinity	South Hants	Boswells School	13:30	14:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,25/01/2015	32	W3S	Solent Ladies	Wessex W2	Woodlands Community School	13:30	14:00
Sun,25/01/2015	29	W3S	Ashcombe Dorking 2	Richmond VB 2	Kingsdon Arena	15:00	15:30
Sun,25/01/2015	29	W3S	Bristol Ladies 2	Ashcombe Dorking 2	Kingsdon Arena	13:00	13:30
Sun,25/01/2015	29	W3S	Bristol Ladies 2	Richmond VB 2	Kingsdon Arena	11:30	11:30
Sun,25/01/2015	42	W3S	Surrey Orcas	Team South Wales	ACG Egham	11:15	11:45
Sat,13/01/2015	90	M2S	Team Southampton	City of Bristol	Crestwood College	17:30	18:00
Sun,01/02/2015	11	M2S	Wessex M3	Exeter Storm	LeAF Academy	11:00	11:30
Sun,01/02/2015	42	M2S	Wessex M3	Richmond VB	LeAF Academy	13:00	13:30
Sun,01/02/2015	3	W1	Herts VC	Team Loughborough	Queens School, Bushey	11:00	11:30
Sun,01/02/2015	32	W2S	Plymouth	Richmond VB	Coombe Dean School	12:00	12:30
Sun,01/02/2015	33	W3S	Cardiff Celts Ladies	Sussex Dolphins	LeAF Academy	13:00	13:30
Sun,01/02/2015	38	W3S	Cardiff Celts Ladies	Wessex W2	LeAF Academy	11:00	11:30
Thu,05/02/2015	29	M3S	Wessex BU M1	Solent 1	LeAF Academy	19:00	19:30
Sat,07/02/2015	37	M2N	Manchester Marvels	Loughborough Students	Armitage Sports Centre (UofM)	17:00	17:30
Sat,07/02/2015	40	M2S	Dartford Volleyball Club (Mens)	Exeter Storm	Dartford Technology College	12:00	12:30
Sat,07/02/2015	41	M2S	Hordean Volleyball Club	City of Bristol	Highbury College	11:30	12:00
Sat,07/02/2015	14	M3SE	Essex Juniors	London Aces	Boswells School	11:00	11:30
Sat,07/02/2015	14	M3SE	Essex Juniors	Newmarket VC	Boswells School	15:00	15:30
Sat,07/02/2015	14	M3SE	London Aces	Newmarket VC	Boswells School	13:00	13:30
Sat,07/02/2015	53	W1	Bristol Ladies 1	Herts VC	Abbeywood School	11:00	11:30
Sat,07/02/2015	90	W2N	Manchester Marvels	Leeds VC	Armitage Sports Centre (UofM)	14:00	14:30
Sun,08/02/2015	46	M2N	Team Birmingham Volleyball Club	Nottingham Rockets 1	Doug Ellis Sports Centre	14:30	15:00
Sun,08/02/2015	13	M3C	Nottingham Rockets 2	Oxford Students	Jubilee SC	11:30	12:00
Sun,08/02/2015	13	M3C	Nottingham Rockets 2	Peterborough Harriers Men	Jubilee SC	15:30	16:00
Sun,08/02/2015	13	M3C	Oxford Students	Peterborough Harriers Men	Jubilee SC	13:30	14:00
Sun,08/02/2015	14	M3C	RAF Harriers	St. Albans Harriers	RAF Cranwell	10:30	11:00
Sun,08/02/2015	15	M3C	Milton Keynes	Cambridge VC and Anglia Ruskin University	Woughton LC	11:30	12:00
Sun,08/02/2015	13	M3N	Blith Valley	Houghton Darlington	Parks Leisure Centre	15:00	15:30
Sun,08/02/2015	13	M3N	Blith Valley	Wigan Seahawks	Parks Leisure Centre	11:00	11:30
Sun,08/02/2015	13	M3N	Wigan Seahawks	Houghton Darlington	Parks Leisure Centre	13:00	13:30
Sun,08/02/2015	15	M3N	DARKSTAR Derbyshire	Hull Volley Thunder	Derby Moor School	10:30	11:00
Sun,08/02/2015	15	M3N	DARKSTAR Derbyshire	York VC	Derby Moor School	14:30	15:00
Sun,08/02/2015	15	M3N	York VC	Hull Volley Thunder	Derby Moor School	12:30	13:00
Sun,08/02/2015	15	M3SE	Notwich Spikers	Richmond VB 2	Orniston Venture Academy	11:00	11:30
Sun,08/02/2015	15	M3SE	Notwich Spikers	Tending Academy	Orniston Venture Academy	15:00	15:30
Sun,08/02/2015	13	M3SE	Tending Academy	Richmond VB 2	Orniston Venture Academy	13:30	14:00
Sun,08/02/2015	13	M3SW	Arum-VC	Wiltshire Mavericks	Crestwood College	14:15	14:45
Sun,08/02/2015	13	M3SW	Team Southampton 2	Arum-VC	Crestwood College	16:15	16:45
Sun,08/02/2015	13	M3SW	Team Southampton 2	Wiltshire Mavericks	Crestwood College	12:15	12:45
Sun,08/02/2015	14	M3SW	Cardiff Celts 2	Guildford International	Purbrook Park School	13:00	13:30
Sun,08/02/2015	14	M3SW	South Hants	Cardiff Celts 2	Purbrook Park School	11:00	11:30
Sun,08/02/2015	14	M3SW	South Hants	Guildford International	Purbrook Park School	15:00	15:30
Sun,08/02/2015	15	M3SW	New Forest	Kernow	New Forest Volleyball Centre	11:00	11:30
Sun,08/02/2015	44	W1	Ashcombe Dorking	Portsmouth	Ashcombe Volleyball Centre	12:00	12:30
Sun,08/02/2015	56	W2S	New Forest Ladies	Richmond VB	New Forest Volleyball Centre	13:00	13:30
Sun,08/02/2015	12	W3C	Northampton	Cambridge VC and Anglia Ruskin University	Moulton Leisure Centre	16:00	16:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun, 08/02/2015	12	W3C	Northampton	Telford Ladies	Moulton Leisure Centre	12:00	12:30
Sun, 08/02/2015	12	W3C	Telford Ladies	Cambridge VC and Anglia Ruskin University	Moulton Leisure Centre	14:00	14:30
Sun, 08/02/2015	13	W3C	Peterborough Harriers Ladies	Oxford Ladies	Voyager Academy	10:00	10:30
Sun, 08/02/2015	13	W3C	Peterborough Harriers Ladies	RAF Hawks	Voyager Academy	14:00	14:30
Sun, 08/02/2015	13	W3C	RAF Hawks	Oxford Ladies	Voyager Academy	12:00	12:30
Sun, 08/02/2015	11	W3N	City of Salford 2	York	Darlington Education Village	13:00	13:30
Sun, 08/02/2015	11	W3N	Haughton Darlington	City of Salford 2	Darlington Education Village	11:00	11:30
Sun, 08/02/2015	13	W3N	Ashfield Vipers	Chester Amazons	Darlington Education Village	15:00	15:30
Sun, 08/02/2015	13	W3N	Wirral Wasps	Ashfield Vipers	Woodchurch High School SC	11:00	11:30
Sun, 08/02/2015	13	W3N	Wirral Wasps	Chester Amazons	Woodchurch High School SC	15:00	15:30
Sun, 08/02/2015	16	W3S	Wirral Wasps	City of Bristol Ladies	Woodchurch High School SC	11:00	11:30
Sun, 08/02/2015	16	W3S	Bristol Ladies 2	City of Bristol Ladies	Abbeywood School	15:00	15:30
Sun, 08/02/2015	16	W3S	City of Bristol Ladies	Solent Ladies	Abbeywood School	11:00	11:30
Sun, 08/02/2015	17	W3S	Ashcombe Docking 2	Farnborough Devils	Abbeywood School	13:00	13:30
Sun, 08/02/2015	17	W3S	Ashcombe Docking 2	Sussex Dolphins	Ashcombe Volleyball Centre	15:00	15:30
Sun, 08/02/2015	17	W3S	Sussex Dolphins	Farnborough Devils	Ashcombe Volleyball Centre	11:00	11:30
Sun, 08/02/2015	17	W3S	Sussex Dolphins	Farnborough Devils	Ashcombe Volleyball Centre	13:00	13:30

Sat, 14/02/2015	59	M1	Wessex BU M2	London Lynx 2	LeAF Academy	14:30	15:00
Sat, 14/02/2015	60	M1	London Knights LS KVC	Tending VC	City of Westminster College	13:00	13:30
Sat, 14/02/2015	61	M1	Conventry & Warwick Riga	Newcastle Staffs	Alan Higgins Centre	16:00	16:30
Sat, 14/02/2015	62	M1	Essex Blaze	Danes Watford	Boswells School	11:00	11:30
Sat, 14/02/2015	55	M2N	Manchester Marvels	Nottingham Rockets 1	Armitage Sports Centre (UoM)	14:00	14:30
Sat, 14/02/2015	56	M2N	Loughborough Students	Team Loughborough - Lions	Lboro University Netball/Badminton Centre	11:30	12:00
Sat, 14/02/2015	58	M2N	Northumbria / Middlesbrough Academy	Newcastle Staffs 2	Middlesbrough College	12:00	12:30
Sat, 14/02/2015	59	M2N	Essex Estonians	Sunderland City Predators	Boswells School	13:30	14:00
Sat, 14/02/2015	53	M2S	Cardiff Calls	Richmond VB	USW Sports Park	14:00	14:30
Sat, 14/02/2015	54	M2S	City of Bristol	Bristol Mens 1	Brinsford Enterprise College	17:00	17:30
Sat, 14/02/2015	55	M2S	Dartford Volleyball Club (Mens)	Team Southampton	Dartford Technology College	12:00	12:30
Sat, 14/02/2015	56	M2S	Exeter Storm	Wessex M3	Ashmoor Recreation Centre	12:00	12:30
Sat, 14/02/2015	57	M2S	Solent 2	Hordean Volleyball Club	Ishem College	11:15	11:45
Sat, 14/02/2015	44	W58	City of Sheffield	CBL Polonia London	All Saints, Sheffield	13:45	14:15
Sat, 14/02/2015	45	W58	Solent 1	London Docklands	Ilchen College	14:00	14:30
Sat, 14/02/2015	46	W58	Malory Eagles (London)	Wessex BU M1	Ernest Bevin College	14:45	15:15
Sat, 14/02/2015	60	W1	Oxford Students	Herts VC	St. Gregory The Great School	11:00	11:30
Sat, 14/02/2015	61	W1	Team Birmingham Volleyball Club	Tending VC Ladies	Doug Ellis Sports Centre	12:00	12:30
Sat, 14/02/2015	62	W1	Team Loughborough	Tameside V.C.	Welbeck College	12:00	12:30
Sat, 14/02/2015	57	W2N	Black Country Redhill Tigers	Birmingham	Redhill School Sports Hall	11:30	12:00
Sat, 14/02/2015	56	W2N	Loughborough Students	Conventry & Warwick Riga	Lboro University Netball/Badminton Centre	13:30	14:00
Sat, 14/02/2015	55	W2N	Manchester Marvels	Nottingham Rockets	Armitage Sports Centre (UoM)	17:00	17:30
Sat, 14/02/2015	18	W3S	Bristol Ladies 2	Farnborough Devils	St Pauls Catholic College	14:30	15:00
Sat, 14/02/2015	18	W3S	Sussex Dolphins	Bristol Ladies 2	St Pauls Catholic College	16:30	17:00
Sat, 14/02/2015	18	W3S	Sussex Dolphins	Farnborough Devils	St Pauls Catholic College	12:30	13:00
Sat, 14/02/2015	44	W58	City of Salford VC	Polonia SideOut London	Fit City Ecoles	14:00	14:30
Sat, 14/02/2015	46	W58	Malory Eagles (London)	Wessex W1	Ernest Bevin College	12:30	13:00
Sat, 14/02/2015	45	W58	Team South Wales	Surrey Orcas	USW Sports Park	11:00	11:30

Sun, 15/02/2015	7	M1	Essex Blaze	London Lynx 2	Boswells School	11:00	11:30
Sun, 15/02/2015	63	M1	Birmingham	Conventry & Warwick Riga	The Woodcock Sports Centre	14:30	15:00
Sun, 15/02/2015	64	M1	London Knights LS KVC	Leicester VC	St Clement Danes School	11:00	11:30
Sun, 15/02/2015	57	M2N	Team Birmingham Volleyball Club		Doug Ellis Sports Centre	14:30	15:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,15/02/2015	60	M2N	Loughborough Students	Manchester Marvels	Lboro University Netball/Badminton Centre	11:00	11:30
Sun,15/02/2015	14	M3N	City of Sheffield 2	Manchester Marvels 2	All Saints, Sheffield	16:15	16:45
Sun,15/02/2015	14	M3N	City of Sheffield 2	Team Durham	All Saints, Sheffield	12:15	12:45
Sun,15/02/2015	47	M3N	Manchester Marvels 2	Team Durham	All Saints, Sheffield	14:15	14:45
Sun,15/02/2015	47	M5B	London Lynx 1	Team Northumbria	Whitechapel S.C	13:30	14:00
Sun,15/02/2015	59	W1	Oxford Students	Portsmouth	St Gregory The Great School	11:00	11:30
Sun,15/02/2015	63	W1	Team Loughborough	Tending VC Ladies	Welbeck College	11:30	12:00
Sun,15/02/2015	64	W1	Team Birmingham Volleyball Club	Tameside V.C	Doug Ellis Sports Centre	12:00	12:30
Sun,15/02/2015	68	W1	Bristol Ladies 1	City of Sheffield	Abeywood School	11:00	11:30
Sun,15/02/2015	58	W2N	Loughborough Students	Newcastle (Staffs) Ladies	Lboro University Netball/Badminton Centre	13:00	13:30
Sun,15/02/2015	61	W2N	Team Durham	Durham Ridings Eagles	Durham University	11:00	11:30
Sun,15/02/2015	27	W2S	Essex Trinity	Plymouth	Boswells School	14:00	14:30
Sun,15/02/2015	57	W2S	Dulwich Tuskers	Bath Mavericks	Ernest Bevin College	13:00	13:30
Sun,15/02/2015	58	W2S	Reading Aces 1	South Hants	Kendrick School	12:00	12:30
Sun,15/02/2015	14	W3C	Norfolk Ladies	Telford Ladies	Ferry Leisure Centre	14:00	14:30
Sun,15/02/2015	14	W3C	Oxford Ladies	Norfolk Ladies	Ferry Leisure Centre	12:00	12:30
Sun,15/02/2015	14	W3C	Oxford Ladies	Telford Ladies	Ferry Leisure Centre	16:00	16:30
Sun,15/02/2015	15	W3C	Northampton	Peterborough Harriers Ladies	Moulton Leisure Centre	16:00	16:30
Sun,15/02/2015	15	W3C	Northampton	University of East London	Moulton Leisure Centre	12:00	12:30
Sun,15/02/2015	15	W3C	Peterborough Harriers Ladies	University of East London	Moulton Leisure Centre	14:00	14:30
Sun,15/02/2015	16	W3C	Cambridge VC and Anglia Ruskin University	Dartford Ladies	RAF Cranwell	12:30	13:00
Sun,15/02/2015	16	W3C	RAF Hawks	Cambridge VC and Anglia Ruskin University	RAF Cranwell	14:30	15:00
Sun,15/02/2015	16	W3C	RAF Hawks	Dartford Ladies	RAF Cranwell	10:30	11:00
Sun,15/02/2015	14	W3N	Chesster Amazons	DARKSTAR Derbyshire	University of Chester, Sports Hall	14:30	15:00
Sun,15/02/2015	14	W3N	Chesster Amazons	Haughton Darlington	University of Chester, Sports Hall	10:30	11:00
Sun,15/02/2015	14	W3N	Haughton Darlington	DARKSTAR Derbyshire	University of Chester, Sports Hall	12:30	13:00
Sun,15/02/2015	15	W3N	Ashfield Vipers	City of Salford 2	Vision West	15:00	15:30
Sun,15/02/2015	15	W3N	Ashfield Vipers	Sunderland City Predators	Vision West	11:00	11:30
Sun,15/02/2015	15	W3N	City of Salford 2	Sunderland City Predators	Vision West	13:00	13:30
Sun,15/02/2015	16	W3N	Manchester Marvels 2	York	Woodchurch High School SC	13:00	13:30
Sun,15/02/2015	16	W3N	Manchester Marvels 2	York	Woodchurch High School SC	15:00	15:30
Sun,15/02/2015	16	W3N	Wirral Wasps	Manchester Marvels 2	Woodchurch High School SC	11:00	11:30
Sun,15/02/2015	19	W3S	Ashcombe Dorking 2	Team Southampton	Brislington Enterprise College	13:00	13:30
Sun,15/02/2015	19	W3S	City of Bristol Ladies	Ashcombe Dorking 2	Brislington Enterprise College	11:00	11:30
Sun,15/02/2015	19	W3S	City of Bristol Ladies	Team Southampton	Brislington Enterprise College	15:00	15:30
Sun,15/02/2015	47	W5B	Swiss Cottage	Team Northumbria	Whitechapel S.C	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat,21/02/2015	66	M1	Tending VC	Birmingham	Tending Technology College	12:30	13:00
Sat,21/02/2015	67	M1	London Lynx 2	Newcastle Staffs	SportsDock, UEL	14:00	14:30
Sat,21/02/2015	65	M2N	Nottingham Rockets 1	Essex Estotians	Jubilee SC	15:00	15:30
Sat,21/02/2015	62	M2N	Team Loughborough - Lions	Manchester Marvels	Limhurst Academy	17:30	18:00
Sat,21/02/2015	63	M2N	Leicester VC	Loughborough Students	Watershed Youth Centre	12:30	13:00
Sat,21/02/2015	64	M2N	Northumbria / Middlesbrough Academy	Team Birmingham Volleyball Club	Middlesbrough College	12:00	12:30
Sat,21/02/2015	66	M2N	Newcastle Staffs 2	Sunderland City Predators	Keele University SC	11:30	12:00
Sat,21/02/2015	59	M2S	Bristol Mens 1	Dartford Volleyball Club (Mens)	Abbeywood School	11:00	11:30
Sat,21/02/2015	58	M2S	Cardiff Celts	Solent 2	USW Sports Centre Newport	14:00	14:30
Sat,21/02/2015	60	M2S	Hornsea Volleyball Club	Team Southampton	Highbury College	11:30	12:00
Sat,21/02/2015	48	M5B	GBL Polonia London	Solent 1	Brentford Fountain Leisure Centre	15:00	15:30
Sat,21/02/2015	49	M5B	Team Northumbria	City of Sheffield	Sport Central	16:00	16:30
Sat,21/02/2015	50	M5B	Wessex BU M1	London Lynx 1	LeAF Academy	16:30	17:00
Sat,21/02/2015	65	W1	Tending VC Ladies	Herts VC	Tending Technology College	14:30	15:00

Date	Match	Division	Home	Away	Venue	Warmup	Match Start
Sat,21/02/2015	66	W1	Bristol Ladies 1	Team Loughborough	Abbeystead School	13:00	13:30
Sat,21/02/2015	62	W2N	Coventry & Warwick Riga	Manchester Marvels	Alan Higgs Centre	14:00	14:30
Sat,21/02/2015	64	W2N	Newcastle (Strids) Ladies	North Ridings Eagles	Keels University SC	14:30	15:00
Sat,21/02/2015	63	W2N	Nottingham Rockets	Team Durham	Jubilee SC	11:30	12:00
Sat,21/02/2015	59	W2S	Essex Trinity	New Forest Ladies	Boswells School	13:30	14:00
Sat,21/02/2015	49	W3S	Team Northumbria	City of Salford VC	Sport Central	13:00	13:30
Sat,21/02/2015	18	W3S	Team South Wales	Polonia SideOut London	USW Sports Centre Newport	11:00	11:30
Sat,21/02/2015	50	W3S	Wessex W1	Swiss Cottage	LeAF Academy	14:30	15:00
Sun,22/02/2015	68	M1	Coventry & Warwick Riga	Danes Watford	Alan Higgs Centre	16:00	16:30
Sun,22/02/2015	69	M1	Birmingham	London Lynx 2	The Woodcock Sports Centre	14:30	15:00
Sun,22/02/2015	61	M2S	Richmond VB	Exeter Storm	Kingsdon Arena	13:00	13:30
Sun,22/02/2015	18	M3C	Nottingham Rockets 2	RAF Harriers	Jubilee SC	11:30	12:00
Sun,22/02/2015	16	M3C	Oxford Students	Cambridge VC and Anglia Ruskin University	St Gregory the Great School	12:00	12:30
Sun,22/02/2015	17	M3C	Milton Keynes	St Albans Harriers	Voyager Academy	12:00	12:30
Sun,22/02/2015	17	M3C	Peterborough Harriers Men	Milton Keynes	Voyager Academy	14:00	14:30
Sun,22/02/2015	17	M3C	Peterborough Harriers Men	St Albans Harriers	Voyager Academy	10:00	10:30
Sun,22/02/2015	16	M3N	Byth Valley	York VC	Armada Sports Centre (UoM)	13:00	13:30
Sun,22/02/2015	16	M3N	Manchester Marvels 2	Byth Valley	Armada Sports Centre (UoM)	11:00	11:30
Sun,22/02/2015	16	M3N	Manchester Marvels 2	York VC	Armada Sports Centre (UoM)	15:00	15:30
Sun,22/02/2015	17	M3N	Haughton Darlington	City of Sheffield 2	Darlington Education Village	15:00	15:30
Sun,22/02/2015	17	M3N	Haughton Darlington	Hull Volley Thunder	Darlington Education Village	11:00	11:30
Sun,22/02/2015	17	M3N	Hull Volley Thunder	City of Sheffield 2	Darlington Education Village	13:00	13:30
Sun,22/02/2015	18	M3N	DARKSTAR Derbyshire	Wigan Seahawks	Durham University	13:00	13:30
Sun,22/02/2015	18	M3N	Team Durham	DARKSTAR Derbyshire	Durham University	11:00	11:30
Sun,22/02/2015	18	M3N	Team Durham	Wigan Seahawks	Durham University	15:00	15:30
Sun,22/02/2015	17	M3SE	Newmarket VC	Tending Academy	Newmarket Leisure Centre	11:00	11:30
Sun,22/02/2015	17	M3SE	Newmarket VC	University of East London	Newmarket Leisure Centre	15:00	15:30
Sun,22/02/2015	17	M3SE	Tending Academy	University of East London	Newmarket Leisure Centre	13:00	13:30
Sun,22/02/2015	19	M3SE	Norwich Spikers	Essex Juniors	Omission Venture Academy	11:00	11:30
Sun,22/02/2015	16	M3SW	Alton VC	Kerrow	Friends Life	13:15	13:45
Sun,22/02/2015	16	M3SW	Gulford International	Alton VC	Friends Life	15:15	15:45
Sun,22/02/2015	16	M3SW	Gulford International	Kerrow	Friends Life	11:15	11:45
Sun,22/02/2015	17	M3SW	New Forest	Cardiff Celts 2	Lavington School	13:00	13:30
Sun,22/02/2015	17	M3SW	Wiltshire Mavericks	Cardiff Celts 2	Lavington School	11:00	11:30
Sun,22/02/2015	17	M3SW	Wiltshire Mavericks	New Forest	Lavington School	15:00	15:30
Sun,22/02/2015	18	M3SW	Team Southampton 2	South Hants	Grestwood College	12:15	12:45
Sun,22/02/2015	51	M3S	London Docklands	Solent 1	Haverstock School	14:15	14:45
Sun,22/02/2015	67	W1	Ashcombe Docking	Tending VC Ladies	Ashcombe Volleyball Centre	12:00	12:30
Sun,22/02/2015	66	W2N	Birmingham	Loughborough Students	The Woodcock Sports Centre	11:30	12:00
Sun,22/02/2015	65	W2N	Coventry & Warwick Riga	Black Country Redhill Tigers	Alan Higgs Centre	14:00	14:30
Sun,22/02/2015	62	W2S	Reading Aces 1	Dulwich Tuskies	Kendrick School	12:00	12:30
Sun,22/02/2015	63	W2S	Richmond VB	Essex Trinity	Kendrick School	13:00	13:30
Sun,22/02/2015	12	W3N	DARKSTAR Derbyshire	Manchester Marvels 2	Derby Moore School	14:30	15:00
Sun,22/02/2015	12	W3N	DARKSTAR Derbyshire	Sunderland City Predators	Derby Moore School	10:30	11:00
Sun,22/02/2015	12	W3N	Sunderland City Predators	Manchester Marvels 2	Derby Moore School	12:30	13:00
Sun,22/02/2015	33	W3S	City of Exeter VC	Malory Eagles (London)	Fit City Eccles	14:00	14:30
Sun,22/02/2015	51	W3S	Surrey Orcas	Swiss Cottage	ACG Egham	11:15	11:45
Mon,23/02/2015	9	M1	Tending VC	Essex Blaze	Tending Technology College	19:30	20:00



Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.28/02/2015	29	M2N	Manchester Marvels	Newcastle Staffs 2	Armitage Sports Centre (UoM)	12:00	12:30
Sat.28/02/2015	84	M2S	Bristol Mens 1	Soleit 2	Abbeywood School	11:30	11:30
Sat.28/02/2015	31	M2N	Newcastle (Staffs) Ladies	Loughborough Students	Keele University SC	14:30	15:00
Sat.28/02/2015	11	W3C	Dartford Ladies	University of East London	Orniston Venture Academy	13:30	14:00
Sat.28/02/2015	11	W3C	Norfolk Ladies	Dartford Ladies	Orniston Venture Academy	11:30	12:00
Sat.28/02/2015	11	W3C	Norfolk Ladies	University of East London	Orniston Venture Academy	15:30	16:00
Sun.01/03/2015	87	W2S	Dulwich Tuskers	Richmond VB	Ernest Bevin College	13:00	13:30
Sun.01/03/2015	24	W3C	Cambridge VC and Anglia Ruskin University	Oxford Ladies	SportsDock, UEL	13:00	13:30
Sun.01/03/2015	24	W3C	University of East London	Cambridge VC and Anglia Ruskin University	SportsDock, UEL	15:00	15:30
Sun.01/03/2015	24	W3C	University of East London	Oxford Ladies	SportsDock, UEL	11:00	11:30
Sun.01/03/2015	21	W3S	Farnborough Devils	City of Bristol Ladies	Surrey Sports Park	13:00	13:30
Sun.01/03/2015	21	W3S	Farnborough Devils	Richmond VB 2	Surrey Sports Park	17:00	17:30
Sun.01/03/2015	21	W3S	Richmond VB 2	City of Bristol Ladies	Surrey Sports Park	15:00	15:30
Sat.07/03/2015	70	M1	Wessex BU M2	Tending VC	LeAF Academy	14:30	15:00
Sat.07/03/2015	71	M1	London Knights LS KVC	Newcastle Staffs	City of Westminster College	13:00	13:30
Sat.07/03/2015	72	M1	Essex Blaze	Coventry & Warwick Riga	Boswells School	11:00	11:30
Sat.07/03/2015	73	M1	Danes Watford	London Lynx 2	St Clement Danes School	17:30	18:00
Sat.07/03/2015	67	M2N	Manchester Marvels	Leicester VC	Armitage Sports Centre (UoM)	14:00	14:30
Sat.07/03/2015	68	M2N	Loughborough Students	Northumbria / Middlesbrough Academy	Victory Hall (Holywell Park)	11:30	12:00
Sat.07/03/2015	70	M2N	Essex Estonians	Team Loughborough - Lions	Boswells School	13:30	14:00
Sat.07/03/2015	71	M2N	Sunderland City Predators	Nottingham Rockets 1	City Space, University of Sunderland	12:00	12:30
Sat.07/03/2015	62	M2S	Cardiff Cells	Hordean Volleyball Club	USW Sports Park	14:00	14:30
Sat.07/03/2015	63	M2S	City of Bristol	Richmond VB	Brislington Enterprise College	17:00	17:30
Sat.07/03/2015	64	M2S	Dartford Volleyball Club (Mens)	Wessex M3	Dartford Technology College	12:00	12:30
Sat.07/03/2015	65	M2S	Exeter Storm	Soleit 2	Ashtmoor Recreation Centre	14:00	14:30
Sat.07/03/2015	66	M2S	Team Southampton	Bristol Mens 1	Grestwood College	17:30	18:00
Sat.07/03/2015	52	M58	Team Northumbria	Soleit 1	Sport Central	16:00	16:30
Sat.07/03/2015	53	M58	City of Sheffield	Wessex BU M1	All Saints, Sheffield	13:45	14:15
Sat.07/03/2015	54	M58	Malory Eagles (London)	London Lynx 1	Ernest Bevin College	14:45	15:15
Sat.07/03/2015	55	M58	London Docklands	CBU Polonia London	Haverstock School	14:45	15:15
Sat.07/03/2015	69	W1	City of Sheffield	Bristol Ladies 1	All Saints, Sheffield	15:45	16:15
Sat.07/03/2015	69	W2N	Black Country Redhill Tigers	Newcastle (Staffs) Ladies	Redhill School Sports Hall	11:30	12:00
Sat.07/03/2015	68	W2N	Loughborough Students	Team Durham	Victory Hall (Holywell Park)	13:30	14:00
Sat.07/03/2015	67	W2N	Manchester Marvels	Birmingham	Armitage Sports Centre (UoM)	17:00	17:30
Sat.07/03/2015	70	W2N	Nottingham Rockets	Leeds VC	Jubilee SC	11:30	12:00
Sat.07/03/2015	66	W2S	Devon Storm	Reading Aces 1	Ashtmoor Recreation Centre	11:00	11:30
Sat.07/03/2015	67	W2S	Worthing VC	Richmond VB	Worthing Volleyball club	13:00	13:30
Sat.07/03/2015	53	W58	City of Salford VC	Wessex W1	Fit City Eccles	14:00	14:30
Sat.07/03/2015	54	W58	Malory Eagles (London)	Swiss Cottage	Ernest Bevin College	12:30	13:00
Sun.08/03/2015	74	M1	Danes Watford	Essex Blaze	St Clement Danes School	11:00	11:30
Sun.08/03/2015	75	M1	Birmingham	Leeds VC	The Woodcock Sports Centre	14:30	15:00
Sun.08/03/2015	72	M2N	Loughborough Students	Newcastle Staffs 2	Libra University Netball/Badminton Centre	11:00	11:30
Sun.08/03/2015	19	M3C	Cambridge VC and Anglia Ruskin University	Nottingham Rockets 2	St Albans HS	13:30	14:00
Sun.08/03/2015	19	M3C	St. Albans Harriers	Nottingham Rockets 1	St Albans HS	15:30	16:00
Sun.08/03/2015	19	M3C	St. Albans Harriers	Nottingham Rockets 2	St Albans HS	11:30	12:00
Sun.08/03/2015	20	M3C	Oxford Students	Milton Keynes	Ferry Sports Centre	15:30	16:00
Sun.08/03/2015	20	M3C	Oxford Students	RAF Harriers	Ferry Sports Centre	11:30	12:00
Sun.08/03/2015	20	M3C	RAF Harriers	Milton Keynes	Ferry Sports Centre	13:30	14:00

Date	Match	Division	Home	Away	Venue	Warmup	Match Start
Sun,08/03/2015	19	M3N	City of Sheffield 2	Manchester Marvels 2	Hull Trinity House Academy	14:00	14:30
Sun,08/03/2015	19	M3N	Hull Volley Thunder	City of Sheffield 2	Hull Trinity House Academy	16:00	16:30
Sun,08/03/2015	19	M3N	Hull Volley Thunder	Manchester Marvels 2	Hull Trinity House Academy	12:00	12:30
Sun,08/03/2015	20	M3N	Blyth Valley	DARKSTAR Derbyshire	Parks Leisure Centre	11:00	11:30
Sun,08/03/2015	20	M3N	Blyth Valley	Houghton Darlington	Parks Leisure Centre	15:00	15:30
Sun,08/03/2015	20	M3N	Houghton Darlington	DARKSTAR Derbyshire	Parks Leisure Centre	13:00	13:30
Sun,08/03/2015	21	M3N	Team Durham	Wigan Seahawks	Durham University	11:00	11:30
Sun,08/03/2015	21	M3N	Team Durham	York VC	Durham University	15:00	15:30
Sun,08/03/2015	21	M3N	Wigan Seahawks	York VC	Durham University	13:00	13:30
Sun,08/03/2015	21	M3SE	EBG Greenhouse (London)	Newmarket VC	Ernest bevin College	15:00	15:30
Sun,08/03/2015	21	M3SE	EBG Greenhouse (London)	Norwich Spikers	Ernest bevin College	11:00	11:30
Sun,08/03/2015	21	M3SE	Norwich Spikers	Newmarket VC	Ernest bevin College	13:00	13:30
Sun,08/03/2015	22	M3SE	Tending Academy	London Aces	Tending Technology College	11:00	11:30
Sun,08/03/2015	19	M3SW	Kenrow	South Hants	Truro Sports Hall	11:00	11:30
Sun,08/03/2015	19	M3SW	Kenrow	Wiltshire Mavericks	Truro Sports Hall	15:00	15:30
Sun,08/03/2015	19	M3SW	Wiltshire Mavericks	South Hants	Truro Sports Hall	13:00	13:30
Sun,08/03/2015	20	M3SW	New Forest	Guildford International	New Forest Volleyball Centre	11:00	11:30
Sun,08/03/2015	20	M3SW	New Forest	Team Southampton 2	New Forest Volleyball Centre	15:00	15:30
Sun,08/03/2015	21	M3SW	Arun-VC	Guildford International	Six Villages Sports Centre	12:15	12:45
Sun,08/03/2015	9	M58	Team Northumbria	Cardiff Celts 2	Sport Central	13:00	13:30
Sun,08/03/2015	37	M58	City of Sheffield	Solent 1	All Saints, Sheffield	13:15	13:45
Sun,08/03/2015	21	W1	Ashcombe Dorking	Team Birmingham Volleyball Club	Ashcombe Volleyball Centre	12:00	12:30
Sun,08/03/2015	70	W1	Pottsmouth	Tending VC Ladies	Priory School	11:00	11:30
Sun,08/03/2015	71	W1	Herts VC	City of Sheffield	Queens School, Bushey	11:00	11:30
Sun,08/03/2015	71	W2N	Loughborough Students	Oxford Students	Welbeck College	11:30	12:00
Sun,08/03/2015	74	W2N	North Ridings Eagles	Leeds VC	Libro University Netball/Badminton Centre	13:00	13:30
Sun,08/03/2015	55	W2S	Devon Storm	Nottingham Rockets	Whitby Leisure Centre	11:00	11:30
Sun,08/03/2015	68	W2S	Plymouth	Plymouth	Coombe Dean School	15:00	15:30
Sun,08/03/2015	69	W2S	Devon Storm	Essex Trinity	Coombe Dean School	11:00	11:30
Sun,08/03/2015	70	W2S	Bath Mavericks	Dulwich Tuskers	Coombe Dean School	13:00	13:30
Sun,08/03/2015	17	W3C	Dartford Ladies	Northampton	Dartford Technology College	11:00	11:30
Sun,08/03/2015	17	W3C	Dartford Ladies	Oxford Ladies	Dartford Technology College	16:00	16:30
Sun,08/03/2015	17	W3C	Oxford Ladies	Northampton	Dartford Technology College	12:00	12:30
Sun,08/03/2015	18	W3C	Cambridge VC and Anglia Ruskin University	Northfolk Ladies	Dartford Technology College	14:00	14:30
Sun,08/03/2015	18	W3C	Cambridge VC and Anglia Ruskin University	Peterborough Harriers Ladies	North Cambridge Academy	15:00	15:30
Sun,08/03/2015	18	W3C	Norfolk Ladies	Peterborough Harriers Ladies	North Cambridge Academy	11:00	11:30
Sun,08/03/2015	19	W3C	RAF Hawks	Telford Ladies	RAF Cranwell	13:00	13:30
Sun,08/03/2015	19	W3C	RAF Hawks	University of East London	RAF Cranwell	14:30	15:00
Sun,08/03/2015	17	W3N	University of East London	Telford Ladies	RAF Cranwell	10:30	11:00
Sun,08/03/2015	17	W3N	Ashfield Vipers	City of Salford 2	Joseph Rowntree School	12:30	13:00
Sun,08/03/2015	17	W3N	York	Ashfield Vipers	Joseph Rowntree School	13:00	13:30
Sun,08/03/2015	18	W3N	York	City of Salford 2	Joseph Rowntree School	11:00	11:30
Sun,08/03/2015	18	W3N	Crestler Amazons	DARKSTAR Derbyshire	University of Chester, Sports Hall	10:30	11:00
Sun,08/03/2015	18	W3N	Crestler Amazons	Wirral Wasps	University of Chester, Sports Hall	15:00	15:30
Sun,08/03/2015	18	W3N	DARKSTAR Derbyshire	Wirral Wasps	University of Chester, Sports Hall	14:30	15:00
Sun,08/03/2015	19	W3N	Houghton Darlington	Manchester Marvels 2	City Space, University of Sunderland	12:30	13:00
Sun,08/03/2015	19	W3N	Sunderland City Predators	Houghton Darlington	City Space, University of Sunderland	13:00	13:30
Sun,08/03/2015	19	W3N	Sunderland City Predators	Manchester Marvels 2	City Space, University of Sunderland	15:00	15:30
Sun,08/03/2015	22	W3S	Wessex W2	Solent Ladies	LeAF Academy	11:00	11:30
Sun,08/03/2015	55	W58	Surrey Orcas	Polonia SideOut London	ACG Egham	13:30	14:00
Sun,08/03/2015	55	W58	Surrey Orcas	Polonia SideOut London	ACG Egham	11:15	11:45

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,08/03/2015	9	WS8	Team Northumbria	Swiss Cottage	Sport Central	11:00	11:30
Sun,08/03/2015	56	WS8	Team South Wales	Wessex W1	USW Sports Park	11:00	11:30
Sat,14/03/2015	23	M2S	Nottingham Rockets 1	Loughborough Students	Jubilees SC	11:30	12:00
Sat,14/03/2015	48	M2S	Horndean Volleyball Club	Solent 2	Highbury College	11:30	12:00
Sat,14/03/2015	83	M2S	Bristol Mens 1	Richmond VB	Abbeywood School	11:00	11:30
Sat,14/03/2015	22	M3N	DARSTAR Derbyshire	Manchester Marvels 2	St Edmund Arowsmith Catholic High School	13:30	14:00
Sat,14/03/2015	22	M3N	Wigan Seatawaks	DARSTAR Derbyshire	St Edmund Arowsmith Catholic High School	11:30	12:00
Sat,14/03/2015	22	M3N	Wigan Seatawaks	Manchester Marvels 2	St Edmund Arowsmith Catholic High School	15:30	16:00
Sat,14/03/2015	43	W2N	Nottingham Rockets	Loughborough Students	Jubilees SC	15:30	16:00
Sat,14/03/2015	21	WS8	Malory Eagles (London)	City of Salford VC	Ernest Bevin College	13:00	13:30
Sun,15/03/2015	75	M2S	Team Birmingham Volleyball Club	Loughborough Students	Doug Ellis Sports Centre	14:30	15:00
Sun,15/03/2015	70	M2S	Richmond VB	Leigh Valleyball Club (Mens)	Kingston Arena	13:30	14:00
Sun,15/03/2015	24	M3SE	Richmond VB 2	Newmarket VC	Kingston Arena	11:00	11:30
Sun,15/03/2015	50	W1	Team Birmingham Volleyball Club	Bristol Ladies 1	Doug Ellis Sports Centre	12:00	12:30
Sun,15/03/2015	75	W1S	Herts VC	Oxford Students	Queens School, Bushey	11:00	11:30
Sun,15/03/2015	5	W2S	New Forest Ladies	Worthing VC	New Forest Volleyball Centre	15:00	15:30
Sun,15/03/2015	24	W2S	Worthing VC	Plymouth	New Forest Volleyball Centre	13:00	13:30
Sun,15/03/2015	80	W2S	New Forest Ladies	Plymouth	New Forest Volleyball Centre	11:00	11:30
Sun,15/03/2015	8	W3S	Sussex Dolphins	Bristol Ladies 2	Abbeywood School	12:30	13:00
Sun,15/03/2015	8	W3S	Sussex Dolphins	Team Southampton	Abbeywood School	14:30	15:00
Sun,15/03/2015	8	W3S	Team Southampton	Bristol Ladies 2	Abbeywood School	16:30	17:00
Sun,15/03/2015	23	W3S	Richmond VB 2	Cardiff Celts Ladies	Kingston Arena	11:00	11:30
Sun,15/03/2015	23	W3S	Richmond VB 2	Solent Ladies	Kingston Arena	15:00	15:30
Sun,15/03/2015	23	W3S	Solent Ladies	Cardiff Celts Ladies	Kingston Arena	13:00	13:30
Sat,21/03/2015	76	M1	Leeds VC	Wessex BU M2	Gryphon Sports Centre	14:15	14:45
Sat,21/03/2015	77	M1	London Knights LS KVC	Birmingham	City of Westminster College	13:00	13:30
Sat,21/03/2015	78	M1	Newcastle Staffs	Danes Watford	Keale University SC	17:30	18:00
Sat,21/03/2015	74	M2N	Northumbria / Middlesbrough Academy	Manchester Marvels	Middlesbrough College	12:00	12:30
Sat,21/03/2015	76	M2N	Leicester VC	Essex Estuans	Watnash Youth Centre	12:30	13:00
Sat,21/03/2015	77	M2N	Team Loughborough - Lions	Sunderland City Predators	Umeirust Academy	17:30	18:00
Sat,21/03/2015	78	M2N	Newcastle Staffs 2	Nottingham Rockets 1	Keale University SC	11:30	12:00
Sat,21/03/2015	68	M2S	City of Bristol	Solent 2	Brislington Enterprise College	17:00	17:30
Sat,21/03/2015	69	M2S	Horndean Volleyball Club	Bristol Mens 1	Highbury College	11:30	12:00
Sat,21/03/2015	2	M3SE	Norwich Spikers	EBBC Greenhouse (London)	SportsDock, UEL	13:00	13:30
Sat,21/03/2015	2	M3SE	University of East London	EBBC Greenhouse (London)	SportsDock, UEL	15:00	15:30
Sat,21/03/2015	2	M3SE	University of East London	Norwich Spikers	SportsDock, UEL	11:00	11:30
Sat,21/03/2015	43	W1	Tameside V.C.	Team Birmingham Volleyball Club	Fairfield High School	16:00	16:30
Sat,21/03/2015	76	W1	Tending VC Ladies	Team Loughborough	Tending Technology College	12:30	13:00
Sat,21/03/2015	78	W1	Ashcombe Dorking	Bristol Ladies 1	Ashcombe Volleyball Centre	12:00	12:30
Sat,21/03/2015	77	W2N	Black Country Redhill Tigers	Loughborough Students	Redhill School Sports Hall	11:30	12:00
Sat,21/03/2015	76	W2N	Coventry & Warwick Riga	North Ridings Eagles	Alan Higgs Centre	14:00	14:30
Sat,21/03/2015	75	W2N	Leeds VC	Birmingham	Gryphon Sports Centre	12:15	12:45
Sat,21/03/2015	78	W2N	Newcastle (Staffs) Ladies	Manchester Marvels	Keale University SC	14:30	15:00
Sat,21/03/2015	72	W2S	Reading Aces 1	New Forest Ladies	Juden Valley Leisure Centre	12:00	12:30
Sat,21/03/2015	75	W2S	South Hams	Richmond VB	Purbrook Park School	11:00	11:30
Sun,22/03/2015	65	M1	Coventry & Warwick Riga	Wessex BU M2	Alan Higgs Centre	16:00	16:30
Sun,22/03/2015	79	M1	Birmingham	Essex Blaze	The Woodcock Sports Centre	14:30	15:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,22/03/2015	80	M1	Newcastle Staffs	Tending VC	Keele University SC	14:30	15:00
Sun,22/03/2015	81	M1	Leeds VC	Danes Watford	Gryphon Sports Centre	13:15	13:45
Sun,22/03/2015	79	M2N	Sunderland City Predators	Loughborough Students	City Space, University of Sunderland	12:00	12:30
Sun,22/03/2015	80	M2N	Newcastle Staffs 2	Manchester Marvels	Keele University SC	11:30	12:00
Sun,22/03/2015	71	M2S	Wessex M3	Team Southampton	LeAF Academy	14:30	15:00
Sun,22/03/2015	22	M3SW	Cardiff Cella 2	Kernow	USW Sports Park	11:00	11:30
Sun,22/03/2015	22	M3SW	Cardiff Cella 2	Team Southampton 2	USW Sports Park	15:00	15:30
Sun,22/03/2015	22	M3SW	Kenow	Team Southampton 2	USW Sports Park	13:00	13:30
Sun,22/03/2015	74	W1	Portsmouth	Bristol Ladies 1	Priory School	11:00	11:30
Sun,22/03/2015	77	W1	Team Birmingham Volleyball Club	Herts VC	Dout Ellis Sports Centre	12:00	12:30
Sun,22/03/2015	80	W2N	Birmingham	North Ridings Eagles	The Woodcock Sports Centre	11:30	12:00
Sun,22/03/2015	79	W2N	Leeds VC	Nottingham Rockets	Gryphon Sports Centre	15:15	15:45
Sun,22/03/2015	73	W2S	Dulwich Tuskers	Devon Storm	Ernest Bevin College	13:00	13:30
Sun,22/03/2015	74	W2S	Bath Mavericks	Essex Trinity	Laington School	11:00	11:30
Sun,22/03/2015	20	W3C	Cambridge VC and Anglia Ruskin University	Norfolk Ladies	Telford College of Arts & Technology	12:30	13:00
Sun,22/03/2015	20	W3C	Telford Ladies	Cambridge VC and Anglia Ruskin University	Telford College of Arts & Technology	14:30	15:00
Sun,22/03/2015	20	W3C	Oxford Ladies	Norfolk Ladies	Telford College of Arts & Technology	10:30	11:00
Sun,22/03/2015	21	W3C	Peterborough Harriers Ladies	University of East London	Voyager Academy	12:00	12:30
Sun,22/03/2015	21	W3C	Peterborough Harriers Ladies	Oxford Ladies	Voyager Academy	14:00	14:30
Sun,22/03/2015	20	W3N	City of Salford 2	University of East London	Voyager Academy	10:00	10:30
Sun,22/03/2015	20	W3N	City of Salford 2	DARKSTAR Derbyshire	Fit City Ecoles	11:30	12:00
Sun,22/03/2015	20	W3N	City of Salford 2	Wirral Wasps	Fit City Ecoles	15:30	16:00
Sun,22/03/2015	20	W3N	DARKSTAR Derbyshire	Wirral Wasps	Fit City Ecoles	13:30	14:00
Sun,22/03/2015	21	W3N	Chester Amazons	Sunderland City Predators	University of Chester, Sports Hall	10:30	11:00
Sun,22/03/2015	21	W3N	Chester Amazons	York	University of Chester, Sports Hall	14:30	15:00
Sun,22/03/2015	21	W3N	Sunderland City Predators	York	University of Chester, Sports Hall	12:30	13:00
Sun,22/03/2015	22	W3N	Asfield Vipers	Haughton Darlington	Armitage Sports Centre (UoM)	13:00	13:30
Sun,22/03/2015	22	W3N	Manchester Marvels 2	Asfield Vipers	Armitage Sports Centre (UoM)	15:00	15:30
Sun,22/03/2015	22	W3N	Manchester Marvels 2	Haughton Darlington	Armitage Sports Centre (UoM)	11:00	11:30
Sun,22/03/2015	7	W3S	Sussex Dolphins	City of Bristol Ladies	LeAF Academy	13:00	13:30
Sun,22/03/2015	7	W3S	Wessex W2	City of Bristol Ladies	LeAF Academy	15:00	15:30
Sun,22/03/2015	7	W3S	Wessex W2	Sussex Dolphins	LeAF Academy	11:00	11:30
Sat,28/03/2015	67	M2S	Cardiff Cella	Exeter Storm	USW Sports Park	14:00	14:30
Sat,28/03/2015	20	W3S	Soleil Ladies	Team Southampton	St Pauls Catholic College	14:30	15:00
Sat,28/03/2015	20	W3S	Sussex Dolphins	Soleil Ladies	St Pauls Catholic College	16:30	17:00
Sat,28/03/2015	20	W3S	Sussex Dolphins	Team Southampton	St Pauls Catholic College	12:30	13:00
Sun,29/03/2015	71	W2S	South Harris	New Forest Ladies	Purbrook Park School	11:00	11:30
Sat,04/04/2015	43	M2N	Nottingham Rockets 1	Northumbria / Middlesbrough Academy	Jubilee SC	11:30	12:00
Sat,04/04/2015	73	M2S	City of Bristol	Cardiff Cella	Brislington Enterprise College	17:00	17:30
Sun,05/04/2015	34	W3S	Team Southampton	Ascombe Dorking 2	Crestwood College	11:30	12:00
Sun,05/04/2015	86	W2N	Birmingham	Nottingham Rockets	The Woodcock Sports Centre	11:30	12:00
Sat,11/04/2015	82	M1	Wessex BU M2	London Knights LS KVC	LeAF Academy	14:30	15:00
Sat,11/04/2015	83	M1	Danes Watford	Tending VC	St Clement Danes School	17:30	18:00
Sat,11/04/2015	84	M1	London Lynx 2	Coventry & Warwick Riga	SportsDock, UEL	14:00	14:30
Sat,11/04/2015	84	M2N	Nottingham Rockets 1	Team Loughborough - Lions	SportsDock, UEL	15:00	15:30
Sat,11/04/2015	81	M2N	Manchester Marvels	Team Birmingham Volleyball Club	Armitage Sports Centre (UoM)	14:00	14:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.11/04/2015	82	M2N	Essex Estonians	Northumbria / Middlebrough Academy	Boswells School	13:30	14:00
Sat.11/04/2015	83	M2N	Sunderland City Predators	Leicester VC	City Space, University of Sunderland	12:00	12:30
Sat.11/04/2015	72	M2S	Bristol Mens 1	Wessex M3	Abbeywood School	11:00	11:30
Sat.11/04/2015	74	M2S	Dartford Volleyball Club (Mens)	Solent 2	Dartford Technology College	12:00	12:30
Sat.11/04/2015	75	M2S	Exeter Storm	Horndean Volleyball Club	Ashtoor Recreation Centre	14:00	14:30
Sat.11/04/2015	76	M2S	Team Southampton	Richmond VB	Crestwood College	13:00	18:00
Sat.11/04/2015	81	W1	Bristol Ladies 1	Oxford Students	Abbeywood School	17:30	18:00
Sat.11/04/2015	84	W1	City of Sheffield	Tending VC Ladies	All Saints, Sheffield	13:45	14:15
Sat.11/04/2015	84	W2N	Manchester Marvels	Black Country Redhill Tigers	Amalgam Sports Centre (UofM)	17:00	17:30
Sat.11/04/2015	82	W2N	Nottingham Rockets	Coverley & Warwick Riga	Jubilee SC	11:30	12:00
Sat.11/04/2015	77	W2S	Devon Storm	South Hants	Ashtoor Recreation Centre	11:00	11:30
Sat.11/04/2015	76	W2S	Essex Trinity	Reading Aces 1	Boswells School	11:00	11:30
Sat.11/04/2015	78	W2S	Worthing VC	Bath Mavericks	Worthing Volleyball club	13:00	13:30
Sun.12/04/2015	35	M1	Danes Watford	Newcastle Staffs	St Clement Danes School	11:00	11:30
Sun.12/04/2015	46	M1	Tending VC	Coventry & Warwick Riga	Tending Technology College	12:30	13:00
Sun.12/04/2015	22	M3C	Cambridge VC and Anglia Ruskin University	Peterborough Harriers Men	North Cambridge Academy	10:00	10:30
Sun.12/04/2015	22	M3C	Cambridge VC and Anglia Ruskin University	RAF Harriers	North Cambridge Academy	14:00	14:30
Sun.12/04/2015	22	M3C	Peterborough Harriers Men	RAF Harriers	North Cambridge Academy	12:00	12:30
Sun.12/04/2015	23	M3C	Milton Keynes	Nottingham Rockets 2	Wougham LC	11:30	12:00
Sun.12/04/2015	24	M3C	Oxford Students	St Albans Harriers	St Gregory the Great School	12:00	12:30
Sun.12/04/2015	23	M3N	Houghton Dartington	Hull Volley Thunder	Darlington Education Village	11:00	11:30
Sun.12/04/2015	23	M3N	Haughton Dartington	York VC	Darlington Education Village	15:00	15:30
Sun.12/04/2015	23	M3N	York VC	Hull Volley Thunder	Darlington Education Village	13:00	13:30
Sun.12/04/2015	24	M3N	Blith Valley	Team Durham	All Saints, Sheffield	14:15	14:45
Sun.12/04/2015	24	M3N	City of Sheffield 2	Blith Valley	All Saints, Sheffield	12:15	12:45
Sun.12/04/2015	23	M3SE	Essex Juniors	Team Durham	All Saints, Sheffield	16:15	16:45
Sun.12/04/2015	23	M3SE	Tending Academy	EBC Greenhouse (London)	Tending Technology College	13:00	13:30
Sun.12/04/2015	23	M3SE	Tending Academy	EBC Greenhouse (London)	Tending Technology College	11:00	11:30
Sun.12/04/2015	23	M3SE	Arun-VC	Essex Juniors	Tending Technology College	15:00	15:30
Sun.12/04/2015	23	M3SW	Arun-VC	New Forest	Six Villages Sports Centre	12:15	12:45
Sun.12/04/2015	23	M3SW	Arun-VC	South Hants	Six Villages Sports Centre	16:15	16:45
Sun.12/04/2015	23	M3SW	South Hants	New Forest	Six Villages Sports Centre	14:15	14:45
Sun.12/04/2015	24	M3SW	Wiltshire Mavericks	Guildford International	Langdon School	11:00	11:30
Sun.12/04/2015	80	W1	Tameside V.C.	Tending VC Ladies	Fairfield High School	11:00	11:30
Sun.12/04/2015	82	W1	Potsmouth	Team Birmingham Volleyball Club	Prory School	11:00	11:30
Sun.12/04/2015	83	W1	Herts VC	Ascombe Dorking	Queens School, Bushey	11:00	11:30
Sun.12/04/2015	83	W2N	North Hridings Eagles	Birmingham	Whitby Leisure Centre	11:00	11:30
Sun.12/04/2015	1	W2S	New Forest Ladies	Devon Storm	New Forest Volleyball Centre	14:00	14:30
Sun.12/04/2015	79	W2S	New Forest Ladies	Dulwich Tuskers	New Forest Volleyball Centre	11:00	11:30
Sun.12/04/2015	80	W2S	Plymouth	South Hants	Coombe Dean School	11:00	11:30
Sun.12/04/2015	81	W2S	Plymouth	Reading Aces 1	Coombe Dean School	14:00	14:30
Sat.18/04/2015	86	M1	London Lynx 2	Tending VC	Whitechapel S.C	11:00	11:30
Sat.18/04/2015	85	M1	London Knights LS KVC	Essex Blaze	City of Westminster College	13:00	13:30
Sat.18/04/2015	87	M1	Newcastle Staffs	Coventry & Warwick Riga	Keble University SC	17:30	18:00
Sat.18/04/2015	86	M2N	Team Birmingham Volleyball Club	Essex Estonians	Doug Ellis Sports Centre	14:30	15:00
Sat.18/04/2015	87	M2N	Sunderland City Predators	Northumbria / Middlebrough Academy	City Space, University of Sunderland	12:00	12:30
Sat.18/04/2015	88	M2N	Leicester VC	Nottingham Rockets 1	Watnhead Youth Centre	12:30	13:00
Sat.18/04/2015	89	M2N	Newcastle Staffs 2	Team Loughborough - Lions	Keble University SC	14:30	15:00
Sat.18/04/2015	77	M2S	Cardiff Celts	Dartford Volleyball Club (Mens)	USW Sports Park	14:00	14:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat, 18/04/2015	78	M2S	Exeter Storm	City of Bristol	Ashtoor Recreation Centre	14:00	14:30
Sat, 18/04/2015	79	M2S	Hordean Volleyball Club	Wessex M3	Highbury College	11:30	12:00
Sat, 18/04/2015	81	M2S	Solent 2	Bristol Mens 1	Itchen College	11:15	11:45
Sat, 18/04/2015	85	W1	Team Loughborough	City of Sheffield	Walwick College	12:00	12:30
Sat, 18/04/2015	86	W1	Tameside V.C.	Bristol Ladies 1	Fairfield High School	14:30	15:00
Sat, 18/04/2015	84	W2N	North Hiddings Eagles	Coventry & Warwick Riga	Whitby Leisure Centre	11:00	11:30
Sat, 18/04/2015	85	W2S	Nottingham Rockets	Newcastle (Starfish) Ladies	Sutton Bonington	11:30	12:00
Sat, 18/04/2015	82	W2S	Devon Storm	New Forest Ladies	Ashtoor Recreation Centre	11:00	11:30
Sat, 18/04/2015	83	W2S	Dulwich Tuskers	Essex Trinity	Ernest Bevin College	15:00	15:30
Sun, 19/04/2015	88	M1	Birmingham	Wessex BU M2	The Woodcock Sports Centre	14:30	15:00
Sun, 19/04/2015	90	M2N	Sunderland City Predators	Manchester Marvels	City Space, University of Sunderland	12:30	12:30
Sun, 19/04/2015	87	W1	Herts VC	Portsmouth	Queens School, Bushey	11:00	11:30
Sun, 19/04/2015	88	W1	Team Birmingham Volleyball Club	Team Loughborough	Parkwood Leisure Centre	14:00	14:30
Sun, 19/04/2015	89	W1	City of Sheffield	Tameside V.C.	All Saints, Sheffield	13:15	13:45
Sun, 19/04/2015	90	W1	Ashcombe Dorking	Oxford Students	Ashcombe Volleyball Centre	12:00	12:30
Sun, 19/04/2015	73	W2N	Team Durham	Coventry & Warwick Riga	Durham University	11:00	11:30
Sun, 19/04/2015	4	W2S	Richmond VB 1	Bain Mavericks	Kingston Arena	13:00	13:30
Sun, 19/04/2015	84	W2S	Reading Aces 1	Worthing VC	Kendrick School	12:00	12:30
Sun, 19/04/2015	86	W2S	South Hants	Plymouth	Purbrook Park School	11:00	11:30
Sun, 19/04/2015	22	W3C	Norfolk Ladies	Northampton	Orniston Venture Academy	15:00	15:30
Sun, 19/04/2015	22	W3C	Norfolk Ladies	RAF Hawks	Orniston Venture Academy	11:00	11:30
Sun, 19/04/2015	22	W3C	Northampton	RAF Hawks	Orniston Venture Academy	13:00	13:30
Sun, 19/04/2015	23	W3C	Dartford Ladies	Peterborough Harriers Ladies	Dartford Technology College	16:00	16:30
Sun, 19/04/2015	23	W3C	Dartford Ladies	Telford Ladies	Dartford Technology College	12:00	12:30
Sun, 19/04/2015	23	W3C	Peterborough Harriers Ladies	Telford Ladies	Dartford Technology College	14:00	14:30
Sun, 19/04/2015	23	W3N	Chester Amazons	Manchester Marvels 2	Fit City Eccles	13:30	14:00
Sun, 19/04/2015	23	W3N	City of Salford 2	Chester Amazons	Fit City Eccles	11:30	12:00
Sun, 19/04/2015	23	W3N	City of Salford 2	Manchester Marvels 2	Fit City Eccles	15:30	16:00
Sun, 19/04/2015	24	W3N	Sunderland City Predators	Wirral Wasps	City Space, University of Sunderland	11:00	11:30
Sun, 19/04/2015	24	W3N	Sunderland City Predators	York	City Space, University of Sunderland	15:00	15:30
Sun, 19/04/2015	24	W3N	York	Wirral Wasps	City Space, University of Sunderland	13:00	13:30
Sun, 19/04/2015	24	W3S	Richmond VB 2	Sussex Dolphins	Kingston Arena	15:00	15:30
Sun, 19/04/2015	24	W3S	Richmond VB 2	Sussex Dolphins	Kingston Arena	11:00	11:30
Sun, 19/04/2015	24	W3S	Richmond VB 2	Sussex Dolphins	Kingston Arena	13:00	13:30
Sun, 19/04/2015	25	W3S	Farnborough Devils	Cardiff Celts Ladies	Grestwood College	14:00	14:30
Sun, 19/04/2015	25	W3S	Team Southampton	Cardiff Celts Ladies	Grestwood College	12:00	12:30
Sun, 19/04/2015	25	W3S	Team Southampton	Farnborough Devils	Grestwood College	16:00	16:30
Sun, 19/04/2015	26	W3S	Bristol Ladies 2	Ashcombe Dorking 2	LeAF Academy	13:00	13:30
Sun, 19/04/2015	26	W3S	Wessex W2	Ashcombe Dorking 2	LeAF Academy	15:00	15:30
Sun, 19/04/2015	26	W3S	Wessex W2	Bristol Ladies 2	LeAF Academy	11:00	11:30
Sun, 26/04/2015	60	W2N	Team Durham	Leeds VC	Durham University	11:00	11:30
Sun, 26/04/2015	3	W3N	Haughton Darrington	Chester Amazons	Joseph Rowntree School	13:00	13:30
Sun, 26/04/2015	3	W3N	York	Haughton Darrington	Joseph Rowntree School	11:00	11:30
Sun, 26/04/2015	3	W3N	York	Haughton Darrington	Joseph Rowntree School	15:00	15:30
	1	M2N	Team Birmingham VC	Sunderland City Predators	Doug Ellis Sports Centre	12:00	12:30

## 2014 - 15 Volleyball England Calendar

September 2014	Sep-6	Sep-7	Sep-13	Sep-14	Sep-20	Sep-21	Sep-27	Sep-28
Super 8s								
NVL Div 1			MW1-1		MW1-2	S8-1		S8-2
NVL Div 2			M2-1		M2-2		MW1-3	
NVL Div 3				W2-1			M2-3	W2-3
Junior Indoor				M3-1		W3-1		M3-2
Nat/Reg Training		Sainsbury's Sch. Games (5-7th)						
Couch Education								
Sitting Volleyball								GP1

October 2014	Oct-4	Oct-5	Oct-11	Oct-12	Oct-18	Oct-19	Oct-25	Oct-26
Super 8s		S8-3						
NVL Div 1	MW1-4				MW1-5	S8-4	MW1-6	S8-5
NVL Div 2	M2-4	W2-4			M2-5		M2-6	W2-6
NVL Div 3		W3-2				M3-3		W3-3
NVL Cup/Shield			MC-1	WC-1				
International Indoor				NEVZA U19 Championships - Denmark				
Junior Indoor			U18 Cup G-1	U18 Cup B-1			U18 Prelims B	U18 Prelims G
Nat/Reg Training			NEVZA Holding Camp (U19)		National Squads Camp		NEVZA Holding Camp (27th - 28th) (U17)	
Couch Education								GP2
Sitting Volleyball								

November 2014	Nov-1	Nov-2	Nov-8	Nov-9	Nov-15	Nov-16	Nov-22	Nov-23	Nov-29	Nov-30
Super 8s										
NVL Div 1					MW1-7	S8-6				
NVL Div 2					M2-7		MW1-8			
NVL Div 3		M3-4				W2-7	M2-8			
NVL Cup/Shield			MC-2	WC-2		W3-4			MC-3/M3-1	WC-3/M3-1
International Indoor		NEVZA U17 Championships (30th - 2nd)								
Junior Indoor			U18 Cup B-2	U18 Cup G-2			U16G-1			
Other Indoor			Student Cup Qualifiers			Student Cup Qualifiers			Student Cup Qualifiers	
Nat/Reg Training										National Squads Camp
Couch Education										
Sitting Volleyball										

December 2014	Dec-6	Dec-7	Dec-13	Dec-14	Dec-20	Dec-21	Dec-27	Dec-28
Super 8s	S8-8			S8-9				
NVL Div 1	MW1-9							
NVL Div 2	M2-9	W2-9						
NVL Div 3		W3-5						
NVL Cup/Shield								
Junior Indoor			U18 Last 8s					
Other Indoor								
Nat/Reg Training					National Squads Camp			
Sitting Volleyball		GP 3						

\*Please note that dates are subject to confirmation

# 2014 - 15 Volleyball England Calendar

January 2015	Jan-3	Jan-4	Jan-10	Jan-11	Jan-17	Jan-18	Jan-24	Jan-25
Super 8s								
NVL Div 1	MW1-10				MW1-11	SR-10	SR-11	
NVL Div 2	M2-10				M2-11	W2-11	MW1-12	SR-11
NVL Div 3	M3-8					W2-11	M2-12	W2-12
NVL CupShield						W2-6		M2-7
NVL CupShield Junior Indoor			MC-4MS-2	WC-4WS-2				
Sitting Volleyball					U16G-2			U16B-2
								GP4

February 2015	Jan-31	Feb-1	Feb-7	Feb-8	Feb-14	Feb-15	Feb-21	Feb-22
Super 8s								
NVL Div 1					MW1-13	SR-12	MW1-14	SR-13
NVL Div 2					M2-13	W2-13	M2-14	W2-14
NVL Div 3						W3-8		M3-9
NVL CupShield	MC-MS-QF	WC-MS-QF		W3-7 / M3-8				
NVL CupShield Junior Indoor								
NVL CupShield Junior Indoor								
Other Indoor			U18 Grand Prix 1 - M&W					
NatReg Training			Student Cup Finals				National Squads Camp	
Sitting Volleyball						GP5		

March 2015	Feb-28	Mar-1	Mar-7	Mar-8	Mar-14	Mar-15	Mar-21	Mar-22	Mar-28	Mar-29
Super 8s										
NVL Div 1			MW1-15	SR-14			MW1-16	Playoff Weekend		
NVL Div 2			M2-15	W2-15			M2-16			
NVL Div 3				W3-9 / M3-10						
NVL CupShield	CupShield Semi Finals									
NVL CupShield Junior Indoor				U18 Last 8s			U15 Divisional Round		CupShield Finals	
NVL CupShield Junior Indoor									BCS Nations Challenge (27th-29th)	
NatReg Training						BLCS Finals				
Meetings/Training						National Squads Camp				
Sitting Volleyball										
									GP Semi Finals (NVC)	

April 2015	Apr-4	Apr-5	Apr-11	Apr-12	Apr-18	Apr-19	Apr-25	Apr-26
Super 8s								
NVL Div 1				Playoff Weekend			Playoff Finals	
NVL Div 2			MW1-17	W2-17	MW1-18	W2-18		
NVL Div 3			M2-17	M3-11	M2-18	W3-11		
NVL CupShield								
NVL CupShield Junior Indoor							U18 Grand Prix Finals M&W	
NatReg Training								
Meetings/Training								
Sitting Volleyball								GP Finals (NVC)

\*Please note that dates are subject to confirmation



# 2014 - 15 Volleyball England Calendar

May 2015	May 2	May 3	May 9	May 10	May 16	May 17	May 23	May 24	May 30	May 31
NVL Div 1				Playoffs						
NVL Div 2				Playoffs						
NVL Div 3				Playoffs						
Junior B&B	Inter Regional Championships (2nd-4th)				U15 Finals					
Junior A&B					Schools Beach					
Meetings/Training										

June 2015	June 6	June 7	June 13	June 14	June 20	June 21	June 27	June 28
Junior Beach								
Other Beach		Beach Student Cup						
VEBT								
Meetings/Training								

July 2015	July 4	July 5	July 11	July 12	July 18	July 19	July 25	July 26
Nat/Reg Training								
VEBT							National Squads Camp (High Peaks) 25th Jul - 2nd Aug	
LPV								

August 2015	Aug 11	Aug 2	Aug 8	Aug 9	Aug 15	Aug 16	Aug 22	Aug 23	Aug 29	Aug 30
Nat/Reg Training		National Squads Camp (High Peaks) 25th Jul - 2nd Aug								
Junior Beach										
International Beach										
Couch Education										
Meetings/Training										

\*Please note that dates are subject to confirmation







# ***Regulations***

## **Amendments to the NVL Regulations for the 2014-2015 season**

(All changes are highlighted in **bold**)

### **Regulation A 1.**

To enter the National Volleyball League (NVL), each team must

i. Have paid a goodwill deposit of **£100.00**

ii. Have any outstanding debts with Volleyball England (English Volleyball Association Ltd) from previous seasons cleared. Teams in debt to the Association may not be permitted **to play fixtures if the previous season's debts are not cleared by the 31<sup>st</sup> July. Teams / Clubs with historic debts to Volleyball England will not be permitted entry to the NVL until the debts are cleared and the matter resolved by the Competitions Commission**

### **Regulation A 10.**

Disputes.

ii. **A Competitions Commissioner has the delegated authority to make decisions on behalf of the Competitions Commission to facilitate the day to day running of a competition.**

iii. **Where appropriate the Competitions Commissioner can impose fines and / or deadlines to facilitate the smooth running of a competition.**

### **Regulation B 1.**

Pre Season Fixture Arrangements

Teams will be provided with the draft fixtures well in advance. At that time teams may enter mutual discussions and request agreed amendments to the proposed fixtures. Any such proposals must be agreed in writing by both teams, and confirm the new date, time and venue. Any such changes will need to be approved by the Competitions Commission, who shall seek to ensure that teams do not gain a competitive advantage by delaying matches, delaying the start or conclusion of the season, or a team playing significantly more, or less, matches than other teams in the Division by key dates. No team **entered** in the Cup/Shield **will** arrange an NVL match onto any Cup/Shield date during the draft fixture process. Match rearrangements during the season (e.g due to adverse weather) will be considered by divisional commissioners taking into account the teams continued participation in the cup/shield. After the amended draft fixtures have been returned to Volleyball England National Office, no other changes will be allowed except under very exceptional circumstances.

### **Regulation B 2.**

viii. Under no circumstances (other than with prior consent of the Competitions Commission) can fixtures be played after the close of the NVL season, the date of which is published as part of the Volleyball England calendar. The NVL end of season date is the **26th April 2015.**

### **Regulation C 2.**

vi. All Bench Personnel (**including Coaches**) must register with Volleyball England and submit a photo when applying for their Bench Personnel card.

### **Regulation D 1.**

ii. Booking a period of three hours for single matches and seven hours for triangular matches. If less is booked and time runs out, the home team will forfeit the last match in which they played. If, after the recommended hours booked the matches have not been completed, the teams concerned will rearrange the outstanding fixture at an agreed venue and date approved by the Divisional Commissioner as acceptable to the teams involved. The teams involved will share total costs (**ie the cost of travel of the away team, venue and Referees costs**) of the new match equally. This ruling includes unfinished matches.

vii. Supplying a Scorer, at least two competent Lines Judges and a visual scoreboard in all cases. All Technical Officials should be competent in the performance of their duties. The Scorer must be

the same person throughout the match and be present at least 30 minutes before the start of the match. Line Judges should be present at least 20 minutes prior to the start of the match. **Failure to provide the Technical Officials will result in a £10 fine.**

#### Regulation D 3.

Single match	Super 8's	<b>£17</b>
	Div 1	<b>£14</b>
	Div 2	<b>£14</b>
	Div 3	<b>£12</b>
Matches 1 & 3 of a triangular	Div 2	<b>£34</b>
Matches 1 & 3 of a triangular	Div 3	<b>£30</b>
All three matches of a triangular (exceptional circumstances only)	Div 2	<b>£52</b>
All three matches of a triangular(exceptional circumstances only)	Div 3	<b>£46</b>
Cup	Rounds	<b>£14</b>
	Semis & Finals	<b>£17</b>

#### Regulation D 4.

vii. Where the NVL appointments Sub-Committee of the Referee Commission has not appointed Referees for the match, the home team is responsible for appointing them, **and should start this process after the season's fixtures and Referee appointments have been published. Where a Team appoints its own Referee it must notify the WhoTheRef Administrator that the appointment has been made.** If the visiting team objects to the Referee appointments made by the home team then this should be referred to the Referee Appointment Committee.

viii. **Teams are not permitted to cancel any Referee appointed by the NVL Appointment Sub-Committee and appoint their own.**

ix. **Details of Referee appointments and vacancies are available from [www.WhosTheRef.com](http://www.WhosTheRef.com)**

x. **In case of difficulty finding Referees the secretary should contact the Regional Referee Administrator or NVL Referee Commissioner with details of efforts made so far for advice and information. Evidence of the home teams' efforts to obtain referees must be made available to the Divisional Commissioner and the NVL Referee Commissioner in case of a complaint.**

xii. **If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture with someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues. Failing that the home team should source the most competent, experienced and suitable person eg player or coach, to act as second official, again advising opposition and Commissioners.**

#### Regulation D5

iii. **If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee**

**Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture, someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues? Failing that the home team should source the most competent, experienced and suitable person e.g player or coach, to act as second official, again advising opposition and Commissioners.**

#### **Regulation F 1.**

i. Sending the top copy of the Scoresheet, Libero Control sheet (as necessary), Match day protocol sheet **and for Super 8s only a copy of the match day programme** to the National Office by first class post on the first working day after the match. In the event of late arrival of this copy at the National Office, the date of cancellation of the first class stamp will be used to see whether a team should be fined. s

#### **Regulation G 1.**

ii. In the Super 8s Divisions, breaches which result in a game not being played and/or forfeited **will** have a minimum fine of £500 and a review by the Competitions Commission as to the future of that Team within the League.

#### **Regulation G 6.**

i. On filing an appeal with the Volleyball England National Office against the decision of a Commissioner, a copy of the appeal shall be sent to any other affected party at the time of submission. A deposit of £100.00 **must** be paid when lodging any appeal, with such deposit to be returned in the event that the appeal is successful. The Volleyball England National Office should give out the relevant documents to each affected party. **No appeal will be considered unless a copy of the appeal submission and the £100 deposit is received by Volleyball England with the 14 day deadline.**

vii. Any party wishing to refer to any document or letter shall submit copies of such items to all parties concerned at least **7** days prior to the appeal being heard. **All parties will have a right to reply within a deadline of 3 days**

xi. No appeals of any description whatsoever shall be considered unless filed within 14 days of notification of the original decision **and the relevant deposit paid.** Original decisions are those made by the Commissioner at the time and on the available information. Once the decision is made no further information will be considered, nor decisions reviewed, except under appeal. Therefore, teams are reminded that they must submit all information for consideration when asking for a Commissioner ruling.

#### **Regulation G 7.**

i. There shall be a right of appeal of the decision of the Competitions Commission to the Volleyball England Judicial Panel. Any appeal must be submitted to the Volleyball England National Office within 14 days of the Appeal decision date and be accompanied with a £100 deposit. Timescales for the Judicial Panel Review will be notified by the Chairperson of the Judicial Panel.

### **Section N Minimum operating standards**

#### **Match Programmes**

All Super 8's teams are required to produce programmes for all home matches **and a copy is to be sent to Volleyball England Head Office along with the Scoresheet.**

#### **Team Lists**

All divisions – Teams are to present the scorer with a Team List specifying Players Name, Shirt No. and Registration No., and any Libero Player(s).

Non compliance with the MOS **will be subject to a fine under Regulation G 1.;** repetitive non compliance will be reviewed by the Competitions Commission.



**Regulation O 1.**

- i. No player or club/team representative shall place or attempt to place a bet on a match or other event or competition in which they or their club participates.**
- ii. No player or club/team representative shall solicit or facilitate, or attempt to solicit or facilitate, another person to bet on a match or other event or competition in which they or their club participates.**
- iii. No player or club/team representative shall offer, or attempt to offer, a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.**
- iv. No player or club/team representative shall receive, seek or attempt to receive or seek a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.**
- v. A player or club/team representative shall report any approach or other activity which contravenes, or which may contravene, the sport's rules on betting to their respective commissioner, co-operate with any investigation and/or request for information including the provision of documentation (e.g. telephone/betting records to officials engaged in the investigation of suspected integrity issues in the sport in relation to betting)**
- vi. A player or club/team representative shall perform to the best of their ability in any match or other event in which they participate in.**
- vii. Any breach of this regulation will be dealt with under Regulation H 7 Conduct.**

## **INTRODUCTION TO THE REGULATIONS**

### **SECTION A. ADMINISTRATIVE MATTERS**

### **SECTION B. ORGANISATION OF FIXTURES**

### **SECTION C. REGISTRATION**

### **SECTION D. PREPARATION FOR MATCHES**

### **SECTION E. ARRANGEMENTS AT MATCHES**

### **SECTION F. AFTER THE MATCH**

### **SECTION G. PENALTIES, PROTESTS AND APPEALS**

### **SECTION H. MISCONDUCT**

### **SECTION I. END OF SEASON**

### **SECTION J. REGULATIONS FOR SPECIFIC COMPETITIONS**

### **SECTION K. INSTRUCTIONS TO REFEREES**

### **SECTION L. ANTI-DOPING (DRUG TAKING) REGULATIONS**

### **SECTION M. BLOOD PROTOCOL**

### **SECTION N. MINIMUM OPERATING STANDARDS**

### **SECTION O. APPENDICES**

### **SECTION P. APPENDICES**

## **Introduction to the Regulations**

These Regulations govern competitions organised by the Competitions Commission of Volleyball England (VE) for the season of 1st September 2014 to 31st August 2015. These Regulations are the only regulations specified and no other publication is applicable, save the current Volleyball England Official Volleyball Rules and the FIVB Rules of the Game (Regulation E 1) and the relevant Codes of Conduct. Competitions Commission reserves the right to issue appropriate amendments.

For Under 15's, Under 16's, Under 18's, Inter Regional and Student Cup indoor volleyball competitions, please refer to the Volleyball England website for current rules.

These are the regulations applicable to indoor volleyball organised by Volleyball England. Volleyball England will issue further regulations applicable to the Volleyball England Beach Competitions.

## **Section A. Administrative matters.**

**Regulation A 1.** To enter the National Volleyball League (NVL), each team must

- i. Have paid a goodwill deposit of £100.00
- ii. Have any outstanding debts with Volleyball England (English Volleyball Association Ltd) from previous seasons cleared. Teams in debt to the Association may not be permitted to play fixtures if the previous season's debts are not cleared by the 31<sup>st</sup> July. Teams / Clubs with historic debts to Volleyball England will not be permitted entry to the NVL until the debts are cleared and the matter resolved by the Competitions Commission
- iii. Have a name that permits easy geographical recognition of where they are from / play agreed and approved by the Competition Commission.
- iv. Agree to abide by the Minimum Operation Standards (See Section N)

**Regulation A 2.** Withdrawing from the National Volleyball League

- i. Any club or team withdrawing from the NVL, and then wishing to re-enter at a later date, must re-apply as a new entrant. New entrants will be placed in the lowest available division geographically as decided by the Competitions Commission.
- ii. Any team withdrawing from the NVL during the course of the season or after their entry has been accepted by the 1<sup>st</sup> May will forfeit their goodwill deposit

**Regulation A 3.** Before competing in any Volleyball England competition, each team must:

- i. Be part of a Club properly affiliated to Volleyball England.
- ii. Have its coach, players and authorised bench personnel appropriately registered with Volleyball England.
- iii. Have paid any further competitions fees that may be in force by the specified deadlines. Late entries will only be accepted at the discretion of the Competition Commission, and will be subject to a £25 administration charge.

**Regulation A 4.** Conditions of Entry to the National K.O. Cup

- i. Entry into the National KO Cup will be assumed for NVL teams unless a written request to withdraw is received with League Entry.
- ii. Non NVL teams must be competing in a recognised league, or approved for entry by the Competition Commission. Players with Local League or Regional Registration cards will not be required to register with Volleyball England. "Amalgam" teams, with players from more than one non NVL team, must have a demonstrable affinity e.g. playing in the same local league or living in the same geographical area etc. Teams with any doubt as to eligibility to play in the Cup should contact the relevant Cup Commissioner or Competitions Officer for clarification.
- iii. NVL players may not play for another NVL team in any Cup competition other than the one they are registered for. Refer to Section J Regulation 1 Volleyball England K.O. Cup for further clarification.
- iv. NVL Teams may contain non-NVL registered players as long as they can demonstrate an affinity with the NVL Team they represent.

**Regulation A 5.** Conditions for a New Entrant into the National Volleyball League will normally include:

- i. Proven playing ability of the team in a recognised Regional / Area League over more than one season.
- ii. Club having been affiliated to Volleyball England for the last two seasons.
- iii. Club constitution to be acceptable in that it shows :
  - (1) The name of the Club.
  - (2) The manner in which its constitution may be amended.
  - (3) The financial control.
- iv. The Regional or Area Association to provide a letter of support for the entry.
- v. The Club's financial accounts provide evidence of the financial support for competition at National level.

- vi. The Club to have a qualified and registered coach committed to supporting the NVL team.
- vii. Club being able to nominate at least 10 players who are prepared to commit to playing for the team. If any such players are with an existing NVL team then it must be shown that the team holding the NVL registration would agree to the transfer should the team requesting entry to the NVL be accepted.
- viii. The Club having a suitable home venue and equipment for NVL Matches in the location indicated by their team name, and specified as their normal home venue.
- ix. If necessary the team winning play off games against other teams applying for entry.
- x. The Competitions Commission has the absolute right and discretion to accept or refuse any club or team admission to the league.

**Regulation A 6.** No club is allowed to alter its name or location in order to gain admission into any of the divisions of the NVL, and no official can act as Chairman, Secretary or Treasurer of more than one NVL club, or hold any combination of these offices for more than one club.

Note: The place in the NVL is considered to be the right of the Club as evidenced by its constitution, and not the right of any player or group of players. To assist Clubs, a draft constitution is available online and from the Volleyball England National Office.

**Regulation A 7.** No team may alter its name during the season without the prior written approval of the Competitions Commission.

**Regulation A 8.** Clubs/teams playing in any competition governed by these regulations are required to notify the Volleyball England National Office of the name, period and type of any sponsorship that they may have. The value of any sponsorship is a matter confidential to the Club/Team and its Sponsor. Tobacco sponsorship is not allowed. Failure to register details of sponsorship within 14 days of a contract being completed will result in a fine of £100.00, and additional penalties, thereafter, within the discretion of the Competitions Commission if details are not registered.

**Regulation A 9.** Club Structure

- i. Clubs may be membership-based, and run with a democratic style constitution with elected officers, or they may be proprietorial in nature.
- ii. No proprietor (whether as an individual, company, by way of shareholding or as nominee) may have an interest or hold office in more than one club.
- iii. Where clubs seek to amalgamate then Volleyball England (through its appropriate Officers) shall be supplied with full details including detailed minutes, details of who attended meetings, and such other information as the Volleyball England's Officers may require. Volleyball England has a role in ensuring that clubs are formed correctly and with the consent of those involved.
- iv. Where a democratic/membership-based club seeks to become proprietorial, as for example where a commercial concern wishes to run a club, then the Association (through its appropriate Officers) shall ensure that the club membership has voted thereon and that the provisions of that club's constitution have been observed.
- v. No club, individual or group, whether membership based or proprietorial, has a right to a particular place in Volleyball England's National League, entry for which is requested each season.
- vi. Any alterations to a club's Constitution are to be advised to the Volleyball England National Office on behalf of the Competitions Commission within 14 days of such alteration and amendment.
- vii. All NVL correspondence will be forwarded to the relevant team secretaries named in the Handbook, or as amended in writing to the Volleyball England National Office, who will advise all team secretaries in that competition as soon as practicable of the change of team secretary. Any Club specific matters will be addressed to the Club Secretary / Chairperson, as detailed on the Club's

Affiliation form for the season.

**Regulation A 10. Disputes**

- i. The Competitions Commission has the full authority to deal with disputes involving clubs, players, administrators and non-qualified persons acting in the capacity of coach or referee, and to sanction clubs and their members, both playing and non playing, when deemed to be in contravention of any of the NVL regulations or relevant codes of conduct.
- ii. A Competitions Commissioner has the delegated authority to make decisions on behalf of the Competitions Commission to facilitate the day to day running of a competition.
- iii. Where appropriate the Competitions Commissioner can impose fines and / or deadlines to facilitate the smooth running of a competition.

**Regulation A 11. Match Venues**

- i. Matches played in Men's Super 8s, Women's Super 8s and Quarter-Finals and Semi-Finals of all Cup Competitions shall be played at venues approved by the Competitions Commission. Clubs competing must obtain such approval from the Commission where required.

## Section B. Organisation of fixtures

### Regulation B 1. Pre Season Fixture Arrangements

Teams will be provided with the draft fixtures well in advance. At that time teams may enter mutual discussions and request agreed amendments to the proposed fixtures. Any such proposals must be agreed in writing by both teams, and confirm the new date, time and venue. Any such changes will need to be approved by the Competitions Commission, who shall seek to ensure that teams do not gain a competitive advantage by delaying matches, delaying the start or conclusion of the season, or a team playing significantly more, or less, matches than other teams in the Division by key dates. No team entered in the Cup/Shield will arrange an NVL match onto any Cup/Shield date during the draft fixture process. Match rearrangements during the season (e.g due to adverse weather) will be considered by divisional commissioners taking into account the teams continued participation in the cup/shield. After the amended draft fixtures have been returned to Volleyball England National Office, no other changes will be allowed except under very exceptional circumstances.

### Regulation B 2. During the Season

- i. All matches must be played on the date, at the time and at the venue specified in the National Volleyball Competitions Handbook fixture lists, and not any other publication. If there is an error in the handbook or a fixture has been agreed to be changed by the Competition Commission then the correct details will be updated onto the NVL page of the website.
- ii. Where a club has two or more teams in the same NVL Division, the Competitions Commission reserves the right to schedule both fixtures between the teams as early in the season as possible.
- iii. Only under very exceptional circumstances, fixtures may be rearranged with prior consent of the appropriate Commissioner and the opposition. Requests for rearrangement must be made to the Divisional Commissioner at least 21 days prior to the original fixture date. Consideration of requests with less than 21 days notice will only be considered in the most extreme circumstances. The National Office must be kept informed of the changes. *Requests to re-arrange a fixture due to holiday arrangements is not considered to be a very exceptional circumstance.*
- iv. Where a team has 2 or more players involved in international competition, application may be made to the Competitions Commission for re-arrangement. Application must be made as soon as any conflict is known and in any event no later than 21 days prior to a match. It is stressed that this re-arrangement is **discretionary**. This provision does not apply to International Beach fixtures.
- v. A re-arrangement will only be approved when a fully justifiable reason is provided, and a new date has been arranged and agreed by the teams involved. Where teams cannot agree a new date then the appropriate Commissioner will specify a date on which the rearranged match will be played, or the original date will stand.
- vi. Where a fixture is postponed due to exceptional circumstances beyond the control of the teams, then any additional costs incurred in restaging the fixture shall be equally shared between the teams i.e. Sports Hall Costs, Referees and actual Travel costs.
- vii. Where match Referees were appointed by Volleyball England, and the date, time or venue is changed, the original home team becomes responsible for notifying those Referees and the NVL Referee Commissioner of the change and for appointing suitable replacement Referees, if necessary. Such changes to date, time or venue must be approved in writing by the appropriate Divisional Commissioner. *Normal Match Confirmation procedures will then apply.*
- viii. Under no circumstances (other than with prior consent of the Competitions Commission) can fixtures be played after the close of the NVL season, the date of which is published as part of the Volleyball England calendar. The NVL end of season date is the 26th April 2015.

## **Section C. Registration**

### **Regulation C 1. Players**

- i. All teams must register a minimum of 8 players by the 1st August before the start of the season. A valid registration requires a completed NVL registration form, with photo attached (or emailed to the Competitions Officer or Administrator) and the required registration fee complete with player signature. Failure to adhere to the deadline will result in a £25 administration charge.
- ii. It is the responsibility of the team or club registering a player to ensure the eligibility of the player to be registered. Players who are subject to transfer requirements must be correctly transferred. Player registration information for the previous seasons is available on the Volleyball England website and from the Volleyball England National Office.
- iii. Clubs with more than one team may delay allocating their players to a specific team until a week before their Club's first match, informing the National Office which team a player will play for, but the players must all be registered by 1st August. Until the required allocation is made, all players will be deemed to be registered with the lower/lowest team.
- iv. Players cannot be registered after 1st February during the season, except with the express approval of the Divisional Commissioner. (This will only be permitted in emergencies to enable games to take place e.g. where less than six registered players are medically fit or are available to play. Written confirmation of Registered Players non-availability will be required before agreeing to an Emergency Registration). The emergency registered player will be eligible to play for the team for the remainder of the season, but will **not** be able to play up for another team.
- v. In any season, no player may play for more than one Club in the same competition unless they are officially transferred. Except under very exceptional circumstances a player may only transfer once during any NVL season. No player may play for different teams in a cup competition, under any circumstances. Where Clubs have two or more teams in the same competition, a player will become 'Cup tied' to the team they played their first cup match with, regardless of transfers and the playing up regulation. Transfer regulations apply to movement of players between different teams within the same Club.
- vi. A junior player (Under 18 on 1 September of the current season) playing in a junior competition may also play for their Club in a senior competition.

### **Regulation C 2. Technical Members of the team**

- i. Any other personnel requiring to sit on the team bench under FIVB International Rule 4 must be registered with the Volleyball England National Office.
- ii. Technical and professional personnel from one Club are permitted to form the authorised Bench Personnel of another Club, providing they are in possession of an authorised Bench Personnel card for the team/club they are to assist, which must be presented to the Scorer. Any Bench Personnel that is assisting at another Club must have the written permission of their original Club.
- iii. Coaches and Bench Personnel require one licence per team they wish to assist. Only a qualified and registered Coach with Volleyball England will be able to undertake the role of Head Coach during a match.
- iv. Should a qualified and registered Coach with Volleyball England not be available at the match then the team captain shall assume the role. Any other authorised Bench Personnel may act only as an Assistant Coach, with the associated restrictions and limitations of duties.
- v. Registered players who wish to assist another team/club as Bench Personnel are required to hold a separate Bench Personnel card for the team(s) they will be assisting, and this must be presented to the Scorer.
- vi. All Bench Personnel (including Coaches) must register with Volleyball England and submit a photo when applying for their Bench Personnel card.



### **Regulation C 3. Transfers (See Appendix A)**

- i. Subject to the provisions below, players may transfer between clubs prior to **1st February** each season. Only in exceptional circumstances will a player be allowed to transfer more than once during the NVL/KO Cup playing season. The NVL season shall run from 1<sup>st</sup> September to 31<sup>st</sup> August each year. Players who are playing up, and reach eleven sets, or more, in a match are deemed to be automatically transferred to the higher team. It is the responsibility of the club to keep account of the number of sets each player plays up. This will also apply if this occurs after 1<sup>st</sup> February, and will be an exception to the transfer deadline.
- ii. Where a Club has more than two teams playing in the NVL the player will be automatically transferred to the team for which they have played up most for.
- iii. If a team or Club withdraw from the NVL, its players are still deemed to belong to that Club. Therefore, they need to transfer before being permitted to play for another club. This is to protect clubs and their assets.
- iv. Unless under contract, a player is deemed to become a free agent if they have not played in the NVL in the preceding two seasons, and have no documented indebtedness to a previous NVL Club. Teams are strongly advised to consult the available player registration information available from the Volleyball England National Office to confirm the status of a player.

Clubs registering new players should always be aware of the possibility of the need to formally transfer, and should take the following steps:

- a) Establish from the player if they have ever been to any NVL Club in the past. They may not have played, but could have registered, or simply been for training, and may have forgotten to return items.
- b) If they have been at previous NVL Club(s), which is still in existence contact the Club and obtain confirmation that they are in good standing i.e. they do not owe the Club anything, and are able to register for the new Club.
- c) If they have been to previous NVL Club(s), which are not in existence consult the available previous NVL registration data on the Volleyball England website, and contact the Competitions Officer to clarify that no indebtedness or impediment has been lodged with the Volleyball England National Office.

Clubs playing ineligible players will be considered for disciplinary action. Clubs are advised to ensure they take all reasonable steps, as above, to ensure the eligibility of players being registered.

Players found to have documented indebtedness to previous NVL Club(s), who seek current NVL registration, and who may not have provided the new Club with all material information may be liable to suspension from playing until the matter is resolved.

- iv. Transfers will **not** be allowed if any of the following circumstances apply:
  - (1) The player is under valid contract to the current club unless that contract is terminated by mutual consent. (See CONTRACTS Appendix B)
  - (2) The player has not discharged any documented indebtedness to the current club, e.g. subscription arrears, kit etc. Teams are advised to ensure that players are made fully aware of their commitments and fees due. These should be detailed in writing and signed by the player wherever possible to avoid any confusion or subsequent doubt arising.
  - (3) The current club would be left with less than 8 available registered players during the N.V.L. / K.O. Cup playing season.
- v. A Club having 2 or more teams competing in the NVL shall be entitled to transfer player(s) between teams. Players transferred to the lower team within a Club after the start of the season cannot use the playing up regulation.
- vi. Any player wishing to leave their Club in order to take up a different post at another Club (i.e. Coach etc.), may do so only with the agreement of the Club holding their registration, and abide by the transfer provisions. Disputes will be referred to Competitions Commission for arbitration

## Section D. Preparation for matches

**Regulation D 1.** The Home Team is responsible for :

- i. Arranging for the availability of the venue (facilities) – see D1.v and the equipment – see D1.vi. For all Volleyball England competitions, only equipment deemed suitable, fit for purpose and safe, or which has FIVB approval may be used unless the Competitions Commission gives prior agreement. The playing conditions must conform to those laid down in the current Volleyball England Official Volleyball Rule Book.
- ii. Booking a period of three hours for single matches and seven hours for triangular matches. If less is booked and time runs out, the home team will forfeit the last match in which they played. If, after the recommended hours booked the matches have not been completed, the teams concerned will rearrange the outstanding fixture at an agreed venue and date approved by the Divisional Commissioner as acceptable to the teams involved. The teams involved will share total costs (ie the cost of travel of the away team, venue and Referees costs) of the new match equally. This ruling includes unfinished matches.
- iii. Start times for matches must be:
  - (1) Single matches on Saturdays between 12pm & 7.30pm
  - (2) Single matches on Sundays between 11:30am & 4.00pm
  - (3) Double matches on Saturdays between 12pm & 4.00pm
  - (4) Double matches on Sundays between 11.30am & 2.00pm
  - (5) Triangulars between 11:30am & 12:30pm  
Unless other agreed in writing by the opposition
- iv. The first referee shall decide upon the adequacy of the court and equipment at the time of the match.
- v. Facilities
  - (1) Court Surface - flat, smooth, non-slippery and safe
  - (2) Free Zone - minimum 3m around court with preferably 5m to rear
  - (3) Height Clearance - minimum 7.5m above playing surface
  - (4) Court Markings - correct, unbroken as per FIVB court layout
  - (5) Temperature - minimum 13°C
  - (6) Lighting - adequate, even, minimum 500 lux
  - (7) Team Bench - size, and safely positioned
  - (8) Warm up area - 3m x 3m, correctly positioned
  - (9) Spectator seating - available
  - (10) Sanctions box with seat - 1m x1m on the scorer's side of the court, outside of the free zone and beyond the end line.
- vi. Equipment
  - (1) Net - correct length (9.5-10m) depth (1m) mesh unbroken, correctly tensioned, height easily adjustable
  - (2) Sidebands - correctly positioned
  - (3) Antennae - correctly positioned
  - (4) Posts - smooth, safe and height adjustable
  - (5) Balls - Only approved FIVB balls must be used in all competitions (see FIVB Sports (Regulations Page 144 Annexe page 8).  
*(Two identical balls are required for a one ball system and 4 for a three ball system).*
  - (6) 3-ball system - identical characteristics, where system used
  - (7) Visual scoreboard - operable
  - (8) Scoresheet - Volleyball England approved scoresheet in triplicate
  - (9) Line Up Sheets - available
  - (10) 2 sets of paddles - numbered 1- 20 (refer to Section N – Minimum Operating Standards)
  - (11) Buzzer - available (refer to Section N – Minimum Operating Standards)

- (12) Pressure Gauge - available
- (13) Ball Pump - available
- (14) Referee Stand - stable, safe, and adjustable
- (15) 4 x Line Judge flags (40 x 40cm) – available

Note: Failure to provide adequate equipment cannot be attributed to a sports centre or the staff thereof - it is the sole responsibility of the home team. Failings in the facilities are also the responsibility of the home team unless matters arise, exceptionally, during or in the days approaching a match that are outside the control of the venue. E.g. Electrical, mechanical or safety failures.

*Any delay to the start of a match attributed to lack of equipment, the home team will be penalised in accordance with regulation E 4. Late arrival.*

- vii. Supplying a Scorer, at least two competent Lines Judges and a visual scoreboard in all cases. All Technical Officials should be competent in the performance of their duties. The Scorer must be the same person throughout the match and be present at least 30 minutes before the start of the match. Line Judges should be present at least 20 minutes prior to the start of the match. Failure to provide the Technical Officials will result in a £10 fine.
- viii. Confirming in writing to the Secretary of the visiting team, the match Referees, the National Office and the Divisional Commissioner **at least 14 days**, and not more than 21 days (according to the postmark, or email delivery receipt) prior to the date of the match, in the same letter or email
  - (1) The date of the match.
  - (2) The venue and travel directions for the match, for both public and private transport
  - (3) The time of the availability of the court
  - (4) The time of the start of the warm up
  - (5) The time of the start of the match
  - (6) The names of the Referees
  - (7) The availability of post match hospitality
  - (8) Triangular matches will be played in the order set out in the handbook fixture list with the home team playing in the first and third matches unless mutually agreed in writing at least 10 days (according to the postmark or email delivery receipt) prior to the date of the match.
  - (9) Where confirmation is sent by e-mail, it should be acknowledged by each recipient. If the home team secretary does not get the message acknowledged they should post a confirmation.
  - (10) Any team failing to send the appropriate match confirmations shall be fined £10 per occurrence.
- ix. Any visiting team Secretary or referee who has not received confirmation within the stipulated time should contact the Volleyball England National Office or Divisional Commissioner for guidance.
- x. The payment of any entrance fees at the venue for visiting teams and Referees. It is suggested that to avoid difficulties, Sports Centres should be contacted beforehand.

#### **Regulation D 2. Playing kit**

- i. Shirts - uniform colour/design, clean
- ii. Shorts - uniform colour/design. Shorts do not have to be numbered but all the team must wear the same. (either all numbered, matching the shirt number or all without).
- iii. Numbers - correctly positioned, contrasting colour to shirts (front & back) as per FIVB ruling. All shirt numbers must be numbered 1 – 20.
- iv. Captain - identified by a stripe throughout the match (tape permissible)
- v. Libero player - different coloured shirt, easily identifiable, numbered as

part of team number sequence

- vi. All teams are required to be in full match kit prior to the official warm up at the net.

**Regulation D 3.** Expenses for Match Officials should be paid prior to the start of the match (or as previously agreed by the Referees), and in all cases on the day of the match(es) concerned.

Single match	Super 8's	£17
	Div 1	£14
	Div 2	£14
	Div 3	£12
Matches 1 & 3 of a triangular	Div 2	£34
Matches 1 & 3 of a triangular	Div 3	£30
All three matches of a triangular (exceptional circumstances only)	Div 2	£52
All three matches of a triangular(exceptional circumstances only)	Div 3	£46
Cup	Rounds	£14
	Semis & Finals	£17

Note: Travel expenses are to be claimed as either actual expenses (public transport) or at current Volleyball England rate (£0.25 per mile private car @ 21/05/11).

**Regulation D 4. Referees**

- i. First Referee - qualified, registered
- ii. Second Referee - qualified, registered
- iii. Scorer - competent
- iv. Line Judges - competent
- v. Ball Retrievers - competent, preferably six, where used
- vi. The use of Referees who are directly connected with the teams playing is discouraged. Where used the connection should be noted in the confirmation to visiting teams. If requested a neutral referee should act as First Referee.
- vii. Where the NVL appointments Sub-Committee of the Referee Commission has not appointed Referees for the match, the home team is responsible for appointing them, and should start this process after the season's fixtures and Referee appointments have been published. Where a Team appoints its own Referee it must notify the WhoTheRef Administrator that the appointment has been made. If the visiting team objects to the Referee appointments made by the home team then this should be referred to the Referee Appointment Committee.
- viii. Teams are not permitted to cancel any Referee appointed by the NVL Appointment Sub-Committee and appoint their own.
- ix. Details of Referee appointments and vacancies are available from [www.WhoTheRef.com](http://www.WhoTheRef.com).
- x. In case of difficulty finding Referees the secretary should contact the Regional Referee Administrator or NVL Referee Commissioner with details of efforts made so far for advice and information. Evidence of the home teams' efforts to obtain referees must be made available to the Divisional Commissioner and the NVL Referee Commissioner in case of a complaint.
- xi. The same Referee should not be expected to officiate in all three matches of a triangular.
- xii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the

fixture with someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues. Failing that the home team should source the most competent, experienced and suitable person eg player or coach, to act as second official, again advising opposition and Commissioners.

**Regulation D 5. Cup Fixtures**

- i. The Referee Commission will endeavour to appoint the 1st and 2<sup>nd</sup> referees to K.O. Cup and Shield matches.
- ii. The home team in Cup and Shield fixtures must inform both the Cup Commissioner and the NVL Referee Commissioner of the date, venue and warm-up time of the fixture, within 4 days of completing the previous round. Matches are to be played on the date published in the fixtures list.
- iii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture, someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues? Failing that the home team should source the most competent, experienced and suitable person e.g player or coach, to act as second official. Again advising opposition and Commissioners.
- iv. The Commission reserves the right to stage Semi-Final matches at a central venue. Where this option is exercised, all teams will be advised before the Quarter Final stage. Teams involved in the Semi-Finals may be required to pay a supplementary levy.

## **Section E. Arrangements at matches**

### **Regulation E 1. Regulations of play**

- i. All matches will be played to the best of five sets (unless altered by the Competitions Commission prior to the match date).
- ii. Technical timeouts will be used in all NVL matches in all leagues.
- iii. Super 8 teams are required to produce programmes for all home matches. (A programme template is available from the Volleyball England website).
- iv. Women are ineligible to play in Men's competitions and vice-versa.
- v. The Rules of the Game that will apply to all competitions will be those currently issued by the FIVB. In the event of a Regulation change being required in any competition, the Competitions Commission must first give agreement.
- vi. Except in exceptional circumstances, and with the express approval of the Referee Commission, the Referees must hold recognised qualifications and be registered with Volleyball England.

Note. Referees who hold referee qualifications from other countries may become 'Volleyball England recognised' after applying to Referee Commission of Volleyball England.

### **Regulation E 2. Golden Set**

- i. Where Competitions Commission have directed that a 2-legged match will be decided by a Golden Set then the following will be applied;
- ii. A Golden Set will only be played where each leg has been won by a different Team. This is irrespective of any set or points difference between the 2 legs.
- iii. The Divisional Commissioner is to ensure that the Referee of the Second Leg knows who won the First Leg so the requirement of the Golden Set may be determined
- iv. The interval between the end of the Second Leg and the Golden Set shall be 5 minutes.
- v. The Golden Set shall be played as if it were the 5<sup>th</sup> Set of a normal game, i.e. first to 15 points with an advantage of 2. All other rules relating to a 5<sup>th</sup> Set shall be applied to the Golden Set.
- vi. Any sanctions applied in the Second Leg shall carry forward to the Golden Set.
- vii. The Golden Set Scoresheet is to be used – any players or Team Officials sanctions by Disqualification in the Second Leg may not take part in the Golden Set, neither may any player who left the Second Leg through injury.
- viii. Equally any player or Team Official serving a suspension during the Second Leg may not take part in the Golden Set.

### **Regulation E 3. The schedule**

- i. The times listed in the Handbook shall specify the start of the official warm up period, and the match start time. The official warm up period shall be 30 minutes before the match start time. The scoresheet shall record the actual start time of the match i.e. the first service.
- ii. Triangular Match Schedule.
  - (1) The following will apply to matches that are headed accordingly in the match schedule:
  - (2) A v B in accordance with schedule e.g. 12.00 warm up, 12.30 match start
  - (3) B v C ready for warm up to commence no later than 1 hour after the first match advertised start time, e.g. 13.30 warm up, 14.00 match start.
  - (4) A v C ready for warm up to commence no later than 2 hours after the first match scheduled start time, e.g. 14.30 warm up, 15.00 match start.

Note: As the home team alone is responsible for the venue and equipment, venue changes, double bookings, equipment failure and start time changes will not normally be considered to be outside the control of the team.

#### **Regulation E 4. Arrival of teams**

- i. It is advised that a team allows an hour contingency plan whether travelling by public or own transport, with an arrival time of at least 30 minutes before the warm-up is due to start. Should a team not be able to fulfil its fixture, then a member of the team will need to contact the opposition as soon as possible, utilising numbers in the Handbook for Secretary, Coach, other personnel and venue as required. Home teams should then advise the referees, Volleyball England National Office and Divisional Commissioner immediately. Should a fixture not be played then the Commission shall consider the available evidence and rule as to whether the match should be replayed, forfeited, declared null and void and any sanctions applicable.
- ii. Where a problem arises on match day or on the way to the match, the team must make every effort to contact the opposition and Divisional Commissioner to explain and resolve the problem.
- iii. Where a team is delayed by factors that are wholly out of a team's control (e.g. bad weather on the day) and can be backed up by professional and independent reports of confirmation (e.g. local weather centre, Police, Motoring organisation) indicating driving conditions and advice, this can be considered by the Competitions Commission as an extenuating circumstance. However, every attempt must be made to travel and play matches as scheduled. Additional travel time requirements would not be a reason not to play, and teams cannot "postpone" matches without the approval of the relevant Commissioner. Delays such as traffic problems, vehicle breakdowns (unless by public transport) are not normally considered as factors outside of a teams control. Teams are expected to inform the Divisional Commissioner, the home team and the Referees of the delay as soon as possible.
- iv. If a fixture or competition is cancelled by Volleyball England then any expenses incurred by the participating Teams or Referees will not be refunded.

#### **Regulation E 5. Late arrival**

Providing the court is available, and one team is ready to commence play

- i. Any team failing to appear on court, ready to commence play, within 20 minutes of the published start time shall forfeit the first set. The set shall be lost 25-0. The time available up to the 20 minutes may be available for warm up subject to agreement from the team already present and ready to play (who will have already warmed up for up to 30 minutes).
- ii. The second set shall commence 20 minutes later; i.e. 40 minutes after the published start time. A team arriving between the start times shall be able to use the available time for warm up. If a team is not on court ready to play 40 minutes after the published start time, then they shall lose the second set 25-0.
- iii. The third set shall commence 20 minutes later; i.e. 60 minutes after the published start time. A team not on court ready to play at that time shall lose the third set 25-0, and thus loses the match 3-0.
- iv. The defaulting team may forfeit the match, be fined and lose league points as a consequence.
- v. The time should be taken from the referees if there is a dispute between teams over the exact time.

Note: If a team arrives (ready to play) 19 minutes after the official match start time they are still entitled to play the first set. If the team arrives (ready to play) 20 minutes after the official match time that team loses the first set 25-0. The late team could use the following 19 minutes as warm-up before starting the second set as long as play commences within the 40 minutes of the match start time.

#### **Regulation E 6. The Players**

- i. Only players who are correctly registered with Volleyball England may play in competitions. A player is not registered unless their registration fee together with all appropriate documents correctly completed are endorsed at the National Office prior to the match except as specified in Regulation E 6.iv.
- ii. Any missing player registration cards will need an explanation; 'cards with

Volleyball England' will **not** be accepted. Any player without a registration card at a match must have an email from Volleyball England (and present photographic identification e.g. driver's licence) to confirm registration.

*Referees are not expected to prevent a player playing if the team believes him/her to be correctly registered, providing that the player's identity can be proven by suitable photographic identification (e.g. driver's licence). If such a player does play, this is at the team's own risk, since playing with an ineligible player will lead to forfeiting the match (see vii below).'*

- iii. All players in a team, apart from the Libero(s), must wear a strip of identical colour and design with regulation size numbers on the front and back. The numbers 1-20 only may be used. The Libero(s) shall wear a different coloured, easily identifiable, numbered shirt. In all respects, kit must conform to Volleyball England Official Volleyball Rules requirements. Referees are empowered to prevent players from taking part in a match if they do not comply with this rule. If, however, the referee does allow the player to participate it should be indicated on the score sheet.
- iv. Teams may register players on the day of the game providing they are within the constraints of Regulation C 1.iv
  - (1) This shall be done by means of presenting a correctly completed registration form, including photograph affixed (or proof of photo emailed to the National Office), the appropriate fee, and completed transfer certificate, if required, to the match Referees. A player will not be allowed to play unless all the above is produced. If satisfied with the completion of the form, the First Referee shall record the registration in the 'remarks' box of the scoresheet recording details of all items presented.
  - (2) The team registering the player shall forward the card by first class post at the conclusion of the game. The appropriate fee plus a £5.00 administration fee must accompany the registration. The match will be forfeited if the player is not registered (form & payment) within the stated time.
  - (3) Confirmation that a player's registration card is with the Volleyball England National Office must be obtained if the authorised card has not been returned within 7 days of posting. Failure to obtain this confirmation will make this player ineligible to play until the completed documentation has been received.
  - (4) Teams registering players on the day of a game are making a clear and binding statement that the player is able to be registered. This means that the player involved is either an existing bona-fide member of the club, is a free agent under the terms of transfer regulations, or is being properly transferred. In the case of transfer, the transfer certificate should be presented to the First Referee at the match. A player who is subject to transfer must have a completed transfer certificate present to be able to register on the day. A player in breach of this regulation will be deemed ineligible and the team forfeits any matches the player is involved in and may be subject to disciplinary action. (Player information for the preceding 2 seasons is available on the Volleyball England website or from the National Office).
  - (5) In case of any doubt teams should contact their Divisional Commissioner and provide written details of the facts and obtain advice.
- v. NVL Player registration cards accompanied by an NVL Team Sheet and Bench personnel cards are to be presented to the Scorer at least 30 minutes prior to the start of the match. Referees must check identity and validity of registration cards and note all irregularities on the scoresheet.
- vi. Any team found to have used ineligible players shall forfeit all matches in which such players have participated.
- vii. If a player is not physically present at the start of the match, when Referees check the identity of the players the following shall apply:
  - (1) Notice of the expected late arrival shall be given to the First Referee before the match begins.
  - (2) A player or coach who arrives during the match may not take part in the set in



their arrival has been properly recorded and their identity checked.

- (3) If the expected player or coach does not arrive, this name should be deleted from the scoresheet.

viii. Playing Up

- (1) A club, having two or more teams competing in the NVL, once having nominated the team to which each player belongs, shall be entitled to play a lower team player in that club's higher team for up to 10 sets during the current season (i.e. appearance in that set whether for 1 point or the whole set and if a Libero player, whether they enter the court or not) without the necessity of transfer. It is the Club's responsibility to notify both Referees and Scorer before the start of the match as to which players are involved. If a player is found to have played for the lower team after automatically being transferred up, then that player will be considered an unlawful player. The first referee is to record the appropriate sets on the player's card except where that player is a Junior – see (2) below. During the current season any player playing up who reaches eleven sets, or more, during a game will automatically be deemed to be transferred to the higher team. This will also apply to matches after 1 February.
- (2) There is no restriction on the number of sets a junior player may play up. (A player is deemed a junior if they are under the age of 18 on September 1<sup>st</sup> of the current season)
- (3) Note: 'Playing up' does not constitute a transfer, until eleven sets are reached. Cup-tie provisions apply in all KO Cups.
- (4) A club having more than one team in the same division cannot use the playing up regulation. To change teams will require an official transfer.
- (5) When a player is automatically transferred by the playing up regulation, they may no longer play up again for the remainder of the season.

**Regulation E 7. Other team Officials**

- i. At all Volleyball England matches, a team shall nominate a coach for the match. This can be either a coach, who must be registered with Volleyball England as a Coach and present their Bench Personnel card, or a player member (of that team). Their name and registration number shall appear legibly on the scoresheet. Only a qualified and registered Coach with Volleyball England shall be able to be recorded as Coach on the scoresheet and must present their Bench Personnel card.
- ii. In the absence of a qualified and registered Coach then the Team Captain shall assume the role. Any other authorised Bench Personnel will only be able to act as Assistant Coach, with the associated restrictions and limitations.
- iii. A Coach from another team who wishes to act as Coach must have a Bench Personnel card (with photo) for that team to present to the scorer.
- iv. Only team players and authorised Bench Personnel may sit on the team bench during the match.
- v. All parties on a team bench are subject to the disciplinary code of the game and must have an appropriate card present.
- vi. The nominated Coach must produce their coach registration card at all matches, and sign the team list.

**Regulation E 8. Match Officials**

- i. Should only one of the appointed Referees arrive for the match, they will appoint a person to act as the second Referee. They will do this from any available persons based on qualification, registration and competence.
- ii. Should neither of the appointed Referees arrive the home team will provide both Referees for the match, and the match will be played. The responsibility for selection of Referees under these circumstances rests with the home team only. Again the most appropriate persons must be appointed considering qualification, current registration, competence and experience. A full report of the events should be sent to the Volleyball England National Office and the result will be considered by the Competitions Commission, in the light of qualifications/experience of the Referees used. Should a rematch be decided

- upon, the expenses may be borne by Volleyball England where Volleyball England appointed the Referees or by the home team where the home team were responsible for appointing the Referees.
- iii. Where any qualified referee fails to appear at a match, then the home team shall, within 7 days, send a report to the Divisional Commissioner and the NVL Referee Commissioner. Where an appointed referee fails to appear for a match without prior notice, this should be recorded on the scoresheet. Where an appointed official withdraws from a fixture, after giving notice, it is the responsibility of the home team to re-appoint Referees, after consultation with Referee Commission.
  - iv. The scorer must be available 30 minutes prior to the match start time and complete the whole match. The team lists must be fully completed by the time the captains are called for the toss (*at least 16 minutes before first service time*). The scorer must complete the scoresheet before it is presented to officials for signature at the end of the match.

## **Section F. After the match**

The home team is responsible for:

**Regulation F 1.** Scoresheet and Match day protocol sheet, etc.

- i. Sending the top copy of the Scoresheet, Libero Control sheet (as necessary), Match day protocol sheet and for Super 8s only a copy of the match day programme to the National Office by first class post on the first working day after the match. In the event of late arrival of this copy at the National Office, the date of cancellation of the first class stamp will be used to see whether a team should be fined.
- ii. Submitting a match report (Super 8s and Division One teams).

**Regulation F 2.** Reporting Results

Advising the match result, including match number, teams, result and set scores, to the nominated Volleyball England results service immediately after the match by telephone or SMS; if possible by 8pm. Results should be reported to Geoff Hollows on **07918 636146**.

Failure to report results on time will result in a £10 fine per occurrence.

Note: This is required so that results can be passed onto the press etc., and so that league tables etc. may be kept up to date.

## **Section G. Penalties, Protests and Appeals**

It is anticipated that teams will abide by both the letter and the spirit of these competition regulations and the Official Volleyball Rules and that defeat will not be seen as an excuse for making a complaint.

Before making any decision, Commission members must declare an interest in any matter that they are remotely associated with.

### **Regulation G 1. Penalties**

- i. Penalties will be applied to all breaches of the regulations. Where not actually stipulated in the regulations, the penalty will be determined by the Commissioner for the event.
- ii. In the Super 8s Divisions, breaches which result in a game not being played and/or forfeited will have a minimum fine of £500 and a review by the Competitions Commission as to the future of that Team within the League.
- iii. In Divisions 1, 2 and 3 breaches which result in the fixture not being played and/or forfeited will have a minimum fine of £75 for a first offence, £150 for a second and any subsequent offence and a review by the Competition Commission as to future of that Team
- iv. Breaches of safety conditions where the referee allows the game to take place will have a maximum fine of £100.
- v. Breaches that bring the game into disrepute will have a minimum fine of £50.
- vi. Breaches which interfere with the running of the event will have a maximum fine of £50.
- vii. Administrative failures will fine of £20 for each offence. Administrative fines will be notified by the National Office.
- viii. Failure to pay any fine levied within the timescale stated will be reported to the Competition Commission who will consider imposing further sanctions including, but not limited to, financial penalties, points deduction, relegation or expulsion.
- ix. Should, during the season, a team be issued with a fine an invoice will be sent to the Team addressed to the Team Secretary. This must be paid within 21 days from the date on the invoice.

### **Regulation G 2. Administrative Disputes**

Disputes relating to administrative matters and interpretation of competition regulations shall be the responsibility of the Competitions Commission.

- i. Disputes arise only where teams are unable to resolve difficulties amicably between themselves, and they are urged to make every endeavour to do so. It is intended that matches should be decided on the court of play. Therefore, in all but the most exceptional administrative cases, and unless a penalty is otherwise stipulated, any team found to have broken the regulations will be fined, and their match result may stand. However, teams must be aware that breaches of the Regulations may mean forfeiture of matches.
- ii. The Competitions Commission, however, has the right to deduct points, fine and suspend any team should the situation warrant it.

### **Regulation G 3. Technical Disputes**

Those relating to the match itself under areas covered by the match Referees.

- i. If, prior to the start of a match, a dispute arises, this should be noted on the scoresheet by the Scorer (under the direction of first referee) in the 'remarks' section before the match commences. If no such entry is made, it is assumed that up to that point all events and conditions are satisfactory. The referee may also note at this point any breaches of competition regulations.
- ii. If, during a match, a dispute arises, the first referee's decision is final. Any legitimate protest is to be recorded on the scoresheet after the end of the match by the scorer (under the direction of the first referee)
- iii. The first referee should then send a full report to the Volleyball England National Office as soon as possible after the match. A decision on the dispute will be

made by the Commissioner responsible.

**Regulation G 4. Remarks on the Scoresheet**

- i. Comments relating in any way to the competence of the match Referees must not be recorded on the scoresheet.
- ii. Any complaints about the competence of the officials must be forwarded within 5 days of the match:-
  - (1) Where the Official(s) is/are unqualified, the Competitions Commissioner will deal with the dispute in accordance with Regulation D a viii.
  - (2) Where the Official(s) is/are qualified then any protest will be dealt with by the Referee Commission. Any comments should be sent to the Volleyball England National Office

**Regulation G 5. Protests**

- i. All disputes must be referred in writing to the Volleyball England National Office as soon as possible prior to the scheduled match date, or within five days after the match took place or when the decision was made. Disputes beyond this period shall not be entertained.
- ii. A party to a match wishing to make a protest to the Volleyball England National Office must also copy their protest to their opponents and the referees, within five working days of the match, so that they may give their account.
- iii. Any protest upheld against an individual sanction will only be applied to the disciplinary outcome and will not affect the result of the match.
- iv. When considering the outcome of any dispute it should be remembered that the sanction could be increased rather than reduced.
- v. Only disputes regarding the technical application of any sanction will be considered. This does not cover the award of Red Cards.

**Regulation G 6. Appeals**

- i. On filing an appeal with the Volleyball England National Office against the decision of a Commissioner, a copy of the appeal shall be sent to any other affected party at the time of submission. A deposit of £100.00 must be paid when lodging any appeal, with such deposit to be returned in the event that the appeal is successful. The Volleyball England National Office should give out the relevant documents to each affected party. No appeal will be considered unless a copy of the appeal submission and the £100 deposit is received by Volleyball England with the 14 day deadline.
- ii. The Volleyball England National Office will issue written confirmation of acceptance of the appeal.
- iii. The Competitions Commission will respond within 5 working days with details of the hearing, which will normally be a minimum of a further 10 days hence, to enable any documents to be submitted and circulated.
- iv. The appeal should be heard by the Competitions Commission within 28 days of receipt, and such appeal shall be chaired by the President of the Competitions Commission, or their appointed deputy, and each Commissioner shall be able to ask any party questions concerning the subject of the appeal.
- v. The appeal panel will normally consist of at least 3 Competitions Commissioners who will either sit in person or by conference call. In exceptional circumstances the panel may sit with two Commissioners. Any Commissioner with a personal or prejudicial interest will not be allowed to sit on the panel.
- vi. Any party to an appeal shall have the right to an oral hearing (face to face or via conference call).
- vii. Any party wishing to refer to any document or letter shall submit copies of such items to all parties concerned at least 7 days prior to the appeal being heard. All parties will have a right to reply within a deadline of 3 days
- viii. At the conclusion of the appeal hearing, the Chair shall announce the decision, but shall be entitled to reserve the decision for further consideration and later announcement/communication to the parties.
- ix. Failure to comply with these procedures may result in a further fine being imposed by the Competitions Commission.

- x. No appeals of any description whatsoever shall be considered unless filed within 14 days of notification of the original decision and the relevant deposit paid. Original decisions are those made by the Commissioner at the time and on the available information. Once the decision is made no further information will be considered, nor decisions reviewed, except under appeal. Therefore, teams are reminded that they must submit all information for consideration when asking for a Commissioner ruling.

**Regulation G 7. Judicial Panel**

- i. There shall be a right of appeal of the decision of the Competitions Commission to the Volleyball England Judicial Panel. Any appeal must be submitted to the Volleyball England National Office within 14 days of the Appeal decision date and be accompanied with a £100 deposit. Timescales for the Judicial Panel Review will be notified by the Chairperson of the Judicial Panel.

## **Section H. Misconduct**

**Regulation H 1.** The first Referee will ensure that all sanctions issued to players, coaches and authorised bench personnel are recorded on the scoresheet and individual's registration cards.

**Regulation H 2.** In the case of expulsion or disqualification, the first referee will submit a full report (RC9) to the Volleyball England National Office and to the NVL Referee Commissioner after the match.

**Regulation H 3.** Penalty Points  
(These do not apply to delay sanctions)

- i. A player, coach or authorised bench personnel who receives a penalty for misconduct (red card) will be charged 3 disciplinary points.
- ii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for repetition of a misconduct offence during the match will be charged 5 disciplinary points
- iii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for a single offence during the match will be charged 5 disciplinary points
- iv. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) following a penalty for a different offence during a match will be charged 5 disciplinary points. These five points are in addition to the 3 disciplinary points where a person has received a previous penalty.
- v. A player, coach or authorised bench personnel who is disqualified (red and yellow card separately) during a match will be charged 9 disciplinary points. Where disqualification results from aggressive conduct, these 9 points will add to any previous disciplinary points received during the match. If disqualification occurs as a result of other misconduct following an expulsion, the 9 points will replace the 5 points awarded for expulsion.
- vi. If disqualification occurs due to aggression then a minimum 1 match suspension will be incurred. This matter will then be automatically referred to the Disciplinary Sub Committee (See Regulation H7)

**Regulation H 4.** Suspensions

- i. The following penalties shall apply when a player, coach or authorised bench personnel accumulates disciplinary points in the same season:

8 disciplinary points	-	1 match suspension
16 disciplinary points	-	a further 3 match suspension

It is the team's responsibility to ensure that suspended players do not participate in matches.

- ii. The points are cumulative during the season and anyone receiving additional disciplinary points shall have their case reviewed by the Disciplinary Sub-Committee. The Sub-Committee shall be entitled to impose further penalties, as it deems appropriate. The Sub-Committee may require the attendance at an appropriate meeting of any player, coach or authorised bench personnel concerned. Equally, the person concerned has the right to attend or be represented at any meeting discussing their case.
- iii. A Player, Coach or Authorised Bench Personnel shall have the right of appeal to the Competitions Commission from the decision of the Disciplinary Sub-Committee.
- iv. Player suspensions apply to the next fixture played in any competition covered by these regulations. All matches in which a suspended person participated will be forfeited. Such suspensions must be for either the same team or, if transferred, the new team in such competitions. The onus rests with the team to ensure that the suspension is served correctly.
- v. In the case of triangular fixtures, both matches will count as one fixture and the suspension will take effect in the first match of the next fixture.
- vi. Coaches and Authorised Bench Personnel who receive suspensions will serve

their ban in their next scheduled match with the team they accumulated the points with regardless of their role within that team.

Note: Any person who is required to serve a suspension cannot attend the suspended match(es) under another team role (E.g. A Coach/Bench Personnel who is serving a suspension cannot attend the suspended match as a player and vice versa)

- vii. Disciplinary points shall not carry forward from one season to the next. If suspensions have to be served and there is no opportunity to do so in the current season then such suspension shall be served in the next available match/matches of the following season.

#### **Regulation H 5. Illegal Approaches**

- i. No official from any other club shall approach a player with a view to inducing them to leave that club, unless permission has been granted in writing by a duly authorised representative of the club for which the player is currently contracted or licensed.
- ii. This restriction applies to all club Officials, including coaches and players or other persons acting on behalf of or purporting to act on behalf of a club. Infringements of this regulation will be referred to the Disciplinary Sub-Committee as being liable to bring the game into disrepute and may be dealt as misconduct.
- iii. The Competitions Commission shall receive any allegations of breaches of this regulation. The Commission shall have the right to seek evidence and testimony from all parties involved, and a record of all complaints made shall be kept and reviewed.
- iv. Where it is felt there is a case to answer, it shall be referred to the Disciplinary Sub-Committee for investigation and resolution. Sanctions may include reprimand, fine or suspension. No transfer will be approved until the conclusion of the disciplinary process.
- v. Coaches are reminded of their obligations under their Code of Conduct.
- vi. If a player approaches a club seeking transfer, without a player release certificate, the club which the player seeks to join must notify the existing club of the player concerned in writing within 7 days. An infringement of this regulation would be referred to the Disciplinary Sub-Committee as being liable to bring the game into disrepute.

#### **Regulation H 6. Disciplinary Sub-Committee**

- i. The Disciplinary Sub-Committee shall consist of members nominated by the Competitions Commission and/or the Referee Commission. A member of Competitions Commission shall chair the Disciplinary Sub-Committee.

#### **Regulation H 7. Conduct**

- i. The Disciplinary Sub-Committee is empowered to discipline a player, coach, club, team or team follower whose actions are considered to bring the game into disrepute. The Sub-Committee is empowered within its absolute discretion to suspend or fine a coach, player, club or team in circumstances where it considers it appropriate. These provisions apply to NVL/KO Cup Competitions, Student, Beach tournaments and any other competition in which Volleyball England registered players may participate. The Referee Commission is responsible for any disciplinary action relating to match Referees.
- ii. The Disciplinary Sub-Committee, Competition Commission or Volleyball England Judicial Panel is empowered to discipline any registered player, coach, club, team or team follower. The penalties imposed shall be within the absolute discretion of the Disciplinary Sub-Committee, Competition Commission or the Judicial Panel as appropriate.
- iii. Club Officials and NVL Referees must respond, within a reasonable specified period of time, to legitimate requests for information made by the National Office, Competitions Commission or Referee Commission when conducting preliminary



- investigations. Failure to do so may result in a fine and will be taken into consideration when complaints and appeals are being considered.
- iv. The Disciplinary Sub-Committee shall be entitled in its absolute discretion to impose penalties for the following:
    - (1) Aggressive behaviour to players/spectators
    - (2) Aggressive behaviour towards Referees
    - (3) Threatening behaviour
    - (4) Abusive conduct
    - (5) Behaviour likely to undermine the authority of match Referees
    - (6) Conduct likely to bring the game into disrepute
  - v. In the event of the Sub-Committee considering alleged behaviour as above, then the player/coach/club official/ spectator may be required to attend a disciplinary hearing.
  - vi. There shall be a right of appeal to the Competitions Commission and ultimately to the Volleyball England Judicial Panel.

## Section I. End of Season

**Regulation I 1.** Any club or team not entering for the ensuing season must notify the Competitions Commission at least 2 weeks prior to the end of the current NVL season; otherwise all fees and goodwill deposit will be retained.

**Regulation I 2.** Teams are required to notify the Volleyball England Competitions Officer of players registered at the start of the season, who no longer play for that team.

**Regulation I 3.** National League positions

- i. In the Super 8s, three points will be awarded to the team winning a match should the score be 3-0 or 3-1. Two points will be awarded to the winning team and one point to the losing team should the score be 3-2.
- ii. In all other Divisions; three points will be awarded to the team winning a match, one point to the losing team, no points for a null and void or forfeited match.
- iii. In Divisions 1-3, any team forfeiting a match will be deducted 1 point and their opponents will be awarded 3 points and the match 3-0 25-0, 25-0, 25-0.
- iv. In the event of a tie at the end of the season in the Super 8s division, the teams will be classified in the order of:
  - (1) Set quotient; number of total sets won / number of total sets lost
  - (2) Point's quotient; number of total points scored / number of total points conceded (during all sets)
- v. In the event of a tie at the end of the season in all other divisions, the teams will be classified in order of the:
  - (1) number of matches won
  - (2) sets for less sets against
  - (3) points for less points against
- vi. If two teams are still tied they will be classified in terms of the matches between the two teams.

**Regulation I 4.** Promotion and Relegation

This regulation covers all NVL Divisions, Men and Women. Promotion and relegation is as follows:

- i. Should teams drop out of any of the Divisions during the season, then the Competitions Commission reserves the right to alter the Promotion/Relegation issues. The Commission reserves the right to favour teams from higher divisions.
- ii. If teams do not fill their respective places in the NVL in the following season, the Competitions Commission will fill those places with existing teams.
- iii. Dates of all play-off matches will be detailed in the Volleyball England calendar.
- iv. All teams in a promotion position must take their place in the appropriate division if permitted to do so by other regulations. However, in exceptional circumstances the Competitions Commission may review the situation if a written submission is received by 1st May during the current season.
- v. **Men's and Women's Super 8s**
  - (1) The winners of the Division will win the League Title.
  - (2) The team finishing 7th in the Super 8s will playoff against the 2nd placed team in Division 1. The winner will play in the Super 8s in 2015-16 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
  - (3) The team finishing 8th will be relegated to Division 1 for 2015-16.
- vi. **Men's and Women's Division 1**
  - (1) The winners of the Division will be promoted to the Super 8s for 2015-16.
  - (2) The team finishing 2nd will play off against the 7th placed team in the Super 8s. The winner will play in the Super 8s in 2015-16 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
  - (3) The team finishing 8th in Division 1 will playoff in a triangular against the two 2nd placed teams in Division 2. The winner will play in Division 1 in 2015-16 and the losers in Division 2. The fixture will take place at a central venue organised by Volleyball England with the costs shared.

- (4) The teams finishing 9<sup>th</sup> and 10<sup>th</sup> will be relegated to Division 2 for 2015-16.
- vii. **Men's and Women's Division 2**
  - (1) The winners of each Division will be promoted to Division 1 for 2015-16.
  - (2) The 2<sup>nd</sup> place teams in the Divisions will play off in a triangular against the 8<sup>th</sup> place in Division 1. The fixture will take place at a central venue organised by Volleyball England with the costs shared. The winner will play in Division 1 in 2015-16 and the losing teams in Division 2.
  - (3) The team finishing 9<sup>th</sup> and 10<sup>th</sup> will be relegated to Division 3 for 2015-16.
- viii. **Men's Division 3**
  - (1) The winners of the Division will be promoted to Division 2 for 2015-16.
- ix. **Women's Division 3**
  - (1) The winners of the Division will be promoted to Division 2 for 2015-16.
  - (2) The 2<sup>nd</sup> place teams in the Divisions will play off in a triangular against each other. The fixture will take place at a central venue organized by Volleyball England with the costs shared. The winner will play in Division 2 in 2015-16 and the losing teams in Division 3.

**Regulation I 5. European Competition Entry**

- i. If teams are considering entering European Competitions, teams must indicate their intention in writing to the Competitions Commission by 1<sup>st</sup> April.

## Section J. Regulations for Specific Competitions

### Regulation J 1. Volleyball England K.O. Cup

- i. Entry is included for all N.V.L. teams and is open to all affiliated clubs.
- ii. No player may play for more than one team under any circumstances.
- iii. Players must be registered with their respective clubs. Non-NVL teams whose players cannot produce a Local League player registration (photo) card must provide a list of all players who will play in the Competition to the Volleyball England Competitions Officer at least a week prior to playing in the competition. This will need to be verified by the Local League, and email confirmation will be provided to the team. Teams must present the email approval to the match officials, and players must produce photo ID (e.g. Passport, Driving Licence) to verify their identity at the match.
- iv. An NVL registered player may chose to play for a non-NVL team in the Cup different from the club/team which holds his / her NVL registration, provided:
  - (1) the NVL team agrees and is not left with less than eight players to compete in the cup competition themselves;
  - (2) it is the non-NVL team that the player plays for in the local / regional league.
  - (3) Where this regulation is abused, the player and team(s) involved will be subject to disciplinary action.
  - (4) "Amalgam" teams must be able to demonstrate some common affinity e.g. playing in the same local league, or living in the same geographical area. Any doubts over eligibility must be clarified with the relevant Cup Commission or Competitions Officer.
  - (5) NVL registered players cannot play for another NVL team, other than the one that holds their registration at the time of the fixture, and subject to "cup tie" regulations.
  - (6) NVL teams may contain non-NVL registered players subject to that player having an affinity with that team ie a player from the same Club.
- v. To take part in the semi-final or final, a player must either have taken part in a previous round for their team or have been registered with the team from before the first NVL game of the season. Non NVL teams may register players up to, and including, the day of the Quarter Finals.
- vi. All clubs/teams are required to play their allocated fixture(s) on the date(s) specified by the Competitions Commission.
- vii. Teams defaulting from National Competitions may be debarred from such competitions for a period of one year.
- viii. If a team withdraws after the draw, the Competitions Commission reserves the right to amend the draw.
- ix. Teams who are knocked out of the Volleyball England K.O. Cup at designated rounds shall be entered into the Volleyball England Shield as advertised by the Competitions Commission.
- x. Shirt numbers must be numbered between 1 and 20
- xi. Matches must be played on the scheduled date unless agreed in writing by the Cup Commissioner.

## **Section K. Instructions to Referees**

### **Regulation K 1.**

- i. Referees who have not received a match confirmation by 7 days prior to the match should contact the Volleyball England National Office or relevant Divisional Commissioner for advice. (Regulation D1. viii refers)
- ii. First referees are required to notify the Competitions Commission of any inadequacies in playing conditions by recording them on the scoresheet. (Regulation D 1)
- iii. First referees are required to ensure that the number of sets played by a player, who it is advised is playing up from one team to another, is recorded on both the players registration card and the scoresheet (Unless a Junior – see Regulation E6 viii(2)).
- iv. First referees who issue an expulsion or disqualification penalty are required to submit a report to the Volleyball England National Office and NVL Referee Commissioner after the match. (Regulation H 2. refers.)
- v. First referees who sanction any authorised member of team personnel should record that sanction on the appropriate registration card. (Regulation H1. refers)
- vi. First referees should ensure that any legitimate protest is recorded in the Remarks box of the scoresheet at the first opportunity after the event arises. (Regulation G 3. ii refers).
- vii. Referees should not allow anyone other than the scorer or themselves to write in the Remarks box of the scoresheet.
- viii. Referees should only allow players, coaches or bench personnel, in possession of a valid, current registration card for that team, to sit on a team bench or otherwise participate in a match. (Regulation E7. iii refers)
- ix. Referees who do not get paid promptly i.e. on the day and have not agreed to be paid via BACS should contact the relevant Divisional Commissioner. (Regulation D3. refers)
- x. Referees are requested to record on the scoresheet if an incorrect match ball is used. (Regulation D1. vi (5))

Note: Player registrations and transfers cease as of 1<sup>st</sup> February unless in exceptional circumstances where permission is granted by the Divisional Commissioner prior to the match. (Regulation C1.iv & Regulation C3. i refers.)

## **Section L. Anti-doping (Drug Taking) Regulations**

**Regulation L1.** All players and participants are subject to the anti-doping rules and regulations of the English Volleyball Association.

**Regulation L2.** A copy of the Volleyball England Anti-Doping Rules and regulations for doping control is available on request from the Volleyball England National Office.

**Regulation L3.** Doping Controls may be carried out at any time during or out of competition.

**Regulation L4.** Competitors under the age of 18 are required to submit a duly completed and signed parental/guardian consent form agreeing to the competitor's participation in doping controls as a condition of eligibility for participating in the competitions governed by these regulations. This form must be submitted with their competition registration form (a proforma consent form is available from the Volleyball England National Office).

**Regulation L5.** Any player or participant providing a positive sample or violating the anti-doping rules and regulations will be subject the sanctions imposed by the appropriate authorities.

The Executive Board may take action against any registered participant, administrative group, commission, sub-committee, sponsor or affiliated organisation that it deems to have brought the Association into disrepute or have committed an act of misconduct as defined by the Anti-Doping Rules.

The Association shall take action, in accordance with its Anti-Doping Rules, against those of its membership found to have contravened the Anti-Doping Rules which comply with the World Anti-Doping Code and FIVB or their successors, in force at the time of the offence.

## **Section M. Blood Injuries**

**Regulation M1.** A player is not allowed to play with a bleeding wound, regardless of the seriousness of the injury. Any blood on a player's skin, playing kit, floor or equipment must be dealt with immediately. Referees should stop the game immediately after realising that blood is an issue, and instruct the player to receive the appropriate medical intervention to stem the blood flow, and clean any blood from the player, and the floor / equipment, as required. Safe and sterile cleaning materials must be used at all times. It is the team's responsibility to clean any blood from the floor / equipment.

Although the player does not have to be substituted immediately they should leave the court for treatment. An assessment of the likelihood of the player returning within 3 minutes (in blood free kit) should then be made. During this period the floor and any equipment should be cleaned.

If the bleeding has stopped and the player is in blood free kit then the match should resume as soon as it is possible. If the blood flow cannot be stemmed, or dealt with within the 3 minute period then the player may have to be substituted legally or exceptionally. This may, in time, mean teams taking their time outs to prolong this period. If a player does not recover and a substitution can not be made in accordance with Rule 15.5 -15.10 then the team will be considered incomplete.

It is recommended that Teams equip themselves with a small box with disposable gloves, antiseptic wipes, disinfectant, cloths and nappy sacks for safe disposal. All contaminated material including any used gloves should be doubled bagged before appropriate disposal.

## **Section N. Minimum Operating Standards**

Minimum Operating Standards are detailed below to work towards driving up the standards of delivery of the National League. The aim of the MOS are to increase the presentation of matches, increase participant satisfaction and create an aspirational pathway through the leagues.

### **Accreditation**

All current NVL teams must have completed at least Sideout accreditation by end of 2014-15 season (where a club has a junior section Volley1 is preferred).

All new entrants must register to complete accreditation by end of their first season.

If a club loses its accreditation status it must be re-completed within one year.

More information on what this entails is available from the Volleyball England Club Development Officer.

### **Technical Officials**

Volleyball England will endeavor to appoint all line judges & scorers to Super 8 matches.

All Divisions will be required to use "recognized" scorers and a minimum of two "recognized" Line Judges per match.

### **Substitution Equipment**

All NVL matches will require paddles and buzzers to be provided by the home team for all matches.

Paddles – each team will be required to have two sets of paddles numbered 1 -20.

Buzzers – the minimum requirement for these is one buzzer to be used by the scorer to indicate substitutions and Technical Timeouts.

### **Kit**

Super 8's & Division 1 All kit (shirts & shorts) must be uniform as per the current rules.

All teams will be required to wear shirt numbers 1-20 for matches as per FIVB rules (as per previous communication).

Shorts do not have to be numbered but all have to contain no number or all have to contain the player number.

Division 2 & 3; All shirts must be uniform as per current rules, all shorts must be the same colour.

### **Match Programmes**

All Super 8's teams are required to produce programmes for all home matches and a copy is to be sent to Volleyball England Head Office along with the Scoresheet.

A template for these will be sent out to all NVL teams for use if required.

The programmes must contain the following:

- National League & Volleyball England Logo
- Match Number, Division, Date & Time, Team Names
- Venue
- Squad names & numbers

### **Match Reports**

All Super 8s home teams are required & Division 1 home teams encouraged to send Volleyball England a 200 word match report by 12noon on Tuesday following match for publication on the Volleyball England website.

Volleyball England are looking for a volunteer for each division to act as a Match Report

Coordinator. This doesn't have to be a player or coach, just a willing volunteer. These volunteers would receive free player registration, 2 free tickets to the National Cup Finals and a free ticket to the Annual Awards Evening.

### **Team Lists**

All divisions – Teams are to present the scorer with a Team List specifying Players Name, Shirt No. and Registration No., and any Libero Player(s).

Non compliance with the MOS will be subject to a fine under Regulation G1.; repetitive non compliance will be reviewed by the Competitions Commission.



## **Section O. Sports Betting**

### **Regulation O1. Sports Betting**

- i. No player or club/team representative shall place or attempt to place a bet on a match or other event or competition in which they or their club participates.
- ii. No player or club/team representative shall solicit or facilitate, or attempt to solicit or facilitate, another person to bet on a match or other event or competition in which they or their club participates.
- iii. No player or club/team representative shall offer, or attempt to offer, a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- iv. No player or club/team representative shall receive, seek or attempt to receive or seek a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- v. A player or club/team representative shall report any approach or other activity which contravenes, or which may contravene, the sport's rules on betting to their respective commissioner, co-operate with any investigation and/or request for information including the provision of documentation (e.g. telephone/betting records to officials engaged in the investigation of suspected integrity issues in the sport in relation to betting)
- vi. A player or club/team representative shall perform to the best of their ability in any match or other event in which they participate in.
- vii. Any breach of this regulation will be dealt with under Regulation H 7 Conduct.

## **Section P. Appendices**

### **Appendix A - PROCEDURE FOR PLAYER TRANSFERS**

1. Volleyball England will supply the form on request to a team/club secretary or registered player.
2. The new club will sign the Transfer Certificate and relevant sections of the form, and the player will also sign the form indicating consent to transfer.
3. The player can obtain their release from their existing club, prior to approaching the new club
4. The signed form is then sent to the Volleyball England National Office.
5. If the Release section has not been completed, the Volleyball England National Office will forward to the releasing club, on receipt.
6. The releasing club has 7 days from dispatch of the form by the National Office to sign and forward the completed form to the Volleyball England Office. The date will be verified by postmark of the envelope received at the Volleyball England Office. Failure to sign and return the form within 7 days without proper notification to the Competitions Commission or reasons for objection will result in a fine of £20.00 and thereafter, such penalty as the Competitions Commission may decide. Failure to sign and return the form and/or failure to give proper notification will result in the player being transferred irrespective of the lack of consent.
7. The releasing club will then have a further 7 days to produce written evidence to support their refusal to release.
8. There will be a £18.00 transfer fee for administration work involved.
9. The releasing club must return National League Player Card to the office with the transfer form.
10. Releasing clubs should refer to Regulation C 3 regarding reasons for objecting to the proposed transfer.

#### **NOTES:**

The Competitions Commission is empowered to approve transfers, provided that the documentation is complete and in accordance with the above.

The Volleyball England National Office will have an initial request for transfer and within seven days, either a completed form of agreement by the releasing club or notification as to why the transfer is being objected to. Should neither of these be presented within a further five days then the transfer will be deemed to have been completed. The onus is on the club holding the player registration to advise of any reason why the transfer cannot be completed as requested.

Once the Volleyball England National Office has obtained the written agreement of all parties involved, or in the absence of documentation within specified timescales, the transfer will be approved. A current club refusing to release a player **MUST** provide proof

Transfer and Contract Registration Sub Committee of the Competitions Commission will decide.

## **Appendix B - Player Contracts**

1. Where a Club and player enter into a form of contract, then such contracts shall be registered within 14 days of execution by both parties, by sending a certified copy to the Volleyball England National Office. The Volleyball England National Office will provide an acknowledgement of registration by issuing a contract number.
2. Any such contract must amongst other things provide for commitment from the club concerned to:
  - provide proper and adequate coaching facilities
  - provide proper and adequate match facilities
  - ensure due entry to the National League and K.O. Cup
  - conduct its affairs in a proper manner as required from time to time by the Competitions Commission.
3. Such contract must amongst other things provide for commitment from the player to:
  - train as directed by the club's appointed coach
  - attend matches as required by the club's appointed coach
  - adhere to club rules (a copy of which must be supplied to the player)
  - observe the code of conduct as laid down by the Competitions Commission.
4. Any such contract must be for a stated and limited period and cannot be for more than 2 years. On expiry of such contract, a player shall be free to transfer to another club, subject to the provisions concerning transfers.
5. In the event of dispute between a player and club, then either party may apply in writing to the Competitions Commission for relief. Such application must give basic details of the dispute stating the breaches of contract alleged. A copy of any application made to the Competitions Commission must be sent at the same time to the parties involved. The Competitions Commission shall if requested by either of the parties concerned hold an oral hearing. In the event of an oral hearing then the parties concerned must file at the Volleyball England National Office 7 days prior to such hearing a list with copies of all correspondence notes and written material to which reference is to be made.
6. The Competitions Commission shall be entitled in the event that the club is at fault to release the player from the terms of the contract and to permit (in its absolute discretion) the transfer of such player to another club. Such relief shall only be granted in circumstances where there has been a lack of proper commitment from the club in fulfilling its obligations under the terms of contract.

## Appendix B – Pre Match Protocol

		The total warm-up will last for 30 minutes. <i>Prior to the start of the 30 minutes the Home Team prepares the court (See NVL Regulation D 1) and erects the posts and net. NOTE: The preparation of the court and the correct erection of the net is <i>not</i> the responsibility of the referees; they are only responsible for checking the facility and equipment. The NVL warm-up protocol is as follows:</i>
a)	- 45 mins	Referees courtside and in uniform.
b)	- 30 mins	Net ready for initial height check by Referees. Home team to adjust net height if necessary
c)	- 30 mins	Scorer to be present. Team and Referee registration cards submitted to the scorer. Scorer commences scoresheet.
		Home team provides the match balls. Second Referee checks match balls conform to the rules and are at the correct pressure.
d)	- 16 mins	First referee calls team captains to the scorer's table and checks whether captains agree for their teams to share the net warm-up, or whether one team prefers separate warm-ups. (Rule 7.1.3)
		NOTE: (i) A captain still has the right to ask for separate warm-ups up to the time of the whistle to begin the warm-up. (ii) If it has not already been established teams should confirm whether they will be using a Libero and, if so, whether the Libero is likely to replace the team captain. In the latter case, it is helpful if referees are informed who is likely to be the game captain in such situations.
		The toss is taken in the presence of the two <i>team captains</i> . Each captain will be allocated a side of the coin.
		After the toss, team captains go to the scorer's table to sign the scoresheet. The scorer is informed of the result of the toss.
e)	- 15 mins	Both coaches check and sign the scoresheet <i>If they have not already done so, all players change into <u>full</u> playing kit prior to the net warm-up.</i>
f)	- 12 mins	Begin official net warm up: this takes the format of 4 minutes through position 4, then 4 minutes through position 2, then 2 minutes serving – but this can be varied, if both teams agree. (If one team chooses to warm up separately then the serving team will have the court for the first 5 minutes. The receiving team should remain at their bench. NOTE; They are not allowed to use balls or any part of the free zone for warming up.
		Coaches submit line up sheets for the first set to the second referee. <i>The line up sheet must have the name of the team and the set number and must be signed by the coach, not the assistant coach. It is no longer obligatory to include the Libero on the line up sheet for the first set. The 'Libero' is only excluded from the match if he/she is not named in the space provided on the scoresheet.</i>

		Second referee ensures that the scorer has both team line-up sheets. Scorer must ensure each team does not see the opposition's line-up sheet or the line-up recorded on the scoresheet.
g)	- 2 mins	First referee whistles to signify the end of the warm-up. Referees ensure all is in order and ready for commencement of play. Line judges go to their positions.
h)	- 1 min	First referee goes to the stand. Second referee stands at the post on their side of the court. The first referee calls teams to line up on their baseline, then onto the court. Second referee checks each team's line up. Libero may not enter the court until his/her team line up has been checked.
i)	0 min	Start match



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