



## March 2020 / Issue: 347

Hi <<First Name>>

Plenty of news around at the moment and a reminder that SW Champs entries open this Saturday.

We have not been able to reach everyone so far about the new newsletter mailing list, so please forward on and pass around your club etc.

Click to [Subscribe](#)

Regards

Dave Reece

SWVA

Past Newsletter: <https://www.swva.org.uk/newsletter>

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## Volleyball Futures Cardiff



Cardiff Celts VC are running a free junior coaching clinic on Sat March 28, 10am to 1pm at USW in Pontypridd (poster attached) in association and funded by Volleyball England as part of their Volleyball Futures Initiative in the SW regions.

#### Volleyball Beginners Coaching Clinic Poster

It is for both beginner players AND teachers/coaches and it is aimed at boys & girls age 8 to 14. The event is ALSO for teachers, coaches, etc to show/teach them how best to introduce the game of volleyball to beginners.

The aim is to support and encourage more schools, youth groups etc to be able to introduce volleyball to the children where they are. The lead coach is a volleyball England staff tutor. And he will be teaching the adults how to introduce the fundamentals of volleyball in a fun and game-like way.

The event is free to attend. It would be great if we could get as many interested parents, coaches and teachers as possible to this event. I would be very grateful if you could circulate it amongst your club members, local schools and anyone that you think might be interested. Please come yourself!

At the event I am keen to promote all the local Volleyball Clubs so that any children interested in playing more volleyball can join the club that is nearest to them and/or on a day that is convenient. It is not about Cardiff Celts solely promoting our junior sessions.

To book – both for the players and the adults – please ask them to email me. Places are limited to about 24 coaches/teachers (adults) and 30 players

Best wishes

Kate Falkner [kate@katefalkner.com](mailto:kate@katefalkner.com)

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## **SW Champs Entries – Open 7th March at 10am**



This year's SW Champs entry procedure has now been confirmed by the SW committee. A maximum of 28 teams can enter the SW Championships and places will be allocated in two rounds until the event is full on a first come first served basis. Existing South West and National League teams will be given priority under Round One. All other teams within the SW region can enter under Round Two.

#### **Round One:**

- Round One will open at 10am on Saturday 7th March for all SW League and VE National League teams.
- Clubs can enter up to two teams per gender from their existing NVL and SW League teams.
- All entries will be via an online form on the SWVA web site (first come first served).
- Once received, payment details will be emailed shortly afterwards (BACS, Paypal or Cheque), payment must be received before Round Two opens to confirm your place under round One.

#### **Round Two:**

- Round Two will open on Saturday 14th March at 10am, for all teams located within the SWVA region from the SW, NL, Local, BUCS and SW Crown Services programs.
- Clubs limited to a max of two qualifying teams per gender under round one, can now enter a third or fourth qualifying team if required (note all teams entered must be playing this season in NVL, SW, Local, BUCS or Crown Services competitions).
- All Places not confirmed under round One (i.e. payment not received) will be reallocated, team can re-apply under round Two.
- Payment details will be emailed shortly afterwards (BACS, Paypal or Cheque), payment must be received within one week of receiving the email to confirm your place.

Please note that this tournament is the South West's elite competition to find the best team in the region. Teams are therefore expected to select their players from their current registration lists and the organizers reserve the right to apply sanctions to the club for future events for obvious transgressions.

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# SW U15 Boys Coach Position Available for 2020/21



## Come and join the team...

Our current SW U15 Boys Head Coach is standing down after this years Inter Regional Championships and hence we have a vacancy for the 2020/21 program.

All training sessions currently take place at the Riverside LC in Exeter or Wellsway LC in Bristol, both double court facilities, once a month. The sessions are split e.g. Girls then Boys, so there will be an opportunity to get involved with all squads.

For anyone who is interested, there is also the opportunity to attend this years Inter Regional Championships in May with the current squad as our Assistant Coach can not now make the date.

Basic job descriptions are as per the list below, in addition to this all SW Squad Staff need to be a registered member of Volleyball England, either via their Coaching / Refereeing membership or as a registered Player, everyone else will need to register as a volunteer member.

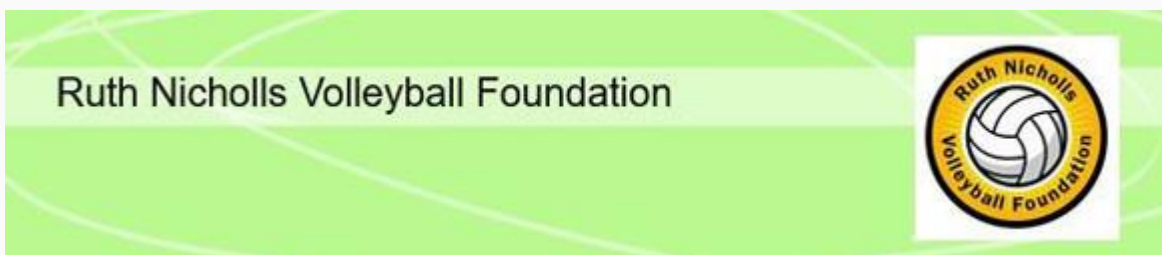
- [SWVA Job Description Head Coach](#)
- [SWVA Job Description Assistant Coach](#)

All sessions are run under our SW Junior Volleyball Club and everyone working at these sessions must act with respect to the Volleyball England Child Welfare Policy & Guidance documentation. A copy is available at: <https://volleyballengland.org/about-us/safeguarding-club-welfare/policy-and-guidance>

To apply or just to register an expression of interest, please fill in the [application form](#). Any questions or if you would just like to know more, please contact Jurek Jankowski ([jurek.jankowski@gmail.com](mailto:jurek.jankowski@gmail.com))

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## 30 Nets Left Over



Dear Regional Association Contact

We are beginning to wind the Foundation down over the next two years- age is catching up with us and we have little contact with volleyball now.

We have 30 nets left over from various projects we have done, that we are now wanting to pass on free of charge to schools and clubs;

### **Nets for wall sliders**

3mm braided nylon 32.5m long and 30cm deep with a cord headline. These were standard issue with wall sliders and are brand new

### **Standard nets**

9.5m long 3mm braided nylon mesh. Banded on all four sides to help tensioning. Steel head line and cord bottom line (No antennae sheaths with nets)

- All nets are new and good quality.
- Priority will be given to schools and Junior clubs.
- Could you advertise these to member clubs in your region and ask them to contact the Foundation, as above, if interested.

The Ruth Nicholls Volleyball Foundation Charity (Reg No 1151299). This was established in memory of Ruth a committed PE teacher, coach and player. Established by family, colleagues and friends the Foundation aims to support grass roots involvement and development in the sport she loved.

Regards

Keith Nicholls

Trustee

[keithnicholls2@btinternet.com](mailto:keithnicholls2@btinternet.com)

[www.ruthnichollsvolleyball.com](http://www.ruthnichollsvolleyball.com)



# Whitefield Tournament entries to open in April



**The 2020 Whitefield Tournament** is the weekend of 18 and 19 July

The venue is South Bristol Sports Centre, West Town Lane, Bristol, BS14 9EF

Organised by the **City of Bristol Volleyball Club**, this year marks **the 46th event** since the tournament was created

The tournament is VERY popular so please enter as early as possible (from 8am Sat 25 April) to avoid dissapointment. Entries to the Whitefield Tournament open at 8am on Saturday, 25<sup>th</sup> April. To enter, or for more information, please visit: [whitefield.cbvc.org.uk](http://whitefield.cbvc.org.uk).

## **A welcoming tournament**

"We really are open to new teams and there really is a level for everybody at the tournament. You'll be playing a lot of volleyball and if not playing then you will be refereeing or finding time to grab a bite to eat, check the score and soak up the atmosphere of the event!" Kate said.

"If a team is looking to enter for the first time, then I'd really encourage them to enter early as some divisions can be sold out in as little as 30 minutes. We always take care to keep all teams informed both before and during the tournament."

The tournament features a blend of new teams and ones who have been attending Whitefield for decades. One team who epitomise the ethos of the tournament is Purbrook Park as Kate explained: “They were all students at school together and now, years later, they take part in the men’s side of the tournament dressed in school shirts and ties! This really embodies the tournament’s sense of enjoyment first, sharing moments with good friends and playing lots of volleyball.”



Organised by the City of Bristol Volleyball Club, the success of Whitefield is down to the 50+ strong volunteer workforce whose effort and dedication extends beyond the tournament weekend to months of planning and preparation.

Kate said: “At 10pm on the Saturday, after we have all been working really hard, all 50 of us volunteers sit down together and eat together as a group. Then, after a few hours respite, we start all over again when we wake up on the Sunday. This is my highlight of the event. And this sense of team and togetherness, I think, passes on to the atmosphere of the event. I’m really proud of the team and providing a lovely experience for everyone.

Kate Falkner, Tournament Secretary.

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## Fireball Beach Volleyball: Indoor to Beach Transition



**Saturday 2<sup>nd</sup> & Sunday 3<sup>rd</sup> May 2020**

Cardiff Beach Volleyball Centre, Victoria Park, Canton

<https://fireballbeachvolleyball.com/events/indoor-transition-camp/>

**Description:**

This camp, from May 2nd-3rd, is designed for all those looking to transition from the end of the indoor volleyball season across to the beach. It's designed to take you through all the techniques specific to beach volleyball, discussing all the different rules and tricks to give you a firm foundation for the beach season.

Whether it's poking, hand setting or block touches, we've got you covered!

There will be 2 training sessions running on Saturday, followed by one on Sunday morning and a friendly tournament on Sunday afternoon, where you can put what you've learned into practise.



**Training Times:**

*Saturday 2nd May:*

Session 1: 10:30-12:30



(Lunch)

Session 2: 2:30-4:30

*Sunday 3rd May:*

Session 1: 10:30-12:30

(Lunch)

Tournament: 1pm onward

*Free play will be available on the other courts while we aren't training! All training will be led by international player and Fireball Head Coach Sam Dunbavin, assisted by local Welsh coaches if there are sufficient numbers.*

**Prices:**

Full day training: £30

One session: £15

**Special discount code! Enter CLARE2020** into the discount code box when you are at the checkout to get £5 off the total amount!

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## Volleyball England Foundation launches



The Volleyball England Foundation has [launched a new website](#) to support the charity's aim to support anyone to play volleyball, from any background and community, no matter what age, shape or ability.

As part of a 12 month period of renewal for the Foundation, Chair Simone Turner has been working to develop the site. She said: "We know that to promote and share the good work being done by the

Foundation and encourage donations, we need to increase our presence; the website will allow us to do this."

Company Secretary Janet Inman added: "We exist to support everyone and anyone to take part and enjoy volleyball at whatever level you want to play and whether standing or sitting, indoor or outside. We want as many people as possible to experience this amazing sport, either as participants or spectators. We want to support individuals to reach their full potential, whether that is at grassroots or wearing an England or GB shirt."

Previously the Foundation has supported individuals on the performance pathway, providing resource to enable them to train and compete at the highest level. It has also been pivotal in the development of the sitting programme and Grand Prix, an area of the sport that has grown dramatically over the last 5 years and continues to develop.

The Foundation has a shared vision and mission with Volleyball England and with your support the Foundation can continue to develop projects, programmes and campaigns with a diverse range of partners to engage individuals and teams in our exciting, fun and inclusive sport.

To find out more about the work of the Foundation or to make a donation go to [volleyballenglandfoundation.org](http://volleyballenglandfoundation.org)

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## Fireball Beach Volleyball: Junior Training Camp



**Saturday 2<sup>nd</sup> & Sunday 3<sup>rd</sup> May 2020**

Cardiff Beach Volleyball Centre, Victoria Park, Canton

<https://fireballbeachvolleyball.com/events/junior-camp-may/>

### **Description:**

Fireball will be running a junior camp at Cardiff Beach Volleyball from the 2nd-3rd May. It's aimed at kids from 11-16, and will look to cover all the fundamentals of beach volleyball. There will be 3 training sessions and a mini-tournament over the weekend, so loads of opportunities for the young players to improve on their game. All sessions will be led by fully accredited coaches.

The kids will also have the chance to play on the spare courts when they aren't training.

**Training Times:**

*Saturday 2nd May:*

Session 1: 9-10:30

(Lunch)

Session 2: 2:30-4:30

*Sunday 3rd May:*

Session 1: 9-10:30

(Lunch)

Tournament: 12.30pm onward

*Free play will be available on the other courts while we aren't training! All training will be led by international player and Fireball Head Coach Sam Dunbavin, assisted by local Welsh coaches if there are sufficient numbers.*

**Prices:**

Early Bird Weekend: £40 (available until April 15th)

Both days: £45 (after April 15<sup>th</sup>)

Saturday only: £25

Sunday only: £25

**Special discount code! Enter CLARE2020** into the discount code box when you are at the checkout to get £5 off the total amount!

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# Volleyball England statement on the coronavirus

Volleyball England has issued the following advice in response to the spread of COVID-19 coronavirus and the enquiries we have received from members.

Pre and post-match handshakes will be relaxed for the foreseeable future. Referees, coaches and players are advised to wave or bow instead as a small, precautionary measure to lessen personal contact and to help stop the spread of the disease. In addition, members may want to hold off on greetings and congratulatory touches at matches as this could aid the spread of the disease.

Also, keep in regular contact with the owners of your facility, to ensure you're up to date with their guidance, and make sure you have appropriate hand washing facilities.

To help stop the spread of germs, the NHS is advising members of the public to do the following:

- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately
- Regularly wash your hands with soap and water – use hand sanitiser gel if soap and water are not available
- Try to avoid close contact with people who are unwell

Volleyball England would also like to clarify that no match will be cancelled by Volleyball England as a result of the coronavirus unless we are instructed to do so by the government.

For general queries related to the coronavirus, please follow government guidance. The latest information can be found using the links below:

- [www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response](https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response)
- [www.nhs.uk/conditions/coronavirus-covid-19](https://www.nhs.uk/conditions/coronavirus-covid-19)

We take the safety of our members very seriously and will continue to monitor the situation and introduce further guidance or measures if needed.

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## Calendar

**MARCH 2020**



- 14th Mar - SW Squads - Riverside LC, Exeter 11-6pm
- 28th Mar - JuVoTo Nr.6 - Wellsway LC, Keynsham, Bristol
- 28th Mar - Volleyball Futures Coaching Clinics - Cardiff - [www](#)

#### APRIL 2020

- 4th Apr - SW Squads (Selected 12) - Riverside LC, Exeter, 11-6pm
- 18th Apr - Junior SW Mini Champs, Taunton, 1-6pm
- 19th Apr - Exeter Men's Challenge - Exeter - [www](#)
- 26th Apr - Exeter Ladies Challenge - Exeter - [www](#)

#### MAY 2020

- 2-3rd May - SW Championships - Kitto Centre, Plymouth.
- 2-3rd May - Fireball Indoor to Beach Transition - Cardiff - [www](#)
- 2-3rd May - Fireball Junior Training Camp - Cardiff - [www](#)
- 02 May - National U14 JuVoTo 2020 - Wolverhampton
- 16th May - SW Squads - Pre IRC Finals Training - Riverside LC, Exeter 11-6pm
- 23rd-25th May - IRC Finals - Kettering
- 27th May - SW Junior Training Croyde
- 28th May - Junior King and Queen of the Beach Croyde
- 30th May - SWVA AGM - WSM

**Blue = Indoor / Green = Grass / Orange = Beach Tournament / Red = Events / Pink = Juniors / Purple = Junior Grand Prix**

*If you are hosting an event in the South West region, which is not listed here, please contact the web administrator, via the contacts page to have it included.*