

# NVL HANDBOOK 2017-18

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Rhinos - St Phillips (RSP)			
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ussuvolleyball@gmail.com			

Sheffield University Women 1 (SU1)			
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1) 07825 448209	2)	1)	2)
ckwilliamson1@sheffield.ac.uk			

Sheffield University Women 2 (SU2)			
<b>Contact 1: Caitlin Jackson</b> - Team Contact		<b>Contact 2:</b> -	
1) 07791 042501	2)	1)	2)
cejackson1@sheffield.ac.uk			

## WC

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Phil.crawford732@mod.gov.uk			

ULU London (ULU)			
<b>Contact 1: Michaela Lagoudaki</b> - Team Contact		<b>Contact 2:</b> -	
1)	2)	1)	2)
lagoudakimich@gmail.com			

Wapping Wabbits (WAP)			
<b>Contact 1: Mariana Gimpelewicz</b> - Team Contact		<b>Contact 2:</b> -	
1) 07932 034894	2)	1)	2)
maru.mariana@gmail.com			

Wombourne VC (WOM)			
<b>Contact 1: Michael Di Bernardo</b> - Team Contact		<b>Contact 2:</b> -	
1) 07875 377976	2)	1)	2)
fixtures@wombournevolleyball.co.uk			

**Abbeywood School**

Abbeywood Community School, New Road, Stoke Gifford, Bristol, BS34 8SF, 0117 3075660

**Directions:**

<https://goo.gl/09xdCG>

**Alan Higgs Centre**

Alan Higgs Centre, Allard Way, Coventry, Warwickshire, CV3 1HW, 02476 308 244

**Directions:**

From M1 North: Leave M1 at Junction 21, then at roundabout take the 3rd exit onto the M69 (signposted M69 Coventry, Birmingham). Continue onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M1 South: Leave the M1 at Junction 17, branching left onto the M45 (signposted Coventry South). At roundabout take the 2nd exit onto Coventry Road - A45 (signposted Coventry). At roundabout take the 2nd exit onto London Road - A45 (signposted Coventry). At Tollbar End roundabout take the 3rd exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

From M6: Leave the M6 at Junction 2 (signposted Leicester M69, Coventry A46). Take right hand lane (signposted Coventry), then at roundabout take the 3rd exit onto the A46 (signposted Coventry East and South, Warwick). At roundabout take the 1st exit onto the A46 (signposted All Traffic). At roundabout take the 3rd exit, then merge onto Coventry Eastern Bypass - A46. At roundabout take the 1st exit onto Coventry Eastern Bypass - A46 (signposted Coventry East and South, Warwick M40). At roundabout take the 2nd exit onto Coventry Eastern Bypass - A46 (signposted Coventry South, Warwick). At Tollbar End roundabout take the 4th exit onto London Road - B4110 (signposted Willenhall). At roundabout take the 1st exit onto London Road - B4110. At roundabout take the 5th exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

M40 South (London): Leave the M40 at junction 15, then at roundabout take the 4th exit onto Warwick Bypass - A46 (signposted Coventry).

M40 North (Birmingham): Leave the M40 at junction 15, then at roundabout take the 1st exit onto Warwick Bypass - A46 (signposted Coventry).

Both: Continue forward onto Warwick Bypass (signposted Coventry, M69). Continue forward onto the A444. At roundabout take the 2nd exit onto London Road - A4082 (signposted Motorway M69, Leicester A46). At roundabout take the 3rd exit onto Allard Way - A4082 (signposted Stoke Aldermoor, Binley). Alan Higgs Centre will be on your right hand side.

**All Saints Sports Centre**

All Saints School, 95 Norfolk Park Road, Sheffield, South Yorkshire, S2 2RJ, 0114 272 6700

**Directions:**

From junction 33 M1, follows signs for A630 Sheffield City Centre. At the roundabout follow signs for A61 Chesterfield. Go past Sheffield Rail station on your left, and after a further half mile you will see a Macdonalds. Here, turn immediately left onto Granville Road and take first right (Norfolk Park Road). The sports centre entrance is approximately 100 yards on your right.

**Boswells School**

Boswells School, Burnham Road, Springfield, Chelmsford, Essex, CM1 6LY, 01245 264451

**Directions:**

From A12 take the A130, signposted Sudbury and Springfield. At roundabout 2nd exit for Springfield. Next roundabout 3rd exit for Sudbury. Mini-roundabout left for North Springfield. Right at next roundabout signposted Broomfield. Left at mini-roundabout into Sidmouth Road. 1st right into Dartmouth Road. At left turn into Bodmin Road, school gates are directly ahead. Follow driveway to the right and the sports hall is directly ahead.

**Bournside School**

Warden Hill Road, Cheltenham, GL51 3EF, 01242 235555

**Directions:**

Coming from North or South via M5

At junction 11, take the A40 exit to Gloucester/Cheltenham, At the roundabout, take the 3rd exit onto the A40 slip road to Cheltenham/Gloucestershire/Airport. Follow A40, Hatherley Ln and Hatherley Rd to Warden Hill Rd in Cheltenham Merge onto A40. At the roundabout, take the 3rd exit onto Hatherley Ln. At the roundabout, take the 1st exit and stay on Hatherley Ln. At the roundabout, take the 1st exit and stay on Hatherley Ln. At the roundabout, take the 1st exit onto Hatherley Rd. At the roundabout, take the 2nd exit onto Warden Hill Rd Destination will be on the left

Coming from East

Follow A40 to Hatherley Rd in Cheltenham. At the roundabout, take the 2nd exit onto Northern By Pass Rd/A40. At the roundabout, take the 2nd exit and stay on A40. At the roundabout, take the 1st exit and stay on A40. At the roundabout, take the 3rd exit and stay on A40. Turn left onto Sandford Mill Rd/A40. Turn left onto Old Bath Rd/A40. At the roundabout, take the 2nd exit onto Thirlestaine Rd/A40. Continue on Hatherley Rd. Drive to Warden Hill Rd. Turn left onto Hatherley Rd. At the roundabout, take the 1st exit onto Warden Hill Rd. Destination will be on the left

**Bradfield College Sports Complex**

Bradfield, Reading, RG7 6BZ, 01189 644600

**Directions:**

Leave the M4 at Junction 12, heading on the A4 away from Reading towards Theale. Go straight over the first roundabout, and down the dual carriageway. At the next roundabout turn right onto the A340. Take the first left onto Common Hill. Follow this road up the hill, and past a left turn. You will then come to some parts of the College, continue on this road, down a hill until you come to a cross roads. Turn right at the crossroads, and then after about 150 meters turn left into the sports hall car park, which is set down off the road.

**Brentford Fountain Leisure Centre**

658 Chiswick High Road, Brentford, Middlesex, TW8 0HJ, 0845 456 6675

**Directions:****Brooksby Melton College**

Asfordby Rd, Melton Mowbray, Leicestershire, LE14 2LJ, 01664 850850

**Directions:**

Coming from Leicester towards Melton turn left signposted Brooksby hall, don't turn into the Main hall, follow the road round, the sports hall is round the back. It is the 4th entrance on the left, there is a car park and sports field. If you get to the train track you have gone too far, turn round and take the 1st right. Follow the road that has the rugby field and artificial pitches on your left all the way round, you will see the sports hall and facilities on your left.

Go in gate 2 and park there, sports hall is the building to your left.



**Caius House Youth Centre**

2 Holman Road, Battersea, SW11 3PG,

**Directions:****By Train**

The closest train station is Clapham Junction, approximately 12 minutes walk from Caius House. From Bath Spa, the train journey is approximately 1 hour and 20 minutes, changing at Reading. When you arrive at Clapham Junction, exit via Grant Road Exit. Turn right out of the station, then left onto Falcon Road. Continue along Falcon Road until you reach a main intersection where Falcon Road meets Battersea Park Road on the right and York Road on the left. Continue straight ahead, crossing the main intersection onto Battersea High Street (a narrow cobblestone road). Veer left at the end of the cobblestone road onto Gwynne Road, then left into Yelverton Road, where the entrance of Caius House is.

**By Car**

From the South West - M25/A3

Leave the M25 at J10 (A3 to London)

Follow the A3 for approx. 18 miles into Wandsworth one-way system

Veel left onto the A217 signposted Battersea, and in half a mile take the 2nd exit at the large roundabout onto York Road/A3205. Follow York Road for approx. half a mile, then turn left at the traffic lights into Lombard Road (also the turning to Halfords). Then take the first right into Holman Road, and the Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

From the West - M25/M4

From the M25 J14 Follow the M4 towards London which merges into the A4 for approx. 13 miles until a right turn onto Earls Court Road/A3220. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

From the North-West - M25/M40

Leave the M25 at J16 (M40 to London)

Follow the M40 towards London (which merges into the A40 Western Avenue) for approx. 13 miles, then branch left onto the roundabout and take the 2nd exit A3220 towards Shepherds Bush. Follow the A3220 past for 1 mile past Shepherds Bush station then bear left (one way) then shortly bear right onto the A3220. At traffic lights turn left (one way) onto Pembroke Road, then shortly bear right back onto the A3220 Earls Court Road. Pass Earls Court station and after 1 mile turn left onto Kings Road/A3217 then after half a mile turn right onto Beaufort St continuing over Battersea Bridge. Take the first right after the bridge onto Battersea Church Road/Vicarage Crescent, then after approx. half a mile turn left onto Holman Road. The Youth Centre is the large building with terracotta coloured cladding running along the entire length of Holman Road.

The entrance is on the short end of the building off Yelverton Road.

Note: There is no car park at the venue. There is street parking in adjacent roads; some is free, some is residents only, and some is pay meter parking. Please read roadside parking signs carefully.

**Campsmount Academy**

Ryecroft Rd, Norton, Campsall, Doncaster, DN6 9AS, 01302 700002

**Directions:**

Directions:

From A1

Exit at Junction 39 (Barnsdale Bar)

Follow signs for Campsall/Norton

Continue along the road for 2 miles into Campsall village

Turn left at the junction

Follow the road round, turn left onto Ryecroft road at the cemetery

College entrance 200 metres on the left

A19 From South

Take a left at Owston Park Lodge onto Sutton Road (signposted Sutton)

Drive through Sutton and into Campsall (approximately 2 miles)

Drive past The Old Bells and Campsall Church (on your right)

Take a left onto Ryecroft Road (Cemetery on your left)

The college drive is approximately 200 metres on your left.

**Cardiff Metropolitan University Cyncoed Campus Sports Hall**

Cardiff Metropolitan University, Cyncoed Road, Cyncoed Campus, Cardiff, Wales, CF23 6XD, 029 2041 6777

**Directions:**

Bus

The 52/52A bus travels from the city centre to the Cyncoed campus every 15 minutes during the day, via Albany Road and Penylan Road.

During term time, the U1 MetRider bus travels from Llandaff to the Cyncoed campus every hour.

Train

Heath High Level and Heath Low Level railway stations are approx. 25 minutes walk from the Cyncoed campus, serving the area from the Rhymney and Coryton lines. See National Rail Enquiries for train times.

**Castle Green Sport Centre**

Gale Street, Dagenham, Essex, RM9 4UN, 020 827062222

**Directions:**

From west: take A13 towards Dartford crossing. Go over Alfreds way viaduct. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.

From east: from M25 take A13 towards central London. Drive until Alfreds way viaduct. Take the exit left on to Ripple rd. Take 4th exit from round about and go back to A13. Take next left, and turn in to Gale st. Castle green sports centre just 50 metres ahead on your left hand side.

**Cathedral School**

Cardiff Road, Llandaff, Cardiff, CF5 2YH,

**Directions:**

Exit the M4 at Junction 29 to join the A48. Just after the big Tesco and WJEC CBAC building on Western Avenue turn off down Mill Lane and enter the school via the ramp from the Cardiff Road entrance.

**Centre AT7**

Bell Green Road, Coventry, CV6 7GP, 02476 308 244

**Directions:**

Centre AT7: Bell Green Road, Coventry, CV6 7GP. Telephone : 024 7666 5530

**BY CAR:**

From City Centre Ring Road (anti-clockwise):

Exit the Ring Road at Junction 2, signposted Coventry & Warwickshire Hospital; Bell Green B4109.

Filter right at the bottom of the slip road following signs to Coventry & Warwickshire Hospital.

Follow the road to the left towards the Hospital.

Proceed through the one way system past the Hospital and along Stoney Stanton Road.

Stay on the Stoney Stanton Road for 1 and half miles, through eight sets of traffic lights.

At the mini round about (with McDonalds adjacent) proceed straight over to the major roundabout.

Take the third exit off the roundabout signposted Sports Centre.

The entrance to Centre AT7 is immediately on the left.

From the M6:

Exit at Junction 3 of the M6 and take the 4th exit if travelling from the North or the 2nd if travelling from the South from the roundabout signposted Coventry; Holbrooks A444.

Proceed along the dual carriageway for half a mile and take the 2nd exit of f the roundabout signposted City Centre A444.

Proceed along the dual carriage way (Phoenix Way) for half a mile and take the 1st exit at the roundabout signposted City Centre A444; Foleshill Edgwick Industrial Estate.

Proceed along the dual carriageway for half a mile and take the 2nd exit signposted City Centre A444; Bell Green (this roundabout features a metal spiral sculpture).

Proceed along the dual carriageway for half a mile and take the 2nd exit and Centre AT7 is immediately on your left.

**BY BUS:**

From City Centre:

West Midlands Travel 21 and 31c provide a regular service between the City Centre and Courthouse Green. If using the 21 alight on the Bell Green Road at the first stop after the roundabout opposite the Post Office. The 31 stops at Sainsbury's, a short walk form Centre AT7.

The Park and Ride scheme also operates a service between Centre AT7 and the City Centre.

**Centre for Sport & Exercise Science**

Tyndall Avenue, Bristol, BS8 1TH, 01179 289000

**Directions:****Cherry Willingham Community School**

Croft Lane, Cherry Willingham, Lincoln, LN3 4JP, 01522 751040

**Directions:**

FROM NORTH OF LINCOLN ON THE A46: Keep going straight on when on the A46 towards the A158. At the roundabout take the second exit onto the A158. At the next roundabout take the second exit (right) onto the A15 (Bunkers Hill). Take the first left (before the speed camera) onto Hawthorn Road. Continue approximately 1.5 miles until you see Cherry Willingham Community School on the right hand side. Turn right onto Croft Lane. When on Croft Lane take the next right into the Sports Centre carpark.

FROM SOUTH OF LINCOLN ON THE A15: Stay on the A15 through Lincoln and head up the Lindum Hill (Lindum Road). Continue on the A15 onto Wragby Road. Continue straight on along Wragby Road for approximately 1 mile until you reach the speed camera on your left hand side. Take the next right after the Lincolnshire Poacher Pub onto Hawthorn Road (sign posted Reepham). Continue approximately 1.5 miles until you see Cherry Willingham Community School on the right hand side. Turn right onto Croft Lane. When on Croft Lane take the next right into the Sports Centre carpark.

**Christ's School**

Queens Road, Richmond Upon Thames, London, TW10 6HW, 020 8940 6982

**Directions:**

The sports hall is at the back of the Secondary School. From the car park, go round the right hand side of the school.

By Underground

Richmond underground station (District Line) is about 3/4 of a mile from the school.

By Bus

33 Fulwell - Hammersmith

65 Ealing - Kingston

90 Richmond Station - Northolt

190 Richmond - West Brompton

290 Richmond - Staines

337 Richmond - Clapham Jct

371 Richmond - Kingston

391 Fulham - Richmond

H22 Richmond - Hounslow West

H37 Richmond - Hounslow

R69 Richmond - Hammersmith

R70 Richmond - Hanworth

By Train

Richmond BR is about 3/4 of a mile from the school and the North Sheen BR is only 1/4 of a mile from the school.

By Car

The school is just off the South Circular (A205), near the centre of Richmond. Obviously that means that the roads are likely to be busy on match days, so leave plenty of time. Coming from Sheen you should turn left at the Black Horse pub onto Queens Road.

**Cleobury Mortimer Sports Centre**

Cleobury Mortimer Sports Centre, Lacon Childe School, Love Lane, Cleobury Mortimer, Shropshire, DY14 8PE, 01299 271317

**Directions:**

From M6: Leave M6 at Junction 13 and take the A449 to Wolverhampton. Follow the A449 (Ring Road) and turn off for Bridgnorth on the A454. When you reach Bridgnorth turn left at the islands and then turn right about 100 yards after. Follow the road over the bridge and around the bend until you come to a long right hand corner. When you go around the corner turn immediately left by the garage and this puts you on the B4363 to Cleobury Mortimer. \*When in Cleobury go through the village past the 1st garage on your left. Before you reach the 2nd garage turn right into Love Lane (Sports Hall is signposted here), follow the road up and round past Lacon Childe School on your left. Take next left into Bus Park where you will be able to see the hall.

From M42: Leave M42 at Junction 1 and go into Bromsgrove, take the A448 and head to Kidderminster, head for the Town Centre, go down the hill past the Railway Station until you reach an island. Turn right and follow the Ring Road, going straight across the next 3 roundabouts. Head towards Bewdley, past the Safari Park, and then onto the A456 heading towards Tenbury Wells. Turn off, after about 4 miles, right to Cleobury Mortimer on the A4117, then as \* above.

**Coombe Dean School**

Coombe Dean School, Charnhill Way, Elburton, Plymouth, Devon, PL9 8ES, 01752 403113

**Directions:**

Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment take the right hand lane signposted 'Plymouth Kingsbridge'. This will lead you onto a minor junction - turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs for 'Kingsbridge'. Stay on the A379 for approx. 2 miles, through 3 roundabouts. At the next roundabout turn right into Springfield Road. At the first set of traffic lights (not pelican crossing) turn left into Reservoir Road, proceed 400m and turn right into Charnhill Way. The school is at the end of Charnhill Way. Journey time from Marsh Mills roundabout to Coombe Dean school takes approx. 10-15 mins.

**Cranfield Fitness Centre**

45, College Road, Cranfield, Bedford, MK43 OAL, 01234 752988

**Directions:**

Most teams will come via the M1. Southbound, the exit is Junction 14. Turn left onto A509 and then right onto Newport Road. At a village called Moulsoe, this becomes Cranfield Road. Follow this towards Cranfield Airport. When you reach the campus, turn left onto University Way. Follow this right up until it becomes College Road in the heart of the campus. Take the first left onto Lanchester Road and the sports hall is immediately on your left. Parking is plentiful and is just a few yards down Lanchester Road on your left.

Teams travelling Northbound should take the exit at Junction 13. Turn right onto Salford Road toward Hulcote. Once you reach Salford, turn right onto Cranfield Road. From there, the instructions are as above.

**Crestwood College**

Shakespeare Road, Boyatt Wood, Eastleigh, Hampshire, SO50 4FZ, 02380 645 503

**Directions:**

From M3 Southbound - Exit at junction 12. At the roundabout take the 2nd exit onto the A335. At the next roundabout take the 3rd exit onto Woodside Avenue. Follow the road along until you drive under a foot bridge. Immediately after the bridge turn left into Shakespeare Road and the school is on the left hand side.

Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

From M3 Northbound - Exit at junction 13 and then turn right onto A335 (Leigh Road). At Holiday Inn traffic light junction turn left into Woodside Avenue. Follow this down to the roundabout. Take 2nd exit and just past B&Q turn right into Shakespeare Road and the School will be on your right. Access to the sports hall is via reception at the red gates next to the church. The Sports hall is situated at the back of the School.

**Darlington Education Village**

Darlington Education Village, Salters Lane South, Darlington, Durham, DL1 2AN, 01325 254000

**Directions:**

1. Leave A1(M) at Junction 57, signposted Darlington & Teesside A66(M)
2. At roundabout take 1st exit, following signs for Darlington (A66)
3. At the next roundabout take 3rd exit, signposted Teesside/Yarm (A66)
4. Go straight over the next 3 roundabouts
5. At the 4th roundabout take the 1st exit, signposted Darlington
6. At the next roundabout take 1st exit, signposted Town Centre
7. At the mini roundabout take the 2nd exit onto Salters Lane South
8. Follow the road round over several speed bumps and the school will be on the right hand side.

**Dartford Technology College**

Dartford Technology College, Heath Lane, Dartford, Kent, DA1 2LY, 01322 224 309

**Directions:**

From M25, Exit at J1B towards Dartford A225. Take exit on to A296 / Princes Road towards Dartford. Stay on Princes Road continue over 1 roundabout. At lights turn right on to Lowfield Street A225. Turn left at Heath Street. At roundabout 2nd exit on to Heath Lane. Turn right in approximately 100 yards.

**David Ross Sports Village**

University of Nottingham, University Park, Nottingham, Nottinghamshire, NG7 2RD, 0115 9515151

**Directions:**

**Dean Trust Ardwick**

345 Stockport Road, Manchester, M13 0LF, 0161 972 2988

**Directions:**

Directions Ardwick from West:

M62 (signs for M6/M57/Manchester/Warrington/St Helens/Huyton). Keep right to continue on M602. Continue onto Regent Rd/A57. Continue to follow A57. Keep right to continue on A57(M), follow signs for Ring Road/M'cr Airport/A5103/Birmingham/M6/Stockport/A6/Sheffield/A57. Take the A6 exit towards Stockport/Sheffield/Piccadilly/A57/A34. Keep right, follow signs for A6. Turn right onto London Rd/A6. Continue to follow A6. At the roundabout, take the 3rd exit onto Stockport Rd/A6. Destination will be on the left

Directions from South

M6

At junction 19, take the A556 exit to Manchester/M'cr Airport/M56. At Tabley Interchange, take the 3rd exit onto Chester Rd/A556. At the roundabout, take the 3rd exit onto the M56 slip road to Manchester/M'cr Airport. Merge onto M56. Keep left at the fork to stay on M56. At junction 1, exit onto Kingsway/A34 towards City Centre/Didsbury. At the roundabout, take the 1st exit onto Moseley Rd/A34. At the roundabout, take the 2nd exit onto Birchfields Rd/A34. Turn right onto Birch Hall Ln. Continue onto Birch Ln. Turn left onto Stockport Rd/A6. Destination will be on the right

Directions from East

M62

At junction 20, take the A627(M) exit to Rochdale/Oldham. At Thornham Interchange, take the 1st exit onto A627(M) heading to Oldham. Continue onto Broadway/A663. Turn left to merge onto M60 towards Ring Rd (E & S)/Ashton-u-Lyne/Sheffield/M'cr Airport/M67/M56. At junction 24, take the A57 exit to M'cr City Centre. At Denton Island, take the 3rd exit onto Manchester Rd/A57. Continue to follow A57. Turn left onto Devonshire St/A665. Turn left onto Stockport Rd/A6. Destination will be on the left

**Derby Arena**

Royal Way, Pride Parkway, Derby, Derbyshire, DE24 8JB, 01332 640011

**Directions:**

The arena is signposted from all major routes.

There are extensive directions on their own website from various routes on this link:  
<http://www.derbyarena.co.uk/plan-a-visit/how-to-find-us/>

The Derby Arena is located on pride park business park. Coming from major roads travel towards the signposted 'Wyvern Centre' to join Wyvern way. At a roundabout turn onto Derwent parade and continue until reaching derby arena.

**Derbyshire Volleyball Centre**

Derby Moor Community Sports College, Moorway Lane, Derby, Derbyshire, DE23 2FS, 01332 772 706

**Directions:**

Exit M1 at Junction 25 follow signs to Derby A 52 drive for 6 miles. At the Pentagon roundabout stay in the middle lane follow signs to Uttoxeter, A 52, inner ring A516, Derby Royal Hospital. At Ring Road junction turn left onto Ring Road A 5111 stay in right hand lane for half mile. At junction turn right onto a 5250 towards a Littleover after half a mile turn left onto Old Hall Road drive about half mile turn right onto Moorway Lane. Derby Moore is on your right about 150m

**Doug Ellis Sports Centre**

City North Sports Centre, Birmingham City University, 150 Wellhead Lane, Perry Barr, Birmingham, West Midlands, B42 2SY, 01213 318 870 Or 08452 671 192

**Directions:**

Driving directions From M5 Junctions 1

1. Take exit 1 toward WEST BROMWICH / B'HAM (NW) 0.25 mi
  2. Turn slight right 0.16 mi
  3. Turn slight left at Birmingham Rd (A41) 0.74 mi
  4. Turn slight left at Island Rd (A4040) 1.2 mi
  5. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.53 mi
  6. At the roundabout, take the 2nd exit onto Church Lane (A4040) 0.91 mi
  7. At Birchfield Rd, take the 1st exit onto Birchfield Rd 0.18 mi
  8. slight right to merge onto Harrier Way 0.16 mi
  9. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
  10. Turn right at Wellhead Lane 0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 7

- 1 From M6, Junction 7
  2. Take exit 7 toward BIRMINGHAM (N) 0.31 mi
  3. slight left to merge onto Birmingham Rd (A34) 0.45 mi
  4. Keep left at the fork, and merge onto Birmingham Rd (A34) 2.32 mi
  5. Keep left at the fork 0.14 mi
  6. Turn slight left at Harrier Way - Continue on A4530 0.08 mi
  7. Turn right at Wellhead Lane 0.13 mi
- First left is Doug Ellis Sports Centre

Driving directions From M6 Junctions 6

1. From M6, Junctions 6
2. Take exit 6 toward BIRMINGHAM (CEN.) A38 / BIRMINGHAM (NE) 0.15 mi
3. Keep right at the fork, follow signs for BIRMINGHAM (NE) A38 0.34 mi
4. At the roundabout, take the 4th exit onto Lichfield Rd (A5127) 0.3 mi
5. Keep right at the fork, and merge onto Lichfield Rd (A5127) 0.15 mi
6. Keep right at the fork 0.36 mi
7. Turn left at Aston Hall Rd (B4137) 0.24 mi
8. Continue 0.01 mi
9. Turn right at Witton Lane (B4137) 0.09 mi
10. Turn slight right at Witton Lane (B4137) 0.41 mi
11. At the roundabout, take the 2nd exit onto Aston Lane (A4040) 0.49 mi
12. Turn right at Wellhead Lane 0.17 mi
13. Turn slight left at Wellhead Lane 0.14 mi
- 14 Next to National Express Bus Garage Right is 150, Wellhead Lane, Perry Barr, Birmingham, B42 2SY

**Durham University Sport (Queens Campus)**

Stockton University Boulevard, Thornaby, Stockton-on-Tees, TS17 6BH, 0191 334 2178

**Directions:****By Bus**

Regular services run from Stockton and Middlesbrough to Teesdale and X1 services from Newcastle, Durham, Sedgefield and Middlesbrough stop outside the Holliday Building on University Boulevard and travel direct to the Durham University Science Site.

**By Rail**

East Coast Main Line operate high speed services from London, York and Edinburgh to Darlington, with a connection to Thornaby Railway Station.

The Transpennine Express provides a direct approximately hourly service from Manchester Airport, Manchester, Leeds and York to Thornaby.

Northern Rail operate a regular service from Saltburn to Newcastle and Bishop Auckland that stops at Thornaby and Durham.

**By Road**

Queens Campus, Stockton is linked by the A66 to the A1(M) and the A19.

From A19 North to Queens Campus, Stockton

1. Join the A66, signposted Stockton/Darlington
2. Take the first slip road from A66, signposted Teesside Retail Park/Tees Barrage
3. Turn right at the traffic lights, over the bridge across the A66, following signs for the Barrage.
4. Turn left at the roundabout.

From A19 South

Join the slip road for the A66 signpost Stockton/Darlington.

Keep on the slip road and follow the signs for the Barrage as described above.

**Easton & Otley College**

Easton Campus, Easton, Norwich, Norfolk, NR9 5DX, 01603 731200

**Directions:**

Satnav users, please use the following postcode: NR9 5GA (Dunham Road, Easton, Norwich).

From the North, come off the A47 at Easton and take the 3rd exit at the roundabout on to Dereham Road. Follow this road and turn right in to Bawburgh Road. Follow this road until you meet Broom lane and the College is directly in front of you.

From all other directions come off the A47 at the Longwater junction and at the roundabout take the first junction on the left which is Long Lane. Follow this road and it will turn in to Marlingford Road. At the junction turn right on to Bawburgh Road and the college will be on the left where the road turns in to Broom Lane.

When you enter the college you need to follow the signs to the sports centre which is right round the back of the campus, past the tennis centre.

**English Institute of Sport**

English Institute of Sport, Coleridge Road, Sheffield, South Yorkshire, S9 5DA, 0114 2235600

**Directions:**

Leave motorway at junction 34 (Sheffield Meadowhall). At the roundabout follow signs A6178 City Centre and Attercliffe. Go past Meadowhall Shopping Centre on your right. Keep straight on this road. Pick up signs to Attercliffe and Don Valley Stadium / Sheffield Arena. Go past the Sheffield Arena on your left. Keep straight on this road (Attercliffe Road). The English Institute of Sport is on your left between Sheffield Ice Stadium and Don Valley Stadium on Coleridge Road.



**Ernest Bevin College**

Ernest Bevin College, Beechcroft Road, Tooting, London, SW17 7DE, 020 8672 8582

**Directions:**

From North: M4 Junction 2. A205 South circular for about 6.5 miles. On entering Wandsworth continue forward onto West Hill (A3). At Wandsworth Town turn right, then left onto Armoury Way (1 way system). Stay in the right hand lane, follow the one way system into Fairfield Street. Then at end turn left (signposted South Circular, Central London) onto East Hill. Turn right, then right again (following 1 way system). Branch left onto Trinity Road A214. Continue forward for approx 2.7 miles entering Tooting. Turn right into Broderick Road and left at the end into Beechcroft Road. College is 300m on right.

From South: M3, A316, A205 South Circular then as above.

Nearest tube station: Tooting Bec (1km)

Nearest Main Rail: Wandsworth Common (700 metres)

**Essex University Sports Centre**

Wivenhoe Park, Colchester, CO4 3SQ, 01206 873250

**Directions:**

If you are driving from London and the South via the A12, take the exit marked Colchester (A133). SAT NAV directions to the University using the postcode can be misleading therefore, it is recommended to follow roadside directional sign posts to the University.

If you are driving from Ipswich and the North on the A12, take the exit marked Colchester.

From Colchester, the University is off the A133 to Clacton.

The sports centre is next to the new multi storey, car park B, entrance 1 (bottom of map). You can park in Car Park A or B. Please enter via the red dotted route.

**Fairfield High School**

Fairfield High School, Fairfield Avenue, Droylsden, Manchester, Greater Manchester, M43 6ED, 0161 370 1488

**Directions:**

Exit M60 at J23. Take A635/A662 towards Manchester/Droylsden. Go past the retail park on the left hand side. At the lights go straight on (A635 Manchester Old Road). Go straight on at the next 2 sets of lights (car show room on the left). Just after pelican crossing (by the chemist and before petrol station), turn right into Fairfield Avenue. The school is at the top of the avenue.

**Ferry Sports Centre**

Ferry Sports Centre, Diamond Place, Oxford, Oxfordshire, OX2 7DP, 01865 467060

**Directions:**

From M40 Northbound: Leave the motorway at Junction 8 and follow the A40 to the Oxford ring road. At the Green Round roundabout turn right onto the Oxford ring road. After about 4 miles turn left at the next roundabout (Cutteslowe) signed for Summertown and Oxford City Centre. This is Banbury Road. After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.

From M40 Southbound: Leave the motorway at Junction 9 and at the roundabout join the A34 southbound towards Oxford. Take the Pear Tree exit signed for Oxford (about 5 miles). At the interchange follow the short dual carriageway towards Oxford. At the next roundabout (Wolvercote) take the second exit (A40 signed for London). After about a third of a mile at Cutteslowe Roundabout turn right towards Summetown (Banbury Road). After you have passed some shops in Summertown, you arrive at traffic lights. Turn left onto Marston Ferry Road. Turn left again on the first road and you arrive at the Ferry Sports Centre.

**Hull Holy Trinity House Academy**

95-133, George Street, Kingston upon Hull, Hull, HU1 3BW, (01482) 326421

**Directions:**

From the M62 follow the a63 castle street into Hull, at the magistrates court turn left onto market place and follow the road straight onto Lowgate, towards George st. turn right at the "T" junction then take an immediate left down charlotte mews st - a very small cobbled road (down the side of position nightclub). Parking is available at the school on the left.

**Iffley Sport Centre**

Jackdaw Lane, Iffley Road, Oxford, OX4 1EQ, 01865 240 476

**Directions:**

From the Oxford Ring Road (A4142/A34/A40):

Exit at Littlemore Roundabout towards City, Iffley & Rose Hill Now on A4158 (Iffley Road) Entrance to Sports Complex via Jackdaw Lane Once you are on the Jackdaw Lane, the complex entrance is on your right.

**Irlam & Cadishead Leisure Centre**

Liverpool Road, Irlam, Manchester, M44 6BR, 0161 775 4134

**Directions:**

From South:

M6 northbound. Take junction 21 the A57 exit to Irlam/Warrington (Ctr & East)

At the roundabout, take the 3rd exit onto Manchester Rd/A57

Continue to follow A57 for (4.3 miles)

At the roundabout, take the 3rd exit onto Cadishead Way/A57

After 0.9 miles - turn left onto Fairhills Rd/B5311 (0.5 mi)

Travel 0.5 miles & keep right to stay on Fairhills Rd/B5311

Turn right at the T junction onto Liverpool Rd/B5320

Sports Centre is on the right

From North:

From M62, join M60. Take junction 11 exit to Eccles/Irlam.

At the roundabout, take the 3rd exit onto Liverpool Rd/A57 (signed Irlam), travel 1.8 miles

At the roundabout, take the 2nd exit onto B5320

Travel 1.4 miles - Sports Centre is on the left

**Island Sports Trust**

100 Manchester Road, London, London, E14 3DW, 0207 001 9441

**Directions:****Itchen College Sports Centre**

Itchen College, Middle Road, Bitterne, Southampton, Hampshire, SO19 7NS, 02380 448787

**Directions:**

From M3, head eastbound along the M27, Leave M27 at Junction 8, taking the A3024 towards Southampton and Bitterne. At the roundabout take 3rd exit A3024 Bursledon Road. Go along approximately 5 miles, at the top of the hill opposite the Chinese Takeaway, take left turn into Ruby Road, continue into Middle Road. The College is on the right, if you reach the Earl of Locksley Pub you have gone too far.

**Joseph Rowntree School**

, Haxby Road, New Earswick, York, North Yorkshire, YO32 4BZ, 01904 552100

**Directions:**

Take the A19 until you reach the York Northern bypass. Take 1st exit at roundabout (A1237). At the 3rd roundabout take the 3rd exit (signposted New Earswick). Joseph Rowntree School is on the left in less than 1/4 mile.

**Keele University Sports Centre**

Keele University Sports Centre, Keele University, Keele, Newcastle Under Lyme, Staffordshire, ST5 5BG, 01782 583368

**Directions:**

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

If travelling up M1 join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6. Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take first exit up Keele Bank towards Keele University. At roundabout take left onto Keele Campus. Go right at mini roundabout, straight over the next one and down the bank to next roundabout where you take a right. Over speed hump and first left. Then first right into Sports Hall car park.

**Kendrick School**

Kendrick School, London Road, Reading, Berkshire, RG1 5BN, 0118901 5859

**Directions:**

From East:

From M4 take Junction 10 and go towards Reading on the A329(M). Follow the signs to Reading, turning from the A329(M) onto the A4. Keep following the A4 (London Road) and keep in the middle lane when the road turns into a 3-lane one-way road. The right hand lane turns off as you are passing the hospital on the left and then a Murco garage on the right. Keep in the middle lane until after the right hand lane has turned off into Sidmouth Street. Turn right into East Street (one way road) straight after the Turks Head pub, the school entrance is about half way down on the right hand side.

From West:

From M4 take Junction 11 and go towards Reading on the A33. Follow the signs to Reading over several roundabouts, until the road changes to the A329. When you get to the ring road junction, turn right onto the ring road (A329), following signs for the Oracle. Then take the first exit, taking you down to the Oracle roundabout. Take the third exit (the 2nd exit is both for the Oracle car park and the A329, do not take either) and follow the road round to the right at traffic lights at the end. Take the first left into South Street, then turn right into Sidmouth Street, at the top turn right onto London Road (A4). East Street is the right turn immediately after the Turks Head pub, the Kendrick School entrance is about half way down on the right hand side. Please note East Street is a one-way road.

Note: It's MUCH easier from junction 10 if people don't mind doing one more junction on the M4 when coming from the West.

**Kingston College Arena**

Kingston Hall Road, Kingston-upon-thames, Surrey, KT1 2AQ, 0208 268 2768

**Directions:**

Walking from Bus or Railway station

Leaving from either exit of Kingston Railway Station, make your way over to the Rotunda Leisure Centre (silver building, diagonally across the road from you). Keeping the Rotunda on your left, walk along this road (Clarence Street). You will pass Oceana and the telephone sculptures, also on your left. Continue until you come to a large road junction with pedestrian crossings. Continue straight across (the bus station will be visible on your left). Walk along this road (Wheatfield Way) past the Kingston Museum, and continue to follow the main road. Cross at the pedestrian lights over Fairfield South and follow the road until you reach the College Roundabout. The College is clearly visible from here.

**By Bus**

London Buses services 57, 65, 71, 85, 111, 131, 213, 281, 406, 726 and others stop at Cromwell Road Bus Station in Kingston. From Kingston bus station it is a 5 min walk.

**By Train**

Kingston is 25 minutes from London Waterloo station (Travel card zone 6). Take South West Trains services from London Waterloo, Clapham Junction or Wimbledon calling at Kingston. There are 6 trains per hour from London Waterloo to Kingston, of which 4 run via Wimbledon and 2 run via Richmond and Putney. There are also 2 trains that run to Shepperton travelling through Kingston. From Kingston station it is a 5 min walk.

**By Car**

To find the centre by car from all directions follow signs to The Rose car park. Nandos chicken restaurant is on the corner of the road that leads to the car park. The Arena is located 50m past the vehicle entrance to the car park. From 6.30 pm you can park your car for £1.00.

**Lambeth Academy**

Elms Road, Clapham, London, SW4 9ET, 020 7819 4700

**Directions:**

Coming from M25 West of London:

Take the M4 (Junction 15) exit toward London (W&C)/Slough/Heathrow Airport, this will change to become the A4. Continue on A4.

Continue to follow the A4 until you get to Earls Court Road. Turn right onto Earls Court Road (A3220)

Follow A3220 for about 1 mile and then turn left onto Cremorne Rd (A3220) Continue onto Cheyne Walk (A3212) and follow for approx. 1 Mile. Turn right onto Chelsea Bridge Rd (A3216) and follow for 1 mile then turn left onto Silverthorne Rd (B224). Continue to follow this road for about a mile and keep right to continue on to Old Town (B303)

Keep following the B303 until it changes to The Pavement then turn right onto Clapham Common South Side (A24) Follow this until you reach Elms Road on the left. Turn left onto Elms Rd and Lambeth Academy will be on the left.

**Lavington School**

Lavington School, The Spring, Market Lavington, Devizes, Wiltshire, SN10 4EB, 01380 812 352

**Directions:**

Leave the M4, J17 towards Chippenham (A350). From Chippenham take the A4 towards Derry Hill/Devizes. At Derry Hill take the A342 into Devizes and take the A360 towards Petteerne. Continue on this road for around 6 miles until the crossroads. Turn left at the crossroads and the school is 1 mile on the left.

**LeAF Academy**

Oakmead Technology College, Duck Lane, Bournemouth, BH11 9JJ, 01202 774 600

**Directions:**

Coming on the A350, take the A3049 and then the A348, go past a Shopping / business park on your right, at the next small roundabout go right into Poole Lane. Follow the road until you come to Duck Lane on your left.

From the East go via Ferndown towards Poole. At the Bear Cross roundabout go straight over on the A348. Past the playing fields on your left to a roundabout. Take the first left into Poole Lane as above.

**Life Leisure Priestnall**

Priestnall Road, Stockport, SK4 3HR, 0161 442 7660

**Directions:**

Located on the grounds of the Priestnall Academy, the Centre houses a large, sports hall. Numerous other sports and activities take place weekly with a number of local sports clubs using the facility as a training venue. The Centre is branded in the operators name, Life Leisure. It is easily accessible at the address: Priestnall Road, Stockport SK4 3HR " from the main A34 arterial route that links the M60 to Manchester City Centre, leaving at the Parrs Wood Entertainment Complex on Didsbury Road A5145; or from the M60 and main roundabout adjacent to the Co-operative Bank (Stockport pyramid building) and heading up towards Heaton Mersey via Didsbury Road A5145. Whichever way coming towards the Centre turn onto Moorfield Road at traffic lights, then left on to Thornfield Road which becomes Priestnall Road

**Loddon Valley Leisure Centre**

Loddon Valley L.C., Rushey Way, Lower Earley, Reading, Berkshire, RG6 4GD, 0118 9312066

**Directions:**

M4 Junction 11, take B3270 East, parallel to the Motorway. Follow road past Foster Wheeler on left, go right (2nd exit) at first mini-roundabout. Almost immediately go left at next mini-roundabout into Earley Way West. At next roundabout go left into Beeston Way, and at next turn right (2nd exit) into Rushey Way. Go over the next roundabout and the entrance to the centre is on the left 200m further on.

**Longbenton High School**

Hailsham Avenue, Newcastle Upon Tyne, NE12 8ER, 0191 218 9500

**Directions:**

AS PER BLYTH VALLEY WEB PAGE

PLEASE NOTE IF TRAVELLING VIA A 19 NORTH - THERE IS A £ 1.70 TUNNELL CHARGE

PLEASE NOTE MATCHES WILL BE HELD AT LONGBENTONBENTON HIGH SCHOOL AS PER BLYTH VALLEY WEB PAGE (NOT PARKS LEISURE)

**Loughborough University Netball Centre**

Epinal Way, Loughborough, Leicestershire, LE11 3TU, 01509 226250

**Directions:**

Using the postcode LE11 3TT will take you through the main entrance and after that please follow these directions:

Exit the M1 motorway at junction 23

At the roundabout take the A512 signposted Loughborough

After 1.2 miles, at the roundabout take the first exit onto Ashby Road

Then after 1 mile, at the roundabout take the third exit onto Epinal Way (A6004)

After 160 yards turn right into Loughborough University's main entrance.

1 Just after the barrier to the main entrance there is a mini roundabout, take the first exit onto Towers way

2 Follow the road as it bends to the right, then bends to the left. On your right you will see a car park

3 Follow the road as it bends to the left and the Netball Badminton Centre will be on your right

**Madeley High School**

Madeley High School, Newcastle Road, Madeley, Newcastle Under Lyme, Staffordshire, CW3 9JJ, 01782 297200

**Directions:**

If travelling on Motorway M6, come off at Junction 15. Turn left at first roundabout, towards Newcastle; Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

If travelling up M1, join A50 and head towards Stoke. Turn left at large roundabout (you will have just gone past Britannia Stadium [Stoke City football ground] on your left), heading for A500 and M6.

Bear right onto the A500. Drop down to roundabout and turn right. Holiday Inn is on your left. Go straight up the bank to roundabout, go straight over. At next roundabout go left. At next roundabout go straight over into Sneyd Avenue. At T junction (Thistleberry Avenue) go left and road turns into Gallowstree Lane. At roundabout take 2nd exit onto Keele Road A525. Continue on A525 (signposted Whitchurch). Continue onto Keele Road A525 entering Madeley. Turn left signposted Whitchurch. Madeley High School is on your left, just past the bus stop. Sports hall is to the left of the grounds.

**Maidenhall Sports Centre**

Maidenhall Sports Centre, Maidenhall Approach, Ipswich, Suffolk, IP2 8NZ, 01473 433622

**Directions:**

Follow the A12/A14 in direction of Felixstowe, turn off into Ipswich along A137 'Wherstead Road', this is the last junction before Orwell Bridge Crossing. At roundabout at bottom of hill turn left. Follow road for 1 mile, follow signposts to Maidenhall Sports Centre, along Station Street, Maidenhall Approach.

**Maidstone Leisure Centre**

Mote Avenue, Maidstone, Kent, ME15 7RN, 0845 155 2277

**Directions:****Mid Suffolk Leisure Centre**

Gainsborough Road, Stowmarket, IP14 1LH, 01449 674980

**Directions:**

Come off a14 at junction 50 and head north on the A1120 towards stowupland. Take RHS immediately after the Crown Pub. The hall is at the end of the road.

## **Middlesbrough College**

Dock Street, Middlesbrough, Middlehaven, Cleveland, TS2 1AD, 01642 333 333

### **Directions:**

#### **Directions if Travelling by Road**

There are a number of road-routes into the area where the College is located, from the A66, from Middlesbrough Town Centre, from the Riverside Industrial Estate, or even via the Transporter Bridge.

The following route is perhaps the most straightforward and gives some wonderful views of the emerging College!

1. Leave the A66 at the junction signposted for the Riverside Football Stadium. Proceed in direction of Riverside Stadium.
2. At first ROUNDABOUT take FIRST EXIT and go straight ahead on SHEPHERDSON WAY (Riverside Stadium on your right).
3. At next ROUNDABOUT ignore the attractions of the Riverside Stadium and take FIRST EXIT left.
4. At next ROUNDABOUT take SECOND EXIT onto WINDWARD WAY.
5. At T-JUNCTION turn RIGHT into DOCK STREET.
6. If parking has been reserved for you in the Colleges Town Entrance Car Park, this is located on your RIGHT as you proceed down DOCK STREET.
7. Go straight down DOCK STREET. The College is on your right and you will pass Kandi in Sky, the distinctive sculpture.
8. If parking has been reserved for you in the Colleges Main (Commercial Street) Car Park, TURN LEFT into COMMERCIAL STREET. The car park is located on your RIGHT.

#### **Car Parking**

The College has parking facilities available to permit holders. Preference is given in the allocation of these spaces to learners, members of staff, and people with disabilities.

There is extensive metered parking available in local streets, at a cost of 2.20 per day, 1.60 for four hours and 1 for two hours (Monday - Saturday 8am - 6pm), as well as public car parks a short distance from the College.

#### **Directions if Travelling by Rail**

1. Middlesbrough Railway Station is located less than a mile from the College site. Take a taxi to Dock Street or walk;
2. From the Railway Station, descend the steps to Albert Road.
3. At the foot of the steps turn LEFT and proceed to the traffic lights.
4. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
5. Follow BRIDGE STREET EAST and then DOCK STREET.
6. The College is directly in front of you.

#### **Directions if Travelling by Bus**

1. Middlesbrough Bus Station is located just over a mile from the College site.
2. There is a bus - the Middlehaven Mover Service 686 available from the bus station that will take you to a stop near to the College this service is free.
3. Alternatively, take a taxi to Dock Street or walk
4. Follow NEWPORT ROAD and CORPORATION ROAD until you reach the intersection with ALBERT ROAD (the Town Hall is on the corner).
5. TURN LEFT into ALBERT ROAD and follow it, crossing at the traffic lights, until you pass under the Railway Bridge.
6. Proceed to the traffic lights.
7. TURN RIGHT and cross over Albert Road to join BRIDGE STREET EAST.
8. Follow BRIDGE STREET EAST and then DOCK STREET.

The College is directly in front of you.

**Moulton College**

Gate 3, West Street, Moulton, Northamptonshire, NN3 7SX, 01604 491131

**Directions:****Driving Directions**

By Road: The College is situated in the village of Moulton, which is 5 miles from the centre of Northampton. Moulton can be reached either by the A43 Northampton to Kettering Road or from the A508 Northampton to Market Harborough Road. In either case, avoid signs for Moulton Park as this is an Industrial Estate.

From the South via the M1 & A43:

Exit the M1 at Junction 15 and join the A508 North. After 2 miles the A508 becomes the A45. At the third intersection leave the A45 by the slip road and join the A43 (signposted Kettering). Travel for 3 miles, straight across 2 roundabouts and at the third turn left onto Overstone Road (signposted Moulton). Continue until you see the Co-op and bear slightly left until you reach a mini-roundabout in front of the Post Office. Turn right down Stocks Hill, which leads into Cross Street, which leads into West Street. Take the first turning right into Pitsford Road and then first right again into the College.

From the North via the A508: Leave the A508 when signposted Pitsford and pass through the village following signs to Moulton. On leaving Pitsford follow Moulton Road, which becomes Pitsford Road, for 1.5 miles when the entrance to the Holcot Centre will be seen on your left. For the Main Site, continue for 700 metres and turn left into the College.

**New Forest Volleyball Centre**

Ballard School, Fernhill Lane, New Milton, Hampshire, BH25 5SU, 01425 626900

**Directions:**

From Jct 1 (M27):

Take the exit to the A31 signposted Lyndhurst - from the West this will be third exit, from the east the 1st exit. At the next roundabout, take the 3rd exit onto Lyndhurst Rd/A337 and continue to follow A337.

After 3.3 miles, you will arrive in Lyndhurst. From the traffic lights, turn left and take the third right (signposted Lymington) onto Gosport Lane/A337/A35. Remain in the right hand lane and follow the road. After the road splits, move into the left hand lane immediately (road markings are A35) and follow the road onto Chapel Lane.

At the next junction, turn left onto Bournemouth Road/A35. Stay on this road for 7.2 miles, and turn left onto Holmsley Road/B3058 (signposted New Milton/Wootton/Bashley). Follow the road for 3.3 miles and the Centre is located on the right hand side approximately 1 mile after Fernhill Sports Ground.

**New Victory Hall**

Ashby Road, Loughborough, Leicestershire, LE11 3AJ,

**Directions:**

From Junction 23 of the M1 take the turning towards Loughborough, A512 and follow this road towards the Town Centre. At the 1st roundabout go right and take the second exit onto Loughborough University Campus through the barriers. When on campus, park on Holywell park (near the Stadium) and the sports hall is in Holywell gym which is signposted.

**Newmarket Leisure Centre**

Newmarket Sports & Leisure Centre, Exning Road, Newmarket, Cambridgeshire, CB8 0EA, 01638 782 500

**Directions:**

Leave A14 at the junction with the A142 (Newmarket). Head into Newmarket and at the 2nd roundabout (Tesco's) turn right. Follow this road past the fire station and builders merchant (sharp left hand bend) until you reach the T junction with the B1103. Turn left and follow this road into Newmarket. The sports centre entrance is on the right on the main road approx 300 yards after the mini roundabout by the Cherry Tree Pub.



**Noadswood School**

North Road, Southampton, SO45 4ZF, 02380 840025

**Directions:**

Westbound

At junction 3 M27, take the M271 (S) exit to Southampton/Docks.

At the roundabout, take the 1st exit onto M271 heading to Southampton/The Docks.

At the roundabout, take the 2nd exit Totton, Lyndhurst, A35 Fawley (A326).

Take the A35 exit on the right toward Totton/Lyndhurst/Fawley/A326.

Continue onto Redbridge Flyover/A35.

Keep right to continue on Totton Bypass/A35 Totton (S & W), Lyndhurst, Bournemouth & Salisbury

A35 Beaulieu. At the roundabout, take the 1st exit onto Marchwood By-Pass/A326 Fawley A326.

Merge onto Marchwood By-Pass/A326 via the ramp to Fawley/Hythe/Dibden.

At the roundabout, take the 2nd exit onto Hythe By Pass/A326

Continue to follow A326.

At the roundabout, take the 2nd exit onto Hythe By Pass/A326.

At the roundabout, take the 2nd exit onto Beaulieu Rd.

Turn left onto North Rd

Arrive: Noadswood School, North Rd, Dibden Purlieu, Southampton, Hampshire SO45, UK

Eastbound

At the end of the A31, take the exit toward A337/Lyndhurst

At the roundabout, take the 3rd exit onto A31

At the roundabout, take the 2nd exit onto Southampton Rd/A336

Continue to follow A336. Cadnam, Totton, A336

At the roundabout, take the 3rd exit onto A326. Go through 1 roundabout. Fawley A326

At the roundabout, take the 2nd exit and stay on A326

At the roundabout, take the 2nd exit onto Hythe By Pass/A326. Continue to follow A326

At the roundabout, take the 2nd exit onto Hythe By Pass/A326

At the roundabout, take the 2nd exit onto Beaulieu Rd

Turn left onto North Rd

Arrive: Noadswood School, North Rd, Dibden Purlieu, Southampton, Hampshire SO45, UK

**North Cambridge Academy**

Manor Community College, Arbury Road, Cambridge, CB4 2JF, 01223 273983

**Directions:**

From all directions, the M11 and A14 is the best approach. Exit the M11 at junction 14, take the A14 East toward Newmarket and Harwich. Exit the A14 at the junction with the B1049, signed Histon and Cambridge. Turn towards Cambridge. Take first left on Kings Hedges Road. Take first right onto Arbury Rd. After about 1/2 mile turn left into Manor Community College.

Follow the small road from the back of the car park to reach the Sports Hall.

**North Solihull Sports Centre**

North Solihull Sports Centre, Conway Road, Chelmsley Wood, Solihull, West Midlands, B37 5LA,

**Directions:**

(Direction From M6) Head west on M6.

At junction 4, take the A446/M42 S exit to M5/Birmingham S.

Keep left at the fork; follow signs for A446/Lichfield.

At the roundabout, take the 1st exit onto Stonebridge Rd/A446, Slight left onto A446.

At the roundabout, take the 4th exit onto Chester Rd/A452.

At the roundabout, take the 1st exit onto Moorend Ave.

At the roundabout, take the 3rd exit onto Chelmsley Rd.

At the roundabout, take the 2nd exit onto Conway Rd.

North Solihull Sports Centre Conway Road Fordbridge, West Midlands B37 5LA.

**Northgate Sports Centre**

Clapgate Lane, Ipswich, Suffolk, IP4 3DJ, 01473 433655

**Directions:**

**Nottingham Academy**

Greenwood Road, Sneiton, Nottinghamshire, NG3 7FS, 0115 748 3385

**Directions:****Oasis Academy Brislington**

Hungerford Road, Brislington, Avon, BS4 5EY, 01173 772055

**Directions:**

By train:

If arriving by train please ensure that you disembark at Bristol Temple Meads. Temple Meads is on the A4/Bath Road and frequent bus services operate to Brislington.

By car:

Approach Bristol on the M4. At Junction 19 take the M32 to Bristol City Centre. At the end of the M32 follow signs for the A4/Bath Road, which takes you past Temple Meads and on to Brislington. Continue along the A4 towards Bath until you come to a junction with McDonalds on the left and Park & Ride on the right: turn right into Stockwood Lane. Turn right again into Hungerford Road and the entrance to bec is on the left.

**Orford Jubilee Neighbourhood Hub**

Jubilee Way, Orford, Warrington, WA2 8HE, 01925 572504

**Directions:**

From M62 travelling from either Liverpool or Manchester leave at J9.

Take A49 to Warrington

First round about take 2nd exist staying on A49 to Warrington

Straight through main traffic light junction with A50 and KFC, Pizza Hut on the right.

Go past Warrington Collegiate on left

At Traffic Lights out side Decathlon turn left on to Jubilee Way

In front of you at the end of Jubilee Way is Orford Jubilee Park Neighbourhood Hub.

The sports hall is on the first floor.

**Oxford University Sports Complex**

Oxford University Sports Complex, Jackdaw Lane, Iffley Road, Oxford, Oxfordshire, OX4 1EQ, 01865 240476

**Directions:**

From the north, head south on the M1 to junction 15a then exit onto A43 and take the M40 south until J9. Exit at J9 and take A41/A34 Oxford and head towards Cowley and Henley. At the roundabout, take the 1st exit onto Southern By-Pass Rd/A423. At the roundabout, take the 1st exit onto Abingdon Rd/A4144. Turn right onto Weirs Lane /B4495 and continue to follow B4495. Turn left onto Iffley Rd/A4158 and then turn left onto Jackdaw Lane.

From London, take the M40 from the M25 towards Birmingham/Oxford/Beaconsfield. Exit at J8 onto the A40 towards Oxford/Cheltenham. At Headington roundabout continue straight over (2nd exit) onto the London Rd/A420 towards Headington. At the roundabout take the 2nd exit onto Iffley Rd/A4158 and then turn right onto Jackdaw Lane.

From the south, head north on the A34 (or take J13 from the M4, and head north on the A34 towards Oxford). Take the exit A4144/Oxford/Ring Road. At the roundabout, take the 3rd exit onto Southern By-Pass Rd/A423. At the roundabout, take the 1st exit onto Abingdon Rd/A4144. Turn right onto Weirs Lane /B4495 and continue to follow B4495. Turn left onto Iffley Rd/A4158 and then turn left onto Jackdaw Lane.

**Parking**

Limited car parking facilities for approximately 40 vehicles in the main car park for visitors.

Pay and display parking available within a short walk at:

Marston Road OX3 0EE

St Clements OX4 1AB

Union Street OX4 1JP

Meadow Lane OX4 4BJ

**Oxley Sports Centre**

Bradford Road, Sherborne, DT9 3QN, 01935 818270

**Directions:****FROM SOUTH WEST:**

Leave M5 at J29, exit onto Honiton Rd/A30 toward Honiton. Continue to follow A30 and after 20 miles continue straight onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

**FROM NORTH/NORTH WEST:**

Leave M5 at junction 25, take the A358 exit to Taunton/Honiton/Yeovil/Weymouth, At the roundabout, take the 1st exit onto A358. At the roundabout, take the 1st exit onto A303. Stay on A303 for 10 miles then at the Cartgate roundabout, take the 3rd exit onto A3088 signposted to Yeovil. At the roundabout entering Yeovil, take the 3rd exit and stay on A3088. After 0.5 miles at the Lysander Rd Roundabout, take the 2nd exit onto Lysander Rd/A3088. After 1.2 miles at the Horsey Roundabout, take the 1st exit onto Queensway/A30. At the next roundabout, take the 2nd exit onto Reckleford/A30. Continue to follow A30 and after 1 mile at the roundabout, take the 2nd exit onto Sherborne Rd/A30. Continue to follow A30 for 4 miles. At the end of the dual carriageway you enter Sherborne. At the traffic lights turn right onto Horsecastles Ln/A352. Immediately turn left onto Bradford Rd, the Sports Centre is signposted. Oxley Sports Centre is on the left.

**FROM EAST/NORTH EAST:**

Leave A303 taking the B3145 to Sherborne. When you reach the junction with the A30 turn right towards Yeovil. After 0.4 mile turn left onto Bradford Rd, the Sports Centre is signposted.

**FROM SOUTH EAST:**

Join the A350 towards Blandford Forum from A31/A35. Once past Blandford Forum turn left onto A357. After 9.4 miles, once through Lydlynch, turn left onto A3030. After 6.9 miles, at the T junction with the A352 turn right onto Sherborne Hill towards Sherborne. After 1.1 miles turn left onto Ottery Ln/A352. Continue to follow A352 0.6 miles and turn right onto Bradford Rd, the Sports Centre is signposted.

**Parks Leisure Centre**

Howden Road, North Shields, Newcastle upon- Tyne, NE29 6TL, 0191 643 2700

**Directions:**

Get on M1 from A610

Continue on M1. Take A1(M) to A168 in North Yorkshire. Take the A168 exit from A1(M)

Take A19 to Howdon Rd/A187 in North Shields

Merge onto A168

Continue onto A19

Slight right to stay on A19

Go through 1 roundabout

Continue straight to stay on A19

At the roundabout, take the 1st exit onto A187

At the roundabout, take the 3rd exit onto Howdon Rd/A187

Go through 3 roundabouts

Destination will be on the left

**Petroc College**

Old Sticklepath Hill, Barnstaple, Devon, EX31 2BQ,

**Directions:**

**Plymstock School Sports Centre**

Plymstock School, Church Road, Plymstock, Plymouth, Devon, PL9 9AZ,

**Directions:**

Leave the A38 at Marsh Mills Roundabout signposted 'Town Centre' (1st left passing Sainsbury's on your left). You are now on the Embankment, with the river on your left. Towards the end of the Embankment you need to take the right hand lane signposted 'Plymstock Kingsbridge'. This will lead you onto a minor junction and you will have to turn left. At the set of traffic lights you will also turn left. Drive over the bridge, following the signs to 'Kingsbridge'. Stay in the outside lane. At the end of the bridge there is a roundabout. Take the 2nd exit off the roundabout. Follow this road until you get to a set of traffic lights. Turn left at the lights into Church Road. Plymstock School is the next left turning. At the end of the drive, turn left. Follow the signs to the Sports Centre. Journey time from Marsh Mills roundabout to Plymstock school takes approximately 10-15 mins.

**Priory Community Sports Centre**

Priory School & Tennis Centre, FAWCETT ROAD, Southsea, Portsmouth, Hampshire, PO4 0DL, 023 9281 9115

**Directions:**

Approaching Portsmouth along the A27 from the East. You will see Farlington Marshes on your left. Look out for signs directing you to Portsmouth & Southsea and signs for PFC / Fratton park. On taking the slip road keep in the left hand lane. At the end of the slip road is a roundabout controlled by several sets of lights. You should turn left and shortly after doing so you will pass over a bridge onto Portsea Island. Follow this road (Eastern Road), with the sea to your left all the way to its end. Towards the end of the Eastern Road you will pass a public house on your left The Good Companion and to your right is a long hedged wall which is the boundary of Milton Cemetery at the traffic lights here follow road round to the right keeping the cemetery on your right.. The Eastern Road ends at a next set of traffic lights, in front of you you will see The Big Yellow Storage building at these set of lights go straight across this will lead you past Fratton park and through a small set of mini roundabouts you will pass a Mac Donalds and KFC on your right, when you get to the final roundabout with the Etap Hotel and Subway on your left. Take a right on to Goldsmith Avenue you will pass Fratton Train Station on your right at the first roundabout after the station take the first left into Fawcett Road you will see the School on the corner, take the first right into Rugby Road, this is an old cobbled street and the school car park is on your right. Please note street parking is either 2hrs or 3hrs.

**Purbrook Park School**

Purbrook Park School, Park Avenue, Waterlooville, Portsmouth, PO7 5DS, 02392 370351

**Directions:**

Southbound on A3(M):

Exit at junction 3 (Waterlooville/B2150), take 1st exit onto Hulbert Road (B2150).

After 0.5 miles, at the roundabout take the 4th exit onto Purbrook Way.

At the next roundabout take the 2nd exit onto Purbrook Way.

At the next roundabout take the 1st exit onto Purbrook Way.

After 0.5 miles, at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

Northbound on A3(M):

Exit at junction 4 (Purbrook/Leigh Park), take 1st exit onto Purbrook Way.

After 0.5 miles at the roundabout take the 2nd exit onto Stakes Road.

After 800 yards take a sharp left onto Fir Copse Road.

Continue for 800 yards and turn right into Purbrook Park School, follow the road to the right. Parking and the sports hall are straight ahead.

**Queens School**

Aldenham Road, Bushey, Hertfordshire, WD23 2TY, 01923 224 465

**Directions:**

Leave M1 at junction 5 towards A41 Watford (South) / Harrow.

At roundabout take 3rd exit onto Hartspring Lane (B462) Continue straight on Aldenham Road (B462).

Pass Costco and Metropolitan Police Club on left.

Queens School is on the left next to Police Club.

Website: [www.queens.herts.sch.uk](http://www.queens.herts.sch.uk)

**RAF Cranwell**

RAF Cranwell, Sleaford, Lincolnshire, NG34 8HB, 01400 261201 Ext 7232

**Directions:**

From the North/West: Exit the A1 at Newark onto the A17 signposted for Sleaford. Continue west on the A17 for approximately 12 miles. Turn left onto B1429.

From the South: Exit the A1 onto the B6403 signposted Ancaster / Cranwell. Continue through Ancaster to the Jn with the A17. Turn right then immediate left onto the B1429. Then as below.

RAFC Cranwell is signposted from the A17 to the left onto the B1429. You will require passes from the Main Guardroom. Continue past College Hall to the Guardroom, on your left just past the Main Gate. The Sheik Hamed Gym is back along the straight. Turn right before the LH bend (signposted Whittle Hall). The Car Park and Gym are 150m on the right.

**Redhill School Sports Hall**

Junction Road, Stourbridge, West Midlands, DY8 1JX, 0115 926 1481

**Directions:**

Redhill School Sports Hall:

From the M5, exit motorway on junction 3. Follow A456 in the direction of Kidderminster. Then turn right on the A491 in the direction of Stourbridge. At the traffic light at the Tesco Petrol Station, turn right onto the Glass House Hill/B4186. Down the hill, turn Left onto Red hill. At the top of the hill, turn right onto Junction Road. The car park and the sports hall are on the right hand side of the road.

**Riverside Leisure Centre**

Riverside Leisure Centre, Cowick Street, Exeter, Devon, EX4 1AF, 01392 221 771

**Directions:**

From the M5: At junction 31, merge left onto A30 (towards Bodmin/Okehampton). The road will swing round to the right and you will take the first exit off for the A377 (Exeter, Alphington, Crediton). At the roundabout, take the third exit (Exeter, Alphington, Crediton). Carry on straight up this road for approximately 1 mile, passing over the first junction (there will be a big Sainsburys on your right), the next junction (retail park on your right), the next junction (Aldi on the right), under a railway bridge, and the leisure centre is about 200yards beyond this on your left. There are traffic lights at the entrance, so turn in left towards the retail park/leisure centre and the turn left again behind the leisure centre, where there is parking available.

**Rossington Community Sports Village**

Bond Street, New Rossington, Doncaster, Yorkshire, DN11 0BZ, 01302 860145

**Directions:**

Exit the M18, junction 3. Take the exit onto Great Yorkshire Way towards Robin Hood Airport. At the roundabout, take the 1st exit. At the first set of traffic lights, get in the right lane and turn right onto Sheep Bridge Lane, B6463. At the roundabout take the 1st exit onto Stripe Road, B6463. After 0.7 miles, turn right onto Bond Street. Rossington Community Sports Village visitors car park will be on your left.

**Ruth Gorse Academy**

Black Bull Street, Leeds, LS101HW,

**Directions:**

From M621 take exit 3 onto A663 towards Leeds centre & Beeston. In 270yd keep right on A663 towards city centre. In 70yds continue onto Meadow Rd. In 260yds keep left on Meadow Rd towards Dewsbury. In 0.3mi. turn right onto Great Wilson St. In 0.3mi turn left onto Crown Point Rd. In 0.3mi. turn right then in 50yds left onto Chadwick St. The Sports hall entrance to The Ruth Gorse Academy is on your right.

**Sir David Wallace Sports Hall**

New Sports Hall, Loughborough University, Loughborough, Leicestershire, LE11 3TU, 01509 263171

**Directions:**

From Junction 23 of the M1 take the turning towards Loughborough, A512, follow this road towards the Town Centre. At the 1st roundabout go straight, this is the 1st Exit and is signposted to the Town Centre. At the next roundabout turn right, the 3rd exit, and then take the 1st right which will take you onto the University Campus. Take the 1st left and pass the artificial hockey pitch and the Physical Education Centre entrance on your left. At the end of the road turn left and follow this road around to a car park. The New Sports Hall faces onto the car park near to the Victory hall.

**Southglade Sports Centre**

Southglade Sports Centre, Southglade Road, Bestwood, Nottingham, Nottinghamshire, NG5 5GU, 0115 9151595

**Directions:**

From M1 J26 take A610 towards Nottingham. At roundabout take 2nd exit (sign posted A6002 to Bulwell & A611 Hucknall) continue on this road for about a mile, go straight on at roundabout, at second roundabout take the second exit. Follow the road through the set set of traffic lights until you come to a T junction (Morrisons in front of you). Turn left at the lights towards Hucknall. Through set of lights and pelican lights. Turn right at mini-roundabout, over bridge and turn left at 3rd set of lights into Top Valley Way. Go to roundabout and turn right onto Ridgeway follow the road and take the first turning on the right into Parkview Drive. Go to the end and turn right into Southglade Road, Leisure Centre is on the right.

**Spelthorne Leisure Centre**

Knowle Green, Staines, TW18 1AJ,

**Directions:**

Leave the M25 at Junction 13. At the roundabout take the 3rd exit on the A30 towards Staines/London.

After approx. 1 mile keep left to get onto the Crooked Billet roundabout (note that the main A30 continues straight through the roundabout).

Once onto the roundabout take the 4th exit signposted A308 Staines.

At the 2nd traffic lights (approx 500 yards) turn left which is signposted to the rail station.

Continue past the station and then over a bridge where the road crosses the railway line, and at the roundabout just after the bridge turn right, signposted 'Spelthorne Leisure Centre'. The Leisure Centre is at the end of the road on the right hand side.

**Sports Central**

Northumbria University, Northumberland Road, Newcastle, NE1 8ST, 0191 227 4700

**Directions:**

Take the A1(M) Northbound. Stay in the left hand lanes and follow the A1.

After 4.8 miles exit onto the A184 sign posted the city centre. Follow this road for 1.4 miles and take the slip road sign posted for the Gateshead Quays.

At the roundabout take the 3rd exit onto the A184 continue on this road through two sets of traffic lights and turn left at the 3rd set onto the A167 and cross over the Tyne bridge. Take the second turn off after exiting the Tyne bridge onto the A193. At this roundabout take the third exit for the A193.

Stay in the left hand lane and after 100 yards the traffic light will filter left behind Northumbria University Business school. At the end of this road is the most suitable car park.

It is then a 5 minute walk to sport central. You will need to walk over the bridge by the car park. Then follow the pathway straight ahead of you past the 3 statues and under the building arch. Sport central will then be on the right after the arch.

Directions can also be found from the following website: <http://www.nusportcentral.co.uk/about-us/how-to-find-us>

**St Benedicts School**

St. Benedicts School, Eaton Rise, Ealing, London, W5 2ES, 07902 890 157

**Directions:**

From North: M1 Junction 1 - North Circular (A406 west). Follow road for about 5 miles to Hanger Lane gyratory system (large roundabout). Stay on A406 towards Ealing / Kew Road. Road narrows to two lanes. Turn Right into Hillcrest Road at 1st set of lights. Take the third right into Montpelier Road, continue to roundabout. Left into Eaton Rise, 1st right into Marchwood Crescent. Gates to school 50m on right.

From South: From the end of the M3, continue on A316 for approx 7 miles. Cross the River Thames on Twickenham Bridge. After about 1/2 mile turn left on A307 (Kew Road) continue for 2 miles over Kew Bridge. Join A406 East and continue under flyover towards Hanger Lane. This is also the last exit from M4 eastbound. After 1 1/2 miles on A406 turn left into Hillcrest Road, then as above.

**St John Payne School**

Patching Hall Lane, Chelmsford, Essex, CM1 4BS, 01245 256030

**Directions:**

From North

From the M11 Junction 8 take A120 Braintree. Near Braintree take A131 to Chelmsford. Follow road across several roundabouts. Turn right at a roundabout near Springfield for A1016 towards Chelmsford. At the 2nd roundabout take the 2nd exit across Valley Bridge towards Broomfield. Turn left at the lights to join Broomfield Road. Turn left at the next lights to join Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

From South

From J28 of the M25 take the A12 towards Chelmsford. Near Chelmsford turn left onto the A414 towards Chelmsford. Cross the first roundabout and turn left at the second roundabout (adjacent to VW garage) to approach town centre on A1016. Cross numerous traffic lights until you join a large gyratory system. Take first left on B1008 - Broomfield Road. Turn left at the second set of lights into Patchinghall Lane. The school is on the left 600m up the road. The hall car park can be accessed by turning left at the adjacent roundabout and taking the first entrance.

**St. Gregory's the Great School**

St. Gregory's the Great School, Cricket Road, Oxford, Oxfordshire, OX4 3DR, 01865 749 933

**Directions:**

From M40:

Exit M40 Junction 8 onto A40 towards Oxford. Continue on the A40 until the Headington Roundabout. At this roundabout take the first exit onto the 4142. Take the A4142, proceed until the BMW Cowley car plant on your left. Right after the BMW, take the exit signposted Cowley. At the roundabout take the fourth exit onto the B480, signposted Cowley. Continue on the B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

From A34:

Exit the A34 at South Hinksey for Oxford and follow the sign for the Ring Road (A423) direction Cowley. Go through three roundabouts always following Ring Road (first A423 then A4142) signposted Cowley. Take the Cowley Exit. Exit the roundabout at the first exit onto B480 into Oxford. Cross over a roundabout and go straight through the next traffic lights. At the second traffic lights turn left onto B4495 (Between Towns Road). Go straight over the next roundabout. Go straight through the next traffic lights and turn right at the first road after the traffic lights into Rymers Lane. This will become Cricket Road. After approximately half mile St. Gregory the Great school is on your left.

**St. Peters School**

Quarry Lane, Exeter, EX2 5AP,

**Directions:**

Via M5:

- Leave the M5 at J29
- Head into Exeter, along Honiton Road (A3015)
- Go straight across the roundabout
- Turn left into Rifford Road, just after the petrol station
- Take the first left into Quarry Lane
- Follow Quarry Lane, until you see St. Peter's School to your left
- There is a car park available on-site

Via A30:

- Continue onto Honiton Road (A3015)
- Go straight across the roundabout
- Turn left into Rifford Road, just after the petrol station
- Take the first left into Quarry Lane
- Follow Quarry Lane, until you see St. Peter's School to your left
- There is a car park available on-site

**Stowupland Sports Centre**

Stowupland High School Community Sports Centre, Church Road, Stowupland, Suffolk, IP14 4BQ, 01449 672 531

**Directions:**

Leave A14 on to A1120 on Stowmarket bypass. Follow signs to Stowupland and Oxford. Approx. 1 mile, look for Crown public house, entrance to school directly after. Sports Hall at far end of school road.



**Strood Sports Centre**

Watling Street, Kent, ME2 3JQ,

**Directions:**

From A2 Southbound - You just stay on the A2, the Sports Centre is on on your right. To park you need to go around the back of the centre, so you take the 1st right into Woodstock Road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M2 Northbound - Come off at junction 2, take the 1st exit on the roundabout and 1st exit on the second roundabout heading for the A228 to Rochester. You will drive over the motorway. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

From M20 - Take junction 4 onto the A228 towards Rochester and keep going straight over all roundabouts passing over the M2. Straight over the next roundabout and straight over the next mini roundabout into Northcote Road. Left at the end of the road onto London Road and 1st left onto woodstock road, then 1st right into Witham Way and 2nd right into Humber crescent. The car park is on your left.

**Sunderland University**

City Space, Chester Road, Sunderland, SR1 3SD, +44 (0) 191 515 3696

**Directions:**

Follow A1 North

At exit 62, take slip road left for A690 toward Durham/Sunderland/Consett

At roundabout, take 3rd exit onto A690

Pass through 3 roundabouts, remaining on A690

University and sports hall on left.

Parking nearby.

**Telford College of Arts and Technology**

Haybridge road, Wellington, Telford, Shropshire, TF1 2NP, 01952 642200

**Directions:**

From the M6 continue on M54, follow signs for Wales/Telford/Wolverhampton/Shrewsbury/A5

At junction 6, take the A5223 exit to A442/Telford(West)/Whitchurch

At the roundabout, take the 3rd exit onto Whitchurch Dr/A5223 (Past Tesco's)

Go straight over the Retail Park roundabout onto Whitchurch Dr/A5223

At the roundabout go straight over, taking the 2nd exit onto Whitchurch Dr/A5223

At the roundabout turn left onto Haybridge Rd, over the bridge, take the

1st left into Telford College of Arts and Technology (TCAT - College Campus)

The sportshall is at the end of the car park next to 'The Dome'

**Tendring Technology College**

Tendring Technology College, Rochford Way, Frinton-on-sea, Essex, CO13 0AZ, 01255 672116

**Directions:**

From A12 South: Head toward Colchester and then follow signs for Clacton. \*Take A120 to Clacton and A133 for Frinton and Walton. Continue straight on towards Frinton level crossing and turn left into Elm Tree Avenue. Turn 2nd right into Rochford Way. College opposite shopping centre.

From A12 North: A12 turn off for Colchester. At roundabout take Clacton turn-off on A120, continue directions as above from \*.

**The Ashcombe Volleyball Centre**

Ashcombe Volleyball Centre, The Ashcombe School, Ashcombe Road, Dorking, Surrey, RH4 1LY, 01306 886312

**Directions:**

From M25 take exit No 9 follow A24 South to Dorking (approx. 4 Miles). At 1st set of traffic lights (Dorking Station) turn right into Ashcombe Road. Take 3rd entrance on left into School and park in Car Park on right. Sports Centre is situated behind the School. Dorking railway station and Dorking Deepdene railway station are situated on the A24 adjacent to the School.

From South Or North: Take A24 to Dorking, turn into Ashcombe Road at the only set of traffic lights on A24 opposite Dorking station. Directions as above.

**Truro Leisure Centre**

, College Road, Truro, TR1 3GA, 01872 261628

**Directions:**

Follow the A30 through Cornwall until you come to Chiverton Round-about (second large round-about signposted to Truro). Turn left at Chiverton and follow the road into Truro. Go straight on at the first round-about you come to, then turn right at the next, signed Truro College. Follow the road round until you get to a small round-about where you'll turn left and follow the signs into the car park.

**University of Bristol**

University of Bristol, Centre for Sport, Exercise and Health, Tyndall Avenue, Bristol, Avon, BS8 1TJ, 0117 928 8810

**Directions:**

Follow the M32 until the end. Turn right, at the roundabout take the second exit (to BRI). Follow this round for about a mile. You pass an NCP car park on the left, 100 yards down the road you turn right into Woodland Road. On the top of the hill turn right into Tyndall Avenue. The second building on the left is the Sports Centre.

**University of East London (Sports Dock)**

Docklands Campus, University Way, London, E16 2RD, 0208 223 6888

**Directions:**

From Cyprus Station on the DLR.

Walk towards the University and turn left walking along University Way alongside the Royal Albert Dock. When you reach the barrier on the Road turn left under the DLR, and there is an entrance just to your left, or you can walk round to the front entrance.

From Gallions Reach station on the DLR - slightly shorting walking distance. Walk halfway round the Roundabout clockwise entering University Way, and SportsDock is the building in front of you.

By Road, the SportsDock is off the Gallions Roundabout on the A406 NorthCircular at its far eastern end just before the Woolwich Ferry. SportsDock is Signposted off the Roadabout, along with University of East London. As you leave the Roundabout there is a barrier leading to the University, and a right turn immediately before that leads to the Sports Centre Car Park.

**USW Sport Park**

University of Glamorgan, Trefforest Industrial Estate, Pontypridd, Mid Glamorgan, CF37 5UP, 0800 716 925

**Directions:**

By Road (From M4)

Exit the M4 at J32 and travel north on the A470 for about 4 miles. Exit the A470 at the junction marked A4054 and take the first exit into the Trefforest Industrial Estate (A4054). You will see signs for Glamorgan Sport Park on your left, just before the ATS building.

**Vision West Nottinghamshire College**

Derby Road, Mansfield, Notts, NG18 5BH, 01623 413354

**Directions:**

From M1 J27, take A608 towards Mansfield. After 1 mile, turn left on to A608 towards Mansfield. After 4 miles, turn right on to Caudwell Road. Turn left in to Sports Hall car park.

From M1 J28, take A38 towards Mansfield. After 4 miles, turn right onto A617. After 2 miles, turn left on to A60. After 100m, turn left on to Caudwell Road. Turn right in to Sports Hall car park.

**Voyager Academy**

Mountsteven Avenue, Walton, Peterborough, PE4 6HX, 01733 383888

**Directions:**

Directions: (from the North or the South on A1)

A1/Old Great N Rd

Take A47 exit towards Peterborough (North)/Leicester

At the roundabout take the 1st exit onto A47

Go over 1 roundabout to continue on A47

At junction 17, exit toward City Centre/Marholm/Cremator'm

At the roundabout, take the 2nd exit

At the roundabout, take the 1st exit onto Lincoln Rd/A15

At the roundabout, take the 3rd exit onto Mountsteven Ave

Destination will be on the left - PE4 6HX

**Wellsway School**

, Chandag Road, Keynesham, Bristol, BS31 1PH, 01179 161028

**Directions:****West Buckland School**

West Buckland, Barnstaple, North Devon, EX32 0SX, 01598 760281

**Directions:**

DIRECTIONS TO WEST BUCKLAND SCHOOL

WEST BUCKLAND, BARNSTAPLE, NORTH DEVON, EX32 0SX

By Road

By road from Tiverton, South Molton and the east:

Travel along the A361 towards Barnstaple

Although there is a sign at the roundabout for South Molton towards West Buckland, it is recommended that you do not take this but continue on the A361 towards Barnstaple and take the right turn signed East and West Buckland.

Follow the road through West Buckland village. The road turns to the right. Continue on it for a further half mile.

The school is on the left and easily visible from the road.

By road from Barnstaple:

Travel along the A361 for approximately 6 miles

Take the left turn signed West Buckland

Follow the road through West Buckland village. The road turns to the right. Continue on it for a further half mile.

The school is on the left and easily visible from the road.

Rail links

The nearest railway stations are:

Barnstaple (line from Exeter)

Tiverton Parkway and Exeter (direct line from London, Paddington). Most visitors use Tiverton and travel to West Buckland by road.

**Whitby High School**

Whitby High School, Sycamore Drive, Whitby, Ellesmere Port, Cheshire, CH66 2NU, 0151 355 8445

**Directions:**

Leave M53 at junction 10. Follow the A5117 to Ellesmere Port and Queensferry. Cross 2 roundabouts and at the 3rd turn right onto Chester Road. Take the 2nd left into Sycamore Drive and the entrance to the school is on the right.

**Willesden Sport Centre**

Willesden Sport Centre, Donnington Road, Willesden, London, NW10 3QX, 0208 955 1120

**Directions:**

Take the M1 southbound to London. At the end of the motorway head westbound on the A406 North Circular Road. At the Neasden turn off head south toward Willesden on Neasden Lane (A4088). At Neasden roundabout head south on Dudden Hill Lane. Continue along Dudden Hill Lane into Willesden High Road. After passing the police station turn right at the next set of traffic lights on Brondesbury Park. Take the first right onto Steverton Road, to the end of this road. Turn right onto Sidmouth Road. At the first mini roundabout take the 2nd exit into Donnington Road. Willesden Sport Centre is on the right.

**Wilnecote Leisure Centre**

Tinkers Green Road, Wilnecote, Tamworth, B77 5LF, 01827 831300

**Directions:**

From the M42 J10 (northbound), take the first exit onto the A5 and stay in the left hand lane. Exit the A5 onto Watling St, B5404. Go straight over the roundabout and continue straight for about 0.8 miles. Turn left into Hockley Road and then take the first left into Tinkers Green Road. Wilnecote School is about 200m along on the right.

**Woodchurch High School Sports Centre**

Carr Bridge Road, Woodchurch, Wirral, CH49 7NG, 0151 677 8844

**Directions:**

From the M53.

Turn off at Junction 3 onto the A552 (Woodchurch Road) heading towards Arrow Park and Heswall. Go past ASDA on your right then take the next right turn (you'll need to pay attention to make sure you get into the right hand lane in time) into Ackers Road. After about 50m turn right at the roundabout into Home Farm Road and continue down to the T-junction where you should turn left into New Hey Road. Follow the road round for about 500m then turn right at the mini roundabout into Carr Bridge Road. Keep going past the school and Woodchurch High School Sports Centre is on the right.

**Woodlands Community School**

Woodlands Community School, Minstead Avenue, Harefield, Southampton, Hampshire, SO18 5FW, 02380 463 303

**Directions:**

From M3, head east bound on M27 until junction 7. At roundabout take 4th exit on A334. At roundabout take 4th exit into Moorhill Road (also known as A27). Continue on this road and take the 4th exit on the left, sign posted Harefield into Cheriton Avenue. Drive along this and turn right into Minstead Avenue just past the Hare and Hounds Pub. Woodlands Community College is located just over the rise of the hill on the left hand side.

**Woughton Leisure Centre**

Woughton Leisure Centre, Rainbow Drive, Leadenhall, Milton Keynes, Buckinghamshire, MK6 5EJ, 01908 660392

**Directions:**

Leave M1 at Junction 14 and follow H6 (Childs Way) West. Turn left onto V7 (Saxon Street) after 2 miles, right onto H7 (Chaffron Way) at next roundabout. Centre 250 yards on the left.

**Y Club**

Liverpool Road, Manchester, Greater Manchester, M3 4JR, 0161 837 3535

**Directions:**

From North/North East:

M62/Manchester/Halifax/Huddersfield

Continue onto M62

Continue onto M60

At junction 17, take the A56 exit to M'cr city centre/Prestwich/Whitefield Continue on A56. Drive to Liverpool Rd/A6143 in Manchester(5.2 mi) At the roundabout, take the 1st exit onto Bury New Rd/A56 Continue to follow A56 (3.9 mi) Turn right onto New Bridge St/A6042 Continue to follow A6042 (0.8 mi) Slight left onto Irwell St/A34 Continue to follow A34 Turn right onto B5225 Turn left onto Liverpool Rd/A6143 Destination will be on the right.

Car park is on the Potato Wharf.

From South:

(From Birmingham)

Merge onto M6 Manchester (Salford)

Keep right at the fork to stay on M6, follow signs for Stafford At junction 21A, exit onto M62 toward Leeds/Bolton/M'cr (N) Keep right to continue on M602 Take Regent Rd/A57 to Liverpool Rd/A6143 in Manchester Slight right to stay on M602 Continue onto Regent Rd/A57 Turn left onto A6042 Turn right onto Water St/A6143 Turn right onto Liverpool Rd/A6143 Destination will be on the right Car park is on the Potato Wharf.

## Fixtures

All NVL fixture information is available -

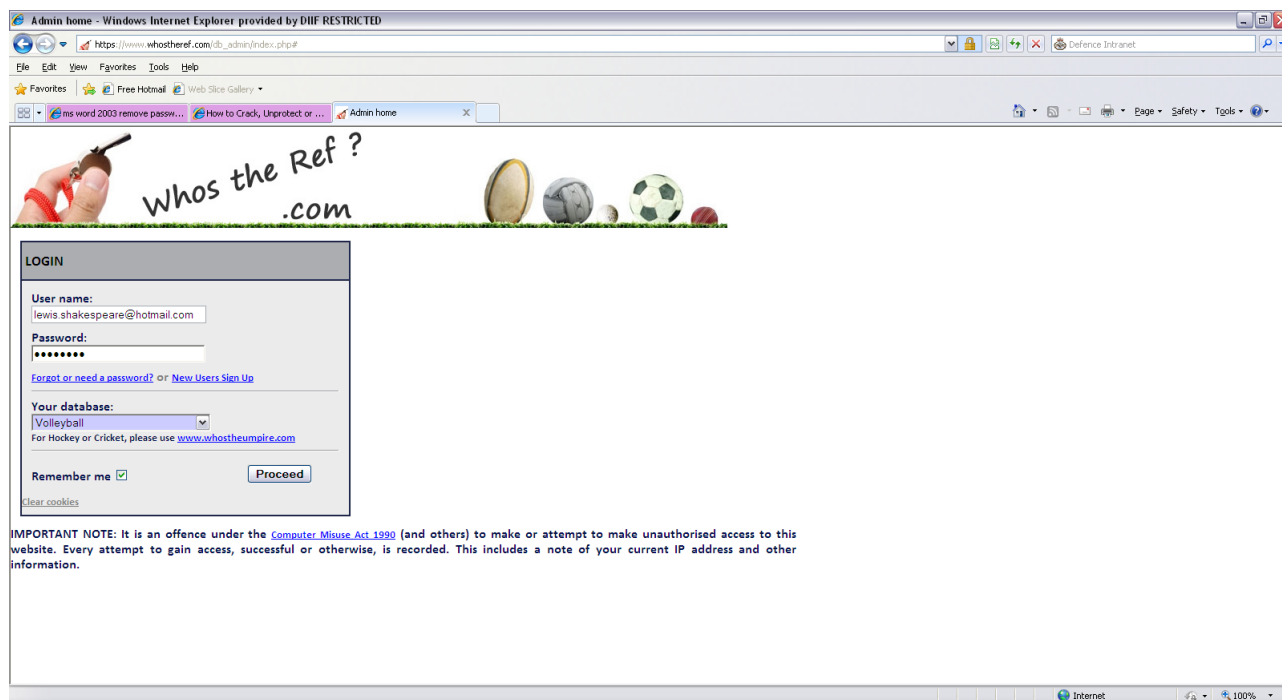
[http://volleyballengland.org/competitions/national\\_volleyball\\_league/fixtures](http://volleyballengland.org/competitions/national_volleyball_league/fixtures)

All Cup and Shield fixture information is available –

[http://volleyballengland.org/competitions/national\\_cup\\_shield/fixtures](http://volleyballengland.org/competitions/national_cup_shield/fixtures)

## How to access and use Who's The Ref

Navigate to [www.whostheref.com](http://www.whostheref.com) and select Login from the Top Right Hand Side. Your user name is your e-mail address, select Volleyball from the database list and select the Forgot or need a password option. When you have a password select the Proceed button.

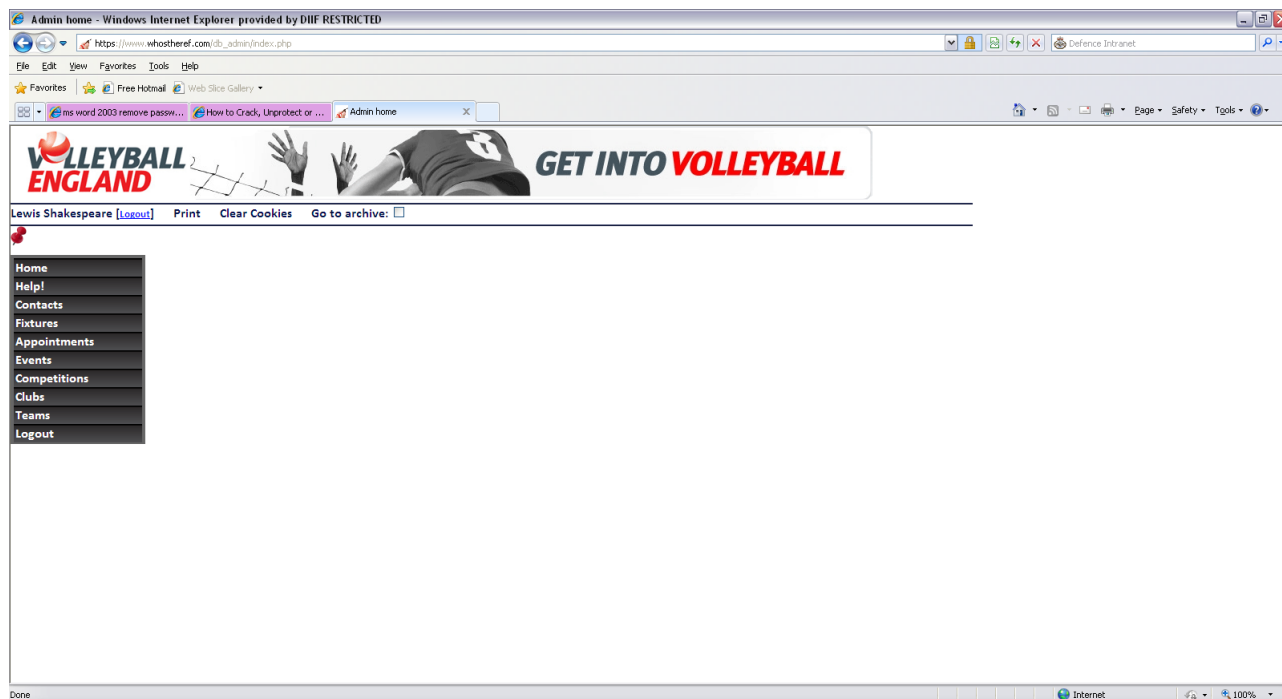


The screenshot shows a Windows Internet Explorer window titled "Admin home - Windows Internet Explorer provided by DIIF RESTRICTED". The address bar shows the URL [https://www.whostheref.com/db\\_admin/index.php#](https://www.whostheref.com/db_admin/index.php#). The page features a header with the text "Whos the Ref ? .com" and images of a hand holding a whistle and various sports balls. Below the header is a "LOGIN" form with the following fields and options:

- User name:**
- Password:**
- [Forgot or need a password?](#) or [New Users Sign Up](#)
- Your database:**  (Dropdown menu)
- For Hockey or Cricket, please use [www.whostheumpire.com](http://www.whostheumpire.com)
- Remember me** ☒
- 
- [Clear cookies](#)

Below the form is an "IMPORTANT NOTE: It is an offence under the [Computer Misuse Act 1990](#) (and others) to make or attempt to make unauthorised access to this website. Every attempt to gain access, successful or otherwise, is recorded. This includes a note of your current IP address and other information."

On the opening screen select the Here on the screen to bring up this screen



The screenshot shows the Volleyball England admin interface in Internet Explorer. The header features the "VOLLEYBALL ENGLAND" logo and the text "GET INTO VOLLEYBALL". Below the header is a navigation menu with the following items:

- Home
- Help!
- Contacts
- Fixtures
- Appointments
- Events
- Competitions
- Clubs
- Teams
- Logout

The main content area is currently empty. The browser window title is "Admin home - Windows Internet Explorer provided by DIIF RESTRICTED".

On the Contacts tab you search for any contact in WTR (Referees/Team Fixtures Secretaries/Administrators)

In Fixtures you can restrict by date, Team, Competition

Fixtures - Windows Internet Explorer provided by DIIF RESTRICTED

https://www.whosonref.com/db\_admin/fixtures.php?function=view

File Edit View Favorites Tools Help

ms word 2003 remove passw... How to Crack, Unprotect or ... Fixtures

Defence Intranet

**VOLLEYBALL ENGLAND** GET INTO VOLLEYBALL

Lewis Shakespeare [Logout] Print Clear Cookies Go to archive: ☐

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Logout

**Fixtures - View**

From date: (year) 21-09-2013 Team: (all) Reading Aces Month: All months Status: (all) Active Level: All levels  
To date: (year) 22-09-2013 Competitions: All competitions Venue: All venues Find Reset

Date	Action	Competition	Time	Level	Home	Away	App Req	Appointments
21-09-2013		W1	12:00	2	Reading Aces (Venue: Kendrick School)	Team Loughborough Dolphins		

Number of rows displayed: 1

Done Internet 100%

In this example I have looked for a particular week end for a particular team which shows a match with a warm up of 12:00 at Kendricks School with no currently confirmed Referees

Note any time you see a Magnifying Glass you can click it for details; hovering over the notes will give you the Match No. (except on iPad)



Fixtures - Windows Internet Explorer provided by DIIF RESTRICTED

https://www.whosref.com/db\_admin/fixtures.php?function=view

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**Fixtures - View**

From date: (year) 12-01-2014 Team: (all) Milton Keynes Month: (all months) Status: (all) Active Level: (all levels)  
To date: (year) 12-01-2014 Competition: (all competitions) Venue: (all venues) Find Reset

Date	Action	Competition	Time	Level	Home	Away	App Req	Appointments
12-01-2014	<a href="#">M3C</a>	M3C	13:30	4	Milton Keynes (Venue: Woughthon Leisure Centre)	St Albans Harriers	<a href="#">Ref: Keith McAdam</a> <a href="#">Ref: John Roffey</a>	
12-01-2014	<a href="#">M3C</a>	M3C	11:30	4	Milton Keynes (Venue: Woughthon Leisure Centre)	Norfolk Men	<a href="#">Ref: Ian Cheesbrough</a> <a href="#">Ref: Keith McAdam</a>	

Number of rows displayed: 2

Done

In this example picking the team only shows 2 of the matches in a triangle so select by date and competition to get all 3

Fixtures - Windows Internet Explorer provided by DIIF RESTRICTED

https://www.whosref.com/db\_admin/fixtures.php?function=view

File Edit View Favorites Tools Help

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**Fixtures - View**

From date: (year) 12-01-2014 Team: (all teams) Month: (all months) Status: (all) Active Level: (all levels)  
To date: (year) 12-01-2014 Competition: (all) M3C (4) Venue: (all venues) Find Reset

Date	Action	Competition	Time	Level	Home	Away	App Req	Appointments
12-01-2014	<a href="#">M3C</a>	M3C	12:00	4	Canterbury City First (Venue: Spire Academy)	EBC Greenhouse	<a href="#">Ref: Claudiu Florea</a>	
12-01-2014	<a href="#">M3C</a>	M3C	16:00	4	Canterbury City First (Venue: Spire Academy)	Essex Juniors	<a href="#">Ref: Claudiu Florea</a>	
12-01-2014	<a href="#">M3C</a>	M3C	14:00	4	EBC Greenhouse (Venue: Spire Academy)	Essex Juniors	<a href="#">Ref: Keith McAdam</a> <a href="#">Ref: John Roffey</a>	
12-01-2014	<a href="#">M3C</a>	M3C	13:30	4	Milton Keynes (Venue: Woughthon Leisure Centre)	St Albans Harriers	<a href="#">Ref: Ian Cheesbrough</a> <a href="#">Ref: Keith McAdam</a>	
12-01-2014	<a href="#">M3C</a>	M3C	11:30	4	Milton Keynes (Venue: Woughthon Leisure Centre)	Norfolk Men	<a href="#">Ref: Ian Cheesbrough</a> <a href="#">Ref: Keith McAdam</a>	
12-01-2014	<a href="#">M3C</a>	M3C	19:00	4	Newmarket VC (Venue: Tendring Technology College)	Dartford Men	<a href="#">Ref: John Roffey</a> <a href="#">Ref: Ian Cheesbrough</a>	
12-01-2014	<a href="#">M3C</a>	M3C	15:30	4	Norfolk Men (Venue: Woughthon Leisure Centre)	St Albans Harriers	<a href="#">Ref: Glynn Archibald</a>	
12-01-2014	<a href="#">M3C</a>	M3C	11:00	4	Tendring Academy (Venue: Tendring Technology College)	Dartford Men	<a href="#">Ref: Glynn Archibald</a>	
12-01-2014	<a href="#">M3C</a>	M3C	15:00	4	Tendring Academy (Venue: Tendring Technology College)	Newmarket VC	<a href="#">Ref: Glynn Archibald</a>	

Number of rows displayed: 9

Internet

Teams are shown in Red to indicate they have more than one match on the day.

## Clubs shows both Clubs and Venues

The screenshot shows a web browser window titled "Clubs Maintenance - Windows Internet Explorer provided by DHF RESTRICTED". The address bar shows the URL "https://www.whostherof.com/db\_admin/clubs.php?function=view". The page features a header with the "VOLLEYBALL ENGLAND" logo and the slogan "GET INTO VOLLEYBALL". A navigation menu on the left includes links for Home, Help!, Contacts, Fixtures, Appointments, Events, Competitions, Clubs, Teams, and Logout. The main content area is titled "Clubs - View" and contains a search form with fields for "Club name (part of):" and "Address (part of):", both containing the text "guildford". Below the search form is a table with the following data:

Club	Action	Organisation	Teams	Address	Club Fixture Secretary/Treasurer
<a href="#">Guildford International</a>	<a href="#">Q</a>	Volleyball Engla	2		- / -
<a href="#">Guildford Spectrum</a>	<a href="#">Q</a>	Volleyball Engla	0	Parkway, Guildford, Surrey <a href="#">GU1 1UP</a>	- / -

Below the table, it says "Number of rows displayed: 2".

So Guildford in the Club Name shows me the Club (2 Teams no address) and the Venue (no Teams but an address)

The screenshot shows the same web application, but with the search results for "guildford" in the address field. The table now displays two venues:

Club	Action	Organisation	Teams	Address	Club Fixture Secretary/Treasurer
<a href="#">Guildford Spectrum</a>	<a href="#">Q</a>	Volleyball Engla	0	Parkway, Guildford, Surrey <a href="#">GU1 1UP</a>	- / -
<a href="#">Surrey Sports Park</a>	<a href="#">Q</a>	Volleyball Engla	0	Richard Meyjes Road, Guildford, Surrey <a href="#">GU1 7AD</a>	- / -

Below the table, it says "Number of rows displayed: 2".

Guildford in the address shows me the 2 venues in Guildford

And expanding it to Surrey shows all these venues

Clubs Maintenance - Windows Internet Explorer provided by DHF RESTRICTED

https://www.whosthereof.com/db\_admin/dubs.php?function=view

File Edit View Favorites Tools Help

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Defence Intranet

**VOLLEYBALL ENGLAND** GET INTO VOLLEYBALL

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**Clubs - View**

Club name (part of): Address (part of): (clear)

Club	Action	Organisation	Teams	Address	Club Fixture Secretary/Treasurer
<a href="#">American Community School Cobham</a>		Volleyball Engla	0	Heywood, Portsmouth Road, Cobham, Surrey <a href="#">KT11 1BL</a>	- / -
<a href="#">Ashcombe Volleyball Centre</a>		Volleyball Engla	0	The Ashcombe School, Ashcombe Road, Dorking, Surrey <a href="#">RH4 1LV</a>	- / -
<a href="#">Charterhouse Club</a>		Volleyball Engla	0	Dukes Drive, GODALMING, Surrey <a href="#">GU7 2BS</a>	- / -
<a href="#">Egham S.C.</a>		Volleyball Engla	0	Vicarage Road, Egham, Surrey <a href="#">TW20 8NL</a>	- / -
<a href="#">Epsom College Sports Centre</a>		Volleyball Engla	0	Off Longdown Lane South, Epsom, Surrey <a href="#">KT17 6HQ</a>	- / -
<a href="#">Friends Life Sports Club (Friends Prov.)</a>		Volleyball Engla	0	Pixham End, Pixham Lane, DORKING, Surrey <a href="#">RH4 1QA</a>	- / -
<a href="#">Froamore L.C.</a>		Volleyball Engla	0	Potley Hill Road, Yateley, Camberley, Surrey <a href="#">GU46 6AG</a>	- / -
<a href="#">Guildford Spectrum</a>		Volleyball Engla	0	Parkway, Guildford, Surrey <a href="#">GU1 1UP</a>	- / -
<a href="#">Surrey Sports Park</a>		Volleyball Engla	0	Richard Meyjes Road, Guildford, Surrey <a href="#">GU2 7AQ</a>	- / -
<a href="#">Thomas More Catholic School</a>		Volleyball Engla	0	Russell Hill Road, Purley, Surrey <a href="#">CR2 8XP</a>	- / -

Number of rows displayed: 10

Done Internet 100%

Clicking on the Hyperlinked Post Code takes you to Google Maps

Going to Teams allows you to look at contacts by Division (select the Competition)

Teams Maintenance - Windows Internet Explorer provided by DHF RESTRICTED

https://www.whosthereof.com/db\_admin/teams.php?function=view

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**Teams - View**

Club name (part of):  Level:  Competition:  Gender:

All levels  MS8 (1)  Either  Find  Reset

Team name	Action	Organisation	Level	Gender	Primary Contact	Club	Primary Competition
<a href="#">Coventry &amp; Warwick Rize Men</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Torstein Haensel</a>	<a href="#">Coventry &amp; Warwick Rize Centre ATZ</a>	MS8
<a href="#">London Lynx 1</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Antonia Codrington</a>	<a href="#">London Lynx WLS</a>	MS8
<a href="#">London Polonia</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Michas Saller</a>	<a href="#">London Polonia St Benedicts School</a>	MS8
<a href="#">Malory Eagles (London) Men</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Buarri listed</a>	<a href="#">London Malory Ernest Bevin College</a>	MS8
<a href="#">Sheffield Hallam</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Gerry McDrolle</a>	<a href="#">Sheffield All Saints School</a>	MS8
<a href="#">Solent Men 1</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Simon Trueick</a>	<a href="#">Solent VC Itchen College Sports Centre</a>	MS8
<a href="#">Team Northumbria Men</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Ross Enfield</a>	<a href="#">Middlesbrough And Acklam Volleyball Club Sports Centre</a>	MS8
<a href="#">Wessex LeAF BU</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Vicky Hunter</a>	<a href="#">Wessex VC LeAF Academy</a>	MS8

Number of rows displayed: 8

Internet 100%

Or a team name

Teams Maintenance - Windows Internet Explorer provided by DHF RESTRICTED

https://www.whosthereof.com/db\_admin/teams.php?function=view

File Edit View Favorites Tools Help

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**Teams - View**

Club name (part of):  Level:  Competition:  Gender:

All levels  All competitions  Either  Find  Reset

Team name	Action	Organisation	Level	Gender	Primary Contact	Club	Primary Competition
<a href="#">Solent Ladies</a>	<a href="#">Q</a>	Volleyball Engla	4	Female	<a href="#">Claire Butler</a>	<a href="#">Solent VC Woodlands Community School</a>	W35
<a href="#">Solent Men 1</a>	<a href="#">Q</a>	Volleyball Engla	1	Male	<a href="#">Simon Trueick</a>	<a href="#">Solent VC Itchen College Sports Centre</a>	MS8
<a href="#">Solent Men 2</a>	<a href="#">Q</a>	Volleyball Engla	4	Male	<a href="#">Stuart Foviles</a>	<a href="#">Solent VC Itchen College Sports Centre</a>	MS8

Number of rows displayed: 3

Done Internet 100%

You can search in contacts for all Officials in Hampshire

Contact Maintenance - Windows Internet Explorer provided by DIIF RESTRICTED

https://www.whosthereof.com/db\_admin/contacts.php?function=view

File Edit View Favorites Tools Help

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**VOLLEYBALL ENGLAND** GET INTO VOLLEYBALL

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**Contacts - View**

Contact name (part of): Address (part of): Roles:  
hampshire All contact types

Type: Gender:  
Official Either Find Reset

Name	Action	Grade	Member ref*	Organisations	Home	Work	Mobile	Email	Type	CRB
<a href="#">Choh, Clarisa TP</a>			SE/7195	Volleyball Engla			M 07888 657740		O	
<a href="#">Curtis, Martyna</a>				Volleyball Engla			M 07738 850765		O	
<a href="#">George, Ken</a>				Volleyball Engla	H 02392 610625		M 07727 987596		O	
<a href="#">Honeybun, Stephen</a>				Volleyball Engla		W 01256 397510	M 07739 549301		O	
<a href="#">Hopping, Emma</a>				Volleyball Engla	H 07850 352915		M 07850 352915		O	
<a href="#">Kowalewski, Ludwik</a>				Volleyball Engla	H 02380584949	W 02380 670150	M 07770 372996		O	
<a href="#">Kubaty, Piotr</a>				Volleyball Engla			M 07810 837855		O	
<a href="#">Minett, Graham</a>				Volleyball Engla	H 01329841664		M 07990 582497		O	

Number of rows displayed: 8

Done Internet 100%

Contact Maintenance - Windows Internet Explorer provided by DIIF RESTRICTED

https://www.whosthereof.com/db\_admin/contacts.php?function=view

File Edit View Favorites Tools Help

ms word 2003 remove passw... How to Crack, Unprotect or ... Contact Maintenance

Defence Intranet

**VOLLEYBALL ENGLAND** GET INTO VOLLEYBALL

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**Contacts - View**

Contact name (part of): Address (part of): Roles:  
hampshire All contact types

Type: Gender:  
Either Either Find Reset

Name	Action	Grade	Member ref*	Organisations	Home	Work	Mobile	Email	Type	CRB
<a href="#">Choh, Clarisa TP</a>			SE/7195	Volleyball Engla			M 07888 657740		O	
<a href="#">Butler, Claire</a>				Solent VC		W 02380 269 026 Ext 2	M 07788 714 477		S	
<a href="#">Mant, Andrew</a>				Team Southampton	H 01256 370008		M 07737 099984		S	
<a href="#">Curtis, Martyna</a>				Volleyball Engla			M 07738 850765		O	
<a href="#">George, Ken</a>				Volleyball Engla	H 02392 610625		M 07727 987596		O	
<a href="#">Honeybun, Stephen</a>				Volleyball Engla		W 01256 397510	M 07739 549301		O	
<a href="#">Hopping, Emma</a>				Volleyball Engla	H 07850 352915		M 07850 352915		O	
<a href="#">Kowalewski, Ludwik</a>				Volleyball Engla	H 02380584949	W 02380 670150	M 07770 372996		O	
<a href="#">Kubaty, Piotr</a>				Volleyball Engla			M 07810 837855		O	
<a href="#">Minett, Graham</a>				Volleyball Engla	H 01329841664		M 07990 582497		O	
<a href="#">Seemuemba, Nasser</a>				Volleyball Engla	H 07807 078 979					

Number of rows displayed: 11

Done Internet 100%

Points to note:

If you find that any of the match information is incorrect, please e-mail me on [martin.shakespeare@ntlworld.com](mailto:martin.shakespeare@ntlworld.com) with your corrections

You will get e-mail notifications of any changes to match details (date/time/venue) – you still need to let the away team know

If you are the first named team in match 2 of a triangle WTR thinks you are the home team – please forward the e-mail to the hosting team of any changes you receive

If you arrange your own referees for a fixture, please also let me know so I can update WTR to save me (or the other appointers) trying to find you Referees; Referee Commission will try and find Refs for unappointed fixtures up to 2 weeks beforehand – after that it is your responsibility. Ensure that if you are going to use unregistered Referees that you follow the NVL Regulations to do so and in any event please let me know who you will use so I can record it in WTR.

Play as much as you like – you can't break it!

If you need to change your details find yourself in contacts and when you click the magnifying glass you will get an edit icon (pencil on paper). Make changes and press green tick to save.

Any questions please e-mail me as above

# Amendments to the NVL Regulations for the 2017-2018 season

(All changes are highlighted in **bold**)

Updated the document to reflect the changes in the VE organisation removing references to the Head Office and replacing with the Hub and updated titles as required

Updated the document to make it easier to navigate and use by adding hyperlinks, bookmarks and an index.

Updated the various dates for this season.

Updated numbering as required.

**Regulation A 5.** Conditions for a New Entrant into the National Volleyball League will normally include:

- v. **The Regional / Area Association or Club should provide name(s) and letter(s) of support from evidence of referee development such that a minimum of one qualified and registered referee(s), who are from there, not currently officiating in the National League, but are prepared to do so.**

**Regulation A 9.** Club Structure

- iii. Where clubs seek to amalgamate then the **Volleyball England Hub** shall be supplied with full details including detailed minutes, details of who attended meetings, and such other information as the **Volleyball England Hub** may require. Volleyball England has a role in ensuring that clubs are formed correctly and with the consent of those involved.

**Regulation C 1.** Players

- i. All teams must register a minimum of 8 players by the 1st August before the start of the season. A valid registration requires a completed NVL registration form, with photo attached (or emailed to [competitions@volleyballengland.org](mailto:competitions@volleyballengland.org)) and the required registration fee complete with player signature. Failure to adhere to the deadline will result in a £25 administration charge.

**Regulation C 3.** Transfers ([See Appendix A](#))

- v. **International Transfers;**
  - (1) **Any player that has previously held a National License with another Volleyball Federation before being registered with Volleyball England will require an International Transfer. International Transfers are bound by the Regulations set out by the FIVB. International Transfers are initiated by the Volleyball England Hub.**
  - (2) **Any Team found to play anyone who does not have the 'approved' ITC certificate will forfeit any match 3-0 (25-0, 25-0, 25-0) and will lose their match point.**
  - (3) **It is the responsibility of Teams to ensure that any 'emergency registered' players do not require an International Transfer.**
  - (4) **All Divisions within the NVL are bound by the ITC Regulations.**
  - (5) **Any team who play in any CEV European Competition are required to have International Transfers for all players that require them. This applies to all Volleyball England approved Competitions including the National Cup and Shield.**

**Regulation D 1.** The Home Team is responsible for:

*Any delay to the start of a match attributed to lack of equipment, the home team will be penalised in accordance with regulation [E 5. Late Arrival](#); **this does not apply to equipment failures during***

*the Warm Up or the match; these shall be dealt with in accordance with the Rules of the Game as Exceptional Delays.*

#### **Regulation D 3. Expenses for Match Officials:**

**Expenses for Match Officials should be paid prior to the match or by electronic payment within 3 Working Days of the match (i.e. by Thursday morning for a weekend match).**

#### **Regulation I 4. Promotion and Relegation**

- vi. **Men's and Women's Division 1**
  - (1) The winners of the Division will be promoted to the Super 8s for 2018-19.
  - (2) The team finishing 2nd will play off against the 7th placed team in the Super 8s. The winner will play in the Super 8s in 2018-19 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
  - (3) The team finishing 8th in Division 1 will playoff in a triangular against the two 2nd placed teams in Division 2. The winner will play in Division 1 in 2018-19 and the losers in Division 2. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
  - (4) The teams finishing 9th and 10th will be relegated to Division 2 for 2018-19.
- viii. **Men's and Women's Division 2 South**
  - (1) The winners of each Division will be promoted to Division 1 for 2018-19.
  - (2) The 2nd place team in the Divisions will playoff in a triangular against the 8th place in Division 1 and the 2nd place team in Division 2 North. The fixture will take place at a central venue organised by Volleyball England with the costs shared. The winner will play in Division 1 in 2018-19 and the losers in Division 2.
  - (3) The team finishing 8th in Division 2 South will playoff in a triangular against the 2nd placed teams in Division 3 South East and Division 3 South West. The winner will play in Division 2 in 2018-19 and the losers in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
  - (4) The team finishing 9th and 10th will be relegated to Division 3 for 2018-19.
- x. **Men's and Women's Division 3 South East and South West**
  - (1) The winners of the Division will be promoted to Division 2 for 2018-19.
  - (2) The teams finishing 2nd in Division 3 South East and Division 3 South West will playoff in a triangular against the 8th placed team in Division 2 South. The winner will play in Division 2 in 2018-19 and the losers in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.

#### **Appendix A – Procedure for Player Transfers**

- 8. There will be a **£21.00** transfer fee for administration work involved.

#### **Appendix C - Pre Match Protocol**

f)	-13 mins	<b>Presentation of teams. Teams to line up on the side lines near the scorer's table from the third meter line towards the respective baselines. On the first referee whistle 12 players to enter the court lining up laterally in the middle of the court facing (the scorer table or the main TV camera). Referees to walk towards the first referee chair. The players of the two teams shake hands and return to their respective benches. Referees to return to the scorer's table.</b>
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## Introduction to the Regulations

These Regulations govern competitions organised by the Competitions Commission of Volleyball England (VE) for the season of 1st September 2017 to 31st August 2018. These Regulations are the only regulations specified and no other publication is applicable, save the current Volleyball England Official Volleyball Rules and the FIVB Rules of the Game ([Regulation E 1](#)) and the relevant Codes of Conduct. Competitions Commission reserves the right to issue appropriate amendments.

For Under 15's, Under 16's, Under 18's, Inter Regional, Student Cup and Sitting indoor volleyball competitions, please refer to the Volleyball England website for current regulations.

These are the regulations applicable to indoor volleyball organised by Volleyball England. Volleyball England will issue further regulations applicable to the Volleyball England Beach Competitions.

In writing these Regulations we have tried to ensure that the result of any volleyball match is decided on court and within the spirit of the game.

## Section A. Administrative Matters.

### Regulation A 1. To enter the National Volleyball League (NVL), each team must;

- i. Have paid a goodwill deposit of £100.00
- ii. Have no outstanding debts with Volleyball England (English Volleyball Association Ltd) from previous seasons. Teams in debt to the Association may not be permitted to play fixtures if the previous season's debts are not cleared by the 31st May. Teams / Clubs with historic debts to Volleyball England will not be permitted entry to the NVL until the debts are cleared and the matter resolved by the Competitions Commission
- iii. Have a name that permits easy geographical recognition of where they are from / play agreed and approved by the Competition Commission.
- iv. Agree to abide by the Minimum Operation Standards ([See Section N](#))
- v. Super 8 Teams must give a commitment to playing in the Challenge Series and field a side in the spirit of the competition

### Regulation A 2. Withdrawing from the National Volleyball League

- i. Any club or team withdrawing from the NVL, and then wishing to re-enter at a later date, must re-apply as a new entrant. New entrants will be placed in the lowest available division geographically as decided by the Competitions Commission.
- ii. Any team withdrawing from the NVL during the course of the season or after their entry has been accepted by the 1st May will forfeit their goodwill deposit.

### Regulation A 3. Before competing in any Volleyball England competition, each team must:

- i. Be part of a Club properly affiliated to Volleyball England.
- ii. Have its coach, players and authorised bench personnel appropriately registered with Volleyball England.
- iii. Have paid any further competitions fees that may be in force by the specified deadlines. Late entries will only be accepted at the discretion of the Competition Commission, and will be subject to a £25 administration charge.
- iv. Have a qualified and registered coach (minimum Level 2) committed to supporting that Team. (Where a current NVL team does not meet this requirement, they have until the start of the 2018/19 season in which to comply)

### Regulation A 4. Conditions of Entry to the National K.O. Cup

- i. Entry into the National KO Cup will be assumed for NVL teams unless a written request to withdraw is received with League Entry.
- ii. Non NVL teams must be competing in a recognised league, or approved for entry by the Competition Commission. Players with Local League or Regional Registration cards will not be required to register with Volleyball England. "Amalgam" teams, with players from more than one non NVL team, must have a demonstrable affinity e.g. playing in the same local league or living in the same geographical area etc. Teams with any doubt as to eligibility to play in the Cup should contact the relevant Cup Commissioner or Competitions Department for clarification.
- iii. NVL players may not play for another NVL team in any Cup competition other than the one they are registered for. Refer to [Section J Regulation 1](#) Volleyball England K.O. Cup for further clarification.
- iv. NVL Teams may contain non-NVL registered players as long as they can demonstrate an affinity with the NVL Team they represent.

### Regulation A 5. Conditions for a New Entrant into the National Volleyball League will normally include:

- i. Proven playing ability of the team in a recognised Regional / Area League over more than one season.
- ii. Club having been affiliated to Volleyball England for the last two seasons.
- iii. Club constitution to be acceptable in that it shows:
  - (1) The name of the Club.
  - (2) The manner in which its constitution may be amended.
  - (3) The financial control.
- iv. The Regional or Area Association to provide a letter of support for the entry.
- v. The Regional / Area Association or Club should provide name(s) and letter(s) of support from evidence of referee development such that a minimum of one qualified and registered referee(s), who are from there, not currently officiating in the National League, but are prepared to do so.

- vi. The Club's financial accounts provide evidence of the financial support for competition at National level.
- vii. A Team must have a qualified and registered coach (minimum Level 2) committed to supporting the NVL team.
- viii. Club being able to nominate at least 10 players who are prepared to commit to playing for the team. If any such players are with an existing NVL team, then it must be shown that the team holding the NVL registration would agree to the transfer should the team requesting entry to the NVL be accepted.
- ix. The Club having a suitable home venue and equipment for NVL Matches in the location indicated by their team name, and specified as their normal home venue.
- x. If necessary, the team winning play-off games against other teams applying for entry.
- xi. The Competitions Commission has the absolute right and discretion to accept or refuse any club or team admission to the league.

**Regulation A 6. No club is allowed to alter its name or location in order to gain admission** into any of the divisions of the NVL, and no official can act as Chairman, Secretary or Treasurer of more than one NVL club, or hold any combination of these offices for more than one club.

Note: The place in the NVL is considered to be the right of the Club as evidenced by its constitution, and not the right of any player or group of players. To assist Clubs, a draft constitution is available online and from the Volleyball England Hub.

**Regulation A 7. No team may alter its name during the season** without the prior written approval of the Competitions Commission.

**Regulation A 8. Clubs/teams playing in any competition governed by these regulations** are required to notify the Volleyball England Hub of the name, period and type of any sponsorship that they may have. The value of any sponsorship is a matter confidential to the Club/Team and its Sponsor. Tobacco sponsorship is not allowed. Failure to register details of sponsorship within 14 days of a contract being completed will result in a fine of £100.00, and additional penalties, thereafter, within the discretion of the Competitions Commission if details are not registered.

### **Regulation A 9. Club Structure**

- i. Clubs may be membership based, and run with a democratic style constitution with elected officers, or they may be proprietorial in nature.
- ii. No proprietor (whether as an individual, company, by way of shareholding or as nominee) may have an interest or hold office in more than one club.
- iii. Where clubs seek to amalgamate then the Volleyball England Hub shall be supplied with full details including detailed minutes, details of who attended meetings, and such other information as the Volleyball England Hub may require. Volleyball England has a role in ensuring that clubs are formed correctly and with the consent of those involved.
- iv. Where a democratic/membership based club seeks to become proprietorial, as for example where a commercial concern wishes to run a club, then the Association (through its appropriate Officers) shall ensure that the club membership has voted thereon and that the provisions of that club's constitution have been observed.
- v. No club, individual or group, whether membership based or proprietorial, has a right to a particular place in Volleyball England's National League, entry for which is requested each season.
- vi. Any alterations to a club's Constitution are to be advised to the Volleyball England Hub on behalf of the Competitions Commission within 14 days of such alteration and amendment.
- vii. All NVL correspondence will be forwarded to the relevant team secretaries named in the e-Handbook, or as amended in writing to the Volleyball England Hub, who will advise all team secretaries in that competition as soon as practicable of the change of team secretary. Any Club specific matters will be addressed to the Club Secretary / Chairperson, as detailed on the Club's Affiliation form for the season.

### **Regulation A 10. Disputes**

- i. The Competitions Commission has the full authority to deal with disputes involving clubs, players, administrators and non-qualified person acting in the capacity of coach or referee, and to sanction clubs and their members, both playing and non-playing, when deemed to be in contravention of any of the NVL regulations or relevant codes of conduct.
- ii. A Competitions Commissioner has the delegated authority to make decisions on behalf of the Competitions Commission to facilitate the day to day running of a competition.

- iii. Where appropriate the Competitions Commissioner can impose fines and / or deadlines to facilitate the smooth running of a competition.

#### Regulation A 11. Match Venues

- i. Matches played in Men's Super 8s, Women's Super 8s and Quarter Finals and Semi Finals of all Cup Competitions shall be played at venues approved by the Competitions Commission. Clubs competing must obtain such approval from the Commission where required.

## Section B. Organisation of Fixtures

### Regulation B 1. Pre-Season Fixture Arrangements

Teams will be provided with the draft fixtures well in advance. At that time teams may enter mutual discussions and request agreed amendments to the proposed fixtures. Any such proposals must be agreed in writing by both teams, and confirm the new date, time and venue. Any such changes will need to be approved by the Competitions Commission, who shall seek to ensure that teams do not gain a competitive advantage by delaying matches, delaying the start or conclusion of the season, or a team playing significantly more, or less, matches than other teams in the Division by key dates. No team entered in the Cup/Shield will arrange an NVL match onto any Cup/Shield date during the draft fixture process. Match rearrangements during the season (e.g. due to adverse weather) will be considered by divisional commissioners taking into account the teams continued participation in the cup/shield. After the amended draft fixtures have been returned to the Volleyball England Hub, no other changes will be allowed except under very exceptional circumstances.

### Regulation B 2. During the Season

- i. All matches must be played on the date, at the time and at the venue specified in the National Volleyball Competitions Handbook fixture lists, and not any other publication. If there is an error in the handbook or a fixture has been agreed to be changed by the Competition Commission, then the correct details will be updated onto the NVL page of the website.
- ii. Where a club has two or more teams in the same NVL Division, the Competitions Commission reserves the right to schedule both fixtures between the teams as early in the season as possible.
- iii. Only under very exceptional circumstances, fixtures may be rearranged with prior consent of the appropriate Commissioner and the opposition. Any such proposals must be agreed in writing by both teams, and confirms the new date, time and venue. Requests for rearrangement must be made to the Divisional Commissioner at least 21 days prior to the original fixture date. Requests with less than 21 days' notice will only be considered in the most extreme circumstances. The Volleyball England Hub and the Referee Co-ordinator must be kept informed of the changes. Teams must be aware that sourcing Referees for changed fixtures may well be problematic and must be prepared to source their own. Requests to re-arrange a fixture due to holiday arrangements is not considered to be a very exceptional circumstance.
- iv. Where a team has 2 or more players involved in international competition, application may be made to the Competitions Commission for re arrangement. Application must be made as soon as any conflict is known and in any event no later than 21 days prior to a match. It is stressed that this re arrangement is discretionary. This provision does not apply to International Beach fixtures.
- v. A re arrangement will only be approved when a fully justifiable reason is provided, and a new date has been arranged and agreed by the teams involved. Where teams cannot agree a new date then the appropriate Commissioner will specify a date on which the rearranged match will be played, or the original date will stand.
- vi. Where a fixture is postponed due to exceptional circumstances beyond the control of the teams, then any additional costs incurred in restaging the fixture shall be equally shared between the teams i.e. Sports Hall Costs, Referees and actual Travel costs. Travel costs are to be based on travelling from your closest home venue.
- vii. Where match Referees were appointed by Volleyball England, and the date, time or venue is changed, the original home team becomes responsible for notifying those Referees and the NVL Referee Commissioner of the change and for appointing suitable replacement Referees, if necessary. Such changes to date, time or venue must be approved in writing by the appropriate Divisional Commissioner. Normal Match Confirmation procedures will then apply.
- viii. Where a match is cancelled at short notice then the home team is responsible for ensuring the Officials are aware of the cancellation and communication has been received to acknowledge this. If the Referee travels to the match, then full remuneration shall be made as if the match took place
- ix. Under no circumstances can fixtures be played after the end of season date of 22nd April 2018.

## Section C. Registration

### Regulation C 1. Players

- i. All teams must register a minimum of 8 players by the 1st August before the start of the season. A valid registration requires a completed [NVL registration form](#), with photo attached (or emailed to [competitions@volleyballengland.org](mailto:competitions@volleyballengland.org)) and the required registration fee complete with player signature. Failure to adhere to the deadline will result in a £25 administration charge.
- ii. It is the responsibility of the team or club registering a player to ensure the eligibility of the player to be registered. Players who are subject to transfer requirements must be correctly transferred. Player registration information for the previous seasons is available on the Volleyball England website and from the Volleyball England Hub.
- iii. Clubs with more than one team may delay allocating their players to a specific team until a week before their Club's first match, informing the Volleyball England Hub which team a player will play for, but the players must all be registered by 1st August. Until the required allocation is made, all players will be deemed to be registered with the lower/lowest team.
- iv. Players cannot be registered after 1st March during the season, except with the express approval of the Divisional Commissioner. (This will only be permitted in emergencies to enable games to take place e.g. where less than seven registered players are medically fit or are available to play. Written confirmation of Registered Players non-availability will be required before agreeing to an Emergency Registration). The emergency registered player will be eligible to play for the team for the remainder of the season, but will not be able to play up for another team.
- v. In any season, no player may play for more than one Club in the same competition unless they are officially transferred. Except under very exceptional circumstances a player may only transfer once during any NVL season. No player may play for different teams in a cup competition, under any circumstances. Where Clubs have two or more teams in the same competition, a player will become 'Cup tied' to the team they played their first cup match with, regardless of transfers and the playing up regulation. Transfer regulations apply to movement of players between different teams within the same Club.
- vi. A junior player (Under 18 on 1 September of the current season) playing in a junior competition may also play for their Club in a senior competition.

### Regulation C 2. Technical Members of the team

- i. Any other personnel needing to sit on the team bench under FIVB International Rule 4 must be registered with the Volleyball England Hub.
- ii. Technical and professional personnel from one Club are permitted to form the authorised Bench Personnel of another Club, providing they are registered as authorised Bench Personnel for the team/club they are to assist, which must be presented to the Scorer. Any Bench Personnel that is assisting at another Club must have the written permission of their original Club.
- iii. Coaches and Bench Personnel require one licence per team they wish to assist. Only a qualified and registered Coach with Volleyball England will be able to undertake the role of Head Coach during a match.
- iv. Should a qualified and registered Coach with Volleyball England not be available at the match then the team captain shall assume the role. Any other authorised Bench Personnel may act only as an Assistant Coach, with the associated restrictions and limitations of duties.
- v. Registered players who wish to assist another team/club as Bench Personnel are required to hold a separate Bench Personnel registration for the team(s) they will be assisting, and this must be presented to the Scorer.
- vi. All Bench Personnel (including Coaches) must register with Volleyball England and submit a photo when applying for their Bench Personnel registration.

### Regulation C 3. Transfers ([See Appendix A](#))

- i. Subject to the provisions below, players may transfer between clubs prior to 1st March each season. Only in exceptional circumstances will a player be allowed to transfer more than once during the NVL/KO Cup playing season. The NVL season shall run from 1st September to 31st August each year. Players who are playing up, and reach eleven sets, or more, in a match are deemed to be automatically transferred to the higher team. It is the responsibility of the club to keep account of the number of sets each player plays up. This will also apply if this occurs after 1st March, and will be an exception to the transfer deadline.
- ii. Where a Club has more than two teams playing in the NVL the player will be automatically transferred to the team for which they have played up most for.



- iii. If a team or Club withdraw from the NVL, its players are still deemed to belong to that Club. Therefore, they need to transfer before being permitted to play for another club. This is to protect clubs and their assets.
  - iv. Unless under contract, a player is deemed to become a free agent if they have not played in the NVL in the preceding two seasons, and have no documented indebtedness to a previous NVL Club. Teams are strongly advised to consult the available player registration information available from the Volleyball England Hub to confirm the status of a player.
  - v. International Transfers;
    - (1) Any player that has previously held a National License with another Volleyball Federation before being registered with Volleyball England will require an International Transfer. International Transfers are bound by the Regulations set out by the FIVB. International Transfers are initiated by the Volleyball England Hub.
    - (2) Any Team found to play anyone who does not have the 'approved' ITC certificate will forfeit any match 3-0 (25-0, 25-0, 25-0) and will lose their match point.
    - (3) It is the responsibility of Teams to ensure that any 'emergency registered' players do not require an International Transfer.
    - (4) All Divisions within the NVL are bound by the ITC Regulations.
    - (5) Any team who play in any CEV European Competition are required to have International Transfers for all players that require them. This applies to all Volleyball England approved Competitions including the National Cup and Shield.
- Clubs registering new players should always be aware of the possibility of the need to formally transfer, and should take the following steps:
- a) Establish from the player if they have ever been to any NVL Club in the past. They may not have played, but could have registered, or simply been for training, and may have forgotten to return items.
  - b) If they have been at previous NVL Club(s), which is still in existence contact the Club and obtain confirmation that they are in good standing i.e. they do not owe the Club anything, and are able to register for the new Club.
  - c) If they have been to previous NVL Club(s), which are not in existence consult the available previous NVL registration data on the Volleyball England website, and contact [competitions@volleyballengland.org](mailto:competitions@volleyballengland.org) to clarify that no indebtedness or impediment has been lodged with the Volleyball England Hub.
- Clubs playing ineligible players will be considered for disciplinary action. Clubs are advised to ensure they take all reasonable steps, as above, to ensure the eligibility of players being registered.
- Players found to have documented indebtedness to previous NVL Club(s), who seek current NVL registration, and who may not have provided the new Club with all material information may be liable to suspension from playing until the matter is resolved.
- vi. Transfers will not be allowed if any of the following circumstances apply:
    - (1) The player is under valid contract to the current club unless that contract is terminated by mutual consent. ([See CONTRACTS Appendix B](#))
    - (2) The player has not discharged any documented indebtedness to the current club, e.g. subscription arrears, kit etc. Teams are advised to ensure that players are made fully aware of their commitments and fees due. These should be detailed in writing and signed by the player wherever possible to avoid any confusion or subsequent doubt arising.
    - (3) The current club would be left with less than 8 available registered players during the N.V.L. / K.O. Cup playing season.
  - vii. A Club having 2 or more teams competing in the NVL shall be entitled to transfer player(s) between teams. Players transferred to the lower team within a Club after the start of the season cannot use the playing up regulation.
  - viii. Any player wishing to leave their Club in order to take up a different post at another Club (i.e. Coach etc.), may do so only with the agreement of the Club holding their registration, and abide by the transfer provisions. Disputes will be referred to Competitions Commission for arbitration.



## Section D. Preparation for Matches

### Regulation D 1. The Home Team is responsible for:

- i. Arranging for the availability of the venue (facilities) – [see D1.v](#) and the equipment – see [D1.vi](#). For all Volleyball England competitions, only equipment deemed suitable, fit for purpose and safe, or which has FIVB approval may be used unless the Competitions Commission gives prior agreement. The playing conditions must conform to those laid down in the current Volleyball England Official Volleyball Rule Book.
- ii. Booking a minimum period of three hours for single matches, five hours for a double header and seven hours for triangular matches. If less is booked and time runs out, the home team will forfeit the last match in which they played. If, after the recommended hours booked the matches have not been completed, the teams concerned will rearrange the outstanding fixture at an agreed venue and date approved by the Divisional Commissioner as acceptable to the teams involved. The teams involved will share total costs (i.e. the cost of travel of the away team, (from their closest Home Venue), the venue and Referees costs) of the new match equally. This ruling includes unfinished matches.
- iii. Start times for matches must be:
  - (1) Single matches on Saturdays between 12noon & 18:00hrs
  - (2) Single matches on Sundays between 11:30 & 16:00hrs
  - (3) Double matches on Saturdays between 12noon & 16:00hrs
  - (4) Double matches on Sundays between 11.30 & 14:00hrs
  - (5) Triangulars between 11:30 & 12:30hrs

Unless otherwise agreed in writing by the opposition.

- iv. The first referee shall decide upon the adequacy of the court and equipment at the time of the match.

#### v. Facilities

- |                              |   |
|------------------------------|---|
| (1) Court Surface            | - flat, smooth, non-slippery and safe   |
| (2) Free Zone                | - minimum 3m around court with preferably 5m to rear  |
| (3) Height Clearance         | - minimum 7.5m above playing surface  |
| (4) Court Markings           | - correct, unbroken as per FIVB court layout  |
| (5) Temperature              | - minimum 13°C  |
| (6) Lighting                 | - adequate, even, minimum 500 lux   |
| (7) Team Bench               | - size, and safely positioned   |
| (8) Warm up area             | - 3m x 3m, correctly positioned   |
| (9) Spectator seating        | - available   |
| (10) Sanctions box with seat | - 1m x1m on the scorer's side of the court, outside of the free zone and beyond the end line. |

#### vi. Equipment

- |                                       |  |
|---------------------------------------|--|
| (1) Net                               | - correct length (9.5-10m) depth (1m) mesh unbroken, correctly tensioned, height easily adjustable   |
| (2) Sidebands                         | - correctly positioned   |
| (3) Antennae                          | - correctly positioned   |
| (4) Posts                             | - smooth, safe and height adjustable   |
| (5) Balls                             | - Only approved FIVB balls must be used in all competitions (see <a href="#">FIVB Regulations</a> , page 10) (Two identical balls are required for a one ball system and 4 for a three ball system). |
| (6) 3 ball system                     | - identical characteristics, where system used   |
| (7) Visual scoreboard                 | - operable   |
| (8) Scoresheet                        | - Volleyball England approved scoresheet in triplicate   |
| (9) Line Up Sheets                    | - available  |
| (10) 2 sets of paddles                | - numbered 1-20 ( <a href="#">refer to Section N</a> – Minimum Operating Standards)  |
| (11) Buzzer                           | - available ( <a href="#">refer to Section N</a> – Minimum Operating Standards)  |
| (12) Pressure Gauge                   | - available  |
| (13) Ball Pump                        | - available  |
| (14) Referee Stand                    | - stable, safe, and adjustable   |
| (15) 4 x Line Judge flags (40 x 40cm) | - available  |

Note: Failure to provide adequate equipment cannot be attributed to a sports centre or the staff thereof it is the sole responsibility of the home team. Failings in the facilities are also the responsibility of the home team unless matters arise, exceptionally, during or in the days approaching a match that are outside the control of the venue. e.g. electrical, mechanical or safety failures.

Any delay to the start of a match attributed to lack of equipment, the home team will be penalised in accordance with regulation [E 5. Late Arrival](#); this does not apply to equipment failures during the Warm Up or the match; these shall be dealt with in accordance with the Rules of the Game as Exceptional Delays.

- vii. Supplying a competent Scorer and at least two competent Lines Judges and a visual scoreboard in all cases. All Technical Officials should be competent in the performance of their duties. The Scorer must be the same person throughout the match and be present at least 30 minutes before the start of the match. Line Judges should be present at least 20 minutes prior to the start of the match. Failure to provide the Technical Officials will result in a minimum of a £10 fine for the first offence, £20 for the second offence, £30 for the third offence, and £30 for every subsequent offence thereafter.
- viii. Confirming in writing to the Secretary of the visiting team, the match Referees, the Volleyball England Hub and the Divisional Commissioner **at least 14 days**, and not more than 21 days (according to the postmark, or email delivery receipt) prior to the date of the match, in the same letter or email
  - (1) The date of the match.
  - (2) The venue and travel directions for the match, for both public and private transport
  - (3) The time of the availability of the court
  - (4) The time of the start of the warm up
  - (5) The time of the start of the match
  - (6) The names of the Referees
  - (7) The availability of post-match hospitality
  - (8) Where the match is the 2nd match of a Double header then it must be made clear in the match confirmation that this is the case and that the match start time may be subject to delay based on the finish time of the previous match.
  - (9) Triangular matches will be played in the order set out on the website fixture list with the home team playing in the first and third matches unless mutually agreed in writing at least 10 days (according to the postmark or email delivery receipt) prior to the date of the match.
  - (10) Where confirmation is sent by e-mail, it should be acknowledged by the away team and the match officials. If the home team secretary does not get the message acknowledged they should chase the confirmation using all other contacts available.
  - (11) Any team failing to send the appropriate match confirmations shall be fined £10 per occurrence.
- ix. Any visiting team Secretary or referee who has not received confirmation within the stipulated time should contact the Volleyball England Hub or Divisional Commissioner for guidance.
- x. The payment of any entrance fees at the venue for visiting teams and Referees. It is suggested that to avoid difficulties, Sports Centres should be contacted beforehand.

## Regulation D 2. Playing kit

- i. Shirts - uniform colour/design, clean
- ii. Shorts - uniform colour/design. Shorts do not have to be numbered but all the team must wear the same (either all numbered, matching the shirt number or all without).
- iii. Compression Sleeves and shorts - must be the same as the corresponding part of the uniform, for example red shirt, red compression sleeves, black shorts, black cycling shorts.
- iv. Numbers - correctly positioned, contrasting colour to shirts (front & back) as per FIVB ruling. All shirt numbers must be numbered 1 – 20.
- v. Captain - identified by a stripe throughout the match (tape permissible)
- vi. Libero player - different coloured shirt, easily identifiable, numbered as part of team number sequence
- vii. All teams are required to be in full match kit prior to the official warm up at the net.

## Regulation D 3. Expenses for Match Officials:

Expenses for Match Officials should be paid prior to the match or by electronic payment within 3 Working Days of the match (i.e. by Thursday morning for a weekend match).

Single match	Super 8s	£20
	Div 1	£17
	Div 2	£17
	Div 3	£15
Matches 1 & 3 of a triangular	Div 2	£40
Matches 1 & 3 of a triangular	Div 3	£36
All three matches of a triangular (exceptional circumstances only)	Div 2	£59

All three matches of a triangular(exceptional circumstances only)	Div 3	£55
Cup	Rounds	£17
	Semis	£20
All Competitions Finals (except where Tournament fees apply)	Finals	£25

Note: Travel expenses are to be claimed as either actual expenses (public transport) or at current Volleyball England rate (£0.25 per mile private car).

#### Regulation D 4. Referees

- i. First Referee - qualified, registered
- ii. Second Referee - qualified, registered
- iii. Scorer - competent
- iv. Line Judges - competent
- v. Ball Retrievers - competent, preferably six, where used
- vi. The use of Referees who are directly connected with the teams playing is discouraged. Where used the connection should be noted in the confirmation to visiting teams. If requested a neutral referee should act as First Referee.
- vii. Where the NVL appointments Sub-Committee of the Referee Commission has not appointed Referees for the match, the home team is responsible for appointing them, and should start this process after the season's fixtures and Referee appointments have been published. The Referee Commission Appointment committee will continue to actively try and appoint Referees up to 3 weeks before the fixture is played; after that the Home Team is solely responsible for sourcing Officials. Where a Team appoints its own Referee it must notify the NVL Referee Commissioner that the appointment has been made. If the visiting team objects to the Referee appointments made by the home team then this should be referred to the Referee Appointment Committee.
- viii. Teams are not permitted to cancel any Referee appointed by the NVL Appointment Sub-Committee and appoint their own.
- ix. Details of Referee appointments are available from <http://www.whostheref.com/> (WTR). Club Secretaries must apply for a log on and use the system when sending out appointment confirmations. Club Secretaries are also responsible for ensuring that the details held on WTR (and the VE website) are correct and inform the NVL Referee Commissioner or Volleyball England Hub as appropriate of any inaccuracies.
- x. In case of difficulty finding Referees the secretary should contact the Regional Referee Co-ordinator and the NVL Referee Commissioner with details of efforts made so far for advice and information. Evidence of the home teams' efforts to obtain referees must be made available to the Divisional Commissioner and the NVL Referee Commissioner in case of a complaint.
- xi. The same Referee should not be expected to officiate in all three matches of a triangular.
- xii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture with someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues. Failing that the home team should source the most competent, experienced and suitable person e.g. player or coach, to act as second official, again advising opposition and Commissioners.

#### Regulation D 5. Cup Fixtures

- i. The Referee Commission will endeavour to appoint the 1st and 2nd referees to K.O. Cup and Shield matches.
- ii. The home team in Cup and Shield fixtures must inform both the Cup Commissioner and the NVL Referee Commissioner of the date, venue and warm-up time of the fixture, within 4 days of completing the previous round. Matches are to be played on the date published in the fixtures list. Failure to do so will result in a £25 fine being levied.
- iii. If a home team has not been able to source two qualified and registered match officials then they should notify their opponents, Divisional Commissioner and NVL Referee Commissioner. Whilst it is always preferable to have qualified and registered officials it is recognised that there is insufficient referee availability on occasions. The home team should look to source a qualified referee to fulfil the fixture, someone who is not on the NVL Panel this season, but may be officiating regularly in local leagues? Failing that the home team should source the

- most competent, experienced and suitable person e.g. player or coach, to act as second official. Again advising opposition and Commissioners.
- iv. The Commission reserves the right to stage Semi-Final matches at a central venue. Where this option is exercised, all teams will be advised before the Quarter Final stage. Teams involved in the Semi-Finals may be required to pay a supplementary levy.

## Section E. Arrangements at Matches

### Regulation E 1. Regulations of play

- i. All matches will be played to the best of five sets (unless altered by the Competitions Commission prior to the match date).
- ii. Technical timeouts will be used in all Super 8 and Division 1 NVL matches. In Divisions 2 and 3 they are optional. They will be used by default unless both teams request they are not used.
- iii. Super 8 teams are encouraged to produce programmes for all home matches.
- iv. Women are ineligible to play in Men's competitions and vice versa.
- v. Trans Gender – For details refer to Volleyball England's Policy
- vi. The Rules of the Game that will apply to all competitions will be those currently issued by the [FIVB](#). In the event of a Regulation change being required in any competition, the Competitions Commission must first give agreement.
- vii. Except in exceptional circumstances, and with the express approval of the Referee Commission, the Referees must hold recognised qualifications and be registered with Volleyball England.

Note. Referees who hold referee qualifications from other countries may become 'Volleyball England recognised' after applying to the President of the Volleyball England Referee Commission.

### Regulation E 2. Golden Set

- i. Where Competitions Commission have directed that a 2-legged match will be decided by a Golden Set then the following will be applied;
- ii. A Golden Set will only be played where each leg has been won by a different Team. This is irrespective of any set or points difference between the 2 legs.
- iii. The Divisional Commissioner is to ensure that the Referee of the Second Leg knows who won the First Leg so the requirement of the Golden Set may be determined
- iv. The interval between the end of the Second Leg and the Golden Set shall be 5 minutes.
- v. The Golden Set shall be played as if it were the 5th Set of a normal game, i.e. first to 15 points with an advantage of 2. All other rules relating to a 5th Set shall be applied to the Golden Set.
- vi. Any sanctions applied in the Second Leg shall carry forward to the Golden Set.
- vii. The Golden Set Scoresheet is to be used – any players or Team Officials sanctions by Disqualification in the Second Leg may not take part in the Golden Set, neither may any player who left the Second Leg through injury.
- viii. Equally any player or Team Official serving a suspension during the Second Leg may not take part in the Golden Set.

### Regulation E 3. The schedule

- i. The times listed in the Handbook shall specify the start of the official warm up period, and the match start time. The official warm up period shall be 30 minutes before the match start time. The scoresheet shall record the actual start time of the match i.e. the first service.
- ii. Triangular Match Schedule.
  - (1) The following will apply to matches that are headed accordingly in the match schedule:
  - (2) A v B in accordance with schedule e.g. 12.00 warm up, 12.30 match start
  - (3) B v C ready for warm up to commence no later than 1 hour after the first match advertised start time, e.g. 13.30 warm up, 14.00 match start.
  - (4) A v C ready for warm up to commence no later than 2 hours after the first match scheduled start time, e.g. 14.30 warm up, 15.00 match start.

Note: As the home team alone is responsible for the venue and equipment, venue changes, double bookings, equipment failure and start time changes will not normally be considered to be outside the control of the team.

### Regulation E 4. Arrival of teams

- i. It is advised that a team allows an hour contingency plan whether travelling by public or own transport, with an arrival time of at least 30 minutes before the warm-up is due to start. Should a team not be able to fulfil its fixture, then a member of the team will need to contact the opposition as soon as possible, utilising numbers in the Handbook for Secretary, Coach, other personnel and venue as required. Home teams should then advise the referees, Volleyball England Hub and Divisional Commissioner immediately. Should a fixture not be played then the Commission shall consider the available evidence and rule as to whether the match should be replayed, forfeited, declared null and void and any sanctions applicable.

- ii. Where a problem arises on match day or on the way to the match, the team must make every effort to contact the opposition and Divisional Commissioner to explain and resolve the problem.
- iii. Where a team is delayed by factors that are wholly out of a team's control (e.g. bad weather on the day) and can be backed up by professional and independent reports of confirmation (e.g. local weather centre, Police, Motoring organisation) indicating driving conditions and advice, this can be considered by the Competitions Commission as an extenuating circumstance. However, every attempt must be made to travel and play matches as scheduled. Additional travel time requirements would not be a reason not to play, and teams cannot "postpone" matches without the approval of the relevant Commissioner. Delays such as traffic problems, vehicle breakdowns (unless by public transport) are not normally considered as factors outside of a team's control. Teams are expected to inform the Divisional Commissioner, the home team and the Referees of the delay as soon as possible.
- iv. If a fixture or competition is cancelled by Volleyball England then any expenses incurred by the participating Teams or Referees will not be refunded.

## Regulation E 5. Late arrival

Providing the court is available, and one team is ready to commence play

- i. Any team failing to appear on court, ready to commence play, within 20 minutes of the published start time shall forfeit the first set. The set shall be lost 25 0. The time available up to the 20 minutes may be available for warm up subject to agreement from the team already present and ready to play (who will have already warmed up for up to 30 minutes).
- ii. The second set shall commence 20 minutes later; i.e. 40 minutes after the published start time. A team arriving between the start times shall be able to use the available time for warm up. If a team is not on court ready to play 40 minutes after the published start time, then they shall lose the second set 25 0.
- iii. The third set shall commence 20 minutes later; i.e. 60 minutes after the published start time. A team not on court ready to play at that time shall lose the third set 25 0, and thus loses the match 3 0.
- iv. The defaulting team may forfeit the match, be fined and lose league points as a consequence.
- v. The time should be taken from the referees if there is a dispute between teams over the exact time.

Note: If a team arrives (ready to play) 19 minutes after the official match start time they are still entitled to play the first set, but they forgo their warm up, if however, the team arrives (ready to play) 20 minutes or later, after the official match time that team loses the first set 25-0. The late team could use the remaining minutes as warm-up before starting the second set as long as play commences within the 40 minutes of the scheduled match start time.

## Regulation E 6. The Players

- i. Only players who are correctly registered with Volleyball England may play in competitions. A player is not registered unless their registration fee together with **all** appropriate documents correctly completed are endorsed at the Volleyball England Hub prior to the match except as specified in Regulation [E 6.iv](#).
- ii. Any missing player registration details will need an explanation; 'With Volleyball England' will **not** be accepted. Any player without registration details at a match must have an email from Volleyball England (and present photographic identification e.g. driver's licence, passport, etc.) to confirm registration.

*Referees are not expected to prevent a player playing if the team believes him/her to be correctly registered, providing that the player's identity can be proven by suitable photographic identification. Should such a player play, this is at the team's own risk, since playing with an ineligible player will lead to forfeiting the match ([see vii below](#)).*

- iii. All players in a team, apart from the Libero(s), must wear a strip of identical colour and design with regulation size numbers on the front and back. The numbers 1 20 only may be used. The Libero(s) shall wear a different coloured, easily identifiable, numbered shirt. In all respects, kit must conform to Volleyball England Official Volleyball Rules requirements. Referees are empowered to prevent players from taking part in a match if they do not comply with this rule. If, however, the referee does allow the player to participate it should be indicated on the score sheet.



- iv. Teams *may* register players on the day of the game providing they are within the constraints of *Regulation C 1.iv*
  - (1) This shall be done by means of presenting a correctly completed [registration form](#), including photograph affixed (or proof of photo emailed to [competitions@volleyballengland.org](mailto:competitions@volleyballengland.org)), the appropriate fee, and completed transfer certificate, if required, to the match Referees. A player will not be allowed to play unless all the above is produced. If satisfied with the completion of the form, the First Referee shall record the registration in the 'remarks' box of the scoresheet recording details of all items presented.
  - (2) The team registering the player shall forward the completed form by first class post at the conclusion of the game. The appropriate fee plus a £5.00 administration fee must accompany the registration. The match will be forfeited if the player is not registered (form & payment) within the stated time.
  - (3) Confirmation that a player's registration is with the Volleyball England Hub must be obtained if the players details do not appear on the website within 7 days of submission. Failure to obtain this confirmation will make this player ineligible to play until the completed documentation has been received.
  - (4) Teams registering players on the day of a game are making a clear and binding statement that the player is able to be registered. This means that the player involved is either an existing bona fide member of the club, is a free agent under the terms of transfer regulations, or is being properly transferred. In the case of transfer, the transfer certificate should be presented to the First Referee at the match. A player who is subject to transfer must have a completed transfer certificate present to be able to register on the day. A player in breach of this regulation will be deemed ineligible and the team forfeits any matches the player is involved in and may be subject to disciplinary action. (Player information for the preceding 2 seasons is available on the Volleyball England website or from the Volleyball England Hub).
  - (5) In case of any doubt teams should contact their Divisional Commissioner and provide written details of the facts and obtain advice.
- v. NVL Player registration details accompanied by a Volleyball England NVL Team Sheet and Bench personnel registration details are to be presented to the Scorer at least 30 minutes prior to the start of the match. Referees must check identity and validity of player and bench personnel registration details and note all irregularities on the scoresheet. A new Team Sheet must be presented for every match.
- vi. Any team found to have used ineligible players shall forfeit all matches in which such players have participated.
- vii. *If a player is not physically present at the start of the match, when Referees check the identity of the players the following shall apply:*
  - (1) Notice of the expected late arrival shall be given to the First Referee before the match begins.
  - (2) A player or coach who arrives during the match may not take part in the set in progress; they may, however, be permitted to play/ coach in subsequent sets once their arrival has been properly recorded and their identity checked.
  - (3) If the expected player or coach does not arrive, this name should be deleted from the scoresheet.
- viii. **Playing Up**
  - (1) A club, having two or more teams competing in the NVL, once having nominated the team to which each player belongs, shall be entitled to play a lower team player in that club's higher team for up to 10 sets during the current season (i.e. appearance in that set whether for 1 point or the whole set and if a Libero player, whether they enter the court or not) without the necessity of transfer. It is the Club's responsibility to notify both Referees and Scorer before the start of the match as to which players are involved. If a player is found to have played for the lower team after automatically being transferred up, then that player will be considered an unlawful player and the team will forfeit the game. During the current season, any player playing up who reaches eleven sets, or more, during a game will automatically be deemed to be transferred to the higher team. This will also apply to matches after 1st March.
  - (2) There is no restriction on the number of sets a junior player may play up. (A player is deemed a junior if they are under the age of 18 on September 1st of the current season)
  - (3) Note: 'Playing up' does not constitute a transfer, until eleven sets are reached. Cup tie provisions apply in all KO Cups.
  - (4) A club having more than one team in the same division cannot use the playing up regulation. To change teams will require an official transfer.
  - (5) When a player is automatically transferred by the playing up regulation, they may no longer play up again for the remainder of the season.

## Regulation E 7. Other team Officials

- i. At all Volleyball England matches, a team shall nominate a coach for the match. This can be either a coach, who must be registered with Volleyball England as a Coach, or a playing member (of that team). Their name and registration number shall appear legibly on the scoresheet. Only a qualified and registered Coach with Volleyball England shall be able to be recorded as Coach on the scoresheet and must present their Bench Personnel details.
- ii. In the absence of a qualified and registered Coach then the Team Captain shall assume the role. Any other authorised Bench Personnel will only be able to act as Assistant Coach, with the associated restrictions and limitations.
- iii. A Coach from another team who wishes to act as Coach for another team must be as registered as a Bench Personnel for that team.
- iv. Only team players and authorised Bench Personnel may sit on the team bench during the match.
- v. All parties on a team bench are subject to the disciplinary code of the game and must have appropriate registration details present.
- vi. The nominated Coach must produce their coach registration details at all matches and sign the team list.
- vii. For all Cup Finals and Super 8 Finals all Team Officials requiring to sit on the bench must be suitably attired, i.e. Smart, Casual, no Jeans, matching training suits, suitable footwear i.e. Trainers, Shoes, no flip flops or open toe Sandals.

## Regulation E 8. Match Officials

- i. Should only one of the appointed Referees arrive for the match, they will appoint a person to act as the second Referee. They will do this from any available persons based on qualification, registration and competence.
- ii. Should neither of the appointed Referees arrive the home team will provide both Referees for the match, and the match will be played. The responsibility for selection of Referees under these circumstances rests with the home team only. Again the most appropriate persons must be appointed considering qualification, current registration, competence and experience. A full report of the events should be sent to the Volleyball England Hub and the result will be considered by the Competitions Commission, in the light of qualifications/experience of the Referees used. Should a rematch be decided upon, the expenses may be borne by Volleyball England where Volleyball England appointed the Referees or by the home team where the home team were responsible for appointing the Referees.
- iii. Where any qualified referee fails to appear at a match, then the home team shall, within 7 days, send a report to the Divisional Commissioner and the NVL Referee Commissioner. Where an appointed referee fails to appear for a match without prior notice, this should be recorded on the scoresheet. Where an appointed official withdraws from a fixture, after giving notice, it is the responsibility of the home team to re-appoint Referees, after consultation with Referee Commission.
- iv. The scorer must be available 30 minutes prior to the match start time and complete the whole match. The team lists must be fully completed by the time the captains are called for the toss (at least 16 minutes before first service time). The scorer must complete the scoresheet before it is presented to officials for signature at the end of the match.



## Section F. After the Match

The home team is responsible for:

### Regulation F 1. Scoresheet and Match day protocol

- i. Notifying by email the Referee Co-ordinator and the Divisional / Cup Commissioner if the match did not take place or that the match was unfinished.
- ii. Sending the top copy of the Scoresheet, Libero Control sheet (as necessary), Match day protocol sheet and for Super 8s only a copy of the match day programme to the Volleyball England Hub by first class post on the first working day after the match. In the event of late arrival of this copy at the Volleyball England Hub, the date of cancellation of the first-class stamp will be used to see whether a team should be fined.
- iii. Detailed Super 8s match reports to be submitted to the Volleyball England Marketing Team by 12pm on the first Monday post-match. This is to ensure an accurate and balanced report can be circulated through the relevant communications channels, including the Volleyball England website, social media and the wider press.

### Regulation F 2. Reporting Results

Advising the match result, including match number, teams, result and set scores, to the nominated Volleyball England results service immediately after the match by telephone or SMS; if possible by 8pm. Results should be reported to Geoff Hollows on **07918 636146**.

Failure to report results on time will result in a £10 fine per occurrence.

Note: This is required so that results can be passed onto the press etc., and so that league tables etc. may be kept up to date.

## Section G. Penalties, Protests and Appeals

It is anticipated that teams will abide by both the letter and the spirit of these competition regulations and the Official Volleyball Rules and that defeat will not be seen as an excuse for making a complaint.

Before making any decision, Commission members must declare an interest in any matter that they are remotely associated with.

Following the decision of the relevant Commissioner all parties have a right to appeal the decision. [See G 6.](#)

### Regulation G 1. Penalties

- i. Penalties can be applied to all breaches of the regulations. Where not actually stipulated in the regulations, the penalty will be determined by the Commissioner for the event.
- ii. In the Super 8s Divisions, breaches which result in a game not being played and/or forfeited will have a minimum fine of £500 and a review by the Competitions Commission as to the future of that Team within the League. The defaulting Team can also be deducted 3 league points.  
In Divisions 1, 2 and 3 breaches which result in the fixture not being played and/or forfeited can have a minimum fine of £100 for a first offence, £200 for a second and any subsequent offence and a review by the Competition Commission as to future of that Team.  
In Divisions 1, 2 and 3 where a Team fails to play either of its last two fixtures of the season the fine can be £200, (A set of triangular matches equals one fixture).
- iii. Breaches of safety conditions where the referee allows the game to take place will have a maximum fine of £100.
- iv. Breaches that bring the game into disrepute will have a minimum fine of £50.
- v. Breaches which interfere with the running of the event will have a maximum fine of £50.
- vi. Administrative failures will incur a fine of £20 for each offence. Administrative fines will be notified by the Volleyball England Hub.
- vii. Failure to pay any fine levied within the timescale stated will be reported to the Competition Commission who will consider imposing further sanctions including, but not limited to, financial penalties, points deduction, relegation or expulsion.
- viii. Should, during the season, a team be issued with a fine an invoice will be sent to the Team addressed to the Team Secretary. This must be paid within 21 days from the date on the invoice.

### Regulation G 2. Administrative Disputes

Disputes relating to administrative matters and interpretation of competition regulations shall be the responsibility of the Competitions Commission.

- i. Disputes arise only where teams are unable to resolve difficulties amicably between themselves, and they are urged to make every endeavour to do so. It is intended that matches should be decided on the court of play. Therefore, in all but the most exceptional administrative cases, and unless a penalty is otherwise stipulated, any team found to have broken the regulations will be fined, and their match result may stand. However, teams must be aware that breaches of the Regulations may mean forfeiture of matches.
- ii. The Competitions Commission, however, has the right to deduct points, fine and suspend any team should the situation warrant it.

### Regulation G 3. Technical Disputes

Those relating to the match itself under areas covered by the match Referees.

- i. If, prior to the start of a match, a dispute arises, this should be noted on the scoresheet by the Scorer (under the direction of first referee) in the 'remarks' section before the match commences. If no such entry is made, it is assumed that up to that point all events and conditions are satisfactory. The referee may also note at this point any breaches of competition regulations.
- ii. *If, during a match, a dispute arises, the first referee's decision is final. Any legitimate protest is to be recorded on the scoresheet after the end of the match by the scorer (under the direction of the first referee)*
- iii. All disputes must be referred in writing to the Volleyball England Hub as soon as possible prior to the scheduled match date, or within five days after the match took place. Disputes beyond this period shall not be entertained.
- iv. A party to a match wishing to make a protest to the Volleyball England Hub must also copy their protest to their opponents and the referees, within five working days of the match, so that they may give their account.
- v. Following the submission of these documents a decision on the dispute will be made by the Commissioner responsible.
- vi. Any party that disagrees with the decision of the Commissioner has the right to Appeal the decision.

## Regulation G 4. Remarks on the Scoresheet

- i. Comments relating in any way to the competence of the match Referees must not be recorded on the scoresheet.
- ii. Any complaints about the competence of the officials must be forwarded within 5 days of the match: -
  - (1) Where the Official(s) is/are unqualified, the Competitions Commissioner will deal with the dispute.
  - (2) Where the Official(s) is/are qualified then any protest will be dealt with by the Referee Commission. Any comments should be sent to the Volleyball England Hub.

## Regulation G 5. Protests

- i. All disputes must be referred in writing to the Volleyball England Hub as soon as possible prior to the scheduled match date, or within five days after the match took place or when the decision was made. Disputes beyond this period shall not be entertained.
- ii. A party to a match wishing to make a protest to the Volleyball England Hub must also copy their protest to their opponents and the referees, within five working days of the match, so that they may give their account.
- iii. Following the submission of these documents a decision on the dispute will be made by the Commissioner responsible.
- iv. Only disputes regarding the technical application of the Regulations and Rules will be considered. This does not cover the award of Red Cards.
- v. Any party that disagrees with the decision of the Commissioner has the right to Appeal the decision.

## Regulation G 6. Appeals

- i. On filing an appeal with the Volleyball England Hub against the decision of a Commissioner, a copy of the appeal shall be sent to any other affected party at the time of submission. A deposit of £100 must be paid when lodging any appeal, with such deposit to be returned in the event that the appeal is successful. The Volleyball England Hub should give out the relevant documents to each affected party. No appeal will be considered unless a copy of the appeal submission and the £100 deposit is received by Volleyball England with the 14-day deadline.
- ii. The Volleyball England Hub will issue written confirmation of acceptance of the appeal.
- iii. The Competitions Commission will respond within 5 working days with details of the hearing, which will normally be a minimum of a further 10 days hence, to enable any documents to be submitted and circulated.
- iv. The appeal should be heard by the Competitions Commission within 28 days of receipt, and such appeal shall be chaired by the President of the Competitions Commission, or their appointed deputy, and each Commissioner shall be able to ask any party questions concerning the subject of the appeal.
- v. The appeal panel will normally consist of at least 3 Competitions Commissioners who will either sit in person or by conference call. In exceptional circumstances the panel may sit with two Commissioners. Any Commissioner with a personal or prejudicial interest will not be allowed to sit on the panel.
- vi. Any party to an appeal shall have the right to an oral hearing (face to face or via conference call).
- vii. Any party wishing to refer to any document or letter shall submit copies of such items to all parties concerned at least 7 days prior to the appeal being heard. All parties will have a right to reply within a deadline of 3 days
- viii. At the conclusion of the appeal hearing, the Chair shall announce the decision, but shall be entitled to reserve the decision for further consideration and later announcement/communication to the parties.
- ix. Failure to comply with these procedures may result in a further fine being imposed by the Competitions Commission.
- x. No appeals of any description whatsoever shall be considered unless filed within 14 days of notification of the original decision and the relevant deposit paid. Original decisions are those made by the Commissioner at the time and on the available information. Once the decision is made no further information will be considered, nor decisions reviewed, except under appeal. Therefore, teams are reminded that they must submit all information for consideration when asking for a Commissioner ruling.

## Regulation G 7. Judicial Panel

- i. There shall be a right of appeal of the decision of the Competitions Commission to the Volleyball England Judicial Panel. Any appeal must be submitted to the Volleyball England Hub within 14 days of the Appeal decision date and be accompanied with a £100 deposit. Timescales for the Judicial Panel Review will be notified by the Chairperson of the Judicial Panel.

## Section H. Misconduct

### Regulation H 1. Sanctions

The first Referee will ensure that all sanctions issued to players, coaches and authorised bench personnel are recorded on the scoresheet.

### Regulation H 2. Disqualification

In the case of expulsion or disqualification, the first referee will submit a full report (RC9) to the Volleyball England Hub and to the NVL Referee Commissioner after the match.

### Regulation H 3. Penalty Points

(These do not apply to delay sanctions)

- i. A player, coach or authorised bench personnel who receives a penalty for misconduct (red card) will be charged 3 disciplinary points.
- ii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for repetition of a misconduct offence during the match will be charged 5 disciplinary points
- iii. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) for a single offence during the match will be charged 5 disciplinary points
- iv. A player, coach or authorised bench personnel who is expelled (red and yellow card jointly) following a penalty for a different offence during a match will be charged 5 disciplinary points. These five points are in addition to the 3 disciplinary points where a person has received a previous penalty.
- v. A player, coach or authorised bench personnel who is disqualified (red and yellow card separately) during a match will be charged 9 disciplinary points. Where disqualification results from aggressive conduct, these 9 points will add to any previous disciplinary points received during the match. If disqualification occurs as a result of other misconduct following an expulsion, the 9 points will replace the 5 points awarded for expulsion.
- vi. If disqualification occurs due to aggression, then a minimum 1 match suspension will be incurred. This matter will then be automatically referred to the Disciplinary Sub Committee ([See Regulation H7](#))

### Regulation H 4. Suspensions

- i. The following penalties shall apply when a player, coach or authorised bench personnel accumulates disciplinary points in the same season:

8 disciplinary points	-	1 match suspension
16 disciplinary points	-	a further 3 match suspension

It is the team's responsibility to ensure that suspended players do not participate in matches.

- ii. The points are cumulative during the season and anyone receiving additional disciplinary points shall have their case reviewed by the Disciplinary Sub Committee. The Sub Committee shall be entitled to impose further penalties, as it deems appropriate. The Sub Committee may require the attendance at an appropriate meeting of any player, coach or authorised bench personnel concerned. Equally, the person concerned has the right to attend or be represented at any meeting discussing their case.
- iii. A Player, Coach or Authorised Bench Personnel shall have the right of appeal to the Competitions Commission from the decision of the Disciplinary Sub Committee.
- iv. Player suspensions apply to the next fixture played in any competition covered by these regulations. All matches in which a suspended person participated will be forfeited. Such suspensions must be for either the same team or, if transferred, the new team in such competitions. The onus rests with the team to ensure that the suspension is served correctly.
- v. In the case of triangular fixtures, both matches will count as one fixture and the suspension will take effect in the first match of the next fixture.
- vi. Coaches and Authorised Bench Personnel who receive suspensions will serve their ban in their next scheduled League / Cup match with the team they accumulated the points with regardless of their role within that team.

Note: Any person who is required to serve a suspension cannot attend the suspended match(es) under another team role (E.g. a Coach/Bench Personnel who is serving a suspension cannot attend the suspended match as a player and vice versa)

- vii. Disciplinary points shall not carry forward from one season to the next. If suspensions have to be served and there is no opportunity to do so in the current season, then such suspension shall be served in the next available match/matches of the following season.

## Regulation H 5. Illegal Approaches

- i. No official from any other club shall approach a player with a view to inducing them to leave that club, unless permission has been granted in writing by a duly authorised representative of the club for which the player is currently contracted or licensed.
- ii. This restriction applies to all club Officials, including coaches and players or other persons acting on behalf of or purporting to act on behalf of a club. Infringements of this regulation will be referred to the Disciplinary Sub Committee as being liable to bring the game into disrepute and may be dealt as misconduct.
- iii. The Competitions Commission shall receive any allegations of breaches of this regulation. The Commission shall have the right to seek evidence and testimony from all parties involved, and a record of all complaints made shall be kept and reviewed.
- iv. Where it is felt there is a case to answer, it shall be referred to the Disciplinary Sub Committee for investigation and resolution. Sanctions may include reprimand, fine or suspension. No transfer will be approved until the conclusion of the disciplinary process.
- v. Coaches are reminded of their obligations under their Code of Conduct.
- vi. If a player approaches a club seeking transfer, without a player release certificate, the club which the player seeks to join must notify the existing club of the player concerned in writing within 7 days. An infringement of this regulation would be referred to the Disciplinary Sub Committee as being liable to bring the game into disrepute.

## Regulation H 6. Disciplinary Sub Committee

- i. The Disciplinary Sub Committee shall consist of members nominated by the Competitions Commission and/or the Referee Commission. A member of Competitions Commission shall chair the Disciplinary Sub Committee.

## Regulation H 7. Conduct

- i. The Disciplinary Sub Committee is empowered to discipline a player, coach, club, team or team follower whose actions are considered to bring the game into disrepute. The Sub Committee is empowered within its absolute discretion to suspend or fine a coach, player, club or team in circumstances where it considers it appropriate. These provisions apply to NVL/KO Cup Competitions, Student, Beach tournaments and any other competition in which Volleyball England registered players may participate. The Referee Commission is responsible for any disciplinary action relating to match Referees.
- ii. The Disciplinary Sub Committee, Competition Commission or Volleyball England Judicial Panel is empowered to discipline any registered player, coach, club, team or team follower. The penalties imposed shall be within the absolute discretion of the Disciplinary Sub Committee, Competition Commission or the Judicial Panel as appropriate.
- iii. Club Officials and NVL Referees must respond, within a reasonable specified period of time, to legitimate requests for information made by the Volleyball England Hub, Competitions Commission or Referee Commission when conducting preliminary investigations. Failure to do so may result in a fine and will be taken into consideration when complaints and appeals are being considered.
- iv. The Disciplinary Sub Committee shall be entitled in its absolute discretion to impose penalties for the following:
  - (1) Aggressive behaviour to players/spectators
  - (2) Aggressive behaviour towards Referees
  - (3) Threatening behaviour
  - (4) Abusive conduct
  - (5) Behaviour likely to undermine the authority of match Referees
  - (6) Conduct likely to bring the game into disrepute
- v. In the event of the Sub Committee considering alleged behaviour as above, then the player/coach/club official/ spectator may be required to attend a disciplinary hearing.
- vi. There shall be a right of appeal to the Volleyball England Judicial Panel of any decision made by the Disciplinary Sub-Committee



## Section I. End of Season

**Regulation I 1. Any club or team not entering for the ensuing** season must notify the Competitions Commission at least 2 weeks prior to the end of the current NVL season; otherwise all fees and goodwill deposit will be retained.

**Regulation I 2. Teams are required to notify the Volleyball England** Competitions Department of players registered at the start of the season, who no longer play for that team.

### Regulation I 3. National League positions

- i. In the Super 8s, three points will be awarded to the team winning a match should the score be 3-0 or 3-1. Two points will be awarded to the winning team and one point to the losing team should the score be 3-2.
- ii. In all other Divisions; three points will be awarded to the team winning a match, one point to the losing team, no points for a null and void or forfeited match.
- iii. In Divisions 1-3, any team forfeiting a match will be deducted 1 point and their opponents will be awarded 3 points and the match 3-0 25-0, 25-0, 25-0.
- iv. In the event of a tie at the end of the season in the Super 8s division, the teams will be classified in the order of:
  - (1) Set quotient; number of total sets won / number of total sets lost
  - (2) Point's quotient; number of total points scored / number of total points conceded (during all sets)
- v. In the event of a tie at the end of the season in all other divisions, the teams will be classified in order of the:
  - (1) Number of matches won
  - (2) Sets for less sets against
  - (3) Points for less points against
- vi. If two teams are still tied, they will be classified in terms of the matches between the two teams.

### Regulation I 4. Promotion and Relegation

This regulation covers all NVL Divisions, Men and Women. Promotion and relegation is as follows:

- i. Should teams drop out of any of the Divisions during the season, then the Competitions Commission reserves the right to alter the Promotion/Relegation issues. The Commission reserves the right to favour teams from higher divisions.
- ii. If teams do not fill their respective places in the NVL in the following season, the Competitions Commission will fill those places with existing teams.
- iii. Dates of all play-off matches will be detailed in the Volleyball England calendar.
- iv. All teams in a promotion position must take their place in the appropriate division if permitted to do so by other regulations. However, in exceptional circumstances the Competitions Commission may review the situation if a written submission is received by 1st May during the current season.
- v. **Men's and Women's Super 8s**
  - (1) The winners of the Division will win the League Title.
  - (2) The team finishing 7th in the Super 8s will playoff against the 2nd placed team in Division 1. The winner will play in the Super 8s in 2018-19 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
  - (3) The team finishing 8th will be relegated to Division 1 for 2018-19.
- vi. **Men's and Women's Division 1**
  - (1) The winners of the Division will be promoted to the Super 8s for 2018-19.
  - (2) The team finishing 2nd will play off against the 7th placed team in the Super 8s. The winner will play in the Super 8s in 2018-19 and the losers in Division 1. This match will be played at a central venue organised by Volleyball England with the costs shared.
  - (3) The team finishing 8th in Division 1 will playoff in a triangular against the two 2nd placed teams in Division 2. The winner will play in Division 1 in 2018-19 and the losers in Division 2. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
  - (4) The teams finishing 9th and 10th will be relegated to Division 2 for 2018-19.
- vii. **Men's and Women's Division 2 North**
  - (1) The winners of each Division will be promoted to Division 1 for 2018-19.
  - (2) The 2nd place team in the Divisions will playoff in a triangular against the 8th place in Division 1 and the 2nd place team in Division 2 South. The fixture will take place at a central venue organised by Volleyball England with the costs shared. The winner will play in Division 1 in 2018-19 and the losers in Division 2.

- (3) The team finishing 8th in Division 2 North will playoff in a triangular against the 2nd placed teams in Division 3 North and Division 3 Central. The winner and 2nd placed team from the triangular will play in Division 2 in 2018-19 and the 3rd placed team will play in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
- (4) The team finishing 9th and 10th will be relegated to Division 3 for 2018-19.
- viii. **Men's and Women's Division 2 South**
  - (1) The winners of each Division will be promoted to Division 1 for 2018-19.
  - (2) The 2nd place team in the Divisions will playoff in a triangular against the 8th place in Division 1 and the 2nd place team in Division 2 North. The fixture will take place at a central venue organised by Volleyball England with the costs shared. The winner will play in Division 1 in 2018-19 and the losers in Division 2.
  - (3) The team finishing 8th in Division 2 South will playoff in a triangular against the 2nd placed teams in Division 3 South East and Division 3 South West. The winner will play in Division 2 in 2018-19 and the losers in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
  - (4) The team finishing 9th and 10th will be relegated to Division 3 for 2018-19.
- ix. **Men's and Women's Division 3 North and Central**
  - (1) The winners of the Division will be promoted to Division 2 for 2018-19.
  - (2) The teams finishing 2th in Division 3 North and Division 3 Central will playoff in a triangular against the 8th placed team in Division 2 North. The winner from the triangular will play in Division 2 in 2018-19 and the losers will play in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.
- x. **Men's and Women's Division 3 South East and South West**
  - (1) The winners of the Division will be promoted to Division 2 for 2018-19.
  - (2) The teams finishing 2nd in Division 3 South East and Division 3 South West will playoff in a triangular against the 8th placed team in Division 2 South. The winner will play in Division 2 in 2018-19 and the losers in Division 3. The fixture will take place at a central venue organised by Volleyball England with the costs shared.

## Regulation I 5. European Competition Entry

- i. If teams are considering entering European Competitions, teams must indicate their intention in writing to the Competitions Commission by 1st April.



## Section J. Regulations for Specific Competitions

### Regulation J 1. Volleyball England K.O. Cup

- i. Entry is included for all N.V.L. teams and is open to all affiliated clubs.
- ii. Clubs are to ensure that they keep the scheduled dates for the Cup and Shield free of local League fixtures; failure to do so will not be an acceptable reason for playing on a different date to that scheduled.
- iii. No player may play for more than one team under any circumstances.
- iv. Players must be registered with their respective clubs. Non-NVL teams whose players cannot produce a Local League player registration (photo) card must provide a list of all players who will play in the Competition to the [competitions@volleyballengland.org](mailto:competitions@volleyballengland.org) at least a week prior to playing in the competition. This will need to be verified by the Local League, and email confirmation will be provided to the team. Teams must present the email approval to the match officials, and players must produce photo ID (e.g. Passport, Driving Licence) to verify their identity at the match.
- v. An NVL registered player may choose to play for a non NVL team in the Cup different from the club/team which holds his / her NVL registration, provided:
  - (1) The NVL team agrees and is not left with less than eight players to compete in the cup competition themselves;
  - (2) It is the non NVL team that the player plays for in the local / regional league.
  - (3) Where this regulation is abused, the player and team(s) involved will be subject to disciplinary action.
  - (4) "Amalgam" teams must be able to demonstrate some common affinity e.g. playing in the same local league, or living in the same geographical area. Any doubts over eligibility must be clarified with the relevant Cup Commission or the Volleyball England Competitions Department .
  - (5) NVL registered players cannot play for another NVL team, other than the one that holds their registration at the time of the fixture, and subject to "cup tie" regulations.
  - (6) NVL teams may contain non-NVL registered players subject to that player having an affinity with that team i.e. a player from the same Club.
- vi. To take part in the semi-final or final, a player must either have taken part in a previous round for their team or have been registered with the team from before the first NVL game of the season. Non NVL teams may register players up to, and including, the day of the Quarter Finals.
- vii. All clubs/teams are required to play their allocated fixture(s) on the date(s) specified by the Competitions Commission.
- viii. Teams defaulting from National Competitions may be debarred from such competitions for a period of one year.
- ix. If a team withdraws after the draw, the Competitions Commission reserves the right to amend the draw.
- x. Teams who are eliminated from the Volleyball England K.O. Cup at designated rounds shall be entered into the Volleyball England Shield as advertised by the Competitions Commission, with the exception of Super 8s Teams who will not be entered into the Shield.
- xi. Shirt numbers must be numbered between 1 and 20
- xii. Matches must be played on the scheduled date unless agreed in writing by the Cup Commissioner.

## Section K. Instructions to Referees

### Regulation K 1. Instructions to Referees

- i. Referees who have not received a match confirmation by 7 days prior to the match should contact the Volleyball England Hub or relevant Divisional Commissioner for advice. ([Regulation D1. viii](#) refers)
- ii. First referees are required to notify the Competitions Commission of any inadequacies in playing conditions by recording them on the scoresheet. ([Regulation D 1](#))
- iii. First referees who issue an expulsion or disqualification penalty are required to submit a report to the Volleyball England Hub and NVL Referee Commissioner after the match. ([Regulation H 2.](#) refers.)
- iv. First referees should ensure that any legitimate protest is recorded in the Remarks box of the scoresheet at the first opportunity after the event arises. ([Regulation G 3. ii](#) refers).
- v. Referees should not allow anyone other than the scorer or themselves to write in the Remarks box of the scoresheet.
- vi. Referees should only allow players, coaches or bench personnel, in possession of a valid, current registration for that team, to sit on a team bench or otherwise participate in a match. ([Regulation E7. iii](#) refers)
- vii. Where the second match of a Double Header involves a change of Net Height then the 30-minute warm up shall start from when the new net height has been set and confirmed by the Referees,
- viii. Referees who do not get paid promptly i.e. on the day and have not agreed to be paid via BACS should contact the relevant Divisional Commissioner. ([Regulation D3.](#) refers)
- ix. Referees are requested to record on the scoresheet if an incorrect match ball is used. ([Regulation D1. vi](#) (5))

Note: Player registrations and transfers cease as of 1st March unless in exceptional circumstances where permission is granted by the Divisional Commissioner prior to the match. ([Regulation C1.iv](#) & [Regulation C3. i](#) refers.)

## Section L. Anti-doping (Drug Taking) Regulations

**Regulation L1.** All players and participants are subject to the anti-doping rules and regulations of the English Volleyball Association.

**Regulation L2.** A copy of the Volleyball England Anti-Doping Rules and regulations for doping control is available on request from the Volleyball England Hub.

**Regulation L3.** Doping Controls may be carried out at any time during or out of competition.

**Regulation L4.** Competitors under the age of 18 are required to submit a duly completed and signed parental/guardian consent form agreeing to the competitor's participation in doping controls as a condition of eligibility for participating in the competitions governed by these regulations. This form must be submitted with their competition registration form (a pro-forma consent form is available from the Volleyball England Hub).

**Regulation L5.** Any player or participant providing a positive sample or violating the anti-doping rules and regulations will be subject the sanctions imposed by the appropriate authorities.

The Executive Board may take action against any registered participant, administrative group, commission, sub-committee, sponsor or affiliated organisation that it deems to have brought the Association into disrepute or have committed an act of misconduct as defined by the Anti-Doping Rules.

The Association shall take action, in accordance with its Anti-Doping Rules, against those of its membership found to have contravened the Anti-Doping Rules which comply with the World Anti-Doping Code and FIVB or their successors, in force at the time of the offence.

## Section M. Blood Injuries

**Regulation M1. A player is not allowed to play with a bleeding wound**, regardless of the seriousness of the injury. Any blood on a player's skin, playing kit, floor or equipment must be dealt with immediately. Referees should stop the game immediately after realising that blood is an issue, and instruct the player to receive the appropriate medical intervention to stem the blood flow, and clean any blood from the player, and the floor / equipment, as required. Safe and sterile cleaning materials must be used at all times. It is the team's responsibility to clean any blood from the floor / equipment.

Although the player does not have to be substituted immediately they should leave the court for treatment. An assessment of the likelihood of the player returning within 3 minutes (in blood free kit) should then be made. During this period the floor and any equipment should be cleaned.

If the bleeding has stopped and the player is in blood free kit then the match should resume as soon as it is possible. If the blood flow cannot be stemmed, or dealt with within the 3-minute period then the player may have to be substituted legally or exceptionally. This may, in time, mean teams taking their time outs to prolong this period. If a player does not recover and a substitution cannot be made in accordance with Rule 15.5 - 15.10 then the team will be considered incomplete.

It is recommended that Teams equip themselves with a small box with disposable gloves, antiseptic wipes, disinfectant, cloths and nappy sacks for safe disposal. All contaminated material including any used gloves should be doubled bagged before appropriate disposal.

## Section N. Minimum Operating Standards

Minimum Operating Standards are detailed below to work towards driving up the standards of delivery of the National League. The aim of the MOS are to increase the presentation of matches, increase participant satisfaction and create an aspirational pathway through the leagues.

### **Substitution Equipment**

All NVL matches will require paddles and buzzers to be provided by the home team for all matches.

Paddles – each team will be required to have two sets of paddles numbered 1-20.

Buzzers – the minimum requirement for these is one buzzer to be used by the scorer to indicate substitutions and Technical Timeouts.

### **Kit**

Super 8's & Division 1 All kit (shirts & shorts) must be uniform as per the current rules.

All teams will be required to wear shirt numbers 1-20 for matches as per FIVB rules (as per previous communication).

Shorts do not have to be numbered but all have to contain no number or all have to contain the player number.

Division 2 & 3; All shirts must be uniform as per current rules; all shorts must be the same colour.

### **Match Programmes**

All Super 8's teams are encouraged to produce programmes for all home matches and a copy is to be sent to Volleyball England Hub along with the Scoresheet.

A template for these will be sent out to all NVL teams for use if required.

The programmes must contain the following:

- National League & Volleyball England Logo
- Match Number, Division, Date & Time, Team Names
- Venue
- Squad names & numbers

### **Match Reports**

All Super 8s & Division 1 home teams are encouraged to send to Volleyball England a 200-word match report by 12noon on Tuesday following match for publication on the Volleyball England website.

Volleyball England is looking for a volunteer for each division to act as a Match Report Coordinator. This doesn't have to be a player or coach, just a willing volunteer. These volunteers would receive free player registration, 2 free tickets to the National Cup Finals and a free ticket to the Annual Awards Evening.

### **Team Lists**

All divisions – Teams are to present the scorer with a Team List specifying Players Name, Shirt No. and Registration No., and any Libero Player(s).

Non-compliance with the MOS will be subject to a fine under [Regulation G1](#).; repetitive non-compliance will be reviewed by the Competitions Commission.

## Section O. Sports Betting

### Regulation O1. Sports Betting

- i. No player or club/team representative shall place or attempt to place a bet on a match or other event or competition in which they or their club participates.
- ii. No player or club/team representative shall solicit or facilitate, or attempt to solicit or facilitate, another person to bet on a match or other event or competition in which they or their club participates.
- iii. No player or club/team representative shall offer, or attempt to offer, a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- iv. No player or club/team representative shall receive, seek or attempt to receive or seek a bribe in order to fix or contrive a result or the progress of a match or other event or competition in which they or their club participates.
- v. A player or club/team representative shall report any approach or other activity which contravenes, or which may contravene, the sport's rules on betting to their respective commissioner, co-operate with any investigation and/or request for information including the provision of documentation (e.g. telephone/betting records to officials engaged in the investigation of suspected integrity issues in the sport in relation to betting)
- vi. A player or club/team representative shall perform to the best of their ability in any match or other event in which they participate in.
- vii. Any breach of this regulation will be dealt with under [Regulation H 7 Conduct](#).

## Section P. Appendices

### Appendix A – Procedure for Player Transfers

1. Volleyball England will supply the form on request to a team/club secretary or registered player.
2. The new club will sign the Transfer Certificate and relevant sections of the form, and the player will also sign the form indicating consent to transfer.
3. The player can obtain their release from their existing club, prior to approaching the new club
4. The signed form is then sent to the Volleyball England Hub.
5. If the Release section has not been completed, the Volleyball England Hub will forward to the releasing club, on receipt.
6. The releasing club has 7 days from dispatch of the form by the Volleyball England Hub to sign and forward the completed form to the Volleyball England Hub. The date will be verified by postmark of the envelope received at the Volleyball England Hub. Failure to sign and return the form within 7 days without proper notification to the Competitions Commission or reasons for objection will result in a fine of £20.00 and thereafter, such penalty as the Competitions Commission may decide. Failure to sign and return the form and/or failure to give proper notification will result in the player being transferred irrespective of the lack of consent.
7. The releasing club will then have a further 7 days to produce written evidence to support their refusal to release.
8. There will be a £21.00 transfer fee for administration work involved.
9. Releasing clubs should refer to [Regulation C 3](#) regarding reasons for objecting to the proposed transfer.

#### NOTES:

The Competitions Commission is empowered to approve transfers, provided that the documentation is complete and in accordance with the above.

The Volleyball England Hub will have an initial request for transfer and within seven days, either a completed form of agreement by the releasing club or notification as to why the transfer is being objected to. Should neither of these be presented within a further five days then the transfer will be deemed to have been completed. The onus is on the club holding the player registration to advise of any reason why the transfer cannot be completed as requested.

Once the Volleyball England Hub has obtained the written agreement of all parties involved, or in the absence of documentation within specified timescales, the transfer will be approved. A current club refusing to release a player MUST provide proof of indebtedness or contract within five days of receipt of form. In the event of dispute, the Transfer and Contract Registration Sub Committee of the Competitions Commission will decide.

## Appendix B - Player Contracts

1. Where a Club and player enter into a form of contract, then such contracts shall be registered within 14 days of execution by both parties, by sending a certified copy to the Volleyball England Hub. The Volleyball England Hub will provide an acknowledgement of registration by issuing a contract number.
2. Any such contract must amongst other things provide for commitment from the club concerned to:
  - provide proper and adequate coaching facilities
  - provide proper and adequate match facilities
  - ensure due entry to the National League and K.O. Cup
  - conduct its affairs in a proper manner as required from time to time by the Competitions Commission.
3. Such contract must amongst other things provide for commitment from the player to:
  - train as directed by the club's appointed coach
  - attend matches as required by the club's appointed coach
  - adhere to club rules (a copy of which must be supplied to the player)
  - observe the code of conduct as laid down by the Competitions Commission.
4. Any such contract must be for a stated and limited period and cannot be for more than 2 years. On expiry of such contract, a player shall be free to transfer to another club, subject to the provisions concerning transfers.
5. In the event of dispute between a player and club, then either party may apply in writing to the Competitions Commission for relief. Such application must give basic details of the dispute stating the breaches of contract alleged. A copy of any application made to the Competitions Commission must be sent at the same time to the parties involved. The Competitions Commission shall if requested by either of the parties concerned hold an oral hearing. In the event of an oral hearing then the parties concerned must file at the Volleyball England Hub 7 days prior to such hearing a list with copies of all correspondence notes and written material to which reference is to be made.
6. The Competitions Commission shall be entitled in the event that the club is at fault to release the player from the terms of the contract and to permit (in its absolute discretion) the transfer of such player to another club. Such relief shall only be granted in circumstances where there has been a lack of proper commitment from the club in fulfilling its obligations under the terms of contract.



## Appendix C - Pre Match Protocol

	The total warm-up will last for 30 minutes. <i>Prior to the start of the 30 minutes the Home Team</i> prepares the court (See NVL <a href="#">Regulation D 1</a> ) and erects the posts and net. NOTE: The preparation of the court and the correct erection of the net is <i>not</i> the responsibility of the referees; they are only responsible for checking the facility and equipment. The NVL warm-up protocol is as follows:	
a)	- 45 mins	Referees courtside and in uniform.
b)	- 30 mins	Net ready for initial height check by Referees. Home team to adjust net height if necessary
c)	- 30 mins	Scorer to be present. Team and Referee registration details submitted to the scorer. Scorer commences scoresheet.
		Home team provides the match balls. Second Referee checks match balls conform to the rules and are at the correct pressure.
d)	- 15 mins	First referee calls team captains to the scorer's table and checks whether captains agree for their teams to share the net warm-up, or whether one team prefers separate warm-ups. (Rule 7.1.3)
		NOTE: (i) A captain still has the right to ask for separate warm-ups up to the time of the whistle to begin the warm-up. (ii) If it has not already been established teams should confirm whether they will be using a Libero and, if so, whether the Libero is likely to replace the team captain. In the latter case, it is helpful if referees are informed who is likely to be the game captain in such situations. (iii) In Divisions 2/3 and Cup/Shield matches it is to be confirmed if TTOs are not to be used.
		The toss is taken in the presence of the two <i>team captains</i> . Each captain will be allocated a side of the coin which shall be caught and not allowed to hit the floor
		After the toss, team captains go to the scorer's table to sign the scoresheet. The scorer is informed of the result of the toss.
e)	- 14 mins	Both coaches check and sign the scoresheet <i>If they have not already done so, all players change into <u>full</u> playing kit prior to the net warm-up.</i>
f)	-13 mins	Presentation of teams. Teams to line up on the side lines near the scorer's table from the third meter line towards the respective baselines. On the first referee whistle 12 players to enter the court lining up laterally in the middle of the court facing (the scorer table or the main TV camera). Referees to walk towards the first referee chair. The players of the two teams shake hands and return to their respective benches. Referees to return to the scorer's table.
g)	- 12 mins	Begin official net warm up: this takes the format of 4 minutes through position 4, then 4 minutes through position 2, then 2 minutes serving – but this can be varied, if both teams agree.
		(If one team chooses to warm up separately then the serving team will have the court for the first 5 minutes. The receiving team should remain at their bench. NOTE; They are not allowed to use balls or any part of the free zone for warming up.
		Coaches submit line up sheets for the first set to the second referee. <i>The line-up sheet must have the <b>name of the team</b> and the <b>set number</b> and must be <b>signed by the coach</b>, not the assistant coach. <b>It is no longer obligatory to include the Libero on the line up sheet for the first set.</b> The 'Libero' is only excluded from the match if he/she is not named in the space provided on the scoresheet.</i> Second referee ensures that the scorer has both team line-up sheets. Scorer must ensure each team does not see the opposition's line-up sheet or the line-up recorded on the scoresheet.
h)	- 2 mins	First referee whistles to signify the end of the warm-up. Referees ensure all is in order and ready for commencement of play. Line judges go to their positions.
i)	- 1 min	First referee goes to the stand. Second referee stands at the post on their side of the court. The first referee calls teams to line up on their baseline, then onto the court. Second referee checks each team's line up. Libero may not enter the court until his/her team line up has been checked.
j)	0 min	Start match

## Appendix D - Expectations for Volleyball England sanctioned matches

Note - Clubs are responsible for the conduct of their players, parents/carers of players, coaches, technical officials, volunteers and spectators.

No person/s attending a match shall:

- a. Use offensive or obscene language to any player, coach, referee, technical official or other spectator or anyone else present;
- b. Enter the field of play during the course of a match without the prior approval of the court manager appointed by the home club and/or league;
- c. Dispute the decision of a match official either during or after a match;
- d. Assault or act with aggression to any person/s;
- e. Behave in a way contrary to the spirit of the game;
- f. Behave in a way which disturbs the enjoyment of the match by any other person/s, or brings discredit to the home club, away club and/or league and/or the game of volleyball;
- g. Act in such a way as to exhibit intolerance towards individuals or groups, due to their gender, age, race, disability, religion, faith, sexual orientation or any other visible or non-visible difference, either by language or other conduct, to any other person/s;
- h. Refuse to accept the reasonable direction of the court manager, official of the home club and/or league, or official of the team/club which that person/s is supporting.

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