



May 2020 / Issue: 349

Hi <<First Name>>

Its time for the May newsletter, obviousley we are still all in lockdown mode so not a lot of action however we have the AGM at the end of the month. Where we need to start putting together options and plans for restarting the sport for the 2020/21 season.

The more people that get involved the better we can make the sport in the area. If you have not already been sent the details of the online meeting (GoToMeeting) and wish to take part, please contact Ron (the secretary).

SW Awards, **last week** to get your nominations in to thank those in your club / local area etc, details below and on the web site and if you are looking to hold an online meeting, then we have a tool for you, details below.

We have not been able to reach everyone so far about the new newsletter mailing list, so please forward on and pass around your club etc.

Exeter University – Coach Required

My name is David and I am President of Exeter University volleyball club. I am writing to you hoping to find some help in regards to a head coach job opportunity for the University.

We currently have four teams in the BUCs leagues with our Men's 1's consistently playing in the Premier division and our Women's narrowly missing out on promotion to the Premier this season.

If you could please get back to me that would be fantastic!

Thank you so much!

Kind regards,

David Tran dt366@exeter.ac.uk

SWVA@50 Part Two Photo's



Back in November we held Part One of our SWVA@50 events, one of the highlights of the evening was the SWVA@50 slide show. With a 1000 photos documenting the sport in our region through the five decades, following the event we release the photos from the 70's, 80's and 90's photos.

SWVA@50 Part Two, was planned for the SW Champs weekend where once again the slide show would have make an appearance on the YMCA Kitto big

screen. Unfortunately, that did not take place, but we have now release the remainder of the SWVA@50 slide show photos from the 00's and the 10's.

619 photos all full size, enjoy at [2000's & 2010's](#)

SW Awards 2019-20 Volunteer Nomination Forms

Last chance...

The South West Volleyball Association appreciates the importance of volunteers in our sport and the huge contribution they make. The Annual Awards go a little way to recognise their contribution and we hope that clubs and members will nominate those who they believe have put in their time and energy to assure the future development of volleyball.

All nominees for volunteer awards must be part of an affiliated club or association. Nominees for the coach or referee awards must be currently registered Volleyball England Coaches or Referees (or have recently retired from long standing registration / membership). Nominators must follow guidelines given below as well as providing any additional relevant information that may apply.

Award categories:

Awards

Doreen Dingle Administrator Award

Bert Williams Referee Award

SW Coach Award

Commitment to SW Volleyball Award

SW Contribution to Volleyball Award (U25)

2019 Winners

Cliff Ball

Daniel Sarnik

Dave Gunter

Ros Sutherland

Immy Dawes

The deadline for all nominations is 10th May 2020. Please use the nomination form on the web site or download a paper copy: [SWVA Volunteer Awards 2020](#)

[blank nomination form](#)

<https://www.swva.org.uk/news/sw-awards-2019-20-volunteer-nomination-forms>

Another Visit to the Video Archives

A few more interesting videos this month, first up is a match that we have not shown before. Its the final match from last year's Exeter Ladies Challenge, where the winners, Plymouth Mayflower took on the SW U15 Boys squad for the Event Title.



[Video – SW U15 Boys v PMVC](#)

Each year we enter our SW junior squads into the Exeter Challenge series of events, the squad uses this as their match training session before heading off to represent the region at the National Inter Regional Championships. A bit of a slow start for the first few point but once it gets going, an good timed 17 minute match and an invaluable training session for the boys.



[Video – Croyde Ladies Final 2007](#)

Next up is my favorite Beach Video, the Croyde Ladies Final from 2007, Denise Austin in Red (with Helen Brown) v Julia Werdich (with Lianne Herbert). If it looks a little different to our younger viewers, its Side Out scoring to 15 (and the music is quite good in the background).



[Video – Exeter Storm v Royal Navy](#)

A more recent video, this time the Men's Final between Exeter Storm and the Royal Navy from the 2019 Exeter Challenge.

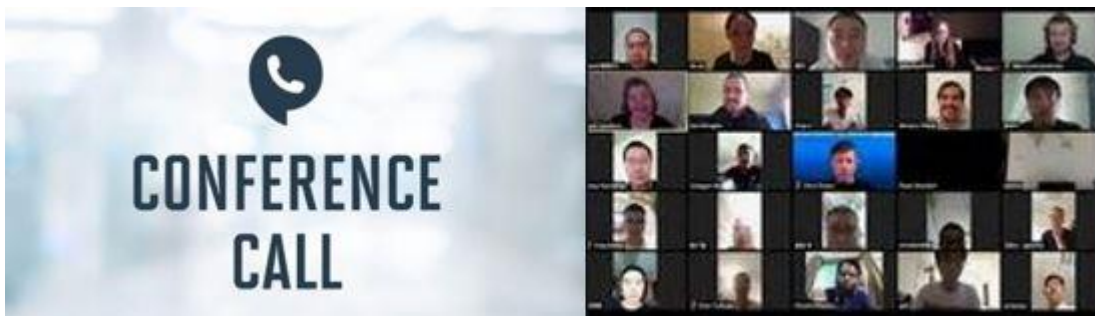


[Video – Jersey v St Malo](#)

The Jersey Open used to be an annual event for teams from the region, this is the 2008 Men's Final between Jersey (in Red) and St Malo (France). Match commentary by Simon Golding I believe.

Online Meeting Tools now Available

Posted on [16/05/2020](#) by [Dave](#)



With the lockdown continuing and people starting to make arrangements for a possible restart of the sport, plus the approaching tournament and AGM season. The SWVA has taken out an online conference call business account with one of the major providers. If a SW club or group would like to use it, please let us know, first come first served.

Usefull facilities:

- Access: A URL link or reference number (or phone number) is provided, no password or login required.
- Screen view: You can either see everyone (in an appropriate square box) or you can set it to show only the person speaking.
- Chat box: Has several settings, a copy of which is downloaded to the “organisers” document folder after the call.
- Present: Any one on the call can present, either with share screen or select an application i.e. power point or PDF.
- Record: The meeting can be recorded, this includes the video and any presentation. The recording is available after the meeting via the SW organiser.
- Meeting Lock & Waiting Room facility available if required.
- Access via PC (Windows), Mac, Chrome Book , Tablets and Phones (Linux/Ubuntu not supported).

To book, contact one of the SW Exec members or email: Meeting@swva.org.uk

**Make a difference, become a university
volleyball ambassador**



Volleyball England is seeking a new cohort of students to join its Higher Education Volleyball Officer (HEVO) programme – one of the biggest university ambassador schemes of its kind in this country.

For the 2019/20 academic year, 70 HEVOs spearheaded the drive to boost the number of students playing volleyball, encouraging thousands of people to take part in recreational sessions.

Rob Payne, Core Market Coordinator at Volleyball England, said: “If you’re passionate about volleyball and want to make a difference at university, this scheme is perfect for you.

“Not only will you be able to look back with pride on what you achieve, you will boost your CV with new employability skills, meet new people and have bags of fun along the way.

“All HEVOs are given the appropriate training at the start of the year and, should you need it, we will be there to offer you support and guidance. And don’t forget all HEVOs receive a free hoodie and t-shirt too!”

What do HEVOs have to do?

At the start of each year, students attend the HEVO conference for training in how to deliver effective practice sessions for recreational players. Backed by grant money, this training allows them to lead and coordinate weekly volleyball events at their university. They will then be asked to record and report the

attendance at these sessions each term. In addition, HEVOs will use social media and team up with local volleyball clubs to grow the sport in their area.

Key traits

HEVOs have excellent communications skills and a positive “can do” approach. They are self-motivated, have strong organisational skills and are passionate about developing sport, particularly volleyball.

How do I apply?

If you want to become a HEVO for the 2020/21 academic year, you can read a [full job description here](#) and apply using [this application form](#). The deadline for applications is Tuesday, 30th June.

Want to find out more before applying? Email hevo@volleyballengland.org

Recreational Sport during COVID-19



My name is Anna Martin and I am a postgraduate student at Manchester Metropolitan University. Along with my supervisor, Dr Zoe Franklin, I am conducting a research project investigating the impact of the current COVID-19 pandemic and government implemented restrictions on the exercise habits of those usually engaged in recreational sport.

I am writing to you to ask if you would be interested in participating in this research and might be able to distribute the following questionnaire to members of South West Volleyball.

We are hoping to collect data from individuals that partake in numerous recreational sports across the country, from differing backgrounds and age groups (aged 18+), and would be very grateful if some of your club members would be able to participate. There are no right or wrong answers; we are purely interested in how the social-distancing restrictions are impacting on exercise behaviours and all responses will be anonymised and kept confidential. This study has been approved by the Manchester Metropolitan Ethics Committee.

We hope that this research will help us to understand how people are coping in the current climate and provide insight as to how individuals may be encouraged to exercise in scenarios where access to sporting provisions is limited. Findings could also help inform policies for reintroduction of recreational sport.

The questionnaire should only take about 25 minutes to complete and can be accessed by clicking on the link below:

<https://freeonlinesurveys.com/s/7fLeugl1>

A full information sheet can be accessed by clicking on this link: https://docs.google.com/document/d/1Eflv0PjhVtCGCcQX_BPmafJ2Zc_cXtUVbL59Na2LmEY/edit?usp=sharing

Please do not hesitate to get in touch to ask any questions and we really appreciate your time and assistance with this research project.

Kind regards,

Anna Martin

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