

2015

Valley Ball Cup



# WELCOME



It is with great pleasure that we are working on IV AMB VOLLEYBALL CUP / Espinho 2015.

After the success of the previous editions of this competition, we will not lower arms - on the contrary!

With a capable and competent structure, formed mostly by people connected to the sport and with the support of Espinho City Council in the person of its President Dr. Pinto Moreira, we are committed to improving the quality of the tournament.

Our project is very ambitious, we want to continue to improve for us definitely assert as a World level reference tournament for young people. With the support we have and the commitment of all elements of the working team, we are convinced that we will take another quantum leap in the promotion and consolidation of this project which will surely stay in everyone's memory.

It is the logical corollary of this work, this spirit and ambition we seek to instill in AMB team, we will surely win and convince.

We also have the privilege of continuing to carry out the "All Star Game" in Portugal, where we bring together the best current players, which sent a thank-you hug for continuing to enhance the event and provide an excellent day to younger, of which many have never been in contact with some of their idols. This year we returned to surprise with the coming of world figures to our ALL STAR GAME.

This year 2015 will mark the start of the tour "AMB Beach Volleyball". In addition to the event to be held at the end of season (June 29 to July 4) in Espinho City also want to accomplish Beach Volleyball tournaments (2x2 and 4x4) and possibly start AMB Beach Volleyball circuit in Espinho City.

We call on all foreign teams extending their stay to participate in these tournaments to be held in the city of Espinho. In this new project at the beach, we have the presence of Olympic Coach of Portugal Beach Volleyball, Professor Francisco Fidalgo, who coached Miguel Maia and Joao Brenha for 20 years.

This is a project with an "Olympic Dream", that will be carried out with daily training and we want to create a beach volleyball circuit for all young athletes. So, enjoy the presence of your team in Espinho City to participate in a beach volleyball tournament!

We continue with a partnership between AMB and the Volleyball Association of Porto, in which it will be responsible for all the competitive part of the event.

With regard to the housing, continue with three secondary schools in the center of Espinho City, since in this way we can concentrate a large number of delegations, a smaller number of schools. We intend, therefore, improve comfort and achieve greater interaction among participants.

Thank you all

Miguel Maia/João Brenha

# ESPINHO



Espinho is a modern city that welcomes thousands of domestic and foreign visitors every year.

It has one of the best climates in Europe, it has a low thermal amplitude - averages 23 ° C in summer and 12 ° C in winter.

It is also known for "Volleyball Capital" in Portugal.

Who visit us, Espinho City has to offer in addition to its beautiful full of light and color beaches, many other attractions. It has the oldest golf course in the Iberian Peninsula, one Airfield, one Casino, a Sports Complex, a Tennis Complex, an Equestrian Center, Pools, a Multimedia Centre, an Art and Culture Forum integrating the Municipal Museum, high quality Hotels, a Youth Hostel, Camping, oldest week Fair of Portugal and a marine Bathhouse with Thalassotherapy, unique in Portugal.

In the cultural context, several activities throughout the year are of attraction: the Animation Film Festival (CINANIMA), the International Festival of Music, the Ethnographic Parades, the Folklore Festival, various cultural and sporting events, among many others.

The city is also famous for wide streets in symmetrical squares.

A little over twenty kilometers from Francisco Sá Carneiro Airport in Oporto, Espinho City has quick and easy way communication with the country and with foreign countries.

# PRESIDENT OF THE MUNICIPALITY OF ESPINHO



Dear Volleyball Friends,

Again and with renewed pleasure, I talk to fans of this sport, which for the fourth consecutive year, brings back to Espinho the tournament "AMB Volleyball Cup".

The first three editions were a great success and this, I am sure, will be so too.

Miguel and João! The Municipality of which I am President has the pleasure to give you, once again, their sports equipment, so that nothing misses you during the competition.

As I could prove, the first three editions of "AMB Volleyball Cup" were a success and your admirable organization had the support of officials and technicians of the City of Espinho.

Our Town knows how to welcome our visitors, which proves our entrepreneurial and motivational capacity, as citizens of this region, to demonstrate that we are able to be organized, creative and proactive.

I am sure that from 29 June to 4 July 2015, the 4th edition of "AMB Volleyball Cup" will again be a success.

Minis, children, beginners, cadets, youth, male and female juniors, there are several levels of participants who will give a colorful huge this major sporting event to be held in our city, which will host also another "ALL STAR GAME".

It remains for me to wish you all, and in particular to Miguel Maia and Joao Brenha, after all, the ideologists of this AMB Volleyball Cup, every success in organizing this event.

I am sure that in the end all we can say: We won!

After all, Espinho is a land of sports and sportsmen, the "best stage" for Volleyball.

Greetings to all.

Pinto Moreira – President of the Municipality of Espinho



MIGUEL  
MAIA

JOÃO  
BRENHA



# MIGUEL MAIA AND JOÃO BRENHA



Born and raised in the city of Espinho, Miguel Maia and Joao Brenha created a Volleyball Academy for young people. Both were athletes of the most representative clubs in the city (Associação Académica de Espinho and Sporting Clube de Espinho), which won many regional, national and international titles.

References in Volleyball and in their native town, they also represented the National Team Volleyball and Beach Volleyball and raising high the name of the sport, the city and the country.

Their name was given to an avenue of the city of Espinho and a pavilion in Vila Nova de Gaia.

They were considered one of the 100 best ever athletes of Portuguese sport, alongside great sportsmen as Eusebio, Figo, Rui Costa, Joaquim Agostinho, Carlos Lopes, Fernando Mamede, Rosa Mota, Carlos Lisboa, Carlos Resende, Fernando Gomes, Manuel Fernandes, Victor Hugo, Livramento, Coluna, Cristiano Ronaldo, António Leitão, Vitor Damas, etc.

The highest point in the career of these illustrious “espinhenses” happened to the presence at the most mediatic sporting event in the world, the Olympic Games. They also traveled the world in various competitions World such as: World Games, the Lusophone Games, World Championships, European Championships, World Tour and Olympics.

As children, they trained and played volleyball in their club, like any other colleague, but was out of the pavilions that these two boys intensified the technique that gave them the attributes that everyone knows them. On the street, wore wires that replaced the network to play volleyball with friends. When not using the wires, they took advantage of the gates of houses and that made them evolved as athletes. Beach volleyball was never forgotten and when there were no nets on the beach, they improvised camps where the beach huts serving net.

Wanting to pass on to younger a bit of experience gained in various competitions, Miguel Maia and Joao Brenha decided to organize an international tournament in their city, that brings together all age groups and some of the variants of the sport (pavilion and beach).



# AMB







# THE “AMB VOLLEYBALL CUP”

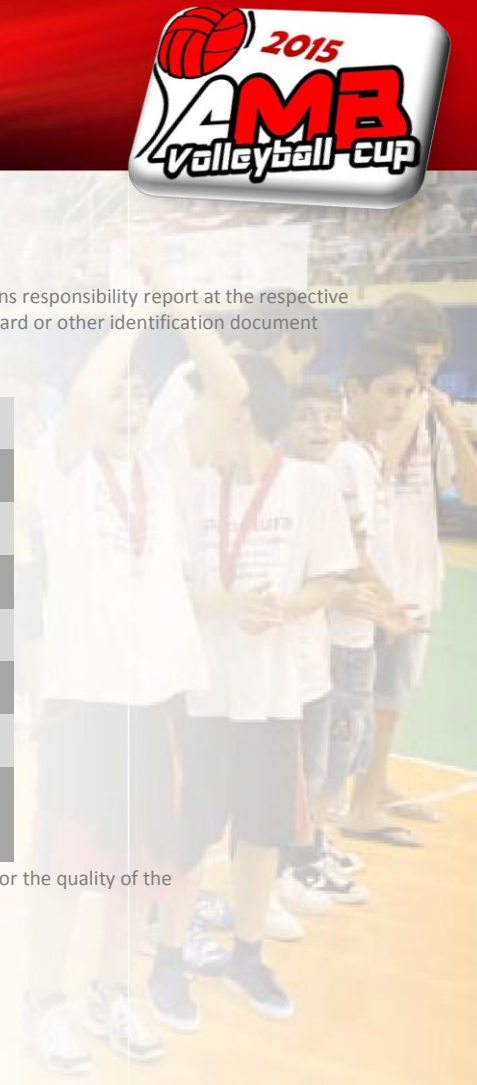
## THE “AMB VOLLEYBALL CUP”

### 1 – CLASSES COMPETITIÓN

The ages of the athletes in competition should be the assumed for each competitive level, and it's Technicians responsibility report at the respective accreditation, the athlete identification (the Volleyball License for the Federation country of origin, Citizen Card or other identification document with the participant's age), as well as the tournament registration form.

<b>MINIS B</b>	Female and Male	Athletes born in 2002/ 2003 (4x4)
<b>INFANTIS</b>	Female and Male	Athletes born in 2001
<b>INICIADOS</b>	Female and Male	Athletes born in 2000
<b>CADETES</b>	Female and Male	Athletes born in 1999
<b>JUVENIS</b>	Female and Male	Athletes born in 1998
<b>JUNIORES</b>	Female and Male	Athletes born in 1996 et 97
<b>SUB 23 + 2</b>	Female and male	Athletes born until 30/06/1993 + 2 athletes above 23 years old

**Note:** There may be accepted applications from regional selections, national and others that are interesting for the quality of the tournament and are within the organization's requirements.



# THE “AMB VOLLEYBALL CUP”



- The accreditation team will be made in the “Nave Desportiva de Espinho” on June 28, 2015 between 02:00 p.m. and 08:00 p.m. and on June 29, 2015 between 08:00 a.m. and 12:00.
- The technical meeting will be held on June 29, 2015 at 11:30 a.m. Will be transmitted all relevant technical information on completion of the tournament and competitive frameworks will be delivered.
- The Opening Ceremony will take place on June 29 at 9:30 p.m. in the “Nave Desportiva de Espinho”. We ask all teams to attend and bring a flag and an allusive costume to the city or area where it originated the Club.

## 2 – COMPETITIVE SYSTEM

The competition system is optimized compared to the number of entries for each category. The basic principle used is the creation of the largest possible number of matches per team. Therefore, it is used in a first stage, a group system (number of teams per group being defined according existing entries) and then an elimination phase for scaling the end positions.

The game rules are the official ones of FPV (Portuguese Volleyball Federation), with the exceptions described in the regulation of evidence.

Competition works with the scoring system to the twenty-five points to the best of three sets.

The organization may make changes to the competitive system based on the number of registered teams.

Vitalis

# THE “AMB VOLLEYBALL CUP”



## 3 – COMPOSITION OF THE DELEGATION

There can not be changes in the teams elements throughout the tournament; the committee has necessarily correspond to the following parameters:

Minis A: The committee should be made up of at least nine elements and a maximum of twelve (between athletes and technical team).

Minis A: The committee should be made up of at least nine elements and a maximum of twelve (between athletes and technical team).

Other levels: The committee must comprise a minimum of ten men and a maximum of fifteen (between athletes and technical team).



# THE “AMB VOLLEYBALL CUP”



## 4 – ACCOMODATION FOR THE DÉLEGATIONS (included in the registration fee – see our website)

- Dr. Manuel Laranjeira Schools Group – Espinho
- Dr. Gomes de Almeida Schools Group – Espinho
- School EB 2/3 Sá Couto - Espinho

Other options for delegations (for those who do not opt for the school):

Nery Hotel and Mar Azul Hotel - Espinho (near the Sea);

- Breakfast;

- Two meals.

150 € per person (28 June to 4 July)



Vitalis

# THE “AMB VOLLEYBALL CUP”



## 5 – REGISTRATION AND FEES

The “AMB VOLLEYBALL CUP 2015”, having the intention to concentrate the largest possible number of Volleyball practitioners in the City of Espinho, open’s registrations of an unlimited way.

Teams interested in participating in “AMB VOLLEYBALL CUP 2015” should make their registration by completing the form available on the internet address ([www.ambvolleyball.com](http://www.ambvolleyball.com)).

The registration team is considered valid if performed within the defined deadlines and upon payment of the registration fee for each participant.

All participants in the tournament must have a properly activated sports insurance, being the responsibility of the club to check on it.

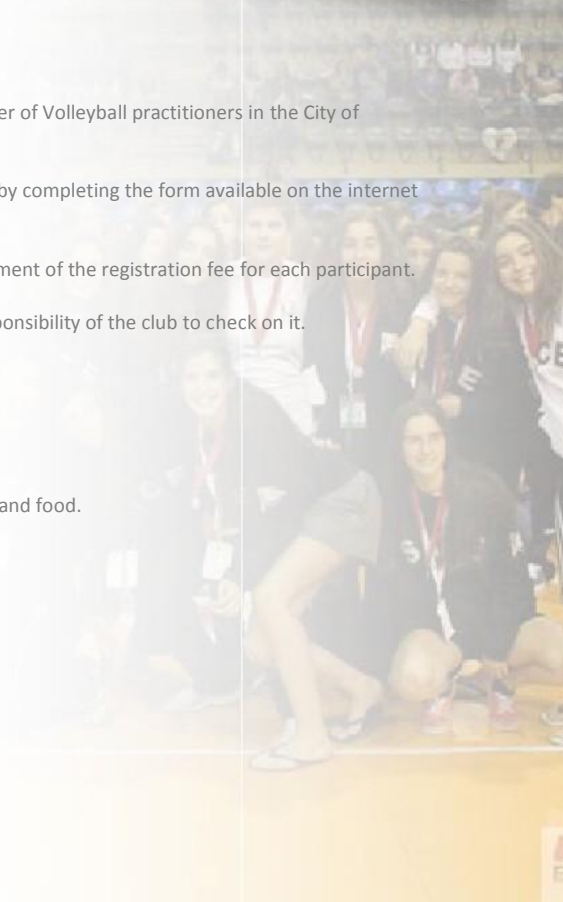
Deadlines:

- a) Up to 10 June - 80 euros per participant
- b) From 10 to 15 June - 120 euros per participant
- c) From 15 to 20 June - 150 euros per participant

The payment includes participation in the tournament, transport within the city, accommodation and food.  
Any inquiries you may have please contact us via phone available on the official website.

To pay the registration, please contact those responsible for AMB:

- Miguel Maia - 00 351 916 719 035
- João Brenha - 00 351 917 590 038



# THE “AMB VOLLEYBALL CUP”



## 6 – EVENT PROGRAM

Soon available on the official website ([www.ambvolleyball.com](http://www.ambvolleyball.com)).

## 7 - CONTACTS

To know the news of the tournament, please visit our website: [www.ambvolleyballcup.com](http://www.ambvolleyballcup.com) or our Facebook page.

The contacts which follow serve to answer any questions that may arise, as well as for submission of application forms or any other document / information.

E-mail: [geral@ambvolleyball.com](mailto:geral@ambvolleyball.com)

### CHIEF EXECUTIVE OFFICER

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