



SWVA Newsletter Pre-September 2022 Extra Issue 378

Hi

We had a newsletter extra last week with beach items & typo's, now a pre-September issue for our latest indoor news.

The SW League season has now all been ratified and the SW Juniors Training program kicks off in a couple of weeks' time, details below. Please circulate to all your club juniors etc.

Regards

Dave Reece
SWVA

SW Junior Training for 2022/23



We are please to announce that we are back in business with our U15 & U17 South West Junior monthly Training program for the 2022-23 season from September to April next year.

- The training is run to offer opportunities for young players to improve their play by working with the regional squad coaches.
- To have the opportunity to meet other young players from around the region and enjoy working with a large 'same age group'.
- To prepare Regional Representative teams to compete in the National Inter Regional Championships.

All sessions are open to all juniors in the SWVA Region (SW Eng, S. Wales), the first two sessions will be in Wellsway LC in Bristol and will involve all squads. Moving to the Riverside LC in Exeter for November onwards, where the squads will be split, Girls one week, Boys on an alternate week, all 11am to 3pm.

SEPTEMBER

- 10th Sep – SW Girls U15 & U17 Trg – 12:00 to 15:00 Wellsway LC Bristol – [Book](#)
- 10th Sep – SW Boys U15 & U17 Trg – 15:00 to 18:00 Wellsway LC Bristol – [Book](#)

OCTOBER

- 1st Oct – SW Boys U15 & Girls U17 Trg 12.00 to 3.00pm – Wellsway LC Bristol – [Book](#)
- 1st Oct – SW Girls U15 & Boys U17 Trg 3.00 to 6.00pm – Wellsway LC Bristol – [Book](#)

NOVEMBER

- 05th Nov – SW Girls U15 & U17 Training – 11:00 to 15:00 Riverside LC Exeter
- 19th Nov – SW Boys U15 & U17 Training – 11:00 to 15:00 Riverside LC Exeter

All dates will be on the SW Calendar once they have been confirmed.

Age groups is the school year, this means that you must be Under 15 or U17 on August 31st 2022. Girls & Boys younger than 13 may train by prior agreement.



You will need to [Book & Pay](#) for each session in advance. The sessions are £15 (3h) or £20 (4h), depending on the length of each session and currently limited to 27 players.

All bookings will close on the preceding Friday evening at 23:45 and payments will be non refundable or transferable. If you have a credit or voucher from an earlier session, please enter the ticket code in the “[Do you have a promo code](#)”.

Voucher Codes Info

Just a reminder that a number of parents still have outstanding vouchers to use from last season, your code is the five digit ticket number. Please enter the code where you see “[Do you have a promo code?](#)”

Player Registrations for 2022-23 Now Open



SW League Player registrations for the 2022-23 season starts on the 1st September, Clubs, Coaches and Players can now register via the Player Registration page. The team contact, the club secretary or the club coaches are responsible for registering all players and presenting the “SWVA Team Sheet” to the match or tournament officials.

Players can also register themselves using their club user ID, player registration is from 1st September to the 31st August. Player photos are optional but always nice to have, once registered, players names will appear on the appropriate team list.

My IRC Experience 2022 – Vakare Zalieckaite



Each year we ask a number of our youngsters to report back on their SW IRC experience, today we focus on Vakare Zalieckaite (SW Number 6) from our U17 Squad.

On Friday the 29th of April, we left Exeter St David's Station carpark at around 2pm. Whilst travelling to Leicester, was filled with fun conversations, singing, and music from our very own u17s playlist, a journey that should have been around six hours ended up taking a lengthy eight and a half hours. After arriving at the hotel at 10:30, we had a quick team talk before settling down for our games the next day.



Waking up early on Saturday morning, we filled our stomachs with a fulfilling breakfast of eggs and bacon for the busy day ahead of us. The hotel by Leicester Stadium was only around 15

minutes away from the sports hall, so after a short journey, we reached our destination. It was filled with teams from all over the UK. Our first match was also the first match of the day, against North West.

After a slightly rough start, the match ended, giving us our first win. The rest of our day was filled with successful games and checking out our opposition's gameplay. We finished the day winning every match in our pool. Heading back to the hotel after a long day, we arrived an hour before our joint dinner with all the South West teams and all of our coaches. Due to the large size of our group, we had a special room booked for us and a small buffet provided with a delicious chocolate torte for dessert. Once dinner was finished, we had a couple hours of social time before we settled for bed.



Unpredictably, my room's alarms didn't ring on Sunday morning. We woke up with ten minutes to get dressed and make sure everything was packed. Thankfully, a couple of our team mates had taken us some breakfast for the coach ride back to the sports hall. Once again, the first match of the day was also our first match against West Midlands. We won 2-0! The finals was against London, the girls played extremely well and had incredible plays and saves; however, in the end, London won this match. After this long weekend, we placed second in the u17s girls IRC, an incredible outcome!

After the small celebration ceremony and our last team meeting, we all said our goodbyes. Whilst I didn't get to play much that weekend, this was an unreal experience, and I loved every moment. I spent part of my time on the side-lines with my fellow cheer squad, supporting my team and ending the weekend with a lost voice. Over the weekend and previous SW training session, I met so many new people and made some friendships I never thought I would have. This was my first year attending anything South West related but luckily not my last. I hope to get this experience again next year as I made an abundance of long-lasting memories.

Thank you to Dave (our head coach) and Laura (assistant coach) for leading us over the past year and all the hard work you put into our team. I would also like to say thank you to Dave Reece, for organising the weekend, driving our minibus all the way from Exeter to Leicester and back, documenting the weekend through some great photos, and making this opportunity possible for me. And finally, a massive thank you to this year's swu17 team. You all made wonderful contributions and we couldn't have gotten this far without everyone. It was lovely to meet every single one of you, although some of you aren't able to come back next year, hopefully we get to play with or against each other soon. Congratulations, you were amazing, and good luck in your future volleyball endeavours!

Vakare Zalieckaite

Volleyball Coach- University of Exeter



University of Exeter is looking for an experienced Volleyball Coach to work with their Men's and Women's BUCS teams for the 2022/2023 academic year (22 weeks long).

The Club is looking to progress and compete at the highest possible level, with the Men's currently competing in the Premier Division South and Women's playing in the First Division West.

Training sessions will take place at University of Exeter's Sports Park based on Streatham Campus. BUCS games will be every Wednesday afternoon.

Total BUCS training time will be 13 hours per week.

Rates of pay will vary based on qualifications and experience, from £19 – £21 per hour

For more information or to submit your CV, please contact BUCS Coordinator Samantha Cory via sd220@exeter.ac.uk.

Closing date: 30th August 2022

New Software for the 2022-23 Season

Southwest Volleyball Association League 2022/2023

SW MensSW LadiesTablesGridPoMLog In

League tables

www.volleyballmarches.co.uk

All divisions

LeagueAll Leagues

SW Mens

	P	W	L	Pts F	Pts A	Sets F	Sets A	Pts
Weymouth Waves	0	0	0	0	0	0	0	0
Cheltenham &								

Reader may recall that we had to close down the SW website at the end of last season due to an attack. Someone had gained access via an out of date plugin, and inserted some code that deleted the web site every 24 hours.

During the summer we have taken the opportunity to replace and update most of the software that runs behind the scenes. Most of this is also provided free or for very little and hence its always good to give a shoot out to these service providers.

New / updated league software this season, thank you Ian Sidwell. Some of our key services are provided by Wordfence, ProfileGrid and Participants Database. Not forgetting our technical help and host Ali West at www.bespokewebdesigns.co.uk



Wordfence Security – Firewall & Malware Scan

Secure your website with the most comprehensive WordPress security plugin. Firewall, malware scan, blocking, live traffic, login security & more.

By Wordfence



ProfileGrid – User Profiles, Memberships, Groups and Communities

Beautiful profile building plugin for the rest of us...❤️. Create communities, sign-up pages, paid memberships,...

By profilegrid



Participants Database

Build and maintain a fully customizabl database of participants, members or anything with signup forms,...

By Roland Barker, xnau webdesign

Two New Beach Venues for Birmingham



Following the launch of Sport England's Commonwealth Games equipment giveaway, Volleyball England are pleased to share initial information on the plans for the beach volleyball equipment used during Birmingham 2022.

Volleyball England are working with Sport England and Birmingham stakeholders on the development of two beach volleyball legacy venues to be built in the Birmingham area. Working in collaboration with Sport England these sites will be kitted out with the equipment used at the Commonwealth Games.

While equipment and sand will be prioritised towards the Birmingham legacy venues initially, we will work with Sport England on how any remaining equipment will be distributed. More details of the application process will be released as and when this happens.

The distribution process is in line with our commitments to deliver Birmingham 2022 legacy facilities and to ensure fair and transparent distribution of equipment to affiliated clubs, set out in the [Our Time to Shine legacy strategy](#).

More information on the Birmingham 2022 beach volleyball legacy venues will be released in due course.

from VE

Volleyball England policy for transgender participation

Following an extensive research and review process, we are today releasing our policy for transgender participation in volleyball in England.

Developing this policy was a complex process involving multiple stakeholders and in-depth research and consultation. We feel the policy is appropriate for volleyball right now and commit to ensuring it continues to be so with regular reviews.

Policy Summary

Volleyball is a gender-affected sport with different categories of competition to ensure fairness and, to some extent, safety. As a result, fairness cannot be reconciled in female competitions with self-identification in the female category. Therefore:

- A transgender woman can still play in the male category of competition.
- A transgender woman cannot play in the female category of competition.
- A transgender man can continue to play in female competition, unless testosterone hormone treatment has commenced.
- A transgender man can play in male competition as there is no physical advantage that would make the competition unfair.

This policy will come into effect immediately and be regularly reviewed.

Full Document: <https://www.swva.org.uk/Transgender-Policy-VE-2022.pdf>

Calendar

SEPTEMBER

- 3-4th Sep 2022 – Cardiff Open
- 10th Sep 2022 – SW Girls U15 & U17 Training – 12:00 to 15:00 Wellsway LC Bristol – [Book](#)
- 10th Sep 2022 – SW Boys U15 & U17 Training – 15:00 to 18:00 Wellsway LC Bristol – [Book](#)
- 17th Sep 2022 – Referee Level 4 Course in Bristol

OCTOBER

- 1st Oct 2022 – SW Boys U15 & Girls U17 Trg 12.00 to 3.00pm – Wellsway LC Bristol – [Book](#)
- 1st Oct 2022 – SW Girls U15 & Boys U17 Trg 3.00 to 6.00pm – Wellsway LC Bristol – [Book](#)
- 8th Oct 2022 – SWVA Meeting (on Line)

NOVEMBER

- 05th Nov 2022 – SW Girls U15 & U17 Training – 11:00 to 15:00 Riverside LC Exeter
- 19th Nov 2022 – SW Boys U15 & U17 Training – 11:00 to 15:00 Riverside LC Exeter
- 27th Nov 2022 – SW Vets – Exeter

