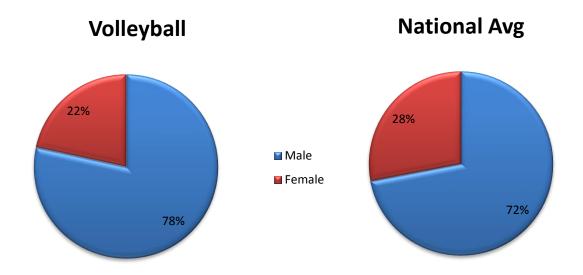
Sports Coach UK National Coaching Survey 2014: 140 responses from volleyball coaches.

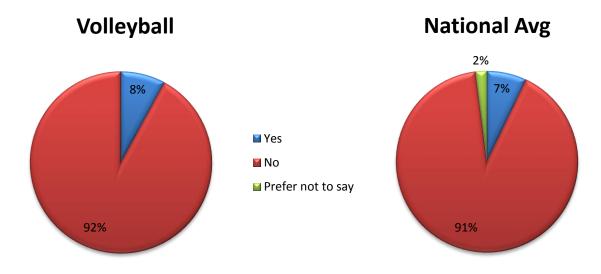




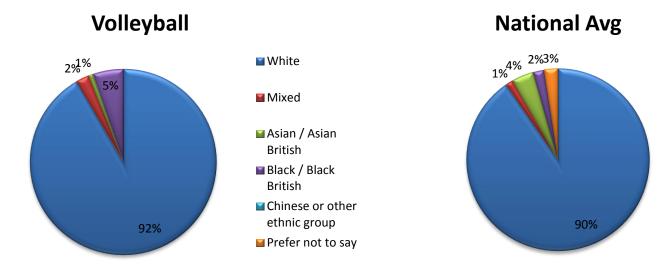
## Gender:



## **Disability:**

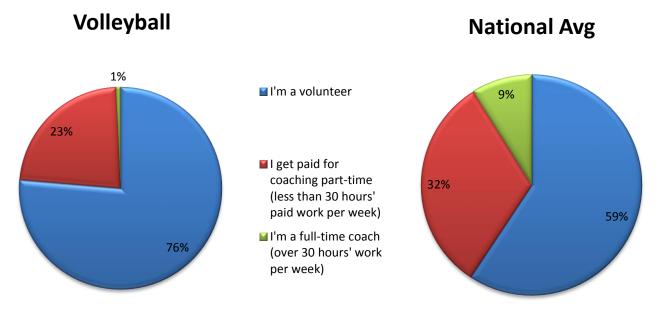


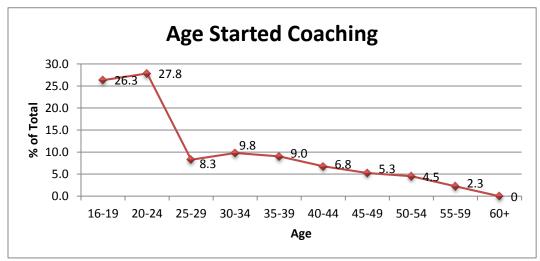
#### **Ethnicity:**

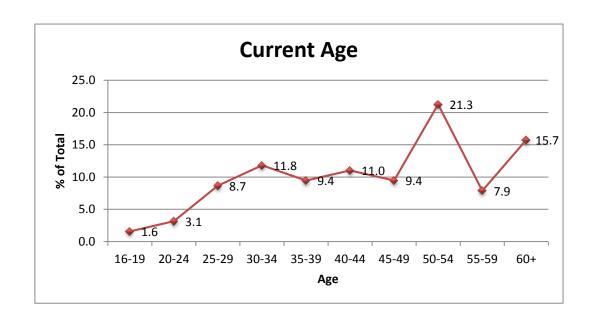


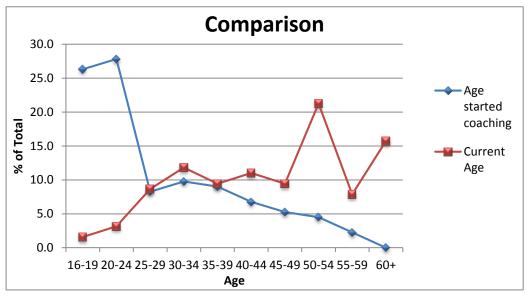
#### Type of respondents:

Typically do you coach in a volunteer or paid capacity? Age started coaching and current age of coaches:

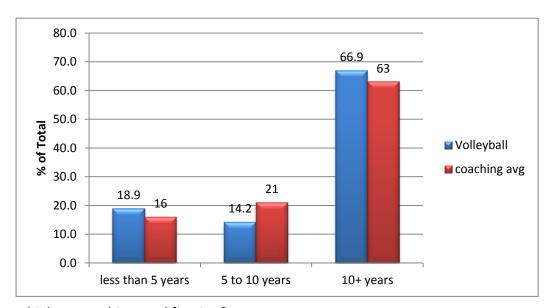




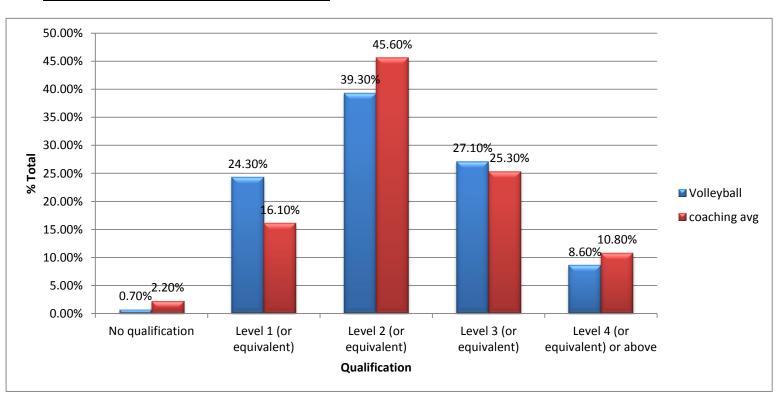




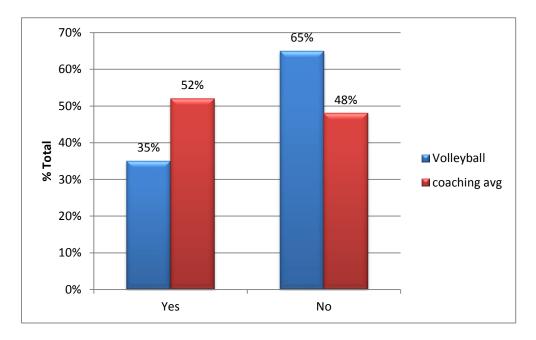
#### **Coaching Experience:**



#### What is your highest coaching qualification?



## Do you intend to gain another qualification in the next 12 months?



## **Learning and Development**

In the last 12 months which of the following areas have you used to improve/deepen you coaching knowledge?

	% Volleyball	% National Average	% Difference (- is below average, + is above average)
Talking to other coaches	79.4	86.8	-7.4
Reflecting on coaching sessions	77.9	79.1	-1.2
Observing/working with other coaches	73.5	84.6	-11.1
Searching/using the Internet	69.1	71.4	-2.3
Reading books, watching DVDs etc	53.7	65.1	-11.4
Coaching workshops	33.1	66.4	-33.3
Mentoring	25.7	40.7	-15
Social Media (Twitter, Facebook LinkedIn)	24.3	33.7	-9.4
Coaching conferences	23.5	42.6	-19.1
Online learning courses	16.2	31.4	-15.2
FE/HE Qualifications (related to coaching or sport)	6.6	15.7	-9.1
Formal distance learning	1.5	7.1	-5.6

# **Key: RED = Highest value**

	Not at all (%)	A little (%)	Short term impact (%)	Significant Impact (%)
FE/HE Qualifications (related to coaching or sport)	22.2			77.8
Mentoring		11.8	23.5	64.7
Observing/working with other coaches	1	14.4	23.7	60.8
Talking to other coaches	1.9	17.9	27.4	52.8
Coaching workshops	2.3	25	25	47.7
Reflecting on coaching sessions	1	20	32.4	46.7
Reading books, watching DVDs etc	1.4	19.7	39.4	39.4
Online learning courses	10	30	30	30
Searching/using the Internet	2.2	35.2	34.1	28.6
Social Media (Twitter, Facebook LinkedIn)	6.3	31.3	34.4	28.1
Coaching conferences		10	36.7	23.3
Formal distance learning		50	50	

# Please can you say whether you sought to gain this kind of information/knowledge in the last 12 months?

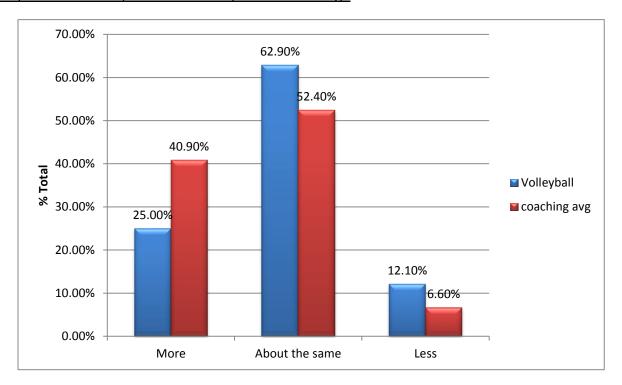
	% Volleyball	% National Average	% Difference (- is below average, + is above average)	
Planning Sessions: structure, format, content	72.9	82.2	-9.3	
Technical/tactical knowledge	74	74.9	-0.9	
Motivating athletes	69.4	72.5	-3.1	
Providing feedback	68.5	72.4	-3.9	
Observation and analysis	66.9	66.9	0	
Providing instruction	66.1	60.7	+5.4	
Listening	32.1	67.8	-5.7	
Evaluating sessions/programmes	57	67.5	-10.5	
Self-reflection and critical thinking	52.8	61.1	-8.3	
Organisation of sessions (e.g. facilities, equipment, health and safety)	52.3	58.5	-6.2	
Understanding/evaluating athlete/player development	48	59.1	-11.1	
Knowledge of a wide range of coaching methods	48	59.5	-11.5	
Responsiveness/adaptability to situation/person	46	54	-8	
Planning programmes (over a season, year, cycle)	44.9	58.7	-13.8	
Questioning	40.3	58.1	-17.8	
Decision Making	38.6	45.4	-6.8	
Managing the coaching environment	37	48.9	-11.9	
Facilitation	33.9	40.8	-6.9	

# How supported do you feel?

	Very we supporte		Support	ed (%)	Supporte little (%)		Not suppat all (%)		Support not needed (%)	
Identifying your development needs	4.3		12.9		30.9		44.6		7.2	
Knowing the next steps for your coaching	5		19.4		29.5		38.8		7.2	
Identifying development opportunities	4.3		21.6		28.1		40.3		5.8	
Help with the cost of development opportunities	3.6		10.1		19.6		59.4		7.2	
Help with finding appropriate opportunities to coach	5.	8	10.1		18.8		39.1		26.1	
Help with career opportunities in coaching	3.	6	5.1		14.6		46		30.7	
Overall support Average	3.6	7.1	17.4	25.9	44.2	43	29.7	20.4	5.1	3.7

#### Their future:

## Do you expect to do more, about the same, or less coaching?



# Do you intend to stop coaching in the next 12 months?

