



Welcome to the first newsletter of 2021

At last, some good news "Outdoor sport to return at the end of the month" is the headline that we have all been waiting for. So, barring any last-minute changes we should be back on our outdoor courts very shortly and indoors later this summer.

I have already seen several event organisers announcing their summer event dates, some listed below, so if you have an event, let us know so we can add it to the Calendar.

However, there is a catch "We're awaiting further guidance from Sport England and the Department for Culture, Media and Sport as to how sport will be impacted in each step". I believe without clarification insurance and venue hire may be an issue. We have asked VE to update us at Saturdays SW meeting, please join us (12:10 to 1pm).

For the SW it's now time to look at our own summer program, to see what we can set up and set about arranging the 2021/22 indoor season and hence we would like to invite you to our online meeting this Saturday (details below).

It's not just about playing; we have also had no coaching courses for over a year and we have a back log of members looking for indoor and Beach courses. I have a small list waiting but who else do we need to add to it (from your club)?

Many questions to answer and many things to plan to get the sport back up and

running in the region.

Dave Reece

SWVA

SW Open Planning Meeting – Sat 12:10



SW Volleyball 2021 Planning Meeting

 Sat 27 Mar 2021 12:05 PM - 1:00 PM GMT  Online, GoToMeeting

DESCRIPTION

SW Open Volleyball Planning Meeting

JOIN THE SW VOLLEYBALL PLANNING
MEETING

NEED HELP OR LOST YOUR TICKET?

Please join us for the SW Open Planning Meeting this Saturday (27th Mar)
12:10 to 13:00pm (or longer if required).

- VE brief update on roadmap (Insurance, Covid restrictions)
- VE Big Idea meeting feedback
- Format of SW Leagues
- Format of Junior JuVoTo
- Outdoor September Junior Tournament
- Coaching Courses (required – Howmany)

Club representatives are invited to join the online meeting, please register at:

<https://app.tickettailor.com/events/southwestvolleyballassociation/501973>

(The Meeting link will be on your e-ticket, click to join)

Weymouth Beach Update



After discussions this week with Weymouth Council we can confirm that we are planning for a full Classic from 16th-18th July but this will depend on the current Government dates for a return to normal being adhered to. A worse case scenario is that we use a reserve date from 4/5th September.

We also discussed the return of the Club's permanent courts on the beach. A provisional date of Saturday April 17th is planned BUT this will depend on Volleyball England guidance which is yet to be published and that beach landscaping is complete.

We are hoping that the club's midweek summer schedule which was planned to start in 2020 will be able to commence from the first week in May. More details about this once we have seen Volleyball England guidance

Graeme Sawyer

From Weymouth Beach Facebook Page

A Spotlight On Volleyball in Queen Square Bristol



Sam Dunbavin from Fireball Beach Volleyball has been keeping busy during lockdown with a series of blogs. This week the focus is on the Queen Square Bristol.

It's been a while since we did a club spotlight, and we're back with an absolute cracker: the story behind the club that plays on Queen's Square over the summer in Bristol. Lots of the Bristolians that play on the grass are committed players across the Southwest, in Croyde and Cardiff, and it was fascinating to find out where the club started and how it runs.

Here's my Q & A with club organiser Anthony Balson:

Please introduce your club: where is it, and what do you do?

Volleyball in Bristol is a group of around 60 regular players (mostly NVL 2) from Bristol. It is organised via Facebook (more details below) and meets over the spring, summer and autumn to play grass volleyball on Queen Square in Bristol.

Describe Queen's Square-why is it a great place for what you do?

Queen Square is the best volleyball court in the world: the Wimbledon of volleyball with its own ball boys/girls/grown adults and passing wannabes, and it's own wind break – 4 walls of Georgian Housing creating a stillness and near perfect volleyball conditions. 100 foot trees surround us; we can play under them in the rain or use them as shade during the week of hot weather.

Sunbathers and children (among others) save our legs and throw the ball back... (every time!) Music and mellow smells with the yearly August wafting-by of a 100 balloons; that's a king of courts, that's Queen Square!

What does a typical year look like?

Every year's different; they are always coloured with the skills and laughs of various groups and individuals! This year was Uni of Bristol year, 2019 was UWE, 2018 was playing for 4 weeks against and with an Italian team.

We now play with people from every club in Bristol. We have developed a few players from scratch, acted as a catalyst to further participation and have seen many friendships made.

See the full post at: <https://fireballbeachvolleyball.com/volleyball-in-bristol/>

Fireball Beach Camps 2021



2021 DATE DROP #1

29TH MARCH

10TH APRIL

17-18TH APRIL

24-25TH APRIL

30-31ST MAY

31 MAY-4 JUNE

4-6TH JUNE

**FIREBALL BEACH OPEN
FOR BOOKINGS**

**BESPOKE CAMPS,
LONDON**

**COACHING CAMP,
CROYDE**

**COACHING CAMP,
EXMOUTH**

**COACHING CAMP,
CROSBY**

**HALF TERM JUNIOR
CAMP, CROYDE**

**COACHING CAMP,
NEWCASTLE**

WWW.FIREBALLBEACHVOLLEYBALL.COM/EVENTS

It's here... Our first date drop of the year is out, and it's a big one!

We've got events in all four corners of England for you to get your teeth into, and we won't be stopping there.

To book onto all of these, head to our website:

<https://fireballbeachvolleyball.com/coaching-camps/>

Win tickets to Birmingham 2022



The Birmingham 2022 Commonwealth Games will take place next summer from 28th July – 8th August and we can't wait!

We've teamed up with Birmingham 2022 to offer fans an exclusive opportunity to win their way to the Games and get their hands on tickets to this unmissable event.

To be in with a chance of winning two tickets to see your favourite sport up close next summer, all you need to do is click the link below and fill in your details. The competition closes on Sunday 28th March and winners will be contacted by email.

If you'd like to find out more about the ways you can get involved with the Games you can also sign up to get all the latest [news](#) and latest information on [ticketing](#) and [volunteering](#) straight to your inbox.

From VE Web site

VolleyFit



Get fit and ready to return to court stronger than before with VOLLEYFIT, our exclusive new volleyball fitness programme for members of Volleyball England. Each week from next week until mid-March, a new video will be uploaded to an online platform for members of Volleyball England affiliated clubs and registered coaches and referees to access.

The videos are via a hidden YouTube link which is available to SW members, click below to watch.

[Youtube Play List](#)

[Volleyfit week 1](#) – Coordination

[Volleyfit Week 2](#) – Coordination & Balance

[Volleyfit Week 3](#) – Coordination and Landing Mechanics

[Volleyfit Week 4](#) – Warm Up and Landing Mechanics (Advanced)

[Volleyfit Week 5](#) – Landing Warm Up and Single Effort Jumps

[Volleyfit Week 6](#) – Single Effort Intense Jumps

[Volleyfit Week 7](#) – Double Effort Jumps

[Volleyfit Week 8](#) – Double Effort Jump Variations

Changes to rules of the game approved by FIVB World Congress



Congress delegates approved changes to several rules to improve the flow of the game and ensure spectacular rallies

The President of the FIVB Refereeing and Rules of the Game Commission, Guillermo Paredes, presented the proposed changes to Congress delegates on Saturday 6 February 2021. The proposals were approved with 160 votes for, 3 against and 1 abstention.

In volleyball, Rule 5 was revised to allow the libero to be either the team or game captain. The Commission reasoned that, although the libero frequently enters and leaves the court, same as a team captain in many cases, there is no reason to not allow the libero to be captain.

A change to volleyball Rule 15.8 was also approved to prevent a team which has already exhausted its six substitutions from being left incomplete by the expulsion or disqualification of a player. As such, teams will now be able to play a substitute in the event of a player on court being expelled or disqualified regardless of the number of substitutes already used.

Meanwhile, in both volleyball and beach volleyball, Rule 9 on playing the ball, which previously specified that the ball can be recovered by the team over the scoring table, but only on the half of the table that is on their side of the court, was corrected. This change will ensure even more spectacular rallies by allowing players to jump over the scoring table without being interrupted by a former technicality of Rule 9.

In addition, Rule 14.6 in both volleyball and beach volleyball was modified to allow simultaneous contact by the blocker and attacker on the attacker's side of the net, and therefore improve the flow of the game.

Normally, the Official Volleyball Rules and Official Beach Volleyball Rules come into force three months upon the approval of the Congress. However, due to the postponement of the Olympic Games Tokyo 2020, the implementation of these new rules will begin on 1 January 2022.

All changes to the official volleyball rules can be found at:

<https://www.fivb.com/en/about/news/changes-to-rules-of-the-game-approved?id=92180>

Calendar

Due to the current lockdown restrictions, please check with the organisers for any event listed below:

MARCH 2021

- 27th Mar – SWVA Meeting (10:30 to 12:00)

- 27th Mar – SWVA Open Planning Meeting (12:10 to 13:00) – [www](#)

APRIL 2021

- 3rd Apr – U17 Girls (12:30 to 16:30), Wellsway, Bristol. – TBC
- 3rd Apr – U17 Boys (12:30 to 16:30), Wellsway, Bristol. – TBC
- 17th Apr – U15 Girls (12:30 to 16:30), Wellsway, Bristol. – TBC
- 17th Apr – U15 Boys (12:30 to 16:30), Wellsway, Bristol. – TBC
- 17-18th Apr – Beach Coaching Camp, Croyde
- 24-25th Apr – Beach Coaching Camp, Exmouth

MAY 2021

- 31-4th Jun – Beach Half Term Junior Camp, Croyde

JUNE 2021

- 5th Jun SWVA AGM & Meeting (10:30 to 13:00)
- 19-21st Jun GoldCoast oceanfest, Croyde.

JULY 2021

- 16-17th Jul Whitfield – TBC
- 16-18th Jul – Weymouth Beach Classic – TBC