# COURSE ORGANISERS HANDBOOK

FIVBoaches Court Enland 2014



2

# COURSE ORGANISERS HANDBOOK

## Contents:

Coach/Referee Pathways Courses Overview + Descriptors Facility Requirements Tutor Appointment Costs Organising a course Recognised Centres of Delivery Cancellation Policies

Courses for Teachers Volley Sport Mini Volley Super Mini Volley

Coaching Courses UKCC Level 1 UKCC Level 2 Volleyball England Level 3 Beach Volleyball Coaching Clinic

Activator, Leadership & Volunteering Young Leaders Young Event Volunteer Student Activator Go Spike Activator

Refereeing Young Referee Course Grade 4 Referee Course

Workshops Sitting Volleyball Workshop

Health & Safety Guidelines Tutor List Course Application Forms Contacts

## INTRODUCTION:

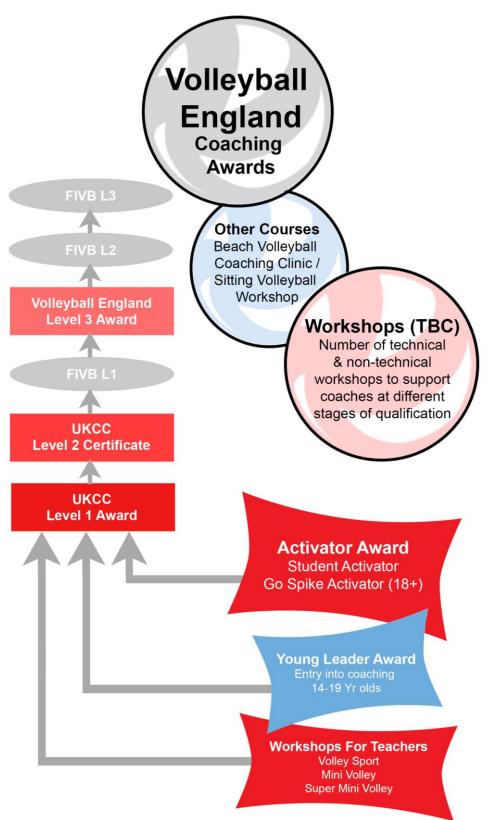
This handbook presents guidelines and procedures for all the courses Volleyball England currently offer.

The document covers areas of coaching, officiating and general leadership and provides an understanding of where each course fits within Volleyball England workforce pathways.

All course descriptions, content, learning outcomes, booking processes, facility requirements, tutor expectations, pre during and post course administration and other relevant information is included in this document.

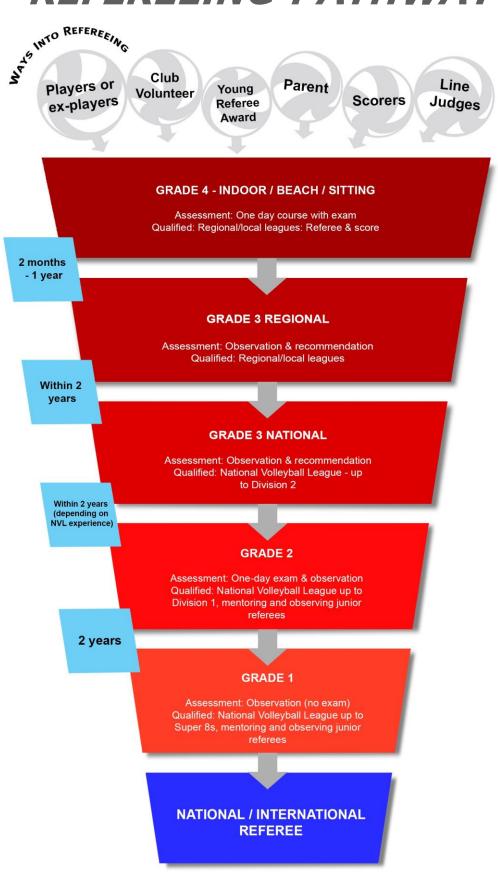


# VOLLEYBALL ENGLAND COACHING PATHWAY





# VOLLEYBALL ENGLAND REFEREEING PATHWAY



# COURSES OVERVIEW

## **VOLLEYSPORT – 4 HOURS**

This workshop introduces teachers to the game. You will gain an understanding of the rules, equipment and how to run sessions. The workshop comes with a resource pack full of fun warm up sessions and game based activities demonstrated by our experienced tutor. Without the pressure of assessments, this a fun and relaxed practise to kick-start volleyball in your school.



## MINI-VOLLEY - 4 HOURS



This workshop offers teachers the opportunity to progress and develop their volleyball knowledge by understanding the 3v3 version of the game. With the guidance of our highly trained tutor and resource packs, you will gain a clear understanding of how to deliver Mini Volley to your students.

## SUPER MINI-VOLLEY – 4 HOURS

This workshop will teach you our 4v4 version of the game. Super Mini Volley is a recognised competition format for the youth and is the key bridge between mini versions and the full 6v6 game. Our accomplished tutor will deliver a clear understanding of the game aided by resource packs for you to take away and use in the future.



## UKCC LEVEL 1 COACHING AWARD - 3 DAYS

This is the basic introductory coaching award and is a minimum of 16 hours delivery plus an assessment day. The course aims to enable the coach to assist in the introduction of volleyball to a group of inexperienced adults or children in a safe, controlled and enjoyable manner. Knowledge and understanding of tactics and skills is developed through a progression of small-sided games based on three modules that address the VolleySport, Mini-Volley and Super Mini-



Volley formats (see above). Opportunities are provided for candidates to build their experience of practical coaching in a group setting.

## UKCC LEVEL 2 COACHING CERTIFICATE – 4 DAYS

The UKCC Level 2 Award is a minimum of 32 hours of delivery and it prepares the coach who has some experience of competitive volleyball to run practical sessions on their own with an extended knowledge of how to structure, develop and progress towards a 6v6 game of volleyball. The course builds upon the knowledge, understanding and skills attained at UKCC Level 1 moving through the LPV formats of 3 Vs 3 to 4 Vs 4 to 6 Vs 6.



## Volleyball England Level 3 Coaching Award – 4 Days



The Level 3 Award is a minimum of 32 hours and prepares the experienced coach to deliver a programme of training sessions aimed at improving the technical and tactical performance of individual players and a team over a series of matches (season). The course also covers; game analysis and evaluation of performance, short, medium and long-term planning of

training and competition, physical and psychological development of individuals and teams and coaching methodology. Opportunities are provided for candidates to extend their experience of practical coaching in a group setting and assessment is completed by formal written examination and group project work.



## Beach Volleyball Coaching Clinic – 2 Days

This Coaching Award has been designed for coaches who are qualified at Level 1 to gain specialist knowledge and skills in coaching beach volleyball. The course is a minimum 14 hours of delivery covering the basic principles of the beach game including the specific health and safety aspects. The course requires an outdoor or indoor sand court as well as access to classroom facilities. Course Organisers should liaise with the tutor to ensure that facilities and equipment meet the requirements for the course.

## Young Leaders Award – 6 Hours



The Volleyball Young Leaders Award is a 6-hour course designed to be used by clubs, schools and youth groups. The award is designed to complement the Level 1 Award in Sports Leadership and Level 1 Award in Community Sports Leadership or to stand alone as a valid award for young leaders. It can be delivered by any PE Teacher or Level 2

Coach using the Tutor Resource Pack. This easy-to-follow resource plans your sessions for you, is national curriculum friendly and can be delivered in one go or as part of PE lesson time.

## YOUNG EVENT VOLUNTEER AWARD – 6 HOURS



The Young Event Volunteer Award is aimed at 14-19 year olds and suitable for students, young club members or anyone wishing to develop their leadership skills through volleyball activity. The course has been developed with the aim of providing young people with the knowledge and skills to volunteer at a national or international volleyball event or take a lead in organising a volleyball event in their school / college or club.

## **STUDENT ACTIVATOR – 3 HOURS**

The workshop is three hours long and comprises of challenges and adapted games. The Activator is challenged to get beginners playing volleyball anywhere and anytime. The course covers: basic volleyball shots needed to start up a game and ideas of a large number of different games, designed to be enjoyed by all.



## **GO SPIKE ACTIVATOR – 4 HOURS**



The workshop is four hours long and comprises of challenges and adapted games. The Activator is challenged to get beginners playing volleyball anywhere and anytime. The course covers: basic volleyball shots needed to start up a game and ideas of a large number of different games, designed to be enjoyed by all. The course also covers content on how to best market your sessions.

## Young Referees Award – 6 Hours

The Young Referee Award is aimed at 14-19 year old students wishing to leadership develop their skills through refereeing volleyball. The course has been developed with the aim of providing young people with the skills necessary to conduct a volleyball match effectively. The course does not require participants to have any previous knowledge of volleyball and can be delivered by any PE Teacher or Level 2 Coach supported by the Tutor Resource



Pack. This easy-to-follow resource plans your sessions for you, is national curriculum friendly and can be delivered in one go or as part of PE lesson time.

## Grade 4 Referee Course – 1 Day

The one-day Grade 4 refereeing course is your first step into refereeing. It consists of pre-course tasks, half a day of on-court practice and half a day conducted in a classroom setting, covering both theoretical and practical aspects of refereeing. The day will finalise in a written examination.



## SITTING VOLLEYBALL WORKSHOP - 3 HOURS

The workshop is four hours long and comprises of practical and theory sessions to introduce the game. It is not necessary to have a typical sitting volleyball court and balls as the leader is challenged to get beginners playing volleyball anywhere.





# Facility Requirements Overview

The CO is responsible for establishing that there is a need for a course and making sure that the course minimum can be achieved (if applicable). Once there is enough interest, a facility will need to be sourced and this should **fulfil the following MINIMUM STANDARDS**:

	VolleySport	Mini-Volley	Super Mini-Volley
Total Hours	4	4	4
Class/Sports Hall	1 hour / 3 hours	1 hour / 3 hours	1 hour / 3 hours
Court space	1 badminton cou	rt per 6 candidates, (with net or	rope across courts).
Balls	1 ball per 2 candidates min. Mixture of teaching and leather volleyballs.		
Ball trolley	1 trolley or portable ball container on all courses.		
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.		
Classroom facilities	DVD playback facility (optional). White board or flip chart and pens. Multimedia projector and screen. Tables and chairs.		

	Young Leaders	Young Referee	Young Event Volunteer	Student Activator	Go Spike Activator	Sitting Workshop
Total Hours		6 Hours		3 Hours	4 Hours	4 Hours
Class/Sports Hall	Fully practical, No classroom required					
Court space	1 badminton court per 6 candidates, (with net or rope across courts). 1 sitting court per 12 candidates			court per 12		
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.					
Ball trolley	1 trolley or portable ball container on all courses.					
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.					

The facility and equipment must also conform to the **Health and Safety Guidelines** contained within this document.

	UKCC Level 1	UKCC Level 2	Volleyball England Level 3	
Total Hours	24 incl. assessment (3 Days)	32 incl. assessment (4 Days)	32 plus off course assessment (arranged at £25 cost) (4 days)	
Class/Gym ratio	1/23 (1 <sup>st</sup> hour on the first day in the classroom)	10/22 (Breakdown in course details)	Both to be available at all times	
Court space	1 volleyball court per 16 candidates, fixed posts	1 volleyball court per 16 candidates, including fixed posts, tensioned net, antennae.		
Facility	To have heating or be at a warm	temperature and have access to drinks on site		
Balls	1 ball per 2 candidates min. Mixture of teaching and standard volleyballs.	1 ball per 2 candidates min.		
Ball trolley	1 trolley or portab	le ball container on	all courses	
Referee stand	No	Preferred	Preferred	
Coaching platform (Box)	No	Essential Essential		
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.			
Classroom facilities	DVD playback facility (optional – Level 1, compulsory – Level 2 and 3) White board or flip chart and pens. Multimedia projector and screen. Tables and chairs for written examination.			

For all UKCC courses, the venue must be registered with 1st 4 Sport. Requests to register a venue must be made by Volleyball England office to services@1st4sportqualifications.com clearly stating the venue name and address. Venues that do not satisfy above minimum criteria will not be granted the delivery of courses.

	Grade 4 Referee Course
Total Hours	8 Hours (1 Day)
Class/Gym ratio	4/4 (Morning in Sports Hall, Afternoon in the Classroom)
Court space	1 volleyball court per 18 candidates, fixed posts, tensioned net and antennae
Facility	To have heating or be at a warm temperature and have access to drinks on site
Balls	1 ball per 2 candidates min.
Referee stand	Yes (Essesntial)
Other equipment in Sports Hall	Seats, 1 per candidate. White board or flip chart and pens. Team benches, scorer's table and line judge flags.
Classroom facilities	Multimedia projector and screen. Tables and chairs for written examination.



# **TUTOR APPOINTMENT**

All tutors for coaching courses (UKCC Level 1 + 2 courses and Volleyball England Level 3) are appointed by Volleyball England and based on the recommendation of the coaching commission (if applicable). All tutors for referee courses will be appointed by the referee commission.



Course/Workshop	Level of Tutor eligible to tutor
VolleySport	VolleySport Tutor, Staff Tutor 1, 2 & Senior
Mini-Volley	Mini-Volley Tutor, Staff Tutor 1, 2 & Senior
Super Mini-Volley	Super Mini-Volley Tutor, Staff Tutor 1, 2 & Senior
Level 1 Award	Staff Tutor 1, 2 & Senior Staff Tutor
Level 2 Certificate	Staff Tutor 2 & Senior Staff Tutor
Level 3 Award	Senior Staff Tutor
Activator Courses	Activator Trained Tutors
Sitting Volleyball Workshop	Sitting Volleyball Trained Tutors
Grade 4 Referee	Any tutor trained to deliver Grade 4 courses
Beach Coaching Course	Beach Volleyball specialists will be recommended for delivery by Volleyball England.

**Young Leaders, Young Officials and Young Event Volunteer** courses can be tutored by any qualified PE teacher or Level 2 and above registered volleyball coach with Volleyball England. Any tutor trained to deliver the Grade 4 course can deliver the Young Officials course. All organisations/schools with little to no knowledge of volleyball, should appoint a tutor for the course.

## THE FULL LIST OF TUTORS IS PROVIDED HERE

# Costs

Course	Learner Fee
UKCC Level 1 Award	£190 (In effect from 01.04.2015)
UKCC Level 2 Certificate	£450
Level 3 Award	£600
Beach Volleyball Course	£120
Activator HE/FE	£35
Activator Adult 16+ Community	£70
Sitting Volleyball Workshop	£50
Grade 4 Referee Course	£50

## **COURSES FOR TEACHERS / YOUTH**

Schools with no or little knowledge of Volleyball usually run the courses below with a Volleyball England Tutor. If a teacher/youth leader is running the course, they will just need to purchase the resource packs below. We advise that 1 per school is sufficient and all candidates should receive an award pack as confirmation of completion.

	Resource Pack Fee (Member)	Resource Pack Fee (Non -Member)	Cost of using a Volleyball England tutor
VolleySport Course	£20	£30	£140
Mini-Volley Course	£20	£30	£140
Super Mini-Volley Course	£20	£30	£140
Young Leaders	£40	£50	£210
Young Referee	£40	£50	£210
Young Event Organiser	£40	£50	£210

Other resources:

	Cost
VolleySport Certificate	£1
Mini-Volley Certificate	£1
Super Mini-Volley Certificate	£1
Young Leaders Award Pack	£5
Young Ref Award Pack	£5
Young Event Volunteer Award Pack	£5

Includes: Certificate, Water Bottle, Drawstring Bag Includes: Certificate, Whistle, Pocket Rule Cards Includes: Event Volunteer T-Shirt

\*Postage costs not included

Tutor fees for Volleyball England appointed tutors:

Tutoring:	£35 per hour
Travel:	£0.25 per mile

## VENUE HIRE

Volleyball England will pay up to £200 per day for facility hire and classroom for all Coaching courses. This is up to £150 for a refereeing course. For all other courses including the minimodules, the course organiser will be required to source a free venue.

# Organising a Course

An application to organise a Volleyball England course must be made to the Volleyball England Office by the CO on an official training course application form. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. Additional fees will also apply for courses requested

Please fill in the relevant form and return to r.neveykin@volleyballengland.org or call 01509 227730 to discuss

Courses for teachers, UKCC and Activator courses

Young People Courses

Grade 4 Referee Course

# **Recognised Centres**

Any of the Volleyball England Recognised Centres can arrange UKCC Level 1 and UKCC Level 2 courses. For these, the head office will assist in advertising the course on the website. All other requests including candidate queries for these course must be directed to the organising centre.

The following centres are approved to deliver the UKCC Level 1 and UKCC Level 2 qualifications:

Cardiff Metropolitan University Carnegie Coach Education Colchester Institute Manchester Metropolitan University Newcastle Under Lyme College PETROC – Barnstaple Prison Service College Richmond Upon Thames College Sheffield Hallam University Sport Solent Sport Solent Sport Structures Steve Jones, Sports Development Education & Training Top Flight Volley Limited University of Exeter

Contact details of all centres can be requested from 1<sup>st</sup> 4 Sport.

# CANCELLATION

Please be aware that the following refund policy applies to all coaching and refereeing courses organised by Volleyball England.

### **INSUFFICIENT NUMBERS**

In the event of there being insufficient numbers booked onto a course, Volleyball England will cancel the course. All candidates booked on to that course will be notified and have their candidate fee reimbursed or transferred to another volleyball course that they are able to attend.

## **CANCELLATION POLICY**

If a candidate wishes to cancel their place on a course, the following cancellation policy applies:

- Cancelled more than 20 working days before the start of the course full refund
- Cancelled less than 20 working days before the start of the course full refund minus an administration fee (£18)
- Cancelled less than 10 working days before the start of the course no refund

## **EXTENUATING CIRCUMSTANCES**

If you were unable to attend any of the course due to extenuating circumstances you must inform Volleyball England in writing five days from the day of the course that you missed. If you were unable to attend due to illness you must provide evidence of a doctor's note.

## MISSED TUTORING OR ASSESSMENT DAYS (UKCC LEVEL 1, UKCC LEVEL 2 & VOLLEYBALL ENGLAND LEVEL 3)

Should you miss any of the tutoring days you are not permitted to attend the assessment day until you have attended the missed days on another course. To book onto the days of another course you will incur an additional charge of £25 (Level 1), £45 (Level 2) and TBC (Level 3).

If you fail to attend both tutoring days on your original course, you will not be able to receive a refund or transfer to another course.

If you fail to attend your assessment day you will be classed as 'Not Yet Competent' (NYC) and you will be required to attend the assessment day of another course. To book onto another assessment day you will incur an additional charge of £25 (Level 1) or £45 (Level 2).

If you have any questions about this policy, please contact Roman Neveykin on 01509 01509 227730 or r.neveykin@volleyballengland.org

# Course Information

VolleySport Course Mini-Volley Course Super Mini-Volley Course UKCC Level 1 UKCC Level 2 Level 3 Beach Volleyball Coaching Course Young Leaders Award Young Event Volunteer Award Go Spike Student Activator Go Spike Community Activator Young Referee Award Grade 4 Referee Course Sitting Volleyball Workshop

# **VOLLEYSPORT COURSE**

## DESCRIPTION

This workshop introduces teachers to the game. You will gain an understanding of the rules, equipment and how to run sessions. The workshop comes with a resource pack full of fun warm up sessions and game based activities demonstrated by our experienced tutor. Without the pressure of assessments, this a fun and relaxed practise to kick-start volleyball in your school.

### **DURATION**

4 Hours

### Cost

Cost of resources: £20 per person (Members), £30 per person (Non – Members). Plus Postage.

Cost of tutor for 4 hour delivery: £140 + Expenses

## FACILITY REQUIREMENTS

	VolleySport
Total Hours	4
Class/Sports Hall	1 hour / 3 hours
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.
Classroom facilities	White board or flip chart and pens. Multimedia projector and screen. Tables and chairs.

## **LEARNING OUTCOMES**

By the end of this course candidates should be able to:

- a) Choose appropriate practices, games and equipment in order to introduce and develop the basic tactical concepts of attack, defence and co-operation with a team mate.
- b) Introduce key movement skill concepts, identify common errors and formulate corrective practices.
- c) Describe and use different styles of delivery and group organisation.
- d) Identify changes to the game for the purpose of progression, inclusion and differentiation.
- e) Understand, apply and adapt basic rules and refereeing for VolleySport.



## OUTLINE TIMETABLE & SYLLABUS

10 min	Introduction Induction, course structure, learning outcomes and introduction to the activity card resource	Class
100 min	<i>Familiarity with the VolleySport cards</i> Work with individual cards and explore a number of concepts related to delivery style, progression, inclusion, differentiation and group organisation.	Gym
30 min	<i>VolleySport in Context</i> Discussion of health and safety issues, review of tactical and technical concepts and VolleySport in the wider context of introducing and developing volleyball.	Class
45 min	Delivering a Session Delivery of a typical session focusing on the interaction of the different card types with a particular emphasis on a whole-part-whole approach.	Gym
35 min	Organising a Tournament Opportunity to organise and participate in a 2 v 2 tournament and introduce basic match officiating.	Gym
10 min	Summary and Evaluation Evaluation of the course and identification of points for future action.	

## **SUPPORTING RESOURCES**

Each learner will receive a set of Volley Sport cards full of ideas and practices that will help you to deliver and coach volleyball to any beginners.

Upon successful completion of the course a certificate will be provided to all candidates by the course tutor.



## **ELIGIBILITY**

Candidates should be at least sixteen years of age and have an interest in introducing volleyball to beginners and/or young children.

## SUCCESSFUL COMPLETION

Attendance only.

## **BOOKING INFORMATION**

Return the courses for teachers booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. A register will be required at the end of the course for certification.

# MINI VOLLEY COURSE

## DESCRIPTION

This workshop offers teachers the opportunity to progress and develop their volleyball knowledge by understanding the 3v3 version of the game. With the guidance of our highly trained tutor and resource packs, you will gain a clear understanding of how to deliver Mini Volley to your students.

## DURATION

4 Hours

## Cost

Cost of resources: £20 per person (Members), £30 per person (Non – Members). Plus Postage.

Cost of tutor for 4 hour delivery: £140 + Expenses



## Facility Requirements

	Mini Volley
Total Hours	4
Class/Sports Hall	1 hour / 3 hours
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.
Classroom facilities	White board or flip chart and pens. Multimedia projector and screen. Tables and chairs.

## **LEARNING OUTCOMES**

By the end of this course candidates should be able to:

- a) Choose appropriate practices, games and equipment in order to develop the tactical concepts of attack and defence; identifying strengths and weaknesses, moving opponents out of position, reading and anticipating situations and making decisions about using a range of shots and court positions.
- b) Help players to build on existing skills and further develop a variety of skill concepts related to attacking (jump attack/tip) and defending (block and forearm pass), identify common errors and formulate corrective practices to improve consistency and accuracy.

- c) Describe and use different styles of delivery and group organisation.
- d) Identify changes to the game for the purpose of progression, inclusion and differentiation.
- e) Understand, apply and adapt basic rules and refereeing for Mini Volley

## OUTLINE TIMETABLE & SYLLABUS

10 min	Introduction Induction, course structure, learning outcomes and introduction to the activity card resource	Class
100 min	<i>Familiarity with the MiniVolley cards</i> Work with individual cards and explore a number of concepts related to delivery style, progression, inclusion, differentiation and group organisation.	Gym
30 min	<i>Mini-Volley in Context</i> Discussion of health and safety issues, review of tactical and technical concepts and Mini-Volley in the wider context of introducing and developing volleyball.	Class
45 min	Delivering a Session Delivery of a typical session focusing on the interaction of the different card types with a particular emphasis on a whole-part-whole approach.	Gym
35 min	Organising a Tournament Opportunity to organise and participate in a 3 v 3 tournament and experience basic match officiating.	Gym
10 min	Summary and Evaluation Evaluation of the course and identification of points for future action.	

## SUPPORTING RESOURCES

Each learner will receive a set of Mini Volley cards full of ideas and practices that will help you to deliver and coach volleyball to those already with a basic understanding of fundamentals.

Upon successful completion of the course a certificate will be provided to all candidates by the course tutor.



## **ELIGIBILITY**

Candidates should be at least sixteen years of age and have an interest in progressing volleyball skills of beginners and/or young children. Must already have an understanding of basic fundamentals covered in the VolleySport course.

## SUCCESSFUL COMPLETION

Attendance only.

## **BOOKING INFORMATION**

Return the courses for teachers booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. A register will be required at the end of the course for certification.

# SUPER MINI VOLLEY COURSE

## DESCRIPTION

This workshop will teach you our 4v4 version of the game. Super Mini Volley is a recognised competition format for the youth and is the key bridge between mini versions and the full 6v6 game. Our accomplished tutor will deliver a clear understanding of the game aided by resource packs for you to take away and use in the future.

### **DURATION**

4 Hours

## Cost

Cost of resources: £20 per person (Members), £30 per person (Non – Members). Plus Postage.

Cost of tutor for 4 hour delivery: £140 + Expenses

## FACILITY REQUIREMENTS



Super Mini Volley		
Total Hours	4	
Class/Sports Hall	1 hour / 3 hours	
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.	
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.	
Ball trolley	1 trolley or portable ball container on all courses.	
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.	
Classroom facilities	White board or flip chart and pens. Multimedia projector and screen. Tables and chairs.	

## **LEARNING OUTCOMES**

By the end of this course candidates should be able to:

- a) Choose appropriate practices, games and equipment in order to further develop tactical concepts related to attack and defence; identifying strengths and weaknesses, moving opponents out of position, reading and anticipating situations and making decisions about using a range of shots/court positions.
- b) Help players to build on existing skills and further develop a variety of skill concepts related to attacking (smash and overhand serve) and defending (double block and block/attack cover), identify common errors and formulate corrective practices to improve consistency and accuracy.

- c) Describe and use different styles of delivery and group organisation.
- d) Identify changes to the game for the purpose of progression, inclusion and differentiation.
- e) Understand, apply and adapt basic rules and refereeing for Super Mini Volley

## OUTLINE TIMETABLE & SYLLABUS

10 min	<i>Introduction</i> Induction, course structure, learning outcomes and introduction to the activity card resource	Class
100 min	<i>Familiarity with the Super Mini-Volley cards</i> Work with individual cards and explore a number of concepts related to delivery style, progression, inclusion, differentiation and group organisation.	Gym
30 min	Super Mini-Volley in Context Discussion of health and safety issues, review of tactical and technical concepts and Super Mini-Volley in the wider context of introducing and developing volleyball.	Class
45 min	<i>Delivering a Session</i> Delivery of a typical session focusing on the interaction of the different card types with a particular emphasis on a whole-part-whole approach.	Gym
35 min	Organising a Tournament Opportunity to organise and participate in a 4 v 4 tournament and experience basic match officiating.	Gym
10 min	Summary and Evaluation Evaluation of the course and identification of points for future action.	

## **SUPPORTING RESOURCES**

Each learner will receive a set of Mini Volley cards full of ideas and practices that will help you to deliver and coach volleyball to those already with a basic understanding of fundamentals.

Upon successful completion of the course a certificate will be provided to all candidates by the course tutor.



## **ELIGIBILITY**

Candidates should be at least sixteen years of age and have an interest in progressing volleyball skills of developing players and/or young children. Must already have an understanding of basic fundamentals covered in the VolleySport course and The progression on this from the Mini Volley course.

## SUCCESSFUL COMPLETION

Attendance only.

### **BOOKING INFORMATION**

Return the courses for teachers booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. A register will be required at the end of the course for certification.

# UKCC Level 1 Award in Coaching Volleyball

### DESCRIPTION

The 1<sup>st</sup>4sport Qualifications Level 1 Certificate in Coaching Volleyball (L1CCVB) is the first step on the Volleyball England Coach Education Pathway. An assistant coach at this level should be committed to their personal development and should be looking to gain more experience through some involvement with their local club with a qualified coach at Level 2 or higher.

The qualification introduces the candidate coach to the technical, tactical, physical and mental aspects of the game as well as the 'how to' skills of coaching (referred to as the generic coaching skills). The candidate coach will be given opportunities to practice the skills of



coaching the game throughout the 2 days of delivery and this will lead to an assessment day where they will be expected to be observed coaching their peers.

The course will qualify the successful candidate to assist more qualified coaches delivering aspects of coaching sessions, normally under direct supervision and working in the following environments:

- school beginner/junior club player
- senior beginner/social/club players in local leagues

### **DURATION**

3 days (24 hours).

## Cost

£190 based on a minimum of 12 candidates and 16 maximum.

## **LEARNING OUTCOMES**

- Preparing to train and play-includes warm-up and cool-down; fundamentals; postural control and ball handling
- Game flow-including attacking, defending and transition
- First Contact-including service and service reception
- 'How to' coaching skills-including communication, demonstration, explanation, etc.

## FACILITY REQUIREMENTS

	UKCC Level 1		
Total Hours	24 incl. assessment		
	(3 Days)		
Class/Gym ratio	1/23 (1 <sup>st</sup> hour on the first day in the classroom)		
Court space	1 volleyball court per 16 candidates, fixed posts		
Facility	To have heating or be at a warm temperature and have access to drinks on site		
Balls	1 ball per 2 candidates min. Mixture of teaching and standard balls.		
Ball trolley	1 trolley or portable ball container on all courses		
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.		
Classroom facilities	White board or flip chart and pens. Multimedia projector and screen. Tables and chairs for written work.		

## OUTLINE TIMETABLE

- Phase 1 Pre-course Induction and activities (2 hours)
- Phase 2 Taught programme and on-going internal assessment (14 hours)
- Phase 3 Reflection phase with on-going internal assessment (4 hours)
- Phase 4 Independent assessment day (8 hours)

The design of the course allows for flexible delivery and inclusion within a college or university curriculum. However this can only be done with the agreement of Volleyball England and must be discussed prior to the course taking place.

## **SUPPORTING RESOURCES**

All candidates will receive a high quality resource file to support the qualification. A memory stick of useful coaching cards and prompts will also be included.

## ELIGIBILITY

Candidates must be at least 16 years of age on the first day of the course. If this is not the case, then they will not be certificated until they are 16. The candidates must also have some experience of playing the game. The course is mainly practical in nature and candidates will normally be expected to participate in the practical sessions and to carry out a variety of coaching tasks. Any special considerations must be requested by email to coaching@volleyballengland.org/courses

## SUCCESSFUL COMPLETION

Candidates must attend all units of the course. Continuous assessment methods will be used and all candidates must pass and complete all the tasks in the Learner Portfolio to a required standard.

## **BOOKING INFORMATION**

Return the UKCC course booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Once approved the course will be registered online and all candidates are required to sign up online via the Course Finder.

## LEVEL 1 AWARD IN COACHING VOLLEYBALL-LEARNING PROGRAMME SUMMARY

## Phase 1

(at least 2 hours) pre-course induction using the workbook sent out at least 2 weeks prior to the start of the on-course phase. The following tasks will be completed prior to arrival:

- Task 1 Coaching Philosophy
- Task 2 Roles & Responsibilities of a UKCC Level 1 Coach
- Task 3 Equity, Child Protection Policy and Good Practice Guidance

## Phase 3

Self Directed-Learning - the learner is encouraged to engage with a local Volleyball Club and seek agreement with the Head Coach to support as part of a mentored practice opportunity. The following tasks can be completed in situ with the support of the Head Coach and other volunteers within the club:

- Task 1 Coaching Philosophy
- Task 2 Roles & Responsibilities of a UKCC Level 1 Coach
- Task 3 Equity, Child Protection Policy and Good Practice Guidance

## Phase 4

#### Assessment-the following tasks will be assessed:

- Task 9: Observed Assessment of Coaching Practice
- Complete Task 10: Evaluating Coaching Practice before the Learner leaves for the day.
- Submit portfolio for inspection by Coach Tutor/Assessor and submit the Record of Achievement in the Learner Pack

## Phase 2 (15 hours) - on course

#### Session 1: Introductions (45 minutes)

- Introductions
- · Course structure and assessment procedures
- 'Rules of engagement':safeguarding
- Coaching Process
- Volleyball technical information

#### Session 2: Starting a session (90 minutes)

- · Health & Safety, risk assessment of environment
- Introducing a session
- Warm-ups, fundamentals/key mental skills
- LTAD
- Micro-coaching
- How to explain
- Reflection

#### Session 3: Ball handling, session organisation and demonstration (90 minutes)

- Postural Control and ball handling
- Demonstration and volley pass
- Micro-coaching
- Reflection

#### Session 4: Session Planning

- (15 minutes)
- Session Planning Task 4
- Reflection

#### Session 5: The World Game (15 minutes)

The World Game

#### Session 6: Delivery of planned session (60 minutes)

- Micro-coaching on Fundamentals
- Reflection

#### Session 7: Game flow, observe and analyse (60 minutes)

- Developing Game flow and Sequence (transitional play)
- · Basic instruction on underarm service
- Observation
- Analysis
- Reflection

#### Session 8: 2v2 game play and coaching styles (60 minutes)

- Coaching styles
- 2 v 2 competitive game play
- Reflection
- Cool Down

#### Session 9: Conclusion of Day 1 (15 minutes)

- Review
- Requirements for Day 2

#### Session 10: Review of learning to date (30 minutes)

- Review of Day 1
- Session 11: Spike and feedback (60 minutes) Ball handling: Spike Action
- Feedback and micro-coaching Reflection

#### Session 12: Defensive Tactics (45 minutes)

- Ball handling: Block Action
- · Ball handling: Defending the floor
- Reflection
- Transition play

#### Session 13: Serve and Service Reception (45 minutes)

- First Contact: Service (overarm)
- First Contact: Service Reception
- Reflection

#### Session 14: Reflection and

#### preparation (30 minutes)

- Review
- Session planning Task 8

#### Session 15: Micro-coaching (60 minutes)

- Development session (micro-coaching)
- Assessment

### Session 16: 3 v 3 Tactics

- Micro-coaching
- Tournament Play
- Reflection

#### Session 17: Evaluation and assessment (30 minutes)

- Review
- Assessment
- Conclude course

#### **Tutor led activity**

Practical-micro coaching

Assessment-tasks

- (60 minutes)
  - 3 v 3 game play

# UKCC Level 2 Certificate in Coaching Volleyball

### DESCRIPTION

The 1st4sport UKCC Level 2 Certificate in Coaching Volleyball (L2CCVB) is the next step on the Volleyball England Coach Education Pathway, suitable for those Assistant Coaches who are keen to become an Independent Coach working in a club environment, running practical sessions on their own with an extended knowledge of how to structure, develop and progress towards a 6v6 game of volleyball. The course builds upon the knowledge, understanding and skills attained at UKCC Level 1 moving through the LPV formats of 3 Vs 3 to 4 Vs 4 to 6 Vs 6.

The course will qualify the coach to practice independently in a club environment with:

 School beginner / junior club players.



• Senior beginner / social, club players in the lower levels of local and/or regional league.

The Independent Coach should be aware that this merely the start of their training and development; an enquiring Coach understands that learning requires Continuous Professional Development (CPD), achieved through attendance at sport specific and generic workshops that are provided by Volleyball England and other external providers such as sportscoachUK (ScUK).

## DURATION

4 days (32 hours).

## Cost

£450 based on a minimum of 12 candidates and 16 maximum.

## **LEARNING OUTCOMES**

- a) Plan and evaluate a coaching session to meet the needs of the group
- b) Demonstrate teaching and coaching of fundamentals, individual skills, team work and tactics (6v6), and progressions of these elements to prepare participants for school/club games
- c) Select coaching aids and equipment appropriate to the level and needs of the group
- d) Maintain a safe working environment

- e) Mimic, or create an image of, the fundamentals and individual skills as an aid to teaching
- f) Demonstrate appropriate feeding skills (serving, feeding for smashers, feeding for defensive drills and blocking)
- g) Demonstrate an understanding and knowledge of the principles of injury prevention, and R.I.C.E. treatment of soft tissue injuries

## FACILITY REQUIREMENTS

UKCC Level 2			
Total Hours	32 incl. assessment		
	(4 Days)		
Class/Gym ratio	10/22 (Breakdown in course details)		
Court space	1 volleyball court per 16 candidates, including fixed posts, tensioned net, antennae.		
Facility	To have heating or be at a warm temperature and have access to drinks on site		
Balls	1 ball per 2 candidates min.		
Ball trolley	1 trolley or portable ball container on all courses		
Referee stand	Preferred		
Coaching platform (Box)	Essential		
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.		
Classroom facilities	DVD playback facility. White board or flip chart and pens. Multimedia projector and screen. Tables and chairs for written work and examinations.		

## SUPPORTING RESOURCES

All candidates will receive a high quality resource file to support the qualification. One key text (Currently Sally Kus – The Art of Coaching). A memory stick of useful coaching cards and prompts will also be included.

## **ELIGIBILITY**

Candidates must possess a Level 1 coaching qualification and be at least 18 years of age. If this is not the case, then they will not be certificated until they are 18. The candidates must be registered with Volleyball England as a coach and have one year's practical experience of volleyball (Unless fast tracked by the Level 1 Course Tutor). The course is mainly practical in nature and candidates will normally be expected to participate in the practical sessions and to carry out a variety of coaching tasks. Any special considerations must be requested by email to coaching@volleyballengland.org/courses

## SUCCESSFUL COMPLETION

Candidates must attend all units of the course. Completion of all the tasks in the Learner Portfolio to a required standard is required. The candidate's ability to adequately prepare and organise a practical coaching demonstration will be assessed during the course. 4 x 1hour progressive sessions in the gap between day 2 and 3 must be delivered as part of the assessment. A witness will also need to sign the overview to confirm the sessions have taken place. This could be a mentor, another coach or a club official.

## **BOOKING INFORMATION**

Return the UKCC course booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Once approved the course will be registered online and all candidates are required to sign up online via the Course Finder.

## 1ST4SPORT LEVEL 2 CERTIFICATE IN COACHING VOLLEYBALL - LEARNING PROGRAMME SUMMARY

<ul> <li>PRE-COURSE INTRUCTIONS AND ACTIVITY</li> <li>Establishing linkwith home club environment</li> <li>Researching for assessment tasks</li> <li>Reading all induction documentation</li> <li>Replying to tutor - welcome &amp; introduction</li> <li>Ensure you full understand what your responsibilities are as a learner on the course</li> </ul>	DAY 1 1. Classroom Induction 1. Review of Level 1 2. Pre-course activity 3. Discussion on role of the coach (15 Hours) 2. Practical-review of warm-up and basic ball control 3. Practical-review of warm-up and basic ball control 1. Introduce Task 4 Health and Safety (15 Hours) 3. Classroom Q&A and review of morning (30 Minutes) 1. LUNCH 1 hr 4. Review development of game and introduc- tion to 4v4 leading to 6v6 2. Extension to Attack (25 Hours) 5. Classroom Session 4. Planning-group ex- ercise to include risk assessment 2. Review of day 3. Issues on sessions 3. Review Home Study Tasks 1 & 2 (1 Hour)	DAY 2 6. Review of 1st day 6. Review of 1st day 7. Classroom theory on S/R rotational order (1 Hour) 7. Practical Session 6. S/R individual 6. S/R Systems for 4v4 leading to 6v6 (15 Hours) 8. Classroom Q & A 7. Review planning for micro-coaching (30 Minutes) 8. Classroom Q & A 7. Review planning for micro-coaching (30 Minutes) 1. UNCH 1 hr 9. Practical micro- coaching delivered on theme of service receive: 9. Introduction 1. Main Theme 9. Game (2 Hours) 1. Classroom review of practical micro-coaching 9. Theory session on learning styles 1. Introduce Home Study Tasks 3 & 5 (1 Hour) 1. Practical on feeding	<ul> <li>MID-COURSE INSTRUCTIONS AND ACTIVITY</li> <li>Keep up-to-date with assessment tasks</li> <li>Visit home club environment to shadow the head coach</li> <li>Undertake any coaching if/when required</li> <li>Select one player from the club for task 5: Player Profile</li> <li>Use log book to record details of sessions, visits and discussions</li> </ul>	DAY 3 12. Classroom review of course so far: 1 Discussion on Ethics, H&S and Equity in coaching (1 Hour) 13. Practical revisit Attack leading to delivery 14. Practical revisit Attack leading to delivery 10. Introduction to Specialist Setter- footwork, movement etc (2,5 Hours) LUNCH 1 hr 14. Classroom theory on introduction to linked and progressive planning 1 Introduce Home Study Task 6 2 Drill design and selection (1 Hour) 15. Micro-coaching delivery on specified theme Task 8: 1 Introduction (1 Hour) 15. Micro-coaching delivery on specified theme Task 8: 16. Main Theme 2 Game (2 Hours) 16. Classroom theory on 6x6 S/R systems 2 Review of day (1,5 Hours)	DAY 4 17. Micro-coaching delivery on specified theme Task 8: 1 Introduction Main Theme Came (a Hours) 18. Practical on floor defence-Individual and team system to include basic blocking routine (a Hours) LUNCH 1 hr 19. Micro-coaching on Unit Play (spare) (a Hour) 20. Practical 1st Contact-Service various forms (1 Hour) 1. Practical 6v6 game coaching focus on transition and match coaching (2 Hours) 2. Review of day (2 & A on course (3 Hour) 2. Review of day (2 & A on course (3 Hour) (3 Hour) (4 Hour) (4 Hour)	<ul> <li>ONGOING MENTORING &amp; SUPPORT FROM TUTORS</li> <li>Tutors to review all portfolios for completion before exit from course</li> <li>Complete 4 linked and progressive sessions in club environment</li> </ul>
Assessment Task 1 Roles of the Level 2 Volleyball Coach Task 2 Effective Communic	Task 1 Roles of the Level 2 Task 3 Fitness for Volleyball Task 6 Plan Deliver and Task 8 Observed Assessment of					



# Volleyball England Level 3 Coaching Course

## DESCRIPTION

The Level 3 Award prepares the experienced coach to plan, organise, deliver and evaluate a programme of training sessions aimed at improving the technical and tactical performance of individual players and a team over a series of matches (season).

## DURATION

4 days (32 hours) + off course individual assessment

## Соѕт

£600

## LEARNING OUTCOMES

 a) Plan and deliver a series of coaching sessions, based on goal setting and evaluation, aimed at improving the performance of individual players and a team over a period of time



- b) Demonstrate teaching and coaching of skills and tactics appropriate to competitive 6v6 volleyball
- c) Maintain a safe working environment
- d) Demonstrate an understanding and knowledge of the principles of team rotational order, match analysis and scouting and match coaching
- e) Demonstrate basic understanding and knowledge of the principles of sports physiology, the coaching process and goal setting and planning.

## FACILITY REQUIREMENTS

	Volleyball England Level 3		
Total Hours	32 plus off course assessment (arranged at £25 cost) (4 days)		
Class/Gym ratio	Both to be available at all times		
Court space	1 volleyball court per 16 candidates, including fixed posts, tensioned net, antennae.		
Facility	To have heating or be at a warm temperature and have access to drinks on site		
Balls	1 ball per 2 candidates min.		
Ball trolley	1 trolley or portable ball container on all courses		
Referee stand	Preferred		
Coaching platform (Box)	Essential		
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.		
Classroom facilities	DVD playback facility. White board or flip chart and pens. Multimedia projector and screen. Tables and chairs for written work and examinations.		

### **SUPPORTING RESOURCES**

All candidates will receive a folder and an accompanying text book.

## **ELIGIBILITY**

Candidates must have held a Level 2 Award for a minimum of one year and must be a registered coach member of Volleyball England. Special consideration must be formally requested in writing.

## SUCCESSFUL COMPLETION

Candidates must attend all days of the course. There will be a written theory examination at the end. Practical assessment will be completed by a staff tutor upon request and a £25 fee. All aspects of the coaching log must be completed before this and the following SportsCoachUK workshops completed:

- 1. Planning and periodisation
- 2. Analysing your coaching
- 3. Coaching the young developing performer or Introduction to LTAD

You will be practically observed at your own session with your club and a competency assessment will be made suring the 2 hour delivery.

Candidates who fail the written examination may, by arrangement through Volleyball England Head Office, retake a second paper at a later date on payment of the appropriate fee. A second failure will necessitate attendance at another course.

### **PROCEDURE FOR PRACTICAL ASSESSMENT**

- a) After successful completion of the written examination, candidates may request a practical examination.
- b) It is the candidate's responsibility to organise the facility and the players involved.
- c) The request must be sent to Volleyball England Head Office a minimum of six weeks before the proposed date, together with the appropriate examination fee.
- d) The candidate's Coaching Log, covering a minimum of 10 training sessions, must be available for inspection by the examiner at the time of the practical examination.
- e) The practical examination will comprise of a two-hour training session involving, under normal circumstances, the candidate's own team of not less than nine players.
- f) It will have the following format:
  - i) candidate coach's topic of own choice (one hour), notified to the examiner in advance
  - ii) a topic selected by the examiner and notified in advance to the candidate (thirty minutes)
  - iii) work by the candidate on the correction of a particular technique of player(s), selected on the day by the examiner (twenty minutes)
  - iv) oral examination (ten minutes)

## **BOOKING INFORMATION**

All courses will be organised by Volleyball England and all candidates are required to sign up online via the Course Finder.



		Level 3 Learning F	Programme	
	DAY 1 – Coaching Process	DAY 2 – Developing Side-out	DAY 3 – Developing Side-in	DAY 4 – Transition
Session 1	Introduction & Welcome Expectations, timetable, assessment, course structure and philosophy The coaching process, self- reflection & you	Building a Serve Reception Unit Number of passers System and arrangement of unit Role of the Libero	Match Preparation & Scouting Strategic decision making Preparing the scouting report Preparing the match plan-serving targets	Training Transition Setters ; from block/defence, offensive philosophy
Session 2	Observing & Analysing Performance Statistical Analysis Score sheet + Pen & Paper Video and computer analysis	Offensive Strategy Philosophy Offensive principles Offensive strategy Setter constructed v pass dictated	Training the Serve Fundamentals & Physical Requirements Individual Technique Mental factors, Tactics and decision making	Training Transition Attackers; quick & outside from block/attack cover, front/back cour from defence, positioning and decision making for out of system Blockers; overpass, adjustment for attack outside aerial
Session 3	Setting up your team Team balance and rotational order Specialism Systems of play	Training Serve Reception Fundamentals & Physical factors Individual Technique & Mental factors Developing the unit	Block-Defence Strategy Systems of blocking Systems of Defence Linking Block-Defence Preparing the match plan – Block/Defence	Homework & Private Study
Session 4	Planning & Delivering Practice Feeding skills/Drill management Practice Planning Master Coach Observation	Training the Side-out Offence – Setting & Attack Fundamentals & physical factors Individual technique & Mental factors, Tactics and decision making	Training Block-Defence Fundamentals & Physical Requirements Individual Technique Mental factors, Tactics and decision making Linking Block-Defence	Private Study
Session 5	Micro-coaching sessions Theme 1/Theme 2 Coaching Assessment	Micro-coaching sessions Theme 1/Theme 2 Coaching Assessment	Micro-coaching sessions Theme 1/Theme 2 Coaching Assessment	Theory Examination Feedback & Depart
Session 6	An Evening with'Planning your annual programme'	An Evening with'Preparing for major competition'	An Evening with	

# Beach Volleyball Coaching Clinic

## DESCRIPTION

The Beach Volleyball Coaching Clinic prepares the coach who has some experience of coaching volleyball to plan, organise, and deliver a series of beach volleyball sessions in a safe and enjoyable manner to a group of adults or children. The course will cover the specific techniques, skills, teamwork and simple tactics in preparation for playing a game. The course is ideal for indoor coaches wishing to be upskilled to deliver beach volleyball.

### **DURATION**

2 days (14 hours minimum)

## Cost

£120 based on 12 min and 24 max. Second tutor will be appointed when there is more than 15 candidates.

### **LEARNING OUTCOMES**



- a) Adaptations of the serve for beach volleyball, tactical considerations
- b) Service reception positions and options, passing and adjustment for wind effects
- c) Setting and the range of sets
- d) Attacking using hard and soft shots, adaptations for beach volleyball
- e) Blocking technique; defending an area of court
- f) Defensive systems: blocker and defender; individual defensive skills
- g) Transition play

### **SUPPORTING RESOURCES**

All candidates will receive a beach volleyball coaching text book.

## **ELIGIBILITY**

Have the UKCC Level 1 volleyball coaching award or Volleyball England Level 1 coaching award (if attained pre-UKCC). Be familiar with the technical and tactical information contained within Volleyball England's UKCC Level 1 coaching course resources and materials. Be a registered Volleyball England coach.

## FACILITY REQUIREMENTS

Beach Volleyball Coaching Course		
Total Hours	14 - 16 Hours (Liaise with specialist tutor)	
Class/Gym ratio	Both to be available at all times	
Court space	1 volleyball court per 8 candidates, including fixed posts, tensioned net, antennae.	
Facility	Indoor or outdoor courts, with classroom to be close by	
Balls	1 ball per 2 candidates min.	
Ball trolley	1 trolley or portable ball container on all courses	
Referee stand	Preferred	
Coaching platform (Box)	Essential	
Other equipment	Fixed lines, Nearby Showers, Flipchart and stand near courts	
Classroom facilities	DVD playback facility. White board or flip chart and pens. Multimedia projector and screen. Tables and chairs for written work.	

## Syllabus

- a) Introduction to the course: induction, expectations, timetable and assessment procedures
- b) Adaptations of the serve for beach volleyball, tactical considerations
- c) Service reception positions and options, passing and adjustment for wind effects
- d) Setting and the range of sets
- e) Attacking using hard and soft shots, adaptations for beach volleyball
- f) Blocking technique; defending an area of court
- g) Defensive systems: blocker and defender; individual defensive skills
- h) Transition play
- i) Written examination

## SUCCESSFUL COMPLETION

Volleyball England reserves the right to refuse to examine any candidate whom, in the opinion of Volleyball England, is not up to the required standard.

Candidates must attend the entire course and participate fully with appropriate enthusiasm. The candidate's ability to adequately prepare and organise a practical coaching demonstration will be assessed during the course.

As the course is a Level 2 bolt-on, only Level 2 holders will be accredited as a Beach Volleyball Coach. If the candidate only holds a Level 1 qualification, they will be provided with a certificate of attendance until the Level 2 Coaching qualification is awarded.

### **BOOKING INFORMATION**

All courses will be organised by Volleyball England and all candidates are required to sign up online via the Course Finder.

# Young Leaders Award

## DESCRIPTION

The Volleyball Young Leaders Award is a 6hour course designed to be used by clubs, schools and youth groups. The award is designed to complement the Level 1 Award in Sports Leadership and Level 1 Award in Community Sports Leadership or to stand alone as a valid award for young leaders. It can be delivered by any PE Teacher or Level 2 Coach using the Tutor Resource Pack. This easy-to-follow resource plans your sessions for you, is national curriculum friendly and can be delivered in one go or as part of PE lesson time



DURATION

6 Hours

### Cost

Cost of resources: £40 per person (Members), £50 per person (Non – Members). Plus Postage.

Cost of tutor for 6 hour delivery: £210 + Expenses

### **FACILITY REQUIREMENTS**

	Young Leaders Award
Total Hours	6 Hours
Class/Sports Hall	Fully practical, No classroom required
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

## **LEARNING OUTCOMES**

By completing this award candidates will develop knowledge, understanding and practical skills to enable them to plan and deliver safe and effective volleyball activities based on small sided, adapted games. The course is organised around 8 key learning outcomes:

- a) Describe VolleySport
- b) Demonstrate the key characteristics of effective leadership
- c) Review own performance as a leader and suggest improvements

- d) Organise and lead activities to improve the skills and game play of a selected group of participants
- e) Demonstrate safe practice
- f) Plan, organise and run a festival or tournament
- g) Demonstrate effective officiating skills in a small-sided, adapted game
- h) Describe the next steps in developing

## **OUTLINE TIMETABLE & SYLLABUS**

45 mins	Introduction & Preparing to Play
1 hour	Improving game play 1v1
1 hour	Improving game play 2v2
2 hours	Organising and leading practices
1 hour	Organising & Running Tournaments
15 mins	Review & Signpost

## SUPPORTING RESOURCES

Each learner will receive a plastic folder with tutor notes, laminated VolleySport cards, candidate task cards and tutor resource cards to provide key information to support the various tasks that the candidates are asked to complete

In addition to the tutor pack, a prize pack for each candidate can be purchased at £5 per person containing a certificate of attendance, branded drawstring bag and branded water bottle.

## **ELIGIBILITY**

Anyone between the ages of 14-19 can attend the course. No pre-requisites are required.

#### SUCCESSFUL COMPLETION Attendance only.

## **BOOKING INFORMATION**

Return the Young People Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. A register will be required at the end of the course for certification.



# Young Event Volunteer Award

## DESCRIPTION

The Young Event Volunteer Award is aimed at 14-19 year olds and suitable for students, young club members or anyone wishing to develop their leadership skills through volleyball activity. The course has been developed with the aim of providing young people with the knowledge and skills to volunteer at a national or international volleyball event or take a lead in organising a volleyball event in their school / college or club.

## **DURATION**

6 Hours



## Cost

Cost of resources: £40 per person (Members), £50 per person (Non – Members). Plus Postage.

Cost of tutor for 6 hour delivery: £210 + Expenses

## FACILITY REQUIREMENTS

	Young Event Volunteer Award
Total Hours	6 Hours
Class/Sports Hall	Fully practical, No classroom required
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

## **LEARNING OUTCOMES**

By completing this award candidates will develop knowledge, understanding and practical skills in volleyball event management and delivery to enable them to be effective volunteers at events of all levels. By the end of the course the candidates will be able to:

- a) Demonstrate knowledge of volleyball and the Volleyball England competition structure
- b) Explain why volunteers are needed at events
- c) Be a line judge
- d) Perform the role of a courtside assistant and the role of scoreboard assistant

- e) Assist with event administration
- f) Analyse the needs of different volleyball players and be able to be a team liaison volunteer
- g) Help with media and photography surrounding an event
- h) Be a DJ assistant
- i) Look after spectators and VIPs
- j) Investigate the next steps in volunteering at events

#### **OUTLINE TIMETABLE & SYLLABUS**

1 hour	Introduction to competitions & general requirements
1 hour	Roles of Volunteers during matches
1 hour	Court side assistance and event administration
1 hour	Working with the players – Team liaison
1 hour	Event media and photography
1 hour	Working with the public

#### SUPPORTING RESOURCES

Each learner will receive a plastic folder with tutor notes, candidate task cards and tutor resource cards to provide key information to support the various tasks that the candidates are asked to complete

In addition to the tutor pack, a prize pack for each candidate can be purchased at £5 per person containing an event t-shirt and certificate of attendance.



#### **ELIGIBILITY**

Anyone between the ages of 14-19 can attend the course. No pre-requisites are required.

#### SUCCESSFUL COMPLETION

Attendance only.

#### **BOOKING INFORMATION**

Return the Young People Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. A register will be required at the end of the course for certification.

# **STUDENT ACTIVATOR**

#### DESCRIPTION

The workshop is three hours long and comprises of challenges and adapted games. The Activator is challenged to get beginners playing volleyball anywhere and anytime. The course covers: basic volleyball shots needed to start up a game and ideas of a large number of different games, designed to be enjoyed by all.

The Go Spike Student Activator role aims to increase participation numbers within recreational volleyball. An Activator is not a coaching role but one that facilitates fun drills and games to establish volleyball activity promptly within a session.

**DURATION** 3 Hours

## Соѕт

£35 based on a minimum of 14 candidates and 20 maximum per tutor.

## FACILITY REQUIREMENTS

	Go Spike Student Activator
Total Hours	3 Hours
Class/Sports Hall	Fully practical, No classroom required
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

#### **LEARNING OUTCOMES**

By the end of the course the candidates will be able to:

- a) Facilitate volleyball activity with participants new to volleyball playing Challenges and Adapted Games.
- b) Choose appropriate practices, games and equipment according to the playing level of the participants
- c) Introduce volleyball shots and rules
- d) Be able to enthuse people to build confidence, engage them and sustain their participation
- e) Work with the organiser/club/venue to set up and run sessions; meet and greet participants and provide a social and welcoming atmosphere



## Outline Timetable & Syllabus

5 min	<i>Welcome &amp; Introduction</i> Induction, course structure, learning outcomes and introduction to the resource
15 min	What makes a good Activator? PART 1 Interactive session to explore qualities, roles, responsibilities of the Activator – including what they aren't expected to do.
25 min	Session Planning PART 1 & PRACTICAL PART 1 Discussion of around good session planning; what to include, how to adapt using STEP, understanding participants' needs.
10 min	Session Planning PART 2 Tutor to explain what is next in the session plan: Challenges.
30 min	<i>Practical PART 2</i> Tutor delivers one "best practice" Challenge. Reinforces STEP and energetic and dynamic delivery.
10 min	Session Planning PART 3 Tutor to explain what is next in the session plan: Adapted Games.
40 min	Practical PART 3 Tutor delivers one "best practice" Adapted Game. Reinforces STEP and energetic and dynamic delivery
10 min	What makes a good Activator? PART 2 Roles and responsibilities; qualities & what does an Activator NOT do.
10 min	Where next? Retention How to retain participants? Motivate them to come back each week, how and where to signpost players, next steps for Activators – coaching UKCC L1.

#### **SUPPORTING RESOURCES**

Each learner will receive delivery pack which will include the covered content on the course, which can then be used as an aid to run sessions.

Volleyball England will issue a Certificate of Attendance at the end of the course to each candidate who has attended the entire course and participated fully. If a replacement certificate is required the Volleyball England will make an administration charge of £10.

#### **ELIGIBILITY**

Candidates must be at least sixteen years of age to deliver the Go Spike Student Activator. They must have an interest in introducing volleyball to individuals new to the sport. Ideally they will have some coaching or leadership background, but this is not essential.

#### SUCCESSFUL COMPLETION

Attendance only.

#### **BOOKING INFORMATION**

Return the Activator Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. All candidates are required to sign up online via the Course Finder.

BACK TO CONTENTS

# GO SPIKE ACTIVATOR

#### DESCRIPTION

The workshop is four hours long and comprises of challenges and adapted games. The Activator is challenged to get beginners playing volleyball anywhere and anytime. The course covers: basic volleyball shots needed to start up a game and ideas of a large number of different games, designed to be enjoyed by all. The course also covers content on how to best market your sessions.

The Go Spike Student Activator role aims to increase participation numbers within recreational volleyball. An Activator is not a coaching role but one that facilitates fun drills and games to establish volleyball activity promptly within a session.



#### **DURATION**

4 Hours

#### Cost

£70 based on a minimum of 14 candidates and 20 maximum per tutor. Additional resources including a Go Spike ball and game in a bag are included

#### **FACILITY REQUIREMENTS**

	Go Spike Community Activator
Total Hours	4 Hours
Class/Sports Hall	Fully practical, No classroom required
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

#### **LEARNING OUTCOMES**

By the end of the course the candidates will be able to:

- a) Facilitate volleyball activity with participants new to volleyball playing Challenges and Adapted Games.
- b) Choose appropriate practices, games and equipment according to the playing level of the participants
- c) Introduce volleyball shots and rules
- d) Be able to enthuse people to build confidence, engage them and sustain their participation

- e) Work with the organiser/club/venue to set up and run sessions; meet and greet participants and provide a social and welcoming atmosphere
- f) Market the sessions within the local environment working with County Sport Partnerships, local authorities, clubs, schools, leisure centres, Volleyball England – following a marketing model set out by Volleyball England

#### **OUTLINE TIMETABLE & SYLLABUS**

5 min	Welcome & Introduction Induction, course structure, learning outcomes and introduction to the resource
15 min	What makes a good Activator? PART 1 Interactive session to explore qualities, roles, responsibilities of the Activator – including what they aren't expected to do.
25 min	Session Planning PART 1 & PRACTICAL PART 1 Discussion of around good session planning; what to include, how to adapt using STEP, understanding participants' needs.
10 min	Session Planning PART 2 Tutor to explain what is next in the session plan: Challenges.
30 min	<i>Practical PART 2</i> Tutor delivers one "best practice" Challenge. Reinforces STEP and energetic and dynamic delivery.
10 min	Session Planning PART 3 Tutor to explain what is next in the session plan: Adapted Games.
40 min	Practical PART 3 Tutor delivers one "best practice" Adapted Game. Reinforces STEP and energetic and dynamic delivery
10 min	What makes a good Activator? PART 2 Roles and responsibilities; qualities & what does an Activator NOT do.
10 min	Where next? Retention How to retain participants? Motivate them to come back each week, how and where to signpost players, next steps for Activators – coaching UKCC L1.
60 min	Marketing your sessions

#### **SUPPORTING RESOURCES**

Each learner will receive delivery pack which will include the covered content on the course, which can then be used as an aid to run sessions. A Go Spike ball and game in a bag are included and also Go Spike insurance for each candidate with professional indemnity insurance.

Volleyball England will issue a Certificate of Attendance at the end of the course to each candidate who has attended the entire course and participated fully. If a replacement certificate is required the Volleyball England will make an administration charge of £10.

#### **ELIGIBILITY**

Candidates must be at least eighteen years of age to deliver the Go Spike Community Activator. They must have an interest in introducing volleyball to individuals new to the sport. Ideally they will have some coaching or leadership background, but this is not essential.

## SUCCESSFUL COMPLETION

Attendance only.



#### **BOOKING INFORMATION**

Return the Activator Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. All candidates are required to sign up online via the Course Finder.

BACK TO CONTENTS

# Young Referees Award

#### DESCRIPTION

The Young Referee Award is aimed at 14-19 year old students wishing to develop their leadership skills through refereeing volleyball. The course has been developed with the aim of providing young people with the skills necessary to conduct a volleyball match effectively, The course does not require participants to have any previous knowledge of volleyball and can delivered by any PE Teacher or Level 2 Coach supported by the Tutor Resource Pack. This easy-to-follow resource plans your sessions for you, is national curriculum friendly and can be delivered in one go or as part of PE lesson time



be

#### DURATION

6 Hours

#### Соѕт

Cost of resources: £40 per person (Members), £50 per person (Non – Members). Plus Postage.

Cost of tutor for 6 hour delivery: £210 + Expenses

#### **FACILITY REQUIREMENTS**

	Young Referees Award
Total Hours	6 Hours
Class/Sports Hall	Fully practical, No classroom required
Court space	1 badminton court per 6 candidates, (with teaching net or rope across courts). Ideally a volleyball court with fixed posts.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

#### **LEARNING OUTCOMES**

By completing this award candidates will develop knowledge, understanding and practical skills in officiating to enable them to plan and deliver safe and effective volleyball activities based on small sided, adapted games. The course is organised around 8 key learning outcomes:

- a) Describe the playing formats of the 'Lets Play Volleyball' programme
- b) Demonstrate safe practice and appropriate emergency procedures

#### BACK TO CONTENTS

- c) Understand and apply key refereeing and player management skills needed for effective officiating
- d) Understand and apply the rules in small sided games
- e) Demonstrate effective scoring skills in small sided games
- f) Review own performance and suggest improvements
- g) Understand the next steps

#### **OUTLINE TIMETABLE & SYLLABUS**

45 mins	Introduction to the course and refereeing
105 mins	Refereeing and scoring the VolleySport game format
1 hour	Refereeing and scoring the Mini Volley game format
1 hour	Refereeing and scoring the Super Mini Volley game format
1 hour	Extended formats and summary

#### **SUPPORTING RESOURCES**

Each learner will receive a plastic folder with tutor notes, candidate task cards and tutor resource cards to provide key information to support the various tasks that the candidates are asked to complete

In addition to the tutor pack, a prize pack for each candidate can be purchased at £5 per person containing a certificate, Let's Play Volleyball lanyard, whistle and pocket size rule/referee cards.

#### **ELIGIBILITY**

Anyone between the ages of 14-19 can attend the course. No pre-requisites are required.

SUCCESSFUL COMPLETION

Attendance only.

#### **BOOKING INFORMATION**

Return the Young People Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. A register will be required at the end of the course for certification.



# **GRADE 4 REFEREE COURSE**

#### DESCRIPTION

The one-day Grade 4 refereeing course is your first step into refereeing volleyball. It consists of pre-course tasks, half a day of on-court practice and half a day conducted in a classroom setting, covering both theoretical and practical aspects of refereeing. The course will confirm your current knowledge of rules and volleyball refereeing and will allow you to officiate games within regional and local leagues as a trainee referee and work towards attaining a Grade 3 Regional qualification.

#### DURATION

1 day (8 hours).

#### Cost

£50 based on a minimum of 14 candidates and 18 maximum.

#### **LEARNING OUTCOMES**

At the end of the course you will be able to:

- a) Interact effectively with teams and match officials
- b) Handle pre and post-match administration, guiding a successful match
- c) Understand the international rules of the game
- d) Referee a game both as a 1<sup>st</sup> referee and as a 2<sup>nd</sup> referee assisting the 1<sup>st</sup> referee, including signalling, etc.

#### **FACILITY REQUIREMENTS**

	Grade 4 Referee Course
Total Hours	8 Hours (1 Day)
Class/Gym ratio	4/4 (Morning in Sports Hall, Afternoon in the Classroom)
Court space	1 volleyball court per 18 candidates, fixed posts, tensioned net and antennae
Facility	To have heating or be at a warm temperature and have access to drinks on site
Balls	1 ball per 2 candidates min.
Referee stand	Yes
Other equipment in Sports Hall	Seats, 1 per candidate. White board or flip chart and pens. Team benches, scorer's table and line judge flags.
Classroom facilities	Multimedia projector and screen. Tables and chairs for written examination.



#### **SUPPORTING RESOURCES**

All candidates will receive a high quality plastic folder which contains both the up to date international indoor volleyball rules and the scorers handbook. It is an ideal tool for referees to refresh their knowledge prior to games and use to refer back to during post-game reflections.

#### **ELIGIBILITY**

Candidates must be at least 16 years of age on the first day of the course. The candidates must also have some experience of playing the game and officiating it. The course is a confirmation of knowledge and hence time must be allowed to study the pre course material. The course is mainly practical in nature and candidates will normally be expected to participate in the practical sessions and to carry out a variety of refereeing roles on court.

#### SUCCESSFUL COMPLETION

Candidates must attend the entire course. At the end there will be a written examination on which a minimum grade of 80% must be achieved in order to pass. If the course is failed you may resit the paper on an alternative course free of charge. If you proceed to fail again, then the candidate must attend the full course again.

#### **BOOKING INFORMATION**

Return the referee course booking form to richard.morten@morten.org.uk as an expression of interest or call 01509 227730 to discuss. Once approved the course will be registered online and all candidates are required to sign up online via the Course Finder.

# SITTING VOLLEYBALL WORKSHOP

#### DESCRIPTION

The workshop is four hours long and comprises of practical and theory sessions to introduce the game. It is not necessary to have a typical sitting volleyball court and balls as the leader is challenged to get beginners playing volleyball anywhere.

The leaders who have attended will typically run sessions with beginners, with the emphasis on fun games and activities. Many of these people may be delivering to pandisability groups so a key focus is on delivering basic and inclusive sessions.

DURATION

4 Hours

#### Cost

£50 based on a minimum of 12 candidates and 24 maximum per tutor.

#### **FACILITY REQUIREMENTS**

	Sitting Volleyball Workshop
Total Hours	4 Hours
Class/Sports Hall	1.5 hours / 2.5 hours. Both to be available at all times.
Court space	1 badminton court per 12 candidates, (with teaching net or rope across courts). Can be a sitting volleyball court.
Balls	1 ball per 2 candidates min. Mixture of teaching and leather balls.
Ball trolley	1 trolley or portable ball container on all courses.
Other equipment in gym	Seats, 1 per candidate. White board or flip chart and pens.

#### **LEARNING OUTCOMES**

By the end of the course the candidates will be able to:

- a) Get groups of beginners playing games and challenges very quickly
- b) Choose appropriate practices, games and equipment in order to do this
- c) Introduce the basic sitting volleyball shots and rules
- d) Be able to enthuse people to build confidence and get them involved
- e) Be flexible in their approach to adapt to participants' needs
- f) Work with the organiser / club / venue to set up and run sessions; meet and greet participants and provide a social and welcoming social atmosphere



g) Market the course within the local environment – working with clubs, schools, leisure centres, Volleyball England etc – following a marketing model set out by Volleyball England

#### OUTLINE TIMETABLE & SYLLABUS

20 min	<i>Welcome &amp; Introduction</i> Induction, course structure, learning outcomes and introduction to the activity card resource.	Class
25 min	Introduction to Sitting Volleyball Basic introduction to volleyball and sitting volleyball including what it is, why people play and what the current situation is with the sport.	Class
60 min	Understanding Movement and Introducing the Game Practical session to introduce the concept of moving around on the floor and keeping the ball flying!	Gym
10 min	Rules of the Game Basic introduction to the rules of the game	Class
10 min	Classification and Working with Disabled players Introduction to the international classification system and how this varies domestically. Some basic information on the extra considerations and adaptations to be made when working with disabled participants.	Class
50 min	Sitting Volleyball Techniques Introduction to the skills required to play sitting volleyball and the drills, activities and games that can be used to develop them	Gym
20min	Adapting the Game Examples of how a game can be adapted and developed to cater for different participants and to generate different outcomes.	Gym
20 min	<i>Game</i> A chance for participants to play a full game	
10 min	<i>Evaluation &amp; debrief</i> Evaluation of the course and identification of points for future action. Check for understanding and if learning outcomes have been achieved.	Class

#### **SUPPORTING RESOURCES**

Each learner will receive delivery pack which will include the covered content on the course, which can then be used as an aid to run sessions. A sitting volleyball starter bag will be given, which includes; net band, beach balls and a game card.

Volleyball England will issue a Certificate of Attendance at the end of the course to each candidate who has attended the entire course and participated fully. If a replacement certificate is required the Volleyball England will make an administration charge of £10.

#### **ELIGIBILITY**

Candidates must be at least 16 years of age and have an interest in introducing sitting volleyball to beginners and/or young children. Ideally they will have some coaching or leadership background, but this is not essential.

#### **SUCCESSFUL COMPLETION**

Attendance only.

#### **BOOKING INFORMATION**

Return the Activator Courses booking form to coaching@volleyballengland.org as an expression of interest or call 01509 227730 to discuss. Applications for courses with less than 6 weeks' notice will be considered by Volleyball England but may be rejected. All candidates are required to sign up online via the Course Finder.

# HEALTH AND SAFETY GUIDELINES FOR VOLLEYBALL

#### INTRODUCTION

The organiser of any volleyball event has a responsibility to ensure that it is delivered in a safe environment and manner. These guidelines set out the basic minimum requirements, which are necessary for the safe practice of volleyball mainly in an indoor environment.

#### DUTIES AND RESPONSIBILITIES OF AN ORGANISER, COACH, LEADER OR TEACHER

The organiser and leader (teacher, coach, supervisor, referee) of a volleyball event has a 'duty of care' to everyone involved with the event, ensuring that the event is delivered in a manner which does not expose any participant to any undue hazard or risk. In the context of volleyball played indoors the principal areas of concern are listed below.

## FACILITIES

The floor should be non-slip, non-abrasive, dry and clean, with no protrusions e.g. sockets for other sporting equipment. The floor must be flat, horizontal and uniform. If it is wooden, it must be splinter-free.

There should normally be a 'Free Zone' of 3 metres around the court, with no dangerous protrusions on walls. In certain circumstances e.g. a non-competitive session, the free zone may be smaller - participants should be made aware of this. (See 'Failure to warn').

All lights above the court should be guarded and all non-volleyball equipment e.g. 5-a-side posts should be safely stored.



For courses outdoors the playing area should be checked for stones, glass and any other debris. Sunglasses, sunscreen, extra water and a shade umbrella are also essential.

## EQUIPMENT

Posts must be rounded and smooth and be screwed to, or slotted into, the floor. Free standing or weighted posts are not permitted and tie wires should not be used to support the posts. In order to ensure the stability of the posts, it is important that any floor screw sockets used for securing the posts are clean and able to take the holding screws to full depth. Alternatively, a slider wall fixing may be used. Care should be taken when moving posts, as they can be heavy. Posts and net should be erected in compliance with manufacturer's instructions.

Nets should be securely fastened to the posts and antenna securely fastened to the nets. If a teaching net or rope is being used, this should be marked to make it clearly visible to the participants. Tie wires below head height should not be used.

When being used referee stands must be stable, easily mounted and present minimum obstruction to the players.

Appropriate sports clothing should be worn and footwear should be suitable for indoor sports activity. The wearing of jewellery and the use of gum is prohibited.

For further information regarding facilities and equipment, please contact Volleyball England Head Office to receive a Volleyball England Facilities Strategy which gives further detailed information on Volleyball England policy and facility requirements.

#### Processes

All participants should be asked to inform the leader of any potential health problem which may affect the individual e.g. diabetes, epilepsy or asthma and the leader should be aware of any emergency action which may be necessary.

Where necessary, Parental or Guardian Consent forms permitting juniors (under 16) to take part in the activity should be signed.

Each venue should have a Health and Safety Policy and the coach, teacher or leader should acquaint themselves with the accident and emergency procedures in the venue. The coach, teacher or leader must check and communicate to the group procedures in case of fire and the place of assembly at the venue.

A written record of all accidents and illness which occur should be made in accordance with the



venue's Health and Safety Policy and the leader should also know where the First Aid Kit is kept and the location of the nearest telephone and accident and emergency telephone number.

It is good practice to be a trained first-aider. It is a requirement for a certified Level 2 coach to have attended an Emergency First Aid (or equivalent) course. In the absence of such training, specialist first aid assistance should be sought if an injury occurs.

#### SUPERVISION AND CONDUCT OF SESSIONS

The leader should be qualified to a standard appropriate to the level of the participants and the work being undertaken. He/she should know and enforce the rules of the game. Each session should be properly planned, with a systematic approach and graduated steps matched to the ability of the players. Players should be matched in ability or clear safety instructions given where players of unequal ability are practising or playing together. The Participant/Coach ratio should allow effective control of the activity to be maintained at all times.

#### HAZARDS IN VOLLEYBALL

A ball container should be used to ensure loose balls do not roll into an area where players may be jumping. Excess clothing should be neatly stored and not discarded courtside.

All serving and smashing practices need to be organised and controlled to minimise the potential hazard of a player being hit unawares by a hard driven ball. When organising smashing/blocking drills players should be reminded to observe the rules concerning net and centre line violations, so as to minimise contact at the net.

#### FAILURE TO WARN

The leader should warn players of the general hazards associated with playing the sport of volleyball, and remind them from time to time e.g. the necessity for proper warm up and cool down, keeping the gym tidy, observing the rules governing the danger of loose balls, play near the net.

Players have a personal responsibility for following good practice. The leader has a duty to warn players of any specific hazards e.g. minor defects in the equipment or the facility. Foolhardiness should not be tolerated.

#### Assistants

Any assistant coaches should be adequately supervised. The level of supervision required is dependent on their qualifications and experience and the activity which they are supervising.

#### INSURANCE

The leader should have Public Liability Insurance. All Volleyball England registered coaches receive this insurance to the amount of £5 million. If coaching for a fee, then Professional Indemnity Insurance is recommended. Personal Accident Insurance is recommended but is at the individual coach or player discretion.

BACK TO CONTENTS

# TUTOR LIST

					Courses Qualified to Deliver					
First Name	Surname	Region	Email	Phone Number	UKCC L1	UKCC L2	រា	Activator	Sitting	Beach
Scott	Hailes	North East	scott hailes@live.co.uk	07896436352				1	1	
Eve	Porter	North East	volleyball4u@yahoo.co.uk	07712427885				1	1	
Howard	Ainsworth	North West	<u>howard.ainsworth77@gmai</u> <u>l.com</u>	07879225721				1	1	
Lenny	Barry	North West	lennybarry@aol.com	07940530157	1					
Andy	Craig	North West	a.b.craig@liv.ac.uk	07973247936	1	1				
Steve	Kerr	North West	s.kerr@wlct.org	07919383010	1			1	1	
Richard	Lee	North West	sportyrich@sky.com	07841456799	1					
Richard	Harrison	Yorkshire	r.harrison959@btinternet.c om	01274831473	1	1		1		
Steve	Matthews	Yorkshire	<u>steve.matthews3@hotmail.</u> <u>co.uk</u>	07868279775	1				1	
Stephen	McKeown	Yorkshire	mckeown.sac@talktalk.net	07913868187	1	1				
Peter	Rochester	Yorkshire		07599987476	1					
Keith	Trenam	Yorkshire	<u>keith.trenam@hotmail.co.u</u> <u>k</u>	07505775679	1	1	1			
Stephen	Jones	East Mids	jones.stevejones.steve6@g mail.com	07967475785	1	1	1			
Navaz	Sutton	East Mids	naz.volleyball@ntlworld.co m	07974566832	1					
Kevin	Tann	East Mids	<u>kev_tann@hotmail.com</u>	07825332979	1			1	1	
Howard	Tomlinson	East Mids	<u>howardtomlinson50@yaho</u> <u>o.co.uk</u>	07983411368	1					
Gerard	Van Zwieten	East Mids	mail@vanzwieten.co.uk	07870594387	1					
Richard	Williams	East Mids	rj williams88@hotmail.com	07922182183	1					
Bill	Boagey	West Mids	<u>billboagey@yahoo.co.uk</u>	07970047011	1	1		1	1	
Freddie	Fairbairn	West Mids	freddie f@hotmail.co.uk	07772005871				1	1	
Gillian	Harrison	West Mids	gillianhh@btinternet.com	07763426231	1	1	1	1	1	
Bertrand	Olie	West Mids	bertrandolie@gmail.com	07809607795	1					
Martin	Pearson	West Mids	martloupear@aol.com	07908176831	1					
Nick	Shaffery	West Mids	ncshaffery@talk21.com	07966330953	1					
Peter	Guernari	East	<u>peteguernari@ntlworld.co</u> <u>m</u>	07854028677	1					
Darren	Lewis	East	djlewis1973@yahoo.co.uk	07843251973	1					
Tomasz	Morawski	East	t.morawski@uel.ac.uk	07849489394	1					
Keith	Nicholls	East	Keithnicholls2@btinternet.c om	01603454471	1					
Andrew	Bignold	London	andybignold@hotmail.com	07930375797	1					
Carol	Gordon	London	cagsports@hotmail.com	07973767959	1	1				
Mark	Harris	London	markkatharris@yahoo.co.uk	07742570167	1	1		1	1	
John	Lowney	London	jlowney@btinternet.com	07932315365	1	1				
Jefferson	Williams	London	jslwill@blueyonder.co.uk	07980668023	1	1	1			

	Surname	Region	Email		Courses Qualified to Deliver						
First Name				Phone Number	UKCC L1	UKCC L2	L3	Activator	Sitting	Beach	
Freda	Bussey	South East	fredabussey@btinternet.co m	07827908655	1	1					
Tom	Middleton	South East	middy@icloud.com	07710772533				1	1		
Nicholas	Pain	South East	nickpain4@msn.com	07975978799	1						
David	Rijvers	South East	dr@goldeneye7.freeserve.c o.uk	07779134007	1						
Luke	Thomas	South East	<u>l.thomas@topflightvolley.co</u> <u>m</u>	07838389953	1	1					
Geoffrey	Allen	South West	gawxvb@btinternet.com	07799267070	1	1	1				
Denise	Austin	South West	denise@beachvolleyballinc. com	07773382305	1					1	
Phil	Gillard	South West	phil.gillard@hmps.gsi.gov.u <u>k</u>	01803814683	1						
Craig	Handford	South West	craigyh@btinternet.com	07879647121	1	1	1				
Lindsay	Hole	South West	woodlands20@hotmail.com	07887782005				1	1		
Kelvin	Kirk	South West	kkirk@marjon.ac.uk	07811966126	1						
Norman (David)	Samuels	South West	ballingeagle@btinternet.co m	07972847970	1						
Rosalind	Sutherlan d	South West	ros.sutherland@gmail.com	01395514618	1	1					

# Course Application Forms

The forms can be downloaded by clicking on the relevant form below:

Courses for teachers, UKCC and Activator courses

Young People Courses

Grade 4 Referee Course



To be completed by anyone who wishes to organise a Volleyball England coaching course through one of our approved Satellite Centres for coach education. This form should be returned to the Coaching Team at Volleyball England Head Office. Electronic submissions are preferred to <u>r.neveykin@volleyballengland.org</u>

Please note; any course registered with less than two weeks' notice will be charged an additional administration fee of £20.00 for late registration fees with 1<sup>st</sup> 4Sport Qualifications.

Course Details											
Course Required:											
Number of Days:	3 Days	4 Days	5 Days	5	2 110.000		4.11.5				
Cost Per Learner	24 Hours	32 Hours	40 Hour	rs	3 Hours		4 Hours				
Rented Facility:	£190	£450	£600		£35		£70				
Course Required:	VolleySport	Mini Volle	ey S	Super N	/lini Volley	S	itting Workshop				
Number of Hours:	4 Hours Each 4 hours										
Resource Costs Per	Member £20 (Provide membership number) Non Member £30 £50										
Learner:											
Late Registration Fee:		£20 (	less than 2 w	veeks' n	notice)						
							Open				
Venue Address					<b>6</b>		Open				
(please include					Course Type						
postcode and Region):					Type		Closed				
Facility Hire Cost:	£ or FREE										
Course Schedule:	Day 1	Day 2	Day 3		Day 4		Day 5				
Date:											
Time:											
	Facilit	y Contact & I	Invoicin	ng De	etails						
Name:		Addres		0							
Position:											
Email:											
Number:											
	ſ	Course Organ	iser Det	aile							
Name:		Addres									
Position:											
Club:											
Email:											
Number:											
	I	Course Tutor	(s) Deta	ails							
Name:		Addres	<u> </u>	A110							
Email:											
Number:											
Declaration: I confirm that I have a second	0		L								
conditions for course organisa		olleyball England.									
Signed (Course Organis	er):		Da	ate:							

# Young People Course Booking Form

Course Details (Please return register to Volleyball England)						
Course Type:     Young Referee     School/Club name:						
(Delete as appropriate)	Young Leader	Course Finish Date:				
	Young Events Volunteers	(DD/MM/YY)				
	Young Events Volunteers	(DD/MM/YY)				

	Candidate Register						
First Name	Surname	DOB (DD/MM/YY)	Contact Number	Email Address	Consent? (YES/NO)		

## Award Pack Order Form

(PLEASE NOTE this section is optional)

Tutor/Teacher/Coach Details						
Name (Name of tutor/coach)	First name:		Surnai	ne:		Title:
Address (This is where the	First Line Address:			Second Line Ad	dress:	
certificates will be sent)	Town/City:	Town/City: Co				Postcode:
Email						
Contact No.				Job Role		
	By placing an	order I accept and	underst	and the TERMS	OF DELIVERY	,
	PLEASE MAKE CHEQUE	ES PAYABLE TO	ENGLIS	H VOLLEYBAL	L ASSOCIATIO	ON LIMITED
I require (_) Delivery I				ostage and Packaging ASED ON WEIGHT)		
Total Amount enclos	A tutor can be r therefore would			E35 per hour. A	Il courses are 6 hours long,	
(please include combine						

PLEASE RETURN COMPLETED FORMS TO	ROMAN NEVEYKIN	
	WORKFORCE OFFICER	
	VOLLEYBALL ENGLAND	EMAIL: info@volleyballengland.org
	SPORTSPARK	
	LOUGHBOROUGH UNIVERSITY	TEL: 01509 22 77 22
	3 OAKWOOD DRIVE	
	LOUGHBOROUGH	FAX: 01509 22 77 33
	LE11 3GF	
Please note that if you wish to have award	packs sent to another address other than a	bove, please provided details as required

You can purchase Award Packs at an additional cost. These can be purchased prior to or after delivering the Young Referee Award.

#### Award Packs

#### Award Packs include the following:

- Young Referees Award: Certificate, Let's Play Volleyball lanyard, whistle and pocket size rule/referee cards.
- Young Leaders Award: Certificate, Let's Play Volleyball drawstring bag and water bottle.
- Young Events Volunteers Award: Certificate and a t-shirt.

The cost for each Award Pack is £5.00 per person, per pack.

#### TERMS OF DELIVERY

- 1. No Award Packs will be despatched without payment with order/or an official order.
- 2. If you require an invoice please send an official purchase order.
- 3. Please allow 14 days for delivery of Award Packs
- PLEASE NOTE THAT VOLLEYBALL ENGLAND CANNOT ACCEPT RETURNED AWARD PACKS ONCE THEY HAVE BEEN PURCHASED.

#### Course Type

- The Volleyball Leaders award is suitable for Year 10 (Key Stage 4) and above students, young club members or anyone wishing to develop their skills through coaching, refereeing and organising community volleyball activity.
- The Young Referees award is suitable for 14 19 year olds and will enable the candidates to competently officiate all of the small-sided game formats of the Let's Play Volleyball programme. The course is mainly practical in nature and referees learn skills through active participation in fun and interactive activities.
- 3. The **Young Event Volunteer** award has been developed with the aim of providing young people with the knowledge and skills to volunteer at a national or international volleyball event or take a lead in organising a volleyball event in their school / college or club. It is ideal to support the delivery of the Level 1, 2 and 3 School Games.





All packs contain everything a teacher or coach needs to deliver the 6-hour Volleyball England accredited course to young people. The course does not require the tutor or participants to have any previous knowledge of volleyball.

#### Data Protection Disclaimer – Young People Courses

This information **MUST** be provided and delivered either visually or verbally to all candidates on our Young People courses so that they will understand beyond doubt what the purpose of holding their information is, and what they can expect to receive as a result of providing their consent for this information.

Volleyball England aims to provide the best service and opportunities to all of its members and from time to time may wish to obtain and hold certain information regarding those members who attend their courses.

As regards Young People courses (Young Leaders, Referees and Events Volunteers) we look to acquire the contact details of as many members as are interested in furthering their understanding and involvement in volleyball across all levels so that we might signpost them to these opportunities.

Volleyball England will collect information regarding; first name, surname, date of birth, telephone number and email address as this information provides the most reasonable way of contacting the person in question in line with the Data Protection Act 1988. This information will be used to provide a direct link to our Plus Programme\* and will offer the opportunity for each candidate to gain particular information on deployment opportunities in their areas.

The personal information of each candidate will be held and used in line as above separately from our central database, until one of the following occurs;

- 1. The individual completed registration for the Plus Programme, which will result in their information being removed from the completed candidates list.
- 2. The individual requests that their personal information is removed from Volleyball England's records.

Candidates are also reminded of their statutory rights to request of the organisation any information of which is currently held. This request however, may be subject to a small administration charge.

Volleyball England also ensures that the personal information of each and every candidate will be contained securely in a way which is fit for the level of information held. Such security will include firewall protected and encrypted servers as well as database password protection

Provided that each candidate understands the above, please encourage them to tick the 'consent' box on the candidate registration form. Should they decide not to provide consent, then they may still provide their details, but they will be destroyed upon data entry when received and will not be contacted regarding our Plus Programme or other opportunities.



#### REFEREE QUALIFICATION SCHEME: APPLICATION FORM - RC/1

#### To be completed by the <u>Course Organiser</u> and returned to the Regional Referee Commissioner (<u>richard.morten@morten.org.uk</u>) no later than <u>6 weeks</u> prior to the start of the course.

COURSE DETAILS							
Level of Course - please tick (Candidate Registration Fee)	Grade 4 Indoor (1 day) (£50.00)	☐Young Referee Award Tutor request (£25.00 per hr)	Scorer (£15.00)				
Candidate fee includes relevant venue and tutor costs	Grade C Sitting (£15.00)	Grade 4 Beach (£20.00)					
Dates	Date:		Open 🔲 Closed 🔲				
Venue point of contact for billing and venue details (please provide full address and post code)							
Gym booked (times)	Cla	ssroom booked (times)					

Please Note: The recommended minimum number of candidates per course is 14, the maximum is 18. Any more than 18 candidates, or less than 14, permission must be granted by Referee Commission. For Indoor courses the gym should be booked for the morning and the classroom for the afternoon, both 4 hours.

COURSE ORGANISER DETAILS						
Name						
Address (for all correspondence)						
Contact Details	🖀 (h)	2 (w)				
Contact Details	<b>2</b> (m)	🛢 (email)				

STAFF REFEREE DETAILS (completed by Referee Commissioner & forwarded to Volleyball England)						
Name						
Contact Details	<b>君</b> (h)	<b>2</b> (m)	8			

#### The following equipment should be provided. Please tick to confirm availability

Multi Media Projector & Screen/Large TV (*Accessible to External Laptop – NOT Network version)	Volleyball court with posts, net & antennae	Balls (Minimum 1 per 2 Candidates)	
Team benches, Scorer's Table &	DVD player (as requested by	Chairs, desks & writing	
Line judge flags	Tutor)	paper for exam	
Flipchart & pens	Referee Stand	Refreshments	

Please instruct candidates to bring pen, paper, whistle, numbered shirt (if possible) and inform them of arrangements for refreshments / lunch. They may be required to play for demonstrations.

OFFICE USE ONLY						
Date Received in Office		Copy to Regional Referee				
Course Number Allocated		Commissioner, RRA & Commission President:				

RC1 version 3 - Nov 2014 - RWM

## **KEY CONTACTS**

Roman Neveykin Workforce Officer r.neveykin@volleyballengland.org 01509227730

Louise O'Reilly Workforce Manager L.OREILLY@VOLLEYBALLENGLAND.ORG 01509227734

Fiona Sweetman Workforce Administrator f.sweetman@volleyballengland.org 01509227714

> Rob Payne Young People Manager R.payne@volleyballengland.org 01509227738

Sam Harding Adult Participation Manager s.harding@volleyBallengland.org 01509227742

**REGIONAL CONTACTS (INVESTMENT ZONE MANAGERS)** 

Liz Fletcher Black Country & Staffordshire L.fletcher@volleyBallengland.org 07595022516

Steve Kerr Greater Manchester S.Kerr@volleyballengland.org 07595022515

Mark Simmons Dorset & Hampshire m.simmons@volleyballengland.org 07850938280 Samantha Jamieson Teeside, Tyne & Wear s.jamieson@volleyballengland.org 07850314295

15 Rachel Laybourne East London & Essex NS R.Laybourne@volleyballengland.org RE 07850938304