

NVL



**NATIONAL
VOLLEYBALL
LEAGUE**

**HANDBOOK
2015-2016**

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Introduction

Welcome to the 2015-16 National Volleyball League and Cup season. No matter what ever your results are, I hope that you all enjoy this season's volleyball.

As most of you are already aware we are currently undertaking a review of all the competitions that Volleyball England organise and if anybody has any ideas on how we can improve them or if you are interested in volunteering and would like to help run one of the competitions then we would like to hear from you. Please contact either Jonathan Moore at the National Office or myself.

Once again there have been changes to the Regulations so please read them carefully. If you don't understand what the Regulation says or the reasoning behind it then please ask for confirmation as this can save a lot of time and effort later.

Last season I received several complaints about Referees not being appointed for matches. I would like to assure you that while every effort is being made to ensure that all matches are covered, it does not help when teams change fixture dates. By notifying the NVL Referee Commissioner of any changes or corrections, Who's the Ref will be kept up to date and you are more likely to have your Referees appointed.

I would now like to say a big thank you to my team of Commissioners that are behind every competition, because without them it would be almost impossible to run all the competitions. These are the people that should be your first point of contact for the day-to-day organisation of your competition.

I would also like to thank Jonathan, Will and Laurence at Volleyball England for all their hard work (and all those extra hours) that they put in to ensure we have the best competitions possible.

And finally, good luck for the season and enjoy your volleyball as I hope and trust that over the coming months you will all find new friends and meet old adversaries in trying to win.

Safe travelling

Paul Bohannon
Competitions Commission President

Competitions Commission

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Funding for clubs

Volley 123 Accreditation



Volley 123 is Volleyball England's national club accreditation programme. Volley 123 is designed to recognise and reward junior volleyball clubs that stand apart from the rest in terms of good practice. Once a club is awarded Volley 1, they will also receive Sport England Clubmark status.

Volley 123 accredited clubs are more likely to be successful in funding bids as they can prove that they meet Sport England's Minimum Operating Standards. Some grant schemes are only open to accredited clubs.

Please visit the Volley 123 section of the website to find out more about accreditation and how your club can join the programme.

Small Grants Programme



The Sport England Small Grants programme is perhaps the most pertinent grants scheme for community volleyball clubs. You can apply for grants between £300 and £10,000 to help develop sporting opportunities in your community.

Projects should be new or additional activity to what you already do and they should increase participation in sport or provide opportunities for people to excel. Where possible projects should show how the activity can be extended and carried on once the Sport England funding is spent. You should be able to deliver the project within 12 months and be able to provide a monitoring report when the project is finished.

Projects must meet the needs of the local community so it's important to explain how your project fits in with local strategy and demonstrate how there are already people waiting to take part in your project. You'll also need to make sure that you are offering value for money, so if you're applying for £10,000 but only expecting to attract 10 new participants then your application is unlikely to be funded!

It's really easy to apply online and there is plenty of support from Sport England available to download. Volleyball clubs have received over £160,000 worth of funding from the Small Grants programme over the last 24 months, so why not make your application now?!

For more information visit www.sportengland.org/funding

Sportivate

Sportivate is a funding initiative launched by Sport England as part of their Legacy Programme, Places People Play. Funded by Lottery money, the programme will invest £32 million into grass roots sport.

Sportivate is designed to fund 6 -8 week blocks of coaching for 11 -25 year olds in a recognised Sport England sport, e.g. volleyball. Clubs can apply for funding to support these sessions, including coaching costs and equipment purchases. Applicants are expected to demonstrate an exit route (e.g. local club) for participants after the sessions are finished.

The programme will be delivered through the network of 45 County Sports Partnerships working with a range of local partners. For more information on how to apply for funding visit your local County Sports Partnership website.

Other Grants Opportunities

There are hundreds of other grants opportunities available to amateur sports clubs, both nationally and locally. Please contact your local County Sports Partnership or Ian Poynton, Membership & Funding Manager at i.poynton@volleyballengland.org if you would like support, help and advice on funding.

Team Details

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M2S

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M2S

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1) 07736 683300	2)	1) 07938 139716	2)
manuela@landmark-media.com		silviajanurova@yahoo.com	

RAF Hawks (RAF)			
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1) 07717 003117	2) 01902 377897	1) 07974 402926	2) 01256 367070
kerrie343@hotmail.com		beth.french915@mod.uk	

W3C

Tamworth Spartans (TAM)			
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karagriffiths@outlook.com		smgriffiths74@hotmail.co.uk	

Telford Ladies (TEL)			
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1) 01952 507127	2) 07815 992509	1) 01952 506044	2) 07722 284208
anna.mottershaw@hotmail.co.uk		pete.searle@yahoo.co.uk	

W3SE

Ashcombe Dorking 2 (AD2)			
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1) 01903 824281	2) 01903 244957	1) 0780 3509972	2) 01932 588789
Fredabussey@gmail.com		gordonscottashcombe@gmail.com	

Dartford Ladies (DAR)			
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stephanie.jedtke@gmail.com		katequilla@hotmail.com	

Essex Juniors Girls (ESJ)			
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Farnborough Devils (FDE)			
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Richmond VB 2 (RV2)			
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1) 07748 701777	2)	1) 07818 513770	2)
vera@marinegeo.demon.co.uk		fgoalen@gmail.com	

St Albans Harriers (SAH)			
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1) 07830 072107	2)	1) 07932 764523	2)
nvsecretary@harriersvolleyball.co.uk		chairman@harriersvolleyball.co.uk	

Sussex Dolphins (SUS)			
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W3SE

Tendring Ladies Academy (TAC)			
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W3SW

Beach Academy (ABS)			
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Cardiff Celts Ladies (CDC)			
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City of Bristol Ladies (COB)			
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Plymouth Mayflower (PLM)			
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Solent Ladies (SOL)			
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South Hants (SOH)			
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W3SW

Team Southampton (TSO)			
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brionyharmes@gmail.com		tjnasher@gmail.com	

Wessex W2 (WX2)			
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Yeovil (YVL)			
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MC

Bradford University (BUM)			
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Cardiff Met University (CMU)			
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Inter (London) (IVL)			
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LJMU Men (LJM)			
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MC

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Oxford Men (OXM)			
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Plymouth Mayflower Men (PLM)			
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Salford Men's Team (SAL)			
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Spelthorne Men (SPM)			
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Army Aldershot (AVA)			
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LJMU Women (LJM)			
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Salford Women's Team (SAL)			
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WC

UWSU Westminster Dragons (UWS)			
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Wombourne V.C. (WOM)			
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michael.dibernardo@blueyonder.co.uk			



Venues

Abbeywood School

Abbeywood Community School, New Road, Stoke Gifford, Bristol, BS34 8SF, 01173 075660

Directions:

<https://goo.gl/TBfaLO>

ACG Egham

London Road (A30), Surrey, Egham, TW20 0HS, 01784 430800

Directions:

By road - At Junction 13 on the M25, exit onto the A30 signed London (W), and Staines. At the roundabout keep to the right and follow signs to Bagshot and Egham on the A30. This exit road runs south parallel to the M25 for several hundred yards, so keep to the left hand lane. The road then loops around an office building before it rejoins the A30 under the motorway bridge. At the roundabout take the A30 dual carriageway signed Basingstoke, Camberley, and Royal Holloway University of London. Continue straight over the next roundabout, and up Egham Hill, signed A30 Basingstoke and Camberley. After 3/4 mile Royal Holloway University can be seen on the left. Proceed across the traffic lights for just over 1/2 mile to the entrance of ACS Egham International School on the left. The woodlands of Windsor Great Park can be seen on the right. The School is approximately 3 miles from Junction 13 on the M25.

By train -Take South West trains from Waterloo Station to either the Egham or Virginia Water stations. The journey takes about 35 minutes and trains depart frequently. Taxis are available from both stations for the 2 mile journey to the School.

Alan Higgs Centre

Alan Higgs Centre, Allard Way, Coventry, Warwickshire, CV3 1HW, 02476 308244

Directions:

From M1 North: Leave M1 at Junction 21, then at roundabout take the 3rd exit onto the M69 (signposted M69 Coventry, Birmingham). Continue onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M1 South: Leave the M1 at Junction 17, branching left onto the M45 (signposted Coventry South). At roundabout take the 2nd exit onto Coventry Road - A45 (signposted Coventry). At roundabout take the 2nd exit onto London Road - A45 (signposted Coventry). At Tollbar End roundabout take the 3rd exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M6: Leave the M6 at Junction 2 (signposted Leicester M69, Coventry A46). Take right hand lane (signposted Coventry), then at roundabout take the 3rd exit onto the A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto the A46 (signposted All Traffic). At roundabout take the 3rd exit, then merge onto Coventry Eastern Bypass - A46. At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

M40 South (London): Leave the M40 at junction 15, then at roundabout take the 4th exit onto Warwick Bypass - A46 (signposted Coventry).

M40 North (Birmingham): Leave the M40 at junction 15, then at roundabout take the 1st exit onto Warwick Bypass - A46 (signposted Coventry).

Both: Continue forward onto Warwick Bypass (signposted Coventry, M69). Continue forward onto the A444. At roundabout take the 2nd exit onto London Road - A4082 (signposted Motorway M69, Leicester A46). At roundabout take the 3rd exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

All Saints School

All Saints School, 95 Norfolk Park Road, Sheffield, South Yorkshire, S2 2RJ,
01142 726700

Directions:

From junction 33 M1, follow signs for A630 Sheffield City Centre. At the roundabout follow signs for A61 Chesterfield. Go past Sheffield Rail station on your left, and after a further half mile you will see a Macdonald's. Here, turn immediately left onto Granville Road and take first right (Norfolk Park Road). The sports centre entrance is approximately 100 yards on your right.

Multimap link: <http://goo.gl/4xfElx>

Armitage Centre

The Armitage Site, Moseley Road, Fallowfield, M14 6HE, 01613 069988

Directions:

From North/North East

From M62 follow Stockport/Manchester Airport signs onto M60. Leave M60 at J11 onto A57 City Centre. Turn Left onto Kirkmanshulme Ln A6010 Longsight/Rusholme continue straight on the A6010. Turn Right at Longsight Market onto Dickenson Rd. At the end of Rd turn left onto Wilmslow Rd. At cross roads turn Left onto Mosselet Rd. Sports Centre is on your left at the next set of lights.

From North West (Liverpool)

Leave M6 at J20 for M56, continue to the end, this becomes Princess Parkway A5103. After 3 miles turn right at Whally Range High School into Wilbreham rd A6010 Sheffield. After 1 mile at Fallowfield cross roads Wilbreham rd becomes Mosselst Rd. Sports Centre is on your left at the next set of lights.

From South

From M6 North to M56 Manchester. Continue to end. Follow directions from North West above.

Ashcombe Volleyball Centre

Ashcombe Volleyball Centre, The Ashcombe School, Ashcombe Road, Dorking, Surrey, RH4 1LY, 01306 886312

Directions:

From M25 take exit No 9 follow A24 South to Dorking (approx. 4 Miles). At 1st set of traffic lights (Dorking Station) turn right into Ashcombe Road. Take 3rd entrance on left into School and park in Car Park on right. Sports Centre is situated behind the School. Dorking railway station and Dorking Deepdene railway station are situated on the A24 adjacent to the School.

From South Or North: Take A24 to Dorking, turn into Ashcombe Road at the only set of traffic lights on A24 opposite Dorking station. Directions as above.

Ashmoor Recreation Centre

Ashmoor Recreation Centre, Balland Lane, Ashburton, , , TQ13 7EW, 01364 654 303

Directions:

Continue on M5 south past Exeter, which changes into the A38 Plymouth road. Stay on the A38 heading south for approximately 20mins, until you reach the exit signposted Ashburton B3352. Exit here. You will immediately reach a t-junction. Turn right towards Ashburton, going over the dual carriageway. Follow the road round to left, then take the first road on your right, Balland Lane. The Recreation Centre is also signposted. Continue along Balland Lane, following the Recreation Centre signs and in less than a mile, you will reach your destination.

Bacons S.C.

Bacons S.C., Timberpond Road, Rotherhithe, London, SE16 6AT, 02074 504974

Directions:

From the North: Cross Tower Bridge turn left at the 1st set of traffic light. Follow this road to the Rotherhithe Tunnel roundabout Take the first exit (before the Tunnel exit). After crossing the Bridge, turn right into Lagado Mews. Brunel City Technology School at end. The Sports Hall Car park is at the rear of the complex.

From the South: Take the A3 to Borough (Tube Station) turn right towards Rotherhithe along Long Lane - Abbey Street. At the end turn right into Jamaica St. This leads to the Tunnel roundabout then as above.

Basildon Sporting Village

Cranes Farm Road, Basildon, Essex, SS14 3GR, 01268 722450

Directions:

From M25 Junction 29, join the Southend Arterial Road/A127. Travel approx. 2.5 miles East then take the Upper Mayne/A176 Basildon exit. Take the third exit and travel South under the A127 then straight over the next two roundabouts. At the third roundabout turn left into Cranes Farm Rd/A1235. Basildon Sports Village will be on your right across the dual carriageway. You will need to carry on to the next roundabout and then double back to gain access to the Car Park. The post code is SS14 3GR

Battersea Youth Centre

Hope Street, SW11 2DA, 02088 718529

Directions:

Clapham Junction Mainline train station (20 min walk) - exit Clapham Junction Station at the Grant Road exit. Turn left out of the exit and follow Grant Road until it reaches the junction of Plough Road/Grant Road. Turn right at this junction and cross the road. The next left turn in the road is Holgate Avenue. Turn down this road and it will lead to the junction of Hope Street/Holgate Avenue. Turn left onto Hope Street and the sports hall is on the right hand side of the road. There are football pitches beside the hall to easily identify where the site is and the building itself looks like a small aircraft hanger.

Becket Keys School

Sawyers Hall College of Science and Technology, Sawyers Hall Lane, Brentwood, Essex, CM15 9DA, 01277 220808

Directions:

From North, South & West: From Junction 28 of M25 take the A1023 for 2 miles to Brentwood. Go to the far end of the High Street until you reach a double mini roundabout. Go straight over for about 200m. Turn left into Sawyers Hall Lane. The Sports Centre is about 400m down on the left.

From East: Leave the A12 at the A1023 signposted Brentwood. Take the A1023 for approx 2 miles until you see Nuffield Hospital on your left. Take the next right Sawyers Hall Lane. The Sports Centre is about 400m down on the left.

Boswells School

Boswells School, Burnham Road, Springfield, Chelmsford, Essex, CM1 6LY, 01245 264451

Directions:

From A12 take the A130, signposted Sudbury and Springfield. At roundabout 2nd exit for Springfield. Next roundabout 3rd exit for Sudbury. Mini-roundabout left for North Springfield. Right at next roundabout signposted Broomfield. Left at mini-roundabout into Sidmouth Road. 1st right into Dartmouth Road. At left turn into Bodmin Road, school gates are directly ahead. Follow driveway to the right and the sports hall is directly ahead.

Braunton Academy

Barton Lane, Braunton, North Devon, EX33 2BP, 01271 812221

Directions:

Head southwest on M5

At junction 27, take the A361 exit to Tiverton/Barnstaple

At the roundabout, take the 3rd exit onto A361 and travel 6.5 miles

At the next roundabout, take the 2nd exit and stay on A361 towards Barnstaple

At the Portmore roundabout, take the 1st exit and stay on A361, Continue across the Bishops Tawton roundabout

At the Lake roundabout, take the 2nd exit and stay on A361.

At the Sticklepath Roundabout (Barnhenge) take the second exit and travel across the New Taw Bridge.

Turn left at the Pottington Junction onto Braunton Rd/A361, Continue to follow A361 Continue through Chivener roundabout.

Just as you enter the 30mph speed limit for Braunton Turn right onto Wrafton Rd, following signs for North Devon Athletics Track, travel 0.5 miles

Destination will be on the left, Park in car park opposite on the left.

Brentford Fountain Leisure Centre

658 Chiswick High Road, Brentford, Middlesex, TW8 0HJ, 08454 566675

Directions:**Brislington Enterprise College**

Hungerford Road, Brislington, Avon, BS4 5EY, 01173 772055

Directions:

By train:

If arriving by train please ensure that you disembark at Bristol Temple Meads. Temple Meads is on the A4/Bath Road and frequent bus services operate to Brislington.

By car:

Approach Bristol on the M4. At Junction 19 take the M32 to Bristol City Centre. At the end of the M32 follow signs for the A4/Bath Road, which takes you past Temple Meads and on to Brislington. Continue along the A4 towards Bath until you come to a junction with McDonalds on the left and Park & Ride on the right: turn right into Stockwood Lane. Turn right again into Hungerford Road and the entrance to bec is on the left.

Caius House Youth Centre

2 Holman Road, Battersea, SW11 3PG

Directions:**By Train**

The closest train station is Clapham Junction, approximately 12 minutes walk from Caius House. From Bath Spa, the train journey is approximately 1 hour and 20 minutes, changing at Reading. When you arrive at Clapham Junction, exit via Grant Road Exit. Turn right out of the station, then left onto Falcon Road. Continue along Falcon Road until you reach a main intersection where Falcon Road meets Battersea Park Road on the right and York Road on the left. Continue straight ahead, crossing the main intersection onto Battersea High Street (a narrow cobblestone road). Veer left at the end of the cobblestone road onto Gwynne Road, then left into Yelverton Road, where the entrance of Caius House is.

By Car**From the South West M25/A3**

Leave the M25 at J10 (A3 to London)

Follow the A3 for approx. 18 miles into Wandsworth one-way system

Veer left onto the A217 signposted Battersea, and in half a mile take the 2nd exit at the large roundabout onto York Road/A3205. Follow York Road for approx.. half a mile, then turn left at the traffic lights into Lombard Road (also the turning to Halfords). Then take the first right into Holman Road, and the Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

From the West M25/M4

From the M25 J14 Follow the M4 towards London which merges into the A4 for approx. 13 miles until a right turn onto Earls Court Road/A3220. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

From the North-West M25/M40

Leave the M25 at J16 (M40 to London)

Follow the M40 towards London (which merges into the A40 Western Avenue) for approx. 13 miles, then branch left onto the roundabout and take the 2nd exit A3220 towards Shepherd's Bush. Follow the A3220 past for 1 mile past Shepherd's Bush station then bear left (one way) then shortly bear right onto the A3220. At traffic lights turn left (one way) onto Pembroke Road, then shortly bear right back onto the A3220 Earls Court Road. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

Note : There is no car park at the venue. There is street parking in adjacent roads; some is free, some is residents only, and some is pay meter parking. Please read roadside parking signs carefully.

Centre AT7

Bell Green Road, Coventry, CV6 7GP, 02476 308244

Directions:**BY CAR:**

From City Centre Ring Road (anti-clockwise):

Exit the Ring Road at Junction 2, signposted Coventry & Warwickshire Hospital; Bell Green B4109.

Filter right at the bottom of the slip road following signs to Coventry & Warwickshire Hospital. Follow the road to the left towards the Hospital.

Proceed through the one way system past the Hospital and along Stoney Stanton Road.

Stay on the Stoney Stanton Road for 1 and half miles, through eight sets of traffic lights.

At the mini round about (with McDonalds adjacent) proceed straight over to the major roundabout.

Take the third exit off the roundabout signposted Sports Centre.

The entrance to Centre AT7 is immediately on the left.

From the M6:

Exit at Junction 3 of the M6 and take the 4th exit if travelling from the North or the 2nd if travelling from the South from the roundabout signposted Coventry; Holbrooks A444.

Proceed along the dual carriageway for half a mile and take the 2nd exit of the roundabout signposted City Centre A444.

Proceed along the dual carriage way (Phoenix Way) for half a mile and take the 1st exit at the roundabout signposted City Centre A444; Foleshill Edgwick Industrial Estate.

Proceed along the dual carriageway for half a mile and take the 2nd exit signposted City Centre A444; Bell Green (this roundabout features a metal spiral sculpture).

Proceed along the dual carriageway for half a mile and take the 2nd exit and Centre AT7 is immediately on your left.

BY BUS:

From City Centre:

West Midlands Travel 21 and 31c provide a regular service between the City Centre and Courthouse Green. If using the 21 alight on the Bell Green Road at the first stop after the roundabout opposite the Post Office. The 31 stops at Sainsbury's, a short walk from Centre AT7.

The Park and Ride scheme also operates a service between Centre AT7 and the City Centre.

Cherry Willingham Community School

Croft Lane, Cherry Willingham, Lincoln, LN3 4JP, 01522 751040

Directions:

FROM NORTH OF LINCOLN ON THE A46: Keep going straight on when on the A46 towards the A158. At the roundabout take the second exit onto the A158. At the next roundabout take the second exit (right) onto the A15 (Bunkers Hill). Take the first left (before the speed camera) onto Hawthorn Road. Continue approximately 1.5 miles until you see Cherry Willingham Community School on the right hand side. Turn right onto Croft Lane. When on Croft Lane take the next right into the Sports Centre carpark.

FROM SOUTH OF LINCOLN ON THE A15: Stay on the A15 through Lincoln and head up the Lindum Hill (Lindum Road). Continue on the A15 onto Wragby Road. Continue straight on along Wragby Road for approximately 1 mile until you reach the speed camera on your left hand side. Take the next right after the Lincolnshire Poacher Pub onto Hawthorn Road (sign posted Reepham). Continue approximately 1.5 miles until you see Cherry Willingham Community School on the right hand side. Turn right onto Croft Lane. When on Croft Lane take the next right into the Sports Centre carpark.

Coombe Dean School

Coombe Dean School, Charnhill Way, Elburton, Plymstock, Devon, PL9 8ES, 01752 403113

Directions:

Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction - turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs for 'Kingsbridge'. Stay on the A379 for approx. 2 miles, through 3 roundabouts. At the next roundabout turn right into Springfield Road. At the first set of traffic lights (not pelican crossing) turn left into Reservoir Road, proceed 400m and turn right into Charnhill Way. The school is at the end of Charnhill Way. Journey time from Marsh Mills roundabout to Coombe Dean school takes approx. 10-15 mins.

Crestwood College

Shakespeare Road, Boyatt Wood, Eastleigh, Hampshire, SO50 4FZ, 02380 645503

Directions:

From M3 Southbound - Exit at junction 12. At the roundabout take the 2nd exit onto the A335. At the next roundabout take the 3rd exit onto Woodside Avenue. Follow the road along until you drive under a foot bridge. Immediately after the bridge turn left into Shakespeare Road and the school is on the left hand side.

Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

From M3 Northbound - Exit at junction 13 and then turn right onto A335 (Leigh Road). At Holiday Inn traffic light junction turn left into Woodside Avenue. Follow this down to the roundabout. Take 2nd exit and just past B&Q turn right into Shakespeare Road and the School will be on your right.

Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

Darlington Education Village

Darlington Education Village, Salters Lane South, Darlington, Durham, DL1 2AN, 01325 254000

Directions:

1. Leave A1(M) at Junction 57, signposted Darlington & Teesside A66(M)
2. At roundabout take 1st exit, following signs for Darlington (A66)
3. At the next roundabout take 3rd exit, signposted Teesside/Yarm (A66)
4. Go straight over the next 3 roundabouts
5. At the 4th roundabout take the 1st exit, signposted Darlington
6. At the next roundabout take 1st exit, signposted Town Centre
7. At the mini roundabout take the 2nd exit onto Salters Lane South
8. Follow the road round over several speed bumps and the school will be on the right hand side.

Dartford Technology College

Dartford Technology College, Heath Lane, Dartford, Kent, DA1 2LY, 01322 224309

Directions:

From M25, Exit at J1B towards Dartford A225. Take exit on to A296 / Princes Road towards Dartford. Stay on Princes Road continue over 1 roundabout. At lights turn right on to Lowfield Street A225. Turn left at Heath Street. At roundabout 2nd exit on to Heath Lane. Turn right in approximately 100 yards.

Derbyshire Volleyball Centre

Derby Moor Community Sports College, Moorway Lane, Derby, Derbyshire, DE23 2FS,
01332 772706

Directions:

Exit M1 at Junction 25 follow signs to Derby A 52 drive for 6 miles. At the Pentagon roundabout stay in the middle lane follow signs to Uttoxeter, A 52, inner ring A516, Derby Royal Hospital. At Ring Road junction turn left onto Ring Road A 5111 stay in right hand lane for half mile. At junction turn right onto a 5250 towards a Littleover after half a mile turn left onto Old Hall Road drive about half mile turn right onto Moorway Lane. Derby Moore is on your right about 150m

Doug Ellis Sports Centre

City North Sports Centre, Birmingham City University, 150 Wellhead Lane, Perry Barr, Birmingham, B42 2SY, 01213 318870

Directions:

Driving directions From M5 Junctions 1

1. Take exit 1 toward WEST BROMWICH / B'HAM (NW) 0.25 mi
 2. Turn slight right 0.16 mi
 3. Turn slight left at Birmingham Rd (A41) 0.74 mi
 4. Turn slight left at Island Rd (A4040) 1.2 mi
 5. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.53 mi
 6. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.91 mi
 7. At Birchfield Rd, take the 1st exit onto Birchfield Rd 0.18 mi
 8. slight right to merge onto Harrier Way 0.16 mi
 9. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
 10. Turn right at Wellhead Lane 0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 7

- 1 From M6, Junction 7
 2. Take exit 7 toward BIRMINGHAM (N) 0.31 mi
 3. slight left to merge onto Birmingham Rd (A34) 0.45 mi
 4. Keep left at the fork, and merge onto Birmingham Rd (A34) 2.32 mi
 5. Keep left at the fork 0.14 mi
 6. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
 7. Turn right at Wellhead Lane 0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 6

1. From M6, Junctions 6
2. Take exit 6 toward BIRMINGHAM (CEN.) A38 / BIRMINGHAM (NE) 0.15 mi
3. Keep right at the fork, follow signs for BIRMINGHAM (NE) A38 0.34 mi
4. At the roundabout, take the 4th exit onto Lichfield Rd (A5127) 0.3 mi
5. Keep right at the fork, and merge onto Lichfield Rd (A5127) 0.15 mi
6. Keep right at the fork 0.36 mi
7. Turn left at Aston Hall Rd (B4137) 0.24 mi
8. Continue 0.01 mi
9. Turn right at Witton Lane (B4137) 0.09 mi
10. Turn slight right at Witton Lane (B4137) 0.41 mi
11. At the roundabout, take the 2nd exit onto Aston Lane (A4040) 0.49 mi
12. Turn right at Wellhead Lane 0.17 mi
13. Turn slight left at Wellhead Lane 0.14 mi
- 14 Next to National Express Bus Garage Right is 150, Wellhead Lane, Perry Barr, Birmingham, B42 2SY

Durham University Sport

Queens Campus, Stockton University Boulevard, Thornaby, Stockton-on-Tees, TS17 6BH, 01913 342178

Directions:**By Bus**

Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.

By Rail

East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.

The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.

Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Auckland that stops at Thornaby and Durham.

By Road

Queen's Campus, Stockton is linked by the A66 to the A1(M) and the A19.

From A19 North to Queen's Campus, Stockton

1. Join the A66, signposted Stockton/Darlington
2. Take the first slip road from A66, signposted Teesside Retail Park/Tees Barrage
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.
4. Turn left at the roundabout.

From A19 South

Join the slip road for the A66 signpost Stockton/Darlington.

Keep on the slip road and follow the signs for the Barrage as described above.

Easton & Otley College

Easton Campus, Easton, Norwich, Norfolk, NR9 5DX, 01603 731200

Directions:

Satnav users, please use the following postcode: NR9 5GA (Dunham Road, Easton, Norwich).

From the North, come off the A47 at Easton and take the 3rd exit at the roundabout on to Dereham Road. Follow this road and turn right in to Bawburgh Road. Follow this road until you meet Broom lane and the College is directly in front of you.

From all other directions come off the A47 at the Longwater junction and at the roundabout take the first junction on the left which is Long Lane. Follow this road and it will turn in to Marlingford Road. At the junction turn right on to Bawburgh Road and the college will be on the left where the road turns in to Broom Lane.

When you enter the college you need to follow the signs to the sports centre which is right round the back of the campus, past the tennis centre.

Ernest Bevin College

Ernest Bevin College, Beechcroft Road, Tooting, London, SW17 7DF, 02086 728582

Directions:

From North: M4 Junction 2. A205 South circular for about 6.5 miles. On entering Wandsworth continue forward onto West Hill (A3). At Wandsworth Town turn right, then left onto Armoury Way (1 way system). Stay in the right hand lane, follow the one way system into Fairfield Street. Then at end turn left (signposted South Circular, Central London) onto East Hill. Turn right, then right again (following 1 way system). Branch left onto Trinity Road A214. Continue forward for approx 2.7 miles entering Tooting. Turn right into Broderick Road and left at the end into Beechcroft Road. College is 300m on right.

From South: M3, A316, A205 South Circular then as above.

Nearest tube station: Tooting Bec (1km)

Nearest Main Rail: Wandsworth Common (700 metres)

Essex University Sports Centre

Wivenhoe Park, Colchester, CO4 3SQ, 01206 873250

Directions:

If you are driving from London and the South via the A12, take the exit marked Colchester (A133). SAT NAV directions to the University using the postcode can be misleading therefore, it is recommended to follow roadside directional sign posts to the University.

If you are driving from Ipswich and the North on the A12, take the exit marked Colchester.

From Colchester, the University is off the A133 to Clacton.

The sports centre is next to the new multi storey, car park B, entrance 1 (bottom of map).

You can park in Car Park A or B. Please enter via the red dotted route.

Fairfield High School

Fairfield High School, Fairfield Avenue, Droylsden, Manchester, Greater Manchester, M43 6ED, 01613 701488

Directions:

Exit M60 at J23. Take A635/A662 towards Manchester/Droylsden. Go past the retail park on the left hand side. At the lights go straight on (A635 Manchester Old Road). Go straight on at the next 2 sets of lights (car show room on the left). Just after pelican crossing (by the chemist and before petrol station), turn right into Fairfield Avenue. The school is at the top of the avenue.

Fit City Eccles

Fit City Eccles, Barton Lane, Eccles, Salford, Greater Manchester, M30 0FN, 01617 877107

Directions:

From M60 take M602 toward Salford/Manchester. At junction 2, take the A576 exit to Trafford Park/Eccles. At the roundabout, take the 3rd exit onto Gilda Brook Rd/A576 heading to Trafford Park/Eccles/Weaste/A57. Slight left to stay on Gilda Brook Road/A576. Straight through at Ladywell Roundabout/A57. Enter right hand lane & take right filter lane. At traffic lights turn right into Bentcliffe Way/A57.

Continue to follow A57. Go through 2 mini-roundabouts. At traffic lights turn right onto Barton Ln/B5230. Destination will be on the left.

Friends Life

Pixham End, Pixham End Lane, Dorking, Surrey, RH4 1QA,

Directions:

When entering the site from Pixham Lane please proceed over 3 speed humps and as you approach the barrier to the main staff car park press the silver intercom button and say that you are visiting for the volleyball match and they will let you through. We have 24hr security and so leaving later after the game is of course no problem.

The bar and sports club changing and shower facilities are marked as 'Sports Complex' on the map and can be found in the 'white' building you will see on your right-hand side as you walk back from the car park towards the entrance on Pixham Lane.

George Eliot School

Raveloe Drive, Nuneaton, Warwickshire, CV11 4QP, 02476 744000

Directions:

From North West:

Follow M6 South. Exit J3. Take 1st exit on roundabout towards Nuneaton (A444 North)
Continue along duel carriageway. Take 2nd exit at roundabout, straight on (not signposted)
Approach roundabout in middle lane, following signs to Hilltop.

Take 4th exit at roundabout. Sign posted Hilltop (B4113) (tight bend on duel carriageway)

After merging into a single lane approach mini roundabout. Turn Right onto Donnithorpe Avenue.

Follow road down the hill. Take the 3rd exit at the next roundabout onto Raveloe Drive.

Follow the road for 350 yards with the school on your left. Turn right into the gate

From North East:

Follow M1 South to J21 M69. Take Exit onto M69 South. Follow M69 to M6.

Join M6 at J2 going north.

Take J3 exit. Take 4th exit on roundabout towards Nuneaton (A444 North)

Continue along duel carriageway. Take 2nd exit at roundabout, straight on (not signposted)
Approach roundabout in middle lane, following signs to Hilltop.

Take 4th exit at roundabout. Sign posted Hilltop (B4113) (tight bend on duel carriageway)

After merging into a single lane approach mini roundabout. Turn Right onto Donnithorpe Avenue.

Follow road down the hill. Take the 3rd exit at the next roundabout onto Raveloe Drive.

Follow the road for 350 yards with the school on your left. Turn right into the gate

From South:

Follow M1 to J19 M6. Exit M1 and join M6 going north.

Take M6 J3 exit. Take 4th exit on roundabout towards Nuneaton (A444 North)

Continue along duel carriageway. Take 2nd exit at roundabout, straight on (not signposted)
Approach roundabout in middle lane, following signs to Hilltop.

Take 4th exit at roundabout. Sign posted Hilltop (B4113) (tight bend on duel carriageway)

After merging into a single lane approach mini roundabout. Turn Right onto Donnithorpe Avenue.

Follow road down the hill. Take the 3rd exit at the next roundabout onto Raveloe Drive.

Follow the road for 350 yards with the school on your left. Turn right into the gate.

Gryphon Sports Centre

University of Leeds, Western Campus, Woodsley Road, Leeds, West Yorkshire, LS2 9LZ, 01133 435095

Directions:

From the M62 Eastbound: Leave M62 at Junction 27 and continue onto the M621. Exit M621 at junction 2. At the roundabout, take the first exit onto the A643. Follow for approx 1 mile until a large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From the M62 Westbound: Leave M62 at Junction 29. At the roundabout, take the 3rd exit onto the M1(N). After Junction 43 on the M1, merge onto the M621. Exit M621 at junction 2. At the roundabout, take the third exit onto the A643 and follow until the large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From the M1 Northbound: After Junction 43 on the M1, merge onto the M621. Exit M621 at junction 2. At the roundabout, take the third exit onto the A643. Follow for approx 1 mile until a large roundabout where you want to be in the right hand lane. Take the 3rd exit from the roundabout onto Wellington Road A58 and follow onto the A58(M). From here see directions for 'A58(M) Eastbound'.

From A58(M) Eastbound: Follow onto the Inner Ring Road A58(M) (signposted Skipton (A660), Wetherby (A58), Harrogate (A61) and York (A64)). After joining the A58(M), take the next slip road onto West Street (signposted Civic Precinct & Hospital (L.G.I)) At the end of the slip road, turn left onto Park Lane. Take the first right onto Hanover Way, follow the road round to the right onto Woodhouse Square and follow road bearing left onto Clarendon Road. Continue following Clarendon road for approx 0.8 miles take a left onto Woodsley Road (just before the University of Leeds Business Centre Charles Thackrah Building). The Gryphon Sports Hall is further down Woodsley road on the right hand side.

From the A1(M) Southbound: Exit A1(M) for the A58 and follow into Leeds. As you enter the city centre, take a right onto the Woodhouse Lane (signposted for Skipton A660) Headingley and Universities). From here, see directions for 'A660 Woodhouse Lane'.

From the A64 Westbound: Follow the A64 towards Leeds and join the Inner Ring Road A58(M) West. Exit the Inner Ring Road (signposted for Skipton A660, Universities, Hospital (L.G.I)). At the end of the slip road, turn right onto Woodhouse Lane. From here, see directions for 'A660 Woodhouse Lane'.

From A660 Woodhouse Lane: Follow road past the main University of Leeds white buildings on the left. Once you pass the Eldon Pub on your right, take a left at the next set of traffic lights onto Clarendon road. Follow Clarendon road, going straight across the next set of traffic lights. After the traffic lights, take the next right (just passed the University of Leeds Business Centre) onto Woodsley Road. The Gryphon Sports Hall is further down Woodsley road on the right hand side.

Highbury College

Tudor Crescent, Cosham, Portsmouth, Hants, PO6 2SA, 023 9238 3131

Directions:

Approaching from the London (A3) or South-East (A27)

If approaching from London, take the A3 to Portsmouth. The journey is approximately 50 miles. The A3(M) runs into the A27 going westbound towards Southampton. Take the second junction after the two roads merge, signposted Hilsea/Cosham. You will see Highbury's Tower, the blue and grey building on the right, just prior to the junction. At the roundabout, take the third exit to Cosham. And the first right turning thereafter. Turn right into Highbury Grove and then right again into The Old Road. This road leads into Highbury College's car park. Continue to the top of the car park where there are spaces reserved for visitors, situated nearest to reception.

Approaching from the South West, or London (M3/M27 Route)

Take M27 towards Portsmouth and leave at Junction 12 for Paulsgrove and Cosham. This will lead you to the Marriott Hotel junction. At the traffic lights, turn right, signposted to Cosham. Stay in the left hand lane. This is a filter lane and will prevent you from queuing at the main roundabout. As you pass the roundabout, change into the right hand lane and turn right. Take the first right turning and right again into Highbury Grove. Take the next right into The Old Road and follow this all the way into Highbury College's car park. Continue to the top of the car

Hull Trinity House Academy

95-133 George Street, Kingston upon Hull, Hull, HU1 3BW, 01482 326421

Directions:**Irlam & Cadishead Leisure Centre**

Liverpool Road, Irlam, M44 6BR, 01617 754134

Directions:

From South:

M6 northbound. Take junction 21 the A57 exit to Irlam/Warrington (Ctr & East)

At the roundabout, take the 3rd exit onto Manchester Rd/A57

Continue to follow A57 for (4.3 miles)

At the roundabout, take the 3rd exit onto Cadishead Way/A57

After 0.9 miles - turn left onto Fairhills Rd/B5311 (0.5 mi)

Travel 0.5 miles & keep right to stay on Fairhills Rd/B5311

Turn right at the T junction onto Liverpool Rd/B5320

Sports Centre is on the right

From North:

From M62, join M60. Take junction 11 exit to Eccles/Irlam.

At the roundabout, take the 3rd exit onto Liverpool Rd/A57 (signed Irlam), travel 1.8 miles

At the roundabout, take the 2nd exit onto B5320

Travel 1.4 miles - Sports Centre is on the left

Itchen College Sports Centre

Itchen College, Middle Road, Bitterne, Southampton, Hampshire, SO19 7NS, 02380 448787

Directions:

From M3, head eastbound along the M27, Leave M27 at Junction 8, taking the A3024 towards Southampton and Bitterne. At the roundabout take 3rd exit A3024 Bursledon Road. Go along approximately 5 miles, at the top of the hill opposite the Chinese Takeaway, take left turn into Ruby Road, continue into Middle Road. The College is on the right, if you reach the Earl of Locksley Pub you have gone too far.

Joseph Leckie Academy

Walstead Road West, Walsall, West Midlands, WS5 4PG, 01142 726700

Directions:

From M6

At junction 9, take the A461 exit to Wednesbury 0.2 mi

At the roundabout, take the 1st exit onto Bescot Rd/A461 0.2 mi

Slight right onto Wallows Ln/A4148 Continue to follow A4148 0.4 mi

Turn right onto Bescot Cres 0.6 mi

Continue onto Walstead Rd West

Destination will be on the left

Joseph Rowntree School

Haxby Road, New Earswick, York, North Yorkshire, YO32 4BZ, 01904 552100

Directions:

Take the A19 until you reach the York Northern bypass. Take 1st exit at roundabout (A1237). At the 3rd roundabout take the 3rd exit (signposted New Earswick). Joseph Rowntree School is on the left in less than 1/4 mile.

Keele University Sports Centre

Keele University Sports Centre, Keele University, Keele, Newcastle Under Lyme, Staffordshire, ST5 5BG, 01782 583368

Directions:

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

If travelling up M1 join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

Kendrick School

Kendrick School, London Road, Reading, Berkshire, RG1 5BN, 01189 015859

Directions:

From East:

From M4 take Junction 10 and go towards Reading on the A329(M). Follow the signs to Reading, turning from the A329(M) onto the A4. Keep following the A4 (London Road) and keep in the middle lane when the road turns into a 3-lane one-way road. The right hand lane turns off as you are passing the hospital on the left and then a Murco garage on the right. Keep in the middle lane until after the right hand lane has turned off into Sidmouth Street. Turn right into East Street (one way road) straight after the Turks Head pub, the school entrance is about half way down on the right hand side.

From West:

From M4 take Junction 11 and go towards Reading on the A33. Follow the signs to Reading over several roundabouts, until the road changes to the A329. When you get to the ring road junction, turn right onto the ring road (A329), following signs for the Oracle. Then take the first exit, taking you down to the Oracle roundabout. Take the third exit (the 2nd exit is both for the Oracle car park and the A329, do not take either) and follow the road round to the right at traffic lights at the end. Take the first left into South Street, then turn right into Sidmouth Street, at the top turn right onto London Road (A4). East Street is the right turn immediately after the Turks Head pub, the Kendrick School entrance is about half way down on the right hand side. Please note East Street is a one-way road.

Note: It's MUCH easier from junction 10 if people don't mind doing one more junction on the M4 when coming from the West.

Kingston College Arena

Kingston Hall Road, Kingston-upon-thames, Surrey, KT1 2AQ, 02082 682768

Directions:

Walking from Bus or Railway station

Leaving from either exit of Kingston Railway Station, make your way over to the Rotunda Leisure Centre (silver building, diagonally across the road from you). Keeping the Rotunda on your left, walk along this road (Clarence Street). You will pass Oceana and the telephone sculptures, also on your left. Continue until you come to a large road junction with pedestrian crossings. Continue straight across (the bus station will be visible on your left). Walk along this road (Wheatfield Way) past the Kingston Museum, and continue to follow the main road. Cross at the pedestrian lights over Fairfield South and follow the road until you reach the College Roundabout. The College is clearly visible from here.

By Bus

London Buses services 57, 65, 71, 85, 111, 131, 213, 281, 406, 726 and others stop at Cromwell Road Bus Station in Kingston. From Kingston bus station it is a 5 min walk.

By Train

Kingston is 25 minutes from London Waterloo station (Travel card zone 6). Take South West Trains services from London Waterloo, Clapham Junction or Wimbledon calling at Kingston. There are 6 trains per hour from London Waterloo to Kingston, of which 4 run via Wimbledon and 2 run via Richmond and Putney. There are also 2 trains that run to Shepperton travelling through Kingston. From Kingston station it is a 5 min walk.

By Car

To find the centre by car from all directions follow signs to The Rose car park. Nandos chicken restaurant is on the corner of the road that leads to the car park. The Arena is located 50m past the vehicle entrance to the car park. From 6.30 pm you can park your car for £1.00.

Lambeth Academy

Elms Road, Clapham, London, SW4 9ET, 02078 194700

Directions:

Coming from M25 West of London:

Take the M4 (Junction 15) exit toward London (W&C)/Slough/Heathrow Airport, this will change to become the A4. Continue on A4.

Continue to follow the A4 until you get to Earls Court Road. Turn right onto Earls Court Road (A3220)

Follow A3220 for about 1 mile and then turn left onto Cremorne Rd (A3220) Continue onto Cheyne Walk (A3212) and follow for approx. 1 Mile. Turn right onto Chelsea Bridge Rd (A3216) and follow for 1 mile then turn left onto Silverthorne Rd (B224). Continue to follow this road for about a mile and keep right to continue on to Old Town (B303)

Keep following the B303 until it changes to The Pavement then turn right onto Clapham Common South Side (A24) Follow this until you reach Elms Road on the left. Turn left onto Elms Rd and Lambeth Academy will be on the left.

Lancing Leisure Centre

Manor Road, Lancing, West Sussex, BN15 0PH, 01903 524624

Directions:

From the north follow signs to Horsham a24 then worthing a24

From Portsmouth direction follow a27 all the way along to worthing

At the roundabout

From the north a24 turn left on to Warren road a27/a24

From a27 go straight over this roundabout

Thereat next roundabout continue straight 2nd exit upper Brighton Road a27

Go through 3 sets of traffic lights

At next roundabout take first exit

Turning for the leisure centre is on your right follow the drive all the way down until u come to the car park

Lavington School

Lavington School, The Spring, Market Lavington, Devizes, Wiltshire, SN10 4EB, 01380 812352

Directions:

Leave the M4, J17 towards Chippenham (A350). From Chippenham take the A4 towards Derry Hill/Devizes. At Derry Hill take the A342 into Devizes and take the A360 towards Petherne. Continue on this road for around 6 miles until the crossroads. Turn left at the crossroads and the school is 1 mile on the left.

LeAF Academy

Oakmead Technology College, Duck Lane, Bournemouth, BH11 9JJ, 01202 774600

Directions:

Coming on the A350, take the A3049 and then the A348, go past a Shopping / business park on your right, at the next small roundabout go right into Poole Lane. Follow the road until you come to Duck Lane on your left.

From the East go via Ferndown towards Poole. At the Bear Cross roundabout go straight over on the A348. Past the playing fields on your left to a roundabout. Take the first left into Poole Lane as above.

Limehurst Academy

Bridge Street, Loughborough, Leicestershire, LE11 1NH, 01509 263444

Directions:

From the M1, exit the motorway at junction 23 and take the A512 west to Loughborough. Continue straight through the traffic lights and go straight ahead over 2 roundabouts, heading towards the Town Center. After passing Chestnut Street on the right go immediately left down Broad street. At the end turn right onto the A6 and go immediately left down Bridge Street. Limehurst School is on the left after Limehurst Avenue. The Sports Center is the grey and blue building through the gates round to the left of the main school.

Loughborough University Netball Centre

Epinal Way, Loughborough, Leicestershire, LE11 3TU, 01509 226250

Directions:

Using the postcode LE11 3TT will take you through the main entrance and after that please follow these directions:

Exit the M1 motorway at junction 23

At the roundabout take the A512 signposted Loughborough

After 1.2 miles, at the roundabout take the first exit onto Ashby Road

Then after 1 mile, at the roundabout take the third exit onto Epinal Way (A6004)

After 160 yards turn right into Loughborough University's main entrance.

1Just after the barrier to the main entrance there is a mini roundabout, take the first exit onto Towers way

2Follow the road as it bends to the right, then bends to the left. On your right you will see a car park

3Follow the road as it bends to the left and the Netball Badminton Centre will be on your right

Madeley High School

Madeley High School, Newcastle Road, Madeley, Newcastle Under Lyme, Staffordshire, CW3 9JJ, 01782 297200

Directions:

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

If travelling up M1, join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6.

Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

Middlesbrough College

Dock Street, Middlesbrough, Middlehaven, , Cleveland, TS2 1AD, 01642 333333

Directions:

Directions if Travelling by Road

There are a number of road-routes into the area where the College is located, from the A66, from Middlesbrough Town Centre, from the Riverside Industrial Estate, or even via the Transporter Bridge.

The following route is perhaps the most straightforward and gives some wonderful views of the emerging College!

1. Leave the A66 at the junction signposted for the Riverside Football Stadium. Proceed in direction of Riverside Stadium.
2. At first ROUNDABOUT take FIRST EXIT and go straight ahead on SHEPHERDSON WAY (Riverside Stadium on your right).
3. At next ROUNDABOUT ignore the attractions of the Riverside Stadium and take FIRST EXIT left.
4. At next ROUNDABOUT take SECOND EXIT onto WINDWARD WAY.
5. At T-JUNCTION turn RIGHT into DOCK STREET.
6. If parking has been reserved for you in the College's Town Entrance Car Park, this is located on your RIGHT as you proceed down DOCK STREET.
7. Go straight down DOCK STREET. The College is on your right and you will pass Kandi in Sky, the distinctive sculpture.
8. If parking has been reserved for you in the College's Main (Commercial Street) Car Park, TURN LEFT into COMMERCIAL STREET. The car park is located on your RIGHT.

Car Parking

The College has parking facilities available to permit holders. Preference is given in the allocation of these spaces to learners, members of staff, and people with disabilities.

There is extensive metered parking available in local streets, at a cost of £2.20 per day, £1.60 for four hours and £1 for two hours (Monday - Saturday 8am - 6pm), as well as public car parks a short distance from the College.

Directions if Travelling by Rail

1. Middlesbrough Railway Station is located less than a mile from the College site. Take a taxi to Dock Street or walk...
2. From the Railway Station, descend the steps to Albert Road.
3. At the foot of the steps turn LEFT and proceed to the traffic lights.
4. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
5. Follow BRIDGE STREET EAST and then DOCK STREET.
6. The College is directly in front of you.

Directions if Travelling by Bus

1. Middlesbrough Bus Station is located just over a mile from the College site.
 2. There is a bus - the 'Middlehaven Mover' Service 686 – available from the bus station that will take you to a stop near to the College – this service is free.
 3. Alternatively, take a taxi to Dock Street or walk ...
 4. Follow NEWPORT ROAD and CORPORATION ROAD until you reach the intersection with ALBERT ROAD (the Town Hall is on the corner).
 5. TURN LEFT into ALBERT ROAD and follow it, crossing at the traffic lights, until you pass under the Railway Bridge.
 6. Proceed to the traffic lights.
 7. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
 8. Follow BRIDGE STREET EAST and then DOCK STREET.
- The College is directly in front of you.

Moulton College

Gate 3, West Street, Moulton, Northamptonshire, NN3 7RR, 01604 491131

Directions:**Driving Directions**

By Road: The College is situated in the village of Moulton, which is 5 miles from the centre of Northampton. Moulton can be reached either by the A43 Northampton to Kettering Road or from the A508 Northampton to Market Harborough Road. In either case, avoid signs for Moulton Park as this is an Industrial Estate.

From the South via the M1 & A43:

Exit the M1 at Junction 15 and join the A508 North. After 2 miles the A508 becomes the A45. At the third intersection leave the A45 by the slip road and join the A43 (signposted Kettering). Travel for 3 miles, straight across 2 roundabouts and at the third turn left onto Overstone Road (signposted Moulton). Continue until you see the Co-op and bear slightly left until you reach a mini-roundabout in front of the Post Office. Turn right down Stocks Hill, which leads into Cross Street, which leads into West Street. Take the first turning right into Pitsford Road and then first right again into the College.

From the North via the A508: Leave the A508 when signposted Pitsford and pass through the village following signs to Moulton. On leaving Pitsford follow Moulton Road, which becomes Pitsford Road, for 1.5 miles when the entrance to the Holcot Centre will be seen on your left. For the Main Site, continue for 700 metres and turn left into the College.

National Volleyball Centre

Turston Drive, Kettering, NN15 6PB, 01536 520130

Directions:

BY CAR:

FROM THE SOUTH

Head Northbound on the M1. Leave M1 at Junction 15 and follow A45 towards Northampton. From A45 pick up A43 towards Kettering. Follow A43 for approximately 10 miles.

Cross over A14 at large roundabout and head towards Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

FROM THE NORTH

Head southbound on the M1. Leave M1 at Junction 19 and follow A14 towards Kettering. Leave A14 at Junction 8 (signposted A43

Northampton/Kettering West). Take the first exit, signposted Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

FROM THE WEST

Head southbound on the M6. Leave M6 after Junction 1 (before joining M1) and follow A14 towards Kettering. Leave A14 at Junction 8 (signposted A43 Northampton/Kettering West). Take the first exit, signposted Kettering town centre. At the mini roundabout turn right (signposted Leisure Village). Continue for approx 0.5 mile and at next mini roundabout turn right into Thurston Drive. Continue straight on and Kettering Conference Centre is on the right.

BY TRAIN:

Kettering Midland Mainline
Station is less than 15 minutes
walk away. Trains to & from
London about every half hour
and take 55 minutes.

The venue has car parking spaces for 600 vehicles and additional space for 12 coaches.

New Forest Volleyball Centre

Ballard School, Fernhill Lane, New Milton, Hants, BH25 5SU, 01425 626900

Directions:

From Jct 1 (M27):

Take the exit to the A31 signposted Lyndhurst - from the West this will be third exit, from the east the 1st exit. At the next roundabout, take the 3rd exit onto Lyndhurst Rd/A337 and continue to follow A337.

After 3.3 miles, you will arrive in Lyndhurst. From the traffic lights, turn left and take the third right (signposted Lymington) onto Gosport Lane/A337/A35. Remain in the right hand lane and follow the road. After the road splits, move into the left hand lane immediately (road markings are A35) and follow the road onto Chapel Lane.

At the next junction, turn left onto Bournemouth Road/A35. Stay on this road for 7.2 miles, and turn left onto Holmsley Road/B3058 (signposted New Milton/Wootton/Bashley). Follow the road for 3.3 miles and the Centre is located on the right hand side approximately 1 mile after Fernhill Sports Ground.

Newmarket Sports & Leisure Centre

Newmarket Sports & Leisure Centre, Exning Road, Newmarket, Cambridgeshire, CB8 0EA, 01638 782 500

Directions:

Leave A14 at the junction with the A142 (Newmarket). Head into Newmarket and at the 2nd roundabout (Tesco's) turn right. Follow this road past the fire station and builders merchant (sharp left hand bend) until you reach the T junction with the B1103. Turn left and follow this road into Newmarket. The sports centre entrance is on the right on the main road approx 300 yards after the mini roundabout by the Cherry Tree Pub.

North Cambridge Academy

Manor Community College, Arbury Road, Cambridge, CB4 2JF, 01223 273983

Directions:

From all directions, the M11 and A14 is the best approach. Exit the M11 at junction 14, take the A14 East toward Newmarket and Harwich. Exit the A14 at the junction with the B1049, signed Histon and Cambridge. Turn towards Cambridge. Take first left on Kings Hedges Road. Take first right onto Arbury Rd. After about 1/2 mile turn left into Manor Community College.

Follow the small road from the back of the car park to reach the Sports Hall.

North Solihull Sports Centre

North Solihull Sports Centre, Conway Road, Chelmsley Wood, Solihull, West Midlands, B37 5LA,

Directions:

(Direction From M6) Head west on M6.

At junction 4, take the A446/M42 S exit to M5/Birmingham S.

Keep left at the fork; follow signs for A446/Lichfield.

At the roundabout, take the 1st exit onto Stonebridge Rd/A446, Slight left onto A446.

At the roundabout, take the 4th exit onto Chester Rd/A452.

At the roundabout, take the 1st exit onto Moorend Ave.

At the roundabout, take the 3rd exit onto Chelmsley Rd.

At the roundabout, take the 2nd exit onto Conway Rd.

North Solihull Sports Centre Conway Road Fordbridge, West Midlands B37 5LA.

Ormiston Venture Academy

Oriel Avenue, Gorleston, Norfolk, NR31 7JJ, 01493 662966

Directions:

From WEST and SOUTH:

Follow A11 all the way to Norwich, follow the A47 towards Gt. Yarmouth (along Acle Straight). At the first roundabout take the 3rd exit over the Breydon Bridge onto A12. At the 2nd roundabout take the 2nd exit signposted A12, at the 3rd roundabout take 2nd exit again onto A12, after 500m branch left onto A143 (signposted Diss), at the bottom of the slip road turn right and follow A143 for approx 2km, then turn left onto Long Lane (Lloyds Pharmacy directly opposite). Take the 3rd right into St. Anne's Crescent, then the 1st right onto Christ Church Road and finally turn left at the end of the road onto Oriel Avenue. The school is 400m along the road on the right.

From South via A12 - follow A12 to lowestoft/great yarmouth, continue to follow road until arrival in Gorleston. Look for the James Paget Hospital. At the traffic lights directly after the hospital turn left onto Brasenose Avenue. Continue along this road until the 6th turning on the left Girtton Road- drive the full length of this road to see the Academy directly in front of you on Oriel Avenue.

From North via A47 - follow A47 to Great Yarmouth. Take 3rd exit at roundabout onto A12 toward lowestoft. Go straight over 2 roundabouts on A12. After second roundabout look for first ramp exit on the left signposted A143/A146 Diss. Turn Right onto Beccles Road. Take 1st Left onto Shrublands Way. Continue up through traffic lights at the cross roads onto Magdalen Way. Continue past the health centre on the right and some shops on the left. Look for a right turn into Hertford Way. Follow the road to the bottom and turn left onto Oriel Avenue, Continue along Oriel Avenue before seeing and arriving at the Academy.

Oxley Sports Centre

Bradford Road, Sherbourne, DT9 3QN, 01935 818270

Directions:**FROM SOUTH WEST:**

Leave M5 at J29, exit onto Honiton Rd/A30 toward Honiton. Continue to follow A30 and after 20 miles continue straight onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM NORTH/NORTH WEST:

Leave M5 at junction 25, take the A358 exit to Taunton/Honiton/Yeovil/Weymouth. At the roundabout, take the 1st exit onto A358. At the roundabout, take the 1st exit onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

FROM EAST/NORTH EAST:

Leave A303 taking the B3145 to Sherborne. When you reach the junction with the A30 turn right towards Yeovil. After 0.4 mile turn left onto Bradford Rd, the Sports Centre is signposted.

FROM SOUTH EAST:

Join the A350 towards Blandford Forum from A31/A35. Once past Blandford Forum turn left onto A357. After 9.4 miles, once through Lydlynch, turn left onto A3030. After 6.9 miles, at the T junction with the A352 turn right onto Sherborne Hill towards Sherborne. After 1.1 miles turn left onto Ottery Ln/A352. Continue to follow A352 0.6 miles and turn right onto Bradford Rd, the Sports Centre is signposted.

Parks Leisure Centre

Howdon Road, North Shields, Newcastle upon- Tyne, NE29 6TL, 01916 432700

Directions:

Get on M1 from A610

Continue on M1. Take A1(M) to A168 in North Yorkshire. Take the A168 exit from A1(M)

Take A19 to Howdon Rd/A187 in North Shields

Merge onto A168

Continue onto A19

Slight right to stay on A19

Go through 1 roundabout

Continue straight to stay on A19

At the roundabout, take the 1st exit onto A187

At the roundabout, take the 3rd exit onto Howdon Rd/A187

Go through 3 roundabouts

Destination will be on the left

Plymstock School Sports Centre

Church Road, Plymstock, Plymouth, Devon, PL9 9AZ, 01752 402828

Directions:

Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment you need to take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction and you will have to turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs to 'Kingsbridge'. Stay in the outside lane. At the end of the bridge there is a roundabout. Take the 2nd exit off the roundabout. Follow this road until you get to a set of traffic lights. Turn left at the lights into Church Road. Plymstock School is the next left turning. At the end of the drive, turn left. Follow the signs to the Sports Centre. Journey time from Marsh Mills roundabout to Plymstock school takes approximately 10-15 mins.

Priory School & Tennis Centre

Priory School & Tennis Centre, FAWCETT ROAD, Southsea, Portsmouth, Hampshire, PO4 0DL,

Directions:

Approaching Portsmouth along the A27 from the East. You will see Farlington Marshes on your left.

Look out for signs directing you to Portsmouth & Southsea and signs for PFC / Fratton park. On taking the slip road keep in the left hand lane. At the end of the slip road is a roundabout controlled by several sets of lights. You should turn left and shortly after doing so you will pass over a bridge onto Portsea Island. Follow this road (Eastern Road), with the sea to your left all the way to its end.

Towards the end of the Eastern Road you will pass a public house on your left The Good Companion and to your right is a long hedged wall which is the boundary of Milton Cemetery at the traffic lights here follow road round to the right keeping the cemetery on your right.. The Eastern Road ends at a next set of traffic lights, in front of you you will see The Big Yellow Storage building at these set of lights go straight across this will lead you past Fratton park and through a small set of mini roundabouts you will pass a Mac Donalds and KFC on your right, when you get to the final roundabout with the Etap Hotel and Subway on your left. Take a right on to Goldsmith Avenue you will pass Fratton Train Station on your right at the first roundabout after the station take the first left into Fawcett Road you will see the School on the corner, take the first right into Rugby Road, this is an old cobbled street and the school car park is on your right. Please note street parking is either 2hrs or 3hrs.

Purbrook Park School

Purbrook Park School, Park Avenue, Waterlooville, Hampshire, PO7 5DS, 02392 370351

Directions:

Southbound on A3(M):

Exit at junction 3 (Waterlooville/B2150), take 1st exit onto Hulbert Road (B2150).

After 0.5 miles, at the roundabout take the 4th exit onto Purbrook Way.

At the next roundabout take the 2nd exit onto Purbrook Way.

At the next roundabout take the 1st exit onto Purbrook Way.

After 0.5 miles, at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

Northbound on A3(M):

Exit at junction 4 (Purbrook/Leigh Park), take 1st exit onto Purbrook Way.

After 0.5 miles at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

Queens Campus

Stockton, University Boulevard, Thornaby, TS17 6BN, 01913 340145

Directions:**By Bus**

Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.

By Rail

East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.

The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.

Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Auckland that stops at Thornaby and Durham.

By Road

Queen's Campus, Stockton is linked by the A66 to the A1(M) and the A19.

From A19 North to Queen's Campus, Stockton

1. Join the A66, signposted Stockton/Darlington
2. Take the first slip road from A66, signposted Teesside Retail Park/Tees Barrage
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.
4. Turn left at the roundabout.

From A19 South

Join the slip road for the A66 signpost Stockton/Darlington.

Keep on the slip road and follow the signs for the Barrage as described above.

RAF Cranwell

RAF Cranwell, Sleaford, Lincolnshire, NG34 8HB, 01400 261201 Ext 7232

Directions:

From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17 for approximately 12 miles. Turn left onto B1429.

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right then immediate left onto the B1429. Then as below.

RAFC Cranwell is signposted from the A17 to the left onto the B1429. You will require passes from the Main Guardroom. Continue past College Hall to the Guardroom, on your left just past the Main Gate. The Sheikh Hamed Gym is back along the straight. Turn right before the LH bend (signposted Whittle Hall). The Car Park and Gym are 150m on the right.

RAF Digby

RAF Digby, Lincolnshire, LN4 3LH, 01526 327200 Ext 7451

Directions:

From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17. Then as below.

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right onto the A17 towards Sleaford. Then as below.

Continue towards Sleaford to the Holdingham Roundabout (with BK and McDs). Turn left onto the A15 for Lincoln. After approx 4 miles turn right onto the B1191 signposted Scopwick/Digby. RAF Digby is 2.5 miles down the B1191. Report to the Main Guardroom where you will be met by a RAF Volleyball rep and shown to the gym.

Rawlett Leisure Centre

Comberford Road, Tamworth, Staffs, B799AA, 01827 57178

Directions:

From the M42 J10 - take the A5 exit to Nuneaton/Tamworth.

After 3 miles, take the A51 exit toward Tamworth, and after half a mile, at the roundabout, head straight on onto Bitterscote Drive. At the next roundabout, take the 2nd exit onto Tamedrive/A51

At the next roundabout, turn right (4th exit) onto Lichfield St/B5493 and continue to follow B5493, turning left at the traffic lights.

Continue onto Upper Gungate/A513, passing through several sets of traffic lights. When the road forks, take the left hand fork onto Comberford Rd/A513. Rawlett is on the right hand side, about a mile after this.

Redhill School Sports Hall

Junction Road, Stourbridge, West Midlands, DY8 1JX, 01159 261481

Directions:

Redhill School Sports Hall:

From the M5, exit motorway on junction 3. Follow A456 in the direction of Kidderminster. Then turn right on the A491 in the direction of Stourbridge. At the traffic light at the Tesco Petrol Station, turn right onto the Glass House Hill/B4186. Down the hill, turn Left onto Red hill. At the top of the hill, turn right onto Junction Road. The car park and the sports hall are on the right hand side of the road.

Riverside Recreation Centre

Riverside Recreation Centre, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221771

Directions:

From the M5: At junction 31, merge left onto A30 (towards Bodmin/Okehampton). The road will swing round to the right and you will take the first exit off for the A377 (Exeter, Alphington, Crediton). At the roundabout, take the third exit (Exeter, Alphington, Crediton). Carry on straight up this road for approximately 1 mile, passing over the first junction (there will be a big Sainsburys on your right), the next junction (retail park on your right), the next junction (Aldi on the right), under a railway bridge, and the leisure centre is about 200yards beyond this on your left. There are traffic lights at the entrance, so turn in left towards the retail park/leisure centre and the turn left again behind the leisure centre, where there is parking available.

Sir David Wallace Sports Hall

New Sports Hall, Loughborough University, Loughborough, Leicestershire, LE11 3TU, 01509 263171

Directions:

From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The New Sports Hall faces onto the car park near to the Victory hall.

Six Villages Sports Centre

Westergates Community School, Lime Avenue, Westergate, Chichester, PO20 3UE,
01243 546830

Directions:

Follow A27 (5 roundabouts, Chichester by pass) towards to Arundel, Brighton.

At the Tangmear (6th roundabout on A27, take 2nd exit) stay on A27 towards to Arundel, Brighton.

On the 7th roundabout (Fontwell Horse Race on the left and Shell garage at the front) exit the roundabout onto Fontwell Ave/A29 (3rd exit, A29 Westergate, Bognor Regis).

Follow A29 to your destination in Westergate (1.3mi/3min) continue to follow A29 until roundabout

At the roundabout take 2nd exit to the right, keep follow A 29 for 200 yards.

Turn left onto Lime Avenue (garage on the left)

Destination will be on the left.

Westergate Community School, Lime Avenue, Westergate, Chichester, West Sussex, PO20 3UE.

Go through the gate to the end and go around the building on the right.

Sport hall located at the back of the building with own car park.

If you are coming from east (Brighton etc), keep follow A27 towards Chichester
By-pass Arundel, follow A27 until roundabout with A29 Westergate, Bognor Regis.

Sobell Leisure Centre

Hornsey Road, London, N7 7NY, 02076 092166

Directions:

Closest tube station – Holloway Road

From the North and M25 junctions 21/21A:

Follow M1 to junction 2 for A1. After 1.3 miles use any lane to turn slightly left onto Barnet By-Pass/N Circular Rd/Great N Way/A406. Then use the right 2 lanes to turn slightly right onto Falloiden Way/A1. After about 2.5 miles turn left onto Shepherd's Hill. At the roundabout, take the 2nd exit onto Stanhope Rd. Then turn left onto Hornsey Ln/B540. Then turn right onto Hornsey Rise/A103 and continue for 1.3 miles. Then turn left onto Hornsey Rd. The centre is on the right.

South Downs College

College Road, Waterlooville, Waterlooville, Hants, PO7 8AA, 02392 797979

Directions:**Southglade Sports Centre**

Southglade Sports Centre, Southglade Road, Bestwood, Nottingham, Nottinghamshire, NG5 5GU, 0115 9151595

Directions:

From M1 J26 take A610 towards Nottingham. At roundabout take 2nd exit (sign posted A6002 to Bulwell & A611 Hucknall) continue on this road for about a mile, go straight on at roundabout, at second roundabout take the second exit. Follow the road through the set set of traffic lights until you come to a T junction (Morrisons in front of you). Turn left at the lights towards Hucknall. Through set of lights and pelican lights. Turn right at mini-roundabout, over bridge and turn left at 3rd set of lights into Top Valley Way. Go to roundabout and turn right onto Ridgeway follow the road and take the first turning on the right into Parkview Drive. Go to the end and turn right into Southglade Road, Leisure Centre is on the right.

Sports Central

Northumbria University, Northumberland Road, Newcastle, NE1 8ST, 01912 274700

Directions:

Take the A1(M) Northbound. Stay in the left hand lanes and follow the A1.

After 4.8 miles exit onto the A184 sign posted the city centre. Follow this road for 1.4 miles and take the slip road sign posted for the Gateshead Quays.

At the roundabout take the 3rd exit onto the A184 continue on this road through two sets of traffic lights and turn left at the 3rd set onto the A167 and cross over the Tyne bridge. Take the second turn off after exiting the Tyne bridge onto the A193. At this roundabout take the third exit for the A193.

Stay in the left hand lane and after 100 yards the traffic light will filter left behind Northumbria University Business school. At the end of this road is the most suitable car park.

It is then a 5 minute walk to sport central. You will need to walk over the bridge by the car park. Then follow the pathway straight ahead of you past the 3 statues and under the building arch. Sport central will then be on the right after the arch.

Directions can also be found from the following website:
<http://www.nusportcentral.co.uk/about-us/how-to-find-us>

St Benedicts School

St. Benedicts School, Eaton Rise, Ealing, London, W5 2ES, 07902 890 157

Directions:

From North: M1 Junction 1 - North Circular (A406 west). Follow road for about 5 milies to Hanger Lane gyratory system (large roundabout). Stay on A406 towards Ealing / Kew Road. Road narrows to two lanes. Turn Right into Hillcrest Road at 1st set of lights. Take the third right into Montpelier Road, continue to roundabout. Left into Eaton Rise, 1st right into Marchwood Crescent. Gates to school 50m on right.

From South: From the end of the M3, continue on A316 for approx 7 miles. Cross the River Thames on Twickenham Bridge. After about 1/2 mile turn left on A307 (Kew Road) continue for 2 miles over Kew Bridge. Join A406 East and continue under flyover towards Hanger Lane. This is also the last exit from M4 eastbound. After 1 1/2 miles on A406 turn left into Hillcrest Road, then as above.

St Edmund Arrowsmith Catholic High School

Rookery Avenue, Ashton - In - Makerfield, Wigan, Lancashire, WN4 9PF,

Directions:

From M6 North

At M6 junction 23, exit toward St Helens/Liverpool/Southport/A5809.

Merge onto A580 Rd/E Lancashire Rd/A49 (signs for Ashton)

Slight right onto E Lancashire Rd/A49

Slight left onto Lodge Ln/A49 (signs for Ashton)

Continue to follow A49

Turn left onto Vicarage Rd

Take the 1st left onto Rookery Ave

From M62 / M6 South

Follow signs for Manchester/Bradford/M62 and merge onto M62

Continue onto M60

At junction 12, exit onto M62 toward B'ham/Chester/M6

At junction 10, exit toward M6 (S)/Birmingham/Chester/M56

Keep right at the fork and merge onto M6

At junction 23, exit toward St Helens/Liverpool/Southport/A580

Merge onto A580 Rd/E Lancashire Rd/A49 (signs for Ashton)

Slight right onto E Lancashire Rd/A49

Slight left onto Lodge Ln/A49 (signs for Ashton)

Continue to follow A49

Turn left onto Vicarage Rd

Take the 1st left onto Rookery Ave

St Pauls Catholic College

St Pauls Catholic College, Jane Murray Way, Burgess Hill, West Sussex, RH15 8GA,
01444 873898

Directions:

Directions to St Pauls:

From A23 Southbound - take exit from A23 toward Burgess Hill/Hickstead/Twineham A2300.

At roundabout at end of slip road turn left. Go straight over first roundabout (2nd exit) at the next roundabout take immediate left which the entrance to St Pauls Catholic School.

From A23 northbound - take exit from A23 toward Burgess Hill/Hickstead/Twineham A2300.

At roundabout at end of slip road turn right over the A23. At next roundabout go straight over. Go straight over the next roundabout (2nd exit) at the next roundabout take immediate left which the entrance to St Pauls Catholic School.

St. Albans High School for Girls

Townsend Avenue, St. Albans, Hertfordshire, AL1 3SJ,

Directions:

St. Gregory's the Great School

St. Gregory's the Great School, Cricket Road, Oxford, Oxfordshire, OX4 3DR, 01865 749933

Directions:

From M40:

Exit M40 Junction 8 onto A40 towards Oxford. Continue on the A40 until the Headington Roundabout. At this roundabout take the first exit onto the 4142. Take the A4142, proceed until the BMW Cowley car plant on your left. Right after the BMW, take the exit signposted Cowley. At the roundabout take the fourth exit onto the B480, signposted Cowley. Continue on the B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

From A34:

Exit the A34 at South Hinksey for Oxford and follow the sign for the Ring Road (A423) direction Cowley. Go through three roundabouts always following Ring Road (first A423 then A4142) signposted Cowley. Take the Cowley Exit. Exit the roundabout at the first exit onto B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

Sugden Sports Centre

Sugden Sports Centre, 114 Grosvenor Street, Manchester, Greater Manchester, M1 7HL, 01613 064026

Directions:

FROM NORTH/NORTH EAST: From M62 follow Stockport/Airport signs onto M60. Leave M60 at J11 onto A57 signposted City Centre, continue along this road (it becomes a flyover). Keep to nearside lane for 200 yards and leave at next exit, signed A34 Congleton. Fork right on slip road, into Sackville Street. Take first left into Charles Street, turn left at traffic lights, then right at next lights, into Grosvenor Street.

FROM NORTH WEST (LIVERPOOL): Leave M6 at J20 for M56, continue to end, this becomes Princess Parkway A5103. After 3 miles turn right at Whalley Range High School into Wilbraham Road A6010, signposted Sheffield. After one mile, turn right into Wilmslow Road (A6010) which becomes Oxford Road (B5117). After 2 miles turn right into Sidney Street, turn right into York Street.

FROM SOUTH: From M6 North to M56, continue to end, this becomes the Princess Parkway A5103. Follow directions from West/North West above.

Sunderland University

City Space, Chester Road, Sunderland, SR1 3SD, 01915 153696

Directions:

Follow A1 North

At exit 62, take slip road left for A690 toward Durham/Sunderland/Consett

At roundabout, take 3rd exit onto A690

Pass through 3 roundabouts, remaining on A690

University and sports hall on left.

Parking nearby.

Surrey Sports Park

University of Surrey, Richard Meyjes Road, Guildford, Surrey, GU2 7AD, 01483 689111

Directions:

DIRECTIONS

Link: <http://www.surreysportspark.co.uk/Contact/howtofindus/>

By Car

Guildford is 30 miles south-west of London, on the A3 London-Portsmouth road. If approaching from London or the M25 (Junction 10), remain on the bypass (A3) until you reach the exit signed to the Cathedral and University. At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If approaching on the A322 or A323 from Bagshot or Aldershot, at the A3 roundabout take the exit signed to Portsmouth, and then turn off the A3 at the first exit (signed to the Cathedral and University). At the roundabout take the third exit signposted Royal Surrey County Hospital and University, Manor Park. Simply follow the signs to the Royal Surrey County Hospital for approximately a mile, and approach Surrey Sports Park on the left. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

If entering Guildford from Horsham (A281) or Godalming (A3100), leave the central gyratory system at the exit signed for Farnham (A31). After approximately 200 yards, at the mini-roundabout, take the first turning right into Guildford Park Road, and continue along Madrid Road and The Chase for a mile. At the next roundabout, take the first exit and follow the signs to the Royal Surrey County Hospital for approximately a mile. Turn left at the traffic lights, signposted Richard Meyjes Road, which leads to the entrance of Surrey Sports Park.

By Train

Guildford is on the main line between London Waterloo and Portsmouth. Half-hourly train services run from Guildford to Waterloo, with journey times of 40 minutes. For further information, call National Rail Enquiries on 08457 484950.

From the railway station

Walking: Leave station by footbridge and rear exit. Turn right from the station along Guildford Park Road and continue along Madrid Road and The Chase for a mile. Follow the path past the Guildford Cathedral to the main University of Surrey campus entrance. At the entrance turn left through the woodland area and follow the path through two underpass tunnels until you reach Tesco's. Follow the main road around left (Egerton Road) until the mini-roundabout at the entrance of the Royal Surrey County Hospital. The entrance to Surrey Sports Park should be visible on the left-hand side via Richard Meyjes Road. (20-25 mins)

Bus: ARRIVA buses (leave station by footbridge and rear exit, cross main road to bus stop) operates a regular service to Surrey Sports Park via its 36 and 37 bus services, which currently provide a 20 minute frequent link during the main part of the day on Mondays to Saturdays, and every half-hour during the evenings and Sundays.

Egerton Road and the Royal Surrey County Hospital are also both a few minutes walk to Surrey Sports Park, which you can access from services 3, 4, 5, 26, 27, 36 and 37 run approximately every ten minutes during the day. The earliest service is at approximately 6am and the last bus is just before midnight. On Sundays there is a reduced service. For further information, call Traveline on 0870 608 2608.

Telford College of Arts and Technology

Haybridge road, Wellington, Telford, , Shropshire, TF1 2NP, 01952 642200

Directions:

From the M6 continue on M54, follow signs for Wales/Telford/Wolverhampton/Shrewsbury/A5

At junction 6, take the A5223 exit to A442/Telford(West)/Whitchurch

At the roundabout, take the 3rd exit onto Whitchurch Dr/A5223 (Past Tesco's)

Go straight over the Retail Park roundabout onto Whitchurch Dr/A5223

At the roundabout go straight over, taking the 2nd exit onto Whitchurch Dr/A5223

At the roundabout turn left onto Haybridge Rd, over the bridge, take the 1st left into Telford College of Arts and Technology (TCAT - College Campus)
The sportshall is at the end of the car park next to 'The Dome'

Tendring Technology College

Tendring Technology College, Rochford Way, Frinton-on-sea, Essex, CO13 0AZ, 01255 672116

Directions:

From A12 South: Head toward Colchester and then follow signs for Clacton. *Take A120 to Clacton and A133 for Frinton and Walton. Continue straight on towards Frinton level crossing and turn left into Elm Tree Avenue. Turn 2nd right into Rochford Way. College opposite shopping centre.

From A12 North: A12 turn off for Colchester. At roundabout take Clacton turn-off on A120, continue directions as above from *.

The Edge

University of Leeds Main Campus, Willow Terrace Road, Leeds, LS2 9JT, 01133 439150

Directions:

Follow directions for Gryphon SC. Go past sports centre. At top of Woodsley Rd turn left onto Clarendon Rd. At T-junction turn right onto Woodhouse Lane. Follow road and take right fork at T. Lights. In 400m turn right into Leeds University main entrance. Follow road taking the 1st left. Follow outer campus road and at T-junction turn right.
Car park for "The Edge" is on left in front of Swimming pool. Entrance is at the side of the swimming pool.

Triangle L.C.

Triangle L.C., Triangle Way, Burgess Hill, West Sussex, RH15 8WA, 01444 876000

Directions:

From A23 southbound turn left onto the A2300 - from the A23 northbound turn right onto the A2300. Continue along the A2300 and at the second roundabout go straight across and you will see the leisure centre at the next smaller roundabout. Turn left into the car park.

Truro Leisure Centre

College Road, Truro, TR1 3GA, 01872 261628

Directions:

Follow the A30 through Cornwall until you come to Chiverton Round-about (second large round-about signposted to Truro). Turn left at Chiverton and follow the road into Truro. Go straight on at the first round-about you come to, then turn right at the next, signed Truro College. Follow the road round until you get to a small round-about where you'll turn left and follow the signs into the car park.

University of East London (Sports Dock)

Docklands Campus, University Way, London, E16 2RD, 02082 236888

Directions:

From Cyprus Station on the DLR.

Walk towards the University and turn left walking along University Way alongside the Royal Albert Dock. When you reach the barrier on the Road turn left under the DLR, and there is an entrance just to your left, or you can walk round to the front entrance.

From Gallions Reach station on the DLR - slightly shorting walking distance. Walk halfway round the Roundabout clockwise entering University Way, and SportsDock is the building in front of you.

By Road, the SportsDock is off the Gallions Roundabout on the A406 NorthCircular at its far eastern end just before the Woolwich Ferry. SportsDock is Signposted off the Roadabout, along with University of East London. As you leave the Roundabout there is a barrier leading to the University, and a right turn immediately before that leads to the Sports Centre Car Park.

USW Sport Park

University of Glamorgan, Trefforest Industrial Estate, Pontypridd, Mid Glamorgan, CF37 5UP, 0800 716925

Directions:

By Road (From M4)

Exit the M4 at J32 and travel north on the A470 for about 4 miles. Exit the A470 at the junction marked A4054 and take the first exit into the Trefforest Industrial Estate (A4054). You will see signs for Glamorgan Sport Park on your left, just before the ATS building.

USW Sports Centre Newport

UCWN Caerleon Campus, Lodge Road, Caerleon, Newport, Glamorgan, NP18 3NT, 01633 432 432

Directions:

M4 Westbound, Junction 25 follow the signs for Caerleon (you will cross the M4 and appear to go back in the other direction). Follow signs for Caerleon B4596, left at roundabout, this is Caerleon Road. Stay on this road into Caerleon itself, you will bear left over stone bridge over the river. Follow the one way system into the village. The next turning is left at chip shop just before the village green, this is Lodge Road (Drovers Arms Pub on right). Follow this road over the railway bridge and the College is signposted. Turn right into College (St. Cadoc's hospital is on the left). Turn 1st left after the booth, follow road around to the right up a slight incline, car park and gym ahead.

Victory Hall

Victory Hall, Loughborough University, Loughborough, Loughborough, Leicestershire, LE11 3TU, 01509 263171

Directions:

From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The Victory Hall is straight in front of you. There are changing facilities in the Sports Hall which also faces onto the car park near to the Victory hall.

Vision West Nottinghamshire College

Derby Road, Mansfield, Notts, NG18 5BH, 01623 413354

Directions:

From M1 J27, take A608 towards Mansfield. After 1 mile, turn left on to A608 towards Mansfield. After 4 miles, turn right on to Caudwell Road. Turn left in to Sports Hall car park.

From M1 J28, take A38 towards Mansfield. After 4 miles, turn right onto A617. After 2 miles, turn left on to A60. After 100m, turn left on to Caudwell Road. Turn right in to Sports Hall car park.

Voyager Academy

Mountstevens Avenue, Walton, Peterborough, PE4 6HX, 01733 383888

Directions:

Directions: (from the North or the South on A1)

A1/Old Great N Rd

Take A47 exit towards Peterborough (North)/Leicester

At the roundabout take the 1st exit onto A47

Go over 1 roundabout to continue on A47

At junction 17, exit toward City Centre/Marholm/Crematorium

At the roundabout, take the 2nd exit

At the roundabout, take the 1st exit onto Lincoln Rd/A15

At the roundabout, take the 3rd exit onto Mountstevens Ave

Destination will be on the left - PE4 6HX

Welbeck College

Forest Road, Woodhouse, Loughborough, Leics, LE12 8WD, 01509 891700

Directions:

Directions to Welbeck Defence Sixth Form College (LE12 8WD)

From the North:

Leave the M1 at Junction 23, stay in the left lane and take the 1st exit towards Loughborough (A512). At the 1st set of traffic lights turn right onto Snell's Nook Lane (towards Nanpantan).

At the next set of traffic lights (Priory Pub on your left) go straight across. Follow the road to the very end and at the T-junction turn left onto Beacon Road. Go past the Old Bulls Head pub on your right and soon after you leave Woodhouse Eaves you will see a sign for Welbeck DSFC on your left. Turn left into the College and report to security.

From the South:

Leave the M1 at Junction 22, stay in the left lane and take the 2nd exit at the roundabout, A511 towards Coalville. At the next roundabout turn right (3rd exit), onto the B591. Travel over the motorway and then go through a double set of traffic lights. Take the 2nd turning on the right, signposted to Woodhouse Eaves (Beacon Road). Continue along Beacon Road into Woodhouse Eaves. Go past the Old Bulls Head pub on your right and soon after you leave Woodhouse Eaves you will see a sign for Welbeck DSFC on your left. Turn left into the College and report to security.

Whitby High School

Whitby High School, Sycamore Drive, Whitby, Ellesmere Port, Cheshire, CH66 2NU, 01513 558445

Directions:

Leave M53 at junction 10. Follow the A5117 to Ellesmere Port and Queensferry. Cross 2 roundabouts and at the 3rd turn right onto Chester Road. Take the 2nd left into Sycamore Drive and the entrance to the school is on the right.

Whitby Leisure Centre

West Cliff, Whitby, North Yorkshire, YO21 3HT, 01947 604640

Directions:

From the South

A1M – take junction 44, exit towards A64/York Merge onto the A64 and continue to follow the A64 for about 30 miles.

Take the A169 exit towards Whitby/Pickering/Malton/ (follow the A169 for about 25 miles)

At the roundabout take the third exit A171/Whitby. Take a slight left onto the B1460 (West Cliff). At the roundabout take the 1st left. At the next roundabout take the 3rd exit. Follow signs for leisure centre.

Wilnecote High School

Tinkers Green Road, Wilnecote, Tamworth, B77 5LF, 01827 831300

Directions:

From the M42 J10 (northbound), take the first exit onto the A5 and stay in the left hand lane. Exit the A5 onto Watling St, B5404. Go straight over the roundabout and continue straight for about 0.8 miles. Turn left into Hockley Road and then take the first left into Tinkers Green Road. Wilnecote School is about 200m along on the right.

Woodchurch High School Sports Centre

Carr Bridge Road, Woodchurch, Wirral, CH49 7NG, 01516 778844

Directions:

From the M53.

Turn off at Junction 3 onto the A552 (Woodchurch Road) heading towards Arrow Park and Heswall. Go past ASDA on your right then take the next right turn (you'll need to pay attention to make sure you get into the right hand lane in time) into Ackers Road. After about 50m turn right at the roundabout into Home Farm Road and continue down to the T-junction where you should turn left into New Hey Road. Follow the road round for about 500m then turn right at the mini roundabout into Carr Bridge Road. Keep going past the school and Woodchurch High School Sports Centre is on the right.

Woodlands Community School

Woodlands Community School, Minstead Avenue, Harefield, Southampton, Hampshire, SO18 5FW, 02380 463303

Directions:

From M3, head east bound on M27 until junction 7. At roundabout take 4th exit on A334. At roundabout take 4th exit into Moorhill Road (also known as A27). Continue on this road and take the 4th exit on the left, sign posted Harefield into Cheriton Avenue. Drive along this and turn right into Minstead Avenue just past the Hare and Hounds Pub. Woodlands Community College is located just over the rise of the hill on the left hand side.

Worthing High School

S Farm Rd, Worthing, West Sussex, BN14 7AR, 01903 237864

Directions:

From the A27 Head south on Sompting Rd toward Sompting By-Pass/Upper Brighton Rd/A27 Turn right onto Upper Brighton Rd/A27 At the roundabout, take the 1st exit onto Broadwater St W/A24 Turn right onto S Farm Rd/A2032 At the roundabout, continue straight to stay on S Farm Rd/A2032 The High School is on the right

From the A24... Head southeast on Findon Bypass/A24 toward Cross Ln At the roundabout, take the 2nd exit onto Offington Ln/A2031 Turn left onto Offington Ave Continue onto S Farm Rd/A2032 At the roundabout, continue straight to stay on S Farm Rd/A2032 The High School is on the right

Y Club

Liverpool Road, Manchester, M3 4JR, 0161 837 3535

Directions:

From North/North East:

M62/Manchester/Halifax/Huddersfield

Continue onto M62

Continue onto M60

At junction 17, take the A56 exit to M'cr city centre/Prestwich/Whitefield Continue on A56. Drive to Liverpool Rd/A6143 in Manchester(5.2 mi) At the roundabout, take the 1st exit onto Bury New Rd/A56 Continue to follow A56 (3.9 mi) Turn right onto New Bridge St/A6042 Continue to follow A6042 (0.8 mi) Slight left onto Irwell St/A34 Continue to follow A34 Turn right onto B5225 Turn left onto Liverpool Rd/A6143 Destination will be on the right. Car park is on the Potato Wharf.

From South:

(From Birmingham)

Merge onto M6 Manchester (Salford)

Keep right at the fork to stay on M6, follow signs for Stafford At junction 21A, exit onto M62 toward Leeds/Bolton/M'cr (N) Keep right to continue on M602 Take Regent Rd/A57 to Liverpool Rd/A6143 in Manchester Slight right to stay on M602 Continue onto Regent Rd/A57 Turn left onto A6042 Turn right onto Water St/A6143 Turn right onto Liverpool Rd/A6143 Destination will be on the right Car park is on the Potato Wharf.

York College

York College, Sim Balk Lane, York, North Yorkshire, YO23 2BB, 01904 770200

Directions:

From A46 Eastbound, take the exit towards York West, A1036. At the traffic lights after 200 yards turn right into Sim Balk Lane. Take first left into the car park.

Fixtures & Appointments

How to access and use Who's The Ref

Navigate to www.whostheref.com and select Login from the Top Right Hand Side. Your user name is your e-mail address, select Volleyball from the database list and select the Forgot or need a password option. When you have a password select the Proceed button.

Whos the Ref? .com

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lewis.shakespeare@btinternet.com

Password:

Forgot or need a password? Or Please Users Sign Up

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IMPORTANT NOTE: It is an offence under the Computer Misuse Act 1990 (and others) to make or attempt to make unauthorised access to this website. Every attempt to gain access, successful or otherwise, is recorded. This includes a note of your current IP address and other information.

On the opening screen select the Here on the screen to bring up this screen

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On the Contacts tab you search for any contact in WTR (Referees/Team Fixtures Secretaries/Administrators)

In Fixtures you can restrict by date, Team, Competition



In this example I have looked for a particular week end for a particular team which shows a match with a warm up of 12:00 at Kendricks School with no currently confirmed Referees

Note any time you see a Magnifying Glass you can click it for details; hovering over the notes will give you the Match No. (except on iPad)

Fixtures - Windows Internet Explorer provided by OMF RESTRICTED

http://www.shufford.com/.../josh/fixtures.php?team=volleyball

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Fixtures

you need 2003 version or later

Months Club, Upgraded to

Fixtures

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Fixtures - View

From date: 12-07-2014 To date: 12-07-2014 Team: All teams Month: All months in Active All levels in

Competition: All competitions Year: All years

Find Reset

Date	Active	Competition	Time	Level	Home	Away	Assessments
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	21:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England

Number of rows displayed: 2

Done

Internet

100%

In this example picking the team only shows 2 of the matches in a triangle so select by date and competition to get all 3

Fixtures - Windows Internet Explorer provided by OMF RESTRICTED

http://www.shufford.com/.../josh/fixtures.php?team=volleyball

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Fixtures

you need 2003 version or later

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Fixtures

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Fixtures - View

From date: 12-07-2014 To date: 12-07-2014 Team: All teams Month: All months in Active All levels in

Competition: All competitions Year: All years

Find Reset

Date	Active	Competition	Time	Level	Home	Away	Assessments
12-07-2014	Q	MSC	12:00	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	14:00	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	14:00	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	18:00	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England
12-07-2014	Q	MSC	19:30	#	Volleyball England Volleyball England Central	Volleyball England Volleyball England Central	BEP Volleyball England BEP Volleyball England

Number of rows displayed: 9

Done

Internet

100%

Teams are shown in Red to indicate they have more than one match on the day.

Clubs shows both Clubs and Venues

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Clubs - View

Subsname (select club name): Address (select club name): [Find](#) [Reset](#)

Club	Action	Organization	Teams	Address	Club/Venue Secretary/Manager
Guildford Spectators	View	Volleyball Engla	3	Parkways, Guildford, Surrey GU2 1JH	-/-
Guildford Spectators	View	Volleyball Engla	0	Parkways, Guildford, Surrey GU2 1JH	-/-

Number of rows displayed: 2

So Guildford in the Club Name shows me the Club (2 Teams no address) and the Venue (no Teams but an address)

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Clubs - View

Subsname (select club name): Address (select club name): [Find](#) [Reset](#)

Club	Action	Organization	Teams	Address	Club/Venue Secretary/Manager
Guildford Spectators	View	Volleyball Engla	0	Parkways, Guildford, Surrey GU2 1JH	-/-
Surrey Spectators	View	Volleyball Engla	0	Richard Mowat Road, Guildford, Surrey GU2 7AD	-/-

Number of rows displayed: 2

Guildford in the address shows me the 2 venues in Guildford

Going to Teams allows you to look at contacts by Division (select the Competition)

Volleyball England GET INTO VOLLEYBALL

Teams - View

Submenu: [View all](#) | [Print](#) | [Clear Cookies](#) | [Go to archive](#)

Level: Competition: [Find](#) [Reset](#)

Team Name	Actions	Organisation	Level	Gender	Primary Contact	Club	Primary Competition
Cambridge & Haverhill (Cam M50)	Q	Volleyball England	1	Male	Toralfen, Toralfen	Cambridge & Haverhill, Cam	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50

Number of rows displayed: 8

Or a team name

Volleyball England GET INTO VOLLEYBALL

Teams - View

Submenu: [View all](#) | [Print](#) | [Clear Cookies](#) | [Go to archive](#)

Level: Competition: [Find](#) [Reset](#)

Team Name	Actions	Organisation	Level	Gender	Primary Contact	Club	Primary Competition
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50
London (M50)	Q	Volleyball England	1	Male	Anthony, Anthony	London, London	M50

Number of rows displayed: 3

Downloaded from <http://ajph.org/> on November 10, 2014

Points to note:

If you find that any of the match information is incorrect please e-mail me on martin.shakespeare@ntlworld.com with your corrections

You will get e-mail notifications of any changes to match details (date/time/venue) – you still need to let the away team know

If you are the first named team in match 2 of a triangle WTR thinks you are the home team – please forward the e-mail to the hosting team of any changes you receive

If you arrange your own referees for a fixture please also let me know so I can update WTR to save me (or the other appointers) trying to find you Referees; Referee Commission will try and find Refs for unappointed fixtures up to 2 weeks beforehand – after that it is your responsibility. Ensure that if you are going to use unregistered Referees that you follow the NVL Regulations to do so and in any event please let me know who you will use so I can record it in WTR.

Play as much as you like – you can't break it!

If you need to change your details find yourself in contacts and when you click the magnifying glass you will get an edit icon (pencil on paper). Make changes and press green tick to save.

Any questions please e-mail me as above

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat 26/09/2015	2	M1	St Albans Harriers 1	Solent	St Albans School for Girls	17:30	18:00
Sat 26/09/2015	1	M1	Black Country Men 1	Birmingham Volleyball Club	Redhill School Sports Hall	11:00	11:30
Sat 26/09/2015	2	M2N	Northumbria / Middlesbrough Academy	Sheffield 2	Middlesbrough College	12:00	12:30
Sat 26/09/2015	3	M2N	Essex Estonsians	Sunderland City Predators	Basilston Sporting Village	13:30	14:00
Sat 26/09/2015	4	M2N	Peterborough Harriers	Nottingham Rockets 1	Voyager Academy	13:15	13:45
Sat 26/09/2015	1	M2S	Team Southampton 1	Hamdon Volleyball Club	Crestwood Enterprise	17:30	18:00
Sat 26/09/2015	2	M2S	City of Bristol	Richmond VB 2	Richmond College	17:00	17:30
Sat 26/09/2015	1	M2S	North Spiders	Tending VC Men 2	St Albans School for Girls	17:00	17:30
Sat 26/09/2015	1	M2S	Essex Juniors	Essex Juniors	Essex School for Girls	15:00	15:30
Sat 26/09/2015	1	M2S	St Albans Harriers 2	Tending VC Men 2	St Albans School for Girls	15:00	15:30
Sat 26/09/2015	1	M2S	St Albans Harriers 1	Birmingham Volleyball Club 1	Ascombe Volleyball Centre	11:30	12:00
Sat 26/09/2015	1	W1	Ascombe Borking 1	Team Durham	Abbeywood School	14:00	14:30
Sat 26/09/2015	2	W1	North Riding Eagles VC	Newcastle (Staffs) Ladies	Queens Campus	12:00	12:30
Sat 26/09/2015	1	W2N	Cambridge Volleyball Club and Anglia Ruskin University	Reading Aces	North Cambridge Academy	10:00	10:30
Sat 26/09/2015	1	W2S					
Sun 27/09/2015	3	M2S	Arjun VC	Wessex M2	Six Villages Sport Centre	12:30	13:00
Sun 27/09/2015	1	M3C	Nuneaton	Lincoln Cannons	George Eliot School	13:00	13:30
Sun 27/09/2015	2	M3SE	Dartford Men	EBCC Greenhouse (London)	Dartford Technology College	12:00	12:30
Sun 27/09/2015	2	M3SE	Dartford Men	Essex Juniors	Dartford Technology College	16:00	16:30
Sun 27/09/2015	2	M3SE	EBCC Greenhouse (London)	Essex Juniors	Dartford Technology College	14:00	14:30
Sun 27/09/2015	3	M3SE	London Aces	Newmarket VC	Battersea Sports Centre	10:00	10:30
Sun 27/09/2015	3	M3SE	London Aces	Richmond VB 2	Battersea Sports Centre	12:00	12:30
Sun 27/09/2015	3	M3SE	Newmarket VC	Richmond VB 2	Battersea Sports Centre	14:00	14:30
Sun 27/09/2015	4	W1	Herts VC	Worthing VC	Queens School	11:00	11:30
Sun 27/09/2015	53	W1	Bath & Wiltshire Mavericks	Team Durham	Lavinton School	13:00	13:30
Sun 27/09/2015	3	W2N	Essex Estonsians	Sunderland City Predators	Gymnasium, University of Leeds	12:00	12:30
Sun 27/09/2015	4	W2S	Dulwich Tulkers	Essex Estonsians	Essex School for Girls	12:30	13:00
Sun 27/09/2015	5	W2S	New Forest Ladies	Oxford Ladies	New Forest Volleyball Centre	11:00	11:30
Fri 02/10/2015	5	M2N	Sunderland City Predators	Northumbria / Middlesbrough Academy	CitySpace	12:00	12:30
Sat 03/10/2015	3	M1	Newcastle (Staffs) M1	Black Country Men 1	Keele University	15:00	15:30
Sat 03/10/2015	4	M1	Birmingham Volleyball Club	Manchester Marvels 1	North Solihull Sports Centre	14:00	14:30
Sat 03/10/2015	77	M1	Essex Blaze	Coventry & Warwick Riga	Boxwells School	11:00	11:30
Sat 03/10/2015	7	M2N	Newcastle (Staffs) 2	Loughborough Students Volleyball	Keele University	12:00	12:30
Sat 03/10/2015	8	M2N	Nottingham Rockets 1	Essex Estonsians	Southgate SC	11:00	11:30
Sat 03/10/2015	8	M2N	Team Loughborough Harriers	Peterborough Harriers	Southgate SC	11:00	11:30
Sat 03/10/2015	42	M2S	City of Bristol	Gardiff Cals	Limehurst Academy	14:00	14:30
Sat 03/10/2015	3	M3S	Wessex M1	London Docklands	Brislington Enterprise College	17:00	17:30
Sat 03/10/2015	4	M3S	Sheffield Hallam	IBB Polonia London	LeAF	15:00	15:30
Sat 03/10/2015	5	M3S	Malory Eagles (London)	Leeds VC	AI Sants SC	11:00	11:30
Sat 03/10/2015	6	W1	Worthing VC	Herts VC	Ernest Bevin College	14:45	15:15
Sat 03/10/2015	19	W1	Birmingham Volleyball Club	Leeds VC	Worthing High School	12:30	13:00
Sat 03/10/2015	4	W2N	North Riding Eagles VC	Coventry & Warwick Riga	Worthing Leisure Centre	12:00	12:30
Sat 03/10/2015	5	W2N	Nottingham Rockets 1	Leeds VC	Worthing Leisure Centre	12:00	12:30
Sat 03/10/2015	1	M3SW	Bath & Wiltshire Mavericks	Gardiff Cals Ladies	Southgate SC	14:00	14:30
Sat 03/10/2015	1	M3SW	Bath & Wiltshire Mavericks	Gardiff Cals Ladies	West Buckland School	15:00	15:30
Sat 03/10/2015	1	W3SW	Beach Academy	Solent Ladies	West Buckland School	11:00	11:30
Sat 03/10/2015	1	W3SW	Solent Ladies	Gardiff Cals Ladies	West Buckland School	11:00	11:30
Sat 03/10/2015	3	W3S	Wessex W1	Pullapoint London Orcas	LeAF	13:00	13:30
Sat 03/10/2015	4	W3S	Polonia SideOut London	Team South Wales	St. Benedict's School	14:00	14:30
Sat 03/10/2015	5	W3S	Malory Eagles (London)	City of Salford	Ernest Bevin College	12:30	13:00
Sat 03/10/2015	6	W3S	Tending VC Ladies	Team Northumbria	Tending Technology College	12:30	13:00
Sun 04/10/2015	5	M2S	Richmond Men	Team Southampton 1	Kingston Arena	13:00	13:30
Sun 04/10/2015	6	M2S	Wessex M2	Malory Eagles 2 (London)	LeAF	13:00	13:30
Sun 04/10/2015	4	M3C	Black Country Men 2	Nuneaton	Redhill School Sports Hall	11:00	11:30
Sun 04/10/2015	6	M3C	London Docklands	Nuneaton	Sobell LC	12:10	12:40

Date	Match	Division	Home	Away	Venue	Worship	Match Start
Sun 04/10/2015	8	W1	Team Loughborough	Ascombe Dorking 1	Wellbeck College	11:30	12:00
Sun 04/10/2015	6	W2N	Newcastle (Staffs) Ladies	Birmingham Volleyball Club 2	Madley High School	11:30	12:00
Sun 04/10/2015	7	W2N	Sheffield	North Riding Eagles VC	All Saints SC	13:15	13:45
Sun 04/10/2015	8	W2N	Sunderland City Predators	Coventry & Warwick Riga	CitySpace	12:00	12:30
Sun 04/10/2015	9	W2N	DARKSTAR Derbyshire	Manchester Marvels 1	Derby Moore Community School	10:30	11:00
Sun 04/10/2015	7	W2S	Portsmouth	Cambridge Volleyball Club and Anglia Ruskin University	Prory School	11:30	11:30
Sun 04/10/2015	8	W2S	Plymouth	Dulwich Tuskers	Coombe Dean School	11:30	12:00
Sun 04/10/2015	9	W2S	Oxford Ladies	Essex Trinity	Ferry Leisure Centre	12:00	12:30
Sun 04/10/2015	10	W2S	Richmond VB	New Forest Ladies	Kingston Arena	13:00	13:30
Sun 04/10/2015	16	W2S	Plymouth	Bristol 2	Coombe Dean School	14:30	15:00
Sun 04/10/2015	2	W3C	Black Country Redhill Tigers	Northampton	Wincedale Leisure Centre	15:30	16:00
Sun 04/10/2015	2	W3C	1st North Spartans	Northampton	Wincedale Leisure Centre	15:30	16:00
Sun 04/10/2015	2	W3C	1st North Spartans	Black Country Redhill Tigers	Wincedale Leisure Centre	11:30	12:00
Sun 04/10/2015	2	W3N	Vital Wasps	Tork	Woodchurch HS	11:00	11:30
Sun 04/10/2015	2	W3N	Ascombe Dorking 2	Tending VC Ladies Academy	Bowells School	11:00	11:30
Sun 04/10/2015	2	W3N	Essex Juniors	Tending VC Ladies Academy	Bowells School	11:00	11:30
Sun 04/10/2015	2	W3SE	Essex Juniors	Tending VC Ladies Academy	Bowells School	15:00	15:30
Sun 04/10/2015	2	W3SW	Cliv of Bristol Ladies	Team Southampton	Brislington Enterprise College	11:00	11:30
Sun 04/10/2015	2	W3SW	Cliv of Bristol Ladies	Wessex W2	Brislington Enterprise College	15:00	15:30
Sun 04/10/2015	2	W3SW	Team Southampton	Wessex W2	Brislington Enterprise College	13:00	13:30
Sun 04/10/2015	7	WS8	Pullepoint London Orcas	Team Northumbria	Caus House Youth Centre	11:00	11:30
Sun 04/10/2015	18	WS8	Wessex W1	City of Salford	LeaF	11:00	11:30
Sat 10/10/2015	1	Challenge Series	England Junior Men	London Docklands	National Volleyball Centre	14:00	14:30
Sat 10/10/2015	1	Challenge Series	England Junior Women	City of Salford	National Volleyball Centre	14:00	14:30
Sun 11/10/2015	2	Challenge Series	England Junior Men	Team Northumbria	National Volleyball Centre	11:30	12:00
Sun 11/10/2015	38	W1	Birmingham Volleyball Club 1	Bath & Wiltshire Mavericks	National Volleyball Centre	11:30	12:00
Sun 11/10/2015	20	W2S	Portsmouth	Reading Aces	Prory School	12:30	13:00
Sat 17/10/2015	6	M1	Essex Blaze	Solent	Bowells School	11:00	11:30
Sat 17/10/2015	7	M1	Coventry & Warwick Riga	Tending VC Men	Alan Higgs Centre	11:00	11:30
Sat 17/10/2015	8	M1	St Albans Harriers 1	Manchester Marvels 1	St Albans School for Girls	16:00	16:30
Sat 17/10/2015	9	M1	Newcastle (Staffs) M1	Birmingham Volleyball Club	Keble University	17:30	18:00
Sat 17/10/2015	10	M2N	Loughborough Students Volleyball	Sheffield 2	Rednal and Redmington Centre	12:30	13:00
Sat 17/10/2015	13	M2N	Essex Blaze	Team Southampton	Keble School	12:30	13:00
Sat 17/10/2015	7	M2S	Newcastle (Staffs) 2	Team Southampton	Keble School	12:00	12:30
Sat 17/10/2015	7	M2S	Exeter Spartans	Richmond Men 2	Asimoor Recreation Centre	11:30	12:00
Sat 17/10/2015	8	M2S	Team Southampton 1	Cardiff Celts	Creswood College	17:30	18:00
Sat 17/10/2015	9	M2S	Cliv of Bristol	Wessex W2	Brislington Enterprise College	17:00	17:30
Sat 17/10/2015	2	M3C	Black Country Men 2	Darkestar Derbyshire	Redhill School Sports Hall	15:00	15:30
Sat 17/10/2015	2	M3C	Black Country Men 2	RAF Harriers	Redhill School Sports Hall	11:00	11:30
Sat 17/10/2015	2	M3C	RAF Harriers	Darkestar Derbyshire	Redhill School Sports Hall	13:00	13:30
Sat 17/10/2015	4	M3SE	London Aces	Derford Men	St Albans School for Girls	13:00	13:30
Sat 17/10/2015	4	M3SE	St Albans Harriers 2	Derford Men	St Albans School for Girls	15:00	15:30
Sat 17/10/2015	4	M3SE	St Albans Harriers 2	London Aces	St Albans School for Girls	11:00	11:30
Sat 17/10/2015	2	M3SW	Bristol 1	New Forest	Abbeywood School	11:00	11:30
Sat 17/10/2015	2	M3SW	Bristol 1	Oxford Students	Abbeywood School	15:00	15:30
Sat 17/10/2015	2	M3SW	New Forest	Oxford Students	Abbeywood School	13:00	13:30
Sat 17/10/2015	8	WS8	BB Polonia London	Malory Eagles (London)	Brentford Leisure Centre	14:30	15:00
Sat 17/10/2015	8	WS8	Leeds VC	Team Northumbria	Gypton Centre University of Leeds	12:15	12:45
Sat 17/10/2015	11	W1	Worthing VC	Worthing High School	Worthing High School	12:30	13:00
Sat 17/10/2015	41	W1	Worthing VC	Oxford Students	Oxford Students	14:30	15:00
Sat 17/10/2015	11	W2N	Coventry & Warwick Riga	Northampton Rockets 1	Alan Higgs Centre	14:00	14:30
Sat 17/10/2015	12	WS8	DARKSTAR Derbyshire	Malory Eagles (London)	Keble University	14:45	15:15
Sat 17/10/2015	8	WS8	Polonia SlideOut London	Team Northumbria	St. Benedict's School	17:30	18:00
Sat 17/10/2015	9	WS8	City of Salford	Team Northumbria	Fit City Eccles	13:00	13:30

Date	Match	Division	Home	Away	Venue	Worship	Match Start
Sun 18/10/2015	11	M1	Birmingham Volleyball Club	Tending VC Men	North Solihull Sports Centre	12:00	12:30
Sun 18/10/2015	15	M2N	Loughborough Students Volleyball	Team Loughborough Lions	Victory Hall, Holwood Fitness Centre	16:00	16:30
Sun 18/10/2015	10	M2S	Malory Eagles 2 (London)	Arum VC	Ernest Bevin College	10:00	10:30
Sun 18/10/2015	3	M3C	Cambridge VC and Anglia Ruskin University	Sheffield Scorpions	Southglade SC	12:00	12:30
Sun 18/10/2015	3	M3C	Nottingham Rockets 1	Sheffield Scorpions	Southglade SC	10:00	10:30
Sun 18/10/2015	2	M3N	Nottingham Rockets 2	Manchester Marvels 2	The Education Village	14:00	14:30
Sun 18/10/2015	2	M3N	Houghton Darlington	University of Manchester	The Education Village	11:00	11:30
Sun 18/10/2015	2	M3N	Houghton Darlington	University of Manchester	The Education Village	15:00	15:30
Sun 18/10/2015	2	M3N	Manchester Marvels 2	Team Durham	Durham Uni	13:00	13:30
Sun 18/10/2015	3	M3N	Team Durham	Hull Volley Thunder	Durham Uni	11:00	11:30
Sun 18/10/2015	3	M3N	York VC	Hull Volley Thunder	Durham Uni	15:00	15:30
Sun 18/10/2015	5	M3SE	EBG Greenhouse (London)	Newmarket VC	Ernest Bevin College	13:00	13:30
Sun 18/10/2015	5	M3SE	EBG Greenhouse (London)	Newmarket Spikers	Ernest Bevin College	10:30	11:00
Sun 18/10/2015	3	M3SE	Newmarket V6	Newmarket Spikers	Ernest Bevin College	14:30	15:00
Sun 18/10/2015	3	M3SE	Richmond V6	Ernest Bevin College	Ernest Bevin College	12:00	12:30
Sun 18/10/2015	6	M3SE	Richmond V6 2	Ernest Bevin College	Ernest Bevin College	14:30	15:00
Sun 18/10/2015	6	M3SE	Tending VC Men 2	Tending VC Men 2	Kingston Arena	11:00	11:30
Sun 18/10/2015	3	M3SW	Tending VC Men 2	Essex Juniors	Kingston Arena	13:00	13:30
Sun 18/10/2015	3	M3SW	Cardiff Celts 2	Kernow	USW Sports Park	15:00	15:30
Sun 18/10/2015	3	M3SW	Cardiff Celts 2	South Hants	USW Sports Park	11:00	11:30
Sun 18/10/2015	3	M3SW	South Hants	Kernow	USW Sports Park	13:00	13:30
Sun 18/10/2015	4	M3SW	Gulford International	Team Southampton 2	Friends Life Sports Centre	15:15	15:45
Sun 18/10/2015	4	M3SW	Gulford International	Wiltshire Mavericks	Friends Life Sports Centre	11:15	11:45
Sun 18/10/2015	4	M3SW	Wiltshire Mavericks	Team Southampton 2	Friends Life Sports Centre	13:15	13:45
Sun 18/10/2015	10	M3S	Sheffield Hallam	Team Northumbria	All Saints SC	11:15	13:45
Sun 18/10/2015	15	W1	Team Loughborough	Birmingham Volleyball Club 1	Welbeck College	11:30	12:00
Sun 18/10/2015	28	W1	Working VC	Team Durham	Lancing Leisure Centre	12:30	13:00
Sun 18/10/2015	13	W2S	Leeds VC	Manchester Marvels 1	Gryphon Centre University of Leeds	14:15	14:45
Sun 18/10/2015	13	W2S	Bristol 2	Pontsmouth	Abbeywood School	12:00	12:30
Sun 18/10/2015	14	W2S	Chilwick Liskens	Oxford Ladies	Ernest Bevin College	12:30	13:00
Sun 18/10/2015	60	W2S	Richmond V6	Welling Aces	Kingston Arena	13:00	13:30
Sun 18/10/2015	3	W3C	Northampton	Northampton Ladies	Northampton	12:00	12:30
Sun 18/10/2015	3	W3C	Northampton	Norfolk Ladies	Moulton College	12:00	12:30
Sun 18/10/2015	3	W3C	Northampton	Telford Ladies	Moulton College	16:00	16:30
Sun 18/10/2015	13	W3S	Team South Wales	Team Northumbria	USW Sports Park	11:00	11:30
Sat 24/10/2015	12	M1	Tending VC Men	St Albans Harriers 1	Tending Technology College	12:30	13:00
Sat 24/10/2015	13	M1	Manchester Marvels 1	Coventry & Warwick Rga	Armitage Sports Centre	14:00	14:30
Sat 24/10/2015	14	M1	London Lynx 2	Newcastle (Staffs) M1	UEI- SPORTS/DOCK	14:30	15:00
Sat 24/10/2015	35	M1	Birmingham Volleyball Club	Essex Blaze	Joseph Leckie Academy	15:30	16:00
Sat 24/10/2015	52	M1	Solent	Black Country Men 1	Itchen College	14:00	14:30
Sat 24/10/2015	17	M2N	Peterborough Harriers	Northumbria / Middlebrough Academy	Voyager Academy	13:15	13:45
Sat 24/10/2015	18	M2N	Team Loughborough Lions	Essex Esbrians	Limelhurst Academy	11:30	12:00
Sat 24/10/2015	20	M2N	Sheffield 2	Newcastle (Staffs) 2	All Saints SC	13:45	14:15
Sat 24/10/2015	11	M2S	Cardiff Celts	Exeter Storm	USW Sports Park	11:00	11:30
Sat 24/10/2015	11	M2S	Malory Eagles (London)	London Docklands	Ernest Bevin College	14:45	15:15
Sat 24/10/2015	12	M2S	Sheffield Hallam	Wessex W1	All Saints SC	15:30	16:00
Sat 24/10/2015	16	M2S	Southampton Rockets 1	North Riding Eagles VC	Southglade SC	17:00	17:30
Sat 24/10/2015	16	M2S	Malory Harriers 1	Coventry & Warwick Rga	Armitage Sports Centre	14:30	15:00
Sat 24/10/2015	37	W2N	Leeds VC	Newcastle (Staffs) Ladies	Gryphon Centre University of Leeds	12:15	12:45
Sat 24/10/2015	14	W3S	Malory Eagles (London)	Pulsepoint London Oras	Ernest Bevin College	12:30	13:00
Sat 24/10/2015	15	W3S	Tending VC Ladies	City of Salford	Tending Technology College	14:30	15:00
Sat 24/10/2015	16	W3S	Team South Wales	Wessex W1	USW Sports Park	11:00	11:30
Sun 25/10/2015	15	M1	Birmingham Volleyball Club	St Albans Harriers 1	Doug Ellis Sports Centre	15:30	16:00
Sun 25/10/2015	12	M2N	Northumbria / Middlebrough Academy	Nottingham Rockets 1	Middlebrough College	12:00	12:30
Sun 25/10/2015	30	M2N	Sunderland City Predators	Loughborough Students Volleyball	CitySpace	14:30	15:00
Sun 25/10/2015	12	M2S	Cardiff Celts	Malory Eagles 2 (London)	USW Sports Park	14:00	14:30
Sun 25/10/2015	14	M2S	Arum VC	City of Bristol	Six Villages Sport Centre	12:30	13:00

Date	Match	Division	Home	Away	Venue	Winnings	Match Start
Sun 25/10/2015	13	M3	London Docklands	London Lynx	Sobell LC	12-10	12:40
Sun 25/10/2015	14	M3	Leeds	Leeds	Optimum Centre University of Leeds	12-10	12:40
Sun 25/10/2015	15	M1	Team Durham	Team Durham	St Gregory the Great's School	11-10	11:30
Sun 25/10/2015	16	W1	Oxford Students	Barn & Villahire Mavericks	St Gregory the Great's School	11-10	11:30
Sun 25/10/2015	17	W2N	Sunderland City Predators	Leeds VC	ChSpace	12-10	12:30
Sun 25/10/2015	18	W2N	DARKSTAR Derbyshire	Birmingham Volleyball Club 2	Derby Moore Community School	10-30	11:00
Sun 25/10/2015	17	W2S	Oxford Ladies	Cambridge Volleyball Club and Anglia Ruskin University	Ferry Leisure Centre	12-10	12:30
Sun 25/10/2015	18	W2S	New Forest Ladies	Durwich Tuskies	New Forest Volleyball Centre	11-10	11:30
Sun 25/10/2015	40	W2S	Oxford Ladies	Plymouth	Ferry Leisure Centre	12-10	12:30
Sun 25/10/2015	57	W2S	Plymouth	Cambridge Volleyball Club and Anglia Ruskin University	Ferry Leisure Centre	12-10	12:30
Sun 25/10/2015	4	W3C	Black Country Redhill Tigers	Lincoln Cannons	Redhill School Sports Hall	11-10	11:30
Sun 25/10/2015	4	W3C	Black Country Redhill Tigers	Peterborough Harriers Ladies	Redhill School Sports Hall	15-10	15:30
Sun 25/10/2015	4	W3C	Lincoln Cannons	Peterborough Harriers Ladies	Redhill School Sports Hall	13-10	13:30
Sun 25/10/2015	5	W3C	Tamworth Spartans	RAF Hawks	Winnecke Leisure Centre	12-30	18:00
Sun 25/10/2015	3	W3N	Chesster Amazons	Loughborough Students	Whitby High School	15-30	18:00
Sun 25/10/2015	3	W3N	Chesster Amazons	York	Whitby High School	11-30	12:00
Sun 25/10/2015	3	W3N	Chesster Amazons	Loughborough Students	Whitby High School	13-30	14:00
Sun 25/10/2015	3	W3N	Chesster Amazons	Widley D.D. & Wotton	Whitby High School	14-30	14:00
Sun 25/10/2015	4	W3N	Manchester Marvels 2	Widley D.D. & Wotton	Sudgen Centre	10-10	10:30
Sun 25/10/2015	4	W3N	Manchester Marvels 2	Widley D.D. & Wotton	Sudgen Centre	10-10	10:30
Sun 25/10/2015	4	W3N	Wirral Wasps	Amritage Sports Centre	Amritage Sports Centre	12-10	11:30
Sun 25/10/2015	5	W3SW	Cardiff Celts Ladies	Plymouth Mayflower	USW Sports Park	11-10	11:30
Sun 25/10/2015	5	W3SW	Cardiff Celts Ladies	Team Southampton	USW Sports Park	15-10	15:30
Sun 25/10/2015	5	W3SW	Plymouth Mayflower	Team Southampton	USW Sports Park	13-10	13:30
Sun 25/10/2015	17	W5S	Polonia SideOut London	City of Salford	St. Benedict's School	14-30	15:00
Sat 31/10/2015	5	M1	St Albans Harriers 1	Newcastle (Staffs) M1	St Albans School for Girls	17-30	18:00
Sat 31/10/2015	21	M1	Solent	London Lynx 2	Itchen College	14-10	14:30
Sat 31/10/2015	23	M1	Manchester Marvels 1	Essex Blaze	Armitage Sports Centre	14-10	14:30
Sat 31/10/2015	31	M1	Coventry & Warwick Riga	Black Country Men 1	Alan Higgs Centre	16-10	16:30
Sat 31/10/2015	23	M2N	Loughborough Students Volleyball	Northumbria / Middlesbrough Academy	Victory Hall Holywell Fitness Centre	17-30	17:00
Sat 31/10/2015	49	M2S	Team Southampton 1	Wessex M2	Crestwood College	16-30	18:00
Sat 31/10/2015	1	M5S	BB Polonia London	Wessex M1	Brentford Leisure Centre	14-30	15:00
Sat 31/10/2015	2	M5S	Team Northumbria	Wessex M1	Sport Central	15-30	16:00
Sat 31/10/2015	33	W2N	Coventry & Warwick Riga	Nadry Eagles (London)	Alan Higgs Centre	14-10	14:30
Sat 31/10/2015	82	W2N	Newcastle (Staffs) Ladies	Birmingham Volleyball Club 2	Alan Higgs Centre	14-10	14:30
Sat 31/10/2015	82	W2N	Newcastle (Staffs) Ladies	Leeds VC	Leeds University	13-10	13:15
Sat 31/10/2015	1	W5S	Team Northumbria	Team Northumbria	Reading Village	13-10	13:15
Sat 31/10/2015	12	W5S	Polonia SideOut London	Wessex M1	Sport Central	12-15	13:15
Sat 31/10/2015	12	W5S	Polonia SideOut London	Wessex M1	St. Benedict's School	17-30	18:00
Sun 01/11/2015	19	M1	London Lynx 2	Birmingham Volleyball Club	UEL-SPORTSDOCK	14-30	15:00
Sun 01/11/2015	15	M2S	Richmond Men	Hendon Volleyball Club	Kingsdon Arena	13-10	13:30
Sun 01/11/2015	15	M3N	Manchester Marvels 2	Byth Valley	Sudgen Centre	15-10	15:30
Sun 01/11/2015	11	M3N	Manchester Marvels 2	Team Durham	Sudgen Centre	11-10	11:30
Sun 01/11/2015	11	M3N	Team Durham	Byth Valley	Amritage Sports Centre	13-10	13:30
Sun 01/11/2015	15	M5S	London Lynx	Leeds VC	UEL-SPORTSDOCK	11-30	12:00
Sun 01/11/2015	14	W1	Herls VC	Oxford Students	Queens School	11-10	11:30
Sun 01/11/2015	25	W1	Team Durham	Birmingham Volleyball Club 1	Durham Uni	11-10	13:00
Sun 01/11/2015	19	W2S	Richmond VB	Essex Trinity	Kingsdon Arena	13-10	13:30
Sun 01/11/2015	78	W2S	New Forest Ladies	Reading Aces	New Forest Volleyball Centre	11-10	11:30
Sun 01/11/2015	6	W3C	Lincoln Cannons	Tamworth Spartans	Cherry Willingham Community School	16-10	16:30
Sun 01/11/2015	6	W3C	Lincoln Cannons	Tamworth Spartans	Cherry Willingham Community School	12-10	12:30
Sun 01/11/2015	9	W3C	Leeds Ladies	Leeds VC	Woodchurch HS	14-10	14:30
Sun 01/11/2015	9	W3C	Leeds Ladies	Leeds VC	Woodchurch HS	15-10	15:30
Sun 01/11/2015	5	W3N	Nonington	Leeds VC	Woodchurch HS	15-10	15:30
Sun 01/11/2015	5	W3N	Wirral Wasps	Leeds VC	Woodchurch HS	15-10	15:30
Sun 01/11/2015	5	W3N	Wirral Wasps	Loughborough Students	Woodchurch HS	11-10	11:30
Sun 01/11/2015	5	W3N	City of Salford 2	Manchester Marvels 2	Joseph Rowntree School	13-10	13:30
Sun 01/11/2015	6	W3N	York	City of Salford 2	Joseph Rowntree School	11-10	11:30
Sun 01/11/2015	6	W3N	York	Manchester Marvels 2	Joseph Rowntree School	15-10	15:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun 07/11/2015	7	M1	Cheshire Amazons	Houghton Darlington	Whitby High School	12:00	12:00
Sun 07/11/2015	8	M1	Cardiff Celts Ladies	Cardiff Celts Ladies	Oxley Sports Centre	11:00	11:00
Sun 07/11/2015	9	M1	Yevril	South Hants	Oxley Sports Centre	11:00	11:00
Sun 07/11/2015	10	M1	Pulsepoint London Orcas	Tending VC Ladies	Galus House Youth Centre	15:00	15:00
Sun 07/11/2015	11	M1				12:00	12:30
Sun 07/11/2015	12	M1					
Sun 07/11/2015	13	M1					
Sun 07/11/2015	14	M1					
Sun 07/11/2015	15	M1					
Sun 07/11/2015	16	M1					
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Sun 07/11/2015	224	M1				</	

Date	Match	Division	Home	Away	Venue	Worship	Match Start
Sun.08/11/2015	39	W2N	Newcastle (Staffs) Ladies	Coventry & Warwick Rta	Madeley High School	11:30	12:00
Sun.08/11/2015	6	W2S	Bristol 2	Reading Aces	Ferry Leisure Centre	12:30	12:30
Sun.08/11/2015	22	W2S	Bristol 2	Oxford Ladies	Ferry Leisure Centre	11:30	12:00
Sun.08/11/2015	24	W2S	Reading Aces	Plymouth	Kendrick School	12:00	12:30
Sun.08/11/2015	25	W2S	Portsmouth	Richmond VB	Picory School	11:30	11:30
Sun.08/11/2015	29	W2S	Oxford Ladies	Reading Aces	Ferry Leisure Centre	11:30	12:00
Sun.08/11/2015	9	W3N	Loughborough Students	Manchester Marvels 2	Netball and Badminton Centre	12:30	13:00
Sun.08/11/2015	4	W3SE	Farnborough Devils	Tendring VC Ladies Academy	St Pauls Catholic School	15:00	15:30
Sun.08/11/2015	4	W3SE	Sussex Dolphins	Farnborough Devils	St Pauls Catholic School	17:00	17:30
Sun.08/11/2015	4	W3SE	Essex Juniors	Tendring VC Ladies Academy	St Pauls Catholic School	13:00	13:30
Sun.08/11/2015	6	W3SE	Essex Juniors	Barford Ladies	Kingston Arena	15:00	15:30
Sun.08/11/2015	6	W3SE	Richmond VB 2	Barford Ladies	Kingston Arena	15:00	15:30
Sun.08/11/2015	6	W3SE	Richmond VB 2	Essex Juniors	Kingston Arena	11:30	11:30
Sun.08/11/2015	3	W3SW	Mayflower	South Hants	Pyrisbrook School	10:30	11:00
Sun.08/11/2015	3	W3SW	Mayflower	Essex Juniors	Pyrisbrook School	11:00	11:30
Sun.08/11/2015	3	W3SW	Mayflower	Essex Juniors	Pyrisbrook School	11:30	12:00
Sun.08/11/2015	8	W3SW	Beach Academy	City of Bristol Ladies	West Buckland School	15:00	15:30
Sun.08/11/2015	8	W3SW	Beach Academy	Solent Ladies	West Buckland School	11:00	11:30
Sun.08/11/2015	8	W3SW	Solent Ladies	City of Bristol Ladies	West Buckland School	13:00	13:30
Sun.08/11/2015	22	W3SE	Pulsepoint London Orcas	City of Salford	Calus House Youth Centre	11:00	11:30
Sat.14/11/2015	20	M2S	Exeter Storm	Horndean Volleyball Club	Riverside Leisure Centre	11:30	12:00
Sat.14/11/2015	35	M2S	Richmond Men	Malory Eagles 2 (London)	Kingston Arena	14:30	15:00
Sat.14/11/2015	10	W2N	North Riding Eagles VC	Sunderland City Predators	Queens Campus	12:00	12:30
Sun.15/11/2015	79	W1	Oxford Students	Team Loughborough	St Gregory the Great's School	11:00	11:30
Sun.15/11/2015	38	W2S	Richmond VB	Cambridge Volleyball Club and Anglia Ruskin University	Kingston Arena	13:00	13:30
Sun.15/11/2015	56	W2S	Portsmouth	Bristol 2	Picory School	11:00	11:30
Sun.15/11/2015	7	W3SW	Team Southampton	Plymouth Mayflower	Crestwood College	16:00	16:30
Sun.15/11/2015	7	W3SW	Team Southampton	Wessex W2	Crestwood College	12:00	12:30
Sun.15/11/2015	7	W3SW	Wessex W2	Plymouth Mayflower	Crestwood College	14:00	14:30
Sat.21/11/2015	22	M1	St Albans Harriers 1	Essex Blaze	St Albans School for Girls	17:30	18:00
Sat.21/11/2015	24	M1	Tendring VC Men	Newcastle (Staffs) M1	Essex University Sports Hall	14:30	15:00
Sat.21/11/2015	33	M1	Manchester Marvels 1	Black Country Men 1	Ambridge Sports Centre	14:30	14:30
Sat.21/11/2015	70	M1	London Lynx 2	Black Country Men 1	UEL- SPORTS DOCK	14:30	14:30
Sat.21/11/2015	27	M2N	Loughborough Harriers	Loughborough Students Volleyball	Voyager Academy	13:00	13:30
Sat.21/11/2015	27	M2N	Loughborough Rockets 1	Loughborough Students Volleyball	Voyager Academy	13:00	13:30
Sat.21/11/2015	28	M2N	Northampton Rockets 1	Newcastle (Staffs) 2	Southgate SC	11:00	11:30
Sat.21/11/2015	7	M3N	Huddington Darlington	Hull Valley Thunder	Southgate SC	13:00	13:30
Sat.21/11/2015	7	M3N	Wigan Seahawks	Huddington Darlington	St Edmund Arowsmith Catholic High School	11:00	11:30
Sat.21/11/2015	20	M3S	Wigan Seahawks	Hull Valley Thunder	St Edmund Arowsmith Catholic High School	15:00	15:30
Sat.21/11/2015	21	M3S	Team Northumbria	Essex W1	UEL- SPORTS DOCK	11:30	12:00
Sat.21/11/2015	22	M3S	Malory Eagles (London)	Sheffield Hallam	Sport Central	15:30	16:00
Sat.21/11/2015	27	W1	Tarneside VC	Team Loughborough	Ernest Bevin College	14:45	15:15
Sat.21/11/2015	24	W2N	Manchester Marvels 1	Birmingham Volleyball Club 2	Fairfield High School	14:30	15:00
Sat.21/11/2015	25	W2N	Nottingham Rockets 1	Newcastle (Staffs) Ladies	Ambridge Sports Centre	17:00	17:30
Sat.21/11/2015	3	W3SE	Richmond VB 2	Farnborough Devils	Southgate SC	14:00	14:30
Sat.21/11/2015	3	W3SE	St Albans Harriers	Farnborough Devils	St Albans School for Girls	13:00	13:30
Sat.21/11/2015	3	W3SE	St Albans Harriers	Richmond VB 2	St Albans School for Girls	15:00	15:30
Sat.21/11/2015	19	W3SW	Witcham Valley	Richmond VB 2	St Albans School for Girls	11:00	11:30
Sat.21/11/2015	19	W3SW	Witcham Valley	Richmond VB 2	LeAF	11:00	11:30
Sat.21/11/2015	19	W3SW	Witcham Valley	Richmond VB 2	LeAF	13:00	13:30
Sat.21/11/2015	23	W3SW	Wessex W2	Canfield Colts Ladies	LeAF	15:30	16:00
Sat.21/11/2015	23	W3S	City of Salford	Pulsepoint London Orcas	Fit City Eccles	13:00	13:30
Sat.21/11/2015	24	W3S	Tendring VC Ladies	Paloma Side Out London	Essex University Sports Hall	17:00	17:30
Sat.21/11/2015	25	W3S	Team Northumbria	Wessex W1	Sport Central	12:45	13:15
Sat.21/11/2015	26	W3S	Malory Eagles (London)	Team South Wales	Ernest Bevin College	12:30	13:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun./22/11/2015	10	M1	Essex Blaze	Newcastle (Staffs) M1	Basildon Sporting Village	15:00	16:30
Sun./22/11/2015	21	M1	Birmingham Volleyball Club	Sheffield 3	Drug Elms Sports Centre	15:00	16:30
Sun./22/11/2015	22	M2	Sunderland City Predators	Sheffield 3	Chigwell Sports Centre	13:30	14:00
Sun./22/11/2015	23	M2S	Arun VC	Exeter Storm	Six Villages Sport Centre	12:30	13:00
Sun./22/11/2015	24	M2S	Melkay Eagles 2 (London)	Team Southampton 1	Ernest Bevin College	12:30	13:00
Sun./22/11/2015	43	M2S	Cardiff Celts	Nottingham Rockets 1	USW Sports Park	12:30	13:00
Sun./22/11/2015	7	M3C	Nuneaton	Hordean Volleyball Club	RAF Cranwell	14:30	15:00
Sun./22/11/2015	7	M3C	RAF Harriers	Nottingham Rockets 2	RAF Cranwell	14:30	15:00
Sun./22/11/2015	7	M3C	RAF Harriers	Nuneaton	RAF Cranwell	10:30	11:00
Sun./22/11/2015	8	M3C	Black Country Men 2	Lincoln Cannons	All Saints SC	14:15	14:45
Sun./22/11/2015	8	M3C	Sheffield Scorpions	Black Country Men 2	All Saints SC	12:15	12:45
Sun./22/11/2015	9	M3C	Sheffield Scorpions	Lincoln Cannons	All Saints SC	16:15	16:45
Sun./22/11/2015	9	M3C	Cambridge VC and Anglia Ruskin University	Darkest Derbyshire	North Cambridge Academy	13:00	13:30
Sun./22/11/2015	8	M3N	Intervolley Manchester	Manchester Marvels 2	Y Club	15:30	16:00
Sun./22/11/2015	8	M3N	Intervolley Manchester	Team Durham	Y Club	15:00	15:30
Sun./22/11/2015	8	M3N	Manchester Marvels 2	Team Durham	Y Club	15:00	15:30
Sun./22/11/2015	11	M3SE	Newmarket Leisure Centre	St Albans Harriers 2	Newmarket Leisure Centre	13:00	13:30
Sun./22/11/2015	11	M3SE	Newmarket Leisure Centre	St Albans Harriers 2	Newmarket Leisure Centre	13:00	13:30
Sun./22/11/2015	11	M3SE	Richmond VB 2	St Albans Harriers 2	Newmarket Leisure Centre	13:00	13:30
Sun./22/11/2015	8	M3SW	Bristol 1	South Hants	Turco Leisure Centre	13:00	13:30
Sun./22/11/2015	8	M3SW	Kerrow	Bristol 1	Turco Leisure Centre	11:00	11:30
Sun./22/11/2015	8	M3SW	Kerrow	South Hants	Turco Leisure Centre	15:00	15:30
Sun./22/11/2015	9	M3SW	Team Southampton 2	Oxford Students	Lavington School	13:00	13:30
Sun./22/11/2015	9	M3SW	Wiltshire Mavericks	Oxford Students	Lavington School	13:00	13:30
Sun./22/11/2015	9	M3SW	Wiltshire Mavericks	Team Southampton 2	Lavington School	15:00	15:30
Sun./22/11/2015	10	M3SW	Guilford International	Cardiff Celts 2	New Forest Volleyball Centre	13:00	13:30
Sun./22/11/2015	10	M3SW	New Forest	Cardiff Celts 2	New Forest Volleyball Centre	11:00	11:30
Sun./22/11/2015	10	M3SW	New Forest	Guilford International	New Forest Volleyball Centre	15:00	15:30
Sun./22/11/2015	7	M5B	London Docklands	Sheffield Hallam	Bacon's SC	12:10	12:40
Sun./22/11/2015	20	W1	Team Durham	Sheffield Hallam	Durham Uni	11:00	11:30
Sun./22/11/2015	26	W1	Oxford Students	Ashcombe Donning 1	St Gregory the Great's School	11:00	11:30
Sun./22/11/2015	29	W1	Herts VC	North & Wiltshire Mavericks	Queens School	11:00	11:30
Sun./22/11/2015	32	W1	South VC	North & Wiltshire Mavericks	Queens School	11:00	11:30
Sun./22/11/2015	26	W2N	Black VC	North Riding Eagles VC	Drug Elms Sports Centre	13:30	14:00
Sun./22/11/2015	27	W2N	DARKSTAR Derbyshire	Coventry & Warwick Riga	Garth Wood Community School	14:15	14:45
Sun./22/11/2015	28	W2N	Sunderland City Predators	Sheffield	CitySpace	10:30	11:00
Sun./22/11/2015	28	W2S	Richmond VB	Dulwich Tuskens	Kingspan Arena	11:00	11:30
Sun./22/11/2015	30	W2S	Plymouth	Plymouth	Coombe Dean School	13:00	13:30
Sun./22/11/2015	52	W5B	Team Northumbria	Pulsepoint London Orcas	Sport Central	11:30	12:00
Sun./22/11/2015	55	W5B	Tending VC Ladies	Team South Wales	Tending Technology College	13:15	13:45
Sat./28/11/2015	3	Challenge Series	England Junior Men	Wrexham M1	National Volleyball Centre	14:00	14:30
Sat./28/11/2015	3	Challenge Series	England Junior Women	Wrexham W1	National Volleyball Centre	14:00	14:30
Sat./28/11/2015	42	M1	Soleit	Coventry & Warwick Riga	Itchen College	14:00	14:30
Sat./28/11/2015	19	M2N	Nottingham Rockets 1	Sunderland City Predators	Southgate SC	14:00	14:30
Sat./28/11/2015	69	M2S	Team Southampton 1	Exeter Storm	Crestwood College	17:30	18:00
Sat./28/11/2015	12	W1	Bristol 1	Tameside VC	Abbeywood School	14:30	15:00
Sat./28/11/2015	14	W2N	Birmingham Volleyball Club 2	DARKSTAR Derbyshire	Drug Elms Sports Centre	15:00	15:30
Sat./28/11/2015	20	W2N	North Riding Eagles VC	Manchester Marvels 1	Whitby Leisure Centre	12:00	12:30
Sat./28/11/2015	35	W2N	Nottingham Rockets 1	Sunderland City Predators	Southgate SC	13:30	14:00
Sat./28/11/2015	28	W2S	Essex Trinity	Cambridge Volleyball Club and Anglia Ruskin University	Basildon Sporting Village	13:30	14:00
Sun./29/11/2015	4	Challenge Series	England Junior Men	Sheffield Hallam	National Volleyball Centre	11:30	12:00
Sun./29/11/2015	4	Challenge Series	England Junior Women	Team South Wales	National Volleyball Centre	11:30	12:00
Sun./29/11/2015	31	M2S	Arun VC	Richmond Men 2	Six Villages Sport Centre	12:30	13:00
Sun./29/11/2015	10	M3SE	Dartford Men	EBC Greenhouse (London)	Dartford Technology College	12:00	12:30
Sun./29/11/2015	10	M3SE	Dartford Men	London Aces	Dartford Technology College	16:00	16:30
Sun./29/11/2015	10	M3SE	EBC Greenhouse (London)	London Aces	Dartford Technology College	14:00	14:30
Sun./29/11/2015	10	M3SE	Birmingham Volleyball Club	Oxford Students	Joseph Leake Academy	12:30	13:00

Date	Match	Division	Home	Away	Venue	Wings-Up	Match Start
Sun/29/11/2015	63	W1	Bath & Wiltshire Mavericks	Tameside VC	Lavinton School	13:00	13:30
Sun/29/11/2015	3	W2S	Bristol 2	Richmond VB	Abbewood School	12:00	12:30
Sun/29/11/2015	34	W2S	Porsmouth	Oxford Ladies	Priory School	11:00	11:30
Sun/29/11/2015	10	M1	Essex Blaze	Newcastle Staffs	Basildon Sporting Village	12:00	12:30
Sun/29/11/2015	4	W3SW	Solent Ladies	City of Bristol Ladies	Oxley Sports Centre	13:00	13:30
Sun/29/11/2015	4	W3SW	Yeovil	City of Bristol Ladies	Oxley Sports Centre	15:00	15:30
Sun/29/11/2015	4	W3SW	Yeovil	Solent Ladies	Oxley Sports Centre	11:00	11:30
Sat/05/12/2015	41	M2S	Team Southampton 1	Richmond Men 2	Crestwood College	12:30	18:00
Sat/05/12/2015	86	W1	Bristol 1	Team Loughborough	Abbewood School	12:30	
Sat/05/12/2015	51	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Porsmouth	North Cambridge Academy	11:00	11:30
Sun/06/12/2015	9	M3N	Byth Valley	University of Manchester	PARKS LEISURE	11:00	11:30
Sun/06/12/2015	9	M3N	Byth Valley	York VC	PARKS LEISURE	15:00	15:30
Sun/06/12/2015	9	M3N	University of Manchester	York VC	PARKS LEISURE	13:00	13:30
Sun/06/12/2015	52	W1	Bath & Wiltshire Mavericks	Team Loughborough	Lavinton School	13:00	13:30
Sun/06/12/2015	8	W3C	Nonampton	Lincoln Cantons	RAF Cranwell	13:00	13:30
Sun/06/12/2015	8	W3C	RAF Hawks	Lincoln Cantons	RAF Cranwell	15:00	15:30
Sun/06/12/2015	8	W3C	RAF Hawks	Nonampton	RAF Cranwell	11:00	11:30
Sat/12/12/2015	26	M1	Black County Men 1	St Albans Harriers 1	Radhill School Sports Hall	11:00	11:30
Sat/12/12/2015	27	M1	Black County Men 2	St Albans Harriers 1	Radhill School Sports Hall	13:00	13:30
Sat/12/12/2015	28	M1	London Lynx 2	Teddington VC Men	UEL - SPORTSDOCK	14:30	15:00
Sat/12/12/2015	28	M1	Solent	Birmingham Volleyball Club	Ichon College	14:00	14:30
Sat/12/12/2015	32	M2N	Newcastle Staffs 2	Peterborough Harriers	Keele University	12:00	12:30
Sat/12/12/2015	33	M2N	Sunderland City Predators	Team Loughborough Lions	CitySpace	13:30	14:00
Sat/12/12/2015	27	M2S	Hordleand Volleyball Club	Arun VC	Priory School	12:30	13:00
Sat/12/12/2015	28	M2S	Richmond Men	Wessex M2	Kingston Arena	14:30	15:00
Sat/12/12/2015	23	M5B	London Docklands	BB Polonia London	Sobeil LC	12:10	12:40
Sat/12/12/2015	24	M5B	Malory Eagles (London)	London Lynx	Ernest Bevin College	14:45	15:15
Sat/12/12/2015	31	W1	Ascombe Dorking 1	Herts VC	Ascombe Volleyball Centre	11:30	12:00
Sat/12/12/2015	37	W1	Tameside VC	Worthing VC	Fairfield High School	14:30	15:00
Sat/12/12/2015	29	W2N	Newcastle Staffs Ladies	Manchester Marvels 1	Keele University	14:45	15:15
Sat/12/12/2015	32	W2N	Sunderland City Predators	DARKEST Derbyshire	CitySpace	11:00	11:30
Sat/12/12/2015	38	W2N	Birmingham Volleyball Club 2	Sheffield	CitySpace	10:30	11:00
Sat/12/12/2015	31	W3SE	Cambridge Volleyball Club and Anglia Ruskin University	Dunwich Jokers	Doug Ellis Sports Centre	11:00	11:30
Sat/12/12/2015	8	W3SE	St Albans Harriers	Bedford Ladies	North Cambridge Academy	11:00	11:30
Sat/12/12/2015	8	W3SE	St Albans Harriers	Teddington VC Ladies Academy	Bedford Ladies	11:00	11:30
Sat/12/12/2015	9	W3SE	Essex Juniors	Farnborough Devils	St Albans School for Girls	15:00	15:30
Sat/12/12/2015	27	W5B	Malory Eagles (London)	Teddington VC Ladies	Bowells School	11:00	11:30
Sat/12/12/2015	30	W5B	Wessex W1	Polonia Side Out London	Ernest Bevin College	12:30	13:00
Sat/12/12/2015	30	W5B	Wessex W1	Polonia Side Out London	Leaf	13:00	13:30
Sun/13/12/2015	34	M2N	Sheffield 2	Nottingham Rockets 1	All Saints SC	11:15	11:45
Sun/13/12/2015	23	M3SE	EBCC Greenhouse (London)	Norwich Spikers	Ernest Bevin College	11:00	11:30
Sun/13/12/2015	23	M3SE	EBCC Greenhouse (London)	Richmond VB 2	Ernest Bevin College	15:00	15:30
Sun/13/12/2015	23	M3SE	Norwich Spikers	Richmond VB 2	Ernest Bevin College	13:00	13:30
Sun/13/12/2015	25	M5B	London Lynx	London Docklands	UEL - SPORTSDOCK	11:30	12:00
Sun/13/12/2015	33	W1	Bath & Wiltshire Mavericks	Bristol 1	Lavinton School	13:00	13:30
Sun/13/12/2015	34	W1	Team Durham	Tameside VC	Durham Uni	13:30	14:00
Sun/13/12/2015	75	W1	Team Durham	Leeds VC	Durham Uni	11:00	11:30
Sun/13/12/2015	30	W2N	Birmingham Volleyball Club 2	Worthing VC	Doug Ellis Sports Centre	10:30	11:00
Sun/13/12/2015	31	W2N	Sheffield	Nottingham Rockets 1	All Saints SC	13:00	13:30
Sun/13/12/2015	32	W2S	Bristol 2	Essex Trinity	Abbewood School	15:00	15:30
Sun/13/12/2015	32	W2S	Bristol 2	Essex Trinity	Abbewood School	13:00	13:30
Sun/13/12/2015	49	W2S	Plymouth Aces	Plymouth	Abbewood School	11:00	11:30
Sun/13/12/2015	63	W2S	Peterborough Harriers Ladies	Norfolk Ladies	Vovager Academy	14:00	14:30
Sun/13/12/2015	9	W3C	Peterborough Harriers Ladies	Tamworth Spartans	Vovager Academy	10:00	10:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun, 13/12/2015	9	W3C	Tanworth Spartans	Norfolk Ladies	Voyager Academy	12:00	12:30
Sun, 13/12/2015	10	W3C	Telford Ladies	Black Country Redhill Tigers	1cat	11:30	12:00
Sun, 13/12/2015	8	W3N	Ashfield Vipers	Chester Amazons	Vision West	15:00	15:30
Sun, 13/12/2015	8	W3N	Ashfield Vipers	Wirral Wasps	Vision West	11:00	11:30
Sun, 13/12/2015	8	W3N	Chester Amazons	Wirral Wasps	Vision West	13:00	13:30
Sun, 13/12/2015	7	W3SE	Ashcombe Dorking 2	Richmond VB 2	Ashcombe Volleyball Centre	10:30	11:00
Sun, 13/12/2015	7	W3SE	Ashcombe Dorking 2	Sussex Dolphins	Ashcombe Volleyball Centre	14:30	15:00
Sun, 13/12/2015	7	W3SE	Richmond VB 2	Sussex Dolphins	Ashcombe Volleyball Centre	10:30	11:00
Sun, 13/12/2015	28	W3SE	Pulsepoint London Orcas	Polonia Side Out London	Caius House Youth Centre	11:30	13:00
Sat, 19/12/2015	34	M1	Tending VC Men	Solent	Essex University Sports Hall	12:30	13:00
Sat, 19/12/2015	51	M1	Manchester Marvels 1	London Lynx 2	Armitage Sports Centre	14:00	14:30
Sat, 19/12/2015	36	M2N	Essex Eschtrons	Newcastle (Staffs) 2	Boswells School	11:00	11:30
Sat, 19/12/2015	37	M2N	Peterborough Harriers	Sheffield 2	Voyager Academy	13:15	13:45
Sat, 19/12/2015	23	M2S	West Brom	Team Northampton 1	Essex Eschtrons	12:45	13:15
Sat, 19/12/2015	23	M2S	West Brom	Sheffield 2	Brighton Enterprise College	12:00	12:30
Sat, 19/12/2015	10	M3N	Hatfield Darlington	Intervalley Manchester	St Edmund Arossmith Catholic High School	13:00	13:30
Sat, 19/12/2015	10	M3N	Wigan Seahawks	Hatfield Darlington	St Edmund Arossmith Catholic High School	11:00	11:30
Sat, 19/12/2015	10	M3N	Wigan Seahawks	Intervalley Manchester	St Edmund Arossmith Catholic High School	15:00	15:30
Sat, 19/12/2015	27	M3S	Malory Eagles (London)	Team Northumbria	Ernest Bevin College	14:45	15:15
Sat, 19/12/2015	34	W2N	Manchester Marvels 1	Sheffield	Armitage Sports Centre	17:00	17:30
Sat, 19/12/2015	32	W2N	Manchester Marvels 1	Team Northumbria	Ernest Bevin College	12:30	13:00
Sat, 19/12/2015	32	W2S	Malory Eagles (London)	Team Northumbria	Ernest Bevin College	12:30	13:00
Sun, 20/12/2015	10	M3C	Cambridge VC and Anglia Ruskin University	Black Country Men 2	George Eliot School	13:00	13:30
Sun, 20/12/2015	10	M3C	Nuneaton	Cambridge VC and Anglia Ruskin University	George Eliot School	11:00	11:30
Sun, 20/12/2015	10	M3C	Nuneaton	Black Country Men 2	George Eliot School	15:00	15:30
Sun, 20/12/2015	11	M3C	Darkester Derbyshire	Lincoln Cannons	Southglade SC	12:00	12:30
Sun, 20/12/2015	11	M3C	Nottingham Rockets 2	Darkester Derbyshire	Southglade SC	10:00	10:30
Sun, 20/12/2015	11	M3C	Nottingham Rockets 2	Lincoln Cannons	Southglade SC	14:00	14:30
Sun, 20/12/2015	12	M3C	Sheffield Scorpions	RAF Harriers	All Saints SC	13:15	13:45
Sun, 20/12/2015	12	M3SE	Essex Juniors	Nonwich Spikers	Essex University Sports Hall	12:30	13:00
Sun, 20/12/2015	12	M3SE	Tending VC Men 2	Essex Juniors	Essex University Sports Hall	10:30	11:00
Sun, 20/12/2015	12	M3SE	Tending VC Men 2	Nonwich Spikers	Essex University Sports Hall	14:00	14:30
Sun, 20/12/2015	28	M3S	Wigan Seahawks	Team Northumbria	Brighton Enterprise College	14:30	15:00
Sun, 20/12/2015	36	W1	Herts VC	Team Loughborough	Queens School	11:00	11:30
Sun, 20/12/2015	36	W2N	DARKESTAR Derbyshire	North Riding Eagles VC	Derby Moore Community School	10:30	11:00
Sun, 20/12/2015	23	W2S	Dulwich Tuskers	Essex Trinity	Ernest Bevin College	12:30	13:00
Sun, 20/12/2015	39	W2S	New Forest Ladies	Essex Trinity	Ernest Bevin College	10:30	11:00
Sun, 20/12/2015	33	W2S	Polonia SideOut London	Peterborough	New Forest Volleyball Centre	11:00	11:30
Sat, 09/01/2016	36	M1	London Lynx 2	St Albans Harriers 1	UEL-SPORTSPOCK	14:30	15:00
Sat, 09/01/2016	37	M1	Tending VC Men	Birmingham Volleyball Club	Tending Technology College	12:30	13:00
Sat, 09/01/2016	39	M2N	Newcastle (Staffs) 2	Northumbria / Middlesbrough Academy	Madeley High School	12:00	12:30
Sat, 09/01/2016	40	M2N	Sunderland City Predators	Peterborough Harriers	CitySpace	12:00	12:30
Sat, 09/01/2016	33	M2S	Horndean Volleyball Club	City of Bristol	Priory School	12:30	13:00
Sat, 09/01/2016	34	M2S	Cardiff Celts	Arun VC	USW Sports Park	11:00	11:30
Sat, 09/01/2016	29	M2S	London Docklands	Wrexham M1	Sobeil LC	12:10	12:40
Sat, 09/01/2016	31	M2S	Leeds VC	Malory Eagles (London)	Gryphon Centre University of Leeds	12:15	12:45
Sat, 09/01/2016	32	M2S	Team Northumbria	London Lynx	Sport Central	15:30	16:00
Sat, 09/01/2016	40	W1	Ashtcombe Dorking 1	St Albans Harriers	Ashcombe Volleyball Centre	11:30	12:00
Sat, 09/01/2016	41	W1	Team Durham	Northumbria / Middlesbrough Academy	Ashcombe Volleyball Centre	14:00	14:30
Sat, 09/01/2016	44	W1	Team Durham	Herts VC	Durham High School	14:00	14:30
Sat, 09/01/2016	19	W2N	Sheffield	Newcastle (Staffs) Ladies	All Saints SC	13:45	14:15
Sat, 09/01/2016	12	W2S	Essex Trinity	New Forest Ladies	Baskin Sporting Village	13:30	14:00
Sat, 09/01/2016	34	W2S	City of Salford	Malory Eagles (London)	Flit City Eccles	13:30	13:30
Sat, 09/01/2016	35	W2S	Team Northumbria	Tending VC Ladies	Sport Central	12:45	13:15
Sun, 10/01/2016	41	M2N	Loughborough Students Volleyball	Peterborough Harriers	Victory Hall, Hoywell Fitness Centre	12:30	13:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun, 00/01/2016	43	M2N	Sheffield 2	Essex Esblions	All Saints SC	13:00	13:30
Sun, 00/01/2016	44	M2N	Reading 2	Essex Esblions	All Saints SC	13:00	13:30
Sun, 00/01/2016	38	M5B	Sheffield Hallam	Malory Eagles (London)	All Saints SC	13:15	13:45
Sun, 00/01/2016	34	M5B	Leeds VC	London Lynx	Ghoshon Centre University of Leeds	14:15	14:45
Sun, 00/01/2016	7	W1	Tanetide VC	Herts VC	Fairfield High School	11:00	11:30
Sun, 00/01/2016	43	W1	Team Loughborough	Bristol 1	Wellbeck College	11:30	12:00
Sun, 00/01/2016	41	W2N	Birmingham Volleyball Club 2	North Riding Eagles VC	Doug Ellis Sports Centre	10:30	11:00
Sun, 00/01/2016	42	W2N	Sheffield	Leeds VC	All Saints SC	11:15	11:45
Sun, 00/01/2016	42	W2S	Reading Aces	Dulwich Tuskies	Kendrick School	12:00	12:30
Sun, 00/01/2016	43	W2S	Portsmouth	Essex Trinity	Priority School	11:00	11:30
Sun, 00/01/2016	80	W2S	Richmond VB	Plymouth	Kingston Arena	12:00	12:30
Sun, 00/01/2016	11	W3C	Norfolk Ladies	Black Country Redhill Tigers	Voyager Academy	13:00	13:30
Sun, 00/01/2016	11	W3C	Peterborough Harriers Ladies	Norfolk Ladies	Voyager Academy	10:00	10:30
Sun, 00/01/2016	11	W3C	Peterborough Harriers Ladies	Black Country Redhill Tigers	Voyager Academy	14:00	14:30
Sun, 00/01/2016	12	W3C	Northampton	Lincoln Cannons	Winnecote Leisure Centre	13:30	14:00
Sun, 00/01/2016	12	W3C	Lincoln Spartans	Lincoln Cannons	Winnecote Leisure Centre	15:30	16:00
Sun, 00/01/2016	12	W3C	Lincoln Spartans	Northampton	Winnecote Leisure Centre	17:30	18:00
Sun, 00/01/2016	13	W3C	Harlow Hornets	Winnecote Leisure Centre	Winnecote Leisure Centre	17:30	18:00
Sun, 00/01/2016	13	W3N	City of Salford 2	Loughborough Students	FL City Eagles	16:00	16:30
Sun, 00/01/2016	36	W5B	Pulsepoint London Orcas	Wessex W1	Cauls House Youth Centre	11:00	11:30
Sun, 00/01/2016	37	W5B	City of Salford	Tending VC Ladies	FL City Eagles	13:00	13:30
Sat, 16/01/2016	32	M1	Newcastle (Staffs) M1	Essex Blaze	Madley High School	17:30	18:00
Sat, 16/01/2016	39	M1	London Lynx 2	Coventry & Warwick Riga	UEL- SPORTSDOCK	14:30	15:00
Sat, 16/01/2016	40	M1	Solent	St Albans Harriers 1	Itchen College	14:00	14:30
Sat, 16/01/2016	44	M2N	Team Loughborough Lions	Loughborough Students Volleyball	Limehurst Academy	11:30	12:00
Sat, 16/01/2016	46	M2N	Sheffield 2	Northumbria / Middleborough Academy	All Saints SC	13:45	14:15
Sat, 16/01/2016	47	M2N	Sunderland City Predators	Essex Esblions	CitySpace	12:00	12:30
Sat, 16/01/2016	48	M2N	Nottingham Rockets 1	Peterborough Harriers	Southlake SC	11:00	11:30
Sat, 16/01/2016	36	M2S	Horndean Volleyball Club	Team Southampton 1	Priority School	12:30	13:00
Sat, 16/01/2016	13	M3C	Black Country Men 2	Cambridge VC and Anglia Ruskin University	Redhill School Sports Hall	11:00	11:30
Sat, 16/01/2016	13	M3C	Black Country Men 2	Nottingham Rockets 2	Redhill School Sports Hall	15:00	15:30
Sat, 16/01/2016	13	M3C	Cambridge VC and Anglia Ruskin University	Nottingham Rockets 2	Redhill School Sports Hall	15:00	15:30
Sat, 16/01/2016	15	M3C	Lincoln Cannons	Sheffield Scorpions	Cherry Wilingham Community School	12:30	13:00
Sat, 16/01/2016	11	M3W	Bristol 1	New Forest	Abbeywood School	13:00	13:30
Sat, 16/01/2016	11	M3W	Team Southampton 2	New Forest	Abbeywood School	13:00	13:30
Sat, 16/01/2016	12	M3W	Guilford International	Wiltshire Mavericks	Purbrook Park School	13:00	13:30
Sat, 16/01/2016	12	M3W	South Hants	Guilford International	Purbrook Park School	11:00	11:30
Sat, 16/01/2016	12	M3W	Wiltshire Mavericks	Wiltshire Mavericks	Purbrook Park School	15:00	15:30
Sat, 16/01/2016	50	M5B	Wessex M1	Malory Eagles (London)	LeAF	13:00	13:30
Sat, 16/01/2016	51	M5B	Sheffield Hallam	London Lynx	All Saints SC	15:30	16:00
Sat, 16/01/2016	45	W1	Worthing VC	Herts VC	Worthing High School	12:30	13:00
Sat, 16/01/2016	47	W1	Birmingham Volleyball Club 1	Ascombe Dorking 1	Doug Ellis Sports Centre	12:30	13:00
Sat, 16/01/2016	44	W2N	Newcastle (Staffs) Ladies	North Riding Eagles VC	Madley High School	14:45	15:15
Sat, 16/01/2016	45	W2N	Nottingham Rockets 1	Manchester Marvels 1	Southlake SC	14:00	14:30
Sat, 16/01/2016	49	W5B	Wessex W1	Malory Eagles (London)	LeAF	15:00	15:30
Sat, 16/01/2016	51	W5B	Team South Wales	City of Salford	USW Sports Park	11:00	11:30
Sun, 17/01/2016	41	M1	Birmingham Volleyball Club	Black Country Men 1	Doug Ellis Sports Centre	15:30	16:00
Sun, 17/01/2016	50	M2N	Northumbria / Middleborough Academy	Essex Esblions	Middlesex College	12:00	12:30
Sun, 17/01/2016	38	M2S	Malory Eagles 2 (London)	Cardiff Cels	Ernest Bevin College	12:30	13:00
Sun, 17/01/2016	39	M2S	Wessex VC	North VC	RAF Lyneham	15:00	15:30
Sun, 17/01/2016	14	M3C	Derbyshire	Derbyshire	Derbyshire Community School	15:00	15:30
Sun, 17/01/2016	14	M3C	Derbyshire	Derbyshire	Derbyshire Community School	11:00	11:30
Sun, 17/01/2016	14	M3C	RAF Harriers	Nuneaton	Derbyshire Community School	13:00	13:30
Sun, 17/01/2016	14	M3N	Intervolley Manchester	Team Durham	Y Club	11:00	11:30
Sun, 17/01/2016	14	M3N	Intervolley Manchester	York VC	Y Club	15:00	15:30
Sun, 17/01/2016	14	M3N	Team Durham	York VC	Y Club	13:00	13:30

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Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat 23/01/2016	50	W1	Astcombe Dolphins 1	Team Loughborough	Astcombe Volleyball Centre	11:30	12:00
Sat 23/01/2016	49	W2N	North Riding Eagles VC	Sheffield	Sheffield	12:00	12:30
Sat 23/01/2016	51	W2N	Coventry & Warwick Rigas	Sunderland City Predators	Alans Campus	14:00	14:30
Sat 23/01/2016	52	W2N	Birmingham Volleyball Club 2	Norwich Stralis Ladies	Alans Higgs Centre	14:00	14:30
Sat 23/01/2016	53	W2S	Team South Wales	Pullerpoint London Orcas	Beafield Sports Village	13:00	14:00
Sat 23/01/2016	38	WS3	Team South Wales	Pullerpoint London Orcas	USW Sports Park	11:30	11:30
Sat 23/01/2016	39	WS3	Malory Eagles (London)	Polonia Side Out London	Ernest Bevin College	12:30	13:00
Sat 23/01/2016	40	WS3	Tending VC Ladies	Wessex W1	Tending Technology College	12:30	13:00
Sun 24/01/2016	47	M1	Coventry & Warwick Rigas	London Lynx 2	Alans Higgs Centre	16:00	16:30
Sun 24/01/2016	57	M2S	Loughborough Students Volleyball	Essex Estolians	Netball and Badminton Centre	12:30	13:00
Sun 24/01/2016	44	M2S	Malory Eagles 2 (London)	Wessex M2	Ernest Bevin College	12:30	13:00
Sun 24/01/2016	16	M3C	Danstar Derbyshire	Black Country Men 2	Cherry Willingham Community School	14:00	14:30
Sun 24/01/2016	16	M3C	Lincoln Cannons	Danstar Derbyshire	Cherry Willingham Community School	12:00	12:30
Sun 24/01/2016	16	M3C	Lincoln Cannons	Black Country Men 2	Cherry Willingham Community School	16:00	16:30
Sun 24/01/2016	17	M3C	Nottingham Rockets 2	Sheffield Scorpions	George Eliot School	13:00	13:30
Sun 24/01/2016	17	M3C	Nureabon	Nottingham Rockets 2	George Eliot School	15:00	15:30
Sun 24/01/2016	17	M3C	Nureabon	Sheffield Scorpions	George Eliot School	11:00	11:30
Sun 24/01/2016	18	M3C	RAF Harriers	Cambridge VC and Anglia Ruskin University	RAF Cranwell	10:30	11:00
Sun 24/01/2016	15	M3N	BVN Valley	Houghton Darlington	Joseph Rowntree School	13:00	13:30
Sun 24/01/2016	15	M3N	York VC	Byrn Valley	Joseph Rowntree School	11:00	11:30
Sun 24/01/2016	16	M3N	York VC	Team Durham	Joseph Rowntree School	15:00	15:30
Sun 24/01/2016	16	M3N	Team Durham	Wigan Seahawks	Durham Uni	11:00	11:30
Sun 24/01/2016	16	M3N	Wigan Seahawks	Hull Valley Thunder	Durham Uni	13:00	13:30
Sun 24/01/2016	17	M3SE	Darford Men	Essex Juniors	Kingsdon Arena	13:00	13:30
Sun 24/01/2016	17	M3SE	Richmond VB 2	Darford Men	Kingsdon Arena	11:00	11:30
Sun 24/01/2016	17	M3SE	London Aces	Essex Juniors	Kingsdon Arena	15:00	15:30
Sun 24/01/2016	18	M3SE	London Aces	Newmarket VC	Battersea Sports Centre	14:00	14:30
Sun 24/01/2016	18	M3SE	Newmarket VC	Norwich Spikers	Battersea Sports Centre	10:00	10:30
Sun 24/01/2016	18	M3SE	Newmarket VC	Norwich Spikers	Battersea Sports Centre	12:00	12:30
Sun 24/01/2016	14	M3SW	Cardiff Cells 2	Bristol 1	Lawington School	13:00	13:30
Sun 24/01/2016	14	M3SW	Wiltshire Mavericks	Cardiff Cells 2	Lawington School	15:00	15:30
Sun 24/01/2016	14	M3SW	Wiltshire Mavericks	Kernow	Lawington School	11:00	11:30
Sun 24/01/2016	15	M3SW	Guidford International	Team Southampton 2	Friends Life Sports Centre	11:15	11:45
Sun 24/01/2016	15	M3SW	Guidford International	Team Southampton 2	Friends Life Sports Centre	15:15	15:45
Sun 24/01/2016	15	M3SW	Kernow	Team Southampton 2	Friends Life Sports Centre	13:15	13:45
Sun 24/01/2016	16	M3SW	South Hants	Purbeck Park School	Purbeck Park School	11:00	11:30
Sun 24/01/2016	16	M3SW	South Hants	New Forest	Purbeck Park School	15:00	15:30
Sun 24/01/2016	16	M3SW	Sheffield Hallam	Oxford Students	Purbeck Park School	11:00	11:30
Sun 24/01/2016	38	M3S	Hens VC	Leeds VC	All Saints SC	13:15	13:45
Sun 24/01/2016	54	W1	Oxford Students	Tameside VC	Queens School	11:00	11:30
Sun 24/01/2016	55	W1	Worthing VC	Birmingham Volleyball Club 1	St Gregory the Great's School	11:00	11:30
Sun 24/01/2016	67	W1	Coventry & Warwick Rigas	Team Loughborough	Lancing Leisure Centre	12:30	13:00
Sun 24/01/2016	53	W2N	Leeds VC	Sheffield	Alans Higgs Centre	14:00	14:30
Sun 24/01/2016	54	W2N	Leeds VC	Nottingham Rockets 1	Gryphon Centre University of Leeds	14:15	14:45
Sun 24/01/2016	53	W2S	Bristol 2	Reading Aces	Abbeywood School	12:00	12:30
Sun 24/01/2016	54	W2S	Dulwich Liskens	Plymouth	Ernest Bevin College	12:30	13:00
Sun 24/01/2016	17	W3C	Norfolk Ladies	RAF Hawks	Easton College	11:00	11:30
Sun 24/01/2016	17	W3C	Norfolk Ladies	Black Country Redhill Tigers	Easton College	15:00	15:30
Sun 24/01/2016	17	W3C	RAF Hawks	Black Country Redhill Tigers	Easton College	13:00	13:30
Sun 24/01/2016	14	W3N	Crested Amazons	Wirral Wasps	FL City Eddes	13:00	13:30
Sun 24/01/2016	14	W3N	Wirral Wasps	Wirral Wasps	FL City Eddes	15:00	15:30
Sun 24/01/2016	14	W3N	Wirral Wasps	Wirral Wasps	FL City Eddes	13:00	13:30
Sun 24/01/2016	15	W3N	Ashted Vipers	York	The Education Village	13:00	13:30
Sun 24/01/2016	15	W3N	Houghton Darlington	Ashted Vipers	The Education Village	11:00	11:30
Sun 24/01/2016	15	W3N	Houghton Darlington	York	The Education Village	15:00	15:30
Sun 24/01/2016	12	W3SE	Farnborough Devils	Darford Ladies	Tending Technology College	12:30	13:00
Sun 24/01/2016	12	W3SE	Tending VC Ladies Academy	Darford Ladies	Tending Technology College	14:30	15:00

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun/07/02/2016	36	W2S	Essex Trinity	Reading Aces	Baileon Sporting Village	12:00	12:30
Sun/07/02/2016	37	W2S	Dulwich Tinklers	Bristol 2	Ernest Bevin College	12:30	13:00
Sun/07/02/2016	18	W3C	Lincoln Cannons	Norfolk Ladies	Cherry Willingham Community School	12:00	12:30
Sat/13/02/2016	48	M1	London Lynx 2	Black Country Men 1	DEL - SPORTSDOCK	14:30	15:00
Sat/13/02/2016	49	M1	Solent	Essex Blaze	Itchen College	14:00	14:30
Sat/13/02/2016	50	M1	Tending V.C. Men	Covertry & Warwick Rifa	Tending Technology College	12:30	13:00
Sat/13/02/2016	51	M1	King's Men	Southampton	Southampton Sports Centre	12:30	13:00
Sat/13/02/2016	52	M2N	Nottingham Rockets 1	Norfolk / Middlesex Academy	Southlake SC	14:00	14:30
Sat/13/02/2016	53	M2N	Peterborough Harriers	Essex Esportians	Vorwerk Academy	13:15	13:45
Sat/13/02/2016	54	M2N	Team Loughborough Lions	Newcastle Staffs 2	Linemur Academy	11:30	12:00
Sat/13/02/2016	24	M2S	Wessex M2	Horndean Volleyball Club	Leaf	11:00	11:30
Sat/13/02/2016	39	M2S	Team Northumbria	Leeds VC	Sport Central	15:30	16:00
Sat/13/02/2016	40	M2S	IBB Polonia London	London Lynx	Brentford Leisure Centre	14:30	15:00
Sat/13/02/2016	41	M2S	Wessex M1	Sheffield Hallam	Leaf	15:30	16:00
Sat/13/02/2016	56	W1	Worthing VC	Bath & Wiltshire Mavericks	Worthing High School	12:30	13:00
Sat/13/02/2016	57	W1	Tameside VC	Bristol 1	Fairfield High School	14:30	15:00
Sat/13/02/2016	58	W1	Team Durham	Ascombe Dorking 1	Durham Uni	14:00	14:30
Sat/13/02/2016	55	W2N	Nottingham Rockets 1	Covertry & Warwick Rifa	Southlake SC	11:00	11:30
Sat/13/02/2016	56	W2N	Manchester Marvels 1	Leeds VC	Amritage Sports Centre	17:00	17:30
Sat/13/02/2016	21	W2S	Sunderland City Predators	Norfolk Eagles VC	CitySpace	11:30	11:30
Sat/13/02/2016	21	W2S	Cambridge Volleyball Club and Anglia Ruskin University	North Forest Ladies	Abbeywood School	13:30	14:00
Sat/13/02/2016	21	W2S	Bristol 2	Northampton Volleyball Club and Anglia Ruskin University	Abbeywood School	13:30	14:00
Sat/13/02/2016	16	W3N	Loughborough Students	Ascombe Dorking 2	Northampton Sports Centre	16:30	17:00
Sat/13/02/2016	16	W3N	Loughborough Students	Manchester Marvels 2	Norfolk and Badminton Centre	12:30	13:00
Sat/13/02/2016	16	W3N	Manchester Marvels 2	Ashted Vipers	Norfolk and Badminton Centre	14:30	15:00
Sat/13/02/2016	42	WSB	Team Northumbria	City of Salford	Sport Central	12:45	13:15
Sat/13/02/2016	43	WSB	Wessex W1	Team South Wales	Leaf	13:00	13:30
Sun/14/02/2016	53	M1	Tending V.C. Men	Essex Blaze	Tending Technology College	12:30	13:00
Sun/14/02/2016	54	M1	Birmingham Volleyball Club	Newcastle Staffs M1	Doug Ellis Sports Centre	10:30	11:00
Sun/14/02/2016	62	M2N	Sheffield 2	Loughborough Students Volleyball	All Saints SC	11:15	11:45
Sun/14/02/2016	45	M2S	Richmond Men	Exeter Storm	Kingsdon Arena	13:00	13:30
Sun/14/02/2016	46	M2S	Wessex M2	City of Bristol	Leaf	12:30	13:00
Sun/14/02/2016	47	M2S	Arun VC	Malory Eagles 2 (London)	Six Villages Sport Centre	14:00	14:30
Sun/14/02/2016	7	M2SE	Essex Juniors	London Aces	Boswells School	15:00	15:30
Sun/14/02/2016	7	M2SE	Essex Juniors	Norwich Spikers	Boswells School	11:00	11:30
Sun/14/02/2016	7	M2SE	Norwich Spikers	London Aces	Boswells School	13:00	13:30
Sun/14/02/2016	69	W1	Oxford Students	Herts VC	St Gregory the Greats School	11:00	11:30
Sun/14/02/2016	66	W1	Ascombe Dorking 1	Ascombe Dorking 1	Fairfield High School	11:00	11:30
Sun/14/02/2016	59	W2N	Southampton	Northampton Volleyball Club 2	Southampton Sports Centre	13:30	14:00
Sun/14/02/2016	59	W2N	DABKST AR Derbyshire	Newcastle Staffs Ladies	Deodar Leisure Centre	10:30	11:00
Sun/14/02/2016	58	W2S	Oxford Ladies	Dulwich Tinklers	Ferry Leisure Centre	12:00	12:30
Sun/14/02/2016	59	W2S	New Forest Ladies	Essex Trinity	New Forest Volleyball Centre	11:00	11:30
Sun/14/02/2016	20	W3C	Peterborough Harriers Ladies	Lincoln Cannons	RAF Cranwell	13:00	13:30
Sun/14/02/2016	20	W3C	RAF Hawks	Lincoln Cannons	RAF Cranwell	15:00	15:30
Sun/14/02/2016	21	W3C	RAF Hawks	Peterborough Harriers Ladies	RAF Cranwell	11:00	11:30
Sun/14/02/2016	21	W3C	Norfolk Ladies	Northampton	Eaton College	11:00	11:30
Sun/14/02/2016	17	W3N	City of Salford 2	Houghton Darlington	Fit City Eccles	11:00	11:30
Sun/14/02/2016	17	W3N	Worthing Wasp	Wirral Wasps	Fit City Eccles	15:00	15:30
Sun/14/02/2016	18	W3N	York	Chesler Amazons	Fit City Eccles	13:00	13:30
Sun/14/02/2016	17	W3N	Ascombe Dorking 2	Dartford Ladies	Joseph Rowntree School	11:00	11:30
Sun/14/02/2016	15	W2SE	Ascombe Dorking 2	Dartford Ladies	Ascombe Volleyball Centre	14:30	15:00
Sun/14/02/2016	15	W2SE	St Albans Harriers	St Albans Harriers	Ascombe Volleyball Centre	10:30	11:00
Sun/14/02/2016	15	W2SE	St Albans Harriers	Dartford Ladies	Ascombe Volleyball Centre	12:30	13:00
Sun/14/02/2016	15	W2SW	Beach Academy	Team Southampton	West Buckland School	15:00	15:30
Sun/14/02/2016	15	W2SW	Beach Academy	Team Southampton	West Buckland School	15:00	15:30
Sun/14/02/2016	15	W2SW	Yeovil	Team Southampton	West Buckland School	15:00	15:30
Sun/14/02/2016	16	W2SW	Solent Ladies	South Hants	Woodlands Community School	15:00	15:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,14/02/2016	16	W3SW	Solent Ladies	Wessex W2	Woodlands Community School	11:00	11:30
Sun,14/02/2016	16	W3SW	Wessex W2	South Hants	Woodlands Community School	13:00	13:30
Sun,14/02/2016	17	W3SW	Cardiff Celts Ladies	City of Bristol Ladies	USW Sports Park	11:00	11:30
Sun,14/02/2016	17	W3SW	Cardiff Celts Ladies	Plymouth Mayflower	USW Sports Park	15:00	15:30
Sun,14/02/2016	17	W3SW	City of Bristol Ladies	Plymouth Mayflower	USW Sports Park	13:00	13:30
Sun,14/02/2016	10	W3S	Wessex W1	Tending VC Ladies	LeAF	12:00	12:30
Sun,14/02/2016	44	W3S	Pulsepoint London Orcas	Malory Eagles (London)	Catus House Youth Centre	11:00	11:30
Sat,20/02/2016	5	Challenge Series	England Junior Men	Malory Eagles (London)	National Volleyball Centre	14:00	14:30
Sat,20/02/2016	5	Challenge Series	England Junior Women	Malory Eagles (London)	National Volleyball Centre	14:00	14:30
Sat,20/02/2016	20	W3N	Yull Valley Thunder	University of Manchester	Joseph Rowntree School	13:00	13:30
Sat,20/02/2016	20	W3N	Yull Valley Thunder	University of Manchester	Joseph Rowntree School	15:00	15:30
Sat,20/02/2016	21	M3SW	Kernow	Cardiff Celts 2	St Gregory the Greats School	13:30	14:00
Sat,20/02/2016	21	M3SW	Oxford Students	Cardiff Celts 2	St Gregory the Greats School	15:30	16:00
Sat,20/02/2016	21	M3SW	Oxford Students	Kernow	St Gregory the Greats School	13:30	16:00
Sat,20/02/2016	21	W2N	Manchester Marvels 1	Nottingham Rockets 1	Amrlage Sports Centre	11:30	12:00
Sat,20/02/2016	51	W2N	Manchester Marvels 1	DARKESTAR Derbyshire	Amrlage Sports Centre	17:00	17:30
Sat,20/02/2016	51	W2N	Manchester Marvels 1	DARKESTAR Derbyshire	Amrlage Sports Centre	14:00	14:30
Sun,21/02/2016	6	Challenge Series	England Junior Men	IBB Polonia London	National Volleyball Centre	11:30	12:00
Sun,21/02/2016	6	Challenge Series	England Junior Women	Polonia Side Out London	National Volleyball Centre	11:30	12:00
Sun,21/02/2016	8	M3SE	Dartford Men	Tending VC Men 2	Newmarket Leisure Centre	13:00	13:30
Sun,21/02/2016	8	M3SE	Dartford Men	Dartford Men	Newmarket Leisure Centre	11:00	11:30
Sun,21/02/2016	8	M3SE	Newmarket VC	Tending VC Men 2	Newmarket Leisure Centre	15:00	15:30
Sun,21/02/2016	23	W1	Bath & Wiltshire Mavericks	Oxford Students	Langston School	11:00	11:30
Sun,21/02/2016	23	W1	New Forest Ladies	Richmond VB	New Forest Volleyball Centre	13:00	13:30
Sun,21/02/2016	19	W3N	City of Salford 2	Chester Amazons	Amrlage Sports Centre	12:00	12:30
Sun,21/02/2016	19	W3N	Manchester Marvels 2	Chester Amazons	Amrlage Sports Centre	14:00	14:30
Sun,21/02/2016	19	W3N	Manchester Marvels 2	City of Salford 2	Amrlage Sports Centre	10:00	10:30
Sun,21/02/2016	19	W3SE	Exeter Storm	South Hants	USW Sports Park	11:00	11:30
Sun,21/02/2016	18	W3SW	Solent Ladies	South Hants	Woodlands Community School	11:00	11:30
Sun,21/02/2016	18	W3SW	Solent Ladies	Team Southampton	Woodlands Community School	15:00	15:30
Sun,21/02/2016	18	W3SW	Team Southampton	South Hants	Woodlands Community School	13:00	13:30
Sat,27/02/2016	55	M1	Black Country Men 1	Solent	Redhill School Sports Hall	14:00	14:30
Sat,27/02/2016	57	M1	Coventry & Warwick Riga	Manchester Marvels 1	Alan Higgs Centre	16:00	16:30
Sat,27/02/2016	58	M1	St Albans Harriers 1	Birmingham Volleyball Club	St Albans School for Girls	17:30	18:00
Sat,27/02/2016	59	M1	Newcastle (Staffs) M1	London Lynx 2	Keele University	17:30	18:00
Sat,27/02/2016	64	M2N	Loughborough Students Volleyball	Sunderland City Predators	Victory Hall, Holywell Fitness Centre	12:30	13:00
Sat,27/02/2016	66	M2N	Northumbria / Middlesbrough Academy	Peterborough Harriers	Middlesbrough College	12:30	12:30
Sat,27/02/2016	67	M2N	Essex Esblonians	Team Loughborough Lions	Basildon Sporting Village	13:30	14:00
Sat,27/02/2016	68	M2N	Newcastle (Staffs) 2	Sheffield 2	Keele University	12:30	12:30
Sat,27/02/2016	25	M2S	Exeter Storm	Malory Eagles 2 (London)	Riverside Leisure Centre	14:30	15:00
Sat,27/02/2016	48	M2S	Exeter Storm	Cardiff Celts	Riverside Leisure Centre	11:30	12:00
Sat,27/02/2016	50	M2S	City of Bristol	Arun VC	Brinsford Leisure Centre	17:00	17:30
Sat,27/02/2016	51	M2S	London Volleyball Club	Richmond Men 2	Priory School	12:30	13:00
Sat,27/02/2016	1	M3SW	New Forest	Guilford International	Pulbrook Park School	13:00	13:30
Sat,27/02/2016	1	M3SW	South Hants	Guilford International	Pulbrook Park School	15:00	15:30
Sat,27/02/2016	1	M3SW	South Hants	New Forest	Pulbrook Park School	11:00	11:30
Sat,27/02/2016	42	M3S	Team Northumbria	London Docklands	Sport Central	15:30	16:00
Sat,27/02/2016	44	M3S	Malory Eagles (London)	Wessex M1	Ernest Bevin College	14:45	15:15
Sat,27/02/2016	45	M3S	London Lynx	Sheffield Hallam	UEL- SPORTSDOCK	11:30	12:00
Sat,27/02/2016	21	W1	Ashcombe Dorking 1	Tameside VC	Ashcombe Valleyball Centre	15:00	15:30
Sat,27/02/2016	60	W2N	North Riding Eagles VC	Nottingham Rockets 1	Queens Campus	12:00	12:30
Sat,27/02/2016	61	W2N	Coventry & Warwick Riga	Manchester Marvels 1	Alan Higgs Centre	14:00	14:30
Sat,27/02/2016	62	W2N	Newcastle (Staffs) Ladies	Sheffield	Keele University	14:45	15:15
Sat,27/02/2016	61	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Oxford Ladies	North Cambridge Academy	11:00	11:30
Sat,27/02/2016	20	W3N	Ashfield Vipers	Chester Amazons	Vison West	11:00	11:30
Sat,27/02/2016	20	W3N	Ashfield Vipers	Manchester Marvels 2	Vison West	15:00	15:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat 27/02/2016	20	W3N	Manchester Marvels 2	Chester Amazons	Vision West	13:00	13:30
Sat 27/02/2016	45	WS8	Polepoint Sidout London	Polepoint London Orcas	St. Benedict's School	17:30	18:00
Sat 27/02/2016	47	WS8	Team Northumbria	Team South Wales	St. Benedict's School	12:45	13:15
Sat 27/02/2016	48	WS8	Tending VC Ladies	Watry Eagles (London)	Tending Technology College	12:30	13:00
Sun 28/02/2016	68	M2N	Northumbria / Middlebrough Academy	Loughborough Students Volleyball	Middlebrough College	12:00	12:30
Sun 28/02/2016	69	M3N	Team Northumbria	Team Northumbria	Y Club	10:00	10:30
Sun 28/02/2016	21	M3N	Intercollier Manchester	University of Manchester	Y Club	14:00	14:30
Sun 28/02/2016	21	M3N	Intercollier Manchester	University of Manchester	Y Club	12:00	12:30
Sun 28/02/2016	46	MS8	Manchester Marvels 2	London Docklands	Gryphon Centre University of Leeds	14:15	14:45
Sun 28/02/2016	47	MS8	Leeds VC	BB Polonia London	Sport Central	13:15	13:45
Sun 28/02/2016	62	W1	Team Northumbria	Oxford Students	Abbeywood School	12:00	12:30
Sun 28/02/2016	64	W1	Herts VC	Birmingham Volleyball Club 1	Queens School	11:00	11:30
Sun 28/02/2016	65	W1	Team Loughborough	Team Durham	Watbeck School	11:30	12:00
Sun 28/02/2016	82	W1	Worthing VC	Tameside VC	Lancrig Leisure Centre	12:30	13:00
Sun 28/02/2016	63	W2N	Birmingham Volleyball Club 2	Sunderland City Predators	Doug Ellis Sports Centre	10:30	11:00
Sun 28/02/2016	64	W2S	Oxford Ladies	Richmond VB	Ferry Leisure Centre	12:00	12:30
Sun 28/02/2016	64	W2S	Dulwich Tuskers	New Forest Ladies	Ernest Bevin College	12:30	13:00
Sun 28/02/2016	65	W2S	Reading Aces	Portsmouth	Kendrick School	12:00	12:30
Sun 28/02/2016	1	W3C	Peterborough Harriers Ladies	RAF Hawks	Tcat	12:30	13:00
Sun 28/02/2016	1	W3C	Tallord Ladies	Peterborough Harriers Ladies	Tcat	10:30	11:00
Sun 28/02/2016	1	W3G	Tallord Ladies	RAF Hawks	Tcat	11:00	11:30
Sun 28/02/2016	1	W3N	Harrogate Dragons	Harrogate	Harrogate	14:30	15:00
Sun 28/02/2016	1	W3N	Loughborough Students	City of Salford 2	Netball and Badminton Centre	16:30	17:00
Sun 28/02/2016	1	W3N	Loughborough Students	Haughton Darlington	Netball and Badminton Centre	12:30	13:00
Sun 28/02/2016	18	W3SE	Dartford Ladies	Essex Juniors	Dartford Technology College	12:00	12:30
Sun 28/02/2016	64	W3SE	Dartford Ladies	Sussex Dolphins	Dartford Technology College	16:00	16:30
Sun 28/02/2016	18	W3SE	Essex Juniors	Sussex Dolphins	Dartford Technology College	14:00	14:30
Sun 28/02/2016	31	WS8	City of Salford	Team South Wales	Fit City Eccles	13:00	13:30
Sat 05/03/2016	56	M1	Essex Blaze	Tending VC Men	Basildon Sporting Village	13:30	14:00
Sat 05/03/2016	85	M1	Newcastle (Staffs) M1	Coventry & Warwick Riga	Keele University	17:30	18:00
Sat 05/03/2016	76	M2N	Newcastle (Staffs) 2	Nottingham Rockets 1	Keele University	12:00	12:30
Sat 05/03/2016	52	M2S	Exeter Storm	Team Southampton	Ashmoor Recreation Centre	11:30	12:00
Sat 05/03/2016	60	M2S	Cardiff Cels	Richmond Men 2	USW Sports Park	11:00	11:30
Sat 05/03/2016	43	MS8	Leeds VC	BB Polonia London	Gryphon Centre University of Leeds	12:15	12:45
Sat 05/03/2016	51	W1	Bristol 1	Worthing VC	Abbeywood School	12:00	12:30
Sat 05/03/2016	72	W2N	Newcastle (Staffs) Ladies	Nottingham Rockets 1	Keele University	14:45	15:15
Sat 05/03/2016	50	WS8	Team South Wales	Tending VC Ladies	USW Sports Park	11:00	11:30
Sun 06/03/2016	12	M2N	University of Manchester	Byth Valley	Studen Centre	14:00	14:30
Sun 06/03/2016	12	M2N	University of Manchester	Byth Valley	Studen Centre	14:00	14:30
Sun 06/03/2016	12	M2N	University of Manchester	Byth Valley	Studen Centre	14:00	14:30
Sun 06/03/2016	13	W1	Bath & Wiltshire Mavericks	Worthing VC	Langdon School	12:00	12:30
Sun 06/03/2016	64	W2N	Birmingham Volleyball Club 1	Team Loughborough	Doug Ellis Sports Centre	13:00	13:30
Sun 06/03/2016	64	W2N	Leeds VC	DARKSTAR Derbyshire	Gryphon Centre University of Leeds	14:15	14:45
Sun 06/03/2016	69	W2S	Plymouth	Reading Aces	Coombe Dean School	11:30	12:00
Sun 06/03/2016	79	W2S	Oxford Ladies	Portsmouth	Ferry Leisure Centre	12:00	12:30
Sun 06/03/2016	11	WS8	Polepoint London Orcas	Team South Wales	Claus House Youth Centre	11:00	11:30
Sat 12/03/2016	63	M1	St Albans Harriers 1	Coventry & Warwick Riga	St Albans School for Girls	17:30	18:00
Sat 12/03/2016	64	M1	Solent	Newcastle (Staffs) M1	Itchen College	14:00	14:30
Sat 12/03/2016	72	M1	Manchester Marvels 1	Birmingham Volleyball Club	Armitage Sports Centre	14:00	14:30
Sat 12/03/2016	63	M2N	Sunderland City Predators	Newcastle (Staffs) 2	CitySpace	13:30	14:00
Sat 12/03/2016	70	M2N	Nottingham Rockets 1	Loughborough Students Volleyball	Southside SC	11:00	11:30
Sat 12/03/2016	72	M2N	Essex Esblans	Northumbria / Middlebrough Academy	Basildon Sporting Village	13:30	14:00
Sat 12/03/2016	73	M2N	Team Loughborough Lions	Sheffield 2	Limhurst Academy	11:30	12:00
Sat 12/03/2016	21	M3C	Cambridge VC and Anglia Ruskin University	Lincoln Cannons	North Cambridge Academy	14:00	14:30
Sat 12/03/2016	21	M3C	Cambridge VC and Anglia Ruskin University	RAF Harriers	North Cambridge Academy	10:00	10:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sat.12/03/2016	21	M3C	RAF Harriers	Lincoln Cannons	North Cambridge Academy	12:00	12:30
Sat.12/03/2016	20	M3SE	Norwich Spikers	Dartford Men	Easton College	15:00	15:30
Sat.12/03/2016	20	M3SE	Norwich Spikers	Richmond VB 2	Easton College	11:00	11:30
Sat.12/03/2016	20	M3SE	Richmond VB 2	Dartford Men	Easton College	13:00	13:30
Sat.12/03/2016	22	M3SW	Guldford International	Kernow	Ferry Leisure Centre	13:30	14:00
Sat.12/03/2016	22	M3SW	Oxford Students	Guldford International	Ferry Leisure Centre	11:30	12:00
Sat.12/03/2016	22	M3SW	Oxford Students	Kernow	Ferry Leisure Centre	15:30	16:00
Sat.12/03/2016	49	M3B	Leeds Vipers	Team Northumbria	Social LLC	12:10	12:40
Sat.12/03/2016	53	M3B	Leeds Vipers	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	53	M3B	Leeds Vipers	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	65	W2N	Nottingham Rockets 1	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	65	W2N	Nottingham Rockets 1	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	68	W2N	Manchester Mavericks 1	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	68	W2N	Manchester Mavericks 1	Sheffield Raiders	Social LLC	12:10	12:40
Sat.12/03/2016	69	W2N	Sunderland City Predators	North Riding Eagles VC	Amritage Sports Centre	17:00	17:30
Sat.12/03/2016	29	W1SB	Tending VC Ladies	Newcastle (Staffs) Ladies	ClickSpace	11:00	11:30
Sat.12/03/2016	29	W1SB	Tending VC Ladies	Newcastle (Staffs) Ladies	ClickSpace	11:00	11:30
Sat.12/03/2016	46	W1SB	City of Salford	Pulsepoint London Orcas	Tending Technology College	12:30	13:00
Sat.12/03/2016	46	W1SB	City of Salford	Wessex W1	Fit City Ecodes	13:00	13:30
Sun.13/03/2016	65	M1	Black Country Men 1	Essex Blaze	Redhill School Sports Hall	14:00	14:30
Sun.13/03/2016	53	M2S	Wessex M2	Essex Storm	LeAF	14:00	14:30
Sun.13/03/2016	54	M2S	Arum VC	Team Southampton 1	St Villages Sport Centre	12:30	13:00
Sun.13/03/2016	55	M2S	Malory Eagles 2 (London)	City of Bristol	Ernest Bevin College	12:30	13:00
Sun.13/03/2016	22	M3C	Nuneaton	Darkestar Derbyshire	All Saints SC	13:15	13:45
Sun.13/03/2016	22	M3C	Sheffield Scorpions	Darkestar Derbyshire	All Saints SC	15:15	15:45
Sun.13/03/2016	22	M3C	Sheffield Scorpions	Nuneaton	All Saints SC	11:15	11:45
Sun.13/03/2016	22	M3N	Team Durham	Wigan Seateawks	Amritage Sports Centre	13:00	13:30
Sun.13/03/2016	22	M3N	University of Manchester	Team Durham	Suspen Centre	11:00	11:30
Sun.13/03/2016	22	M3N	University of Manchester	Wigan Seateawks	Suspen Centre	15:00	15:30
Sun.13/03/2016	24	M3N	Wigan Seateawks	Team Durham	Suspen Centre	13:00	13:30
Sun.13/03/2016	24	M3N	Wigan Seateawks	Team Durham	Suspen Centre	15:00	15:30
Sun.13/03/2016	24	M3N	Hull Valley Thunder	Manchester Mavericks 2	The Trinity Academy	13:30	14:00
Sun.13/03/2016	24	M3N	Hull Valley Thunder	Manchester Mavericks 2	The Trinity Academy	15:30	16:00
Sun.13/03/2016	21	M3SE	EBG Greenhouse (London)	London Aces	Tending Technology College	12:30	13:00
Sun.13/03/2016	21	M3SE	Tending VC Men 2	EBG Greenhouse (London)	Tending Technology College	10:30	11:00
Sun.13/03/2016	21	M3SE	Essex Juniors	London Aces	Tending Technology College	14:30	15:00
Sun.13/03/2016	22	M3SE	Essex Juniors	Newmarket VC	Bozwell's School	15:00	15:30
Sun.13/03/2016	22	M3SE	Essex Juniors	St Albans Harriers 2	Bozwell's School	11:00	11:30
Sun.13/03/2016	22	M3SE	St Albans Harriers 2	Newmarket VC	Bozwell's School	13:00	13:30
Sun.13/03/2016	23	M3SW	Bristol 1	South Hants	Lawington School	13:00	13:30
Sun.13/03/2016	23	M3SW	Wiltshire Mavericks	Bristol 1	Lawington School	15:00	15:30
Sun.13/03/2016	23	M3SW	Wiltshire Mavericks	South Hants	Lawington School	11:00	11:30
Sun.13/03/2016	24	M3SW	Cardiff Cels 2	New Forest	Crestwood College	14:00	14:30
Sun.13/03/2016	24	M3SW	Team Southampton 2	Cardiff Cels 2	Crestwood College	12:00	12:30
Sun.13/03/2016	24	M3SW	Team Southampton 2	New Forest	Crestwood College	16:00	16:30
Sun.13/03/2016	24	M3SW	Team Southampton 2	New Forest	Crestwood College	18:00	18:30
Sun.13/03/2016	82	W3B	London Lixx	Team Northumbria	VEL - SHON SDOCK	11:30	12:00
Sun.13/03/2016	82	W3B	Oxford Students	Team Northumbria	VEL - SHON SDOCK	11:30	12:00
Sun.13/03/2016	89	W1	Cardiff Cels	Cardiff Cels	Cardiff Cels	11:30	11:30
Sun.13/03/2016	67	W1	Birmingham Volleyball Club 1	Team Durham	Donig Ellis Sports Centre	12:30	13:00
Sun.13/03/2016	67	W1	Leeds VC	Coventry & Warwick Rpta	Gryphon Centres University of Leeds	14:15	14:45
Sun.13/03/2016	69	W2N	DARKESTAR Derbyshire	Sheffield	Derby Moore Community School	10:30	11:00
Sun.13/03/2016	11	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Plymouth	New Forest Volleyball Centre	13:00	13:30
Sun.13/03/2016	44	W2S	Oxford Ladies	New Forest Ladies	New Forest Volleyball Centre	11:00	11:30
Sun.13/03/2016	67	W2S	Oxford Ladies	Bristol 2	Ferry Leisure Centre	12:00	12:30
Sun.13/03/2016	68	W2S	New Forest Ladies	Cambridge Volleyball Club and Anglia Ruskin University	New Forest Volleyball Centre	15:00	15:30
Sun.13/03/2016	70	W2S	Richmond VB	Perismonth	Kingston Arena	13:00	13:30
Sun.13/03/2016	22	W3C	Northampton	Peterborough Harriers Ladies	Moulton College	16:00	16:30
Sun.13/03/2016	22	W3C	Northampton	Telford Ladies	Moulton College	12:00	12:30
Sun.13/03/2016	22	W3C	Telford Ladies	Peterborough Harriers Ladies	Moulton College	14:00	14:30
Sun.13/03/2016	23	W3C	Norfolk Ladies	RAF Hawks	Moulton College	15:00	15:30
Sun.13/03/2016	23	W3C	Norfolk Ladies	RAF Hawks	Moulton College	15:00	15:30
Sun.13/03/2016	23	W3C	RAF Hawks	RAF Hawks	RAF Hawks	11:00	11:30
Sun.13/03/2016	23	W3C	RAF Hawks	RAF Hawks	RAF Hawks	13:00	13:30
Sun.13/03/2016	24	W3C	Black Country Redhill Tigers	Lincoln Cannons	Redhill School Sports Hall	11:00	11:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun.13/03/2016	21	W3N	Chester Amazons	Haughton Darlington	Whitby High School	15:30	16:00
Sun.13/03/2016	21	W3N	Chester Amazons	Loughborough Students	Whitby High School	11:30	12:00
Sun.13/03/2016	21	W3N	Loughborough Students	Haughton Darlington	Whitby High School	13:30	14:00
Sun.13/03/2016	22	W3N	Sheffied Vipers	City of Salford 2	Joseph Rowntree School	13:00	13:30
Sun.13/03/2016	22	W3N	Sheffied Vipers	City of Salford 1	Joseph Rowntree School	15:00	15:30
Sun.13/03/2016	22	W3N	York	City of Salford 2	Joseph Rowntree School	15:00	15:30
Sun.13/03/2016	23	W3N	Manchester Marvels 2	Witral Wasps	Sunderland Centre	09:00	09:30
Sun.13/03/2016	19	W3SE	Ashtcombe Dorking 2	Farnborough Devils	Dartford Technology College	14:00	14:30
Sun.13/03/2016	19	W3SE	Dartford Ladies	Ashtcombe Dorking 2	Dartford Technology College	12:00	12:30
Sun.13/03/2016	19	W3SE	Dartford Ladies	Farnborough Devils	Dartford Technology College	16:00	16:30
Sun.13/03/2016	20	W3SE	Richmond VB 2	Tending VC Ladies Academy	Kingsdon Arena	13:00	13:30
Sun.13/03/2016	20	W3SW	City of Bristol Ladies	Beach Academy	Plymouth School	12:30	13:00
Sun.13/03/2016	20	W3SW	Plymouth Mayflower	Beach Academy	Plymouth School	14:30	15:00
Sun.13/03/2016	20	W3SW	Plymouth Mayflower	City of Bristol Ladies	Plymouth School	10:30	11:00
Sun.13/03/2016	21	W3SW	Wessex W2	Cardiff Celts Ladies	LeAF	11:00	11:30
Sun.13/03/2016	21	W3SW	Wessex W2	Yeovil	LeAF	15:00	15:30
Sun.13/03/2016	21	W3SW	Wessex W2	Cardiff Celts Ladies	LeAF	13:00	13:30
Sat.19/03/2016	67	M1	Black Country Men 1	Manchester Marvels 1	Redhill School Sports Hall	11:00	11:30
Sat.19/03/2016	68	M1	Coventry & Warwick Riga	Birmingham Volleyball Club	Alan Higgins Centre	16:00	16:30
Sat.19/03/2016	69	M1	Newcastle (Staffs) M1	Tending VC Men	Keele University	15:00	15:30
Sat.19/03/2016	69	M1	Northuria / Midlands Academy	Team Suffolk	Keele University	12:00	12:30
Sat.19/03/2016	69	M2S	Team Suffolk	Team Loughborough Lions	Ashtcombe Dorking 2	12:30	13:00
Sat.19/03/2016	67	M2S	Team Southampton 1	Malory Eagles 2 (London)	Crestwood College	17:30	18:00
Sat.19/03/2016	68	M2S	Hordean Volleyball Club	Wessex M2	Privy School	12:30	13:00
Sat.19/03/2016	24	M3C	Cambridge VC and Anglia Ruskin University	Lincoln Cannons	North Cambridge Academy	14:00	14:30
Sat.19/03/2016	24	M3C	Cambridge VC and Anglia Ruskin University	Nuneaton	North Cambridge Academy	10:00	10:30
Sat.19/03/2016	24	M3C	Nuneaton	Lincoln Cannons	North Cambridge Academy	12:00	12:30
Sat.19/03/2016	54	M3S	IBB Polonia London	London Docklands	Brentford Leisure Centre	14:30	15:00
Sat.19/03/2016	55	M3S	Wessex M1	London Lynx	LeAF	14:00	14:30
Sat.19/03/2016	56	M3S	Team Northumbria	Sheffield Hallam	Sport Central	15:30	16:00
Sat.19/03/2016	71	W1	Ashtcombe Dorking 1	Oxford Students	Ashtcombe Volleyball Centre	11:30	12:00
Sat.19/03/2016	72	W1	Bristol 1	Birmingham Volleyball Club 1	Queens Campus	12:00	12:30
Sat.19/03/2016	70	W2N	North Riding Eagles VC	Leeds VC	Alan Higgins Centre	14:00	14:30
Sat.19/03/2016	71	W2S	Coventry & Warwick Riga	DARKSTAR Derbyshire	Alan Higgins Centre	11:00	11:30
Sat.19/03/2016	71	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Essex Trinity	North Cambridge Academy	11:00	11:30
Sat.19/03/2016	74	W3SE	City of Salford 2	Essex Juniors	LeAF	11:00	11:30
Sat.19/03/2016	74	W3SE	Essex Juniors	Essex Juniors	LeAF	11:00	11:30
Sat.19/03/2016	16	W3SE	Richmond VB 2	Tending VC Ladies Academy	Bowwells School	15:00	15:30
Sat.19/03/2016	16	W3SE	Richmond VB 2	Polonia Side Out London	Bowwells School	13:00	13:30
Sat.19/03/2016	53	W5S	Clwyd Eagles (London)	Wessex W1	LeAF	13:00	13:30
Sat.19/03/2016	53	W5S	Clwyd Eagles (London)	Wessex W1	Ernest Bevin College	12:30	13:00
Sun.20/03/2016	71	M1	Coventry & Warwick Riga	St Albans Harriers 1	Alan Higgins Centre	16:00	16:30
Sun.20/03/2016	75	M1	Manchester Marvels 1	Tending VC Men	Sunderland Centre	14:00	14:30
Sun.20/03/2016	77	M2N	Sheffield 2	Sunderland City Predators	All Saints SC	14:00	14:30
Sun.20/03/2016	26	M2S	Team Southampton 1	Crestwood College	Crestwood College	17:30	18:00
Sun.20/03/2016	23	M3C	Nottingham Rockets 1	Southglade SC	Southglade SC	11:00	11:30
Sun.20/03/2016	25	M3N	Byth Valley	PARKS LEISURE	PARKS LEISURE	11:00	11:30
Sun.20/03/2016	25	M3N	Intervolley Manchester	Wigan Sealtawks	PARKS LEISURE	15:00	15:30
Sun.20/03/2016	25	M3N	Intervolley Manchester	Wigan Sealtawks	PARKS LEISURE	13:00	13:30
Sun.20/03/2016	25	M3SW	Bristol 1	Team Southampton 2	Truro Leisure Centre	11:00	11:30
Sun.20/03/2016	25	M3SW	Kerrow	Bristol 1	Truro Leisure Centre	11:00	11:30
Sun.20/03/2016	25	M3SW	Kerrow	Team Southampton 2	Truro Leisure Centre	15:00	15:30
Sun.20/03/2016	72	W1	Bath & Wiltshire Mavericks	Herts VC	Wargrave School	13:00	13:30
Sun.20/03/2016	72	W2N	Birmingham Volleyball Club 2	Manchester Marvels 1	Doon Ellis Sports Centre	10:30	11:00
Sun.20/03/2016	74	W2N	Coventry & Warwick Riga	Leeds VC	Alan Higgins Centre	14:00	14:30
Sun.20/03/2016	75	W2N	Sheffield	Sunderland City Predators	All Saints SC	12:15	12:45

Date	Match	Division	Home	Away	Venue	Worries Up	Match Start
Sun.20/03/2016	27	W2S	New Forest Ladies	Bristol 2	Abbeywood School	15:00	15:30
Sun.20/03/2016	72	W2S	New Forest Ladies	Bristol 2	New Forest Volleyball Centre	11:00	11:30
Sun.20/03/2016	73	W2S	Dulwich Luskers	Richmond VB	Ernest Bevin College	12:30	13:00
Sun.20/03/2016	74	W2S	Reading Aces	Plymouth	Kendrick School	12:00	12:30
Sun.20/03/2016	75	W2S	Porsmouth	Plymouth	Priory School	11:00	11:30
Sun.20/03/2016	83	W2S	Reading Aces	Essex Trinity	Kendrick School	15:00	15:30
Sun.20/03/2016	19	W3C	Black Country Redhill Tigers	Tamworth Spartans	Tcat	12:30	13:00
Sun.20/03/2016	19	W3C	Telford Ladies	Telford Ladies	Tcat	14:30	15:00
Sun.20/03/2016	19	W3C	Telford Ladies	Black Country Redhill Tigers	Tcat	10:30	11:00
Sun.20/03/2016	56	W3B	Team Northumbria	Polexia Side Out London	Sport Central	13:15	13:45
Sat.26/03/2016	7	Challenge Series	England Junior Men	London Lynx	National Volleyball Centre	14:00	14:30
Sat.26/03/2016	7	Challenge Series	England Junior Women	Tending VC Ladies	National Volleyball Centre	14:00	14:30
Sat.26/03/2016	60	M1	Solent	Manchester Marvels 1	Itchen College	14:00	14:30
Sun.27/03/2016	8	Challenge Series	England Junior Men	Leeds VC	National Volleyball Centre	11:30	12:00
Sun.27/03/2016	8	Challenge Series	England Junior Women	Puisepoint London Orcas	National Volleyball Centre	11:30	12:00
Sun.27/03/2016	82	M1	London Lynx 2	Manchester Marvels 1	UEL - SPORTS DOCK	14:30	15:00
Sun.27/03/2016	46	M3B	London Lynx	Widley Eagles (London)	UEL - SPORTS DOCK	11:30	12:00
Sun.03/04/2016	23	M2N	Hatchington Darlington	Intercollegiate Manchester	York College	13:00	13:30
Sun.03/04/2016	23	M2N	York VC	Hatchington Darlington	York College	11:00	11:30
Sun.03/04/2016	23	M2N	York VC	Intercollegiate Manchester	York College	15:00	15:30
Sun.03/04/2016	3	W1	Team Loughborough	Bath & Wiltshire Mavericks	Wellesbeck College	11:30	12:00
Sat.09/04/2016	73	M1	St Albans Harriers 1	Black Country Men 1	St Albans School for Girls	17:30	18:00
Sat.09/04/2016	74	M1	Coventry & Warwick Riga	Essex Blaze	Alan Higgs Centre	16:30	16:30
Sat.09/04/2016	76	M1	Tending VC Men	London Lynx 2	Tending Technology College	12:30	13:00
Sat.09/04/2016	78	M1	Birmingham Volleyball Club	Solent	Doug Ellis Sports Centre	12:30	13:00
Sat.09/04/2016	89	M1	Manchester Marvels 1	Newcastle (Staffs) M1	Armillage Sports Centre	14:00	14:30
Sat.09/04/2016	80	M2N	Peterborough Harriers	Newcastle (Staffs) 2	Vorager Academy	13:15	13:45
Sat.09/04/2016	81	M2N	Nottingham Rockets 1	Sheffield 2	Southblade SC	14:00	14:30
Sat.09/04/2016	82	M2N	Team Loughborough Lions	Sunderland City Predators	Limehurst Academy	11:30	12:00
Sat.09/04/2016	59	M2S	Clwyd of Bristol	Team Southampton 1	Bridlington Enterprise College	17:00	17:30
Sat.09/04/2016	77	W1	Teamside VC	Bath & Wiltshire Mavericks	Abbeywood School	12:00	12:30
Sat.09/04/2016	78	W1	Birmingham Volleyball Club 1	Team Durham	Farrfield High School	14:30	15:00
Sat.09/04/2016	60	W1	Coventry & Warwick Riga	Worthing VC	Doug Ellis Sports Centre	10:30	11:00
Sat.09/04/2016	76	W2N	Coventry & Warwick Riga	North Riding Eagles VC	Alan Higgs Centre	14:00	14:30
Sat.09/04/2016	77	W2N	Nottingham Rockets 1	Manchester Marvels 1	Armillage Sports Centre	14:00	14:30
Sat.09/04/2016	78	W2N	Nottingham Rockets 1	Sunderland City Predators	Southblade SC	11:00	11:30
Sat.09/04/2016	78	W2S	Essex Trinity	Basilidon Sporting Village	Basilidon Sporting Village	13:30	14:00
Sat.09/04/2016	21	W3SE	Sussex Dolphins	St Albans Harriers	St Pauls Catholic School	14:30	15:00
Sat.09/04/2016	21	W3SE	Sussex Dolphins	Essex Juniors	St Pauls Catholic School	12:30	13:00
Sat.09/04/2016	21	W3SE	Sussex Dolphins	St Albans Harriers	St Pauls Catholic School	16:30	17:00
Sun.10/04/2016	38	M1	Black Country Men 1	London Lynx 2	Redhill School Sports Hall	14:00	14:30
Sun.10/04/2016	87	M1	Coventry & Warwick Riga	Newcastle (Staffs) M1	Alan Higgs Centre	16:00	16:30
Sun.10/04/2016	61	M2S	Malory Eagles 2 (London)	Exeter Storm	Ernest Bevin College	12:30	13:00
Sun.10/04/2016	62	M2S	Arun VC	Horndean Volleyball Club	Six Villages Sport Centre	12:30	13:00
Sun.10/04/2016	63	M2S	Wessex M2	Richmond Men 2	LeAF	14:00	14:30
Sun.10/04/2016	13	M3N	Haughton Darlington	Hull Volley Thunder	The Education Village	11:00	11:30
Sun.10/04/2016	13	M3N	Haughton Darlington	Manchester Marvels 2	The Education Village	15:00	15:30
Sun.10/04/2016	13	M3N	Hull Volley Thunder	Manchester Marvels 2	The Education Village	13:00	13:30
Sun.10/04/2016	24	W1	Team Loughborough	Worthing VC	Wellesbeck College	11:30	12:00
Sun.10/04/2016	24	W1	Team Loughborough	Worthing VC	Worthing VC	11:30	12:00
Sun.10/04/2016	29	W2N	Leeds University	Black Country Redhill Tigers	Leeds University	14:15	14:45
Sun.10/04/2016	77	W2S	Dulwich Luskers	Sunderland City Predators	Derby Mowbray Community School	12:30	13:00
Sun.10/04/2016	80	W2S	Black Country Redhill Tigers	Essex Juniors	Essex Bevin College	12:30	13:00
Sun.10/04/2016	22	W3SW	Plymouth Mayflower	Solent Ladies	Oxley Sports Centre	13:00	13:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun,10/04/2016	22	W3SW	Yeovil	Plymouth Mayflower	Oxley Sports Centre	11:00	11:30
Sun,10/04/2016	22	W3SW	Yeovil	South Hants	Oxley Sports Centre	15:00	15:30
Sun,10/04/2016	22	W3SW	City of Bristol Ladies	Stratford	Brington Enterprise College	11:00	11:30
Sun,10/04/2016	22	W3SW	City of Bristol Ladies	Team Southampton	Brington Enterprise College	11:00	11:30
Sun,10/04/2016	23	W3SW	Team Southampton	South Hants	Brington Enterprise College	13:00	13:30
Sat,16/04/2016	79	M1	Black Country Men 1	Coventry & Warwick Riga	Redhill School Sports Hall	11:00	11:30
Sat,16/04/2016	80	M1	Essex Blaze	Birmingham Volleyball Club	Boswells School	11:00	11:30
Sat,16/04/2016	81	M1	Newcastle (Staffs) M1	St Albans Harriers 1	Keele University	15:00	15:30
Sat,16/04/2016	83	M1	Solent	Tending V.C Men	Ilchen College	14:00	14:30
Sat,16/04/2016	84	M2N	Newcastle (Staffs) 2	Essex Estorians	Keele University	12:00	12:30
Sat,16/04/2016	85	M2N	Sunderland City Predators	Nottingham Rockets 1	CitySpace	13:30	14:00
Sat,16/04/2016	37	M2S	Richmond Men	City of Bristol	Kingsdon Arena	14:30	15:00
Sat,16/04/2016	65	M2S	Horndean Volleyball Club	Malory Eagles 2 (London)	Priory School	12:30	13:00
Sat,16/04/2016	66	M2S	Cardiff Cels	Wessex M2	USW Sports Park	11:00	11:30
Sat,16/04/2016	46	W1	Tameside VC	Oxford Students	Fairfield High School	14:30	15:00
Sat,16/04/2016	47	W1	Cardiff Cels	Essex Campus	Queens Campus	12:00	12:30
Sat,16/04/2016	81	W2N	North Hiding Eagles VC	DARKSTAR Derbyshire	Queens Campus	12:00	12:30
Sat,16/04/2016	83	W2N	Birmingham Volleyball Club 2	Coventry & Warwick Riga	Doug Ellis Sports Centre	10:30	11:00
Sat,16/04/2016	85	W2N	Sunderland City Predators	Nottingham Rockets 1	CitySpace	11:00	11:30
Sat,16/04/2016	81	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Richmond VB	North Cambridge Academy	11:00	11:30
Sun,17/04/2016	84	M1	Essex Blaze	St Albans Harriers 1	Basildon Sporting Village	12:00	12:30
Sun,17/04/2016	86	M2N	Sheffield 2	Peterborough Harriers	All Saints SC	11:15	11:45
Sun,17/04/2016	67	M2S	Richmond Men	Arun VC	Kingsdon Arena	13:00	13:30
Sun,17/04/2016	68	M2S	Cardiff Cels	Team Southampton 1	USW Sports Park	11:00	11:30
Sun,17/04/2016	24	M3SE	Essex Juniors	London Aces	Boswells School	14:00	14:30
Sun,17/04/2016	24	M3SE	Essex Juniors	St Albans Harriers 2	Boswells School	15:00	15:30
Sun,17/04/2016	63	W1	Bath & Wiltshire Mavericks	Birmingham Volleyball Club 1	Boswells School	13:00	13:30
Sun,17/04/2016	84	W1	Team Loughborough	Herts VC	Lawington School	13:00	13:30
Sun,17/04/2016	85	W1	Team Durham	Oxford Students	Welbeck College	11:00	11:30
Sun,17/04/2016	84	W1N	Sheffield	Manchester Marvells 1	Durham Uni	11:00	11:30
Sun,17/04/2016	84	W2S	Bristol 2	Blackburn Rovers	All Saints SC School	13:00	13:30
Sun,17/04/2016	82	W2S	Bristol 2	Dulwich Teachers	Abbey School	12:00	12:30
Sun,17/04/2016	84	W2S	Pottermouth	New Forest Ladies	Priory School	11:00	11:30
Sun,17/04/2016	85	W2S	Plymouth	Oxford Ladies	Coombe Dean School	11:30	12:00
Sat,23/04/2016	16	M1	Black Country Men 1	Tending V.C Men	Redhill School Sports Hall	13:15	13:45
Sat,23/04/2016	88	M1	St Albans Harriers 1	London Lynx 2	St Albans School for Girls	17:30	18:00
Sat,23/04/2016	90	M1	Manchester Marvells 1	Solent	Armitage Sports Centre	14:00	14:30
Sat,23/04/2016	87	M2N	Northumbria / Middlebrough Academy	Newcastle (Staffs) 2	Middlebrough College	12:00	12:30
Sat,23/04/2016	89	M2N	Essex Estorians	Sheffield 2	Basildon Sporting Village	13:30	14:00
Sat,23/04/2016	89	M2N	Peterborough Harriers	Sunderland City Predators	Voyager Academy	13:15	13:45
Sat,23/04/2016	70	M2S	Team Loughborough Lions	Nottingham Rockets 1	Linthurst Academy	11:30	12:00
Sat,23/04/2016	70	M2S	City of Bristol	Horndean Volleyball Club	Brington Enterprise College	17:00	17:30
Sat,23/04/2016	39	W1	Oxford Students	Team Durham	St Gregory the Greats School	15:15	15:45
Sat,23/04/2016	66	W2N	North Hiding Eagles VC	Birmingham Volleyball Club 2	Queens Campus	12:00	12:30
Sat,23/04/2016	87	W2N	Coventry & Warwick Riga	Newcastle (Staffs) Ladies	Aran Higgs Centre	14:00	14:30
Sat,23/04/2016	88	W2N	Manchester Marvells 1	Sunderland City Predators	Armitage Sports Centre	17:00	17:30
Sat,23/04/2016	86	W2S	Cambridge Volleyball Club and Anglia Ruskin University	Bristol 2	North Cambridge Academy	11:00	11:30
Sun,24/04/2016	66	M1	Birmingham Volleyball Club	London Lynx 2	Doug Ellis Sports Centre	15:30	16:00
Sun,24/04/2016	91	M2S	Blackburn Rovers	Essex Estorians 2	Essex Estorians	12:30	13:00
Sun,24/04/2016	72	M2S	North Hiding Eagles 2 (London)	Cardiff Cels	Six Villages Sports Centre	12:30	13:00
Sun,24/04/2016	87	W1	Bath & Wiltshire Mavericks	Ashcombe Dorking 1	Lawington School	13:00	13:30
Sun,24/04/2016	88	W1	Herts VC	Team Durham	Queens School	11:00	11:30
Sun,24/04/2016	89	W1	Oxford Students	St Gregory the Greats School	St Gregory the Greats School	11:00	11:30
Sun,24/04/2016	90	W1	Birmingham Volleyball Club 1	Worthing VC	Doug Ellis Sports Centre	13:00	13:30

Date	Match	Division	Home	Away	Venue	Warm-up	Match Start
Sun 24/04/2016	89	W2N	Leeds VC	Sheffield	Gyghon Centre University of Leeds	14.15	14.45
Sun 24/04/2016	90	W2N	DAFKSTAR Derbyshire	Nottingham Rockets 1	Deby Moore Community School	10.30	11.00
Sun 24/04/2016	2	W2S	Essex Trinity	Plymouth	New Forest Volleyball Centre	14.30	15.00
Sun 24/04/2016	88	W2S	Dulwich Tuskers	Reading Aces	Ernest Bevin College	12.30	13.00
Sun 24/04/2016	89	W2S	New Forest Ladies	Plymouth	New Forest Volleyball Centre	11.00	11.30
Sun 24/04/2016	90	W2S	Richmond VB	Oxford Ladies	Kingston Arena	13.00	13.30
Sun 24/04/2016	15	W3C	Black Country Redhill Tigers	Northampton	Redhill School Sports Hall	15.00	15.30
Sun 24/04/2016	15	W3C	Black Country Redhill Tigers	RAF Hawks	Redhill School Sports Hall	11.00	11.30
Sun 24/04/2016	15	W3C	RAF Hawks	Northampton	Redhill School Sports Hall	13.00	13.30
Sun 24/04/2016	10	W3N	Hatfield Darrington	Worcester Marvels 2	The Education Village	15.00	15.30
Sun 24/04/2016	10	W3N	Hatfield Darrington	Worcester Marvels 2	The Education Village	13.00	13.30
Sun 24/04/2016	10	W3N	Yatton Darrington	Worcester Marvels 2	The Education Village	13.00	13.30
Sun 24/04/2016	22	W3SE	Essex Juniors	St Albans Harriers	Surrey Sports Park	13.15	13.45
Sun 24/04/2016	22	W3SE	Farnborough Devils	Essex Juniors	Surrey Sports Park	11.15	11.45
Sun 24/04/2016	23	W3SE	Ashcombe Dorking 2	Sussex Dolphins	Tendring Technology College	15.15	15.45
Sun 24/04/2016	23	W3SE	Tendring VC Ladies Academy	Ashcombe Dorking 2	Tendring Technology College	12.30	13.00
Sun 24/04/2016	23	W3SE	Tendring VC Ladies Academy	Sussex Dolphins	Tendring Technology College	10.30	11.00
Sun 24/04/2016	24	W3SW	Dartford Ladies	Richmond VB 2	Dartford Technology College	14.30	15.00
Sun 24/04/2016	24	W3SW	South Hants	Beech Academy	Purbrook Park School	12.00	12.30
Sun 24/04/2016	24	W3SW	South Hants	Wessex W2	Purbrook Park School	15.00	15.30
Sun 24/04/2016	24	W3SW	Wessex W2	Beech Academy	Purbrook Park School	11.00	11.30
Sun 24/04/2016	24	W3SW	Wessex W2	Beech Academy	Purbrook Park School	13.00	13.30

2015 - 16 Volleyball England Calendar

September 2015									
Super 8s	Sep-5	Sep-6	Sep-12	Sep-13	Sep-19	Sep-20	Sep-26	Sep-27	
NVL Div 1							MW1-1	SB-1	
NVL Div 2							M2-1	W2-1	
NVL Div 3								M3-1	
NVL Cup/Shield									
International Indoor									
Junior Indoor									
Nat/Reg Training									
Referee Education									
Sitting Volleyball									

October 2015									
Super 8s	Oct-3	Oct-4	Oct-10	Oct-11	Oct-17	Oct-18	Oct-24	Oct-25	Nov-1
NVL Div 1		SB-2			MW1-3	SB-3	MW1-4	SB-4	
NVL Div 2		W2-2			M2-3	W2-3	M2-4	W2-4	
NVL Div 3		W3-1				M3-2		W3-2	
NVL Cup/Shield									
International Indoor									
Junior Indoor									
Nat/Reg Training									
Coach Education									
Sitting Volleyball									

November 2015									
Super 8s	Nov-7	Nov-8	Nov-14	Nov-15	Nov-21	Nov-22	Nov-28	Nov-29	
NVL Div 1		SB-5							
NVL Div 2		MW1-5			MW1-6	SB-6			
NVL Div 3		M2-5			M2-6	W2-6			
NVL Cup/Shield		M3-3				M3-4			
Junior Indoor									
Other Indoor									
Coach Education									
Nat/Reg Training									
Sitting Volleyball									

December 2015									
Super 8s	Dec-5	Dec-6	Dec-12	Dec-13	Dec-19	Dec-20	Dec-26	Dec-27	
NVL Div 1									
NVL Div 2									
NVL Div 3									
NVL Cup/Shield									
Junior Indoor									
Other Indoor									
Nat/Reg Training									
Sitting Volleyball									

*Please note that dates are subject to confirmation



2015 - 16 Volleyball England Calendar

	January 2016	Jan-2	Jan-3	Jan-8	Jan-10	Jan-16	Jan-17	Jan-23	Jan-24	Jan-30	Jan-31
Super 8s					S8-9				S8-10		
NVL Div 1				MW1-9		MW1-10		MW1-11			
NVL Div 2			W2-9	M2-9		M2-10	W2-10	M2-11	W2-11		
NVL Div 3			M3-8		W3-5		W3-6		W3-7/M3-7		
NVL Cup/Shield		MS-3 / WS-2								MC/MS-QF	WG/MS-QF
Junior Indoor						U16S-2				National Squads Camp	
Junior Indoor						U16S-2				U15 Regional Round Girls	U15 Regional Round Boys
Sitting Volleyball									GP4		

	February 2016	Feb-6	Feb-7	Feb-13	Feb-14	Feb-20	Feb-21	Feb-27	Feb-28
Super 8s					S8-11				S8-12
NVL Div 1				MW1-12				MW1-13	
NVL Div 2			W2-12	M2-12	W2-13			M2-13	
NVL Div 3			M3-8		W3-8				
NVL Cup/Shield						Cup/Shield Semi Finals			
Junior Indoor		U18 Grand Prix 1 - M&W							U18 Grand Prix 2 - M&W
Junior Indoor		Student Cup Finals							
Other Indoor						National Squads Camp			
Net/Reg Training									
Sitting Volleyball									

	March 2016	Mar-5	Mar-6	Mar-12	Mar-13	Mar-19	Mar-20	Mar-26	Mar-27
Super 8s					S8-13		S8-14		Easter
NVL Div 1				MW1-14		MW1-15			
NVL Div 2				M2-14	W2-14	M2-15	W2-15		
NVL Div 3					W3-9 / M3-9		M3-10		
NVL Cup/Shield									
Junior Indoor								National Squads Camp	
Other Indoor			U16 Last 8s		U15 Divisional Round				
Net/Reg Training			BUCS Finals						
Meetings/Training							GF5		
Sitting Volleyball									

	April 2016	Apr-2	Apr-3	Apr-8	Apr-10	Apr-16	Apr-17	Apr-23	Apr-24	Apr-30	May-1
Super 8s					Playoff Weekend				Playoff Weekend		
NVL Div 1				MW1-16		MW1-17		MW1-18			
NVL Div 2				M2-16	W2-16	M2-17	W2-17	M2-18	W2-18		
NVL Div 3					W3-10		M3-11		W3-11		
NVL Cup/Shield											
Junior Indoor				Cup/Shield Finals							
Junior Indoor						A&C National Championships 15th - 17th*			A&C Cup Finals (27th)		
Net/Reg Training											
Meetings/Training											
Sitting Volleyball						GP Semi Finals	Sitting Volleyball Cup				

*Please note that dates are subject to confirmation

2015 - 16 Volleyball England Calendar

May 2016	May 7	May 8	May 14	May 15	May 21	May 22	May 28	May 29
Super 8s		Playoff Finals		Playoffs				
NVL DIV 1				Playoffs				
NVL DIV 2				Playoffs				
NVL DIV 3		U18 Grand Prix Finals MSW	U15 Finals				Inter Regional Championships (30th - 2nd)	
Junior Indoor								
Junior Beach								
U18 Beach								
Sitting Volleyball		GP Finals						

June 2016	Jun 4	Jun 5	Jun 11	Jun 12	Jun 18	Jun 19	Jun 25	Jun 26
Junior Beach								
Other Beach		Beach Student Cup						
VEBT								
Meetings/Training								

JULY 2016	JUL 2	JUL 3	JUL 9	JUL 10	JUL 16	JUL 17	JUL 23	JUL 24
Junior Beach								
Other Beach								
VEBT								
Meetings/Training								

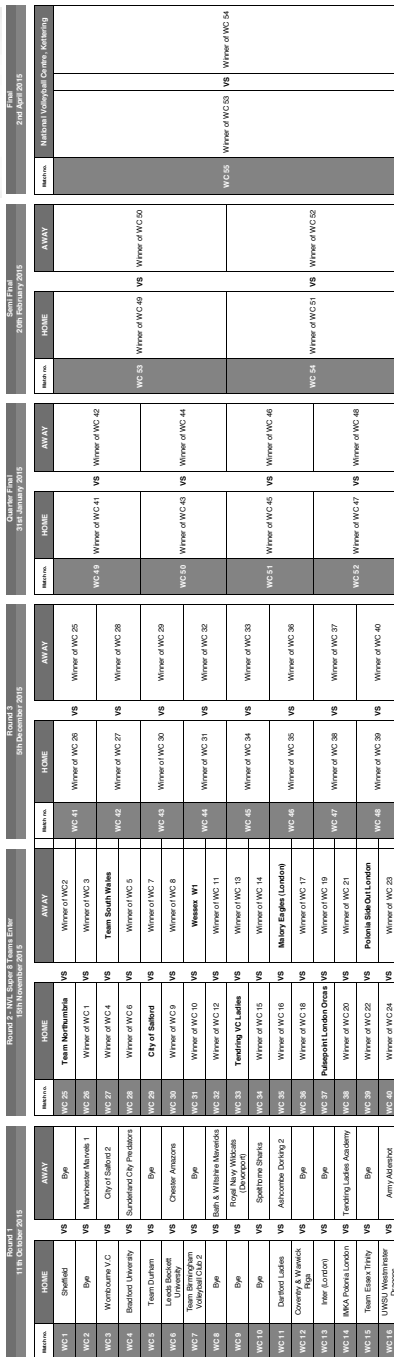
AUGUST 2016	AUG 30	JUL 31	AUG 6	AUG 7	AUG 13	AUG 14	AUG 20	AUG 21	AUG 27	AUG 28
Nat/Reg Training										
Junior Beach										
Other Beach										
VEBT										
International Beach										
Coach Education										
Meetings/Training										

*Please note that dates are subject to confirmation



Preiminary Round 18th November 2018		Round 1 19th November 2018		Round 2 19th November 2018		Round 3 19th November 2018		Quarter Final 20th January 2019		Semi Final 20th January 2019		Final 20th April 2019	
MC 1	AMV1	MC 6	AMV2	MC 11	AMV7	MC 16	AMV3	MC 21	AMV4	MC 26	AMV5	MC 31	AMV6
MC 2	MC 5	MC 7	MC 10	MC 12	MC 15	MC 18	MC 20	MC 23	MC 25	MC 28	MC 30	MC 33	MC 35
MC 3	MC 4	MC 8	MC 9	MC 13	MC 14	MC 17	MC 19	MC 22	MC 24	MC 27	MC 29	MC 32	MC 34
MC 4	MC 5	MC 8	MC 9	MC 13	MC 14	MC 17	MC 19	MC 22	MC 24	MC 27	MC 29	MC 32	MC 34
MC 5	MC 6	MC 11	MC 12	MC 16	MC 17	MC 21	MC 23	MC 26	MC 28	MC 31	MC 33	MC 36	MC 38
MC 6	MC 7	MC 10	MC 11	MC 15	MC 16	MC 20	MC 22	MC 25	MC 27	MC 30	MC 32	MC 35	MC 37
MC 7	MC 8	MC 13	MC 14	MC 18	MC 19	MC 23	MC 25	MC 28	MC 30	MC 33	MC 35	MC 38	MC 40
MC 8	MC 9	MC 12	MC 13	MC 17	MC 18	MC 22	MC 24	MC 27	MC 29	MC 32	MC 34	MC 37	MC 39
MC 9	MC 10	MC 15	MC 16	MC 20	MC 21	MC 25	MC 27	MC 30	MC 32	MC 35	MC 37	MC 40	MC 42
MC 10	MC 11	MC 14	MC 15	MC 19	MC 20	MC 24	MC 26	MC 29	MC 31	MC 34	MC 36	MC 39	MC 41
MC 11	MC 12	MC 17	MC 18	MC 22	MC 23	MC 27	MC 29	MC 32	MC 34	MC 37	MC 39	MC 42	MC 44
MC 12	MC 13	MC 16	MC 17	MC 21	MC 22	MC 26	MC 28	MC 31	MC 33	MC 36	MC 38	MC 41	MC 43
MC 13	MC 14	MC 19	MC 20	MC 24	MC 25	MC 29	MC 31	MC 34	MC 36	MC 39	MC 41	MC 44	MC 46
MC 14	MC 15	MC 22	MC 23	MC 27	MC 28	MC 32	MC 34	MC 37	MC 39	MC 42	MC 44	MC 47	MC 49
MC 15	MC 16	MC 25	MC 26	MC 30	MC 31	MC 35	MC 37	MC 40	MC 42	MC 45	MC 47	MC 50	MC 52
MC 16	MC 17	MC 28	MC 29	MC 33	MC 34	MC 38	MC 40	MC 43	MC 45	MC 48	MC 50	MC 53	MC 55
MC 17	MC 18	MC 31	MC 32	MC 36	MC 37	MC 41	MC 43	MC 46	MC 48	MC 51	MC 53	MC 56	MC 58
MC 18	MC 19	MC 34	MC 35	MC 39	MC 40	MC 44	MC 46	MC 49	MC 51	MC 54	MC 56	MC 59	MC 61
MC 19	MC 20	MC 37	MC 38	MC 42	MC 43	MC 47	MC 49	MC 52	MC 54	MC 57	MC 59	MC 62	MC 64
MC 20	MC 21	MC 40	MC 41	MC 45	MC 46	MC 50	MC 52	MC 55	MC 57	MC 60	MC 62	MC 65	MC 67
MC 21	MC 22	MC 43	MC 44	MC 48	MC 49	MC 53	MC 55	MC 58	MC 60	MC 63	MC 65	MC 68	MC 70
MC 22	MC 23	MC 46	MC 47	MC 51	MC 52	MC 56	MC 58	MC 61	MC 63	MC 66	MC 68	MC 71	MC 73
MC 23	MC 24	MC 49	MC 50	MC 54	MC 55	MC 59	MC 61	MC 64	MC 66	MC 69	MC 71	MC 74	MC 76
MC 24	MC 25	MC 52	MC 53	MC 57	MC 58	MC 62	MC 64	MC 67	MC 69	MC 72	MC 74	MC 77	MC 79
MC 25	MC 26	MC 55	MC 56	MC 60	MC 61	MC 65	MC 67	MC 70	MC 72	MC 75	MC 77	MC 80	MC 82
MC 26	MC 27	MC 58	MC 59	MC 63	MC 64	MC 68	MC 70	MC 73	MC 75	MC 78	MC 80	MC 83	MC 85
MC 27	MC 28	MC 61	MC 62	MC 66	MC 67	MC 71	MC 73	MC 76	MC 78	MC 81	MC 83		

[illegible]



National KO Cup results

missioner of the date, venue and warm-up time within 4 days of completing the previous round.
tion, referees, National Cup Commissioner and Jonathan Moore (details below)

If you have any queries contact:
National Cup Commissioner (Murphy) at volleyball.co.uk or
National Office – Competitions (competitions@volleyball.org) or
or Refer to Appointments please contact:
Sarah Shallopere – NVL Referee Commissioner (nvl.referee@nvl.org) or
or Refer to Appointments please contact:
Sarah Shallopere – NVL Referee Commissioner (nvl.referee@nvl.org) or

For Hardest Appointments please contact:
 Nathan Shakespeare - NMI, Referee Commissioner (nathan.shakespeare@nmiworld.com)

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Regulations

***Amendments for
2015-2016 season***

Amendments to the NVL Regulations for the 2015-2016 season

(All changes are highlighted in **bold**)

Introduction

For Under 15's, Under 16's, Under 18's, Inter Regional, Student Cup **and Sitting indoor volleyball** competitions, please refer to the Volleyball England website for current rules.

In writing these Regulations we have tried to ensure that the result of any volleyball match is decided on court and within the spirit of the game.

Regulation A 3.

Before competing in any Volleyball England competition, each team must:

iv. Have a qualified and registered coach (minimum Level 2) committed to supporting that Team. (Where a current NVL team does not meet this requirement they have until the start of the 2018/19 season in which to comply)

Regulation A 5.

Conditions for a New Entrant into the National Volleyball League will normally include:

vi. A Team must have a qualified and registered coach (**minimum Level 2**) committed to supporting the NVL team.

Regulation B 2.

During the season

iii. Only under very exceptional circumstances, fixtures may be rearranged with prior consent of the appropriate Commissioner and the opposition. Requests for rearrangement must be made to the Divisional Commissioner at least 21 days prior to the original fixture date. Consideration of requests with less than 21 days' notice will only be considered in the most extreme circumstances. The National Office must be kept informed of the changes. **Teams must be aware that sourcing Referees for changed fixtures may well be problematic and must be prepared to source their own.** *Requests to re-arrange a fixture due to holiday arrangements is not considered to be a very exceptional circumstance.*

Regulation B 2.

viii. Under no circumstances (other than with prior consent of the Competitions Commission) can fixtures be played after the close of the NVL season, the date of which is published as part of the Volleyball England calendar. The NVL end of season date is the **24th April 2016**.

Regulation C 1.

iv. Players cannot be registered after 1st February during the season, except with the express approval of the Divisional Commissioner. (This will only be permitted in emergencies to enable games to take place e.g. where less than **seven** registered players are medically fit or are available to play. Written confirmation of Registered Players non-availability will be required before agreeing to an Emergency Registration). The emergency registered player will be eligible to play for the team for the remainder of the season, but will **not** be able to play up for another team.

Regulation C 2.

i. Any other personnel **needing** to sit on the team bench under FIVB International Rule 4 must be registered with the Volleyball England National Office.

Regulation D 1.

viii. (8) **Where the match is the 2nd match of a double header then it must be made clear in the match confirmation that this is the case and that the match start time may be subject to delay based on the finish time of the previous match.**

Regulation D 3.

Single match	Super 8's	£19
	Div 1	£16
	Div 2	£16
	Div 3	£14
Matches 1 & 3 of a triangular	Div 2	£38
Matches 1 & 3 of a triangular	Div 3	£34
All three matches of a triangular (exceptional circumstances only)	Div 2	£56
All three matches of a triangular(exceptional circumstances only)	Div 3	£52
Cup	Rounds	£16
	Semis & Finals	£19

Regulation D 4.

vii. Where the NVL appointments Sub-Committee of the Referee Commission has not appointed Referees for the match, the home team is responsible for appointing them, and should start this process after the season's fixtures and Referee appointments have been published. Where a Team appoints its own Referee it must notify the **NVL Referee Commissioner** that the appointment has been made. If the visiting team objects to the Referee appointments made by the home team then this should be referred to the Referee Appointment Committee.

Regulation E 1.

ii. **Technical timeouts will be used in all Super 8s and Division 1 NVL matches.**

iii. Super 8s teams are **encouraged** to produce programmes for all home matches.

iv. **Women are ineligible to play in Men's competitions and vice-versa.**

v. **Trans-Gender – For details refer to Volleyball England's Policy**

Regulation E 6.

ii. Any missing player registration **details** will need an explanation; 'with Volleyball England' will **not** be accepted. Any player without registration **details** at a match must have an email from Volleyball England (and present photographic identification e.g driver's licence, passport etc) to confirm registration

iv. (2) The team registering the player shall forward the **completed form** by first class post at the conclusion of the game.

iv. (3) Confirmation that a player's registration is with the Volleyball England Office must be obtained if **the player's details do not appear on the relevant NVL team page on the Volleyball England website** within 7 days of submission. Failure to obtain this confirmation will make this player ineligible to play until the completed documentation has been received.

viii. (1) A club, having two or more teams competing in the NVL, once having nominated the team to which each player belongs, shall be entitled to play a lower team player in that club's higher team for up to 10 sets during the current season (i.e. appearance in that set whether for 1 point or the whole set and if a Libero player, whether they enter the court or not) without the necessity of transfer. It is the Club's responsibility to notify both Referees and Scorer before the start of the match as to which players are involved. If a player is found to have played for the lower team after automatically being transferred up, then that player will be considered an unlawful player and the team will forfeit the game

Regulation E 7.

iii. A Coach from another team who wishes to act as Coach **for another team must be registered** as a Bench Personnel for that team.

Regulation G 1.

ii. In the Super 8s Divisions, breaches which result in a game not being played and/or forfeited will have a minimum fine of £500 and a review by the Competitions Commission as to the future of that Team within the League. In Divisions 1, 2 and 3 breaches which result in the fixture not being played and/or forfeited will have a minimum fine of **£100** for a first offence, and **£200** for a second and any subsequent offence and a review by the Competitions Commission as to the future of that team. **In Divisions 1, 2 and 3 where a Team fails to play either of its last two games of the season, the fine will be £200.**

Regulation H 4.

vi. Coaches and Authorised Bench Personnel who receive suspensions will serve their ban in their next scheduled **League / Cup** match with the team they accumulated the points with regardless of their role within that team.

Regulation H 7.

vi. There shall be a right of appeal to the Volleyball England Judicial Panel **of any decision made by the Disciplinary Sub Committee.**

Regulations

INTRODUCTION TO THE REGULATIONS

SECTION A. ADMINISTRATIVE MATTERS

SECTION B. ORGANISATION OF FIXTURES

SECTION C. REGISTRATION

SECTION D. PREPARATION FOR MATCHES

SECTION E. ARRANGEMENTS AT MATCHES

SECTION F. AFTER THE MATCH

**SECTION G. PENALTIES, PROTESTS AND
APPEALS**

SECTION H. MISCONDUCT

SECTION I. END OF SEASON

**SECTION J. REGULATIONS FOR SPECIFIC
COMPETITIONS**

SECTION K. INSTRUCTIONS TO REFEREES

**SECTION L. ANTI-DOPING (DRUG TAKING)
REGULATIONS**

SECTION M. BLOOD PROTOCOL

SECTION N. MINIMUM OPERATING STANDARDS

SECTION O. APPENDICES

SECTION P. APPENDICES

Introduction to the Regulations

These Regulations govern competitions organised by the Competitions Commission of Volleyball England (VE) for the season of 1st September 2015 to 31st August 2016. These Regulations are the only regulations specified and no other publication is applicable, save the current Volleyball England Official Volleyball Rules and the FIVB Rules of the Game (Regulation E 1) and the relevant Codes of Conduct. Competitions Commission reserves the right to issue appropriate amendments.

For Under 15's, Under 16's, Under 18's, Inter Regional, Student Cup and Sitting indoor volleyball competitions, please refer to the Volleyball England website for current rules.

These are the regulations applicable to indoor volleyball organised by Volleyball England. Volleyball England will issue further regulations applicable to the Volleyball England Beach Competitions.

In writing these Regulations we have tried to ensure that the result of any volleyball match is decided on court and within the spirit of the game.

Section A. Administrative matters.

Regulation A 1. To enter the National Volleyball League (NVL), each team must;

- i. Have paid a goodwill deposit of £100.00
- ii. Have no outstanding debts with Volleyball England (English Volleyball Association Ltd) from previous seasons. Teams in debt to the Association may not be permitted to play fixtures if the previous season's debts are not cleared by the 31st May. Teams / Clubs with historic debts to Volleyball England will not be permitted entry to the NVL until the debts are cleared and the matter resolved by the Competitions Commission
- iii. Have a name that permits easy geographical recognition of where they are from / play agreed and approved by the Competition Commission.
- iv. Agree to abide by the Minimum Operation Standards (See Section N)
- v. Super 8 Teams must give a commitment to playing in the Challenge Series and field a side in the spirit of the competition

Regulation A 2. Withdrawing from the National Volleyball League

- i. Any club or team withdrawing from the NVL, and then wishing to re-enter at a later date, must re-apply as a new entrant. New entrants will be placed in the lowest available division geographically as decided by the Competitions Commission.
- ii. Any team withdrawing from the NVL during the course of the season or after their entry has been accepted by the 1st May will forfeit their goodwill deposit.

Regulation A 3. Before competing in any Volleyball England competition, each team must:

- i. Be part of a Club properly affiliated to Volleyball England.
- ii. Have its coach, players and authorised bench personnel appropriately registered with Volleyball England.
- iii. Have paid any further competitions fees that may be in force by the specified deadlines. Late entries will only be accepted at the discretion of the Competition Commission, and will be subject to a £25 administration charge.
- iv. Have a qualified and registered coach (minimum Level 2) committed to supporting that Team. (Where a current NVL team does not meet this requirement they have until the start of the 2018/19 season in which to comply)

Regulation A 4. Conditions of Entry to the National K.O. Cup

- i. Entry into the National KO Cup will be assumed for NVL teams unless a written request to withdraw is received with League Entry.
- ii. Non NVL teams must be competing in a recognised league, or approved for entry by the Competition Commission. Players with Local League or Regional Registration cards will not be required to register with Volleyball England. "Amalgam" teams, with players from more than one non NVL team, must have a demonstrable affinity e.g. playing in the same local league or living in the same geographical area etc. Teams with any doubt as to eligibility to play in the Cup should contact the relevant Cup Commissioner or Competitions Officer for clarification.
- iii. NVL players may not play for another NVL team in any Cup competition other than the one they are registered for. Refer to Section J Regulation 1 Volleyball England K.O. Cup for further clarification.
- iv. NVL Teams may contain non-NVL registered players as long as they can demonstrate an affinity with the NVL Team they represent.

Regulation A 5. Conditions for a New Entrant into the National Volleyball League will normally include:

- i. Proven playing ability of the team in a recognised Regional / Area League over more than one season.
- ii. Club having been affiliated to Volleyball England for the last two seasons.
- iii. Club constitution to be acceptable in that it shows :

- (1) The name of the Club.
- (2) The manner in which its constitution may be amended.
- (3) The financial control.
- iv. The Regional or Area Association to provide a letter of support for the entry.
- v. The Club's financial accounts provide evidence of the financial support for competition at National level.
- vi. A Team must have a qualified and registered coach (minimum Level 2) committed to supporting the NVL team.
- vii. Club being able to nominate at least 10 players who are prepared to commit to playing for the team. If any such players are with an existing NVL team then it must be shown that the team holding the NVL registration would agree to the transfer should the team requesting entry to the NVL be accepted.
- viii. The Club having a suitable home venue and equipment for NVL Matches in the location indicated by their team name, and specified as their normal home venue.
- ix. If necessary the team winning play-off games against other teams applying for entry.
- x. The Competitions Commission has the absolute right and discretion to accept or refuse any club or team admission to the league.

Regulation A 6. No club is allowed to alter its name or location in order to gain admission into any of the divisions of the NVL, and no official can act as Chairman, Secretary or Treasurer of more than one NVL club, or hold any combination of these offices for more than one club.

Note: The place in the NVL is considered to be the right of the Club as evidenced by its constitution, and not the right of any player or group of players. To assist Clubs, a draft constitution is available online and from the Volleyball England National Office.

Regulation A 7. No team may alter its name during the season without the prior written approval of the Competitions Commission.

Regulation A 8. Clubs/teams playing in any competition governed by these regulations are required to notify the Volleyball England National Office of the name, period and type of any sponsorship that they may have. The value of any sponsorship is a matter confidential to the Club/Team and its Sponsor. Tobacco sponsorship is not allowed. Failure to register details of sponsorship within 14 days of a contract being completed will result in a fine of £100.00, and additional penalties, thereafter, within the discretion of the Competitions Commission if details are not registered.

Regulation A 9. Club Structure

- i. Clubs may be membership-based, and run with a democratic style constitution with elected officers, or they may be proprietorial in nature.
- ii. No proprietor (whether as an individual, company, by way of shareholding or as nominee) may have an interest or hold office in more than one club.
- iii. Where clubs seek to amalgamate then Volleyball England (through its appropriate Officers) shall be supplied with full details including detailed minutes, details of who attended meetings, and such other information as the Volleyball England's Officers may require. Volleyball England has a role in ensuring that clubs are formed correctly and with the consent of those involved.
- iv. Where a democratic/membership-based club seeks to become proprietorial, as for example where a commercial concern wishes to run a club, then the Association (through its appropriate Officers) shall ensure that the club membership has voted thereon and that the provisions of that club's constitution have been observed.
- v. No club, individual or group, whether membership based or proprietorial, has a right to a particular place in Volleyball England's National League, entry for which is requested each season.
- vi. Any alterations to a club's Constitution are to be advised to the Volleyball

England National Office on behalf of the Competitions Commission within 14 days of such alteration and amendment.

- vii. All NVL correspondence will be forwarded to the relevant team secretaries named in the Handbook, or as amended in writing to the Volleyball England National Office, who will advise all team secretaries in that competition as soon as practicable of the change of team secretary. Any Club specific matters will be addressed to the Club Secretary / Chairperson, as detailed on the Club's Affiliation form for the season.

Regulation A 10. Disputes

- i. The Competitions Commission has the full authority to deal with dispute involving clubs, players, administrators and non-qualified person acting in the capacity of coach or referee, and to sanction clubs and their members, both playing and non-playing, when deemed to be in contravention of any of the NV regulations or relevant codes of conduct.
- ii. A Competitions Commissioner has the delegated authority to make decisions on behalf of the Competitions Commission to facilitate the day to day running of a competition.
- iii. Where appropriate the Competitions Commissioner can impose fines and / or deadlines to facilitate the smooth running of a competition.

Regulation A 11. Match Venues

- i. Matches played in Men's Super 8s, Women's Super 8s and Quarter-Finals and Semi-Finals of all Cup Competitions shall be played at venues approved by the Competitions Commission. Clubs competing must obtain such approval from the Commission where required.

Section B. Organisation of fixtures

Regulation B 1. Pre-Season Fixture Arrangements

Teams will be provided with the draft fixtures well in advance. At that time teams may enter mutual discussions and request agreed amendments to the proposed fixtures. Any such proposals must be agreed in writing by both teams, and confirm the new date, time and venue. Any such changes will need to be approved by the Competitions Commission, who shall seek to ensure that teams do not gain a competitive advantage by delaying matches, delaying the start or conclusion of the season, or a team playing significantly more, or less, matches than other teams in the Division by key dates. No team entered in the Cup/Shield will arrange an NVL match onto any Cup/Shield date during the draft fixture process. Match rearrangements during the season (e.g. due to adverse weather) will be considered by divisional commissioners taking into account the teams continued participation in the cup/shield. After the amended draft fixtures have been returned to Volleyball England National Office, no other changes will be allowed except under very exceptional circumstances.

Regulation B 2. During the Season

- i. All matches must be played on the date, at the time and at the venue specified in the National Volleyball Competitions Handbook fixture lists, and not any other publication. If there is an error in the handbook or a fixture has been agreed to be changed by the Competition Commission then the correct details will be updated onto the NVL page of the website.
- ii. Where a club has two or more teams in the same NVL Division, the Competitions Commission reserves the right to schedule both fixtures between the teams as early in the season as possible.
- iii. Only under very exceptional circumstances, fixtures may be rearranged with prior consent of the appropriate Commissioner and the opposition. Requests for rearrangement must be made to the Divisional Commissioner at least 21 days prior to the original fixture date. Requests with less than 21 days' notice will only be considered in the most extreme circumstances. The National Office must be kept informed of the changes. Teams must be aware that sourcing Referees for changed fixtures may well be problematic and must be prepared to source their own. *Requests to re-arrange a fixture due to holiday arrangements is not considered to be a very exceptional circumstance.*
- iv. Where a team has 2 or more players involved in international competition, application may be made to the Competitions Commission for re-arrangement. Application must be made as soon as any conflict is known and in any event no later than 21 days prior to a match. It is stressed that this re-arrangement is **discretionary**. This provision does not apply to International Beach fixtures.
- v. A re-arrangement will only be approved when a fully justifiable reason is provided, and a new date has been arranged and agreed by the teams involved. Where teams cannot agree a new date then the appropriate Commissioner will specify a date on which the rearranged match will be played, or the original date will stand.
- vi. Where a fixture is postponed due to exceptional circumstances beyond the control of the teams, then any additional costs incurred in restaging the fixture shall be equally shared between the teams i.e. Sports Hall Costs, Referees and actual Travel costs.
- vii. Where match Referees were appointed by Volleyball England, and the date, time or venue is changed, the original home team becomes responsible for notifying those Referees and the NVL Referee Commissioner of the change and for appointing suitable replacement Referees, if necessary. Such changes to date, time or venue must be approved in writing by the appropriate Divisional Commissioner. *Normal Match Confirmation procedures will then apply.*
- viii. Under no circumstances can NVL fixtures be played after the end of season date of 24th April 2016.

Section C. Registration

Regulation C 1. Players

- i. All teams must register a minimum of 8 players by the 1st August before the start of the season. A valid registration requires a completed NVL registration form, with photo attached (or emailed to the Competitions Officer or Administrator) and the required registration fee complete with player signature. Failure to adhere to the deadline will result in a £25 administration charge.
- ii. It is the responsibility of the team or club registering a player to ensure the eligibility of the player to be registered. Players who are subject to transfer requirements must be correctly transferred. Player registration information for the previous seasons is available on the Volleyball England website and from the Volleyball England National Office.
- iii. Clubs with more than one team may delay allocating their players to a specific team until a week before their Club's first match, informing the National Office which team a player will play for, but the players must all be registered by 1st August. Until the required allocation is made, all players will be deemed to be registered with the lower/lowest team.
- iv. Players cannot be registered after 1st March during the season, except with the express approval of the Divisional Commissioner. (This will only be permitted in emergencies to enable games to take place e.g. where less than seven registered players are medically fit or are available to play. Written confirmation of Registered Players non-availability will be required before agreeing to an Emergency Registration). The emergency registered player will be eligible to play for the team for the remainder of the season, but will **not** be able to play up for another team.
- v. In any season, no player may play for more than one Club in the same competition unless they are officially transferred. Except under very exceptional circumstances a player may only transfer once during any NVL season. No player may play for different teams in a cup competition, under any circumstances. Where Clubs have two or more teams in the same competition, a player will become 'Cup tied' to the team they played their first cup match with, regardless of transfers and the playing up regulation. Transfer regulations apply to movement of players between different teams within the same Club.
- vi. A junior player (Under 18 on 1 September of the current season) playing in a junior competition may also play for their Club in a senior competition.

Regulation C 2. Technical Members of the team

- i. Any other personnel needing to sit on the team bench under FIVB International Rule 4 must be registered with the Volleyball England National Office.
- ii. Technical and professional personnel from one Club are permitted to form the authorised Bench Personnel of another Club, providing they are registered as authorised Bench Personnel for the team/club they are to assist, which must be presented to the Scorer. Any Bench Personnel that is assisting at another Club must have the written permission of their original Club.
- iii. Coaches and Bench Personnel require one licence per team they wish to assist. Only a qualified and registered Coach with Volleyball England will be able to undertake the role of Head Coach during a match.
- iv. Should a qualified and registered Coach with Volleyball England not be available at the match then the team captain shall assume the role. Any other authorised Bench Personnel may act only as an Assistant Coach, with the associated restrictions and limitations of duties.
- v. Registered players who wish to assist another team/club as Bench Personnel are required to hold a separate Bench Personnel registration for the team(s) they will be assisting, and this must be presented to the Scorer.
- vi. All Bench Personnel (including Coaches) must register with Volleyball England and submit a photo when applying for their Bench Personnel registration.

Regulation C 3. Transfers (See Appendix A)

- i. Subject to the provisions below, players may transfer between clubs prior to **1st March** each season. Only in exceptional circumstances will a player be allowed to transfer more than once during the NVL/KO Cup playing season. The NVL season shall run from 1st September to 31st August each year. Players who are playing up, and reach eleven sets, or more, in a match are deemed to be automatically transferred to the higher team. It is the responsibility of the club to keep account of the number of sets each player plays up. This will also apply if this occurs after 1st March, and will be an exception to the transfer deadline.
- ii. Where a Club has more than two teams playing in the NVL the player will be automatically transferred to the team for which they have played up most for.
- iii. If a team or Club withdraw from the NVL, its players are still deemed to belong to that Club. Therefore, they need to transfer before being permitted to play for another club. This is to protect clubs and their assets.
- iv. Unless under contract, a player is deemed to become a free agent if they have not played in the NVL in the preceding two seasons, and have no documented indebtedness to a previous NVL Club. Teams are strongly advised to consult the available player registration information available from the Volleyball England National Office to confirm the status of a player.

Clubs registering new players should always be aware of the possibility of the need to formally transfer, and should take the following steps:

- a) Establish from the player if they have ever been to any NVL Club in the past. They may not have played, but could have registered, or simply been for training, and may have forgotten to return items.
- b) If they have been at previous NVL Club(s), which is still in existence contact the Club and obtain confirmation that they are in good standing i.e. they do not owe the Club anything, and are able to register for the new Club.
- c) If they have been to previous NVL Club(s), which are not in existence consult the available previous NVL registration data on the Volleyball England website, and contact the Competitions Officer to clarify that no indebtedness or impediment has been lodged with the Volleyball England National Office.

Clubs playing ineligible players will be considered for disciplinary action. Clubs are advised to ensure they take all reasonable steps, as above, to ensure the eligibility of players being registered.

Players found to have documented indebtedness to previous NVL Club(s), who seek current NVL registration, and who may not have provided the new Club with all material information may be liable to suspension from playing until the matter is resolved.

- iv. Transfers will **not** be allowed if any of the following circumstances apply:
 - (1) The player is under valid contract to the current club unless that contract is terminated by mutual consent. (See CONTRACTS Appendix B)
 - (2) The player has not discharged any documented indebtedness to the current club, e.g. subscription arrears, kit etc. Teams are advised to ensure that players are made fully aware of their commitments and fees due. These should be detailed in writing and signed by the player wherever possible to avoid any confusion or subsequent doubt arising.
 - (3) The current club would be left with less than 8 available registered players during the N.V.L. / K.O. Cup playing season.
- v. A Club having 2 or more teams competing in the NVL shall be entitled to transfer player(s) between teams. Players transferred to the lower team within a Club after the start of the season cannot use the playing up regulation.
- vi. Any player wishing to leave their Club in order to take up a different post at another Club (i.e. Coach etc.), may do so only with the agreement of the Club holding their registration, and abide by the transfer provisions. Disputes will be referred to Competitions Commission for arbitration.

Section D. Preparation for matches

Regulation D 1. The Home Team is responsible for :

- i. Arranging for the availability of the venue (facilities) – see D1.v and the equipment – see D1.vi. For all Volleyball England competitions, only equipment deemed suitable, fit for purpose and safe, or which has FIVB approval may be used unless the Competitions Commission gives prior agreement. The playing conditions must conform to those laid down in the current Volleyball England Official Volleyball Rule Book.
- ii. Booking a period of three hours for single matches and seven hours for triangular matches. If less is booked and time runs out, the home team will forfeit the last match in which they played. If, after the recommended hours booked the matches have not been completed, the teams concerned will rearrange the outstanding fixture at an agreed venue and date approved by the Divisional Commissioner as acceptable to the teams involved. The teams involved will share total costs (i.e. the cost of travel of the away team, venue and Referees costs) of the new match equally. This ruling includes unfinished matches.
- iii. Start times for matches must be:
 - (1) Single matches on Saturdays between 12pm & 7.30pm
 - (2) Single matches on Sundays between 11:30am & 4.00pm
 - (3) Double matches on Saturdays between 12pm & 4.00pm
 - (4) Double matches on Sundays between 11.30am & 2.00pm
 - (5) Triangulars between 11:30am & 12:30pmUnless otherwise agreed in writing by the opposition
- iv. The first referee shall decide upon the adequacy of the court and equipment at the time of the match.
- v. Facilities
 - (1) Court Surface - flat, smooth, non-slippery and safe
 - (2) Free Zone - minimum 3m around court with preferably 5m to rear
 - (3) Height Clearance - minimum 7.5m above playing surface
 - (4) Court Markings - correct, unbroken as per FIVB court layout
 - (5) Temperature - minimum 13°C
 - (6) Lighting - adequate, even, minimum 500 lux
 - (7) Team Bench - size, and safely positioned
 - (8) Warm up area - 3m x 3m, correctly positioned
 - (9) Spectator seating - available
 - (10) Sanctions box with seat - 1m x1m on the scorer's side of the court, outside of the free zone and beyond the end line.
- vi. Equipment
 - (1) Net - correct length (9.5-10m) depth (1m) mesh unbroken, correctly tensioned, height easily adjustable
 - (2) Sidebands - correctly positioned
 - (3) Antennae - correctly positioned
 - (4) Posts - smooth, safe and height adjustable
 - (5) Balls - Only approved FIVB balls must be used in all competitions (see FIVB Sports (Regulations Page 144 Annexe page 8).
(Two identical balls are required for a one ball system and 4 for a three ball system).
 - (6) 3-ball system - identical characteristics, where system used
 - (7) Visual scoreboard - operable
 - (8) Scoresheet - Volleyball England approved scoresheet in triplicate
 - (9) Line Up Sheets - available
 - (10) 2 sets of paddles - numbered 1- 20 (refer to Section N – Minimum Operating Standards)
- (11) Buzzer - available (refer to Section N – Minimum Operating Standards)

- (12) Pressure Gauge - available
- (13) Ball Pump - available
- (14) Referee Stand - stable, safe, and adjustable
- (15) 4 x Line Judge flags (40 x 40cm) – available

Note: Failure to provide adequate equipment cannot be attributed to a sports centre or the staff thereof - it is the sole responsibility of the home team. Failings in the facilities are also the responsibility of the home team unless matters arise, exceptionally, during or in the days approaching a match that are outside the control of the venue. E.g. Electrical, mechanical or safety failures.

Any delay to the start of a match attributed to lack of equipment, the home team will be penalised in accordance with regulation E 4. Late Arrival.

- vii. Supplying a Scorer, at least two competent Lines Judges and a visual scoreboard in all cases. All Technical Officials should be competent in the performance of their duties. The Scorer must be the same person throughout the match and be present at least 30 minutes before the start of the match. Line Judges should be present at least 20 minutes prior to the start of the match. Failure to provide the Technical Officials will result in a £10 fine.
- viii. Confirming in writing to the Secretary of the visiting team, the match Referees, the National Office and the Divisional Commissioner **at least 14 days**, and not more than 21 days (according to the postmark, or email delivery receipt) prior to the date of the match, in the same letter or email
 - (1) The date of the match.
 - (2) The venue and travel directions for the match, for both public and private transport
 - (3) The time of the availability of the court
 - (4) The time of the start of the warm up
 - (5) The time of the start of the match
 - (6) The names of the Referees
 - (7) The availability of post-match hospitality
 - (8) Where the match is the 2nd match of a Double header then it must be made clear in the match confirmation that this is the case and that the match start time may be subject to delay based on the finish time of the previous match.
 - (9) Triangular matches will be played in the order set out in the handbook fixture list with the home team playing in the first and third matches unless mutually agreed in writing at least 10 days (according to the postmark or email delivery receipt) prior to the date of the match.
 - (10) Where confirmation is sent by e-mail, it should be acknowledged by each recipient. If the home team secretary does not get the message acknowledged they should post a confirmation.
 - (11) Any team failing to send the appropriate match confirmations shall be fined £10 per occurrence.
- ix. Any visiting team Secretary or referee who has not received confirmation within the stipulated time should contact the Volleyball England National Office or Divisional Commissioner for guidance.
- x. The payment of any entrance fees at the venue for visiting teams and Referees. It is suggested that to avoid difficulties, Sports Centres should be contacted beforehand.

Regulation D 2. Playing kit

- i. Shirts - uniform colour/design, clean
- ii. Shorts - uniform colour/design. Shorts do not have to be numbered but all the team must wear the same (either all numbered, matching the shirt number or all without).
- iii. Numbers - correctly positioned, contrasting colour to shirts (front & back) as per FIVB ruling. All shirt numbers must be

- iv. Captain - numbered 1 – 20.
identified by a stripe throughout the match (tape permissible)
- v. Libero player - different coloured shirt, easily identifiable, numbered as part of team number sequence
- vi. All teams are required to be in full match kit prior to the official warm up at the net.

Regulation D 3. Expenses for Match Officials should be paid prior to the start of the match (or as previously agreed by the Referees), and in all cases on the day of the match(es) concerned.

Single match	Super 8's	£19
	Div 1	16
	Div 2	£16
	Div 3	£14
Matches 1 & 3 of a triangular	Div 2	£38
Matches 1 & 3 of a triangular	Div 3	£34
All three matches of a triangular (exceptional circumstances only)	Div 2	£56
All three matches of a triangular(exceptional circumstances only)	Div 3	£52
Cup	Rounds	£16
	Semis & Finals	£19

Note: Travel expenses are to be claimed as either actual expenses (public transport) or at current Volleyball England rate (£0.25 per mile private car @ 21/05/11).

Regulation D 4. Referees

- i. First Referee - qualified, registered
- ii. Second Referee - qualified, registered
- iii. Scorer - competent
- iv. Line Judges - competent
- v. Ball Retrievers - competent, preferably six, where used
- vi. The use of Referees who are directly connected with the teams playing is discouraged. Where used the connection should be noted in the confirmation to visiting teams. If requested a neutral referee should act as First Referee.
- vii. Where the NVL appointments Sub-Committee of the Referee Commission has not appointed Referees for the match, the home team is responsible for appointing them, and should start this process after the season's fixtures and Referee appointments have been published. Where a Team appoints its own Referee it must notify the NVL Referee Commissioner that the appointment has been made. If the visiting team objects to the Referee appointments made by the home team then this should be referred to the Referee Appointment Committee.
- viii. Teams are not permitted to cancel any Referee appointed by the NVL Appointment Sub-Committee and appoint their own.
- ix. Details of Referee appointments and vacancies are available from www.WhosTheRef.com.
- x. In case of difficulty finding Referees the secretary should contact the Regional Referee Administrator or NVL Referee Commissioner with details of efforts made so far for advice and information. Evidence of the home teams' efforts to obtain referees must be made available to the Divisional Commissioner and the NVL Referee Commissioner in case of a complaint.
- xi. The same Referee should not be expected to officiate in all three matches of a triangular.

- xii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture with someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues. Failing that the home team should source the most competent, experienced and suitable person e.g. player or coach, to act as second official, again advising opposition and Commissioners.

Regulation D 5. Cup Fixtures

- i. The Referee Commission will endeavour to appoint the 1st and 2nd referees to K.O. Cup and Shield matches.
- ii. The home team in Cup and Shield fixtures must inform both the Cup Commissioner and the NVL Referee Commissioner of the date, venue and warm-up time of the fixture, within 4 days of completing the previous round. Matches are to be played on the date published in the fixtures list.
- iii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture, someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues? Failing that the home team should source the most competent, experienced and suitable person e.g. player or coach, to act as second official. Again advising opposition and Commissioners.
- iv. The Commission reserves the right to stage Semi-Final matches at a central venue. Where this option is exercised, all teams will be advised before the Quarter Final stage. Teams involved in the Semi-Finals may be required to pay a supplementary levy.

Section E. Arrangements at matches

Regulation E 1. Regulations of play

- i. All matches will be played to the best of five sets (unless altered by the Competitions Commission prior to the match date).
- ii. Technical timeouts will be used in all Super 8 and Division 1 NVL matches . **In Divisions 2 and 3 they are optional. If either Teams requests the use of Technical Timeouts prior to the start of match then they will be used.**
- iii. Super 8 teams are encouraged to produce programmes for all home matches.
- iv. Women are ineligible to play in Men's competitions and vice-versa.
- v. Trans Gender – For details refer to Volleyball England's Policy
- vi. The Rules of the Game that will apply to all competitions will be those currently issued by the FIVB. In the event of a Regulation change being required in any competition, the Competitions Commission must first give agreement.
- vii. Except in exceptional circumstances, and with the express approval of the Referee Commission, the Referees must hold recognised qualifications and be registered with Volleyball England.

Note. Referees who hold referee qualifications from other countries may become 'Volleyball England recognised' after applying to Referee Commission of Volleyball England.

Regulation E 2. Golden Set

- i. Where Competitions Commission have directed that a 2-legged match will be decided by a Golden Set then the following will be applied;
- ii. A Golden Set will only be played where each leg has been won by a different Team. This is irrespective of any set or points difference between the 2 legs.
- iii. The Divisional Commissioner is to ensure that the Referee of the Second Leg knows who won the First Leg so the requirement of the Golden Set may be determined
- iv. The interval between the end of the Second Leg and the Golden Set shall be 5 minutes.
- v. The Golden Set shall be played as if it were the 5th Set of a normal game, i.e. first to 15 points with an advantage of 2. All other rules relating to a 5th Set shall be applied to the Golden Set.
- vi. Any sanctions applied in the Second Leg shall carry forward to the Golden Set.
- vii. The Golden Set Scoresheet is to be used – any players or Team Officials sanctions by Disqualification in the Second Leg may not take part in the Golden Set, neither may any player who left the Second Leg through injury.
- viii. Equally any player or Team Official serving a suspension during the Second Leg may not take part in the Golden Set.

Regulation E 3. The schedule

- i. The times listed in the Handbook shall specify the start of the official warm up period, and the match start time. The official warm up period shall be 30 minutes before the match start time. The scoresheet shall record the actual start time of the match i.e. the first service.
- ii. Triangular Match Schedule.
 - (1) The following will apply to matches that are headed accordingly in the match schedule:
 - (2) A v B in accordance with schedule e.g. 12.00 warm up, 12.30 match start
 - (3) B v C ready for warm up to commence no later than 1 hour after the first match advertised start time, e.g. 13.30 warm up, 14.00 match start.
 - (4) A v C ready for warm up to commence no later than 2 hours after the first match scheduled start time, e.g. 14.30 warm up, 15.00 match start.

Note: As the home team alone is responsible for the venue and equipment, venue changes, double bookings, equipment failure and start time changes will not normally be considered to be outside the control of the team.

Regulation E 4. Arrival of teams

- i. It is advised that a team allows an hour contingency plan whether travelling by public or own transport, with an arrival time of at least 30 minutes before the warm-up is due to start. Should a team not be able to fulfil its fixture, then a member of the team will need to contact the opposition as soon as possible, utilising numbers in the Handbook for Secretary, Coach, other personnel and venue as required. Home teams should then advise the referees, Volleyball England National Office and Divisional Commissioner immediately. Should a fixture not be played then the Commission shall consider the available evidence and rule as to whether the match should be replayed, forfeited, declared null and void and any sanctions applicable.
- ii. Where a problem arises on match day or on the way to the match, the team must make every effort to contact the opposition and Divisional Commissioner to explain and resolve the problem.
- iii. Where a team is delayed by factors that are wholly out of a team's control (e.g. bad weather on the day) and can be backed up by professional and independent reports of confirmation (e.g. local weather centre, Police, Motoring organisation) indicating driving conditions and advice, this can be considered by the Competitions Commission as an extenuating circumstance. However, every attempt must be made to travel and play matches as scheduled. Additional travel time requirements would not be a reason not to play, and teams cannot "postpone" matches without the approval of the relevant Commissioner. Delays such as traffic problems, vehicle breakdowns (unless by public transport) are not normally considered as factors outside of a team's control. Teams are expected to inform the Divisional Commissioner, the home team and the Referees of the delay as soon as possible.
- iv. If a fixture or competition is cancelled by Volleyball England then any expenses incurred by the participating Teams or Referees will not be refunded.

Regulation E 5. Late arrival

Providing the court is available, and one team is ready to commence play

- i. Any team failing to appear on court, ready to commence play, within 20 minutes of the published start time shall forfeit the first set. The set shall be lost 25-0. The time available up to the 20 minutes may be available for warm up subject to agreement from the team already present and ready to play (who will have already warmed up for up to 30 minutes).
- ii. The second set shall commence 20 minutes later; i.e. 40 minutes after the published start time. A team arriving between the start times shall be able to use the available time for warm up. If a team is not on court ready to play 40 minutes after the published start time, then they shall lose the second set 25-0.
- iii. The third set shall commence 20 minutes later; i.e. 60 minutes after the published start time. A team not on court ready to play at that time shall lose the third set 25-0, and thus loses the match 3-0.
- iv. The defaulting team may forfeit the match, be fined and lose league points as a consequence.
- v. The time should be taken from the referees if there is a dispute between teams over the exact time.

Note: If a team arrives (ready to play) 19 minutes after the official match start time they are still entitled to play the first set. If the team arrives (ready to play) 20 minutes after the official match time that team loses the first set 25-0. The late team could use the following 19 minutes as warm-up before starting the second set as long as play commences within the 40 minutes of the match start time.

Regulation E 6. The Players

- i. Only players who are correctly registered with Volleyball England may play in competitions. A player is not registered unless their registration fee together with all appropriate documents correctly completed are endorsed at the

- ii. National Office prior to the match except as specified in Regulation E 6.iv. Any missing player registration details will need an explanation; 'With Volleyball England' will **not** be accepted. Any player without registration details at a match must have an email from Volleyball England (and present photographic identification e.g. driver's licence, passport, etc) to confirm registration.

Referees are not expected to prevent a player playing if the team believes him/her to be correctly registered, providing that the player's identity can be proven by suitable photographic identification. Should such a player play, this is at the team's own risk, since playing with an ineligible player will lead to forfeiting the match (see vii below).'

- iii. All players in a team, apart from the Libero(s), must wear a strip of identical colour and design with regulation size numbers on the front and back. The numbers 1-20 only may be used. The Libero(s) shall wear a different coloured, easily identifiable, numbered shirt. In all respects, kit must conform to Volleyball England Official Volleyball Rules requirements. Referees are empowered to prevent players from taking part in a match if they do not comply with this rule. If, however, the referee does allow the player to participate it should be indicated on the score sheet.
- iv. Teams may register players on the day of the game providing they are within the constraints of Regulation C 1.iv
 - (1) This shall be done by means of presenting a correctly completed registration form, including photograph affixed (or proof of photo emailed to the National Office), the appropriate fee, and completed transfer certificate, if required, to the match Referees. A player will not be allowed to play unless all the above is produced. If satisfied with the completion of the form, the First Referee shall record the registration in the 'remarks' box of the scoresheet recording details of all items presented.
 - (2) The team registering the player shall forward the completed form by first class post at the conclusion of the game. The appropriate fee plus a £5.00 administration fee must accompany the registration. The match will be forfeited if the player is not registered (form & payment) within the stated time.
 - (3) Confirmation that a player's registration is with the Volleyball England National Office must be obtained if the player's details do not appear on the website within 7 days of submission. Failure to obtain this confirmation will make this player ineligible to play until the completed documentation has been received.
 - (4) Teams registering players on the day of a game are making a clear and binding statement that the player is able to be registered. This means that the player involved is either an existing bona-fide member of the club, is a free agent under the terms of transfer regulations, or is being properly transferred. In the case of transfer, the transfer certificate should be presented to the First Referee at the match. A player who is subject to transfer must have a completed transfer certificate present to be able to register on the day. A player in breach of this regulation will be deemed ineligible and the team forfeits any matches the player is involved in and may be subject to disciplinary action. (Player information for the preceding 2 seasons is available on the Volleyball England website or from the National Office).
 - (5) In case of any doubt teams should contact their Divisional Commissioner and provide written details of the facts and obtain advice.
- v. NVL Player registration details accompanied by an NVL Team Sheet and Bench personnel registration details are to be presented to the Scorer at least 30 minutes prior to the start of the match. Referees must check identity and validity of player and bench personnel registration details and note all irregularities on the scoresheet.
- vi. Any team found to have used ineligible players shall forfeit all matches in which such players have participated.
- vii. If a player is not physically present at the start of the match, when Referees check the identity of the players the following shall apply:

- (1) Notice of the expected late arrival shall be given to the First Referee before the match begins.
 - (2) A player or coach who arrives during the match may not take part in the set in progress; they may, however, be permitted to play/ coach in subsequent sets once their arrival has been properly recorded and their identity checked.
 - (3) If the expected player or coach does not arrive, this name should be deleted from the scoresheet.
- viii. Playing Up
- (1) A club, having two or more teams competing in the NVL, once having nominated the team to which each player belongs, shall be entitled to play a lower team player in that club's higher team for up to 10 sets during the current season (i.e. appearance in that set whether for 1 point or the whole set and if a Libero player, whether they enter the court or not) without the necessity of transfer. It is the Club's responsibility to notify both Referees and Scorer before the start of the match as to which players are involved. If a player is found to have played for the lower team after automatically being transferred up, then that player will be considered an unlawful player and the team will forfeit the game. During the current season any player playing up who reaches eleven sets, or more, during a game will automatically be deemed to be transferred to the higher team. This will also apply to matches after 1st March. .
 - (2) There is no restriction on the number of sets a junior player may play up. (A player is deemed a junior if they are under the age of 18 on September 1st of the current season)
 - (3) Note: 'Playing up' does not constitute a transfer, until eleven sets are reached. Cup-tie provisions apply in all KO Cups.
 - (4) A club having more than one team in the same division cannot use the playing up regulation. To change teams will require an official transfer.
 - (5) When a player is automatically transferred by the playing up regulation, they may no longer play up again for the remainder of the season.

Regulation E 7. Other team Officials

- i. At all Volleyball England matches, a team shall nominate a coach for the match. This can be either a coach, who must be registered with Volleyball England as a Coach, or a playing member (of that team). Their name and registration number shall appear legibly on the scoresheet. Only a qualified and registered Coach with Volleyball England shall be able to be recorded as Coach on the scoresheet and must present their Bench Personnel details.
- ii. In the absence of a qualified and registered Coach then the Team Captain shall assume the role. Any other authorised Bench Personnel will only be able to act as Assistant Coach, with the associated restrictions and limitations.
- iii. A Coach from another team who wishes to act as Coach for another team must be as registered as a Bench Personnel for that team.
- iv. Only team players and authorised Bench Personnel may sit on the team bench during the match.
- v. All parties on a team bench are subject to the disciplinary code of the game and must have appropriate registration details present..
- vi. The nominated Coach must produce their coach registration details at all matches and sign the team list.
- vii. For all Cup Finals and Super 8 Finals all Team Officials requiring to sit on the bench must be suitably attired, i.e. Smart, Casual, no Jeans, matching training suits, suitable footwear i.e. Trainers, Shoes, no flip flops or open toe Sandals.

Regulation E 8. Match Officials

- i. Should only one of the appointed Referees arrive for the match, they will appoint a person to act as the second Referee. They will do this from any available persons based on qualification, registration and competence.
- ii. Should neither of the appointed Referees arrive the home team will provide

both Referees for the match, and the match will be played. The responsibility for selection of Referees under these circumstances rests with the home team only. Again the most appropriate persons must be appointed considering qualification, current registration, competence and experience. A full report of the events should be sent to the Volleyball England National Office and the result will be considered by the Competitions Commission, in the light of qualifications/experience of the Referees used. Should a rematch be decided upon, the expenses may be borne by Volleyball England where Volleyball England appointed the Referees or by the home team where the home team were responsible for appointing the Referees.

- iii. Where any qualified referee fails to appear at a match, then the home team shall, within 7 days, send a report to the Divisional Commissioner and the NVL Referee Commissioner. Where an appointed referee fails to appear for a match without prior notice, this should be recorded on the scoresheet. Where an appointed official withdraws from a fixture, after giving notice, it is the responsibility of the home team to re-appoint Referees, after consultation with Referee Commission.
- iv. The scorer must be available 30 minutes prior to the match start time and complete the whole match. The team lists must be fully completed by the time the captains are called for the toss (*at least 16 minutes before first service time*). The scorer must complete the scoresheet before it is presented to officials for signature at the end of the match.

Section F. After the match

The home team is responsible for:

Regulation F 1. Scoresheet and Match day protocol sheet, etc.

- i. Sending the top copy of the Scoresheet, Libero Control sheet (as necessary), Match day protocol sheet and for Super 8s only a copy of the match day programme to the National Office by first class post on the first working day after the match. In the event of late arrival of this copy at the National Office, the date of cancellation of the first class stamp will be used to see whether a team should be fined.
- ii. Submitting a match report (Super 8s and Division One teams).

Regulation F 2. Reporting Results

Advising the match result, including match number, teams, result and set scores, to the nominated Volleyball England results service immediately after the match by telephone or SMS; if possible by 8pm. Results should be reported to Geoff Hollows on **07918 636146**.

Failure to report results on time will result in a £10 fine per occurrence.

Note: This is required so that results can be passed onto the press etc., and so that league tables etc. may be kept up to date.

Section G. Penalties, Protests and Appeals

It is anticipated that teams will abide by both the letter and the spirit of these competition regulations and the Official Volleyball Rules and that defeat will not be seen as an excuse for making a complaint.

Before making any decision, Commission members must declare an interest in any matter that they are remotely associated with.

Regulation G 1. Penalties

- i. Penalties will be applied to all breaches of the regulations. Where not actually stipulated in the regulations, the penalty will be determined by the Commissioner for the event.
- ii. In the Super 8s Divisions, breaches which result in a game not being played and/or forfeited will have a minimum fine of £500 and a review by the Competitions Commission as to the future of that Team within the League. **The defaulting Team will also be deducted 3 league points.**
In Divisions 1, 2 and 3 breaches which result in the fixture not being played and/or forfeited will have a minimum fine of £100 for a first offence, £200 for a second and any subsequent offence and a review by the Competition Commission as to future of that Team.
In Divisions 1, 2 and 3 where a Team fails to play either of it's last two fixtures of the season the fine will be £200, **(A set of triangular matches equals one fixture).**
- iii. Breaches of safety conditions where the referee allows the game to take place will have a maximum fine of £100.
- iv. Breaches that bring the game into disrepute will have a minimum fine of £50.
- v. Breaches which interfere with the running of the event will have a maximum fine of £50.
- vi. Administrative failures will fine of £20 for each offence. Administrative fines will be notified by the National Office.
- vii. Failure to pay any fine levied within the timescale stated will be reported to the Competition Commission who will consider imposing further sanctions including, but not limited to, financial penalties, points deduction, relegation or expulsion.
- viii. Should, during the season, a team be issued with a fine an invoice will be sent to the Team addressed to the Team Secretary. This must be paid within 21 days from the date on the invoice.

Regulation G 2. Administrative Disputes

Disputes relating to administrative matters and interpretation of competition regulations shall be the responsibility of the Competitions Commission.

- i. Disputes arise only where teams are unable to resolve difficulties amicably between themselves, and they are urged to make every endeavour to do so. It is intended that matches should be decided on the court of play. Therefore, in all but the most exceptional administrative cases, and unless a penalty is otherwise stipulated, any team found to have broken the regulations will be fined, and their match result may stand. However, teams must be aware that breaches of the Regulations may mean forfeiture of matches.
- ii. The Competitions Commission, however, has the right to deduct points, fine and suspend any team should the situation warrant it.

Regulation G 3. Technical Disputes

Those relating to the match itself under areas covered by the match Referees.

- i. If, prior to the start of a match, a dispute arises, this should be noted on the scoresheet by the Scorer (under the direction of first referee) in the 'remarks' section before the match commences. If no such entry is made, it is assumed that up to that point all events and conditions are satisfactory. The referee may also note at this point any breaches of competition regulations.

- ii. If, during a match, a dispute arises, the first referee's decision is final. Any legitimate protest is to be recorded on the scoresheet after the end of the match by the scorer (under the direction of the first referee)
- iii. The first referee should then send a full report to the Volleyball England National Office as soon as possible after the match. A decision on the dispute will be made by the Commissioner responsible.

Regulation G 4. Remarks on the Scoresheet

- i. Comments relating in any way to the competence of the match Referees must not be recorded on the scoresheet.
- ii. Any complaints about the competence of the officials must be forwarded within 5 days of the match:-
 - (1) Where the Official(s) is/are unqualified, the Competitions Commissioner will deal with the dispute in accordance with Regulation D a viii.
 - (2) Where the Official(s) is/are qualified then any protest will be dealt with by the Referee Commission. Any comments should be sent to the Volleyball England National Office

Regulation G 5. Protests

- i. All disputes must be referred in writing to the Volleyball England National Office as soon as possible prior to the scheduled match date, or within five days after the match took place or when the decision was made. Disputes beyond this period shall not be entertained.
- ii. A party to a match wishing to make a protest to the Volleyball England National Office must also copy their protest to their opponents and the referees, within five working days of the match, so that they may give their account.
- iii. Any protest upheld against an individual sanction will only be applied to the disciplinary outcome and will not affect the result of the match.
- iv. When considering the outcome of any dispute it should be remembered that the sanction could be increased rather than reduced.
- v. Only disputes regarding the technical application of any sanction will be considered. This does not cover the award of Red Cards.

Regulation G 6. Appeals

- i. On filing an appeal with the Volleyball England National Office against the decision of a Commissioner, a copy of the appeal shall be sent to any other affected party at the time of submission. A deposit of £100 must be paid when lodging any appeal, with such deposit to be returned in the event that the appeal is successful. The Volleyball England National Office should give out the relevant documents to each affected party. No appeal will be considered unless a copy of the appeal submission and the £100 deposit is received by Volleyball England with the 14 day deadline.
- ii. The Volleyball England National Office will issue written confirmation of acceptance of the appeal.
- iii. The Competitions Commission will respond within 5 working days with details of the hearing, which will normally be a minimum of a further 10 days hence, to enable any documents to be submitted and circulated.
- iv. The appeal should be heard by the Competitions Commission within 28 days of receipt, and such appeal shall be chaired by the President of the Competitions Commission, or their appointed deputy, and each Commissioner shall be able to ask any party questions concerning the subject of the appeal.
- v. The appeal panel will normally consist of at least 3 Competitions Commissioners who will either sit in person or by conference call. In exceptional circumstances the panel may sit with two Commissioners. Any Commissioner with a personal or prejudicial interest will not be allowed to sit on the panel.
- vi. Any party to an appeal shall have the right to an oral hearing (face to face or via conference call).
- vii. Any party wishing to refer to any document or letter shall submit copies of such items to all parties concerned at least 7 days prior to the appeal being heard. All

- parties will have a right to reply within a deadline of 3 days
- viii. At the conclusion of the appeal hearing, the Chair shall announce the decision, but shall be entitled to reserve the decision for further consideration and later announcement/communication to the parties.
 - ix. Failure to comply with these procedures may result in a further fine being imposed by the Competitions Commission.
 - x. No appeals of any description whatsoever shall be considered unless filed within 14 days of notification of the original decision and the relevant deposit paid. Original decisions are those made by the Commissioner at the time and on the available information. Once the decision is made no further information will be considered, nor decisions reviewed, except under appeal. Therefore, teams are reminded that they must submit all information for consideration when asking for a Commissioner ruling.

Regulation G 7. Judicial Panel

- i. There shall be a right of appeal of the decision of the Competitions Commission to the Volleyball England Judicial Panel. Any appeal must be submitted to the Volleyball England National Office within 14 days of the Appeal decision date and be accompanied with a £100 deposit. Timescales for the Judicial Panel Review will be notified by the Chairperson of the Judicial Panel.

Section H. Misconduct

Regulation H 1. The first Referee will ensure that all sanctions issued to players, coaches and authorised bench personnel are recorded on the scoresheet.

Regulation H 2. In the case of expulsion or disqualification, the first referee will submit a full report (RC9) to the Volleyball England National Office and to the NVL Referee Commissioner after the match.

Regulation H 3. Penalty Points

(These do not apply to delay sanctions)

- i. A player, coach or authorised bench personnel who receives a penalty for misconduct (red card) will be charged 3 disciplinary points.
- ii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for repetition of a misconduct offence during the match will be charged 5 disciplinary points
- iii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for a single offence during the match will be charged 5 disciplinary points
- iv. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) following a penalty for a different offence during a match will be charged 5 disciplinary points. These five points are in addition to the 3 disciplinary points where a person has received a previous penalty.
- v. A player, coach or authorised bench personnel who is disqualified (red and yellow card separately) during a match will be charged 9 disciplinary points. Where disqualification results from aggressive conduct, these 9 points will add to any previous disciplinary points received during the match. If disqualification occurs as a result of other misconduct following an expulsion, the 9 points will replace the 5 points awarded for expulsion.
- vi. If disqualification occurs due to aggression then a minimum 1 match suspension will be incurred. This matter will then be automatically referred to the Disciplinary Sub Committee (See Regulation H7)

Regulation H 4. Suspensions

- i. The following penalties shall apply when a player, coach or authorised bench personnel accumulates disciplinary points in the same season:

8 disciplinary points	-	1 match suspension
16 disciplinary points	-	a further 3 match suspension

It is the team's responsibility to ensure that suspended players do not participate in matches.

- ii. The points are cumulative during the season and anyone receiving additional disciplinary points shall have their case reviewed by the Disciplinary Sub-Committee. The Sub-Committee shall be entitled to impose further penalties, as it deems appropriate. The Sub-Committee may require the attendance at an appropriate meeting of any player, coach or authorised bench personnel concerned. Equally, the person concerned has the right to attend or be represented at any meeting discussing their case.
- iii. A Player, Coach or Authorised Bench Personnel shall have the right of appeal to the Competitions Commission from the decision of the Disciplinary Sub-Committee.
- iv. Player suspensions apply to the next fixture played in any competition covered by these regulations. All matches in which a suspended person participated will be forfeited. Such suspensions must be for either the same team or, if transferred, the new team in such competitions. The onus rests with the team to ensure that the suspension is served correctly.
- v. In the case of triangular fixtures, both matches will count as one fixture and the suspension will take effect in the first match of the next fixture.
- vi. Coaches and Authorised Bench Personnel who receive suspensions will serve their ban in their next scheduled League / Cup match with the team they

accumulated the points with regardless of their role within that team.

Note: Any person who is required to serve a suspension cannot attend the suspended match(es) under another team role (E.g. a Coach/Bench Personnel who is serving a suspension cannot attend the suspended match as a player and vice versa)

- vii. Disciplinary points shall not carry forward from one season to the next. If suspensions have to be served and there is no opportunity to do so in the current season then such suspension shall be served in the next available match/matches of the following season.

Regulation H 5. Illegal Approaches

- i. No official from any other club shall approach a player with a view to inducing them to leave that club, unless permission has been granted in writing by a duly authorised representative of the club for which the player is currently contracted or licensed.
- ii. This restriction applies to all club Officials, including coaches and players or other persons acting on behalf of or purporting to act on behalf of a club. Infringements of this regulation will be referred to the Disciplinary Sub-Committee as being liable to bring the game into disrepute and may be dealt as misconduct.
- iii. The Competitions Commission shall receive any allegations of breaches of this regulation. The Commission shall have the right to seek evidence and testimony from all parties involved, and a record of all complaints made shall be kept and reviewed.
- iv. Where it is felt there is a case to answer, it shall be referred to the Disciplinary Sub-Committee for investigation and resolution. Sanctions may include reprimand, fine or suspension. No transfer will be approved until the conclusion of the disciplinary process.
- v. Coaches are reminded of their obligations under their Code of Conduct.
- vi. If a player approaches a club seeking transfer, without a player release certificate, the club which the player seeks to join must notify the existing club of the player concerned in writing within 7 days. An infringement of this regulation would be referred to the Disciplinary Sub-Committee as being liable to bring the game into disrepute.

Regulation H 6. Disciplinary Sub-Committee

- i. The Disciplinary Sub-Committee shall consist of members nominated by the Competitions Commission and/or the Referee Commission. A member of Competitions Commission shall chair the Disciplinary Sub-Committee.

Regulation H 7. Conduct

- i. The Disciplinary Sub-Committee is empowered to discipline a player, coach, club, team or team follower whose actions are considered to bring the game into disrepute. The Sub-Committee is empowered within its absolute discretion to suspend or fine a coach, player, club or team in circumstances where it considers it appropriate. These provisions apply to NVL/KO Cup Competitions, Student, Beach tournaments and any other competition in which Volleyball England registered players may participate. The Referee Commission is responsible for any disciplinary action relating to match Referees.
- ii. The Disciplinary Sub-Committee, Competition Commission or Volleyball England Judicial Panel is empowered to discipline any registered player, coach, club, team or team follower. The penalties imposed shall be within the absolute discretion of the Disciplinary Sub-Committee, Competition Commission or the Judicial Panel as appropriate.
- iii. Club Officials and NVL Referees must respond, within a reasonable specified period of time, to legitimate requests for information made by the National Office, Competitions Commission or Referee Commission when conducting

- preliminary investigations. Failure to do so may result in a fine and will be taken into consideration when complaints and appeals are being considered.
- iv. The Disciplinary Sub-Committee shall be entitled in its absolute discretion to impose penalties for the following:
 - (1) Aggressive behaviour to players/spectators
 - (2) Aggressive behaviour towards Referees
 - (3) Threatening behaviour
 - (4) Abusive conduct
 - (5) Behaviour likely to undermine the authority of match Referees
 - (6) Conduct likely to bring the game into disrepute
 - v. In the event of the Sub-Committee considering alleged behaviour as above, then the player/coach/club official/ spectator may be required to attend a disciplinary hearing.
 - vi. There shall be a right of appeal to the Volleyball England Judicial Panel of any decision made by the Disciplinary Sub-Committee

Section I. End of Season

Regulation I 1. Any club or team not entering for the ensuing season must notify the Competitions Commission at least 2 weeks prior to the end of the current NVL season; otherwise all fees and goodwill deposit will be retained.

Regulation I 2. Teams are required to notify the Volleyball England Competitions Officer of players registered at the start of the season, who no longer play for that team.

Regulation I 3. National League positions

- i. In the Super 8s, three points will be awarded to the team winning a match should the score be 3-0 or 3-1. Two points will be awarded to the winning team and one point to the losing team should the score be 3-2.
- ii. In all other Divisions; three points will be awarded to the team winning a match, one point to the losing team, no points for a null and void or forfeited match.
- iii. In Divisions 1-3, any team forfeiting a match will be deducted 1 point and their opponents will be awarded 3 points and the match 3-0 25-0, 25-0, 25-0.
- iv. In the event of a tie at the end of the season in the Super 8s division, the teams will be classified in the order of:
 - (1) Set quotient; number of total sets won / number of total sets lost
 - (2) Point's quotient; number of total points scored / number of total points conceded (during all sets)
- v. In the event of a tie at the end of the season in all other divisions, the teams will be classified in order of the:
 - (1) Number of matches won
 - (2) Sets for less sets against
 - (3) Points for less points against
- vi. If two teams are still tied they will be classified in terms of the matches between the two teams.

Regulation I 4. Promotion and Relegation

This regulation covers all NVL Divisions, Men and Women. Promotion and relegation is as follows:

- i. Should teams drop out of any of the Divisions during the season, then the Competitions Commission reserves the right to alter the Promotion/Relegation issues. The Commission reserves the right to favour teams from higher divisions.
- ii. If teams do not fill their respective places in the NVL in the following season, the Competitions Commission will fill those places with existing teams.
- iii. Dates of all play-off matches will be detailed in the Volleyball England calendar.
- iv. All teams in a promotion position must take their place in the appropriate division if permitted to do so by other regulations. However, in exceptional circumstances the Competitions Commission may review the situation if a written submission is received by 1st May during the current season.
- v. **Men's and Women's Super 8s**
 - (1) The winners of the Division will win the League Title.
 - (2) The team finishing 7th in the Super 8s will playoff against the 2nd placed team in Division 1. The winner will play in the Super 8s in 2015-16 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
 - (3) The team finishing 8th will be relegated to Division 1 for 2016-17.
- vi. **Men's and Women's Division 1**
 - (1) The winners of the Division will be promoted to the Super 8s for 2016-17.
 - (2) The team finishing 2nd will play off against the 7th placed team in the Super 8s. The winner will play in the Super 8s in 2016-17 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
 - (3) The team finishing 8th in Division 1 will playoff in a triangular against the two 2nd placed teams in Division 2. The winner will play in Division 1 in 2016-17 and the losers in Division 2. The fixture will take place at a central venue organised by Volleyball England with the costs shared.

- (4) The teams finishing 9th and 10th will be relegated to Division 2 for 2016-17.
- vii. **Men's and Women's Division 2**
 - (1) The winners of each Division will be promoted to Division 1 for 2016-17.
 - (2) The 2nd place teams in the Divisions will play off in a triangular against the 8th place in Division 1. The fixture will take place at a central venue organised by Volleyball England with the costs shared. The winner will play in Division 1 in 2016-17 and the losing teams in Division 2.
 - (3) The team finishing 9th and 10th will be relegated to Division 3 for 2016-17.
- viii. **Men's Division 3**
 - (1) The winners of the Division will be promoted to Division 2 for 2016-17.
 - (2) The 2nd place teams in the Divisions will play off; format to be confirmed. The fixture will take place at a central venue organized by Volleyball England with the costs shared. The winner will play in Division 2 in 2016-17 and the losing teams in Division 3.
- ix. **Women's Division 3**
 - (1) The winners of the Division will be promoted to Division 2 for 2016-17.

Regulation I 5. European Competition Entry

- i. If teams are considering entering European Competitions, teams must indicate their intention in writing to the Competitions Commission by 1st April.

Section J. Regulations for Specific Competitions

Regulation J 1. Volleyball England K.O. Cup

- i. Entry is included for all N.V.L. teams and is open to all affiliated clubs.
- ii. No player may play for more than one team under any circumstances.
- iii. Players must be registered with their respective clubs. Non-NVL teams whose players cannot produce a Local League player registration (photo) card must provide a list of all players who will play in the Competition to the Volleyball England Competitions Officer at least a week prior to playing in the competition. This will need to be verified by the Local League, and email confirmation will be provided to the team. Teams must present the email approval to the match officials, and players must produce photo ID (e.g. Passport, Driving Licence) to verify their identity at the match.
- iv. An NVL registered player may choose to play for a non-NVL team in the Cup different from the club/team which holds his / her NVL registration, provided:
 - (1) The NVL team agrees and is not left with less than eight players to compete in the cup competition themselves;
 - (2) It is the non-NVL team that the player plays for in the local / regional league.
 - (3) Where this regulation is abused, the player and team(s) involved will be subject to disciplinary action.
 - (4) "Amalgam" teams must be able to demonstrate some common affinity e.g. playing in the same local league, or living in the same geographical area. Any doubts over eligibility must be clarified with the relevant Cup Commission or Competitions Officer.
 - (5) NVL registered players cannot play for another NVL team, other than the one that holds their registration at the time of the fixture, and subject to "cup tie" regulations.
 - (6) NVL teams may contain non-NVL registered players subject to that player having an affinity with that team i.e. a player from the same Club.
- v. To take part in the semi-final or final, a player must either have taken part in a previous round for their team or have been registered with the team from before the first NVL game of the season. Non NVL teams may register players up to, and including, the day of the Quarter Finals.
- vi. All clubs/teams are required to play their allocated fixture(s) on the date(s) specified by the Competitions Commission.
- vii. Teams defaulting from National Competitions may be debarred from such competitions for a period of one year.
- viii. If a team withdraws after the draw, the Competitions Commission reserves the right to amend the draw.
- ix. Teams who are knocked out of the Volleyball England K.O. Cup at designated rounds shall be entered into the Volleyball England Shield as advertised by the Competitions Commission.
- x. Shirt numbers must be numbered between 1 and 20
- xi. Matches must be played on the scheduled date unless agreed in writing by the Cup Commissioner.

Section K. Instructions to Referees

Regulation K 1.

- i. Referees who have not received a match confirmation by 7 days prior to the match should contact the Volleyball England National Office or relevant Divisional Commissioner for advice. (Regulation D1. viii refers)
- ii. First referees are required to notify the Competitions Commission of any inadequacies in playing conditions by recording them on the scoresheet. (Regulation D 1)
- iii. First referees who issue an expulsion or disqualification penalty are required to submit a report to the Volleyball England National Office and NVL Referee Commissioner after the match. (Regulation H 2. refers.)
- iv. First referees should ensure that any legitimate protest is recorded in the Remarks box of the scoresheet at the first opportunity after the event arises. (Regulation G 3. ii refers).
- v. Referees should not allow anyone other than the scorer or themselves to write in the Remarks box of the scoresheet.
- vi. Referees should only allow players, coaches or bench personnel, in possession of a valid, current registration for that team, to sit on a team bench or otherwise participate in a match. (Regulation E7. iii refers)
- vii. Where the second match of a Double Header involves a change of Net Height then the 30 minute warm up shall start from when the new net height has been set and confirmed by the Referees,
- viii. Referees who do not get paid promptly i.e. on the day and have not agreed to be paid via BACS should contact the relevant Divisional Commissioner. (Regulation D3. refers)
- ix. Referees are requested to record on the scoresheet if an incorrect match ball is used. (Regulation D1. vi (5))

Note: Player registrations and transfers cease as of 1st March unless in exceptional circumstances where permission is granted by the Divisional Commissioner prior to the match. (Regulation C1.iv & Regulation C3. i refers.)

Section L. Anti-doping (Drug Taking) Regulations

Regulation L1. All players and participants are subject to the anti-doping rules and regulations of the English Volleyball Association.

Regulation L2. A copy of the Volleyball England Anti-Doping Rules and regulations for doping control is available on request from the Volleyball England National Office.

Regulation L3. Doping Controls may be carried out at any time during or out of competition.

Regulation L4. Competitors under the age of 18 are required to submit a duly completed and signed parental/guardian consent form agreeing to the competitor's participation in doping controls as a condition of eligibility for participating in the competitions governed by these regulations. This form must be submitted with their competition registration form (a proforma consent form is available from the Volleyball England National Office).

Regulation L5. Any player or participant providing a positive sample or violating the anti-doping rules and regulations will be subject the sanctions imposed by the appropriate authorities.

The Executive Board may take action against any registered participant, administrative group, commission, sub-committee, sponsor or affiliated organisation that it deems to have brought the Association into disrepute or have committed an act of misconduct as defined by the Anti-Doping Rules.

The Association shall take action, in accordance with its Anti-Doping Rules, against those of its membership found to have contravened the Anti-Doping Rules which comply with the World Anti-Doping Code and FIVB or their successors, in force at the time of the offence.

Section M. Blood Injuries

Regulation M1. A player is not allowed to play with a bleeding wound, regardless of the seriousness of the injury. Any blood on a player's skin, playing kit, floor or equipment must be dealt with immediately. Referees should stop the game immediately after realising that blood is an issue, and instruct the player to receive the appropriate medical intervention to stem the blood flow, and clean any blood from the player, and the floor / equipment, as required. Safe and sterile cleaning materials must be used at all times. It is the team's responsibility to clean any blood from the floor / equipment.

Although the player does not have to be substituted immediately they should leave the court for treatment. An assessment of the likelihood of the player returning within 3 minutes (in blood free kit) should then be made. During this period the floor and any equipment should be cleaned.

If the bleeding has stopped and the player is in blood free kit then the match should resume as soon as it is possible. If the blood flow cannot be stemmed, or dealt with within the 3 minute period then the player may have to be substituted legally or exceptionally. This may, in time, mean teams taking their time outs to prolong this period. If a player does not recover and a substitution cannot be made in accordance with Rule 15.5 -15.10 then the team will be considered incomplete.

It is recommended that Teams equip themselves with a small box with disposable gloves, antiseptic wipes, disinfectant, cloths and nappy sacks for safe disposal. All contaminated material including any used gloves should be doubled bagged before appropriate disposal.

Section N. Minimum Operating Standards

Minimum Operating Standards are detailed below to work towards driving up the standards of delivery of the National League. The aim of the MOS are to increase the presentation of matches, increase participant satisfaction and create an aspirational pathway through the leagues.

Substitution Equipment

All NVL matches will require paddles and buzzers to be provided by the home team for all matches.

Paddles – each team will be required to have two sets of paddles numbered 1 -20.

Buzzers – the minimum requirement for these is one buzzer to be used by the scorer to indicate substitutions and Technical Timeouts.

Kit

Super 8's & Division 1 All kit (shirts & shorts) must be uniform as per the current rules.

All teams will be required to wear shirt numbers 1-20 for matches as per FIVB rules (as per previous communication).

Shorts do not have to be numbered but all have to contain no number or all have to contain the player number.

Division 2 & 3; All shirts must be uniform as per current rules, all shorts must be the same colour.

Match Programmes

All Super 8's teams are encouraged to produce programmes for all home matches and a copy is to be sent to Volleyball England Head Office along with the Scoresheet.

A template for these will be sent out to all NVL teams for use if required.

The programmes must contain the following:

- National League & Volleyball England Logo
- Match Number, Division, Date & Time, Team Names
- Venue
- Squad names & numbers

Match Reports

All Super 8s & Division 1 home teams are encouraged to send to Volleyball England a 200 word match report by 12noon on Tuesday following match for publication on the Volleyball England website.

Volleyball England is looking for a volunteer for each division to act as a Match Report Coordinator. This doesn't have to be a player or coach, just a willing volunteer. These volunteers would receive free player registration, 2 free tickets to the National Cup Finals and a free ticket to the Annual Awards Evening.

Team Lists

All divisions – Teams are to present the scorer with a Team List specifying Players Name, Shirt No. and Registration No., and any Libero Player(s).

Non compliance with the MOS will be subject to a fine under Regulation G1.; repetitive non compliance will be reviewed by the Competitions Commission.

Section O. Sports Betting

Regulation O1. Sports Betting

- i. No player or club/team representative shall place or attempt to place a bet on a match or other event or competition in which they or their club participates.
- ii. No player or club/team representative shall solicit or facilitate, or attempt to solicit or facilitate, another person to bet on a match or other event or competition in which they or their club participates.
- iii. No player or club/team representative shall offer, or attempt to offer, a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- iv. No player or club/team representative shall receive, seek or attempt to receive or seek a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- v. A player or club/team representative shall report any approach or other activity which contravenes, or which may contravene, the sport's rules on betting to their respective commissioner, co-operate with any investigation and/or request for information including the provision of documentation (e.g. telephone/betting records to officials engaged in the investigation of suspected integrity issues in the sport in relation to betting)
- vi. A player or club/team representative shall perform to the best of their ability in any match or other event in which they participate in.
- vii. Any breach of this regulation will be dealt with under Regulation H 7 Conduct.

Section P. Appendices

Appendix A - PROCEDURE FOR PLAYER TRANSFERS

1. Volleyball England will supply the form on request to a team/club secretary or registered player.
2. The new club will sign the Transfer Certificate and relevant sections of the form, and the player will also sign the form indicating consent to transfer.
3. The player can obtain their release from their existing club, prior to approaching the new club
4. The signed form is then sent to the Volleyball England National Office.
5. If the Release section has not been completed, the Volleyball England National Office will forward to the releasing club, on receipt.
6. The releasing club has 7 days from dispatch of the form by the National Office to sign and forward the completed form to the Volleyball England Office. The date will be verified by postmark of the envelope received at the Volleyball England Office. Failure to sign and return the form within 7 days without proper notification to the Competitions Commission or reasons for objection will result in a fine of £20.00 and thereafter, such penalty as the Competitions Commission may decide. Failure to sign and return the form and/or failure to give proper notification will result in the player being transferred irrespective of the lack of consent.
7. The releasing club will then have a further 7 days to produce written evidence to support their refusal to release.
8. There will be a £19.00 transfer fee for administration work involved.
9. Releasing clubs should refer to Regulation C 3 regarding reasons for objecting to the proposed transfer.

NOTES:

The Competitions Commission is empowered to approve transfers, provided that the documentation is complete and in accordance with the above.

The Volleyball England National Office will have an initial request for transfer and within seven days, either a completed form of agreement by the releasing club or notification as to why the transfer is being objected to. Should neither of these be presented within a further five days then the transfer will be deemed to have been completed. The onus is on the club holding the player registration to advise of any reason why the transfer cannot be completed as requested.

Once the Volleyball England National Office has obtained the written agreement of all parties involved, or in the absence of documentation within specified timescales, the transfer will be approved. A current club refusing to release a player **MUST** provide proof of indebtedness or contract within five days of receipt of form. In the event of dispute the Transfer and Contract Registration Sub Committee of the Competitions Commission will decide.

Appendix B - Player Contracts

1. Where a Club and player enter into a form of contract, then such contracts shall be registered within 14 days of execution by both parties, by sending a certified copy to the Volleyball England National Office. The Volleyball England National Office will provide an acknowledgement of registration by issuing a contract number.
2. Any such contract must amongst other things provide for commitment from the club concerned to:
 - provide proper and adequate coaching facilities
 - provide proper and adequate match facilities
 - ensure due entry to the National League and K.O. Cup
 - conduct its affairs in a proper manner as required from time to time by the Competitions Commission.
3. Such contract must amongst other things provide for commitment from the player to:
 - train as directed by the club's appointed coach
 - attend matches as required by the club's appointed coach
 - adhere to club rules (a copy of which must be supplied to the player)
 - observe the code of conduct as laid down by the Competitions Commission.
4. Any such contract must be for a stated and limited period and cannot be for more than 2 years. On expiry of such contract, a player shall be free to transfer to another club, subject to the provisions concerning transfers.
5. In the event of dispute between a player and club, then either party may apply in writing to the Competitions Commission for relief. Such application must give basic details of the dispute stating the breaches of contract alleged. A copy of any application made to the Competitions Commission must be sent at the same time to the parties involved. The Competitions Commission shall if requested by either of the parties concerned hold an oral hearing. In the event of an oral hearing then the parties concerned must file at the Volleyball England National Office 7 days prior to such hearing a list with copies of all correspondence notes and written material to which reference is to be made.
6. The Competitions Commission shall be entitled in the event that the club is at fault to release the player from the terms of the contract and to permit (in its absolute discretion) the transfer of such player to another club. Such relief shall only be granted in circumstances where there has been a lack of proper commitment from the club in fulfilling its obligations under the terms of contract.

Appendix B – Pre Match Protocol

		The total warm-up will last for 30 minutes. <i>Prior to the start of the 30 minutes the Home Team prepares the court (See NVL Regulation D 1) and erects the posts and net. NOTE: The preparation of the court and the correct erection of the net is <i>not</i> the responsibility of the referees; they are only responsible for checking the facility and equipment. The NVL warm-up protocol is as follows:</i>
a)	- 45 mins	Referees courtside and in uniform.
b)	- 30 mins	Net ready for initial height check by Referees. Home team to adjust net height if necessary
c)	- 30 mins	Scorer to be present. Team and Referee registration details submitted to the scorer. Scorer commences scoresheet.
		Home team provides the match balls. Second Referee checks match balls conform to the rules and are at the correct pressure.
d)	- 16 mins	First referee calls team captains to the scorer's table and checks whether captains agree for their teams to share the net warm-up, or whether one team prefers separate warm-ups. (Rule 7.1.3)
		NOTE: (i) A captain still has the right to ask for separate warm-ups up to the time of the whistle to begin the warm-up. (ii) If it has not already been established teams should confirm whether they will be using a Libero and, if so, whether the Libero is likely to replace the team captain. In the latter case, it is helpful if referees are informed who is likely to be the game captain in such situations.
		The toss is taken in the presence of the two <i>team captains</i> . Each captain will be allocated a side of the coin.
		After the toss, team captains go to the scorer's table to sign the scoresheet. The scorer is informed of the result of the toss.
e)	- 15 mins	Both coaches check and sign the scoresheet <i>If they have not already done so, all players change into <u>full</u> playing kit prior to the net warm-up.</i>
f)	- 12 mins	Begin official net warm up: this takes the format of 4 minutes through position 4, then 4 minutes through position 2, then 2 minutes serving – but this can be varied, if both teams agree.
		(If one team chooses to warm up separately then the serving team will have the court for the first 5 minutes. The receiving team should remain at their bench. NOTE; They are not allowed to use balls or any part of the free zone for warming up.
		Coaches submit line up sheets for the first set to the second referee. <i>The line-up sheet must have the name of the team and the set number and must be signed by the coach, not the assistant coach. It is no longer obligatory to include the Libero on the line up sheet for the first set.</i> The 'Libero' is only excluded from the match if he/she is not named in the space provided on the scoresheet. Second referee ensures that the scorer has both team line-up sheets. Scorer must ensure each team does not see the

		opposition's line-up sheet or the line-up recorded on the scoresheet.
g)	- 2 mins	First referee whistles to signify the end of the warm-up. Referees ensure all is in order and ready for commencement of play. Line judges go to their positions.
h)	- 1 min	First referee goes to the stand. Second referee stands at the post on their side of the court. The first referee calls teams to line up on their baseline, then onto the court. Second referee checks each team's line up. Libero may not enter the court until his/her team line up has been checked.
i)	0 min	Start match

		opposition's line-up sheet or the line-up recorded on the scoresheet.
g)	- 2 mins	First referee whistles to signify the end of the warm-up. Referees ensure all is in order and ready for commencement of play. Line judges go to their positions.
h)	- 1 min	First referee goes to the stand. Second referee stands at the post on their side of the court. The first referee calls teams to line up on their baseline, then onto the court. Second referee checks each team's line up. Libero may not enter the court until his/her team line up has been checked.
i)	0 min	Start match

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NVL 2015-16 season

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